Climate changes during the Lateglacial in South Europe: new insights based on pollen and brGDGTs of Lake Matese in Italy

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Short Abstract

Quantitative climate reconstructions based on pollen and brGDGTs reveal, for the Lateglacial, a warm Bølling–Allerød and a marked cold Younger Dryas in Italy, showing no latitudinal differences in terms of temperatures across Italy. In terms of precipitation, no latitudinal differences are recorded during the Bølling–Allerød whereas the latitudes 40-42°N appear as a key junction point between wetter conditions in Southern Italy and drier conditions in Northern Italy during the Younger Dryas.

Abstract

The Lateglacial (14,700-11,700 cal BP) is a key climate period marked by rapid but contrasted changes in the Northern Hemisphere. Indeed, regional climate differences have been evidenced during the Lateglacial in Europe and the Northern Mediterranean areas. However, past climate patterns are still debated since temperature and precipitation changes are poorly investigated towards the lower European latitudes. Lake Matese in Southern Italy is a key site in the Central Mediterranean to investigate climate patterns during the Lateglacial. This study aims to reconstruct climate changes and their impacts at Matese using a multi-proxy approach including magnetic susceptibility, geochemistry (XRF core scanning), pollen data and molecular biomarkers like branched Glycerol Dialkyl Glycerol Tetraethers (brGDGTs).

Palaeotemperatures and -precipitation patterns are quantitatively inferred from pollen assemblages (multi-method approach: Modern Analogue Technique, Weighted Averaging Partial Least Squares regression, Random Forest, and Boosted Regression Trees) and brGDGTs calibrations. The results are compared to a latitudinal selection of regional climate reconstructions in Italy to better understand climate processes in Europe and in the circum-Mediterranean region. A warm Bølling–Allerød and a marked cold Younger Dryas are revealed in all climate reconstructions inferred from various proxies (chironomids, ostracods, speleothems, pollen, brGDGTs), showing no latitudinal differences in terms of temperatures across Italy. During the Bølling–Allerød, no significant changes in terms of precipitation are recorded, however, a contrasted pattern is visible during the Younger Dryas. Slightly wetter conditions are recorded south of latitude 42°N whereas dry conditions are recorded north of latitude 42°N. During the Younger Dryas, cold conditions can be attributed to the southward position of North Atlantic sea-ice and of the Polar Frontal JetStream whereas the increase of precipitation is Southern Italy seems to be linked to relocation of Atlantic storm tracks into the Mediterranean, induced by the Fennoscandian ice sheet and the North European Plain. By contrast, during the Bølling–Allerød warm conditions can be linked to the northward position of North Atlantic sea-ice and of the Polar Frontal JetStream.

Keywords: Mediterranean region; Palynology; Molecular Biomarker; Paleoclimate; Transfer functions; Tephra; Younger Dryas; Bølling–Allerød; Lateglacial

1. Introduction

In the Northern Hemisphere, the Lateglacial (ca. 14,700-11,700 cal BP) is a period of special climatic interest characterized by contrasted and rapid climate changes, associated with the successive steps of the deglaciation and changes in atmospheric and ocean circulation patterns (e.g., Walker et al., 2012; Rehfeld et al., 2018). Following the cold Oldest Dryas (OD) period, the Bølling–Allerød (B/A) or Greenland Interstadial-1 (GI-1) began abruptly at 14,700 cal BP with warmer conditions. At 12,900–11,700 cal BP, the Younger Dryas (YD) or Greenland Stadial-1 (GS-1) was the last main millennial-scale cold event in Europe during the Lateglacial (Greenland ice-core records; Rasmussen et al., 2014). The YD is characterized by extreme cold, relative dry and windy climate conditions in northern-central Europe (Hepp et al., 2019). Climate became distinctly warmer at 11,700 cal BP with the onset of the Holocene Interglacial

(Rasmussen et al., 2014). These rapid and marked climate oscillations have been observed in the Greenland ice core records (Rasmussen et al., 2014) and in Europe from various proxies such as pollen, oxygen isotopes, molecular biomarkers, beetles, and chironomids (e.g. Coope and Lemdahl, 1995; Ammann et al., 2000; Coope and Lemdahl, 1995; Peyron et al., 2005; Lotter et al., 2012; Millet et al., 2012; Blaga et al., 2013; Moreno et al., 2014; Heiri et al., 2015; Ponel et al., 2022; Duprat-Oualid et al., 2022).

Regional climate differences have been evidenced during the Lateglacial, and temperature trends in Europe and the Mediterranean region are still a matter of active research and debate. The chironomid-based synthesis of Heiri et al. (2014) suggests that temperature variations during the Lateglacial tend to be more pronounced in Western Europe (British Isles, Norway) than in Southwestern Europe, Central and Southeastern regions. This is particularly true for the Younger Dryas cooling which is not well evidenced in East and Central Southern Europe (Heiri et al., 2014). These regional differences would be attributed to the changing position of the North Atlantic sea-ice and the Polar Frontal JetStream (Renssen and Isarin, 2001).

Diverging temperature trends are also reconstructed from different proxies during key periods of the Lateglacial. Studies suggest that (1) the OD was cooler than the YD in Southern and Central Europe in comparison with Northern Europe (~1-3 °C; Heiri et al., 2014; Moreno et al., 2014); (2) the Allerød period was warmer than the Bølling in Southwestern Europe and the Mediterranean area (~1°C; Moreno et al., 2014); and (3) temperatures were more contrasted during the B/A and YD in the Northwest of Europe in comparison to the South of Europe (Renssen and Isarin, 2001; Moreno et al., 2014; Heiri et al., 2014). In contrast to temperature, the precipitation signal is poorly known in Europe during the Lateglacial because few proxies are available to quantitatively reconstruct precipitation change. Climate models (GCMs) simulate significant hydrological changes during the B/A and contrasted North-South patterns during the YD (Renssen and Isarin, 2001; Rea et al., 2020). They simulate drier conditions in Northern Europe and wetter conditions in Southern Europe, i.e. in the South of Italy, the Dinaric Alps, and Northern Turkey (Rea et al., 2020). Climate changes during the YD are attributed to a weak Atlantic Meridional Overturning Circulation (AMOC) and a southward shift of the Polar Frontal JetStream (PFJS), linked to the elevation of the ice sheet, in particular the Laurentide ice sheet (Renssen and Isarin, 2001; Renssen et al., 2015; Rea et al., 2020). Rea et al. (2020) also explains the regional climate patterns in Europe by a relocation of Atlantic storm tracks along the western European margin and into the Mediterranean.

The understanding of climate processes in Europe and Mediterranean regions during the Lateglacial still needs to be improved. The majority of climate reconstructions are focused on temperatures, and changes in precipitation remain elusive. The "key" junction area between Northern and Southern Europe and regional climatic patterns also needs to be better defined. Moreover, the proxies used to reconstruct climate changes (e.g., coleoptera, chironomids, pollen, ostracods, speleothems) can show differences in terms of amplitudes or patterns which are not only affected by temperatures, but also by precipitation or effective moisture (Moreno et al., 2014; Samartin et al., 2017). For these reasons, more reliable temperature reconstructions, especially from Western Europe and the Mediterranean region are required to test diverging trends during the Lateglacial. The proxies largely used to quantitatively reconstruct past climate changes are often a single proxy approach (e.g. Heiri et al., 2015; Gandouin et al., 2016; Peyron et al., 2017; Marchegiano et al., 2020; Duprat-Oualid et al., 2022). Multiproxy approaches on the same sedimentary record, including independent climate proxies, are necessary to better understand the climate processes in Europe during the Lateglacial (Lotter et al., 2012; Ponel et al., 2022). Pollen-based reconstructions have the advantage of reconstructing temperatures, precipitation, and seasonality, however, the climate signal can be perturbed by other factors such as CO_2 changes and human impact influencing vegetation development (Peyron et al., 2005). Over the last decades, novel proxies based on molecular geochemistry have been developed and molecular biomarkers are being increasingly used to reconstruct temperatures and represent a complementary proxy for lake sediments (Castañeda and Schouten, 2011). In particular, branched Glycerol Dialkyl Glycerol Tetraethers (brGDGTs) are ubiquitous organic compounds synthesized by bacteria (Weijers et al., 2006) which have been useful for reconstructing environmental parameters. To date, the actual producers of brGDGTs remain elusive although it is proposed they come from the phylum *Acidobacteria* (Weijers et al., 2009; Sinninghe Damsté et al., 2018). The relationship, however, between brGDGT distribution and environmental changes, in particular pH and temperature, are well established (Naafs et al., 2017b, 2017a; Dearing Crampton-Flood et al., 2020; Martínez-Sosa et al., 2021; Raberg et al., 2021). The degree of methylation of brGDGTs (MBT; methylation of branched GDGTs) varies depending on the mean annual air temperature (MAAT) and higher fractional abundance of hexa- (III) and penta- (II) methylated brGDGTs are recorded in colder environments (Weijers et al., 2007). Branched glycerol dialkyl glycerol tetraether (brGDGT) membrane lipids are increasingly used as a temperature proxy: in Europe, brGDGTs have been used to reconstruct the Mid to Late Holocene temperature changes in the Carpathians (Ramos-Román et al., 2022), the last 36,000 years in the Southern Iberian Peninsula (Rodrigo-Gámiz et al., 2022), the

140 Holocene temperatures in France (Martin et al., 2020), and in the Eastern Mediterranean over

141 the last deglaciation (Sanchi et al., 2014; Stockhecke et al., 2021). The association in the same

142 core between brGDGTs and other proxies such as pollen for climate reconstructions are still

143 rare (Watson et al., 2018; Panagiotopoulos et al., 2020; Martin et al., 2020; Dugerdil et al.,

144 2021a, 2021b; Ramos-Román et al., 2022; Robles et al., 2022; Rodrigo-Gámiz et al., 2022) and

145 no studies are yet available for the circum-Mediterranean region during the Lateglacial.

146   This study presents a high-resolution climate reconstruction for the Lateglacial period in

147 South Central Europe, inferred from multi-proxy data of the Lake Matese sedimentary record

148 (Southern Italy). In detail, the aims of this study are to:

149   1) establish reliable and independent quantitative climate reconstructions based on

150 molecular biomarkers (brGDGTs) and pollen data to help identify potential biases of currently

151 used proxies and thus improve the reliability of each proxy-inferred climate record;

152   2) compare these reconstructions with regional climate reconstructions and in the light of

153 other South European records;

154   3) better understand the climate processes in Europe and Mediterranean during the

155 Lateglacial period.

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157 **2. Study site**

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159   Lake Matese (41°24'33.3"N, 14°24'22.1"E, 1012 m a.s.l.) is located in the Caserta

160 province in the Campania region, Southern Italy, approximately 60 km north of the city of

161 Naples and the active Campanian volcanoes (Vesuvius, Campi Flegrei, Ischia) (Fig. 1). The

162 lake is situated in the Matese karst massif in the Southern Apennines, which extends over 30

163 km from the NE to the SW and is composed of Late Triassic-Miocene limestones and dolomites

164 (Fiorillo and Doglioni, 2010). The present formation of the massif was the result of an extension

165 by strike-slip faults during the Quaternary, and several strong earthquakes were recorded in the

166 massif (Ferranti et al., 2015; Ferrarini et al., 2017; Galli et al., 2017; Valente et al., 2019). Lake

167 Matese is the highest karst lake of Italy and is surrounded by the two highest peaks of the massif,

168 Mount Miletto (2050 m a.s.l.) and Mount Gallinola (1923 m a.s.l.), which feed the lake by their

169 snowmelt. Along the southern side of the lake, two sinkholes named the ''Brecce'' and

170 ''Scennerato'' are present (Fiorillo and Pagnozzi, 2015). In the 1920s, hydraulic works were

171 conducted to isolate the bottom of the lake and the main sinkholes by earthen dams (Fiorillo

172 and Pagnozzi, 2015). The water level of the lake improved from 1007-1009 m a.s.l. to 1012 m

173 a.s.l. with a volume of 15 Mm^3 (Fiorillo and Pagnozzi, 2015). A part of the lake water is

174   transported to the hydroelectric power station of Piedimonte Matese at the bottom of the
175   mountain massif.

176   The Matese Mountains are characterized by a Mediterranean warm-temperate, humid
177   climate (Aucelli et al., 2013). The southeastern part of the massif, including Lake Matese, have
178   the highest precipitation with a maximum of 2167 mm at Campitello Matese (1400 m a.s.l.)
179   (Fiorillo and Pagnozzi, 2015). Lake Matese shows an annual precipitation of 1808 mm with a
180   maximum in November (~290 mm) and December (~260 mm) and a minimum in July (~50
181   mm) (Fiorillo and Pagnozzi, 2015). The annual temperatures correspond to 9.3°C with a
182   minimum in January (2°C) and a maximum in July (19°C) (Fiorillo and Pagnozzi, 2015).

183   The vegetation of the Matese massif is dominated by deciduous *Quercus* and *Ostrya*
184   *carpinofolia*, while the highest altitudes at the northern flank also show an exposure of *Fagus*
185   *sylvatica* and the lower altitudes of the southern flank includes Mediterranean taxa such as
186   *Quercus ilex* (Taffetani et al., 2012; Carranza et al., 2012; Guarino et al., 2015). The
187   hygrophilous vegetation at Lake Matese is distinguished by the presence of woody (e.g. *Salix*
188   *alba, S. caprea, S. cinerea* subsp. *cinerea, Populus nigra, P. alba*), helophytes (e.g. *Phragmites*
189   *australis, Schoenoplectus lacustris, Typha angustifolia, T. latifolia*) and hydrophytes species
190   (*Myriophyllum spicatum, Persicaria amphibia*).
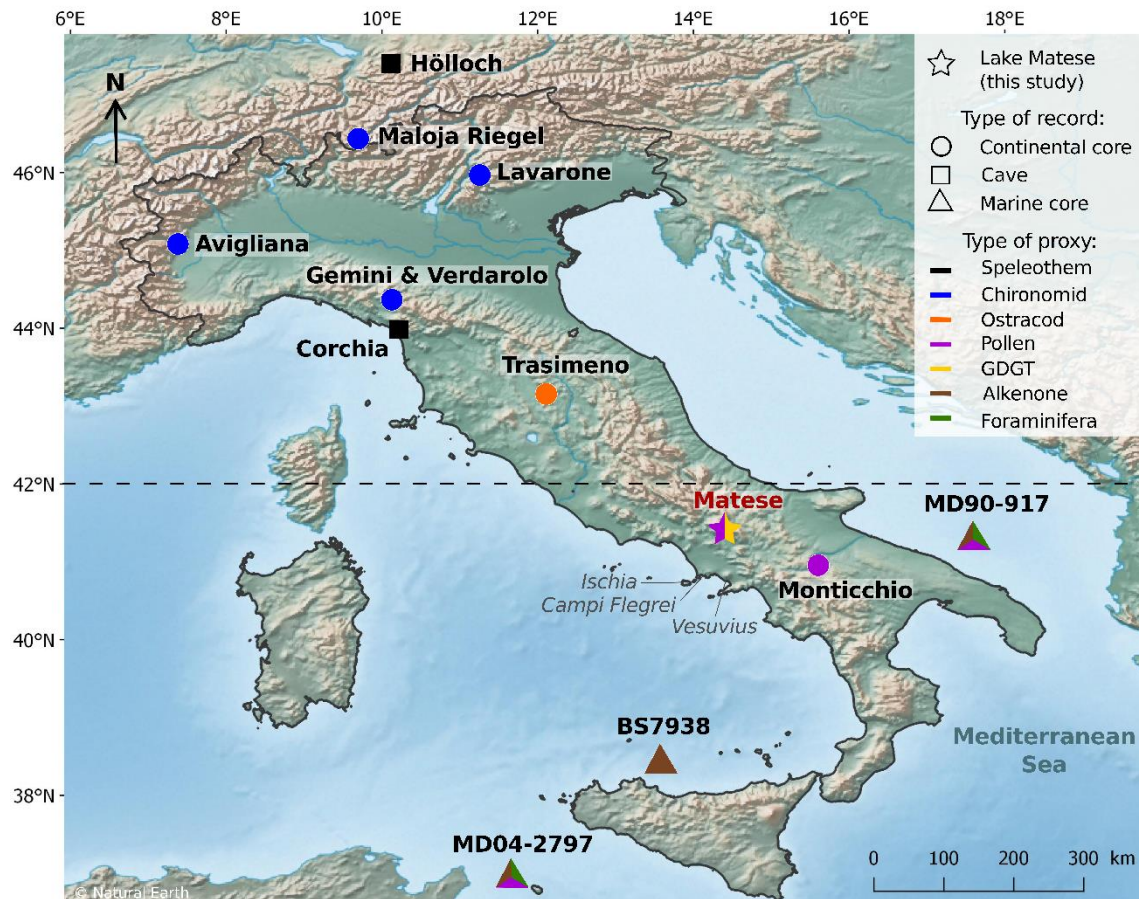
Figure 1. Location of the Lake Matese and Lateglacial paleoclimate records : Hölloch (Li et al., 2021), Maloja Riegel (Heiri et al., 2014), Lago di Lavarone (Heiri et al., 2014), Lago Piccolo di Avigliana (Larocque and Finsinger, 2008), Lago Gemini (Samartin et al., 2017), Lago Verdarolo (Samartin et al., 2017), Corchia cave (Regattieri et al., 2014), Lake Trasimeno (Marchegiano et al., 2020), Lago Grande di Monticchio (Allen et al., 2002), MD90-917 (Combourieu-Nebout et al., 2013; Sicre et al., 2013), BS7938 (Sbaffi et al., 2004), MD04-2797 (Desprat et al., 2013; Sicre et al., 2013). Dotted line indicates latitude 42°N. Location of active Campanian volcanoes (Vesuvius, Campi Flegrei, Ischia).

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3. Material and methods

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3.1 Coring retrieval

Coring of Lake Matese was performed in July 2019 in the southwestern part of the lake (41°24'33.3"N, 14°24'22.1"E, 1012 m a.s.l.). Core occurred on a floating raft composed of *Salix* spp. and *Phragmites* spp., naturally present in the eastern part of the lake. Three parallel cores (cores A, B and C) were taken with a 1 m Russian corer with a chamber diameter of 6.3 cm. The composite core, measuring 535 cm, was constructed from sections of parallel cores and is based on the lithology and XRF data.

202

203 3.2 Chronology and age-depth model

204   Several methods have been used to build the chronology of the core including
205 radiocarbon dating, and tephrochronology. The regional pollen stratigraphy is used to validate
206 this age-depth model. Twelve accelerator mass spectrometry (AMS) ^{14}C dates were measured
207 at Poznań Radiocarbon Laboratory and at the Radiocarbon Dating Center in Lyon. Plant
208 macrofossils (plant fibers, wood) and charcoal were selected for four samples, and bulk
209 sediment was used for eight samples according to the sediment type. Radiocarbon ages were
210 calibrated in years cal BP using the *Calib 8.2* software with the IntCal20 calibration curve
211 (Reimer et al., 2020).

212   Visible tephra layers and cryptotephra layers, detected by magnetic susceptibility and
213 XRF core scanning data, were subsampled and processed for geochemical analysis.
214 Cryptotephra was extracted using H_2O_2 and HCl to remove organic matter and carbonates,
215 sieved at 20 and 100 microns, volcanic glass shards were embedded in resin, sectioned and
216 polished for electron probe microanalysis. A JEOL-JXA8230 probe the Helmholtz Centre
217 Potsdam (Germany) was used with a 15kV accelerating voltage, 10 nA beam current, and a 15
218 micron beam size. Analytical count times were 20 seconds for all elements except for K and
219 Na, measured first at 10 s. International glass standards such as the Max Planck Institute (MPI-
220 glasses) ATHO-G, StHs6/80 and GOR-132 (Jochum et al., 2006) and the natural Lipari obsidian
221 (Hunt and Hill, 1996; Kuehn et al., 2011) were measured prior to sample analysis for data
222 quality insurance. Glass geochemical data of Matese tephras are normalized on an anhydrous,
223 volatile-free basis and compared with published tephra glass datasets (Wulf et al., 2008; Smith
224 et al., 2011; Tomlinson et al., 2012).

225   The age-depth model based on based on one radiocarbon date and correlated tephra ages
226 was constructed using an interpolated linear curve with the R 'Clam' program with 95%
227 confidence intervals (Blaauw, 2010). In order to validate the age depth models, the pollen
228 stratigraphy of the regional sites was compared with pollen data of Matese. The pollen
229 stratigraphy of Pavullo di Frignano (Vescovi et al., 2010), Lakes Accesa (Drescher-Schneider
230 et al., 2007), Albano (Mercuri et al., 2002), Mezzano (Sadori, 2018), Monticchio (Allen et al.,
231 2002), and Trifoglietti (De Beaulieu et al., 2017) were used to identify the OD-B/A, B/A-YD
232 and YD-Holocene transitions. We used the median age for each transition.

233

234 3.3 Magnetic susceptibility and geochemistry

235   Magnetic susceptibility (MS) was measured with a MS2E1 surface scanning sensor
236 from Bartington Instruments on a Geotek Multi-Sensor Core logger based at the Chrono-

237 environment laboratory (UMR CNRS - University of Franche-Comté). An interval of 3 mm or
238 5 mm was applied depending on the type of sediment.

239   Geochemical analyses were performed at high resolution by X-ray Fluorescence (XRF)
240 with an AVAATECH core scanner at the EDYTEM laboratory (University Savoie Mont
241 Blanc). A continuous 5 mm step measurement was applied with a run at 10 kV and 0.1 mA for
242 15 s to detect lightweight elements, such as Al, Si, K, Ca, Ti, Mn, Fe and a second run at 30 kV
243 and 0.15 mA for 20 s to detect Br, Rb, Sr and Zr. The XRF core scanning provides an estimate
244 of the geochemical composition, and the results are semi-quantitative and expressed as peak
245 intensities counts i.e. counts per second (cps).

246

247 3.4 Pollen analyses

248   A total of 56 samples from the Matese core were collected at 4 cm or 6 cm resolution
249 for pollen analysis. For each sample, 1 cm^3 of sediment was processed and 3 *Lycopodium* tablets
250 were added to estimate pollen concentration. Samples were treated following the standard
251 procedure (Faegri et al., 1989; Moore et al., 1991) including HCl, KOH, sieving, acetolysis and
252 HF. The pollen concentrates were analyzed with a Leica DM1000 LED microscope at a
253 standard magnification of 400x. Pollen taxa were identified using photo atlases (Beug, 2004;
254 Reille, 1998; Van Geel, 2002) and a modern reference collection (ISEM, University of
255 Montpellier). Each slide was counted with a minimum of 300 terrestrial pollen grains, excluding
256 aquatic plants such as Cyperaceae, aquatic taxa, and fern spores. A simplified pollen diagram
257 was constructed (Fig. 2) with the R package *Rioja* (Juggins and Juggins, 2020). This study
258 presents the main pollen taxa and is not focused on variations of individual species.

259

260 3.5 Pollen-inferred climate reconstruction

261   A multi-method approach was used to reconstruct climate parameters from pollen data
262 with greater reliability than reconstructions based on a single climate reconstruction method
263 (Peyron et al., 2013, 2011, 2005; Salonen et al., 2019). We have selected here the Modern
264 Analog Technique (MAT; Guiot, 1990), Weighted Averaging Partial Least Squares regression
265 (WAPLS; ter Braak and van Dam, 1989; ter Braak and Juggins, 1993), and the most recent
266 machine-learning methods : Random Forest (RF; Breiman, 2001; Prasad et al., 2006) and
267 Boosted Regression Trees (BRT; De'ath, 2007; Elith et al., 2008).

268   The MAT is an assemblage approach, based on the measure of the degree of
269 dissimilarity (squared chord distance) between fossil and modern pollen assemblages (Guiot,
270 1990). Fossil pollen assemblages are compared to a set of modern assemblages (modern

271 dataset), each one associated with climate estimates. The closest modern samples are retained
272 and averaged to estimate past climate conditions (annual and seasonal temperature and
273 precipitation). WAPLS is a non-linear regression technique that models the relationships
274 between the climate parameters and the pollen taxa from a modern pollen dataset, before
275 applying these relationships to fossil pollen assemblages (ter Braak and Juggins, 1993; ter Braak
276 and van Dam, 1989). WAPLS and MAT methods are applied with the R package *Rioja* (Juggins
277 and Juggins, 2020). RF and BRT, based on machine learning, utilizes regression trees
278 developed with ecological data, and has been used recently to reconstruct palaeoclimatic
279 changes (Salonen et al., 2019; Robles et al., 2022). These classification trees are used to
280 partition the data by separating the pollen assemblages based on the relative pollen percentages.
281 RF is based on a large number of regression trees, each tree being estimated from a randomized
282 ensemble of different subsets of the modern pollen dataset by bootstrapping (Breiman, 2001;
283 Prasad et al., 2006). Finally, the RF prediction is applied to the fossil pollen record. BRT is also
284 based on regression trees (De'ath, 2007; Elith et al., 2008); it differs from RF in the definition
285 of the random modern datasets. In RF, each sample gets the same probability of being selected,
286 while in BRT the samples that were insufficiently described in the previous tree get a higher
287 probability of being selected. This approach is called 'boosting' and increases the performance
288 of the model over the elements that are least well predicted (Breiman, 2001; Prasad et al., 2006;
289 De'ath, 2007; Elith et al., 2008). RF is applied with the R package *randomForest* (Liaw and
290 Wiener, 2002) and BRT with the R package *dismo* (Hijmans et al., 2021).

291   The modern pollen dataset (n = 3373 sites) used for the calibration of the methods is
292 based on the large Eurasian/Mediterranean dataset compiled by Peyron et al. (2013, 2017) and
293 completed by Dugerdil et al. (2021a) and Robles et al. (2022). In our study, we added pollen
294 data of 92 surface lake sediments from Italy (Finsinger et al., 2007) and 15 moss polsters from
295 the Matese massif (Robles, 2022). Then, a biome constraint (Guiot et al., 1993), based on the
296 pollen-Plant Functional Type method and following the biomization procedure (Peyron et al.,
297 1998; Prentice et al., 1996) was applied to modern and fossil pollen samples. The modern pollen
298 dataset finally selected for the calibration of the different methods contains 1018 samples
299 belonging to 3 biomes depicted in the fossil core: "warm mixed forest" (WAMX), "temperate
300 deciduous" (TEDE) and "cold steppe" (COST). Performance of each method and calibration
301 training was statistically tested (for more details, see Dugerdil et al., 2021a) to determining if
302 modern samples are suitable for quantitative climate reconstructions. The Root Mean Square
303 Error (RMSE) and the R^2 are presented in the Supplementary Table S1. Five climate parameters
304 were reconstructed, mean annual air temperature (MAAT), mean temperature of the warmest

month (MTWA), mean temperature of the coldest month (MTCO), mean annual precipitation (PANN), and winter precipitation (P$_{winter}$ = December, January, and February). For each climate parameter, the methods fitting with the higher R^2 and the lower RMSE were selected. Cyperaceae and ferns in the Matese record have been excluded because they are associated with local dynamics.

3.6 BrGDGT analyses

A total of 56 samples from the Matese core (4 cm or 6 cm resolution) were used for GDGT analysis (same as for pollen analysis). The samples were freeze-dried, powdered and subsampled (1 g for clay and 0.4 g for gyttja). Lipids were extracted from the sediment using a microwave oven (MARS 6; CEM) with dichloromethane:methanol (3:1). Then, the internal standard was added (C$_{46}$ GDGT, Huguet et al., 2006). The total lipid extracts were separated into apolar and polar fractions using a silica SPE cartridge with hexane:DCM (1:1) and DCM:MeOH (1:1). The polar fractions containing brGDGTs were analyzed using a High-Performance Liquid Chromatography Mass Spectrometry (HPLC-APCI-MS, Agilent 1200) with detection via selective ion monitoring (SIM) of m/z 1050, 1048, 1046, 1036, 1034, 1032, 1022, 1020, and 1018 in the LGL-TPE of ENS Lyon (Hopmans et al., 2016; Davtian et al., 2018). GDGT concentrations were calculated based on the internal standard (C$_{46}$ GDGT, Huguet et al., 2006). The analytic reproducibility was assessed by regularly processing a lab-internal sediment sample (Vaux Marsh; 45°57'21.1"N, 5°35'32.42"E). Analytical precision is based on duplicate injections of one sample of each Matese core lithological types (n=4). Respective analytical 1-sigma standard deviations are then applied to each measurement within one lithology.

3.7 GDGTs annual temperature reconstruction

The proportion of tetra- (I), penta- (II) and hexa- (III) methylated brGDGTs includes the fractional abundances of the 5-methyl (X), 6-methyl (X') and 7-methyl (X7) brGDGTs (Ding et al., 2016). The CBT (cyclization ratio of branched tetraethers) and MBT indexes were defined by Weijers et al. (2007) and the MBT'$_{5me}$, only based on the 5-methyl brGDGTs, by De Jonge et al. (2014). The Mean Annual Air Temperature (MAAT) was reconstructed with global (Sun et al., 2011) and East African (Russell et al., 2018) lacustrine calibrations. The mean temperature of Months Above Freezing (MAF) was reconstructed with a lacustrine calibration based on Bayesian statistics (Martínez-Sosa et al., 2021; *https://github.com/jesstierney/BayMBT*) and a global lacustrine calibrations with revised

compound fractional abundances based on methylation and cyclization number and methylation position (Raberg et al., 2021). Synthesis of the formulae for the main brGDGT indices are presented in Table 1. Modern MAAT and MAF of the Lake Matese corresponds to 9.3 °C.

The analytic reproducibility corresponds to ±0.040 for CBT, ±0.0167 for MBT, ±0.0206 for MBT'$_{5me}$, ±0.8566 °C for MAAT developed by Sun et al. (2011), ±0.6672 °C for MAAT developed by Russell et al. (2018), and ±0.5403 °C and ±1.1258 °C for MAF$_{Meth}$ and MAF$_{Full}$ developed by Raberg et al. (2021).

Table 1. Synthesis of the formulae for the main brGDGT indices. For acronym explanation of MAF$_{Meth}$ and MAF$_{Full}$, see Raberg et al. (2021). For more information about the Bayesian statistics see Martínez-Sosa et al., 2021 and references therein.

Indice	Formula	Reference
$\%tetra$	$\dfrac{Ia + Ib + Ic}{\Sigma brGDGTs}$	Ding et al., 2016
$\%penta$	$\dfrac{IIa + IIa' + IIa_7 + IIb + IIb' + IIb_7 + IIc + IIc' + IIc_7}{\Sigma brGDGTs}$	Ding et al., 2016
$\%hexa$	$\dfrac{IIIa + IIIa' + IIIa_7 + IIIb + IIIb' + IIIb_7 + IIIc + IIIc' + III}{\Sigma brGDGTs}$	Ding et al., 2016
CBT	$-log\dfrac{Ib + IIb}{Ia + IIa}$	Weijers et al., 2007
MBT	$\dfrac{Ia + Ib + Ic}{\Sigma brGDGTs}$	Weijers et al., 2007
MBT'_{5me}	$\dfrac{Ia + Ib + Ic}{Ia + Ib + Ic + IIa + IIb + IIc + IIIa}$	De Jonge et al., 2014
$MAAT\ (°C)$	$3.949 - 5.593 \times CBT + 38.213 \times MBT$ $(n = 100, R^2 = 0.73, RMSE = 4.27°C)$	Sun et al., 2011
$MAAT\ (°C)$	$-1,21 + 32.42 \times MBT'_{5me}$ $(n = 65, R^2 = 0.92, RMSE = 2.44\ °C)$	Russell et al., 2018
$MAF_{Meth}(°C)$	$92.9 + 63.84 \times fIb^2_{Meth} - 130.51 \times fIb_{Meth}$ $- 28.77 \times fIIa^2_{Meth} - 72.28 \times fIIb^2_{Meth}$ $- 5.88 \times fIIc^2_{Meth} + 20.89 \times fIIIa^2_{Meth}$ $- 40.54 \times fIIIa_{Meth} - 80.47 \times fIIIb_{Meth}$ $(n = 182, R^2 = 0.90, RMSE = 2.14\ °C)$	Raberg et al., 2021
$MAF_{Full}(°C)$	$-8.06 + 37.52 \times fIa_{Full} - 266.83 \times fIb^2_{Full}$ $+ 133.42 \times fIb_{Full} + 100.85 \times fIIa'^2_{Full}$ $+ 58.15 \times fIIIa'^2_{Full} + 12.79 \times fIIIa_{Full}$	Raberg et al., 2021

	$(n = 182, R^2 = 0.91, RMSE = 1.97\,°C)$	
	Equation from the Bayesian model :	
$MAF\,(°C)$	$MBT'_{5me} = 0.030(\pm0.001)MAF + 0.075(\pm0.012)$	Martínez-Sosa et al., 2021
	$(R^2 = 0.82, RMSE = 2.9\,°C)$	

347

348

4. Results

349

350

4.1 Lithology, magnetic susceptibility, XRF and pollen

351

352 The lithology of the Matese core (Fig. 2) is mainly composed of gray clay sediment with

353 vivianite from the base to 350 cm, interrupted by an organic layer between 477-484 cm

354 (sedimentary Unit 2) and a macroscopically visible tephra layer (Fig. 2) between 476-437 cm

355 (sedimentary Unit 3). This part contains few plant fibers, which are essentially vertically

356 oriented in the core. From 349 to 320 cm, the lithology is formed by a mix of clay sediment and

357 gyttja (sedimentary Unit 5). This part is mostly composed by roots and fine rootlets.

358 Magnetic susceptibility (MS) and Potassium (K) peaks of XRF core scanning are used

359 to detect tephra layers (Fig. 2). MS and Potassium contents show increased values at 516-502

360 cm, 482-437 cm and 366-338 cm, which correspond to the deposition of tephra material

361 (macroscopic visible tephra and cryptotephra of primary and secondary deposition). Small

362 peaks are also visible in MS between 430 and 360 cm but they are not associated with any

363 observed tephra. Potassium content is also marked by an increase between 536-526 cm which

364 corresponds to tephra of primary deposition. Titanium (Ti) content, on the other hand, is

365 representative for terrigenous input which is prevailing in sedimentary Unit 4 (Fig. 2).

366 The main pollen taxa diagram (Fig. 2) shows the dominance of herbaceous taxa

367 (Poaceae, *Artemisia*) and a small proportion of arboreal taxa at the base of the sequence. From

368 520 to 425 cm, the period is marked by three expansion phases of arboreal taxa, followed

369 between 438 to 354 cm by a large increase of *Artemisia* and a drop of AP taxa starting at 422

370 cm. Finally, from 354 to 338 cm AP and Poaceae increase, whereas *Artemisia* significantly

371 decline.

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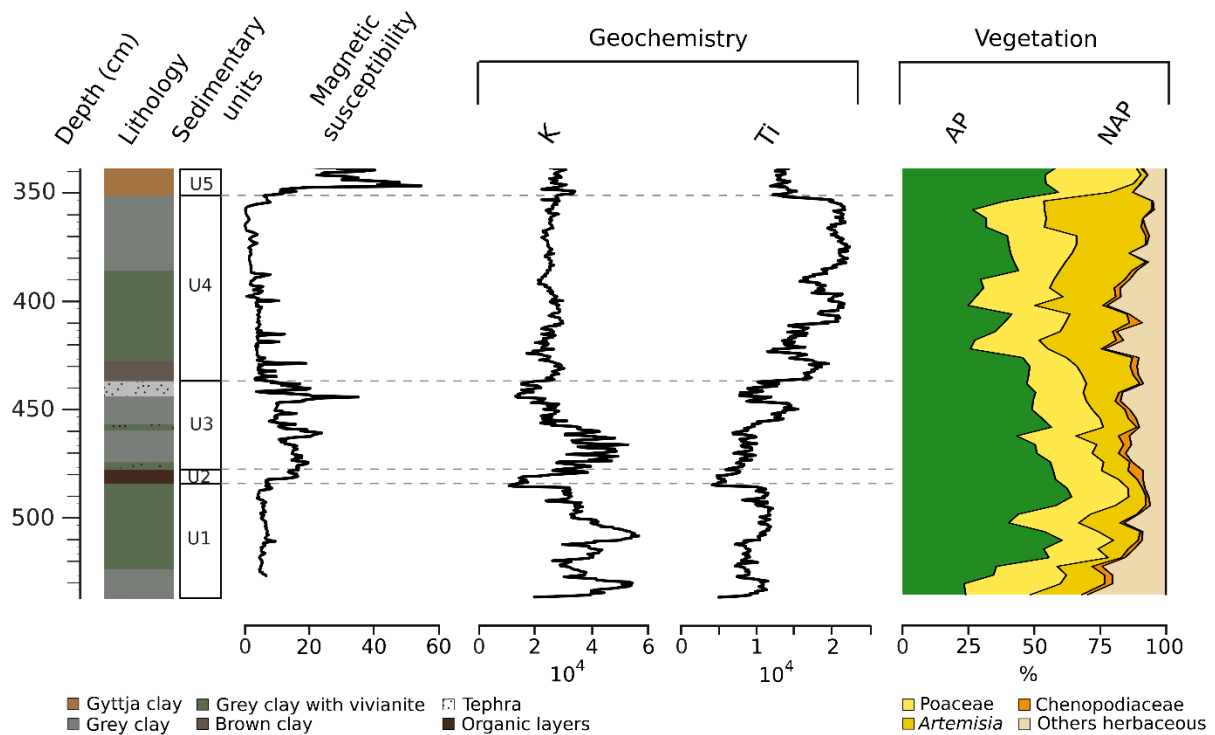


Figure 2. Sediment lithology, magnetic susceptibility, geochemical data and selected terrestrial pollen taxa of Matese. Arboreal Pollen (AP; green) and Non Arboreal Pollen (NAP; yellow-orange) are expressed in percentages of total terrestrial pollen.

4.2 Age-depth model

The age-depth model is based on ^{14}C dates and tephrochronology, and then pollen stratigraphy was used to validate the age-depth model (Fig. 3). Based on their typical phono-trachytic and bimodal tephri-phonolitic to trachytic major element glass composition Matese tephras at 530 cm and 346 cm depth can be correlated with distal Monticchio tephras TM-8 and TM-6-2, respectively (Fig. 4; Table 2). Tephra TM-8 has been correlated with the Neapolitan Yellow Tuff (NYT) eruption (Wulf et al., 2004) which has an age of 14,194 ± 172 cal BP (Bronk Ramsey et al., 2015). The tephra layer at 530 cm corresponds to the primary deposition and secondary deposition of remobilised tephras that were identified at 510 cm and 475 cm. TM-6-2 most likely are derived from the Early Holocene Casale eruption from Campi Flegrei (Smith et al., 2011) which is varve dated in Monticchio at 11,210 ± 224 cal BP (Wulf et al., 2008). The tephra layer at 346 cm corresponds to a primary deposition.

The ages obtained with the regional pollen stratigraphy show an OD-B/A transition at 14,500 ± 93.7 cal BP, a B/A-YD transition at 12,800 ± 57.7 cal BP and a YD-Holocene transition at 11,575 ± 103.1 cal BP (Allen et al., 2002; Mercuri et al., 2002; Drescher-Schneider et al., 2007; Vescovi et al., 2010; De Beaulieu et al., 2017; Sadori, 2018). Pollen stratigraphy of

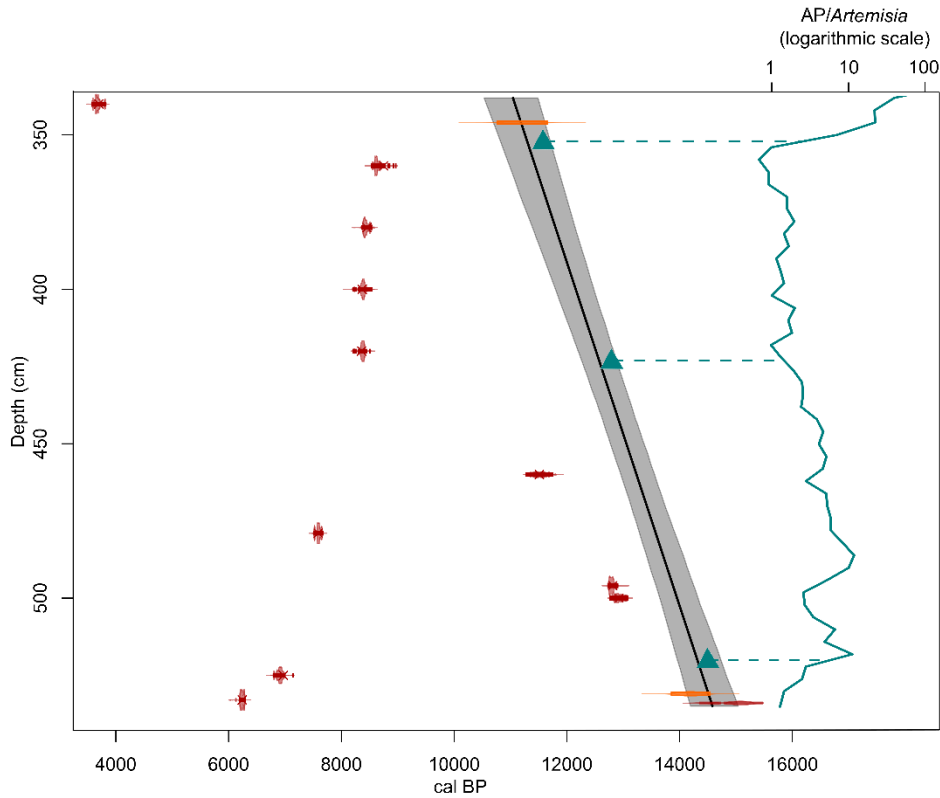
390 the regional sites were compared with pollen data of Matese and the ages obtained show a good
391 correspondence with the ages of tephra samples but a poor correspondence with the ^{14}C dates.
392 Therefore, most of the ^{14}C dates (Table 3) are not included in the age-depth model (except the
393 date at the base of the core). The organic matter extracted from sediment was essentially
394 composed of rootlets, that explains the rejuvenation of the ^{14}C ages.

395

Figure 3. Age-depth model is based on calibrated AMS radiocarbon dates (red points; Table 3) and tephra ages (orange points; Table 2). The grey band is the 95% confidence interval. Blue triangles are the median of ages of the vegetation transition compiled with the regional pollen stratigraphy. This pollen stratigraphy includes the sites of Pavullo di Frignano (Vescovi et al., 2010), Accesa (Drescher-Schneider et al., 2007), Albano (Mercuri et al., 2002), Mezzano (Sadori, 2018), Monticchio (Allen et al., 2002), and Trifoglietti (De Beaulieu et al., 2017). AP/Artemisia ratio (blue line) is expressed on a logarithmic scale. AP: Arboreal Pollen.

Table 2. Tephra samples from Matese cores (MC) and correlation with tephra samples from Lago Grande di Monticchio (Wulf et al., 2008) and proximal eruptive sources.

Sample ID	Depth MC (cm)	Tephra Monticchio	Eruption	Age (cal BP)	Age reference
C1 96-97	346	TM-6-2	Casale	11,210 ± 224	Wulf et al., 2008
A5 75-77	475 (reworked)	TM-8	Neapolitan Yellow Tuff (NYT)	14,194 ± 172	Bronk Ramsey et al., 2015
C3 83-84	510 (reworked)				
B5 95-96	530				

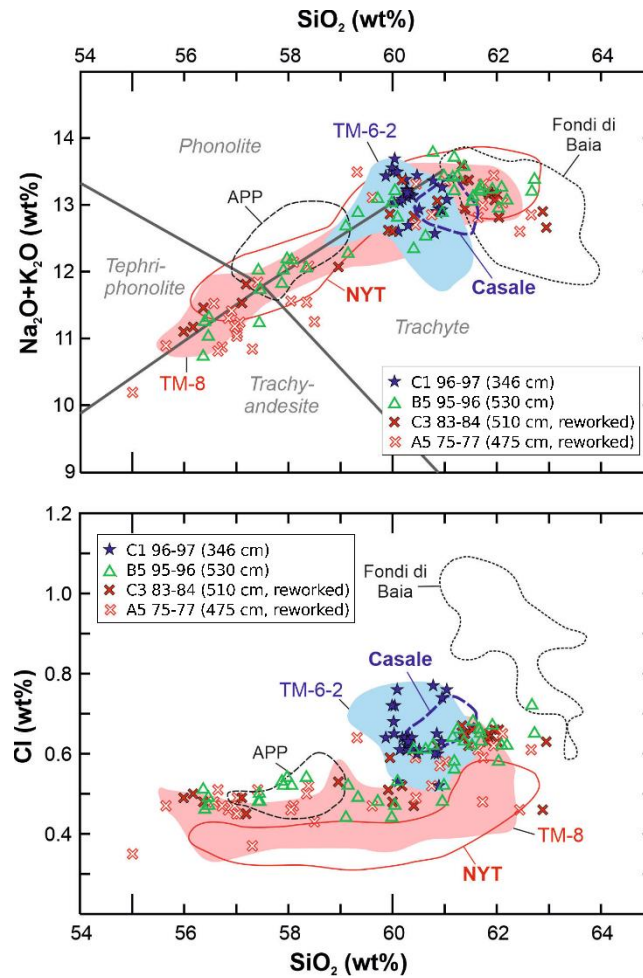
396

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Figure 4. Bivariate plot of selected major elements (SiO_2 vs. total alkalis and SiO_2 vs. Cl) of Matese tephras and potential proximal and Monticchio tephra correlatives. Data from: TM-6-2 (Monticchio, Wulf et al., 2008; this study); TM-8 (Monticchio, Tomlinson et al., 2012; this study); Casale, Fondi di Baia (proximal; Smith et al., 2011); APP/Agnano Pomici Principali and NYT/Neapolitan Yellow Tuff (proximal; Tomlinson et al., 2012).

Table 3. AMS-radiocarbon dates (Radiocarbon Laboratory, Poznań), calibrated median ages, with 2 σ range of calibration from Matese cores (MC).

Sample ID	Depth MC (cm)	Lab code	Material	AMS ^{14}C age (BP)	Age (cal BP) (2 σ)	Median age (cal BP)
A4 40-41	340	Poz-128971	Bulk	3425 ± 30	3573 - 3822	3668
A4 60-61	360	Poz-138111	Bulk	7850 ± 40	8540 - 8968	8631
A4 80-81	380	Poz-138112	Bulk	7640 ± 50	8370 - 8541	8432
B4 50-51	400	Poz-128972	Bulk	7580 ± 60	8206 - 8519	8385
A5 20-21	420	Poz-138113	Bulk	7570 ± 50	8206 - 8512	8379
A5 60-61	460	Poz-128976	Bulk	10020 ± 50	11280 - 11743	11519
A6 52-53	479	Poz-119283	Plant fibers, wood fragments, charcoals	6730 ± 40	7513 - 7669	7596
A5 96-97	496	Poz-137155	Wood fragments	10870 ± 60	12728 - 12903	12799
B5 64-65	500	Poz-128973	Bulk	11000 ± 60	12769 - 13078	12925
A6 98-99	525	Poz-119284	Plant fibers	6060 ± 35	6795 - 7147	6912
B5 97-98	533	60747	Plant fibers	5430 ± 30	6190 - 6295	6236
B5 98-99	534	Poz-128975	Bulk	12650 ± 130	14331 - 15477	15027

398

4.3 Pollen-inferred climate reconstructions

Pollen-inferred climate reconstructions at Matese show similar trends for all methods (Fig. 5). The MAT and the BRT methods show higher sample-to-sample variability than the WAPLS, and RF appears as the less sensitive method. Statistical results of the model performance (Supplementary Table S1) show the better values for R^2 and RMSE for the BRT method (all climatic parameters).

Temperature trends show two cold periods (phases 1 and 3) and two warm periods (phases 2 and 4). The reconstructed values (MAAT and MTWA) during the warm periods are close to modern values whereas the values of MTCO are lower than the modern values. Annual precipitation (PANN) shows few variations and the values of PANN and P_{winter} are lower than modern values, with all methods. Phase 1 (535-530 cm; 14,600-14,500 cal BP) is characterized by cold conditions and low precipitation during winter. Phase 2 (530-436 cm; 14,500-12,800 cal BP) is a warm period characterized by strong warming and punctuated by three colder events at 14,000 cal BP, 13,500-13,350 cal BP and 13,000 cal BP. Mean annual precipitation shows little variation whereas P_{winter} shows higher values than during the phase 1. Phase 3 (436-367 cm; 12,800-11,570 cal BP) is a strong event marked by cold conditions, a slight decline in P_{winter} and few changes for PANN. At the transition with phase 4, a significant decrease in the precipitation parameters is recorded. Phase 4 (367-338 cm; 11,570-11,000 cal BP) is characterized by a well-marked temperature increase (MAAT and MTCO) associated with wet conditions (hydrological parameters reach their maximum value).

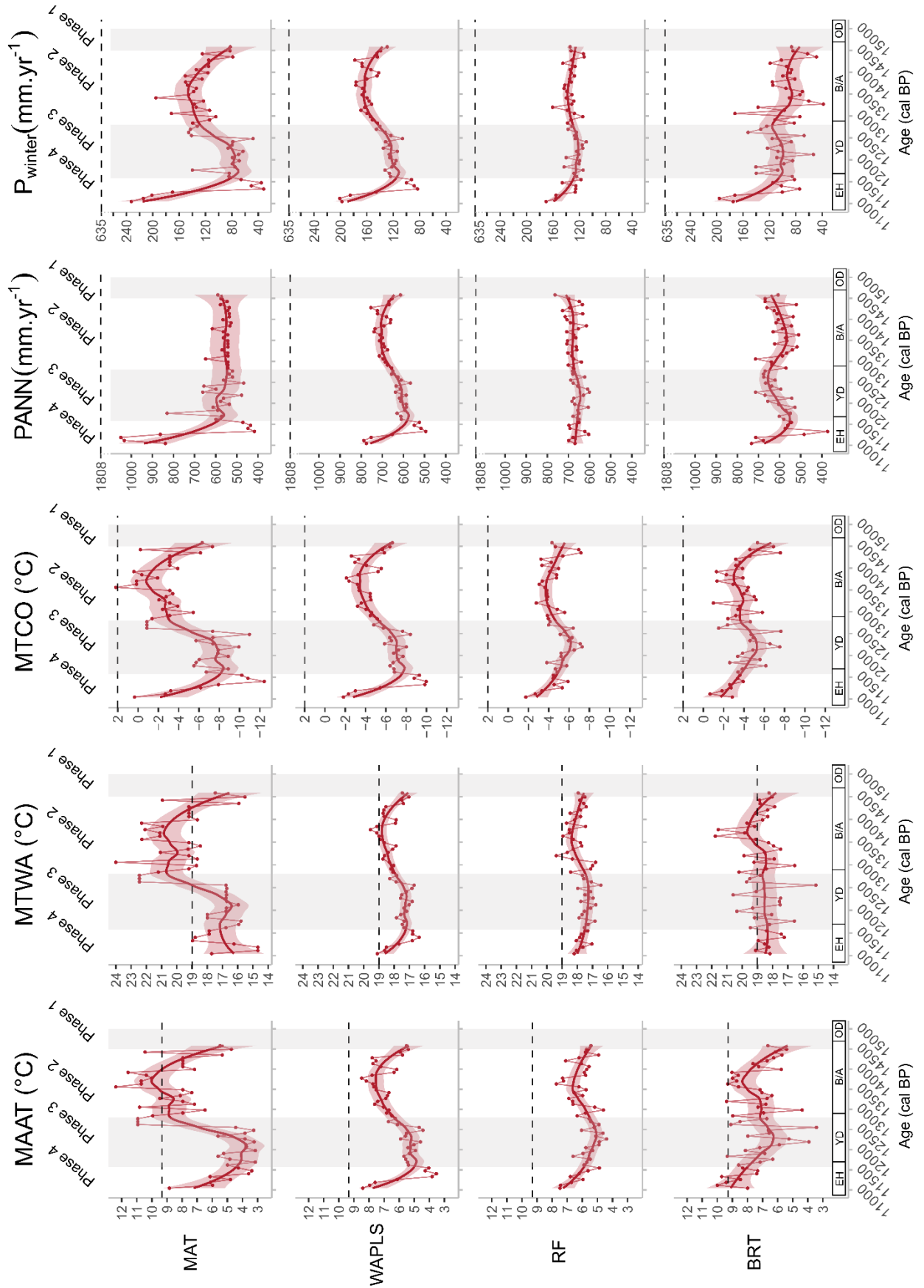



Figure 5. Lake Matese pollen-inferred climate reconstruction based on four methods against age: MAT (Modern Analogue Technique), WAPLS (Weighted Averaging Partial Least Squares regression), RF (Random Forest) and BRT (Boosted Regression Trees). Large lines correspond to loess smoothed curves, shaded areas to the 95% confidence interval and dashed lines to modern climate values of Lake Matese. MAAT: mean annual air temperature. MTWA: mean temperature of the warmest month. MTCO: mean temperature of the coldest month. PANN: mean annual precipitation. P_{winter}: winter precipitation. OD: Oldest Dryas. B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.

4.3 BrGDGT-inferred climate reconstruction

4.3.1 Concentration and distribution of brGDGTs

The total concentration of brGDGTs ranges between 0.06 and 8.63 µg.g^{-1} dry sediment. The fractional abundances of brGDGTs (Fig. 6A) show a dominance of pentamethylated brGDGTs (II, 46%), especially brGDGT IIa (23%), brGDGTs IIa' (7%) and brGDGTs IIb (6%). The relative abundance of tetramethylated brGDGTs (I, 33%) is mainly explained by brGDGT Ia (20%) and brGDGTs Ib (9%). The relative abundance of hexamethylated brGDGTs (III, 21%) is mainly explained by brGDGT IIIa (11%) and brGDGTs IIIa' (6%). The relative abundances of tetra, penta- and hexamethylated brGDGTs of Matese core are compared to global datasets (Fig. 6B). Sediment samples of the Matese core show a good correspondence with global lake and soil samples, except for some samples from sedimentary Unit 1 and 5. Samples of sedimentary Unit 5, characterized by a mix of clay and gyttja, are more similar to global soil and peat samples.

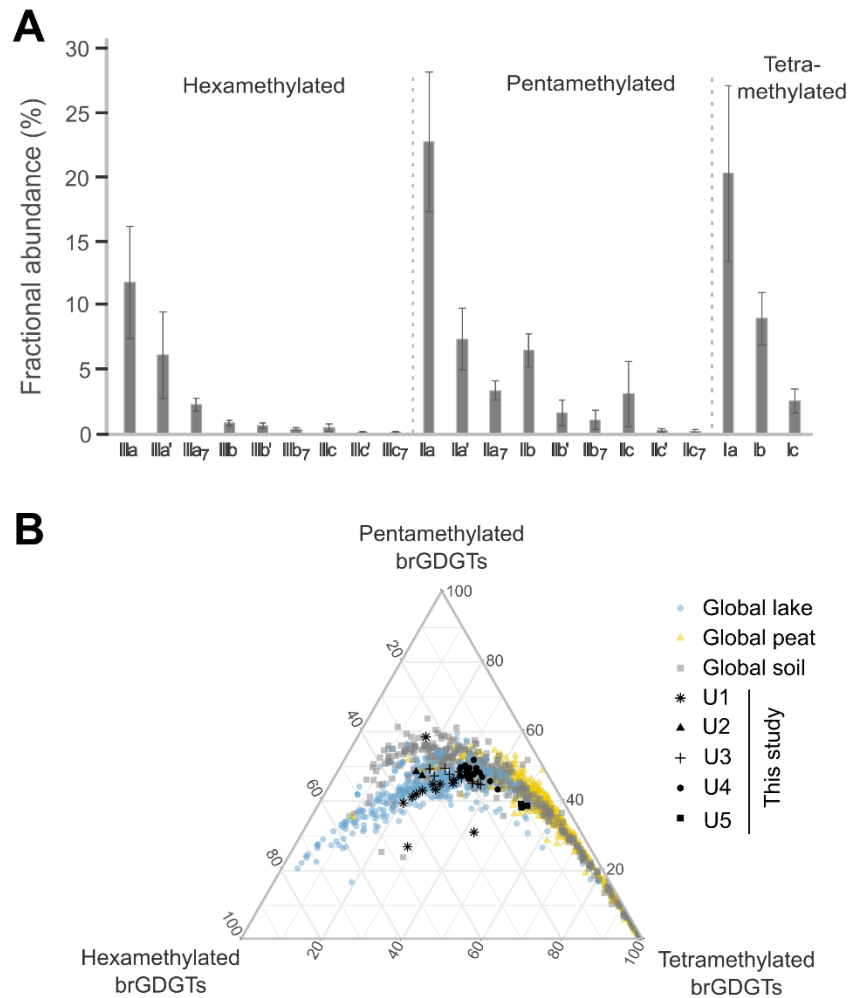



Figure 6. A) Fractional abundance of tetra-, penta-, and hexamethylated brGDGTs for Matese core. B) Ternary diagram showing the fractional abundances of the tetra-, penta-, and hexamethylated brGDGTs for Matese core (black points) and global lake (blue points; Martínez-Sosa et al., 2021), peat (yellow circles; Naafs et al., 2017a), and soils (gray circles; Yang et al., 2014; Naafs et al., 2017b).

4.3.2 Indices of brGDGTs

The relative abundance of tetra-, penta-, and hexamethylated brGDGTs changes along Matese core (Fig. 7). The fractional abundance shows a dominance of pentamethylated brGDGTs except at 518 cm depth, and during the last phase (Phase 4). The fractional abundance of hexamethylated brGDGTs shows higher values between 535-502 cm and 490-466 cm and becomes dominant at 486 cm. The fractional abundance of tetramethylated brGDGTs shows higher values between 502-490 cm and 466-352 cm and is dominant at 518 cm and 352-338 cm (Phase 4).

The degree of methylation (MBT, MBT'$_{5Me}$) and the cyclisation ratio (CBT) also shows variation along Matese core (Fig. 7). The MBT and the MBT'$_{5Me}$ show similar trends but different absolute values; they vary between 0.17 and 0.52 and between 0.20 and 0.63,

458 respectively. The degree of methylation remains relatively stable except during two phases of
459 decrease between 534-522 cm and 486-458 cm, and two phases with higher values at 518 cm
460 depth and during the Phase 4. The CBT varies between 0.27 and 0.74. Phase 1 (535-530 cm) is
461 characterized by high values of CBT following by a decline until reaching a minimum between
462 494-482 cm. Then, the CBT slightly increases; at 382 cm a slow decline is recorded, and a
463 strong increase marks Phase 4.

464

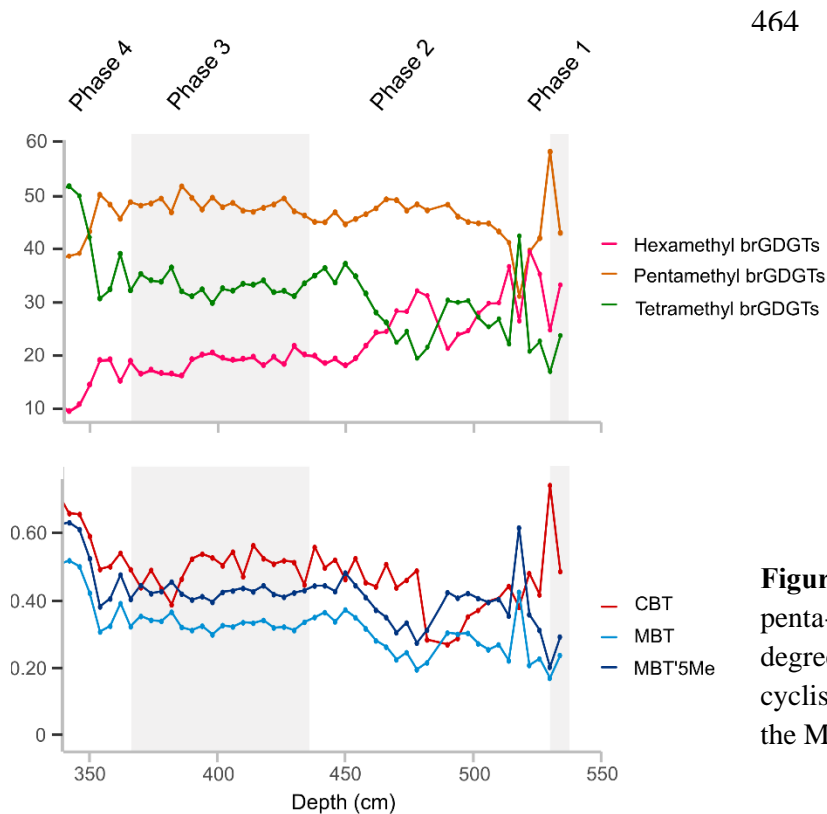



Figure 7. Fractional abundance of tetra-, penta-, and hexamethylated brGDGTs degree of methylation (MBT, MBT'$_{5Me}$), cyclisation ratio (CBT) against depth for the Matese core.

481

482 *4.3.3 Temperature reconstructions based on brGDGTs*

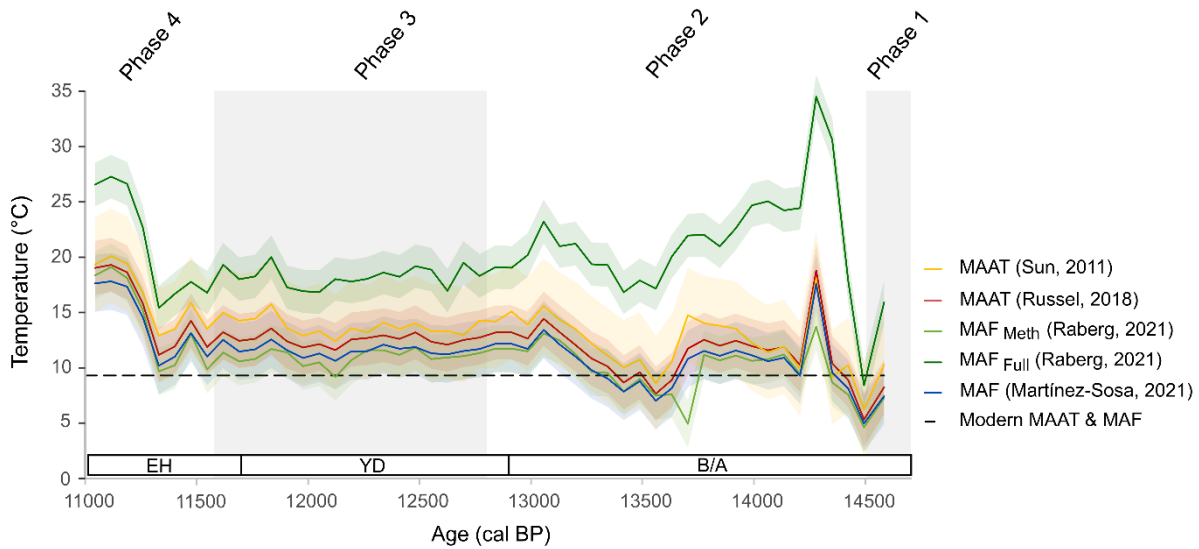
483   The brGDGT inferred reconstructed MAAT using global (Sun et al., 2011) and East
484 African (Russell et al., 2018) lacustrine calibrations show similar trends than MAF
485 reconstructed using a Bayesian statistical model (Martínez-Sosa et al., 2021) and global (Raberg
486 et al., 2021) lacustrine calibrations (Fig. 8). The values are higher than modern values,
487 especially the values for the MAF$_{Full}$ (Raberg et al., 2021). During Phase 1 (535-530 cm;
488 14,600-14,500 cal BP), all calibrations show cold temperatures. Phase 2 (530-436 cm; 14,500-
489 12,800 cal BP) is marked by an abrupt temperature increase or a stabilization for MAF$_{Meth}$ or a
490 decline for MAF$_{Full}$. Between 13,700 and 13,200 cal BP, lower temperatures are recorded with
491 all calibrations and from 13,100 cal BP, temperatures slowly decrease until 11,300 cal BP
492 although a slight increase is recorded between 11,900-11,500 cal BP. Phase 4 (367-338 cm;
493 11,570-11,000 cal BP) is characterized by a significant increase of temperature.

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Figure 8. Mean Annual Air Temperature (MAAT) based on global (Sun et al., 2011) and East African (Russell et al., 2018) lacustrine calibrations and Mean temperature of Months Above Freezing (MAF) based on Bayesian statistics (Martínez-Sosa et al., 2021) and global (Raberg et al., 2021) lacustrine calibrations against age for the Matese core. Shaded areas correspond to the error associated with calibrations and dashed lines correspond to modern climate values of Lake Matese. B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.

497 **5. Discussion**

498
499 5.1 Validation of age-depth model

500 The compilation of ages derived from the Italian pollen stratigraphy into the Matese

501 age-model is based on the main vegetation changes identified in the area during the Lateglacial.

502 In summary, the OD in Italian pollen records (and in the present study, Fig. 4) is characterized

503 by an open vegetation dominated by Poaceae, *Artemisia,* with a few arboreal pollen such as

504 *Pinus* and *Juniperus* appearing (Allen et al., 2002; Vescovi et al., 2010; Drescher-Schneider et

505 al., 2007; De Beaulieu et al., 2017; Sadori, 2018). During the B/A, a significant increase of

506 arboreal pollen taxa, including deciduous *Quercus* deciduous, is recorded, and in the majority

507 of records *Betula* appears (Allen et al., 2002; Drescher-Schneider et al., 2007; Vescovi et al.,

508 2010; Sadori, 2018; this study). During the YD, an increase of Poaceae and *Artemisia* (Allen et

509 al., 2002; Mercuri et al., 2002; Drescher-Schneider et al., 2007; Vescovi et al., 2010) and an

510 overall decrease of arboreal pollen taxa, except in Southern Italy, (Allen et al., 2002; Beaulieu

511 et al., 2017; this study) are documented.

512   The ages of tephra samples and ages constrained from the pollen stratigraphy are in
513   good agreement, contrasting results from the ^{14}C dates which are randomly scattered and
514   systematically too young (Fig. 2). The sediments of the Matese core are mainly composed of
515   clay with only few plant fibers. Considering the recurrence of radiocarbon dates between 7570
516   and 7850 cal BP in the core interval between 420 and 360 cm depth (see Table 1), it is
517   hypothesized that the dated organic matter may have partly originated from penetrating rootlets
518   of plants growing during sedimentary Unit 5's deposition (Fig. 4). Indeed, aquatic plants of
519   sedimentary Unit 5, identified with pollen, evidence a shallow water body and the development
520   of tree species that typically grow in wetland.

521   Therefore, the overall age-depth model of the Matese core is based on imported, well-
522   accepted tephra ages and one ^{14}C date of a bulk sediment sample from the bottom of the core
523   at 534 cm (Fig. 2).

524

525   5.2 Influence of proxies and methods on climate reconstructions

526

527   *5.2.1 Lake Matese climate signal reliability*

528   Climate reconstructions are based both on pollen and brGDGTs, and some temperature
529   discrepancies (absolute values or amplitudes) are depicted depending on the proxies (Fig. 9).
530   The temperature amplitudes and absolute values are higher for brGDGTs (5-20°C) than the
531   pollen (4-10°C) reconstructions. Pollen-inferred temperature values depend heavily on the
532   quality of the modern pollen dataset including the number of samples, the diversity of samples
533   in terms of biomes, and the similarity with the fossil samples (Chevalier et al., 2020). In our
534   study, the modern database includes several modern samples from the Matese massif, and 95
535   samples from Italy were added to complete the dataset. Moreover, the spatial autocorrelation is
536   low for MAT (Moran's I<0.34, p-value<0.01), and climate trends are consistent between
537   methods. Reconstructed values for temperatures are close to modern values during the warmest
538   periods, however, precipitation is largely underestimated by all methods for the recent time
539   period (Fig. 5). The same observation was made in Calabria in Southern Italy (Trifoglietti;
540   Joannin et al., 2012), a region also characterized by precipitation above 1700 mm. The
541   underestimation of precipitation is certainly linked to the lack of modern samples located in
542   very wet Mediterranean areas. Considering the brGDGT climate signal, the reconstructed
543   temperatures are overestimated in comparison with modern values (Fig. 8). For shallow
544   temperate lakes (< 20 m), like Lake Matese, our brGDGT reconstructions suggest values
545   anomalously higher than the expected temperature due to thermal variability (seasonal and

546   diurnal; Martínez-Sosa et al., 2021). Lake Matese is located at an altitude of 1012 m a.s.l. and

547   the strong seasonal variability may have influenced the brGDGT distribution. Moreover, the

548   Lake Matese climate reconstructions are based on several global lacustrine calibration datasets,

549   which may not be well adapted to reconstruct paleotemperatures in the Mediterranean region.

550   According to Dugerdil et al. (2021a), local calibrations perform better to reconstruct more

551   reliable absolute values. Unfortunately, at date, only a few global lacustrine calibrations are

552   available, and a local calibration dataset for the Mediterranean region is still missing.

553

554   *5.2.2 Regional climate signal reliability depending on the proxy*

555   Climate reconstructions inferred from Lake Matese are compared to key terrestrial and

556   marine temperature and precipitation records (Fig. 9, 10) in a latitudinal transect in central

557   Mediterranean. These reconstructions for the Mediterranean region are based on different

558   proxies. Most of those are indicators of annual temperatures, but some of them are indicators

559   of seasonal temperature changes. For example, transfer functions based on chironomid

560   assemblages provide estimates of mean July air temperatures (Larocque and Finsinger, 2008;

561   Heiri et al., 2014; Samartin et al., 2017), while ostracod assemblages allow quantitative

562   reconstruction of both January and July palaeotemperatures (Marchegiano et al., 2020).

563   Planktonic foraminifera provide estimates of spring and autumn sea surface temperatures (SST)

564   (Sicre et al., 2013). Depending on the production and deposition settings, molecular biomarkers

565   are considered as indicators of annual or seasonal temperatures like brGDGTs or alkenones

566   (Sbaffi et al., 2004; Sicre et al., 2013; Zhang et al., 2013; Max et al., 2020; Martínez-Sosa et

567   al., 2021; this study). For precipitation (Fig. 10), fewer reconstructions are available and they

568   are mainly based on records of pollen (Combourieu-Nebout et al., 2013), $\delta^{18}O$ *G. bulloides* in

569   marine sediments (Sicre et al., 2013), and $\delta^{18}O$ in speleothems (Regattieri et al., 2014). Pollen

570   enable the reconstruction of both annual and seasonal temperatures and precipitation (e.g. Allen

571   et al., 2002; Tarroso et al., 2016).

572   The comparison between climate reconstructions inferred from different proxies allows

573   us to identify reliable regional climate signals and to reduce the bias linked to each proxy.

574   Indeed, differences may appear for the timing or amplitudes of changes according to the type

575   of proxy. These differences may be amplified by the proxy provenance, either marine or

576   continental. In Figure 9, the temperature reconstructions above 42°N are mainly based on

577   chironomids, and the climate signal reconstructed is consistent between the sites. In South Italy,

578   at Monticchio, climate reconstructions are based on three pollen records from the same site and

579   differences in terms of amplitude and trend are clearly evidenced (Fig. 9I). These differences

580   are linked to the differences in the core location in the lake and the pollen sample resolution

581   (Allen et al., 2002). The closer the core to the center of the lake (dark blue, Fig. 9I), the better

582   the regional vegetation record and therewith a possible regional climate signal (Peyron et al.,

583   2005). Between latitude 41°N and 36°N, sea-surface temperatures (SSTs) were reconstructed

584   from foraminifera and/or alkenones analyzed from marine cores (Sbaffi et al., 2004; Sicre et

585   al., 2013). Alkenone-based SSTs show a low amplitude of 2-3°C between the B/A and the YD

586   periods, whereas foraminifera-based reconstruction of seasonal temperature show differences

587   of 5-10°C between the B/A and the YD. The differences are linked to their respective methods:

588   For alkenones, the estimation of SSTs are based on the molecular biomarker as the C_{37} alkenone

589   unsaturation ($U^{K'}_{37}$), whereas, for foraminifera, they are calculated with the MAT method and

590   depend on the occurrence of modern analogues (Sicre et al., 2013).

591

592   5.3 Climate changes during the Lateglacial in Italy

593

594   *5.3.1 Bølling–Allerød warming*

595   The age of transition between the OD and the Bølling–Allerød Interstadial is estimated

596   at around 14,700 cal BP based on the NGRIP ice-core chronology (Rasmussen et al., 2014). In

597   Italy, an abrupt warming is evidenced at ca 14,700 cal BP (Fig. 9). The differences between the

598   different reconstructions seem related to the type of proxy used rather than latitude. The

599   transition is not obvious in the temperature reconstructions based on alkenones (Fig. 9MO;

600   Sbaffi et al., 2004; Sicre et al., 2013), whereas it is well marked in reconstructions based on

601   foraminifera (Fig. 9N; Sicre et al., 2013) and pollen assemblages (Desprat et al., 2013) from

602   the same cores. According to Sicre et al. (2013), alkenones-inferred SSTs could be biased

603   during the Early deglaciation due to water stratification inducing warming of the thin surface

604   water layers where small size nanophytoplankton grow. Except for temperature reconstructions

605   based on alkenones, all the records show an increase of the temperature at the transition OD-

606   B/A (Larocque and Finsinger, 2008; Sicre et al., 2013; Heiri et al., 2014; Marchegiano et al.,

607   2020). The transition, although marked, seems more progressive in the Italian records than in

608   Greenland ice-core but the low resolution of some records can favor this trend. In terms of

609   precipitation (Fig. 10), few records are available in Italy but no significant changes are recorded

610   around 14,700 cal BP by δ^{18}O *G. bulloides* (Sicre et al., 2013) and pollen transfer functions

611   (Desprat et al., 2013; this study).

612   The Bølling–Allerød interstadial is a warm interstadial period interrupted by several

613   cold climate oscillations (Rasmussen et al., 2014). According to the synthesis by Moreno et al.

(2014), the Bølling was cooler than the Allerød in the Southern Mediterranean compared to the warmer Northern Mediterranean. In Italy, above 42°N, temperature trends are complex to interpret: some records show an increase of temperature (Fig. 9B; Heiri et al., 2014) whereas other records show a decline (Fig. 9CE; Larocque and Finsinger, 2008; Marchegiano et al., 2020). At Matese, pollen and brGDGTs inferred temperatures decrease (Fig. 9F-H), whereas in the southern part of Italy, there are no significant changes during the B/A (Fig. 9I-O; Allen et al., 2002; Sbaffi et al., 2004; Sicre et al., 2013). Temperature reconstructions in Italy show no distinct difference between the Bølling and the Allerød with respect to the latitude. In terms of amplitude, several studies (Renssen and Isarin, 2001; Heiri et al., 2014; Moreno et al., 2014) suggests that there were less contrasts in temperatures during the B/A in Southern Europe in comparison with Northern Europe. Once again, this difference is not clear in Italy (Fig. 9). At Matese, a significant decrease of brGDGTs-inferred temperature is recorded at 13,700-13,200 cal BP cal BP (Fig. 9H). This change could be attributed to a colder period such as the Older Dryas or the Inter-Allerød cold period, two short periods characterized by colder conditions in the Greenland ice-core records at 14,000 and 13,100 cal BP, respectively (Rasmussen et al., 2014). However, this cooling event do not appear at the same time in the Matese climate curve based on pollen, and it is only vaguely recorded in other Italian records (Fig. 9). We suggest that this change could be attributed to changes of local conditions that are visible in a lithology change (sedimentary Unit 2, Fig. 4). Indeed, brGDGT distribution and origin can differ according to the type of wetland, water level or vegetation changes (Martínez-Sosa et al., 2021; Robles et al., 2022). In terms of precipitation (Fig. 10), no significant changes occur during the B/A in Italy as suggested previously by Renssen and Isarin (2001) for Southern Europe. The Alpine region seems instead to record wetter conditions during the B/A (Barton et al., 2018; Li et al., 2021).

5.3.2 A marked Younger Dryas cold event throughout Italy

The onset of the YD is estimated around 12,900 cal BP according to the Greenland ice-core chronology (Rasmussen et al., 2014). In Italy, above 42°N, the transition between the B/A and the YD is progressive in terms of temperatures except for chironomid records (Fig. 9B; Heiri et al., 2014). At Matese, pollen-based reconstructions show a progressive decline of temperatures with all methods except the MAT (Fig. 9FG). For this method, the transition is more abrupt, but this difference can be attributed to the application of the biome constraint. BrGDGT-based reconstructions record a steady decrease during the YD or no significant changes according to the calibrations used (Fig. 9H). For southern Italian records, the transition

648   is more abrupt and particularly marked in the foraminifera record in contrast to alkenones-based

649   reconstructions (Fig. 9J-O; Sbaffi et al., 2004; Sicre et al., 2013). In terms of precipitation (Fig.

650   10), the northern Italian speleothems records show an abrupt transition (Regattieri et al., 2014;

651   Li et al., 2021) whereas the southern Italian pollen and isotopes records do not reveal significant

652   changes (Sicre et al., 2013; Combourieu-Nebout et al., 2013; Desprat et al., 2013).

653   The YD is characterized by cold conditions in the Northern Hemisphere from 12,900 to

654   11,700 cal BP (Rasmussen et al., 2014). As previously mentioned for the B/A, several studies

655   (Renssen and Isarin, 2001; Heiri et al., 2014; Moreno et al., 2014) suggest that temperatures

656   during the YD are less contrasted in the South of Europe in comparison with the North. In Italy

657   as a whole (Fig. 9), a decline in temperatures is recorded in all records.

658   At Matese, a decrease of temperatures is evidenced by the pollen-based reconstructions,

659   but it is less clear from the brGDGT-based reconstructions. The difference of climate signals

660   may be related to different sources between both proxies. Pollen record local, extra-local and

661   regional vegetation (Jacobson and Bradshaw, 1981). The basin size of the Lake Matese is larger

662   than 5 hectares, which suggest a signal of regional vegetation rather than local (Jacobson and

663   Bradshaw, 1981). Moreover, the YD is marked by a large proportion of herbaceous taxa (Fig.

664   4) and favors the catching of regional pollen (Jacobson and Bradshaw, 1981). By contrast,

665   brGDGTs are produced in the lake or in the catchment area (Russell et al., 2018; Martin et al.,

666   2019) and thus are local contributors. Moreover, the YD is characterized by high erosion rates

667   in the catchment (Fig. 4), which could favor greater soil-derived brGDGTs and induce a warm

668   bias in temperatures (Martínez-Sosa et al., 2021). Indeed, the distribution of brGDGTs differ

669   according to sample type and could differ between lake sediments and catchment soils (Loomis

670   et al., 2011, 2014; Buckles et al., 2014; Russell et al., 2018; Martin et al., 2019; Martínez-Sosa

671   et al., 2021; Raberg et al., 2022). Soil sediments generally exhibit less hexamethylated

672   brGDGTs and more tetramethylated brGDGTs than lake sediments (Loomis et al., 2011, 2014;

673   Buckles et al., 2014; Russell et al., 2018; Martin et al., 2019; Martínez-Sosa et al., 2021).

674   However, an increase of tetramethylated brGDGTs is mainly associated with an increase in

675   temperatures in soils and lake sediments (Russell et al., 2018). At Matese, the YD is

676   characterized by a decrease in hexamethylated brGDGTs and a slight increase in

677   tetramethylated brGDGTs. These differences may have affected the annual temperature

678   reconstructions by inducing a warm bias in temperatures during the YD. Furthermore, soil-

679   derived brGDGTs may also be affected by changes in pH, moisture, soil compounds and

680   vegetation in the catchment of Lake Matese (Davtian et al., 2016; Martin et al., 2019; Liang et

681   al., 2019; Dugerdil et al., 2021a). Furthermore soil samples without vegetation cover are more

sensitive to seasonal changes than that of soil samples with grass and forest cover (Liang et al., 2019). Therefore, soils with vegetation cover allow a better reconstruction of global temperatures (Liang et al., 2019). Since at Matese, the YD is characterized by an open vegetation, soil-derived brGDGTs could also have been affected by seasonal temperature changes due to a sparse vegetation and this effect is superimposed to changes in the sources of brGDGTs in lake sediments.

Contrasted patterns are also recorded at Monticchio (Fig. 9I) by the three different climate variables used for pollen-based temperature reconstructions: a decrease in winter temperature is reconstructed for two lake cores, while a fen core external to the lake, which should record the local vegetation signal, does not reveal the temperature decline during the YD (Allen et al., 2002). However, the two other cores clearly show a temperature decrease, that is why we consider a winter temperature decrease during the YD at Monticchio. In Southern Italian records, temperature reconstructions based on alkenones, foraminifera and pollen (Sbaffi et al., 2004; Desprat et al., 2013; Sicre et al., 2013) show a shorter YD than in the north. For alkenones-based reconstructions, even an increase of temperatures is recorded at the end of the YD. In continental records of South Italy (Allen et al., 2002), this trend is only recorded at Monticchio (one core only) and does not appear at Matese. Nonetheless, this hypothesis is only based on marine records and should be investigated through continental records in Southern Italy.

In terms of precipitation, the marine sequences located south of latitude 42°N record a slight increase for proxies based on pollen (Fig. 9GH; Combourieu-Nebout et al., 2013) and on δ^{18}O *G. bulloides* data (Fig. 9FI; Sicre et al., 2013) during the YD. However, no significant change occurs at Matese for PANN (Fig. 10D), and on the contrary a low decline is recorded for P$_{winter}$ towards the end of the YD (Fig. 10E). Above latitude 42°N, a precipitation decrease during the YD is recorded by two sites at Hölloch and Corchia caves (Fig. 10BC; Regattieri et al., 2014; Li et al., 2021). According to the model outputs of Rea et al. (2020), drier conditions occurred in Northern Europe whereas wetter conditions prevailed in Southern Europe, mainly during winter and in the South of Italy, the Dinaric Alps and Northern Turkey. This pattern is consistent with our reconstruction but the limit between the North and the South is closer to latitude 42°N.

The transition between the YD and the Holocene is recorded around 11,700 cal BP by Greenland ice-core records (Rasmussen et al., 2014). In Italy, an important increase of temperature is recorded in all records (Fig. 9) which appears earlier (700-400 years) in southern sites (Sbaffi et al., 2004; Sicre et al., 2013). In terms of precipitation, marine records south of

716 latitude 42°N continue to record a slight increase of precipitation (Fig. 10F-I; Combourieu-
717 Nebout et al., 2013; Sicre et al., 2013), and in northern sites an increase of precipitation is
718 recorded (Fig. 10B-E; Regattieri et al., 2014; Li et al., 2021; this study).

719

720 5.4 Atmospheric processes during the Lateglacial in central Mediterranean

721   According to several studies, climate changes during the Lateglacial show differences
722 in temperatures between Southern and Central Europe (Heiri et al., 2014; Moreno et al., 2014;
723 Renssen and Isarin, 2001). In Italy (Fig. 9), climate reconstructions do not show latitudinal
724 differences in terms of temperature. The B/A is marked by warm conditions and the YD by cold
725 conditions even in Southern Italy. Climate reconstructions for East-Central Southern Europe
726 from Heiri et al., (2014) are not consistent with our results probably because while two of their
727 chironomid records are located in North Italy and one in Bulgaria none consider Southern Italy.
728 In the study of Moreno et al. (2014), only the record of Monticchio is used for the South of Italy
729 during the Lateglacial, which may explain the differences in our study. Considering
730 precipitation, several studies suggest no significant changes during the B/A but drier conditions
731 in Northern Europe and wetter conditions in Southern Europe during the YD. In Italy (Fig. 10),
732 we observe the same dynamics during the B/A and the YD.

733   Several studies (Renssen and Isarin, 2001; Moreno et al., 2014; Rea et al., 2020) explain
734 that during cold periods of the Lateglacial (OD, YD) the Polar Frontal JetStream moved
735 southward with a weak Atlantic Meridional Overturning Circulation (AMOC) (Moreno et al.,
736 2014; Rea et al., 2020; Renssen and Isarin, 2001). The incursion of cold air masses is recorded
737 until the South of Italy, however, during the YD, dry conditions are not reconstructed for this
738 region. According to Rea et al. (2020), a relocation of Atlantic storm tracks in the Mediterranean
739 is induced by the Fennoscandian ice sheet and the North European Plain which created a
740 topographic barrier and a high pressure region during the YD. The presence of Atlantic storm
741 tracks into the Mediterranean could have favored wetter conditions in the South of Italy during
742 the YD. Our study suggests a limit around latitude 42°N, with drier conditions in Northern Italy
743 and slightly wetter conditions in Southern Italy during the YD. A latitude limit at 40°N was
744 previously discussed by Magny et al. (2013) for the Holocene. These echoing limits over time
745 in Italy inevitably reinforce Italy's key position to archive proxies catching atmospheric
746 patterns.

747   By contrast, during the B/A, the North Atlantic sea-ice has a more northerly position
748 inducing a northward shift of the Polar Frontal JetStream (Renssen and Isarin, 2001). The
749 incursion of warm air masses is recorded in all of Italy, however, no significant changes in

750   annual precipitation occur. Our study does not suggest the location of Atlantic storm tracks in

751   Italy during the B/A, although at Matese winter precipitation was higher in most pollen-based

752   climate reconstructions. However, very few records and climatic models reconstructing

753   precipitation are available in Europe and the Mediterranean region for this period. Further

754   investigations are necessary to fully understand the atmospheric processes and precipitation

755   dynamic in Europe, mainly during the B/A.

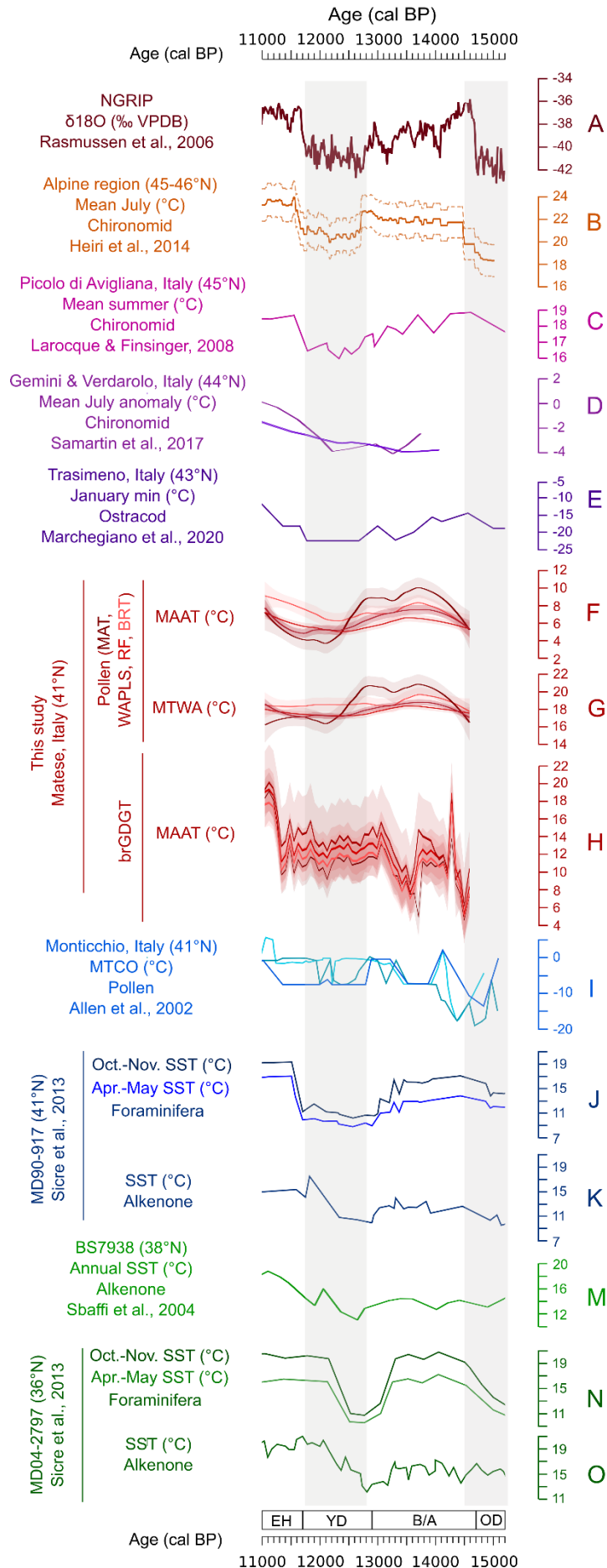



Figure 9. Synthesis of temperature records inferred from different proxies in Italy from 15,000 to 11,000 cal BP and comparison with the NGRIP ice core record. MAAT: mean annual air temperature. MTWA: mean temperature of the warmest month. MTCO: mean temperature of the coldest month. OD: Oldest Dryas. B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.

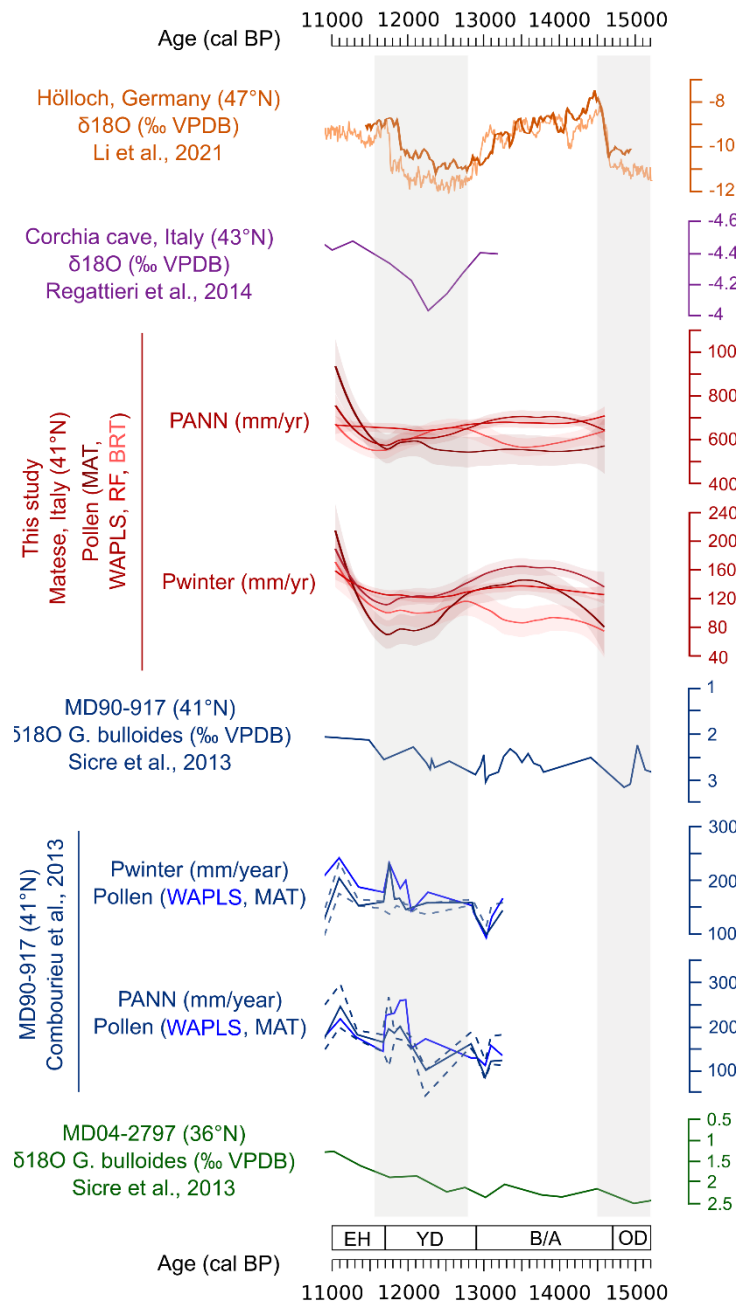
757

758

Figure 10. Synthesis of precipitation records inferred from different proxies in Italy 15,000 to 11,000 cal BP. PANN: mean annual precipitation. P_{winter}: winter precipitation. OD: Oldest Dryas. B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.

759

6. Conclusions

This study provides a quantitative climate reconstruction for the Lateglacial period in Central-Southern Europe, inferred from a multi-proxy and multi-method approach based on the Lake Matese record. The comparison of the Lake Matese climate reconstructions based on brGDGTs and pollen and their comparison with regional terrestrial/marine climate reconstructions show the following:

- For the first time, pollen and brGDGTs were combined to reconstruct climate changes in the Mediterranean region during the Lateglacial. Temperature trends reconstructed with these proxies are consistent except during the YD. Both proxies show a marked cold OD, an increase of temperatures during the B/A, and an abrupt transition to warmer conditions for the Holocene. During the YD, pollen-based reconstructions show a decrease of temperatures, whereas brGDGT-based reconstructions show no significant changes.

- Comparison with regional climate records of Italy reveals that there are no latitudinal differences during the B/A and the YD in terms of temperatures. The B/A is marked by an increase of temperature and the YD is characterized by cold conditions in all Italy. By contrast, precipitation does not show changes during the B/A, and a slight increase of precipitation during the YD is recorded in Southern Italy below latitude 42°N.

- Cold conditions during the YD in Italy may be linked to the southward position of North Atlantic sea-ice and of the Polar Frontal JetStream. The low increase of precipitation during the YD may be linked to relocation of Atlantic storm tracks into the Mediterranean, induced by the Fennoscandian ice sheet and the North European Plain. We identified the latitude 42°N as a limit between dry conditions in northern Italy and slightly wetter conditions in Southern Italy during the YD. By contrast, warm conditions during the B/A may be linked to the northward position of North Atlantic sea-ice and of the Polar Frontal JetStream.

In summary, this study allowed us to document and discuss past climate changes in Italy while contributing to the debate about the atmospheric processes in Southern Europe. The latitudes 40-42°N appear as a key junction point between wetter conditions in Southern Italy and drier conditions in Northern Italy during the YD but also during the Early-Mid Holocene (Magny et al., 2013). However, further robust paleoclimate studies are needed to provide 1) high-resolution reconstructions based on several proxies in Northern Italy, 2) new records for

794 central Italy (between 41-43°N), 3) new continental records for Southern Italy (below 41°N)

795 and 4) more model outputs at regional scales with transient simulations, if possible, mainly

796 during the B/A and the YD.

797

798 **Author contribution**

799   MR: Conceptualization, Field work, Laboratory work, Formal analysis, Writing draft

800 manuscript, Review, Funding acquisition. SJ, OP and EB: Conceptualization, Field work,

801 Supervision, Review, Funding acquisition. GM: Conceptualization, Supervision, Review,

802 Funding acquisition. SW: Laboratory work, Formal analysis, Review, Funding acquisition. OA

803 and MB: Laboratory work. BV: Supervision of laboratory work, Review. BP: Field work. SAA:

804 Coordination of laboratory work. LC and SG: Conceptualization, Review. J-LB, LD and AC:

805 Review.

806

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808   The authors declare that they have no known competing financial interests or personal

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