



1 **SCUBIDO: a Bayesian modelling approach to reconstruct**
2 **palaeoclimate from multivariate lake sediment data**

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15 **Abstract**

16 Quantification of proxy records obtained from geological archives is key for extending the
17 observational record to estimate the rate, strength, and impact of past climate changes, but also
18 to validate climate model simulations, improving future climate predictions. SCUBIDO
19 (Simulating Climate Using Bayesian Inference with proxy Data Observations), is a new
20 statistical model for reconstructing palaeoclimate variability and its uncertainty using Bayesian
21 inference on multivariate non-biological proxy data. We have developed the model for
22 annually laminated (varved) lake sediments as they provide a high-temporal resolution to
23 reconstructions with precise chronologies. This model uses non-destructive X-Ray
24 Fluorescence core scanning (XRF-CS) data (chemical elemental composition of the sediments)
25 because it can provide multivariate proxy information at a near continuous, sub-mm resolution,
26 and when applied to annually laminated (varved) lake sediments or sediments with high
27 accumulation rates, the reconstructions can be of an annual resolution.

28 SCUBIDO uses a calibration period of instrumental climate data and overlapping XRF-
29 CS data to learn about the direct relationship between each geochemical element (reflecting
30 different depositional processes) and climate, but also the covariant response between the
31 elements and climate. The understanding of these relationships is then applied down core to
32 transform the qualitative proxy data into a posterior distribution of palaeoclimate with



33 quantified uncertainties. In this paper, we describe the mathematical details of this Bayesian
34 approach and show detailed walk-through examples that reconstruct Holocene annual mean
35 temperature in central England and southern Finland. The mathematical details and code have
36 been synthesised into the R package SCUBIDO to encourage others to use this modelling
37 approach. Whilst the model has been designed and tested on varved sediments, XRF-CS data
38 from other types of sediment records which record a climate signal could also benefit from this
39 approach.

40 **1.0 Introduction**

41 Anthropogenic climate change over the most recent decades have enhanced the need to look
42 beyond the instrumental period to find common patterns to both today's climate and future
43 climate projections (IPCC, 2023; Kaufman and McKay, 2022). This calls for chronologically
44 constrained, climate-sensitive proxy records to extend the understanding of climate variability
45 beyond the instrumental period. These reconstructions can be used to contextualise present
46 changes observed in the climate system, identify recurrent trends which are unable to be
47 observed in the short instrumental record (e.g. decadal-centennial variability), and be used as
48 potential analogues for future climate scenarios (Bova et al., 2021; Liu et al., 2020; Snyder,
49 2010). In addition, quantitative reconstructions provide the opportunity to perform climate
50 sensitivity experiments between proxy reconstructions and climate model simulations,
51 strengthening climate projections for the future (Kageyama et al., 2018; Burls and Sagoo, 2022;
52 Zhu et al., 2022).

53 The Holocene Epoch (11,700 years to present) has been the focus of many proxy and
54 modelling investigations (e.g. Liu et al., 2014; Bader et al., 2020; Kaufman et al., 2020a; Bova
55 et al., 2021; Erb et al., 2022). This time period experienced temperatures which were similar
56 to today, and the availability of proxy records makes the Holocene a favourable interglacial to
57 investigate climate variability across multi-millennial timescales. Recently, there have been a
58 number of new reconstructions of global temperature which are based on large proxy dataset
59 compilations (Kaufman et al., 2020a; Kaufman et al., 2020b; Osman et al., 2021; Erb et al.,
60 2022). These synthesise different marine (Osman et al., 2021), or a combination of terrestrial
61 and marine (Kaufman et al., 2020b) proxy records and either use statistical approaches
62 (Kaufman et al., 2020a) or combine these with data assimilation (Osman et al., 2021; Erb et
63 al., 2022) to reconstruct climate both spatially and temporally. These have provided great
64 insight into climate variability across large spatial scales, of which are not possible when
65 looking at individual site records. However, they all have a common limitation which is the



66 temporal resolution of their reconstructions. Due to the nature of the proxies included in the
67 large datasets (e.g. pollen, isotopes, foraminifera), the proxy signal is often non-continuous
68 creating a median reconstruction resolution of ca. 100-200 years (Kaufman et al., 2020b). Whilst
69 this temporal resolution is acceptable to look at spatially extensive and long-term climate
70 variability across centennial to millennial timescales (Cartapanis et al., 2022), higher frequency
71 variability such as the multi-decadal climate system is unable to be investigated, which is key
72 to improve climate predictions in this century (Cassou et al., 2018). Erb et al. (2023) used a
73 data assimilation approach which allowed them to upscale their temporal resolution to decadal.
74 However, this was only possible by including transient climate simulations, meaning that much
75 of the decadal climate variability observed in this reconstruction would be forced by the model,
76 rather than the proxy data itself given that only 11 out of the 1276 records have a decadal, or
77 higher temporal resolution.

78 Reconstructions of climate from a proxy record, whether this be a single-site, or a
79 compilation of multiple sites, require a transformation from the qualitative proxy value to a
80 quantified climate parameter with physical units of measurements (i.e. °C, mm of precipitation)
81 (Chevalier et al., 2020). A number of statistical or mechanistic methods can be used, each with
82 varying levels of complexity, uncertainties, and functionality (Tingley et al., 2012). Each
83 method requires a calibration stage or training set relying on modern observations of the
84 relationship between the proxy and climate which is then projected onto the proxy data (Juggins
85 and Birks, 2012). Quantitative approaches have matured from rather simplistic methods e.g.
86 linear regression (e.g. Imbrie and Kipp, 1971), to methods of increased complexity such as
87 weighted averaging regression (e.g. ter Braak and Juggins, 1993; Liu et al., 2020), composite
88 plus scaling (e.g. Jones et al., 2009; Kaufman et al., 2020a), modern analogue techniques (e.g.
89 Jiang et al., 2010), and artificial neural networks (e.g. Wegmann and Juame-Santero, 2023)
90 which are summarised well in Chevalier et al. (2020). Uncertain chronologies, assumptions in
91 proxy formation and preservation, and non-stationary relationships between the climate system
92 and proxy response through time are typical for many proxy records, which means that
93 interpreting the palaeo record has several complexities (Sweeney et al., 2018; Cahill et al.,
94 2023). Because of this, there has been a call for a greater reliance on hierarchical statistical
95 approaches, such as Bayesian statistics to reconstruct climate through time (Tingley et al.,
96 2012).

97 Bayesian statistics is an approach based on Bayes' Theorem and can be summarised as
98 applying prior knowledge to update the probability of a hypothesis when new data becomes



99 available (van de Schoot et al., 2021). It has been used to answer many statistical problems
100 which has included reconstructing palaeoclimate (e.g. Haslett et al., 2006; Parnell et al., 2015;
101 Tierney et al., 2019; Cahill et al., 2023). Many frequentist (non-Bayesian) approaches to
102 reconstructing climate mentioned previously often struggle to capture the complex
103 relationships inherent between climate and proxy data. This commonly occurs when the learnt
104 relationship in the calibration interval or training data is fixed, and then applied directly onto
105 the palaeo data which results in the assumption of a stationary relationship through time, and
106 fixed uncertainty estimates (Birks et al., 2012; Sweeney et al., 2018; Zander et al., 2024).
107 However, we argue that climate often exhibits non-stationary behaviour and this needs to be
108 captured in the chosen model. By contrast, a Bayesian approach allows a continued update
109 about the belief of the relationship between the proxy, the climate, and associated parameters
110 (Chu and Zhao, 2011). In addition, Bayesian analysis can holistically account for different
111 sources of uncertainty influencing a reconstruction (Birks et al., 2012; Sweeney et al., 2017).
112 Bayesian methods can consider the uncertainties at all stages of the modelling process and
113 model these as joint probability distributions producing properly quantified uncertainties with
114 credible intervals (Tingley and Huybers, 2010; Sweeney et al., 2018; Cahill et al., 2023).

115 A rising number of studies have used a Bayesian framework in their climate
116 reconstructions (e.g. Haslett et al., 2006; Holmström et al., 2015; Parnell et al., 2015; Tierney
117 et al., 2019; Hernández et al., 2020; Cahill et al., 2023). However, they provide low temporal
118 resolutions as they are based on non-continuously sampled proxies, resulting in reconstructions
119 of climate across multi-decadal to centennial timescales. This calls for a greater number of
120 quantified climate reconstructions using hierarchical modelling from records with refined
121 chronologies and proxies sampled at a high resolution.

122 Micro X-ray Fluorescence core scanning (XRF-CS hereafter) is a non-destructive
123 approach which provides qualitative multivariate information about the geochemical
124 composition of marine and lacustrine sediment cores (Davies et al., 2015). Sediment sequences
125 are continuously scanned enabling the proxy data to be produced at very high sampling
126 resolutions (0.2 mm). When this approach is applied on sediment sequences with either
127 sufficient sedimentation rates (>0.5 mm per year) or annual laminations (varves) (Zolitschka
128 et al., 2015), it can provide proxy information at a seasonal to decadal timescale. XRF-CS has
129 mostly been used to qualitatively reconstruct palaeoenvironments, as the relative changes in
130 geochemical composition of sediments are a direct response to the changing climatic and
131 environmental conditions in the lake-catchment system (Peti and Augustinus, 2022).



132 Our main goal here is to combine the advantages of using Bayesian inference in climate
133 reconstructions with the palaeoclimate value of varved records. In this methods-based paper
134 we aim to i) present a Bayesian approach to transform multivariate XRF-CS data into a
135 quantitative palaeoclimate dataset, ii) demonstrate the applicability of this approach on
136 different varved lake records from Europe, iii) compare the output of the Bayesian model to
137 previously published reconstructions to test the climatic reliability, and iv) promote its use
138 through the user-friendly R package, SCUBIDO.

139

140 **2.0 Methods**

141 **2.1 Proxy data**

142 The modelling approach has been built for the use of XRF-CS data as the chosen proxy. Raw
143 XRF-CS data originates in the form of element intensities which is often non-linear to the
144 concentration of elements in the sediment and can also be affected by the sediment physical
145 properties, measurement time and sample geometry, therefore we use centred-log ratios (clr
146 hereafter) to mitigate against these problems (Aitchison, 1986; Tjallingii et al., 2007; Weltje
147 and Tjallingii, 2008; Weltje et al., 2015; Dunlea et al., 2020). In this approach we do not assume
148 that any element has a stronger relationship with climate thus we include all clr-transformed
149 elements.

150

151 **2.3 Bayesian framework**

152 For our quantitative reconstruction of climate given the XRF-CS proxy data, we use Bayesian
153 inference and base our framework on the modelling approach described in Parnell et al. (2015)
154 and Hernández et al. (2020). Below we outline the notation used throughout:

- 155 ▪ C is used to represent the value of the climate variable at each time point.
- 156 ▪ We use XRF_{ij} to indicate the central logged transformed XRF-CS data at each depth of
157 the sediment core (i) where $i = 1, \dots, n$ depths. As the XRF-CS data is multivariate, j
158 reflects the number of different central log ratio transformed elements ($j =$
159 $1, \dots, n$ elements).
- 160 ▪ t_i denotes the calibrated age (t) of each depth (i) in cal years BP (before present where
161 present refers to 1950). It is important to note that age uncertainty is not considered in
162 this modelling approach.



- 163 ▪ θ is used to represent the parameters $(\mu, \beta_0, \beta_1, \beta_2)$ which govern the relationship
164 between each of the XRF-CS elements at each time point and the climate variable.
165 These are subscripted with j to denote the element to which they refer.
166 ▪ σ_c is the standard deviation of climate per unit of time for our random walk model
167 detailed in this paper.
168 ▪ A superscripted m and f are applied to each of the variables when referring to the
169 modern and fossil data sets respectively. For example, C^m equates to the modern
170 climate, and XRF^f refers to the fossil XRF-CS data.

171

172 The Bayesian posterior distribution we aim to calculate is outlined below:

173 (1)

174
$$p(C^f, \theta, \sigma_c | XRF^f, C^m, XRF^m) \propto p(XRF^m | C^m, \theta) \cdot p(XRF^f | C^f, \theta) \cdot p(C^f, C^m | \sigma_c) p(\sigma_c) p(\theta)$$

175

176 The posterior distribution on the left side of the equation $p(C^f, \theta, \sigma_c | XRF^f, C^m, XRF^m)$
177 represents the probability distribution of the fossil climate given fossil and modern XRF, and
178 modern climate. We use the likelihood expression $p(XRF^m | C^m, \theta)$ to represent the calibration
179 period where we learn about the relationship between the XRF-CS data and climate variable,
180 discussed in more detail in Sect. 2.3.2. $p(XRF^f | C^f, \theta)$ then represents the likelihood of the
181 fossil data given the climate, and finally $(C^f, C^m | \sigma_c)$ represents the prior distribution associated
182 with the fossil climate and its dynamics over time.

183

184 2.3.1 Model fitting

185 In order to fit the above model, we follow the computational shortcut of Parnell et al (2015)
186 which assumes that all the information about the calibration parameters (θ), comes from the
187 modern data. This means that the model is fit in two parts, with the first being the estimation
188 of θ within a calibration period, and then the second part which estimates the fossil climate
189 (C^f) and σ_c . Thus, the resulting model becomes:

190 (2)

191
$$p(C^f, \theta, \sigma_c | XRF^f, C^m, XRF^m) \propto p(\theta, \sigma_c | XRF^m, C^m) \cdot p(XRF^f | C^f, \theta, \sigma_c) \cdot p(C^f, C^m | \sigma_c) p(\sigma_c)$$

192

193 Where the first term on the right-hand side (in blue) is estimated separately and
194 represents the posterior distribution of the modern calibration relationship parameters which is
195 then not further learnt from the fossil data in the second part of the model fit. Given the different



196 parts of the modelling approach, we split the following section into two, firstly fitting the
197 modern calibration period (Section 2.3.2), and then secondly using what is learnt from this
198 stage to reconstruct fossil climate (Section 2.3.3).

199

200 2.3.2 Calibration model fitting

201 Like all quantitative transformations of palaeoclimate, the first step is to understand the
202 relationship between the proxy and the climate variable. In our modelling approach this
203 relationship is learnt from the first term on the right-hand of equation 2 ($p(\theta, \sigma_c | XRF^m, C^m)$)
204 and includes not only the casual relationship between the individual XRF-CS elements and
205 climate, but also the covariance between the elements. The data used for this section of the
206 model is the most recent period and must be aligned with an overlapping period of instrumental
207 climate (C^m) and we call this our calibration dataset.

208 This step assumes that some of the variability observed in the proxy data is controlled
209 by the climate variable, this is sometimes referred to a ‘forward’ model. Here we want to
210 estimate the posterior distribution of the θ parameters ($\beta_0, \beta_1, \beta_2, \mu_0$) and the climate variability
211 parameter σ_c , from a joint probability distribution using the following:

212 (3)

$$213 \quad p(\theta, \sigma_c | XRF^m, C^m) \propto p(XRF^m | C^m, \theta) \cdot p(C^m | \sigma_c) \cdot p(\theta) p(\sigma_c)$$

214

215 With $p(\theta)$ representing the prior distribution of the parameters $\beta_0, \beta_1, \beta_2, \mu_0$, with σ_c
216 and $p(C^m | \sigma_c)$ as the prior distribution on modern climate (we use a random walk with standard
217 deviation σ_c at each time point). $p(XRF^m | C^m, \theta)$ is our likelihood distribution, and finally the
218 parameter’s posterior distribution is represented by $p(\theta, \sigma_c | XRF^m, C^m)$.

219 To approximate the relationship between the clr-transformed XRF-CS data and the
220 climate, we use a multivariate normal polynomial regression model for each of the XRF
221 elements:

222 (4)

$$223 \quad XRF_i^m \sim MVN(M_i, \Sigma)$$

$$224 \quad M_i = [\mu_{i,1}, \dots, \mu_{i,11}]$$

$$225 \quad \mu_{ij} = \beta_{0j} + \beta_{1j} \cdot C(t_i) + \beta_{2j} C(t_i)^2$$

226



227 The mean term μ_{ij} captures the relationship between climate and assumes a quadratic
228 relationship with a single mode when $\beta_{2j} < 0$. We use Σ to represent the covariance matrix of
229 the relationship between each of the different elements which are not explained by μ_{ij} .

230 Vague normal distributions are used for the priors on β_0 , β_1 , and β_2 , an inverse Wishart
231 prior on Σ , and finally a vague uniform prior distribution for σ_c :

232 (5)

$$233 B_{0j} \sim N(0,100), B_{1j} \sim N(0,100), B_{2j} \sim N(0,100)$$

$$234 \Sigma^{-1} \sim \text{Wishart}(R, k + 1)$$

235

236 For the prior distribution on climate, we use a continuous time random walk:

237 (6)

238

$$239 P(C_i^m) \sim N(C_{i-1}^m, \omega_i)$$

$$240 \omega_i = (t_i^m - t_{i-1}^m) \cdot \sigma_c^2$$

241

242 Where σ_c is also given a vague uniform distribution: $\sigma_c \sim U(0,100)$.

243

244 2.3.3 Fossil model fitting

245 Once the model has learnt about the relationship between the XRF-CS data and climate, the
246 second part of the computational shortcut can commence (Parnell et al., 2015). This first
247 involves using the learnt relationship to create marginal data posteriors (MDPs) which
248 represent all the information about fossil climate contained in one layer of XRF data. Thus, we
249 initially estimate the C^f using only the information within a particular time slice (XRF^f). Using
250 only the information from one time slice at a time allows the model to marginalise over the
251 parameters (θ) and reduce the dimensionality of the data. This step decreases the computational
252 burden of estimating both the climate - proxy relationship and the fossil climate values in the
253 same step. Information on the MDP fitting can be found in Supplementary Information 1 and
254 in more detail in Parnell et al. (2015; 2016).

255 To accurately capture the climate dynamics of the fossil period, we re-use the
256 continuous time random walk from the modern calibration module and combine each of the
257 individual MDP layers once they are corrected. This allows us to create a complete joint
258 posterior distribution of the combined C^f and C^m and fit the model detailed in equation 2. As
259 above, the varying time steps are captured via a dynamic precision term:



260 (7)

261

$$262 \quad P(C_i^f) \sim N(C_{i-1}^f, \omega_i)$$

$$263 \quad \omega_i = (t_i^f - t_{i-1}^f) \cdot \sigma_c^2$$

264

265 To fully learn the climate dynamics standard deviation parameter from both the fossil and the
266 modern data we set a log-normal prior distribution for σ_c :

267 (8)

$$268 \quad \sigma_c \sim \text{LN}(a, b)$$

269

270 Where the values a and b are chosen to match the posterior distribution from the modern
271 calibration model fit.

272 The model produces an ensemble of posterior climate paths covering the fossil and
273 modern period. This takes into account the uncertainties in the XRF proxy climate relationship
274 with a mild smoothing constraint arising from the random walk prior. The ensemble can then
275 be summarised by taking the median value of the posterior distribution C^f and calculating the
276 50% and 95% credible interval of the reconstruction using the 2.5%, 25%, 75%, and 97.5%
277 percentiles for plotting.

278

279 Section 3.0 Walk through example

280 This next section of the paper provides a walk-through example of each stage of the Bayesian
281 model fitting on real life XRF-CS data. In an attempt to make this modelling approach as user-
282 friendly as possible, we have produced the R package SCUBIDO (Simulating Climate Using
283 Bayesian Inference with proxy Data Observations) which synthesise the modelling process into
284 several distinct steps and can be downloaded from the GitHub repository:
285 <https://github.com/LauraBoydall/SCUBIDO>.

286 We demonstrate this example on the lake sediments of Diss Mere, a small lake in the
287 UK containing Holocene varved sediments. This site has been chosen due to the sediments
288 being annually laminated for much of the Holocene (from 2 to 10 thousand years before 1950
289 CE, cal. BP hereafter), and thus has a refined chronology based on annual layer counts with
290 age uncertainties of less than a few decades (Martin-Puertas et al., 2021). The averaged
291 sedimentation rate for the varved sequence is 0.4 mm/year with variability between 0.1 and 1.8
292 mm/year (Martin-Puertas et al., 2021). The most recent two millennia are recorded in the top



293 9 m of the sediment sequence, where the annual laminations are poorly preserved, and counting
294 was not possible. However, the chronology has been constrained through a series of radiometric
295 dating techniques (^{14}C , ^{137}Cs) and tephrochronology, providing a high average sedimentation
296 rate of ca. 0.5 cm/year (Boyall et al., 2024). Both the modern sediment depositional processes,
297 and palaeo sediments have been studied in detail through modern lake monitoring, microfacies
298 analysis and analysis of the XRF-CS record, which all highlighted that the environmental
299 processes explaining the sediment deposition in the lake has not changed through time and
300 respond to climate variations on seasonal to multi-centennial timescales (Boyall et al., 2023;
301 Martin-Puertas et al., 2023; Boyall et al., 2024). Whilst human activity has had an impact on
302 the lake sedimentation in the last 2,000 years, i.e. increase the amount detrital input into the
303 lake (Boyall et al., 2024), the lake sedimentation and sediment composition keep responding
304 to the annual lake cycle (monomictic), which is driven by climate parameters such as
305 temperature and wind speed (Boyall et al., 2023). The sensitivity of these sediments to weather
306 and climate variability thus provides scope for testing this modelling approach.

307 The Diss Mere sediments were scanned using an ITRAX XRF-Core scanner (Cox
308 Analytical Systems) at the GFZ-Potsdam and geochemical elements include Si, S, K, Ca, Ti,
309 V, Mn, Fe, Rb, Sr and Zr at 200 μm resolution (Boyall et al., 2024). Boyall et al. (2024) found
310 a qualitative link between the XRF-CS data, specifically the element calcium (Ca) (linked to
311 temperature-induced authigenic calcite precipitation deposited during spring to early Autumn),
312 and annual mean temperature evolution through the Holocene (Davis et al., 2003; Kaufman et
313 al., 2020a; Rasmussen et al., 2007). Whilst this study found the strongest relationship to climate
314 with Ca, all the elements are used in this modelling approach given that SCUBIDO models the
315 covariance between the elements as well and learns from these relationships. For the first two
316 thousand years of the geochemical record between 10,300 cal a BP and 8,100 cal a BP, the
317 environmental interpretation of the element data reflected a non-climate, local signal associated
318 with the stabilisation of the lake depositional environment during the early Holocene (Boyall
319 et al., 2024). As a result of these findings, we attempt this modelling approach on only the
320 geochemical data from 8,100 cal a BP to present and emphasise to future users of SCUBIDO
321 that they must also conduct a qualitative analysis of the XRF-CS data and environmental
322 interpretation before using the model presented in this paper to investigate if their record is
323 climate sensitive.
324



325 3.1 Data set up

326 One of the most fundamental considerations for any type of palaeoclimate reconstruction is the
327 choice of climate variable to reconstruct (e.g. annual mean temperatures, precipitation, growing
328 season) given that different proxies are sensitive to a number of climate drivers (Sweeney et
329 al., 2017). The SCUBIDO modelling approach can be easily adapted to reconstruct different
330 climate parameters with overlapping instrumental data. However, it is important to note that
331 not all lakes are responsive to every climate parameter of interest and thus the outputs may not
332 be useful. For example, we attempted to run SCUBIDO on the Diss Mere XRF-CS data to
333 reconstruct both temperature and precipitation, however the correlations between instrumental
334 precipitation and individual elements were low and thus the model did not find a good enough
335 relationship. Annual mean temperature on the other hand worked well, which support the
336 temperature signal recorded in the qualitative XRF-CS data during the Holocene (Boyall et al.,
337 2024). Another point to highlight at this stage is that we run the Bayesian model using a
338 multivariate dataset made of the elements measured by the XRF scanner, which differentiate
339 SCUBIDO from other recent reconstructions based on varved sediments (Zander et al., 2024).
340 We do so to avoid any bias through time as the climate-proxy relationship might not be stable
341 over time. SCUBIDO also includes the relationship between elements (covariance) to deal with
342 this issue. As the top of the XRF-CS data (most recent period of sediment accumulation) begins
343 at 1932 CE, a long-term instrumental temperature data set was required to get a sufficient length
344 for the model to learn about the climate - proxy relationship. We therefore rely on the Hadley
345 Central England Temperature (HadCET, Met Office) data which has been collecting
346 temperature data since 1659 CE.

347 The first step was to divide the data into two: the modern calibration dataset (containing
348 an age index (t), modern XRF-CS data (XRF^m) and the overlapping instrumental climate
349 data (C^m)), and then the fossil data (containing the age (t) and XRF-CS data for the remaining
350 data (XRF^f)). XRF^m was resampled to annual means and was aligned with the corresponding
351 year in the HadCET dataset. Given the start of the HadCET dataset beginning at 1659 CE and
352 the top of the XRF-CS data finishing at 1932 CE, and a short gap where there was no XRF-
353 CS data present, it meant that the calibration dataset was 290 years long. Temperatures were
354 converted into anomalies from the mean of the calibration period as this not only removes the
355 arbitrary mean of the temperature reconstruction making the data more comparable, but it can
356 also better constrain the climate values in which the model picks from (see Supplementary
357 Information 1). The fossil data was provided in its original temporal resolution ranging between



358 5 data points per year to >25 data points per year depending on the sediment accumulation rate.
359 This resulted in 56,069 time slices covering the period between 8,100 cal a BP and 1658 CE.

360 We check the model convergence using \hat{R} values (Gelman and Rubin., 1992; Brooks
361 and Gelman., 1998) and evaluate the performance of the model using both in sample and out
362 of sample posterior predictive calibration checks (Gelman et al., 2008). We detail this analysis
363 in more detail below.

364

365 3.2 Model fitting

366 The full model was fitted using within the SCUBIDO R package. This package depends on
367 JAGS (Just Another Gibbs Sampler, Plummer, 2003) through the R package ‘R2jags’ (Su and
368 Yajima, 2021) to fit the modern calibration model and part of the fossil modelling stage. We
369 ran the calibration model for 100,000 iterations with a burn-in period of 40,000 and used a total
370 of 4 chains. The \hat{R} values were consistently <1.05 indicating that the algorithm had successfully
371 converged during the Markov Chain Monte Carlo (MCMC) process (Vehtari et al., 2021; Su
372 and Yajima, 2021). Fig. 1 shows the quadratic relationships between the individual XRF-CS
373 elements and temperature in the calibration period.

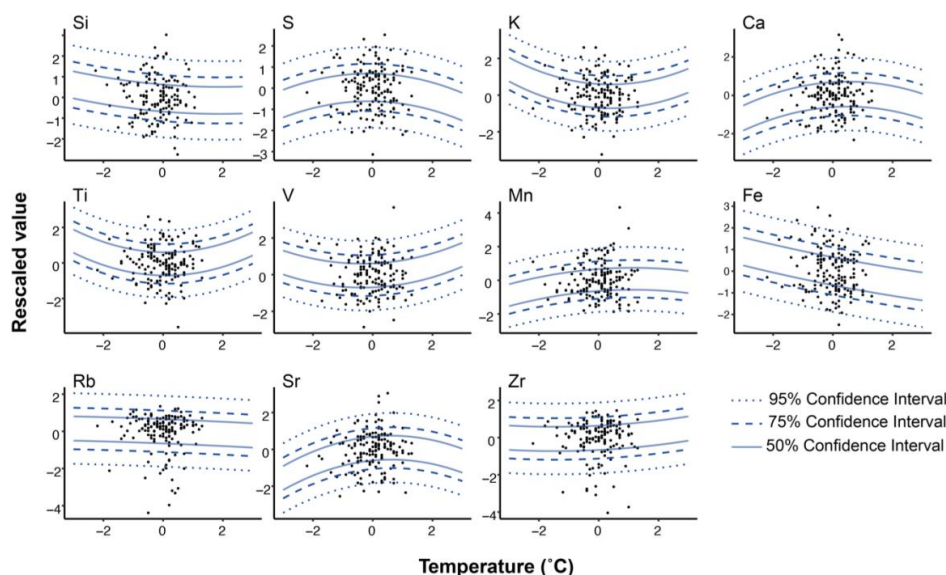


Figure 1: Relationship between the XRF-CS elements and instrumental annual mean temperature from the calibration period. Individual XRF-CS elements plotted against the instrumental climate anomaly data for each year. The quadratic relationships are represented by the lines with the solid lines representing the uncertainty ranges of 50%, 95% (dotted), 75% (dashed).

374



375 In more conventional approaches where XRF-CS data is used to qualitatively
376 reconstruct climate, only one element, or pair of elements (in the form of a ratio) is used at a
377 time to reconstruct climate (for example Zander et al., 2024). This would be equivalent to our
378 approach if had we used a diagonal structure for Σ (equation 4). Such a diagonal structure treats
379 every element as independent and therefore may falsely reduce the uncertainty in the resulting
380 reconstructions. However, the novel contribution of our model is that it includes a multivariate
381 response regression approach that also models the covariances between the elements, and so
382 we argue produces more realistic, but also more uncertain reconstructions.

383 The fossil reconstruction stage for Diss Mere used 2,000 iterations with a burn-in period
384 of 200 with a total of 4 chains. Fewer iterations are required for this stage for convergence as
385 the model complexity is substantially reduced compared to the modern calibration stage as
386 MDPs are used. \hat{R} values were <1.05 indicating satisfactory convergence of the algorithm. The
387 full reconstruction using all the SCUBIDO functions took approximately 16 hours on a
388 standard computer using a single core.

389

390 3.3 Model validation

391 As a more rigorous test of the model performance, we further test its uncertainty calibration
392 properties using an out of sample five-fold cross validation routine. Thus, we remove 20% of
393 the modern data and re-fit the full model to obtain posterior estimates of the climate variable
394 for years which the model has not seen during the training phase. We repeat this step five times
395 such that each observation year is removed once. We can compare these out of sample predicted
396 climate values with the true values in the modern data and see how often their uncertainty
397 ranges cross with the true values. For example, in an ideal model 95% of these values would
398 lie within the 95% interval and 50% in the 50% interval etc. Though in real-world data, the
399 estimated proportion inside the credible intervals may be slightly higher or lower. Out of
400 sample evaluation of climate reconstructions seems not to be a common feature in the literature
401 but we would strongly advocate this in the future.

402 The results of the five-fold cross validation showed that in 80% of the 199 calibration
403 temperatures, the reconstructions fell within the 95% credible interval (Fig. 2). The coverage
404 percentage for each individual fold ranged by 13%, from 75% to 88%. Given we are comparing
405 proxy data that are also affected by non-climate factors in the lake, the nature of the high
406 resolution (5-25 data points per year) XRF-CS data and the anomalous temperatures recorded
407 in the HadCET meteorological dataset, it is not surprising that the reconstruction does not



408 accurately reconstruct temperature within the 95% credible intervals, 95% of the time. In
409 addition, given that the calibration period occurs in the non-varved sediments where the
410 chronology has higher uncertainty (Boyall et al., 2024), it could mean that the XRF-CS data is
411 not perfectly aligned with the correct instrumental temperature thus lowering the validation
412 scores. On the other hand, the lower coverage percentage may also arise from the choice of
413 instrumental temperature data used in the calibration period as the temperatures are more
414 regional, whereas the μ XRF-CS proxy data will be recording a local climate signal. In addition,
415 the earliest years of the HadCET dataset, the temperatures were based on non-instrumental
416 descriptions of weather and thus also subject to large uncertainties (Parker et al., 2010).
417 Nevertheless, gaining an 80% coverage percentage is acceptable for this modelling approach.

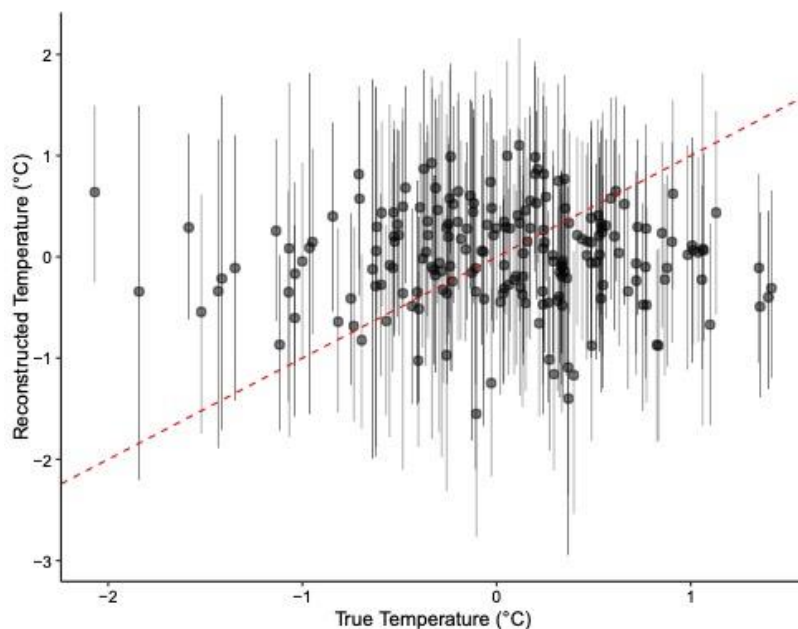


Figure 2: Results from the out of sample validation with true instrumental temperatures and reconstructed temperatures. Black dots represent the temperature values and error bars represent the predicted temperature's 95% uncertainty interval.

418



419 **Section 4.0 Annually resolved annual mean temperature reconstructions in**
420 **Europe**

421 **4.1 Case site 1: Diss Mere, Central England**

422 The reconstruction of annually resolved temperatures for the past 8,100 cal a BP given the
423 XRF-CS from Diss Mere using Bayesian inference is presented in Fig. 3. The median Holocene
424 temperature reconstructed from Diss Mere is 9.65 °C and has a maximum range of 1.97 °C
425 with temperature anomalies between -1.50 °C and 0.49 °C (7.66°C and 9.65 °C absolute
426 temperatures). Most of the temperatures before ca. 2,000 cal a BP are cooler than present (9.16
427 °C) with only isolated centennial-scale periods where temperatures are warmer (Fig. 3).
428 Inclusive of the credible intervals, the reconstructed Holocene variance is slightly greater than
429 the instrumental period with a standard deviation of 0.63 °C for the reconstruction and 0.61 °C
430 for the HadCET instrumental temperature. The centennial to interannual variability is,
431 however, reduced in the last two millennia, similar to present time variability. The first
432 millennium of the common era is slightly warmer than today remaining similar to present (Fig.
433 3).

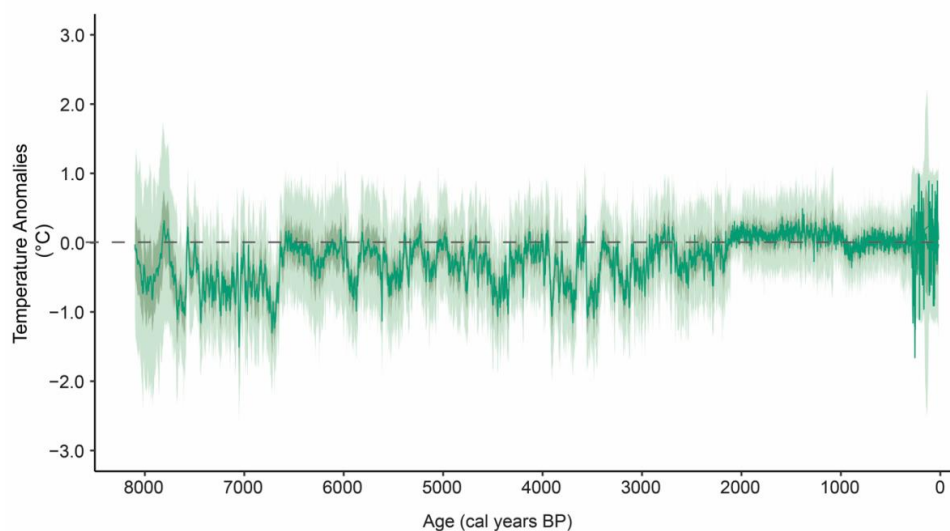


Figure 3: Annually resolved temperature reconstruction from Diss Mere. Dark green line represents the median reconstruction with 50th percentile and 95th percentile in darker green and light green, respectively. The data is presented in anomalies for the UK long-term average 1991-2020 and the dashed grey line marks the centred mean of 0 °C using this period.

434



435 **4.2 Case site 2: Lake Nautajärvi, Southern Finland**

436 We have applied the SCUBIDO approach to reconstruct Holocene annual mean temperature
 437 from Nautajärvi, a lake in southern Finland with a different stratigraphy to Diss Mere. Lake
 438 Nautajärvi is also a varved lake but shows an uninterrupted laminated sediment from the early
 439 Holocene to present (Ojala and Alenius, 2005). Except for the first 200 years of the record
 440 (9,852 – 9,625 cal a BP) when varves are thick (ca. 5 mm) due to a high detrital input during
 441 the formation of the lake (Ojala and Alenius, 2005; Ojala et al., 2008b), the sedimentation rate
 442 (0.2 – 1.6 mm/year) is similar to the varve thickness of Diss Mere (0.1 – 1.4 mm/year). Analysis
 443 of both the sediments and the XRF-CS data from Nautajärvi revealed that the lake, and
 444 subsequent sediment record is responsive to climate variability (Ojala et al., 2008a; Lincoln et
 445 al. in review) thus is a good record to also apply this Bayesian methodology on. Table 1
 446 summarises the characteristics of the modelling approach applied on lake Nautajärvi varved
 447 sediment sequence.

448 Table 1. Summary table of the Lake Nautajärvi data used for the Bayesian reconstruction.

XRF-CS details	XRF-CS set up	
	XRF-CS elements used	Al, Si, S, K, Ca, Ti, V, Cr, Mn, Fe, Cu, Rb, Sr, and Zr
Calibration data	Meteorological data	Temperature data for Nautajärvi was from 16 weather stations within a 200 km radius from the lake obtained gathered using the 'rnoaa' package (Chamberlain et al., 2024). Annual mean temperature is used. Data preservation from the interwar years (1918-1945) is limited and/or missing thus these have been excluded from the calibration dataset (Supplementary Figure 1)
	Age range	-70 to 68 cal a BP
	Number of time slices	102
Reconstruction data	Age range	69 to 9829 cal a BP
	Number of time slices	16418

449
 450 Figure 4 shows the annual temperature reconstruction from Nautajärvi for the past ca.
 451 9,800 years overlaid on top of the Diss Mere reconstruction. The median Holocene temperature
 452 reconstructed from Nautajärvi is 5.1 °C (Supplementary Figure 3) and had a range of 1.60 °C



453 between 4.22 °C and 6.03 °C (-0.39 °C and 1.22 °C, anomalies) which is within the range of
454 variability observed during the instrumental period. Overall, the reconstructed Holocene
455 temperatures at Nautajärvi is cooler than except for the period between ca. 7,000 and 4,000 cal
456 a BP where temperatures are warmer and have the highest Holocene variance.

457 The comparison of Nautajärvi and Diss Mere through the Holocene shows slightly
458 different multi-millennial temperature evolutions where temperatures in England steadily
459 increase whereas Finland reaches maximum temperatures in the mid-Holocene and then
460 decreases thereafter (Fig. 4). We discuss millennial-scale trends in the next section when we
461 compare our reconstructions with published low-resolution Holocene temperature
462 reconstructions. On multi-decadal to centennial timescales, there is a good agreement between
463 the anomaly value reconstructions at both sites showing similar trends and amplitude of
464 change, especially on variability during the mid-Holocene from ca. 4,000 to 6,500 cal, yr BP
465 (Supplementary Figure 4). Larger variability in Diss Mere (England) prior to 6,500 cal yr BP
466 compared to Nautajärvi (Finland) might be reflecting different regional climate sensitivity
467 during a period when the instability of the Laurentide ice sheet and hydrological changes in the
468 Baltic Sea region was still having an important role on the reconfiguration of the climate system
469 and spatial distribution of climate patterns in the Northern Hemisphere (Yu and Harrison, 1995;
470 Wastegård, 2022).

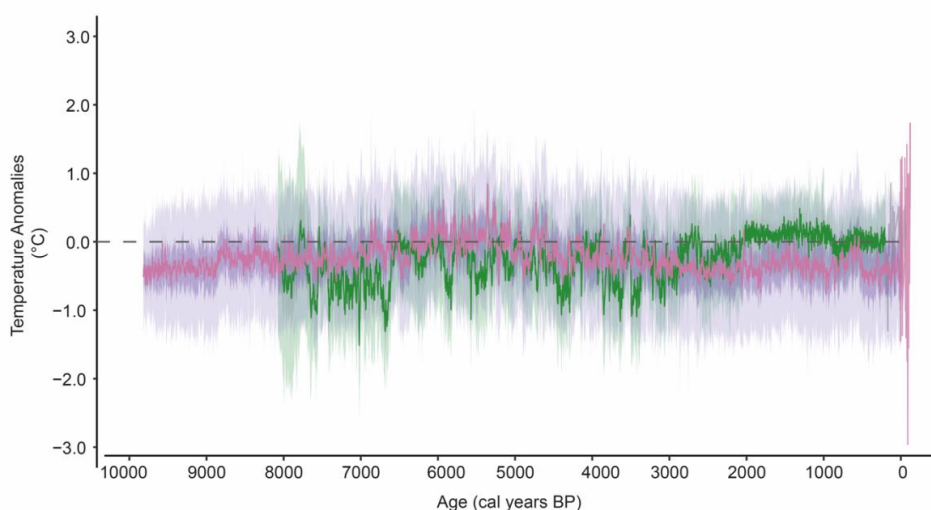


Figure 4. Annually resolved temperature reconstruction from Nautajärvi for the past ca 9,800 years overlaid on Diss Mere's reconstruction. Dark pink line represents the median reconstruction with 50th percentile and 95th percentile in darker purple and light purple, respectively. The anomalies are calculated with reference to the 1991-2020 mean from the instrumental data. The grey dashed line marks the 0 °C mean.

471



472 **4.3 Palaeoclimate comparisons**

473 To test whether the temperatures produced from the SCUBIDO modelling approach are
474 sensible on longer timescales, we compare our results from Diss Mere and Nautajärvi with
475 previously published proxy reconstructions (Temp12k, Kaufman et al., 2020a) and data
476 assimilation results (LGMR, Osman et al., 2021; Holocene-DA, Erb et al., 2022) for the same
477 period (Fig. 5). We choose these reconstructions to compare with because they are all based on
478 large-scale data compilations utilising a range of models and proxy types. The Temp12k and
479 Holocene-DA reconstructions both use the Temperature 12k proxy database (Kaufman et al.,
480 2020b) with the Temp-12k reconstruction using a multi-method ensemble to reconstruct
481 temperatures at a centennial resolution (Kaufman et al., 2020a) and the Holocene-DA using an
482 updated version of this dataset in a data assimilation framework to combine with transient
483 climate simulations in order to get a reconstruction of temperature at a decadal resolution (Erb
484 et al., 2022). On the other hand, the LGMR reconstruction uses only marine proxy records in a
485 data assimilation approach to produce a reconstruction of temperature at a multi-centennial
486 resolution.

487 The multi-millennial trends in the reconstructions are best demonstrated with both Fig.
488 5a and b showing the clear evolution of temperatures through the Holocene. Fig. 5a shows the
489 slope from linear models conducted on the different reconstructions to explore the evolution of
490 temperature through time. The Diss Mere, Holocene-DA (Erb et al., 2022), and LGMR (Last
491 Glacial Maximum Reanalysis, Osman et al., 2021) linear models all demonstrate an
492 amelioration of temperature through the Holocene with similar rates of warming, especially
493 during the mid-Holocene where there are almost no differences between the records (Fig. 5a).
494 The Temp-12k reconstruction from Kaufman et al. (2020a) and the Nautajärvi reconstruction
495 from this study deviate from the general increasing trend observed in the other reconstructions
496 and instead show an overall decrease in temperature from the early to late Holocene (Fig. 5a).
497 These records have a more definitive early Holocene Thermal Maximum (HTM) with cooling
498 thereafter in comparison with the other reconstructions, hence the linear model describing a
499 general decrease in temperature through time. As part of the current discussion on the Holocene
500 temperature conundrum (Liu et al., 2020), the differences in temperature evolution between the
501 reconstructions may be a factor of a seasonal bias, which has been already noted for the Temp-
502 12k reconstruction reflecting mostly summer conditions and/or spatial imbalances in proxy
503 distributions (Bova et al., 2021; Erb et al., 2022).

504

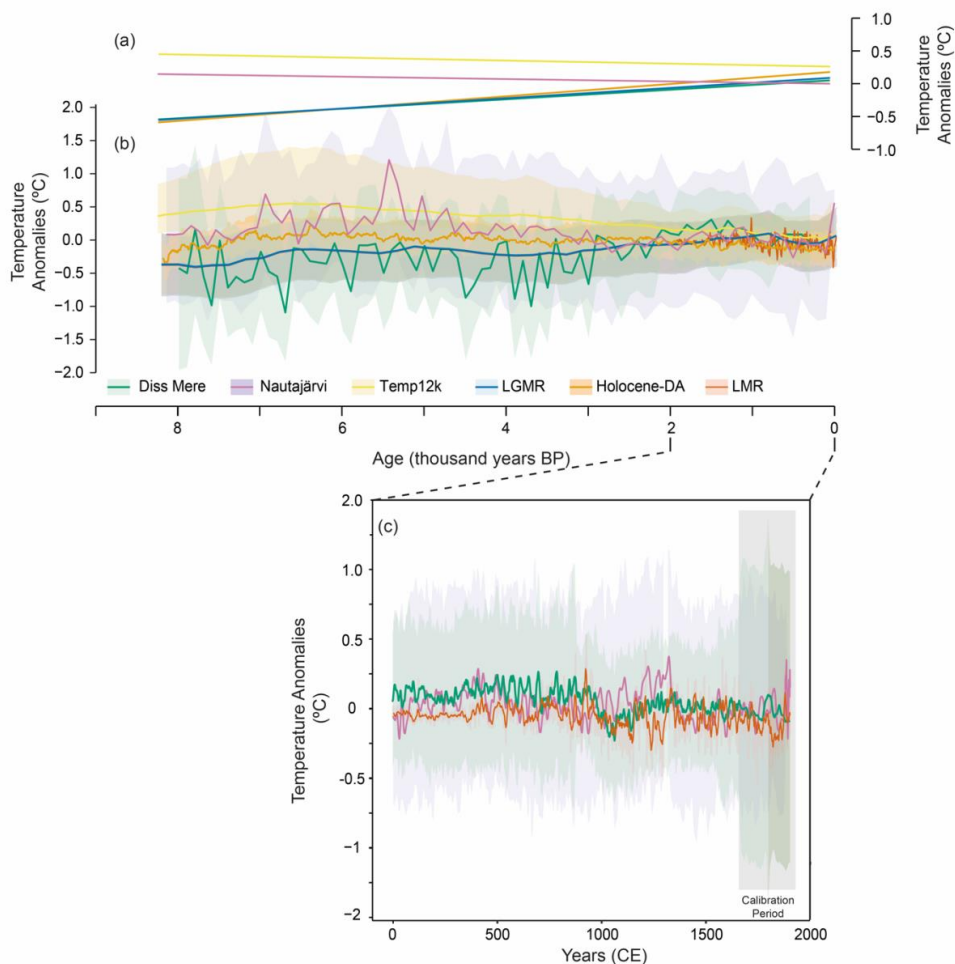


Figure 5: Comparison between different Holocene temperature reconstructions in anomalies. Note that the reference period for all these reconstructions is the mean between 2000 to 0 cal a BP. a) linear relationships between the reconstructed temperature and time for Diss Mere (green) Nautajärvi (purple), LGMR (Osman et al., 2021) (blue), Temp12k (Kaufman et al., 2020) (Yellow) and the Holocene-DA (Erb et al., 2023) (orange). b) The reconstructions from the above studies with Diss Mere and Nautajärvi resampled to 100 years to explore the centennial scale variability and match the resolution of the other reconstructions. The LGMR and Temp12k presented at a 200-year. The envelopes for each line in the respective colours represent the uncertainty for each reconstruction. c) a focus window on the common era with the Diss Mere temperature reconstruction with the LMR (Tardif et al., 2019) (orange) for a grid 5°W:15°E, 50:60°N. The solid bold lines are at 10-year decadal moving average whereas the transparent envelopes are the original annual resolution.

505

506 The amplitude of variability from the SCUBIDO-produced reconstructions from this
507 study is much larger than the global reconstructions. Ultimately this is because the LGMR and
508 Temp12k have low temporal resolutions causing the reconstruction to be smoothed, and also
509 contains a range of proxy types. Whilst the Holocene-DA reconstruction technically has a data



510 every 10 years, as mentioned in their study, the reconstruction does not contain robust decadal
511 information from the proxy records and is achieved instead by utilising both proxy and transient
512 models together and thus the low amplitude is still inherent from the low-resolution proxy data
513 used.

514

515 **4.3.1 The last two millennia**

516 Reconstructing palaeoclimate for the common era (past 2,000 years) has been the focus of
517 many climate studies (e.g. Smerdon and Pollack, 2016; PAGES2k Consortium, 2017a; Tardif
518 et al., 2019; Anchukaitis and Smerdon, 2022). To test the Bayesian reconstructions from this
519 study through a period of increased anthropogenic disturbance, we compare the reconstructions
520 to the Last Millennium Reanalysis (LMR, Tardif et al., 2019) (Fig. 5c). Whilst the LMR and
521 the Bayesian reconstructions are annual, we decide to compare at a 10-year resolution to reduce
522 noise and explore the main decadal-scale trends between each record. Despite increased
523 anthropogenic disturbance to the lake system over the past 2,000 years at Diss Mere (Boyll et
524 al., 2024), and a disruption to the proxy signal and lake functioning, the comparison between
525 the overall trend of the LMR and Bayesian temperature reconstructions are good, especially at
526 Diss Mere (Fig. 5c). Correlation coefficients between the LMR and Diss Mere is $r = 0.58$, $P =$
527 <0.0001 , however no statistically significant correlations could be made between Nautajärvi
528 and the LMR despite the general similar evolution trend in Fig. 5c.

529 In the first millennia (0-1000 CE), the LMR is much less variable than the Bayesian
530 reconstructions, with slightly cooler temperatures and negative anomalies (Fig. 5c). The lower
531 variability in the LMR is probably attributed to the very low number of proxy records used for
532 the first few hundred years of the reconstruction (Tardif et al., 2019). Despite the minor
533 differences in the amplitude of variability, each record shows a warmer first millennium
534 compared to the second, which has been discussed in previous reconstructions (PAGES
535 Consortium, 2017b; Esper et al., 2024). Once the decrease in temperature occurs at ca. 850 CE
536 at Diss Mere and LMR and 1200 CE at Nautajärvi, there is a better agreement in both the
537 temperatures and amplitude of variability until present (Fig. 5c) resulting in a better agreement
538 between these records than the previous millennium. The consistency between the records
539 highlights that despite the different sediment varve characteristics, varve formation processes,
540 and interactions between sedimentation and human activity, the Bayesian approach is able to
541 reconstruct a quantified, local to regional climate record from the XRF-CS.



542 **5.0 Conclusions and recommendations for future use of SCUBIDO**

543 This study presents the first attempt at reconstructing quantitative annual mean temperatures
544 from multivariate XRF-data from sediment records using Bayesian inference. Several
545 methodological decisions were made when building SCUBIDO which we believe can help
546 contribute to the advancement of climate reconstructions. The most important choice was to
547 use of Bayesian inference to not only get a single temperature estimate at each time point, but
548 to also get a full posterior distribution to properly quantify uncertainties. In addition, we
549 designed the model to include all geochemical elements and have SCUBIDO model their
550 covariances instead of relying on prior assumptions about relationships, and the final choice
551 was to synthesise SCUBIDO into an R package for the community. We believe that this was
552 the best way to be as user friendly as possible as we think others could find this approach
553 interesting and help make new annually resolved palaeoclimate reconstructions.

554 The ability of Bayesian in handling various types of data, changing
555 timesteps/resolutions, and gaps within datasets has been utilised in this study, for example,
556 there are periods within both the XRF-CS records from Diss Mere and Nautajärvi which have
557 short gaps and periods where the sedimentation rates are variable resulting in changing time
558 steps. However, this was easily mitigated against by using a Bayesian framework.

559 In this paper we apply SCUBIDO to two proxy records to reconstruct Holocene annual
560 mean temperature in Europe and the results showed consistency with previously published
561 paleoclimate reconstructions on a multi-millennial timescale. However, given the model and
562 the high-resolution proxy data from this study it provides a much more detailed overview of
563 temperature evolution through the Holocene by increasing the resolution to annual at a single
564 site. Of course, the records we compared to (Holocen-DA, Temp12k, and LGMR) have the
565 advantage of also being spatial reconstructions and not just temporal like in our study. The goal
566 would be for more people in the palaeoclimate community to use SCUBIDO and thus produce
567 more reconstructions of an annual resolution to then be incorporated into these large data
568 compilations.

569 Whilst we encourage other groups to use this approach on their XRF-CS records, there
570 are some precautions which should be taken since SCUBIDO does not provide a physical
571 model between the climate and geochemical sediment composition. Like all palaeoclimate
572 reconstructions using different statistical techniques, there is still some assumption that the
573 proxy-climate relationship does not deviate too much through time to what is observed in the
574 calibration period. This is important to consider when sites have experienced substantial
575 alterations in human activity or other depositional changes, and we recommend to carefully



576 check that the major shifts in the climate reconstruction are explained from climate or rather
577 be explained by changes in the sedimentology (e.g. transitions from varved to non-varved
578 deposits and changes in the varve microfacies). Because of this, we encourage users to
579 qualitatively interpret the XRF-CS record to see whether the lake remains sensitive to climate
580 through time, as well as finding the climate parameter to which the lake is sensitive to. And
581 finally, because XRF-CS data is highly site-specific and sensitive to local systems, it is not
582 possible to calibrate one site and apply that calibration period on another XRF-CS lake record
583 which may be common in other proxies e.g. pollen (Parnell et al., 2016).

584 Future developments of the SUBIDO approach may include integrating age uncertainty
585 into the model as currently age ensembles are not used. This means that at present lake data
586 with stronger chronological age models would likely produce better reconstructions, as
587 aligning the calibration instrumental climate data with the correct layers of XRF-CS data is
588 important.

589 **Author contribution**

590 LB, AP, and AH, and CMP conceptualised the study. LB, AH, and AP created the methodology
591 and software, LB made the R package. LB, AP, PL, AH, and CMP were involved in the
592 discussion and formal analysis. CMP, PL, and AO were involved in data curation. LB wrote
593 the original manuscript with supervision from AP and CMP and all authors were involved in
594 the review and editing process.

595 **Competing interests**

596 The authors declare that they have no conflict of interest.

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