



1 **South Asian summer monsoon enhanced by the uplift of Iranian Plateau in**
2 **Middle Miocene**

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14 **Abstract.** The South Asian summer monsoon (SASM) remarkably strengthened during the
15 Middle Miocene (16-11 Ma), coincident with the rapid uplifts of the Iranian Plateau (IP) and
16 the Himalaya (HM). Although the development of the SASM has long been linked to the
17 topographic changes in the Tibetan Plateau (TP) region, the effects of the HM and IP uplift are
18 still vigorously debated, and the underlying mechanisms remain unclear. Based on Middle
19 Miocene paleogeography, we employ the fully coupled earth system model CESM to perform
20 a set of topographic sensitivity experiments with altered altitudes of the IP and the HM. Our
21 simulations reproduce the strengthening of the SASM in northwestern India and over the
22 Arabian Sea, largely attributing to the thermal effect of the IP uplift. The elevated IP insulates
23 the warm and moist airs from the westerlies in the south of the IP and produces a low-level
24 cyclonic circulation around the IP, which leads to the convergence of the warm and moist air
25 in the northwestern India and triggers positive feedback between the moist convection and the
26 large-scale monsoon circulation, further enhancing the monsoonal precipitation. Whereas the
27 HM uplift produces orographic precipitation without favorable circulation adjustment for the
28 SASM. We thus interpret the intensification of the Middle Miocene SASM in the western part
29 of the South Asia as a response to the IP uplift while the subtle SASM change in eastern India
30 reflects the effects of the HM uplift.

31 **Key words:** South Asian summer monsoon, Middle Miocene, topographic change, thermal
32 heating effect

33



1. Introduction

There is increasing evidence of the inception/intensification of the South Asian Summer monsoon (SASM) during the middle Miocene (Clift et al., 2008; Gupta et al., 2015; Zhuang et al., 2017). The growth of the Tibetan Plateau (TP) and the surrounding orography has long been called for the SASM development (Manabe and Terpstra, 1974; Kutzbach et al., 1989; Prell and Kutzbach, 1992; Ramstein et al., 1997; An et al., 2001; Kitoh, 2002; Chakraborty et al., 2006; Wu et al., 2012; Tarif et al., 2020) although other factors such as geography and CO₂ concentration may also play important roles (Ramstein et al., 1997). Coincident with the rapid uplift during the Miocene, the Himalayas (HM) and the Iranian Plateau (IP) draw particular attention (Boos and Kuang, 2010; Zhang et al., 2012; Tang et al., 2013; Zhang et al., 2015; Acosta and Huber, 2020), but their effects on SASM and the underlying mechanisms are vigorously debated. In particular, the HM that has long been regarded as the “southern TP” (Spicer, 2017) receives more attention than the IP. Some studies showed that the narrow orography of the HM and the western mountain ranges were sufficient to reproduce the large-scale SASM circulation (Boos and Kuang, 2010; Zhang et al., 2012; Ma et al., 2014). Others (Zhang et al., 2015; Farnsworth et al., 2019; Acosta and Huber, 2020) argued that the uplift of the HM had little impacts on the monsoonal precipitation (Zhang et al., 2015; Acosta and Huber, 2020) while the IP played a more important role.

Concerning the influence of the IP and/or the HM uplift on the SASM, different mechanisms were proposed. Some researchers emphasized the insulation effect (Boos and Kuang, 2010; Ma et al., 2014) in that the elevated HM and IP prevent the high-enthalpy air in northern India from the cold and dry extratropics. Others highlighted the effect of sensible heating (Wu et al., 2012, henceforth Wu12) because strong monsoonal precipitation cannot occur without sensible heating even if the pool of high-enthalpy air is blocked in northern India. Tang et al. (2013, henceforth Tang13) demonstrated that the mechanical blocking effect contributed more to monsoonal precipitation than the sensible heating effect did. The divergent effects among these studies partially resulted from the experimental design which reflected different geological evolution of the TP region. It is thus important to estimate the SASM response to orographic change in the context of “realistic” geological history.

The topography evolution in the TP region is complex, spatially heterogeneous and controversial (Wang et al., 2014; Botsyun et al., 2019; Ding et al., 2022). But most of the recent studies agreed that the elevated TP except its north well existed before the Miocene (Wang et



66 al., 2014). The geologic evidence also suggests that the uplift of the IP (McQuarrie et al., 2003;
 67 Mouthereau, 2011; Ballato et al., 2017; Bialik et al., 2019) and the HM (Ding et al., 2015)
 68 occurred approximately at the same period as the Miocene SASM enhancement around 15-12
 69 Ma (Clift et al., 2008; Gupta et al., 2015; Zhuang et al., 2017). These advances in geology not
 70 only provide improved topography constrain for the middle Miocene climate modeling, but also
 71 motivate us to revisit the impacts of the IP and HM uplift on the SASM as well as the underlying
 72 mechanism.

73 So far, a vast majority of modeling studies have focused on sensitivity experiments
 74 associated with modern geographies and neglected the geological history in the TP region,
 75 which may lead to a misleading interpretation for past changes because the geography has
 76 significant impacts on Asian climate (Ramstein et al., 1997; Fluteau et al., 1999; Farnsworth et
 77 al., 2019; Tarif et al., 2020). Meanwhile, only if the model simulation corresponds to special
 78 geology epoch, the results can be compared with the reconstruction proxies straightforwardly.
 79 Most of the topographic sensitivity experiments were conducted with Atmospheric general
 80 circulation model (AGCM) only, but the process of air-sea interaction should not be ignored
 81 since the large-scale mountains such as the TP significantly influences the oceanic circulations
 82 and the associated changes in the Asian climate (Kitoh, 2002; Su et al., 2018). Therefore, it is
 83 worthy to revisit the SASM response to the IP and HM uplift under Miocene boundary
 84 conditions as well as the underlying mechanism with fully couple climate model.

85 In this study, a fully coupled earth system model is employed to explore the impact of the
 86 IP and HM uplift on the SASM. The topographic sensitivity experiments are placed into the
 87 context of the current understanding of the regional tectonic and geographic settings. The model
 88 configuration, middle Miocene boundary condition and experimental design are described in
 89 Section 2. In Section 3, we show the SASM response to the IP and HM uplift. The mechanisms
 90 responsible for the monsoonal precipitation change are examined in Section 4. The implication
 91 of our results to the evolution of the SASM in the middle Miocene is discussed in Section 5
 92 before giving conclusions in Section 6.

93 **2. Data and Methods**

94 **2.1. Climate model**

95 The model used in this study is the Community Earth System Model (CESM), Version
 96 1.2.1 of the National Center for Atmospheric Research. It includes the Community Atmosphere



Model (CAM4) (Neale et al., 2013), the Community Land Model (CLM4; Hunke and Lipscomb, 2010) the Parallel Ocean Program (POP2; Smith et al., 2010), the Community Ice Sheet Model and the Community Ice code (Glimmer-CICE4). The horizontal resolution used is 1.9° (latitude) $\times 2.5^{\circ}$ (longitude) for CAM4 with 26 vertical levels and CLM4 has identical horizontal resolution. CESM has been extensively used for modern and the tectonic climate studies (Chen et al., 2014; Goldner et al., 2014; Frigola et al., 2018) . In general, this model simulates modern surface temperature distributions and equator-to-pole temperature gradients well (Gent et al., 2011), although biases exist (Neale et al., 2013). However, it strongly overestimates the Miocene meridional temperature gradient compared to reconstructions, a thorny problem for Miocene modeling practice (Burls et al., 2021; Steinhorsdottir et al., 2021) mainly caused by the inability of reproducing polar amplified warmth (Krapp and Jungclaus, 2011; Herold et al., 2011; Goldner et al., 2014; Burls et al., 2021). Nevertheless, the temperature biases in low latitudes are small, generally within 1°C (Burls et al., 2021).

2.2. Boundary conditions

The core boundary conditions for running global general circulation models include topography, bathymetry and vegetation. Our experiments are configured with topography and bathymetry from Frigola et al. (2018, henceforth F18) which intend to provide boundary conditions for modeling studies with a focus on the Middle Miocene. According to F18, the most prominent geographic differences between Middle Miocene and present day are the opening of the Tethys, Indonesian and Panama seaways, the closure of the Bering Strait and lower elevations of most of the highest regions of the globe.

Concerning topography in the Tibetan Plateau, F18 is set with estimated Early to Middle Miocene elevation. The southern and central plateau reached a near modern elevation, the northern plateau is set to 3-4 km but its northward extend is reduced to reflect the rapid uplift occurring in Pliocene (Harris, 2006, and the references therein). To its west, the northern part of the IP reached a near modern elevation as 1000-2000 m. The HM reached to 60-80% of its present height. In general, the topography in F18 reasonably represents the uplifting features of the Tibetan Plateau at middle Miocene.

2.3. Experimental design

We first use CESM to perform two simulations: the pre-industrial (piControl) and the Middle Miocene (MMIO) simulation, which differ in their applied geography (Figs. 1a and b)



128 and the CO₂ concentrations. The piControl use modern geography and the CO₂ concentration
 129 is set to 280 ppmv (Eyring et al., 2016) while the MMIO use the F18 boundary condition and
 130 CO₂ concentration is set to 400 ppmv. Both simulations are integrated to reach quasi-
 131 equilibrium, particularly the MMIO experiment is integrated over 3000 years. The difference
 132 between the two experiments provides the background information on the simulated total
 133 changes in the SASM between the two periods.

134 Based on MMIO simulation, we run a set of experiments with altered orography in the
 135 HM and the IP. Here we lumped together all the mountain ranges west of the Himalayan front,
 136 which include the Hindu Kush region and Pamir as the IP. We examine the joint effects of the
 137 HM and the IP on the SASM assuming the HM and the IP rise simultaneously from flat (0%)
 138 to 100% of their reference height (Figs. 1c and d). The reference height is the modern altitude
 139 for the HM and the reconstructed Miocene altitude for the IP. The experiments are referred as
 140 IP0HM0 and IP100HM100, respectively. We note that the IP and HM in the MMIO simulation
 141 reach 100% and 80% of their reference height, respectively, thus the MMIO experiment is
 142 equivalently referred as IP100HM80. The difference between IP100HM100 and MMIO reflects
 143 the climatic effect of the HM projecting above the TP.

144 To further separate the climatic effect of the IP and HM uplift, we conduct another two
 145 experiments: IP0HM100 and IP100HM0. In the former (latter) experiment, the IP (HM) is
 146 absent while the HM (IP) reaches its reference height (Figs. 1e and f). The climate response to
 147 IP uplift is thus estimated as $((IP100HM0 - IP0HM0) + (IP100HM100 - IP0HM100))/2$.
 148 Similarly, the effect of HM uplift is estimated as $((IP0HM100 - IP0HM0) + (IP100HM100 -$
 149 $IP100HM0))/2$. The above sensitivity experiments are integrated over 200 years with CESM
 150 reaching quasi-equilibrium. The last 50 years are used for analysis.

151 2.4 Moisture budget analysis

152 Moisture budget analysis can decompose the precipitation into changes in evaporation and
 153 moisture advection. We apply the moisture budget analysis to reveal the physical processes
 154 related to SASM precipitation responses to the uplift of IP-HM (Chou et al. 2009). The moisture
 155 budget is written as:

$$156 \quad P' = - \langle \omega \partial_p q \rangle' - \langle V \cdot \nabla q \rangle' + E' + residual \quad (1)$$

157 Where the angle bracket $\langle \rangle$ means a mass integration through the troposphere, the primes ' \prime
 158 represent the difference between experiments with and without the uplift of IP and HM. P and



159 E denote precipitation and evaporation, respectively. V and ω represent horizontal wind and
 160 vertical pressure velocity, respectively. And q is specific humidity. $\langle \omega \partial_p q \rangle'$ and $\langle V \cdot$
 161 $\nabla q \rangle'$ represent vertical moisture advection and horizontal moisture advection, respectively,
 162 and can be further divided into the thermodynamic and dynamic terms:

$$163 \quad -\langle \omega \partial_p q \rangle' = -\langle \bar{\omega} \partial_p q' \rangle - \langle \omega' \partial_p \bar{q} \rangle - \langle \omega' \partial_p q' \rangle \quad (2)$$

$$164 \quad -\langle V_h \cdot \nabla q \rangle' = -\langle \bar{V}_h \cdot \nabla q' \rangle - \langle V_h' \cdot \nabla \bar{q} \rangle - \langle V_h' \cdot \nabla q' \rangle \quad (3)$$

165 $-\langle \omega' \partial_p \bar{q} \rangle$ and $-\langle V_h' \cdot \nabla \bar{q} \rangle$ are dynamic terms related to changes in circulation,
 166 while $-\langle \bar{\omega} \partial_p q' \rangle$ and $-\langle \bar{V}_h \cdot \nabla q' \rangle$ are thermodynamic terms related to changes in specific
 167 humidity.

168 3. Results

169 3.1. Model performance

170 The CESM was estimated as one of the best performing models in terms of SASM
 171 simulations for present-day (Anand et al., 2018; Jin et al., 2020). Compared to the observation-
 172 based data GPCP (precipitation)/ERA5 (circulation) (Huffman et al., 2009; Hersbach et al.
 173 2020), the CESM successfully simulated the broad features of the SASM system including the
 174 onshore flows and strong monsoonal precipitation. The maximum centers of precipitation are
 175 reasonably captured over the southern slope of the HM, the East Arabian Sea and Bay of Bengal
 176 despite biases in intensity and extensions. The All Indian rainfall (AIR), regional mean
 177 precipitation over the land points within the domain (7-30°N, 65-95°E), is 7.7 mm day⁻¹ in
 178 GPCP and 8.7 mm day⁻¹ in piControl experiment.

179 Compared with the piControl experiment, the MMIO simulation displays apparent
 180 adjustment of the JJA mean low-level circulation. The westerlies pass Africa and move into the
 181 Indian region and a cyclonic circulation develops over the Arabian Sea, the meridional cross-
 182 equatorial flow weakens and displaces southward (Fig. 2c). There is considerable enhancement
 183 of monsoonal precipitation in South Asia but not limited there (Fig. 2c). The regional mean
 184 precipitation AIR is 10.4 mm day⁻¹, ~20% higher than piControl experiment. The wetter
 185 Miocene climate is also reflected by the widespread Africa-Asian monsoon. Here a monsoon-
 186 like climate is defined as local summer-minus-winter precipitation exceeding 2 mm day⁻¹ and
 187 the local summer precipitation exceeding 55% of the annual total (Wang and Ding, 2008). This
 188 monsoon index is determined by the intensity of summer monsoonal precipitation in the region
 189 of the South Asian Monsoon (SAM). Compared with present day, the domain of the SAM



190 extends westward both in land and over the Arabian Sea where it nearly connects the African
 191 monsoon (Fig. 3c), a feature also presented in the study of Fluteau et al. (1999). The distribution
 192 of the simulated SAM is generally consistent with the proxies (Table 1). We note that the sites
 193 ODP 359 and 758 are located at low latitude (ca 5° N) where monsoon-like precipitation
 194 seasonality is absent, but they reflect the seasonal reverse of SAM wind regime (Betzler et al.,
 195 2016) and variability of precipitation in the Bay of the Bengal (Ali et al., 2017), respectively.
 196 The westward expansion of the SAM in the northwestern India is supported by the humid
 197 middle Miocene climate where the environment was dominated by C3 woodlands instead of
 198 today's C4 grasslands (Quade et al., 1989). In brief, the reasonable agreements between the
 199 piControl experiment and the observations as well as between the MMIO experiment with the
 200 paleo-reconstructions give us confidence on the use of CESM as a valid tool to study the impact
 201 of topography on the SASM.

202 3.2. The effect of the HM and IP uplift

203 We first examine the effect of the joint uplift of the HM and IP (hereafter referred to as
 204 IP-HM). With the uplift of the IP-HM (Fig. 4a), a prominent cyclonic anomaly is built to the
 205 west of the IP with the intensified southwesterlies from Africa via the Arabian Sea into the
 206 northwestern India. Increased precipitation is found along the eastern flank of the cyclonic
 207 anomaly. In the eastern part of the monsoon region, the enhancement of precipitation occurs
 208 mainly along the southern edge of the HM while the leeward side features a remarkably
 209 decreased precipitation, indicating the rain shadow effect. Corresponding to the summer
 210 precipitation change in response to the uplift of the IP-HM, the domain of the SASM expands
 211 westward over the Arabian Sea and the Indian subcontinent (Figs. 3d-e). The western extension
 212 over land is about 65 °E in the IP0HM0 experiment and reaches 60°E in the IP100HM100
 213 experiment, indicating that the change of the SASM is significant in the region to the west of
 214 the HM.

215 We further separate the effect of the IP and HM uplift. With the uplift of the IP (Fig. 4b),
 216 the precipitation significantly increases in the region to the west of the HM but little change in
 217 the eastern part. The changes in precipitation and low-level circulation much resemble that
 218 attributing to the uplift of IP-HM (Fig. 4a), indicating that by itself, the IP can sustain major
 219 parts of the precipitation changes except over the central-eastern HM. The easterly anomaly
 220 across the Indian subcontinent indicates the westerly is blocked by elevated IP from northern
 221 India, facilitating moisture convergence and rainfall over the northern Indian continent. In



contrast to the widespread effect of the IP on the SASM, the HM uplift only has a local effect (Fig. 4c), which is mostly confined to the HM and its close vicinity, and the change in low level circulation is noisy and weak. The precipitation strongly increases along the southern slope of the HM and dramatically decreases on its leeward side, resembling the changes in precipitation in the eastern region caused by the IP-HM uplift. In brief, the joint influences of the IP-HM uplift on the SASM are the superimposed effect of the IP and HM. In the western region, i.e., from the Arabian Sea to the northwestern India and Pakistan, the IP plays a dominant role while in the eastern region, i.e., the east part of South Asia, the changes in the SASM mainly attribute to the HM uplift.

4. Mechanisms

4.1. Moisture budget analysis

We interpret the regional precipitation changes attributing to the uplift of the IP and HM with the moisture budget decomposition, which relates the net precipitation (precipitation minus evaporation; $P - E$) to the vertically integrated moisture flux convergence (Chou et al., 2009). Figure 5a shows the moisture budget for precipitation changes caused by the IP uplift. The increased precipitation (2.0 mm day^{-1}) largely attributes to the horizontal moisture advection (2.1 mm day^{-1}) while the vertical advection plays a secondary role (1.1 mm day^{-1}). Further decomposition reveals that the moisture advection by anomalous meridional winds $-\langle \mathbf{v}' \cdot \partial_y \bar{q} \rangle$ (Fig. 5f) significantly contributes to enhanced precipitation in the wide domain around the Arabian Sea and the IP region. However, its spatial pattern is some different from that of precipitation anomaly (Fig. 5b), indicating the contributions from other thermodynamic and dynamic terms cannot be neglected (Fig. 5a). For instance, the thermodynamic term related to specific humidity change $-\langle \bar{\omega} \partial_p q' \rangle$ significantly contributes to the precipitation anomaly in the western edge of the HM (Fig. 5c). The eastward advection of anomalous moisture from Arabian Sea $-\langle \bar{u} \partial_x q' \rangle$ (Fig. 5e) and the dynamic term related to vertical motion anomalies $-\langle \omega' \partial_p \bar{q} \rangle$ (Fig. 5d) contribute to the enhanced precipitation over the western coast of India. We speculate that the enhanced precipitation in the western region results from the large-scale anomalous meridional moisture advection interaction with regional orography.

In contrast to the effect of the IP uplift, precipitation change caused by the HM uplift is relatively small (1.2 mm day^{-1} , accounting for 15% of precipitation in HM0 experiment). It is mainly caused by the vertical moisture advection and is offset by the horizontal moisture



253 advection. The spatial distribution of the dynamic term $-\langle \omega' \partial_p \bar{q} \rangle$ (Fig. 6c) closely resemble
 254 that of precipitation change but its contribution is little, indicating that the uplift of the HM
 255 shifts the maximum centers of precipitation from the slope of the TP to that of the HM. Along
 256 the HM, the contribution of the nonlinear term $-\langle \omega' \partial_p q' \rangle$ (Fig. 6d) resulting from both
 257 vertical motion anomalies and moisture changes is locally significant ($> 5 \text{ mm day}^{-1}$), indicating
 258 the interaction between the vertical motion and moisture change. In summary, the uplift of the
 259 HM increases orographic precipitation and creates the rain shadow effect, with little impacts on
 260 the SASM precipitation.

261 4.2. The thermal effect of the IP

262 We further explore the responses of the monsoon relevant variables to the uplifts of the IP
 263 and HM and the involved physical processes with focus on the effect of the IP. With the IP
 264 uplift, the airs of high equivalent potential temperature (θ_e) at lower troposphere are
 265 accumulated in the IP and the surrounding region (Fig. 7a), indicating the insulation effect of
 266 the uplifted IP (Boos and Kuang, 2010; Acosta and Huber, 2020). Meanwhile, tropical
 267 moisture is advected by the anomalous southeasterly from tropical ocean via the Arabian Sea
 268 into the northwestern India and Pakistan (Fig. 7b), increasing the tropical convective instability.
 269 At 500 hPa, the upward motion anomalies are found over the IP and along the HM (Fig. 7c),
 270 reflecting the lifting effect of the elevated topography, which result in the positive
 271 thermodynamic term (Fig. 5d). The height of the lifted condensation level (LCL) is significantly
 272 reduced over the IP and along the western edge of the HM (Fig. 7d), which is likely resulted
 273 from the elevated surface sensible heating (He, 2017). Reduced LCL facilitates the moist
 274 convection to occur, further warming the air parcels by the released latent heating.
 275 Consequently, specific humidity and θ_e further increase in the middle troposphere (Fig. 7e),
 276 which in return favors the convection activity, particularly in the northeastern IP and along the
 277 HM where the thermodynamic process caused by humidity change (Fig. 5c) contribute
 278 significantly to precipitation change. The pattern match between the specific humidity and θ_e
 279 indicates that the increased θ_e is primarily contributed by the humidity increase. At the upper
 280 troposphere, forced by the latent heating, the warm-centered South Asian High strengthens over
 281 the IP (Fig. 7f), which is coupled with the cyclonic anomaly at low level (Fig. 7b), leading to
 282 moisture convergence over the western region and accelerate the convection activity. Positive
 283 feedback is thus built between the precipitation and the large-scale circulation.

284



We take two grids to illustrate the thermal and dynamical adjustments in vertical structure in response to topographic change. The two grids are located at the west of the HM (wHM, 65°E, 28°N) and the eastern HM (eHM, 80°E, 25°N), which are mainly impacted by the IP and HM uplift, respectively. Both grids show positive and negative vorticity at lower and upper troposphere, respectively, corresponding to the Indian monsoon trough near surface and the South Asia High at upper layer. The wHM grid (Fig. 8a) is located at the southern margin of Asian thermal low where the convergence/divergence structure is not apparent. Ascending movement is relatively shallow and monotonously reduced to 0 in the IP0 experiment at 250 hPa but it remarkably increases at mid-high troposphere to 0.02 Pa s^{-1} when the IP is present (Fig. 8c). At the eHM grid (Fig. 8b), the dynamical structure bears typical deep convection feature, i.e., convergence at lower lever and divergence at high level and strong and deep upward motion (ca 0.04 Pa s^{-1}). The uplift of the HM only weakly strengthens the upward motion at mid-upper level (400-150 hPa).

The diabatic heating acts as an important forcing on the atmosphere circulations (Gill, 1980). The total diabatic heating (TDH) is the sum of the vertical diffusion heating (VH), the latent heating (LH) and radiative heating (RAD). The VH is generally shallow near the surface and the TDH in the free troposphere is determined by LH (Figs. 8c-d). The VH in boundary layer is much larger at wHM than at eHM, indicating stronger surface sensible heating in the western region. With the IP uplift, the TDH at wHM increases from 0.7 to 1.7 K day^{-1} due to enhanced LH, leading to increased air temperature by 0.5 K, which in turn is in favor of convective activity and releases more LH in the free troposphere (Fig. 8c), leading to the large-scale circulation adjustment (Figs. 7b and f). The positive feedback between precipitation and large-scale circulation is thus formed. Whereas at the eHM grid (Fig. 8d), despite the large values of the LH dominated diabatic heating (ca 3 K day^{-1}), its change in response to the HM uplift is insignificant, failing to warm air parcels enough to produce monsoon favorable circulation pattern. As a result, only orographic precipitation increases along the windward side.

5. Discussion

5.1. Comparison with previous modeling studies

It is a matter of debate about the effect of the HM and the IP uplift on the intensification of SASM (Boos and Kuang, 2010; Wu et al., 2012; Zhang et al., 2012, 2015; Tang et al., 2013; Acosta and Huber, 2020). Our modeling results confirm the studies which suggested the intensified SASM with the uplift of the IP (Wu et al., 2012; Zhang et al., 2015; Acosta and



Huber, 2020), but we emphasize the intensification mainly over the western region, i.e., from the Arabian Sea to the northwestern India and Pakistan. The uplift of the HM only enhances the orographic precipitation along the windward side of the HM, and has little impact on monsoonal precipitation. In the studies concluding the enhanced SASM attributing to elevated HM (Boos and Kuang, 2010; Zhang et al., 2012), the experiments were potentially supposed that the HM rose to modern height before the presence of elevated TP, which disagrees with the latest geological evidence and the widely held belief (Ding et al., 2017; Wang et al., 2014), the modeling results is thus unsuitable to interpret the paleo-monsoon reconstructions.

Concerning the mechanism of the IP uplift on the SASM, our analyses confirm its thermal forcing effect (Wu et al., 2012; Zhang et al., 2015). Previous studies revealed that the cyclonic circulation results from surface sensible heating (Wu et al., 2012; Liu et al., 2017) and emphasized the sensible heating effect on the SASM. Our analyses reveal that the latent heating is a crucial link between the convection activity and large-scale circulation. Although the importance of the latent heating on the SASM precipitation has been acknowledged by previous study (Zhang et al., 2015), our study provides a more detailed processes and highlights the coupling of the moisture advection with the large-scale circulation, which together intensify the upward motion and the enhanced monsoonal precipitation over the Arabian Sea and the northwestern India. By contrast, despite moist convection and latent heating exist in the case of the HM uplift (Fig. 4c), there is no favorable atmospheric circulation to maintain monsoonal precipitation, only orographic precipitation occurs along the south slope of the HM.

The blocking effect of the IP is also shown in our simulations as the presence of the IP reduces the westerly flow (Fig. 4a) and blocks the cold dry extratropical air from northern India (Fig. 7a). However, we cannot conclude the dominant effect of the mechanical blocking as Tang13 did. In their study, the elevated IP greatly blocked the westerly flow to the south of the HM, facilitating the moisture advection from the Bay of Bengal into northern India, thus strongly enhanced the SASM precipitation, particularly in eastern India. Relatively, the removal of the sensible heating only slightly reduced the SASM precipitation, in contrast with the finding of Wu12 pointing out that the sensible heating strongly enhanced the SASM precipitation. In our study, the elevated IP enhances precipitation in the western India but has little impact in the eastern India. Acosta and Huber (2020) reported that it was the HM that strengthens the easterly moisture flux from the Bay of Bengal into the northern India while the uplifted IP strengthens the moisture flux from the Arabian Sea into northwestern India. The blocking effect of the IP is possibly overestimated by Tang13. However, the two effects cannot



350 be separated in nature, we explore the physical processes responsible for the intensification of
 351 the SASM in the perspective of the thermal forcing meanwhile acknowledge the importance of
 352 the blocking and insulation effect.

353 **5.2. Application to monsoonal reconstructions**

354 Although monsoon-like climate possibly existed at 34 Ma linked to the Proto-TP (Licht et
 355 al., 2014), a wide establishment of the SASM at middle Miocene is revealed by increasing
 356 evidence (Fig. 3c; Table 1). The inception/intensification of the SASM is asynchronous within
 357 the monsoon region. In the western India and over the Arabian Sea, the SASM appeared in the
 358 early Miocene (Clift et al., 2008; Reuter et al., 2013; Betzler et al., 2016) and intensified at
 359 ~15-12 Ma (Clift et al., 2008; Gupta et al., 2015; Betzler et al., 2016; Zhang et al., 2017), while
 360 in the eastern India, the SASM intensification occurred at 14-13 Ma (Khan et al., 2014; Ali et
 361 al., 2017; Bhatia et al., 2020). The evolution history of the HM and IP is controversial and has
 362 substantial time uncertainty. The latest geology study suggested that HM had against the TP
 363 risen to 2.3 ± 0.9 km by earliest Miocene, to ~4 km by 19 Ma, and projected significantly above
 364 the average elevation of the plateau from 15 Ma onwards (Ding et al., 2017). The uplift of the
 365 IP was thought to occur during the middle-late Miocene (16.5-10.7 Ma) and accelerated after
 366 12.4 Ma (Mouthereau et al., 2011; Khadivi et al., 2012; Ballato et al., 2017), broadly
 367 overlapping with the uplifting history of the HM during the middle Miocene.

368 Our modelling results confirm the appearance of the SASM in early Miocene and agree
 369 with a gradual increase in monsoonal precipitation to the west of the Indian landmass during
 370 middle Miocene as well as the wide establishment of the SASM in late middle Miocene. But
 371 our simulations do not support the interpretation of the monsoon intensification attributed to
 372 the HM uplift as some studies did (Clift et al., 2008; Gupta et al., 2015; Betzler et al., 2016;
 373 Zhuang et al., 2017). According to our study, it is the uplift of the IP that leads to the
 374 strengthening of the SASM in the form of the joint uplift of the IP and the HM. The HM itself
 375 has little impacts on the development of the SASM in the western region. The enhanced
 376 precipitation at 13 Ma inferred from leaf fossil in the eastern HM is suggested to attribute to
 377 the rise of the HM (Bhatia et al., 2021). This monsoon-HM linkage cannot be replicated by our
 378 experiments. However, even if the SASM precipitation intensifies during this period, the
 379 change in the eastern India is likely subtle. For instance, both the plant fossils and the
 380 weathering data indicated that climate in the eastern portion of the HM has stayed rather
 381 constant over the last 13 Myr (Khan et al., 2014; Vogeli et al., 2017), suggesting the HM uplift



has little effect on the SASM in eastern India. The uplift of the IP during the middle-late Miocene strengthens the cyclonic circulation over the Arabian Sea, leading to the strengthening of the surface wind (Gupta et al., 2015; Zhuang et al., 2017) and enhanced precipitation over the Arabian Sea (Bialik et al., 2020) as well as in the northwestern India (Clift et al., 2008; Yang et al., 2020). To better understand the evolution of the SASM, more accurate paleo-altimetry studies over the IP including Hindu Kush Mountains would be particularly needed.

In addition to the effect of the IP, modelling studies also suggested the importance of the Eastern African and Arabian topographies in the formation of the SASM (Chakraborty et al., 2006; Wei and Bondoni, 2016; Sarr et al., 2022) although their impacts on the cyclonic circulation and the wind strength in the northern Arabian Sea are less significant (Sarr et al., 2022). Besides, the topographic change is not the only driving forcing that triggered the onset of modern SASM. The expansion of the Antarctic ice sheets from ~14.2 to 13.8 Ma and the final closure of the Tethyan Seaway ~14 Ma likely influenced the oceanic circulations and thus impacted the SASM intensity (Hamon et al., 2013a). Changes of the ice sheet in Antarctic was found to significantly impact the climate in Europe by modifying the oceanic circulation (Hamon et al., 2013b) and the East Asia monsoon through a northward shift of the Intertropical Convergence Zone (Shi et al., 2020), but its impact on the SASM is negligible (Sarr et al., 2022). The intensification of the SASM during the middle Miocene could have been caused by a combination of changes in topography and geography as well as the ocean-atmospheric circulation related to decreasing atmospheric CO₂, changes in orbital forcing, and the progressive cryosphere expansion on Antarctica, which will be addressed in future study.

6. Conclusions

There is increasing evidence of the significant intensification of the SASM during middle Miocene (16-11 Ma). The linkage between large-scale mountains in the TP region and the SASM has long been studied, particularly the HM and the IP that coincidentally uplifted during the Miocene. However, their climatic effect on the SASM and the mechanisms are vigorously debated, strongly depending on the geology history of the TP and the surrounding mountains. Many modeling studies have been conducted with a hierarchy of climate models. Most of them are employed AGCMs based on modern geography. With realistic early to middle Miocene paleogeography, we use fully coupled earth system model CESM at relatively highly spatial resolution (~2°) to conduct a series of orographic sensitivity experiments. We examine the



effect of elevated IP and HM on the SASM and explore the underlying mechanisms. The conclusions are as follows:

- 1) The CESM successfully simulates the broad features of the SASM system including the monsoon circulation and precipitation. It also produces the wide establishment of the SASM in middle Miocene, roughly consistent with the reconstructions.
- 2) We confirm and extend previous studies that the uplift of the IP plays a dominant role in the enhancement of SASM in the western region, i.e., from the northern Arabian Sea to northwestern India and Pakistan, whereas it has little effects in eastern India. The effect of the HM uplift is confined to the range of the HM and its vicinity, producing orographic precipitation change and rain shadow effect. We interpret the intensification of the middle Miocene SASM in the western region as response to the IP uplift while the subtle SASM change in the eastern region reflects the effects of the HM uplift.
- 3) The uplift of the IP not only insulates the warm and moist air from the westerly in the south of the IP but also produces a low-level cyclonic circulation around the IP, which leads to moisture convergence in the northwestern India and triggers positive feedback between the moist convection and the large-scale monsoon circulation, further increasing the monsoonal precipitation.

Author contribution

MZ and YZ wrote the draft manuscript and analyzed the simulations. YS performed the simulations; GR and TZ modified the draft and particularly corrected the abstract and conclusions. YZ and DL conceived and developed the research. All authors participated in the final version of the manuscript.

Competing interest

The authors declare that they have no conflict of interest.

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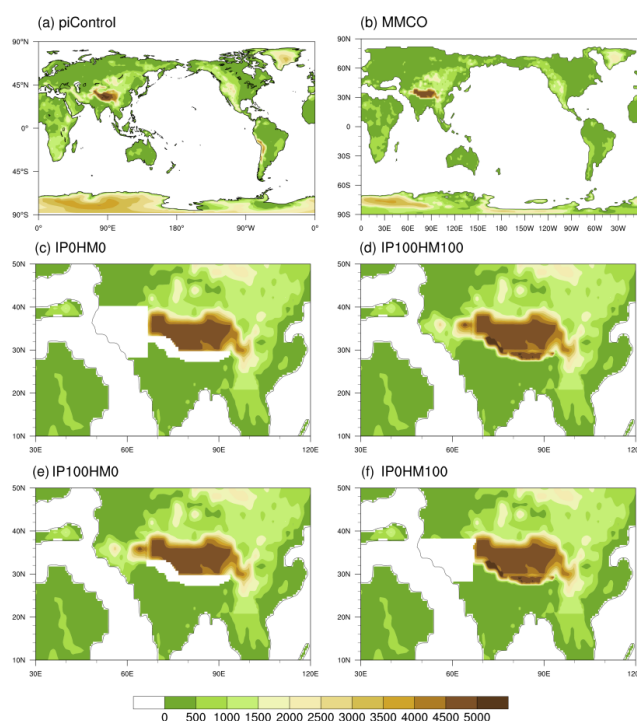


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Table 1. Evidences of modern SAM in middle Miocene from recently published studies.

No	station	Location (lat/lon)	sample	Intensification age (Ma)	Trend	variable	references
1	Well Indus Marine A- 1	24/66	weathering	25-15	decreasing	Precip	Clift et al., 2008
2	ODP 359	5/73	deposit	(25-12.9) 12.9	increasing	wind	Betzler et al., 2016
3	ODP 722B	16.6/59.8	Bio- marker	12.9	increasing	wind	Gupta et al., 2015
	ODP 722B	16.6/59.8	Bio- marker	11	increasing	wind	Zhuang et al., 2017
	ODP 722B	16.6/59.8	Bio- marker	14	increasing	Precip	Bialik et al., 2020
4	NGHP- 01-01A	15/71	Bio- marker	(16-11) 14	increasing	Precip	Yang et al., 2020
5	Varkala	8.7/76.7	Pollen fossil	17-15	No change	Precip.	Reuter et al., 2013
6	ODP 758	5.4/90.4	weathering	13.9	increasing	Precip	Ali et al., 2017
7	Surai Khola	27.8/83	Leaf Fossil	13	increasing	Precip.	Srivastava et al., 2018 Bhatia et al., 2021
8	Darjeeling	27/88.5	Leaf Fossil	13	increasing	Precip.	Khan et al., 2014
9	Arunachal Pradesh	27/93.5	Leaf Fossil	13	No change	Precip.	Khan et al., 2014
	Arunachal Pradesh	26/93.5	weathering	13	No change	Precip.	Vogeli et al., 2017



754

755 **Figure 1.** Topography of (a) piControl, (b) MMIO and orographic sensitivity experiments,
 756 including (c) IP0HM0, (d) IP100HM100, (e) IP100HM0 and (f) IP0HM100.

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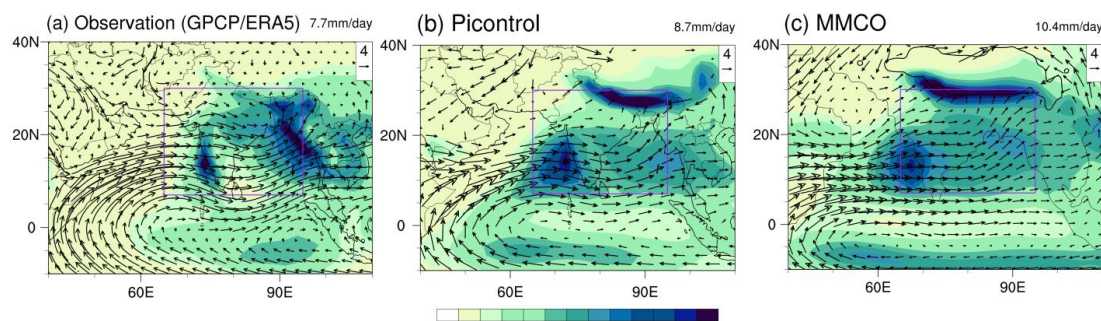


Figure 2. Climatology of JJA (June-July-August) seasonal mean South Asia summer monsoon (SASM) precipitation (mm day^{-1}) and 850 hPa winds (vectors, m s^{-1}) from (a) observation precipitation from GPCP and circulation from ERA5), (b) Preindustrial control experiment and (c) MMIO experiment. Climatology is the average over 1979-2005 for the observation. As for the piControl and MMIO experiment, we select the last 50 and 100 years of simulation, respectively. All Indian rainfall (AIR) is shown at the top-right of each panel. AIR indicates precipitation over the land points within the purple square in each panel ($7\text{--}30^{\circ}\text{N}$, $65\text{--}95^{\circ}\text{E}$). The black contour in panel c indicates the altitude of 2500 m.

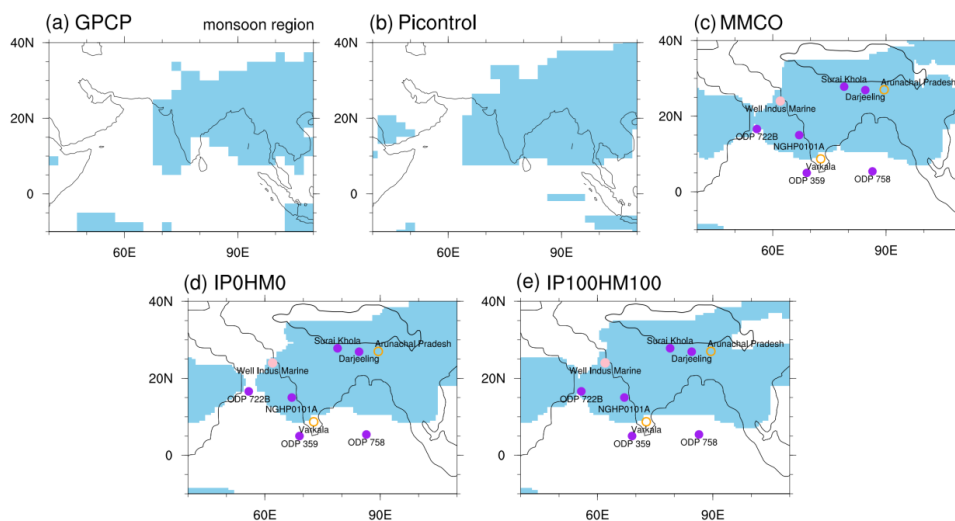
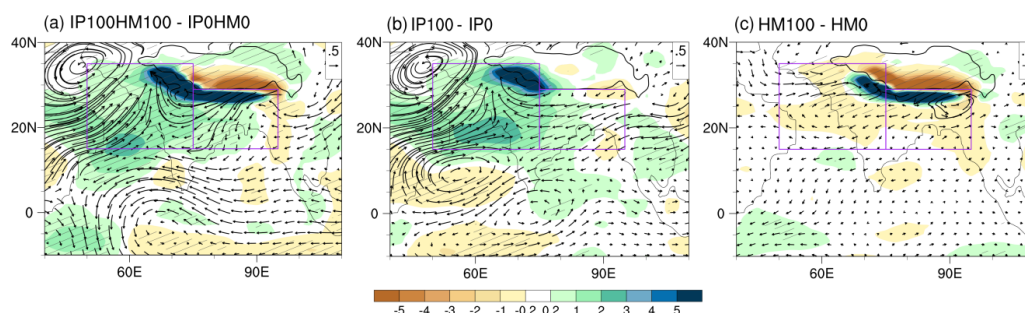
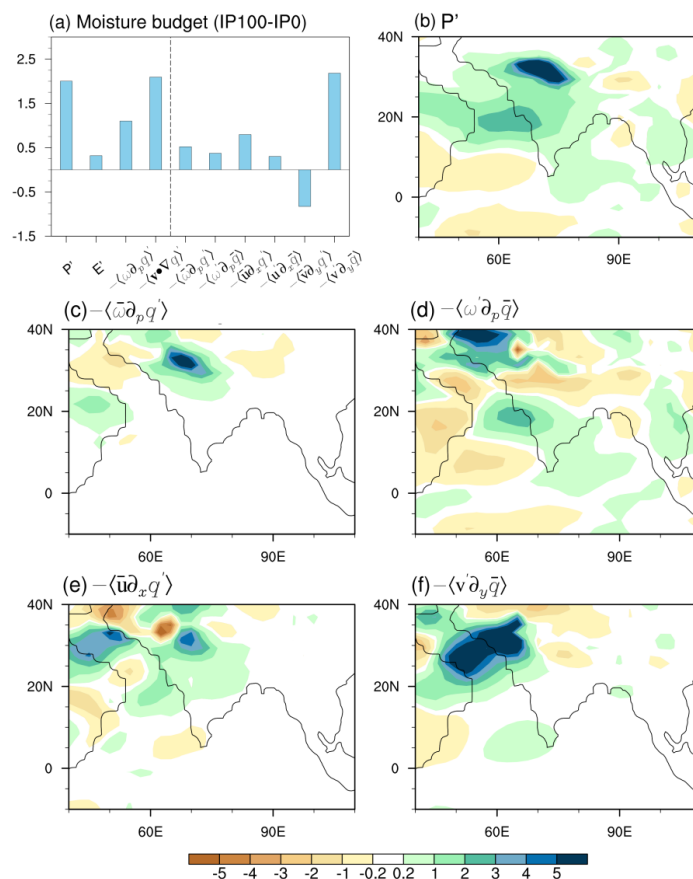


Figure 3. The monsoon domains (blue shading) in (a) GPCP, (b) piControl experiment and (c) MMIO experiment, which are defined by the regions where local summer-minus-winter precipitation exceeds 2 mm day^{-1} and the local summer precipitation exceeds 55% of the annual total. Dots in (c-e) represent reconstructions near the SASM region, purple solid dots denote enhanced SAM, orange circles denote no significant change and pink solid dots denote weakened SAM. The black contour in (c-e) indicates the altitude of 2500 m.



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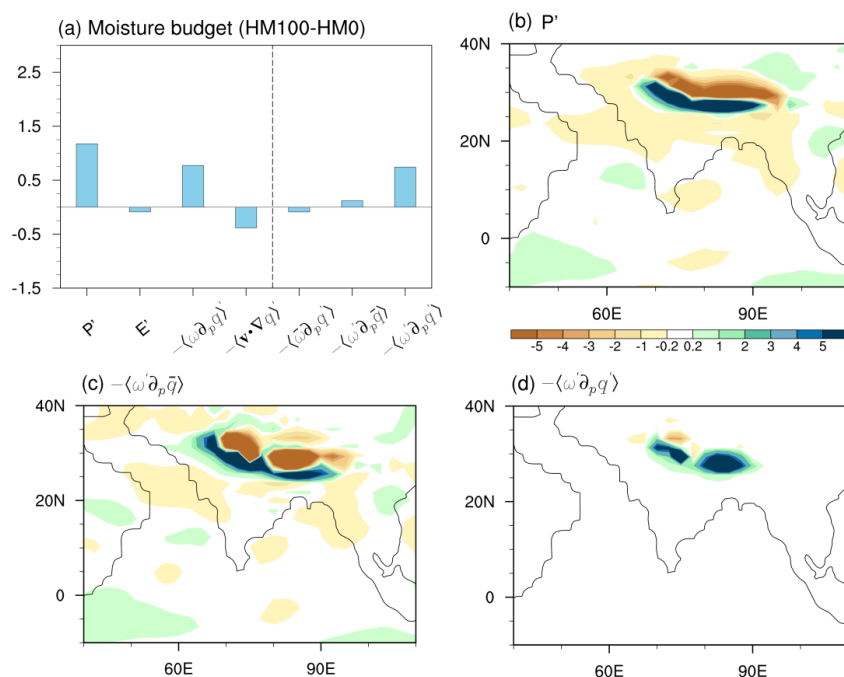
777 **Figure 4.** Precipitation (shaded, mm day^{-1}) and 850hPa wind differences between (a)
 778 IP100HM100 and IP0HM0 experiments; (b) IP100 IP0 experiments; (c) HM100 and HM0
 779 experiments. The black contour in each panel indicates the altitude of 2500 m. Purple boxes
 780 represent west ($15\text{--}35^\circ\text{N}$, $50\text{--}75^\circ\text{E}$) and east ($15\text{--}29^\circ\text{N}$, $75\text{--}95^\circ\text{E}$) parts of the South Asian
 781 monsoon region. Slashes indicate values $>95\%$ confidence level based on the *Student's t* test.
 782



783

784 **Figure 5.** (a) Moisture budget for regional mean precipitation differences (mm day^{-1}) over the
 785 west part ($15\text{--}35^\circ\text{N}$, $50\text{--}75^\circ\text{E}$) of the South Asian monsoon region between IP100 and IP0
 786 experiments. Spatial distribution of (b) precipitation difference, (c) anomalous vertical moisture
 787 advection by climatological vertical motion (thermodynamic term) $-\langle \bar{\omega} \partial_p q' \rangle$; (d)
 788 anomalous advection of the climatological vertical moisture by vertical motion anomalies
 789 (dynamic term) $-\langle \omega' \partial_p \bar{q} \rangle$; (e) anomalous horizontal moisture advection by climatological
 790 zonal wind $-\langle \bar{u} \partial_x q' \rangle$ and (f) anomalous horizontal advection of the climatological moisture
 791 by meridional wind anomalies $-\langle v' \partial_y \bar{q} \rangle$.

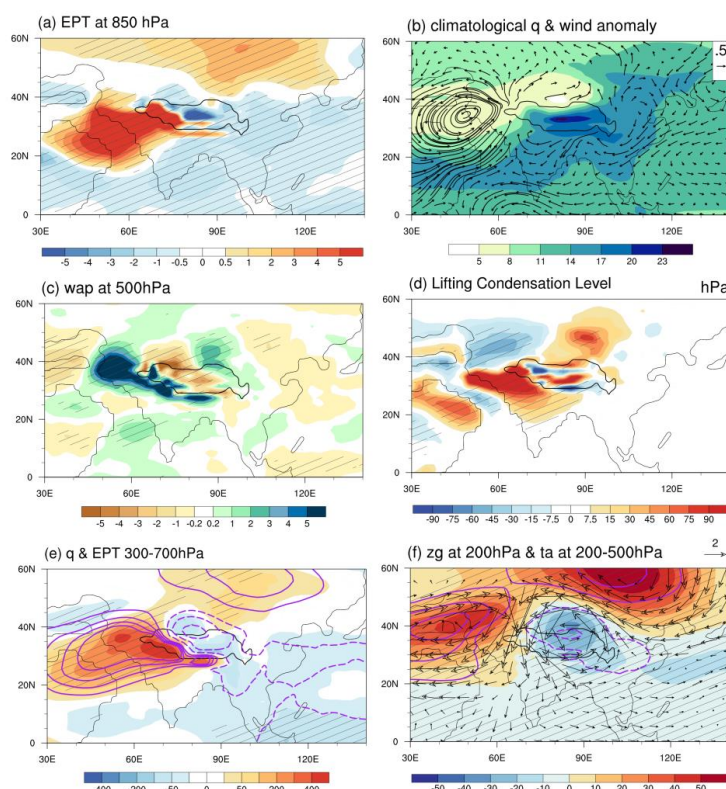
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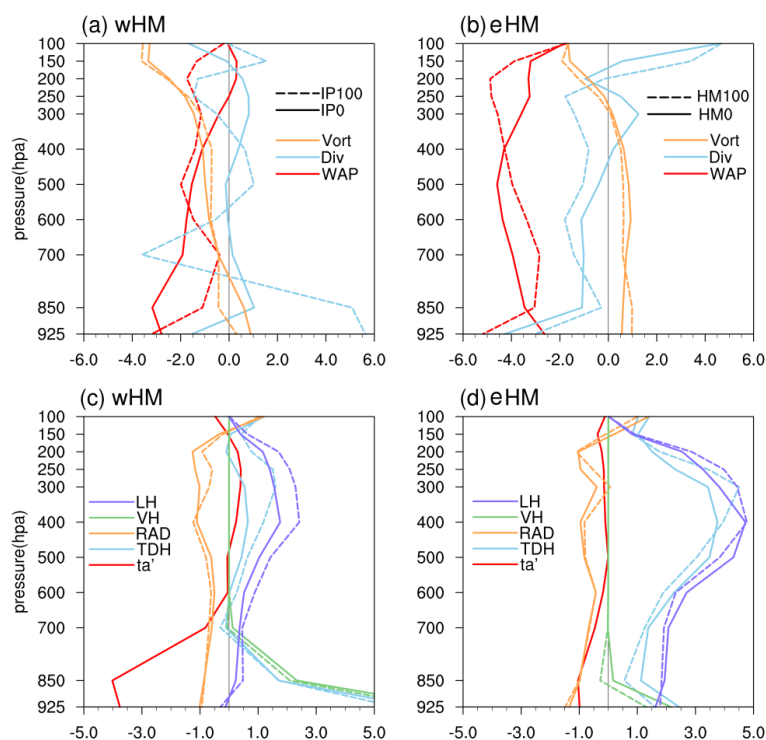
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794 **Figure 6.** (a) Moisture budget for regional mean precipitation differences (mm day⁻¹) over the
 795 east part (15-29°N, 75-95°E) of the South Asian monsoon region between HM100 and HM0
 796 experiments. Spatial distribution of (b) precipitation difference, (c) anomalous advection of the
 797 climatological vertical moisture by vertical motion anomalies (dynamic term) $-\langle \omega' \partial_p \bar{q} \rangle$
 798 and (d) anomalous moisture advection by both vertical motion anomalies and specific humidity
 799 anomalies (nonlinear term) $-\langle \omega' \partial_p q' \rangle$.

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801
 802 **Figure 7.** The differences of JJA mean thermal dynamical and dynamical variables between
 803 IPOHM0 and IP100HM100 simulations. (a) Equivalent Potential temperature (EPT, shading,
 804 unit: K) at 850 hPa; (b) climatological specific humidity (shading, g kg^{-1}) and wind differences
 805 (vector, unit: m s^{-1}) at 850 hPa; (c) vertical velocity in pressure coordinate ($-10^{-2} \text{ Pa s}^{-1}$) at 500
 806 hPa; (d) Lifting condensation level (LCL, unit: hPa, positive value represent lower LCL); (e)
 807 Specific humidity (shading) and EPT (contours, unit: K) integrated between 300 and 700 hPa;
 808 (f) geopotential height (shading, unit: m) and wind (vector, unit: m s^{-1}) at 200 hPa.
 809



810

811 **Figure 8.** Vertical profile of (a-b) dynamical variables and (c-d) thermodynamical variables at
 812 (a, c) west of HM (wHM, 65°E, 28°N) and (b, d) east of HM (eHM; 80°E, 25°N). The
 813 dynamical variables are JJA mean vorticity (Vort; orange lines, 10^{-5} s^{-1}), divergence (Div; blue
 814 lines, 10^{-6} s^{-1}) and vertical velocity (WAP; red lines, $10^{-2} \text{ Pa s}^{-1}$) in IP/HM0 (solid lines) and
 815 IP/HM100 (dashed lines). The thermodynamical variables are JJA mean latent heating (LH,
 816 purple lines), vertical diffusion heating (VH, green lines), radiative heating (RAD, orange lines)
 817 and total diabatic heating (TDH, blue lines) in IP/HM0 (solid lines) and IP/HM100 (dashed
 818 lines). Unit is k day^{-1} . The changes in temperature between IP100 and IP0 are plotted as solid
 819 red lines (unit: K).