

# Climate changes during the Lateglacial in South Europe: new insights based on pollen and brGDGTs of Lake Matese in Italy

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## Short Abstract

Quantitative climate reconstructions based on pollen and brGDGTs reveal, for the Lateglacial, a warm Bølling–Allerød and a marked cold Younger Dryas in Italy, showing no latitudinal differences in terms of temperatures across Italy. In terms of precipitation, no latitudinal differences are recorded during the Bølling–Allerød whereas the latitudes 40–42°N appear as a key junction point between wetter conditions in Southern Italy and drier conditions in Northern Italy during the Younger Dryas.

## Abstract

The Lateglacial (14,700–11,700 cal BP) is a key climate period marked by rapid but contrasted changes in the Northern Hemisphere. Indeed, regional climate differences have been evidenced during the Lateglacial in Europe and the Northern Mediterranean areas. However, past climate patterns are still debated since temperature and precipitation changes are poorly investigated towards the lower European latitudes. Lake Matese in Southern Italy is a key site in the Central Mediterranean to investigate climate patterns during the Lateglacial. This study aims to reconstruct climate changes and their impacts at Matese using a multi-proxy approach including magnetic susceptibility, geochemistry (XRF core scanning), pollen data and molecular biomarkers like branched Glycerol Dialkyl Glycerol Tetraethers (brGDGTs).

40 Palaeotemperatures and -precipitation patterns are quantitatively inferred from pollen  
41 assemblages (multi-method approach: Modern Analogue Technique, Weighted Averaging  
42 Partial Least Squares regression, Random Forest, and Boosted Regression Trees) and brGDGTs  
43 calibrations. The results are compared to a latitudinal selection of regional climate  
44 reconstructions in Italy to better understand climate processes in Europe and in the circum-  
45 Mediterranean region. A warm Bølling–Allerød and a marked cold Younger Dryas are revealed  
46 in all climate reconstructions inferred from various proxies (chironomids, ostracods,  
47 speleothems, pollen, brGDGTs), showing no latitudinal differences in terms of temperatures  
48 across Italy. During the Bølling–Allerød, no significant changes in terms of precipitation are  
49 recorded, however, a contrasted pattern is visible during the Younger Dryas. Slightly wetter  
50 conditions are recorded south of latitude 42°N whereas dry conditions are recorded north of  
51 latitude 42°N. During the Younger Dryas, cold conditions can be attributed to the southward  
52 position of North Atlantic sea-ice and of the Polar Frontal JetStream whereas the increase of  
53 precipitation in Southern Italy seems to be linked to relocation of Atlantic storm tracks into the  
54 Mediterranean, induced by the Fennoscandian ice sheet and the North European Plain. **By**  
55 **contrast**, during the Bølling–Allerød warm conditions can be linked to the northward position  
56 of North Atlantic sea-ice and of the Polar Frontal JetStream.

57

58 **Keywords: Mediterranean region; Palynology; Molecular Biomarker; Paleoclimate;**  
59 **Transfer functions; Tephra; Younger Dryas; Bølling–Allerød; Lateglacial**

60

## 61 **1. Introduction**

62

63 In the Northern Hemisphere, the Lateglacial (ca. 14,700-11,700 cal BP) is a period of  
64 special climatic interest characterized by contrasted and rapid climate changes, associated with  
65 the successive steps of the deglaciation and changes in atmospheric and ocean circulation  
66 patterns (e.g., Walker et al., 2012; Rehfeld et al., 2018). Following the cold Oldest Dryas (OD)  
67 period, the Bølling–Allerød (B/A) or Greenland Interstadial-1 (GI-1) began abruptly at 14,700  
68 cal BP with warmer conditions. At 12,900–11,700 cal BP, the Younger Dryas (YD) or Greenland  
69 Stadial-1 (GS-1) was the last main millennial-scale cold event in Europe during the Lateglacial  
70 (Greenland ice-core records; Rasmussen et al., 2014). The YD is characterized by extreme cold,  
71 relative dry and windy climate conditions in northern-central Europe (Hepp et al., 2019).  
72 Climate became distinctly warmer at 11,700 cal BP with the onset of the Holocene Interglacial

73 (Rasmussen et al., 2014). These rapid and marked climate oscillations have been observed in  
74 the Greenland ice core records (Rasmussen et al., 2014) and in Europe from various proxies  
75 such as pollen, oxygen isotopes, molecular biomarkers, beetles, and chironomids (e.g. Coope  
76 and Lemdahl, 1995; Ammann et al., 2000; Coope and Lemdahl, 1995; Peyron et al., 2005;  
77 Lotter et al., 2012; Millet et al., 2012; Blaga et al., 2013; Moreno et al., 2014; Heiri et al., 2015;  
78 Ponel et al., 2022; Duprat-Oualid et al., 2022).

79 Regional climate differences have been evidenced during the Lateglacial, and  
80 temperature trends in Europe and the Mediterranean region are still a matter of active research  
81 and debate. The chironomid-based synthesis of Heiri et al. (2014) suggests that temperature  
82 variations during the Lateglacial tend to be more pronounced in Western Europe (British Isles,  
83 Norway) than in Southwestern Europe, Central and Southeastern regions. This is particularly  
84 true for the Younger Dryas cooling which is not well evidenced in East and Central Southern  
85 Europe (Heiri et al., 2014). **These regional differences would be attributed to the changing**  
86 **position of the North Atlantic sea-ice and the Polar Frontal JetStream (Renssen and**  
87 **Isarin, 2001).**

88 Diverging temperature trends are also reconstructed from different proxies during key  
89 periods of the Lateglacial. Studies suggest that (1) the OD was cooler than the YD in Southern  
90 and Central Europe in comparison with Northern Europe (**~1-3 °C**; Heiri et al., 2014; Moreno  
91 et al., 2014); (2) the Allerød period was warmer than the Bølling in Southwestern Europe and  
92 **the** Mediterranean area (**~1°C**; Moreno et al., 2014); and (3) temperatures were more contrasted  
93 during the B/A and YD in the **Northwest** of Europe in comparison to the South of Europe  
94 (Renssen and Isarin, 2001; Moreno et al., 2014; Heiri et al., 2014). In contrast to temperature,  
95 the precipitation signal is poorly known in Europe during the Lateglacial because few proxies  
96 are available to quantitatively reconstruct precipitation change. Climate models (GCMs)  
97 simulate significant hydrological changes during the B/A and contrasted North-South patterns  
98 during the YD (Renssen and Isarin, 2001; Rea et al., 2020). They simulate drier conditions in  
99 Northern Europe and wetter conditions in Southern Europe, i.e. in the South of Italy, the Dinaric  
100 Alps, and Northern Turkey (Rea et al., 2020). Climate changes during the YD are attributed to  
101 a weak Atlantic Meridional Overturning Circulation (AMOC) and a southward shift of the Polar  
102 Frontal JetStream (PFJS), linked to the elevation of the ice sheet, in particular the Laurentide  
103 ice sheet (Renssen and Isarin, 2001; Renssen et al., 2015; Rea et al., 2020). Rea et al. (2020)  
104 also explains the regional climate patterns in Europe by a relocation of Atlantic storm tracks  
105 along the western European margin and into the Mediterranean.

106 The understanding of climate processes in Europe and Mediterranean regions during the  
107 Lateglacial still needs to be improved. The majority of climate reconstructions are focused on  
108 temperatures, and changes in precipitation remain elusive. The “key” junction area between  
109 Northern and Southern Europe and regional climatic patterns also needs to be better defined.  
110 Moreover, the proxies used to reconstruct climate changes (e.g., coleoptera, chironomids,  
111 pollen, ostracods, speleothems) can show differences in terms of amplitudes or patterns which  
112 are not only affected by temperatures, but also by precipitation or effective moisture (Moreno  
113 et al., 2014; Samartin et al., 2017). For these reasons, more reliable temperature reconstructions,  
114 especially from Western Europe and the Mediterranean region are required to test diverging  
115 trends during the Lateglacial. The proxies largely used to quantitatively reconstruct past climate  
116 changes are often a single proxy approach (e.g. Heiri et al., 2015; Gandouin et al., 2016; Peyron  
117 et al., 2017; Marchegiano et al., 2020; Duprat-Oualid et al., 2022). Multiproxy approaches on  
118 the same sedimentary record, including independent climate proxies, are necessary to better  
119 understand the climate processes in Europe during the Lateglacial (Lotter et al., 2012; Ponel et  
120 al., 2022). Pollen-based reconstructions have the advantage of reconstructing temperatures,  
121 precipitation, and seasonality, however, the climate signal can be perturbed by other factors  
122 such as CO<sub>2</sub> changes and human impact influencing vegetation development (Peyron et al.,  
123 2005). Over the last decades, novel proxies based on molecular geochemistry have been  
124 developed and molecular biomarkers are being increasingly used to reconstruct temperatures  
125 and represent a complementary proxy for lake sediments (Castañeda and Schouten, 2011). In  
126 particular, branched Glycerol Dialkyl Glycerol Tetraethers (brGDGTs) are ubiquitous organic  
127 compounds synthesized by bacteria (Weijers et al., 2006) which have been useful for  
128 **reconstructing** environmental parameters. To date, the actual producers of brGDGTs remain  
129 **elusive** although it is proposed they come from the phylum *Acidobacteria* (Weijers et al., 2009;  
130 Sinninghe Damsté et al., 2018). The relationship, however, between brGDGT distribution and  
131 environmental changes, in particular pH and temperature, are well established (Naafs et al.,  
132 2017b, 2017a; Dearing Crampton-Flood et al., 2020; Martínez-Sosa et al., 2021; Raberg et al.,  
133 2021). The degree of methylation of brGDGTs (MBT; methylation of branched GDGTs) varies  
134 depending on the mean annual air temperature (MAAT) and higher fractional abundance of  
135 hexa- (III) and penta- (II) methylated brGDGTs are recorded in colder environments (Weijers  
136 et al., 2007). Branched glycerol dialkyl glycerol tetraether (brGDGT) membrane lipids are  
137 increasingly used as a temperature proxy: in Europe, brGDGTs have been used to reconstruct  
138 the Mid to Late Holocene temperature changes in the Carpathians (Ramos-Román et al., 2022),  
139 the last 36,000 years in the Southern Iberian Peninsula (Rodrigo-Gámiz et al., 2022), the

140 Holocene temperatures in France (Martin et al., 2020), and in the Eastern Mediterranean over  
141 the last deglaciation (Sanchi et al., 2014; Stockhecke et al., 2021). The association in the same  
142 core between brGDGTs and other proxies such as pollen for climate reconstructions are still  
143 rare (Watson et al., 2018; Panagiotopoulos et al., 2020; Martin et al., 2020; Dugerdil et al.,  
144 2021a, 2021b; Ramos-Román et al., 2022; Robles et al., 2022; Rodrigo-Gámiz et al., 2022) and  
145 no studies are yet available for the circum-Mediterranean region during the Lateglacial.

146 This study presents a high-resolution climate reconstruction for the Lateglacial period in  
147 South Central Europe, inferred from multi-proxy data of the Lake Matese sedimentary record  
148 (Southern Italy). In detail, the aims of this study are to:

- 149 1) establish reliable and independent quantitative climate reconstructions based on  
150 molecular biomarkers (brGDGTs) and pollen data to help identify potential biases of currently  
151 used proxies and thus improve the reliability of each proxy-inferred climate record;
- 152 2) compare these reconstructions with regional climate reconstructions and in the light of  
153 other South European records;
- 154 3) better understand the climate processes in Europe and Mediterranean during the  
155 Lateglacial period.

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## 157 **2. Study site**

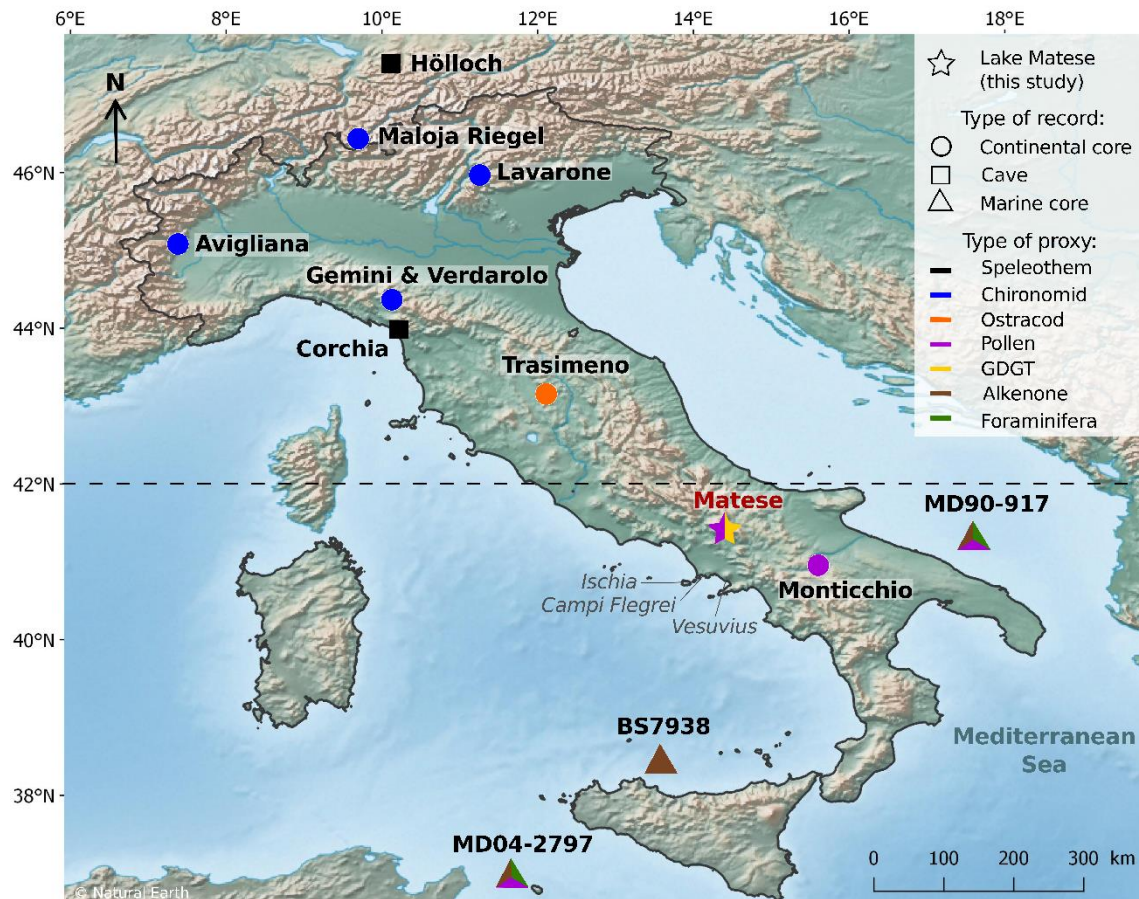
158

159 Lake Matese (41°24'33.3"N, 14°24'22.1"E, 1012 m a.s.l.) is located in the Caserta  
160 province in the Campania region, Southern Italy, approximately 60 km north of the city of  
161 Naples and the active Campanian volcanoes (Vesuvius, Campi Flegrei, Ischia) (Fig. 1). The  
162 lake is situated in the Matese karst massif in the Southern Apennines, which extends over 30  
163 km from the NE to the SW and is composed of Late Triassic-Miocene limestones and dolomites  
164 (Fiorillo and Doglioni, 2010). The present formation of the massif was the result of an extension  
165 by strike-slip faults during the Quaternary, and several strong earthquakes were recorded in the  
166 massif (Ferranti et al., 2015; Ferrarini et al., 2017; Galli et al., 2017; Valente et al., 2019). Lake  
167 Matese is the highest karst lake of Italy and is surrounded by the two highest peaks of the massif,  
168 Mount Miletto (2050 m a.s.l.) and Mount Gallinola (1923 m a.s.l.), which feed the lake by their  
169 snowmelt. Along the southern side of the lake, two sinkholes named the “Breccie” and  
170 “Scennerato” are present (Fiorillo and Pagnozzi, 2015). In the 1920s, hydraulic works were  
171 conducted to isolate the bottom of the lake and the main sinkholes by earthen dams (Fiorillo  
172 and Pagnozzi, 2015). The water level of the lake improved from 1007-1009 m a.s.l. to 1012 m  
173 a.s.l. with a volume of **15 Mm<sup>3</sup>** (Fiorillo and Pagnozzi, 2015). A part of the lake water is

174 transported to the hydroelectric power station of Piedimonte Matese at the bottom of the  
175 mountain massif.

176 The Matese Mountains are characterized by a Mediterranean warm-temperate, humid  
177 climate (Aucelli et al., 2013). The southeastern part of the massif, including Lake Matese, have  
178 the highest precipitation with a maximum of 2167 mm at Campitello Matese (1400 m a.s.l.)  
179 (Fiorillo and Pagnozzi, 2015). Lake Matese shows an annual precipitation of 1808 mm with a  
180 maximum in November (~290 mm) and December (~260 mm) and a minimum in July (~50  
181 mm) (Fiorillo and Pagnozzi, 2015). The annual temperatures correspond to 9.3°C with a  
182 minimum in January (2°C) and a maximum in July (19°C) (Fiorillo and Pagnozzi, 2015).

183 The vegetation of the Matese massif is dominated by deciduous *Quercus* and *Ostrya*  
184 *carpinifolia*, while the highest altitudes at the northern flank also show an exposure of *Fagus*  
185 *sylvatica* and the lower altitudes of the southern flank includes Mediterranean taxa such as  
186 *Quercus ilex* (Taffetani et al., 2012; Carranza et al., 2012; Guarino et al., 2015). The  
187 hygrophilous vegetation at Lake Matese is distinguished by the presence of woody (e.g. *Salix*  
188 *alba*, *S. caprea*, *S. cinerea* subsp. *cinerea*, *Populus nigra*, *P. alba*), helophytes (e.g. *Phragmites*  
189 *australis*, *Schoenoplectus lacustris*, *Typha angustifolia*, *T. latifolia*) and hydrophytes species  
190 (*Myriophyllum spicatum*, *Persicaria amphibia*).



191

**Figure 1.** Location of the Lake Matese and Lateglacial paleoclimate records : Höllloch (Li et al., 2021), Maloja Riegel (Heiri et al., 2014), Lago di Lavarone (Heiri et al., 2014), Lago Piccolo di Avigliana (Larocque and Finsinger, 2008), Lago Gemini (Samartin et al., 2017), Lago Verdarolo (Samartin et al., 2017), Corchia cave (Regattieri et al., 2014), Lake Trasimeno (Marchegiano et al., 2020), Lago Grande di Monticchio (Allen et al., 2002), MD90-917 (Combourieu-Nebout et al., 2013; Sicre et al., 2013), BS7938 (Sbaffi et al., 2004), MD04-2797 (Desprat et al., 2013; Sicre et al., 2013). Dotted line indicates latitude 42°N. Location of active Campanian volcanoes (Vesuvius, Campi Flegrei, Ischia).

192

### 193 3. Material and methods

194

#### 195 3.1 Coring retrieval

196

Coring of Lake Matese was performed in July 2019 in the southwestern part of the lake  
 197 (41°24'33.3"N, 14°24'22.1"E, 1012 m a.s.l.). **Core** occurred on a floating raft composed of  
 198 *Salix* spp. and *Phragmites* spp., naturally present in the eastern part of the lake. Three parallel  
 199 cores (cores A, B and C) were taken with a 1 m Russian corer with a chamber diameter of 6.3  
 200 cm. The composite core, measuring 535 cm, was constructed from sections of parallel cores  
 201 and is based on the lithology and XRF data.

202

### 203 3.2 Chronology and age-depth model

204 Several methods have been used to build the chronology of the core including  
205 radiocarbon dating, and tephrochronology. The regional pollen stratigraphy is used to validate  
206 this age-depth model. Twelve accelerator mass spectrometry (AMS)  $^{14}\text{C}$  dates were measured  
207 at Poznań Radiocarbon Laboratory and at the Radiocarbon Dating Center in Lyon. Plant  
208 macrofossils (plant fibers, wood) and charcoal were selected for four samples, and bulk  
209 sediment was used for eight samples according to the sediment type. Radiocarbon ages were  
210 calibrated in years cal BP using the *Calib 8.2* software with the IntCal20 calibration curve  
211 (Reimer et al., 2020).

212 Visible tephra layers and cryptotephra layers, detected by magnetic susceptibility and  
213 XRF core scanning data, were subsampled and processed for geochemical analysis.  
214 Cryptotephra was extracted using  $\text{H}_2\text{O}_2$  and HCl to remove organic matter and carbonates,  
215 sieved at 20 and 100 microns, volcanic glass shards were embedded in resin, sectioned and  
216 polished for electron probe microanalysis. A JEOL-JXA8230 probe the Helmholtz Centre  
217 Potsdam (Germany) was used with a 15kV accelerating voltage, 10 nA beam current, and a 15  
218 micron beam size. Analytical count times were 20 seconds for all elements except for K and  
219 Na, measured first at 10 s. International glass standards such as the Max Planck Institute (MPI-  
220 glasses) ATHO-G, StHs6/80 and GOR-132 (Jochum et al., 2006) and the natural Lipari obsidian  
221 (Hunt and Hill, 1996; Kuehn et al., 2011) were measured prior to sample analysis for data  
222 quality insurance. Glass geochemical data of Matese tephtras are normalized on an anhydrous,  
223 volatile-free basis and compared with published tephra glass datasets (Wulf et al., 2008; Smith  
224 et al., 2011; Tomlinson et al., 2012).

225 The age-depth model based on **based on one radiocarbon date and correlated tephra**  
226 **ages** was constructed using an interpolated linear curve with the R ‘Clam’ program with 95%  
227 confidence intervals (Blaauw, 2010). In order to validate the age depth models, the pollen  
228 stratigraphy of the regional sites was compared with pollen data of Matese. The pollen  
229 stratigraphy of Pavullo di Frignano (Vescovi et al., 2010), Lakes Accesa (Drescher-Schneider  
230 et al., 2007), Albano (Mercuri et al., 2002), Mezzano (Sadori, 2018), Monticchio (Allen et al.,  
231 2002), and Trifoglietti (De Beaulieu et al., 2017) were used to identify the OD-B/A, B/A-YD  
232 and YD-Holocene transitions. We used the median age for each transition.

233

### 234 3.3 Magnetic susceptibility and geochemistry

235 Magnetic susceptibility (MS) was measured with a MS2E1 surface scanning sensor  
236 from Bartington Instruments on a Geotek Multi-Sensor Core logger based at the Chrono-



237 environment laboratory (UMR CNRS - University of Franche-Comté). An interval of 3 mm or  
238 5 mm was applied depending on the type of sediment.

239 Geochemical analyses were performed at high resolution by X-ray Fluorescence (XRF)  
240 with an AVAATECH core scanner at the EDYTEM laboratory (University Savoie Mont  
241 Blanc). A continuous 5 mm step measurement was applied with a run at 10 kV and 0.1 mA for  
242 15 s to detect lightweight elements, such as Al, Si, K, Ca, Ti, Mn, Fe and a second run at 30 kV  
243 and 0.15 mA for 20 s to detect Br, Rb, Sr and Zr. The XRF core scanning provides an estimate  
244 of the geochemical composition, and the results are semi-quantitative and expressed as peak  
245 intensities counts i.e. counts per second (cps).

246

### 247 3.4 Pollen analyses

248 A total of 56 samples from the Matese core were collected at 4 cm or 6 cm resolution  
249 for pollen analysis. For each sample, 1 cm<sup>3</sup> of sediment was processed and 3 *Lycopodium* tablets  
250 were added to estimate pollen concentration. Samples were treated following the standard  
251 procedure (Faegri et al., 1989; Moore et al., 1991) including HCl, KOH, sieving, acetolysis and  
252 HF. The pollen **concentrates** were analyzed with a Leica DM1000 LED microscope at a  
253 standard magnification of 400x. Pollen taxa were identified using photo atlases (Beug, 2004;  
254 Reille, 1998; Van Geel, 2002) and a modern reference collection (ISEM, University of  
255 Montpellier). Each slide was counted with a minimum of 300 terrestrial pollen grains, excluding  
256 aquatic plants such as Cyperaceae, aquatic taxa, and fern spores. A simplified pollen diagram  
257 was constructed (**Fig. 2**) with the R package *Rioja* (Juggins and Juggins, 2020). **This study**  
258 **presents the main pollen taxa and is not focused on variations of individual species.**

259

### 260 3.5 Pollen-inferred climate reconstruction

261 A multi-method approach was used to reconstruct climate parameters from pollen data  
262 with **greater** reliability than reconstructions based on a single climate reconstruction method  
263 (Peyron et al., 2013, 2011, 2005; Salonen et al., 2019). We have selected here the Modern  
264 Analog Technique (MAT; Guiot, 1990), Weighted Averaging Partial Least Squares regression  
265 (WAPLS; ter Braak and van Dam, 1989; ter Braak and Juggins, 1993), and the most recent  
266 machine-learning methods : Random Forest (RF; Breiman, 2001; Prasad et al., 2006) and  
267 Boosted Regression Trees (BRT; De'ath, 2007; Elith et al., 2008).

268 The MAT is an assemblage approach, based on the measure of the degree of  
269 dissimilarity (squared chord distance) between fossil and modern pollen assemblages (Guiot,  
270 1990). Fossil pollen assemblages are compared to a set of modern assemblages (modern

271 dataset), each one associated with climate estimates. The closest modern samples are retained  
272 and averaged to estimate past climate conditions (annual and seasonal temperature and  
273 precipitation). WAPLS is a non-linear regression technique that models the relationships  
274 between the climate parameters and the pollen taxa from a modern pollen dataset, before  
275 applying these relationships to fossil pollen assemblages (ter Braak and Juggins, 1993; ter Braak  
276 and van Dam, 1989). WAPLS and MAT methods are applied with the R package *Rioja* (Juggins  
277 and Juggins, 2020). RF and BRT, based on machine learning, utilizes regression trees  
278 developed with ecological data, and has been used recently to reconstruct palaeoclimatic  
279 changes (Salonen et al., 2019; Robles et al., 2022). These classification trees are used to  
280 partition the data by separating the pollen assemblages based on the relative pollen percentages.  
281 RF is based on a large number of regression trees, each tree being estimated from a randomized  
282 ensemble of different subsets of the modern pollen dataset by **bootstrapping** (Breiman, 2001;  
283 Prasad et al., 2006). Finally, the RF prediction is applied **to** the fossil pollen record. BRT is also  
284 based on regression trees (De'ath, 2007; Elith et al., 2008); it differs from RF in the definition  
285 of the random modern datasets. In RF, each sample gets the same probability of being selected,  
286 while in BRT the samples that were insufficiently described in the previous tree get a higher  
287 probability of being selected. This approach is called 'boosting' and increases the performance  
288 of the model over the elements that are least well predicted (Breiman, 2001; Prasad et al., 2006;  
289 De'ath, 2007; Elith et al., 2008). RF is applied with the R package *randomForest* (Liaw and  
290 Wiener, 2002) and BRT with the R package *dismo* (Hijmans et al., 2021).

291 The modern pollen dataset (n = 3373 sites) used for the calibration of the methods is  
292 based on the large Eurasian/Mediterranean dataset compiled by Peyron et al. (2013, 2017) and  
293 completed by Dugerdil et al. (2021a) and Robles et al. (2022). In our study, we added pollen  
294 data of 92 surface lake sediments from Italy (Finsinger et al., 2007) and 15 moss polsters from  
295 the Matese massif (Robles, 2022). Then, a biome constraint (Guiot et al., 1993), based on the  
296 pollen-Plant Functional Type method and following the biomization procedure (Peyron et al.,  
297 1998; Prentice et al., 1996) was applied to modern and fossil pollen samples. The modern pollen  
298 dataset finally selected for the calibration of the different methods contains 1018 samples  
299 belonging to 3 biomes depicted in the fossil core: "warm mixed forest" (WAMX), "temperate  
300 deciduous" (TEDE) and "cold steppe" (COST). Performance of each method and calibration  
301 training was statistically tested (for more details, see Dugerdil et al., 2021a) to determining if  
302 modern samples are suitable for quantitative climate reconstructions. The Root Mean Square  
303 Error (RMSE) and the  $R^2$  are presented in the Supplementary Table S1. Five climate parameters  
304 were reconstructed, mean annual air temperature (MAAT), mean temperature of the warmest

305 month (MTWA), mean temperature of the coldest month (MTCO), mean annual precipitation  
306 (PANN), and winter precipitation ( $P_{\text{winter}}$  = December, January, and February). For each climate  
307 parameter, the methods fitting with the higher  $R^2$  and the lower RMSE were selected.  
308 Cyperaceae and ferns in the Matese record have been excluded because they are associated with  
309 local dynamics.

310

### 311 3.6 BrGDGT analyses

312 A total of 56 samples from the Matese core (4 cm or 6 cm resolution) were used for  
313 GDGT analysis (same as for pollen analysis). The samples were freeze-dried, powdered and  
314 subsampled (1 g for clay and 0.4 g for gyttja). Lipids were extracted from the sediment using a  
315 microwave oven (MARS 6; CEM) with dichloromethane:methanol (3:1). Then, the internal  
316 standard was added ( $C_{46}$  GDGT, Huguet et al., 2006). The total lipid extracts were separated  
317 into apolar and polar fractions using a silica SPE cartridge with hexane:DCM (1:1) and  
318 DCM:MeOH (1:1). The polar fractions containing brGDGTs were analyzed using a High-  
319 Performance Liquid Chromatography Mass Spectrometry (HPLC-APCI-MS, Agilent 1200)  
320 with detection via selective ion monitoring (SIM) of  $m/z$  1050, 1048, 1046, 1036, 1034, 1032,  
321 1022, 1020, and 1018 in the LGL-TPE of ENS Lyon (Hopmans et al., 2016; Davtian et al.,  
322 2018). GDGT concentrations were calculated based on the internal standard ( $C_{46}$  GDGT,  
323 **Huguet et al., 2006**). The analytic reproducibility was assessed **by regularly processing a lab-**  
324 **internal sediment sample (Vaux Marsh; 45°57'21.1"N, 5°35'32.42"E). Analytical**  
325 **precision is based on duplicate injections of one sample of each Matese core lithological**  
326 **types (n=4). Respective analytical 1-sigma standard deviations are then applied to each**  
327 **measurement within one lithology.**

328

### 329 3.7 GDGTs annual temperature reconstruction

330 The proportion of tetra- (I), penta- (II) and hexa- (III) methylated brGDGTs includes  
331 the fractional abundances of the 5-methyl (X), 6-methyl (X') and 7-methyl (X7) brGDGTs  
332 (Ding et al., 2016). The CBT (**cyclization ratio of branched tetraethers**) and MBT indexes  
333 were defined by Weijers et al. (2007) and the MBT' $_{5me}$ , only based on the 5-methyl brGDGTs,  
334 by De Jonge et al. (2014). The Mean Annual Air Temperature (MAAT) was reconstructed with  
335 global (Sun et al., 2011) and East African (Russell et al., 2018) lacustrine calibrations. The  
336 mean temperature of Months Above Freezing (MAF) was reconstructed with a lacustrine  
337 calibration based on Bayesian statistics (Martínez-Sosa et al., 2021;  
338 <https://github.com/jesstierney/BayMBT>) and a global lacustrine calibrations with revised

339 compound fractional abundances based on methylation and cyclization number and methylation  
 340 position (Raberg et al., 2021). Synthesis of the formulae for the main brGDGT indices are  
 341 presented in Table 1. Modern MAAT and MAF of the Lake Matese corresponds to 9.3 °C.

342 The analytic reproducibility corresponds to  $\pm 0.040$  for CBT,  $\pm 0.0167$  for MBT,  $\pm 0.0206$   
 343 for  $MBT'_{5me}$ ,  $\pm 0.8566$  °C for MAAT developed by Sun et al. (2011),  $\pm 0.6672$  °C for MAAT  
 344 developed by Russell et al. (2018), and  $\pm 0.5403$  °C and  $\pm 1.1258$  °C for  $MAF_{Meth}$  and  $MAF_{Full}$   
 345 developed by Raberg et al. (2021).  
 346

**Table 1.** Synthesis of the formulae for the main brGDGT indices. For acronym explanation of  $MAF_{Meth}$  and  $MAF_{Full}$ , see Raberg et al. (2021). For more information about the Bayesian statistics see Martínez-Sosa et al., 2021 and references therein.

Indice	Formula	Reference
%tetra	$\frac{Ia + Ib + Ic}{\Sigma brGDGTs}$	Ding et al., 2016
%penta	$\frac{IIa + IIa' + IIa_7 + IIb + IIb' + IIb_7 + IIc + IIc' + IIc_7}{\Sigma brGDGTs}$	Ding et al., 2016
%hexa	$\frac{IIIa + IIIa' + IIIa_7 + IIIb + IIIb' + IIIb_7 + IIIc + IIIc' + IIIc_7}{\Sigma brGDGTs}$	Ding et al., 2016
CBT	$-\log \frac{Ib + IIb}{Ia + IIa}$	Weijers et al., 2007
MBT	$\frac{Ia + Ib + Ic}{\Sigma brGDGTs}$	Weijers et al., 2007
$MBT'_{5me}$	$\frac{Ia + Ib + Ic}{Ia + Ib + Ic + IIa + IIb + IIc + IIIa}$	De Jonge et al., 2014
MAAT (°C)	$3.949 - 5.593 \times CBT + 38.213 \times MBT$ ( $n = 100, R^2 = 0.73, RMSE = 4.27^\circ C$ )	Sun et al., 2011
MAAT (°C)	$-1.21 + 32.42 \times MBT'_{5me}$ ( $n = 65, R^2 = 0.92, RMSE = 2.44^\circ C$ )	Russell et al., 2018
$MAF_{Meth}$ (°C)	$92.9 + 63.84 \times fIb_{Meth}^2 - 130.51 \times fIb_{Meth}$ $- 28.77 \times fIIa_{Meth}^2 - 72.28 \times fIIb_{Meth}^2$ $- 5.88 \times fIIc_{Meth}^2 + 20.89 \times fIIIa_{Meth}^2$ $- 40.54 \times fIIIa_{Meth} - 80.47 \times fIIIb_{Meth}$ ( $n = 182, R^2 = 0.90, RMSE = 2.14^\circ C$ )	Raberg et al., 2021
$MAF_{Full}$ (°C)	$-8.06 + 37.52 \times fIa_{Full} - 266.83 \times fIb_{Full}^2$ $+ 133.42 \times fIb_{Full} + 100.85 \times fIIa'_{Full}^2$ $+ 58.15 \times fIIIa'_{Full}^2 + 12.79 \times fIIIa_{Full}$	Raberg et al., 2021

$$(n = 182, R^2 = 0.91, RMSE = 1.97 \text{ } ^\circ\text{C})$$

Equation from the Bayesian model :

$$MAF \text{ (} ^\circ\text{C)} \quad MBT'_{5me} = 0.030(\pm 0.001)MAF + 0.075(\pm 0.012) \quad \text{Martínez-Sosa et al., 2021}$$
$$(R^2 = 0.82, RMSE = 2.9 \text{ } ^\circ\text{C})$$

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347

348

## 349 4. Results

350

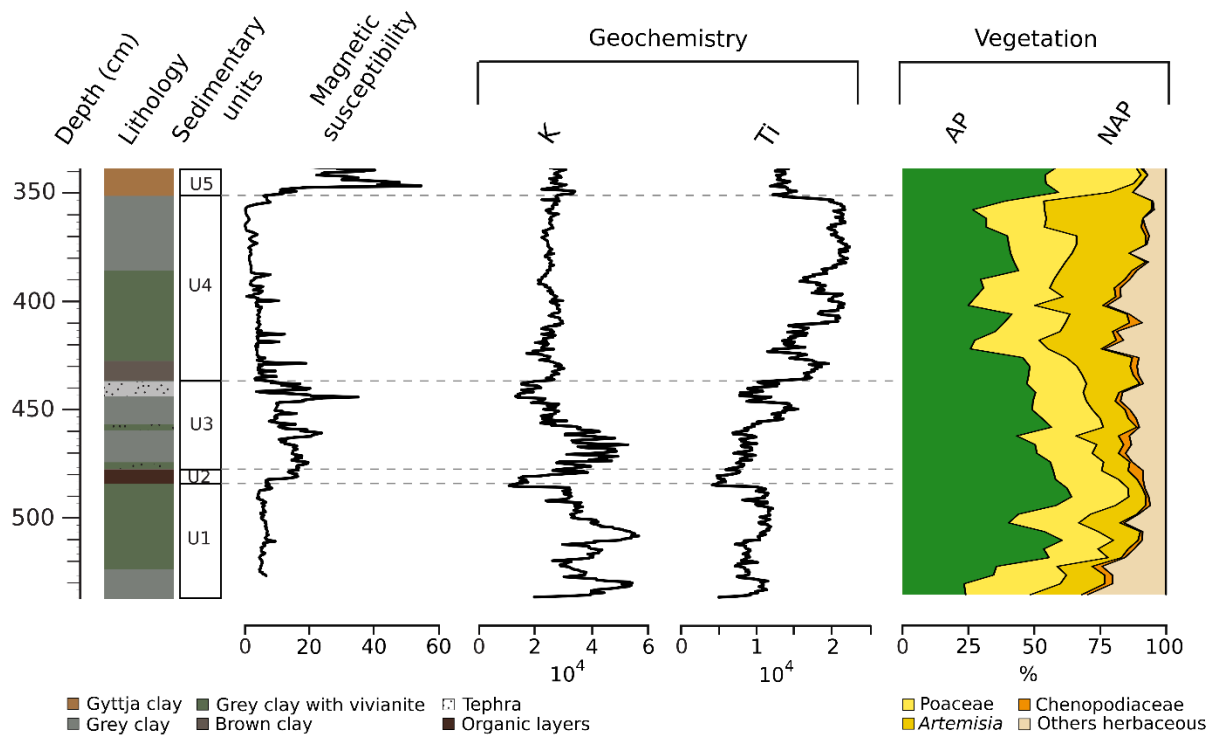
### 351 4.1 Lithology, magnetic susceptibility, XRF and pollen

352 The lithology of the Matese core (Fig. 2) is mainly composed of gray clay sediment  
353 with vivianite from the base to 350 cm, interrupted by an organic layer between 477-484 cm  
354 (sedimentary Unit 2) and a macroscopically visible tephra layer (Fig. 2) between 476-437 cm  
355 (sedimentary Unit 3). This part contains few plant fibers, which are essentially vertically  
356 oriented in the core. From 349 to 320 cm, the lithology is formed by a mix of clay sediment and  
357 gyttja (sedimentary Unit 5). This part is mostly composed by roots and fine rootlets.

358 Magnetic susceptibility (MS) and Potassium (K) peaks of XRF core scanning are used  
359 to detect tephra layers (Fig. 2). MS and Potassium contents show increased values at 516-502  
360 cm, 482-437 cm and 366-338 cm, which correspond to the deposition of tephra material  
361 (macroscopic visible tephra and cryptotephra of primary and secondary deposition). Small  
362 peaks are also visible in MS between 430 and 360 cm but they are not associated with any  
363 observed tephra. Potassium content is also marked by an increase between 536-526 cm which  
364 corresponds to tephra of primary deposition. Titanium (Ti) content, on the other hand, is  
365 representative for terrigenous input which is prevailing in sedimentary Unit 4 (Fig. 2).

366 The main pollen taxa diagram (Fig. 2) shows the dominance of herbaceous taxa  
367 (Poaceae, *Artemisia*) and a small proportion of arboreal taxa at the base of the sequence. From  
368 520 to 425 cm, the period is marked by three expansion phases of arboreal taxa, followed  
369 between 438 to 354 cm by a large increase of *Artemisia* and a drop of AP taxa starting at 422  
370 cm. Finally, from 354 to 338 cm AP and Poaceae increase, whereas *Artemisia* significantly  
371 decline.

372



373

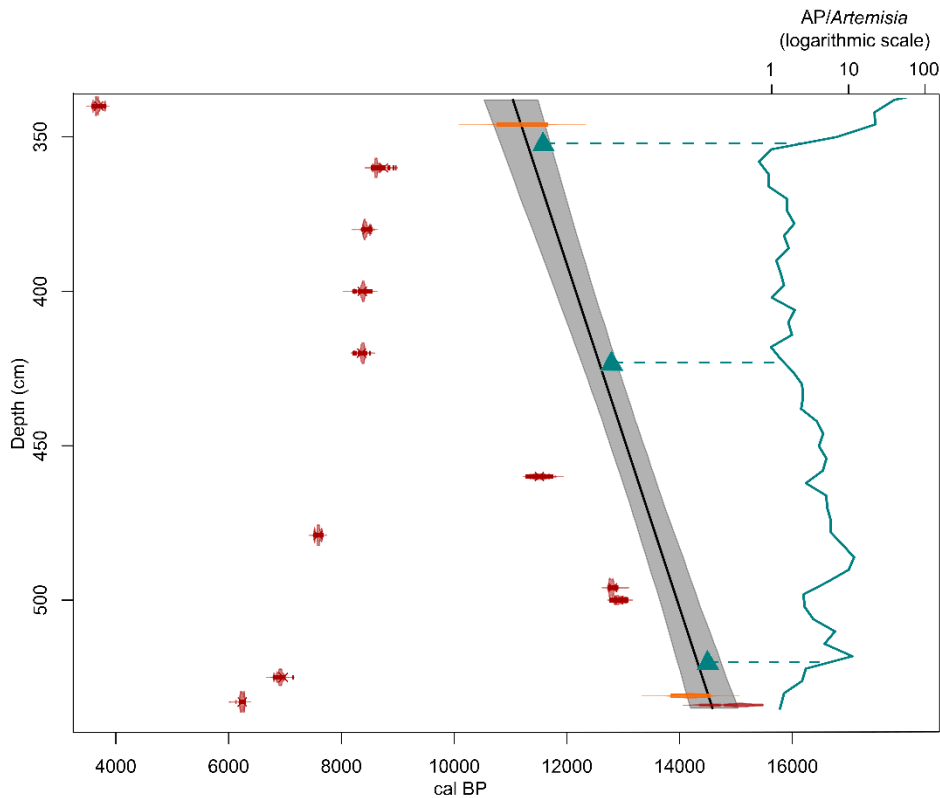
**Figure 2.** Sediment lithology, magnetic susceptibility, geochemical data and selected terrestrial pollen taxa of Matese. Arboreal Pollen (AP; green) and Non Arboreal Pollen (NAP; yellow-orange) are expressed in percentages of total terrestrial pollen.

374 4.2 Age-depth model

375 The age-depth model is based on  $^{14}\text{C}$  dates and tephrochronology, and then pollen  
 376 stratigraphy was used to validate the age-depth model (Fig. 3). Based on their typical phono-  
 377 trachytic and bimodal tephri-phonolitic to trachytic major element glass composition Matese  
 378 tephtras at 530 cm and 346 cm depth can be correlated with distal Monticchio tephtras TM-8 and  
 379 TM-6-2, respectively (Fig. 4; Table 2). Tephra TM-8 has been correlated with the Neapolitan  
 380 Yellow Tuff (NYT) eruption (Wulf et al., 2004) which has an age of  $14,194 \pm 172$  cal BP (Bronk  
 381 Ramsey et al., 2015). The tephra layer at 530 cm corresponds to the primary deposition and  
 382 secondary deposition of remobilised tephtras that were identified at 510 cm and 475 cm. TM-6-  
 383 2 most likely are derived from the Early Holocene Casale eruption from Campi Flegrei (Smith  
 384 et al., 2011) which is varve dated in Monticchio at  $11,210 \pm 224$  cal BP (Wulf et al., 2008). The  
 385 tephra layer at 346 cm corresponds to a primary deposition.

386 The ages obtained with the regional pollen stratigraphy show an OD-B/A transition at  
 387  $14,500 \pm 93.7$  cal BP, a B/A-YD transition at  $12,800 \pm 57.7$  cal BP and a YD-Holocene  
 388 transition at  $11,575 \pm 103.1$  cal BP (Allen et al., 2002; Mercuri et al., 2002; Drescher-Schneider  
 389 et al., 2007; Vescovi et al., 2010; De Beaulieu et al., 2017; Sadori, 2018). Pollen stratigraphy of

390 the regional sites were compared with pollen data of Matese and the ages obtained show a good  
 391 correspondence with the ages of tephra samples but a poor correspondence with the  $^{14}\text{C}$  dates.  
 392 Therefore, most of the  $^{14}\text{C}$  dates (Table 3) are not included in the age-depth model (except the  
 393 date at the base of the core). **The organic matter extracted from sediment was essentially**  
 394 **composed of rootlets, that explains the rejuvenation of the  $^{14}\text{C}$  ages.**



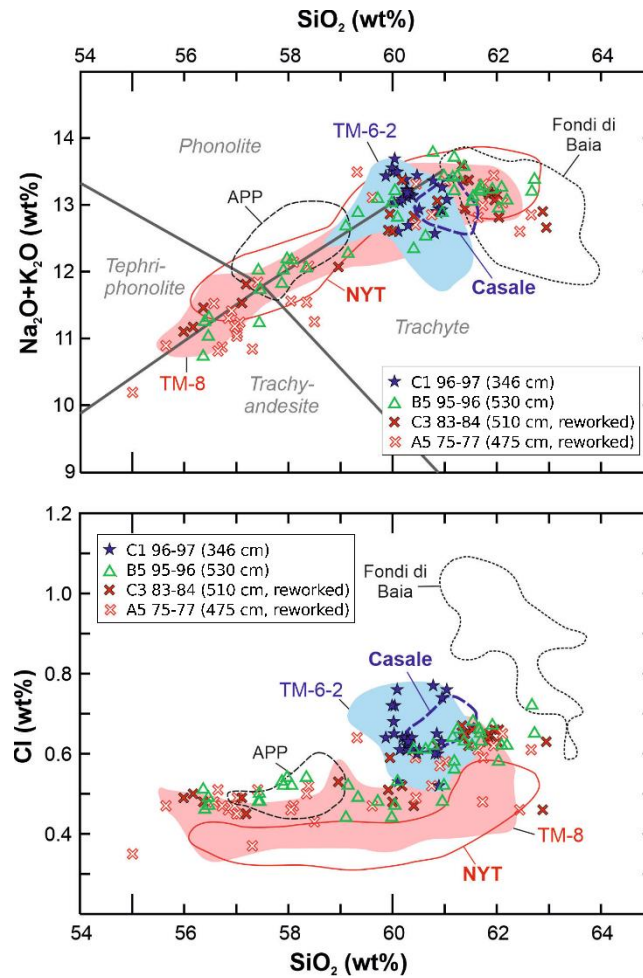
395

**Figure 3.** Age-depth model is based on calibrated AMS radiocarbon dates (red points; Table 3) and tephra ages (orange points; Table 2). **The grey band is the 95% confidence interval.** Blue triangles are the median of ages of the vegetation transition compiled with the regional pollen stratigraphy. This pollen stratigraphy includes the sites of Pavullo di Frignano (Vescovi et al., 2010), Accesa (Drescher-Schneider et al., 2007), Albano (Mercuri et al., 2002), Mezzano (Sadori, 2018), Monticchio (Allen et al., 2002), and Trifoglietti (De Beaulieu et al., 2017). AP/Artemisia ratio (blue line) is expressed on a logarithmic scale. AP: Arboreal Pollen.

**Table 2.** Tephra samples from Matese cores (MC) and correlation with tephra samples from Lago Grande di Monticchio (Wulf et al., 2008) and proximal eruptive sources.

Sample ID	Depth MC (cm)	Tephra Monticchio	Eruption	Age (cal BP)	Age reference
C1 96-97	346	TM-6-2	Casale	11,210 ± 224	Wulf et al., 2008
A5 75-77	475 (reworked)	TM-8	Neapolitan Yellow Tuff (NYT)	14,194 ± 172	Bronk Ramsey et al., 2015
C3 83-84	510 (reworked)				
B5 95-96	530				

396



397

**Figure 4.** Bivariate plot of selected major elements ( $\text{SiO}_2$  vs. total alkalis and  $\text{SiO}_2$  vs. Cl) of Matese tephras and potential proximal and Monticchio tephra correlatives. Data from: TM-6-2 (Monticchio, Wulf et al., 2008; this study); TM-8 (Monticchio, Tomlinson et al., 2012; this study); Casale, Fondi di Baia (proximal; Smith et al., 2011); APP/Agnano Pomice Principali and NYT/Neapolitan Yellow Tuff (proximal; Tomlinson et al., 2012).

**Table 3.** AMS-radiocarbon dates (Radiocarbon Laboratory, Poznań), calibrated median ages, with  $2\sigma$  range of calibration from Matese cores (MC).

Sample ID	Depth MC (cm)	Lab code	Material	AMS $^{14}\text{C}$ age (BP)	Age (cal BP) ( $2\sigma$ )	Median age (cal BP)
A4 40-41	340	Poz-128971	Bulk	$3425 \pm 30$	3573 - 3822	3668
A4 60-61	360	Poz-138111	Bulk	$7850 \pm 40$	8540 - 8968	8631
A4 80-81	380	Poz-138112	Bulk	$7640 \pm 50$	8370 - 8541	8432
B4 50-51	400	Poz-128972	Bulk	$7580 \pm 60$	8206 - 8519	8385
A5 20-21	420	Poz-138113	Bulk	$7570 \pm 50$	8206 - 8512	8379
A5 60-61	460	Poz-128976	Bulk	$10020 \pm 50$	11280 - 11743	11519
A6 52-53	479	Poz-119283	Plant fibers, wood fragments, charcoals	$6730 \pm 40$	7513 - 7669	7596
A5 96-97	496	Poz-137155	Wood fragments	$10870 \pm 60$	12728 - 12903	12799
B5 64-65	500	Poz-128973	Bulk	$11000 \pm 60$	12769 - 13078	12925
A6 98-99	525	Poz-119284	Plant fibers	$6060 \pm 35$	6795 - 7147	6912
B5 97-98	533	60747	Plant fibers	$5430 \pm 30$	6190 - 6295	6236
B5 98-99	534	Poz-128975	Bulk	$12650 \pm 130$	14331 - 15477	15027

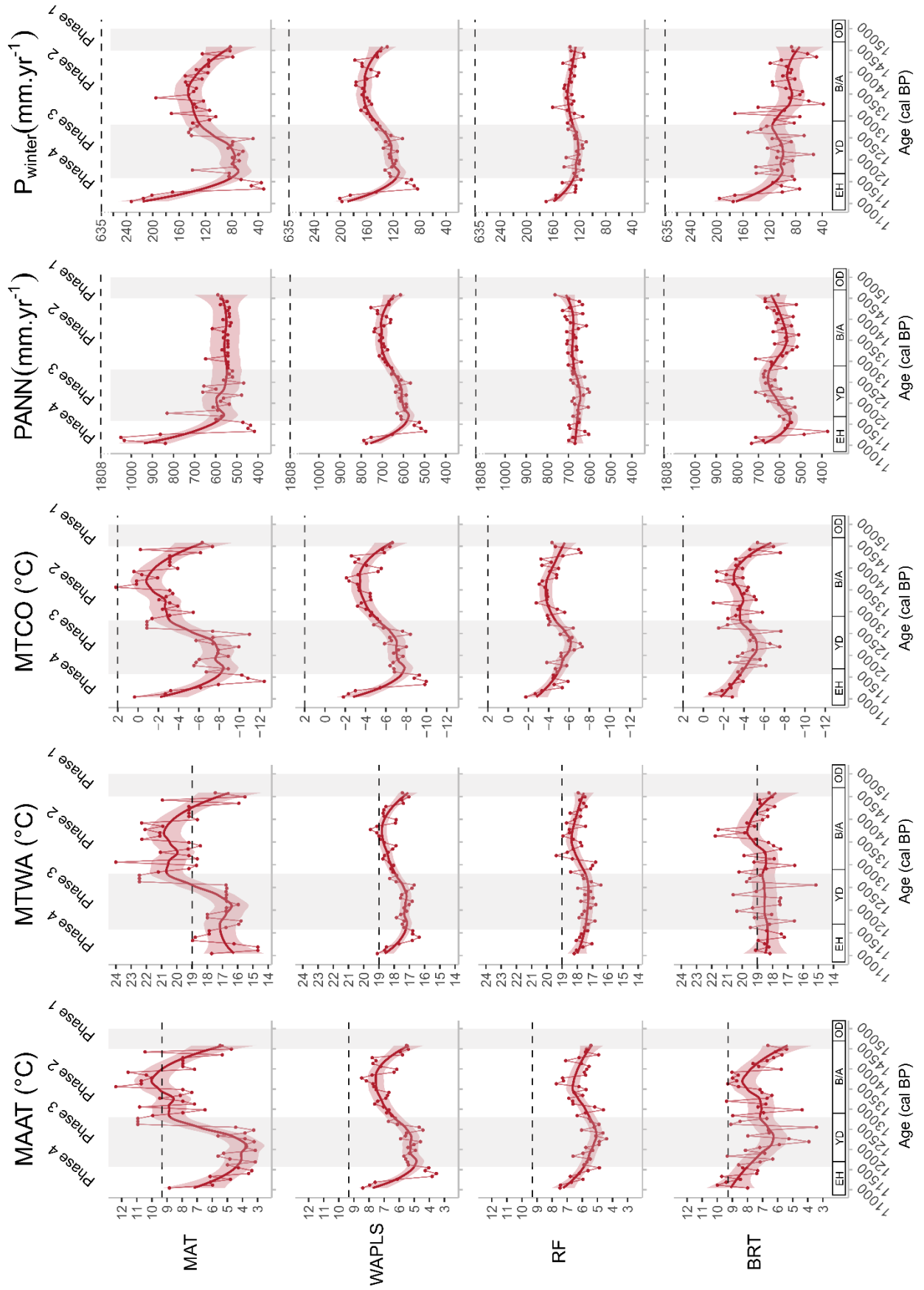


398

399 4.3 Pollen-inferred climate reconstructions

400 Pollen-inferred climate reconstructions at Matese show similar trends for all methods  
401 (Fig. 5). The MAT and the BRT methods show higher sample-to-sample variability than the  
402 WAPLS, and RF appears as the less sensitive method. Statistical results of the model  
403 performance (Supplementary Table S1) show the better values for  $R^2$  and RMSE for the BRT  
404 method (all climatic parameters).

405 Temperature trends show two cold periods (phases 1 and 3) and two warm periods  
406 (phases 2 and 4). The reconstructed values (MAAT and MTWA) during the warm periods are  
407 close to modern values whereas the values of MTCO are lower than the modern values. Annual  
408 precipitation (PANN) shows few variations and the values of PANN and  $P_{\text{winter}}$  are lower than  
409 modern values, with all methods. Phase 1 (535-530 cm; 14,600-14,500 cal BP) is characterized  
410 by cold conditions and low precipitation during winter. Phase 2 (530-436 cm; 14,500-12,800  
411 cal BP) is a warm period characterized by strong warming and punctuated by three colder events  
412 at 14,000 cal BP, 13,500-13,350 cal BP and 13,000 cal BP. Mean annual precipitation shows  
413 little variation whereas  $P_{\text{winter}}$  shows higher values than during the phase 1. Phase 3 (436-367  
414 cm; 12,800-11,570 cal BP) is a strong event marked by cold conditions, a slight decline in  $P_{\text{winter}}$   
415 and few changes for PANN. At the transition with phase 4, a significant decrease in the  
416 precipitation parameters is recorded. Phase 4 (367-338 cm; 11,570-11,000 cal BP) is  
417 characterized by a well-marked temperature increase (MAAT and MTCO) associated with wet  
418 conditions (hydrological parameters reach their maximum value).



422 **Figure 5.** Lake Matese pollen-inferred climate reconstruction based on four methods against age: MAT  
423 (Modern Analogue Technique), WAPLS (Weighted Averaging Partial Least Squares regression), RF  
424 (Random Forest) and BRT (Boosted Regression Trees). Large lines correspond to loess smoothed  
425 curves, shaded areas to the 95% confidence interval and **dashed** lines to modern climate values of Lake  
426 Matese. MAAT: mean annual air temperature. MTWA: mean temperature of the warmest month.  
427 MTCO: mean temperature of the coldest month. PANN: mean annual precipitation.  $P_{\text{winter}}$ : winter  
428 precipitation. **OD: Oldest Dryas. B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.**  
429

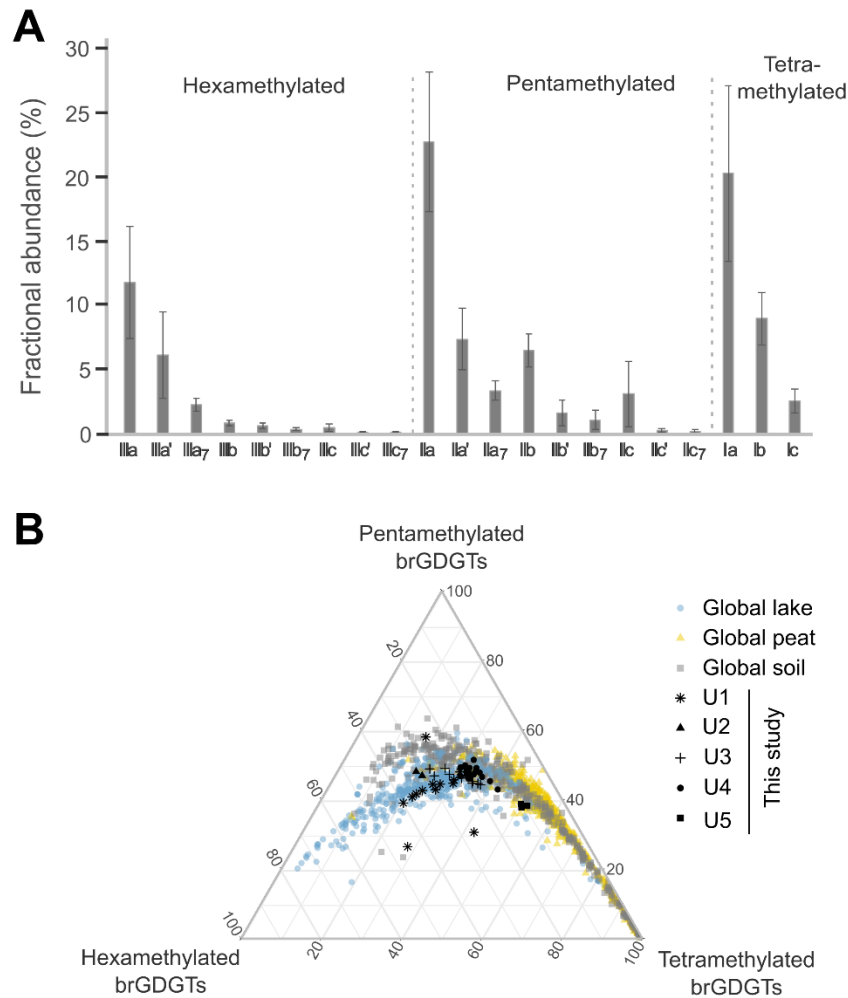
#### 430 4.3 BrGDGT-inferred climate reconstruction

431

##### 432 *4.3.1 Concentration and distribution of brGDGTs*

433 The total concentration of brGDGTs ranges between 0.06 and 8.63  $\mu\text{g}\cdot\text{g}^{-1}$  dry sediment.  
434 The fractional abundances of brGDGTs (Fig. 6A) show a dominance of pentamethylated  
435 brGDGTs (II, 46%), especially brGDGT IIa (23%), brGDGTs IIa' (7%) and brGDGTs IIb  
436 (6%). The relative abundance of tetramethylated brGDGTs (I, 33%) is mainly explained by  
437 brGDGT Ia (20%) and brGDGTs Ib (9%). The relative abundance of hexamethylated brGDGTs  
438 (III, 21%) is mainly explained by brGDGT IIIa (11%) and brGDGTs IIIa' (6%). The relative  
439 abundances of tetra, penta- and hexamethylated brGDGTs of Matese core are compared to  
440 global datasets (Fig. 6B). Sediment samples of the Matese core show a good correspondence  
441 with global lake and soil samples, except for some samples from sedimentary Unit 1 and 5.  
442 Samples of sedimentary Unit 5, characterized by a mix of clay and gyttja, are more similar to  
443 global soil and peat samples.

444



445

**Figure 6.** A) Fractional abundance of tetra-, penta-, and hexamethylated brGDGTs for Matese core. B) Ternary diagram showing the fractional abundances of the tetra-, penta-, and hexamethylated brGDGTs for Matese core (black points) and global lake (blue points; Martínez-Sosa et al., 2021), peat (yellow circles; Naafs et al., 2017a), and soils (gray circles; Yang et al., 2014; Naafs et al., 2017b).

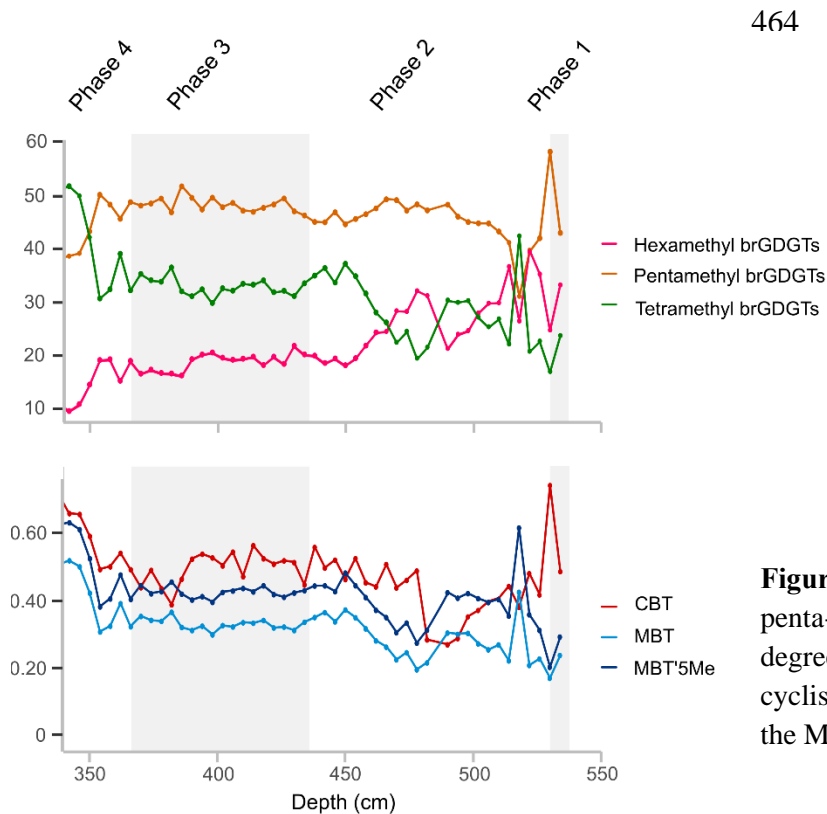
446

#### 447 4.3.2 Indices of brGDGTs

448 The relative abundance of tetra-, penta-, and hexamethylated brGDGTs changes along  
 449 Matese core (Fig. 7). The fractional abundance shows a dominance of pentamethylated  
 450 brGDGTs except at 518 cm depth, and during the last phase (Phase 4). The fractional abundance  
 451 of hexamethylated brGDGTs shows higher values between 535-502 cm and 490-466 cm and  
 452 becomes dominant at 486 cm. The fractional abundance of tetramethylated brGDGTs shows  
 453 higher values between 502-490 cm and 466-352 cm and is dominant at 518 cm and 352-338  
 454 cm (Phase 4).

455 The degree of methylation (MBT, MBT<sub>5Me</sub>) and the cyclisation ratio (CBT) also shows  
 456 variation along Matese core (Fig. 7). The MBT and the MBT<sub>5Me</sub> show similar trends but  
 457 different absolute values; they vary between 0.17 and 0.52 and between 0.20 and 0.63,

458 respectively. The degree of methylation remains relatively stable except during two phases of  
 459 decrease between 534-522 cm and 486-458 cm, and two phases with higher values at 518 cm  
 460 depth and during the Phase 4. The CBT varies between 0.27 and 0.74. Phase 1 (535-530 cm) is  
 461 characterized by high values of CBT following by a decline until reaching a minimum between  
 462 494-482 cm. Then, the CBT slightly increases; at 382 cm a slow decline is recorded, and a  
 463 strong increase marks Phase 4.

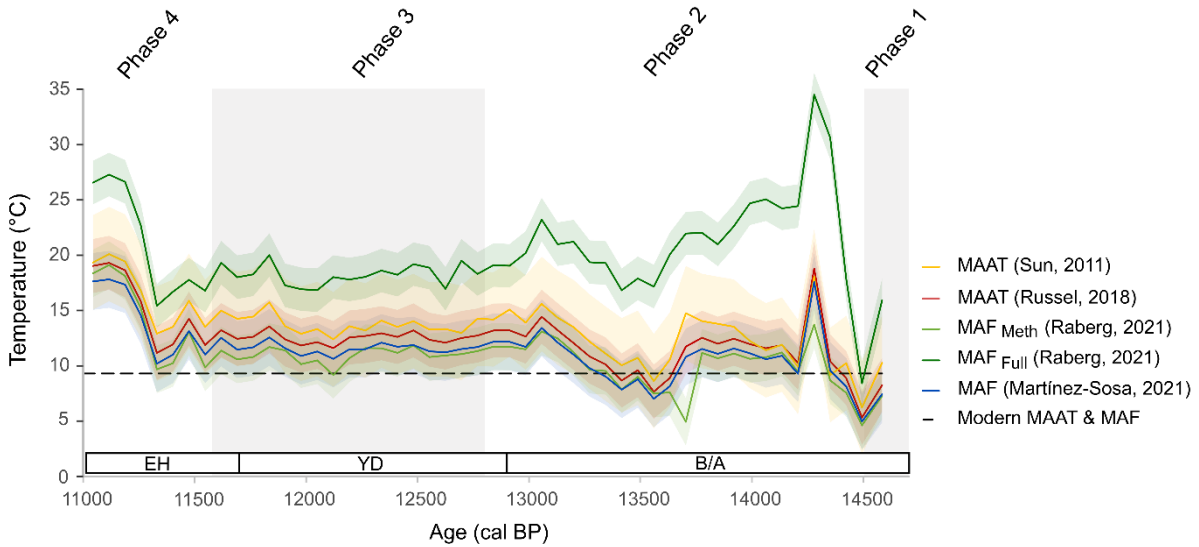


**Figure 7.** Fractional abundance of tetra-, penta-, and hexamethylated brGDGTs degree of methylation (MBT, MBT'<sub>5Me</sub>), cyclisation ratio (CBT) against depth for the Matese core.

#### 482 4.3.3 Temperature reconstructions based on brGDGTs

483 The brGDGT inferred reconstructed MAAT using global (Sun et al., 2011) and East  
 484 African (Russell et al., 2018) lacustrine calibrations show similar trends than MAF  
 485 reconstructed using a Bayesian statistical model (Martínez-Sosa et al., 2021) and global (Raberg  
 486 et al., 2021) lacustrine calibrations (Fig. 8). The values are higher than modern values,  
 487 especially the values for the MAF<sub>Full</sub> (Raberg et al., 2021). During Phase 1 (535-530 cm;  
 488 14,600-14,500 cal BP), all calibrations show cold temperatures. Phase 2 (530-436 cm; 14,500-  
 489 12,800 cal BP) is marked by an abrupt temperature increase or a stabilization for MAF<sub>Meth</sub> or a  
 490 decline for MAF<sub>Full</sub>. Between 13,700 and 13,200 cal BP, lower temperatures are recorded with  
 491 all calibrations and from 13,100 cal BP, temperatures slowly decrease until 11,300 cal BP  
 492 although a slight increase is recorded between 11,900-11,500 cal BP. Phase 4 (367-338 cm;  
 493 11,570-11,000 cal BP) is characterized by a significant increase of temperature.

494  
495



496

**Figure 8.** Mean Annual Air Temperature (MAAT) based on global (Sun et al., 2011) and East African (Russell et al., 2018) lacustrine calibrations and Mean temperature of Months Above Freezing (MAF) based on Bayesian statistics (Martínez-Sosa et al., 2021) and global (Raberg et al., 2021) lacustrine calibrations against age for the Matese core. Shaded areas correspond to the error associated with calibrations and **dashed** lines correspond to modern climate values of Lake Matese. **B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.**

497 **5. Discussion**

498

499 **5.1 Validation of age-depth model**

500 The compilation of ages derived from the Italian pollen stratigraphy into the Matese  
501 age-model is based on the main vegetation changes identified in the area during the Lateglacial.  
502 In summary, the OD in Italian pollen records (and in the present study, Fig. 4) is characterized  
503 by an open vegetation dominated by Poaceae, *Artemisia*, with a few arboreal pollen such as  
504 *Pinus* and *Juniperus* appearing (Allen et al., 2002; Vescovi et al., 2010; Drescher-Schneider et  
505 al., 2007; De Beaulieu et al., 2017; Sadori, 2018). During the B/A, a significant increase of  
506 arboreal pollen taxa, including deciduous *Quercus* deciduous, is recorded, and in the majority  
507 of records *Betula* appears (Allen et al., 2002; Drescher-Schneider et al., 2007; Vescovi et al.,  
508 2010; Sadori, 2018; this study). During the YD, an increase of Poaceae and *Artemisia* (Allen et  
509 al., 2002; Mercuri et al., 2002; Drescher-Schneider et al., 2007; Vescovi et al., 2010) and an  
510 overall decrease of arboreal pollen taxa, except in Southern Italy, (Allen et al., 2002; Beaulieu  
511 et al., 2017; this study) are documented.

512 The ages of tephra samples and ages constrained from the pollen stratigraphy are in  
513 good agreement, contrasting results from the  $^{14}\text{C}$  dates which are randomly scattered and  
514 systematically too young (Fig. 2). The sediments of the Matese core are mainly composed of  
515 clay with only few plant fibers. Considering the recurrence of radiocarbon dates between 7570  
516 and 7850 cal BP in the core interval between 420 and 360 cm depth (see Table 1), it is  
517 hypothesized that the dated organic matter may have **partly** originated from penetrating  
518 **rootlets** of plants growing during sedimentary Unit 5's deposition (Fig. 4). Indeed, aquatic  
519 plants of sedimentary Unit 5, identified with pollen, evidence a shallow water body and the  
520 development of tree species that typically grow in wetland.

521 Therefore, the overall age-depth model of the Matese core is based on imported, well-  
522 accepted tephra ages and one  $^{14}\text{C}$  date of a bulk sediment sample from the bottom of the core  
523 at 534 cm (Fig. 2).

524

## 525 5.2 Influence of proxies and methods on climate reconstructions

526

### 527 *5.2.1 Lake Matese climate signal reliability*

528 Climate reconstructions are based both on pollen and brGDGTs, and some temperature  
529 discrepancies (absolute values or amplitudes) are depicted depending on the proxies (Fig. 9).  
530 The temperature amplitudes and absolute values are higher for brGDGTs (5-20°C) than the  
531 pollen (4-10°C) reconstructions. Pollen-inferred temperature values depend heavily on the  
532 quality of the modern pollen dataset including the number of samples, the diversity of samples  
533 in terms of biomes, and the similarity with the fossil samples (Chevalier et al., 2020). In our  
534 study, the modern database includes several modern samples from the Matese massif, and 95  
535 samples from Italy were added to complete the dataset. Moreover, the spatial autocorrelation is  
536 low for MAT (Moran's  $I < 0.34$ ,  $p\text{-value} < 0.01$ ), and climate trends are consistent between  
537 methods. Reconstructed values for temperatures are close to modern values during the warmest  
538 periods, however, precipitation is largely underestimated by all methods for the recent time  
539 period (Fig. 5). The same observation was made in Calabria in Southern Italy (Trifoglietti;  
540 Joannin et al., 2012), a region also characterized by precipitation above 1700 mm. The  
541 underestimation of precipitation is certainly linked to the lack of modern samples located in  
542 very wet Mediterranean areas. Considering the brGDGT climate signal, the reconstructed  
543 temperatures are overestimated in comparison with modern values (Fig. 8). For shallow  
544 temperate lakes ( $< 20$  m), like Lake Matese, our brGDGT reconstructions suggest values  
545 anomalously higher than the expected temperature due to thermal variability (seasonal and

546 diurnal; Martínez-Sosa et al., 2021). Lake Matese is located at an altitude of 1012 m a.s.l. and  
547 the strong seasonal variability may have influenced the brGDGT distribution. Moreover, the  
548 Lake Matese climate reconstructions are based on several global lacustrine calibration datasets,  
549 which may not be well adapted to reconstruct paleotemperatures in the Mediterranean region.  
550 According to Dugerdil et al. (2021a), local calibrations perform better to reconstruct more  
551 reliable absolute values. Unfortunately, at date, only a few global lacustrine calibrations are  
552 available, and a local calibration dataset for the Mediterranean region is still missing.

553

### 554 *5.2.2 Regional climate signal reliability depending on the proxy*

555 Climate reconstructions inferred from Lake Matese are compared to key terrestrial and  
556 marine temperature and precipitation records (Fig. 9, 10) in a latitudinal transect in central  
557 Mediterranean. These reconstructions for the Mediterranean region are based on different  
558 proxies. Most of those are indicators of annual temperatures, but some of them are indicators  
559 of seasonal temperature changes. For example, transfer functions based on chironomid  
560 assemblages provide estimates of mean July air temperatures (Larocque and Finsinger, 2008;  
561 Heiri et al., 2014; Samartin et al., 2017), while ostracod assemblages allow quantitative  
562 reconstruction of both January and July palaeotemperatures (Marchegiano et al., 2020).  
563 Planktonic foraminifera provide estimates of spring and autumn sea surface temperatures (SST)  
564 (Sicre et al., 2013). **Depending on the production and deposition settings**, molecular  
565 biomarkers are considered as indicators **of annual or seasonal** temperatures like brGDGTs or  
566 alkenones (Sbaffi et al., 2004; Sicre et al., 2013; Zhang et al., 2013; Max et al., 2020;  
567 **Martínez-Sosa et al., 2021; this study**). For precipitation (Fig. 10), fewer reconstructions are  
568 available and they are mainly based on records of pollen (Combourieu-Nebout et al., 2013),  
569  $\delta^{18}\text{O}$  *G. bulloides* in marine sediments (Sicre et al., 2013), and  $\delta^{18}\text{O}$  in speleothems (Regattieri  
570 et al., 2014). Pollen enable the reconstruction of both annual and seasonal temperatures and  
571 precipitation (e.g. Allen et al., 2002; Tarroso et al., 2016).

572 The comparison between climate reconstructions inferred from different proxies allows  
573 us to identify reliable regional climate signals and to reduce the bias linked to each proxy.  
574 Indeed, differences may appear for the timing or amplitudes of changes according to the type  
575 of proxy. These differences may be amplified by the proxy provenance, either marine or  
576 continental. In Figure 9, the temperature reconstructions above 42°N are mainly based on  
577 chironomids, and the climate signal reconstructed is consistent between the sites. In South Italy,  
578 at Monticchio, climate reconstructions are based on three pollen records from the same site and  
579 differences in terms of amplitude and trend are clearly evidenced (Fig. 9I). These differences



580 are linked to the differences in the core location in the lake and the pollen sample resolution  
581 (Allen et al., 2002). The closer the core to the center of the lake (dark blue, Fig. 9I), the better  
582 the regional vegetation record and therewith a possible regional climate signal (Peyron et al.,  
583 2005). Between latitude 41°N and 36°N, sea-surface temperatures (SSTs) were reconstructed  
584 from foraminifera and/or alkenones analyzed from marine cores (Sbaffi et al., 2004; Sicre et  
585 al., 2013). Alkenone-based SSTs show a low amplitude of 2-3°C between the B/A and the YD  
586 periods, whereas foraminifera-based reconstruction of seasonal temperature show differences  
587 of 5-10°C between the B/A and the YD. The differences are linked to their respective methods:  
588 For alkenones, the estimation of SSTs are based on the molecular biomarker as the C<sub>37</sub> alkenone  
589 unsaturation ( $U_{37}^{K'}$ ), whereas, for foraminifera, they are calculated with the MAT method and  
590 depend on the occurrence of modern analogues (Sicre et al., 2013).

591

### 592 5.3 Climate changes during the Lateglacial in Italy

593

#### 594 *5.3.1 Bølling–Allerød warming*

595 The age of transition between the OD and the Bølling–Allerød Interstadial is estimated  
596 at around 14,700 cal BP based on the NGRIP ice-core chronology (Rasmussen et al., 2014). In  
597 Italy, an abrupt warming is evidenced at ca 14,700 cal BP (Fig. 9). The differences between the  
598 different reconstructions seem related to the type of proxy used rather than latitude. The  
599 transition is not obvious in the temperature reconstructions based on alkenones (Fig. 9MO;  
600 Sbaffi et al., 2004; Sicre et al., 2013), whereas it is well marked in reconstructions based on  
601 foraminifera (Fig. 9N; Sicre et al., 2013) and pollen assemblages (Desprat et al., 2013) from  
602 the same cores. According to Sicre et al. (2013), alkenones-inferred SSTs could be biased  
603 during the Early deglaciation due to water stratification inducing warming of the thin surface  
604 water layers where small size nanophytoplankton grow. Except for temperature reconstructions  
605 based on alkenones, all the records show an increase of the temperature at the transition OD-  
606 B/A (Larocque and Finsinger, 2008; Sicre et al., 2013; Heiri et al., 2014; Marchegiano et al.,  
607 2020). The transition, although marked, seems more progressive in the Italian records than in  
608 Greenland ice-core but the low resolution of some records can favor this trend. In terms of  
609 precipitation (Fig. 10), few records are available in Italy but no significant changes are recorded  
610 around 14,700 cal BP by  $\delta^{18}\text{O}$  *G. bulloides* (Sicre et al., 2013) and pollen transfer functions  
611 (Desprat et al., 2013; this study).

612 The Bølling–Allerød interstadial is a warm interstadial period interrupted by several  
613 cold climate oscillations (Rasmussen et al., 2014). According to the synthesis by Moreno et al.

614 (2014), the Bølling was cooler than the Allerød in the Southern Mediterranean compared to the  
615 warmer Northern Mediterranean. In Italy, above 42°N, temperature trends are complex to  
616 interpret: some records show an increase of temperature (Fig. 9B; Heiri et al., 2014) whereas  
617 other records show a decline (Fig. 9CE; Larocque and Finsinger, 2008; Marchegiano et al.,  
618 2020). At Matese, pollen and brGDGTs inferred temperatures decrease (Fig. 9F-H), whereas in  
619 the southern part of Italy, there are no significant changes during the B/A (Fig. 9I-O; Allen et  
620 al., 2002; Sbaffi et al., 2004; Sicre et al., 2013). Temperature reconstructions in Italy show no  
621 distinct difference between the Bølling and the Allerød with respect to the latitude. In terms of  
622 amplitude, several studies (Renssen and Isarin, 2001; Heiri et al., 2014; Moreno et al., 2014)  
623 suggests that there were less contrasts in temperatures during the B/A in Southern Europe in  
624 comparison with Northern Europe. Once again, this difference is not clear in Italy (Fig. 9). At  
625 Matese, a significant decrease of brGDGTs-inferred temperature is recorded at 13,700-13,200  
626 cal BP cal BP (Fig. 9H). This change could be attributed to a colder period such as the Older  
627 Dryas or the Inter-Allerød cold period, two short periods characterized by colder conditions in  
628 the Greenland ice-core records at 14,000 and 13,100 cal BP, respectively (Rasmussen et al.,  
629 2014). However, this cooling event do not appear at the same time in the Matese climate curve  
630 based on pollen, and it is only vaguely recorded in other Italian records (Fig. 9). We suggest  
631 that this change could be attributed to changes of local conditions that are visible in a lithology  
632 change (sedimentary Unit 2, Fig. 4). Indeed, brGDGT distribution and origin can differ  
633 according to the type of wetland, water level or vegetation changes (Martínez-Sosa et al., 2021;  
634 Robles et al., 2022). In terms of precipitation (Fig. 10), no significant changes occur during the  
635 B/A in Italy as suggested previously by Renssen and Isarin (2001) for Southern Europe. The  
636 Alpine region seems instead to record wetter conditions during the B/A (Barton et al., 2018; Li  
637 et al., 2021).

638

### 639 *5.3.2 A marked Younger Dryas cold event throughout Italy*

640 The onset of the YD is estimated around 12,900 cal BP according to the Greenland ice-  
641 core chronology (Rasmussen et al., 2014). In Italy, above 42°N, the transition between the B/A  
642 and the YD is progressive in terms of temperatures except for chironomid records (Fig. 9B;  
643 Heiri et al., 2014). At Matese, pollen-based reconstructions show a progressive decline of  
644 temperatures with all methods except the MAT (Fig. 9FG). For this method, the transition is  
645 more abrupt, but this difference can be attributed to the application of the biome constraint.  
646 BrGDGT-based reconstructions record a steady decrease during the YD or no significant  
647 changes according to the calibrations used (Fig. 9H). For southern Italian records, the transition

648 is more abrupt and particularly marked in the foraminifera record in contrast to alkenones-based  
649 reconstructions (Fig. 9J-O; Sbaffi et al., 2004; Sicre et al., 2013). In terms of precipitation (Fig.  
650 10), the northern Italian speleothems records show an abrupt transition (Regattieri et al., 2014;  
651 Li et al., 2021) whereas the southern Italian pollen and isotopes records do not reveal significant  
652 changes (Sicre et al., 2013; Combourieu-Nebout et al., 2013; Desprat et al., 2013).

653 The YD is characterized by cold conditions in the Northern Hemisphere from 12,900 to  
654 11,700 cal BP (Rasmussen et al., 2014). As previously mentioned for the B/A, several studies  
655 (Renssen and Isarin, 2001; Heiri et al., 2014; Moreno et al., 2014) suggest that temperatures  
656 during the YD are less contrasted in the South of Europe in comparison with the North. In Italy  
657 as a whole (Fig. 9), a decline in temperatures is recorded in all records.

658 At Matese, a decrease of temperatures is evidenced by the pollen-based reconstructions,  
659 but it is less clear from the brGDGT-based reconstructions. The difference of climate signals  
660 may be related to different sources between both proxies. Pollen record local, extra-local and  
661 regional vegetation (Jacobson and Bradshaw, 1981). The basin size of the Lake Matese is larger  
662 than 5 hectares, which suggest a signal of regional vegetation rather than local (Jacobson and  
663 Bradshaw, 1981). Moreover, the YD is marked by a large proportion of herbaceous taxa (Fig.  
664 4) and favors the catching of regional pollen (Jacobson and Bradshaw, 1981). **By contrast,**  
665 brGDGTs are produced in the lake or in the catchment area (Russell et al., 2018; Martin et al.,  
666 2019) and thus are local contributors. Moreover, the YD is characterized by high erosion rates  
667 in the catchment (Fig. 4), which could favor greater soil-derived brGDGTs and induce a warm  
668 bias in temperatures (Martínez-Sosa et al., 2021). Indeed, **the distribution of brGDGTs differ**  
669 **according to sample type and could differ between lake sediments and catchment soils**  
670 **(Loomis et al., 2011, 2014; Buckles et al., 2014; Russell et al., 2018; Martin et al., 2019;**  
671 **Martínez-Sosa et al., 2021; Raberg et al., 2022). Soil sediments generally exhibit less**  
672 **hexamethylated brGDGTs and more tetramethylated brGDGTs than lake sediments**  
673 **(Loomis et al., 2011, 2014; Buckles et al., 2014; Russell et al., 2018; Martin et al., 2019;**  
674 **Martínez-Sosa et al., 2021). However, an increase of tetramethylated brGDGTs is mainly**  
675 **associated with an increase in temperatures in soils and lake sediments (Russell et al.,**  
676 **2018). At Matese, the YD is characterized by a decrease in hexamethylated brGDGTs and**  
677 **a slight increase in tetramethylated brGDGTs. These differences may have affected the**  
678 **annual temperature reconstructions by inducing a warm bias in temperatures during the**  
679 **YD. Furthermore, soil-derived brGDGTs may also be affected by changes in pH, moisture,**  
680 **soil compounds and vegetation in the catchment of Lake Matese (Davtian et al., 2016;**  
681 **Martin et al., 2019; Liang et al., 2019; Dugerdil et al., 2021a). Furthermore soil samples**

682 without vegetation cover are more sensitive to seasonal changes than that of soil samples  
683 with grass and forest cover (Liang et al., 2019). Therefore, soils with vegetation cover allow  
684 a better reconstruction of global temperatures (Liang et al., 2019). Since at Matese, the  
685 YD is characterized by an open vegetation, soil-derived brGDGTs could also have been  
686 affected by seasonal temperature changes due to a sparse vegetation and this effect is  
687 superimposed to changes in the sources of brGDGTs in lake sediments.

688 **Contrasted patterns are also** recorded at Monticchio (Fig. 9I) by the three different  
689 climate variables used for pollen-based temperature reconstructions: a decrease in winter  
690 temperature is reconstructed for two lake cores, while a fen core external to the lake, which  
691 should record the local vegetation signal, does not reveal the temperature decline during the YD  
692 (Allen et al., 2002). However, the two other cores clearly show a temperature decrease, that is  
693 why we consider a winter temperature decrease during the YD at Monticchio. In Southern  
694 Italian records, temperature reconstructions based on alkenones, foraminifera and pollen (Sbaffi  
695 et al., 2004; Desprat et al., 2013; Sicre et al., 2013) show a shorter YD than in the north. For  
696 alkenones-based reconstructions, even an increase of temperatures is recorded at the end of the  
697 YD. In continental records of South Italy (Allen et al., 2002), this trend is only recorded at  
698 Monticchio (one core only) and does not **appear** at Matese. Nonetheless, this hypothesis is only  
699 based on marine records and should be investigated through continental records in Southern  
700 Italy.

701 In terms of precipitation, the marine **sequences** located south of latitude 42°N record a  
702 slight increase **for proxies** based on pollen (Fig. 9GH; Combourieu-Nebout et al., 2013) and  
703 on  $\delta^{18}\text{O}$  *G. bulloides* data (Fig. 9FI; Sicre et al., 2013) during the YD. However, no significant  
704 change occurs at Matese for PANN (Fig. 10D), and on the contrary a low decline is recorded  
705 for  $P_{\text{winter}}$  towards the end of the YD (Fig. 10E). Above latitude 42°N, a precipitation decrease  
706 during the YD is recorded by two sites at Hölloch and Corchia caves (Fig. 10BC; Regattieri et  
707 al., 2014; Li et al., 2021). According to the model outputs of Rea et al. (2020), drier conditions  
708 occurred in Northern Europe whereas wetter conditions prevailed in Southern Europe, mainly  
709 during winter and in the South of Italy, the Dinaric Alps and Northern Turkey. This pattern is  
710 consistent with our reconstruction but the limit between the North and the South is closer to  
711 latitude 42°N.

712 The transition between the YD and the Holocene is recorded around 11,700 cal BP by  
713 Greenland ice-core records (Rasmussen et al., 2014). In Italy, an important increase of  
714 temperature is recorded in all records (Fig. 9) which appears earlier (700-400 years) in southern  
715 sites (Sbaffi et al., 2004; Sicre et al., 2013). In terms of precipitation, marine records south of

716 latitude 42°N continue to record a slight increase of precipitation (Fig. 10F-I; Combourieu-  
717 Nebout et al., 2013; Sicre et al., 2013), and in northern sites an increase of precipitation is  
718 recorded (Fig. 10B-E; Regattieri et al., 2014; Li et al., 2021; this study).

719

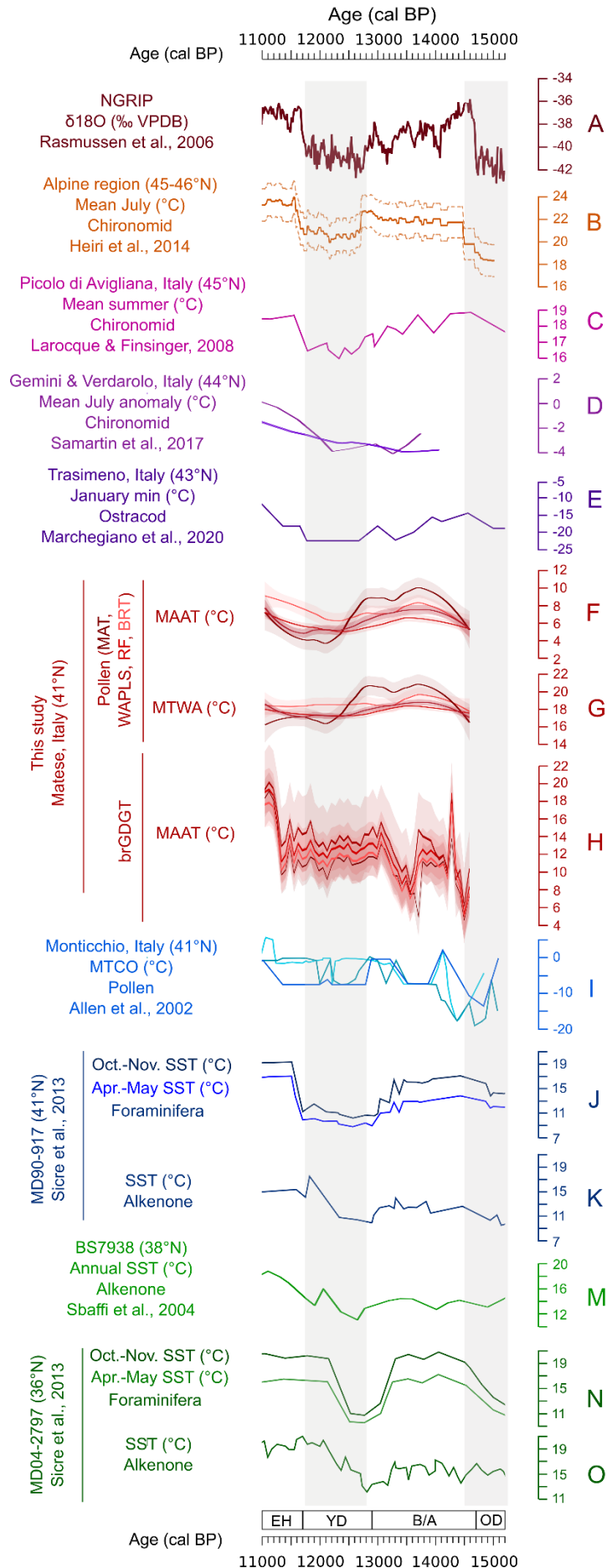
#### 720 5.4 Atmospheric processes during the Lateglacial in central Mediterranean

721 According to several studies, climate changes during the Lateglacial show differences  
722 in temperatures between Southern and Central Europe (Heiri et al., 2014; Moreno et al., 2014;  
723 Renssen and Isarin, 2001). In Italy (Fig. 9), climate reconstructions do not show latitudinal  
724 differences in terms of temperature. The B/A is marked by warm conditions and the YD by cold  
725 conditions even in Southern Italy. Climate reconstructions **for East-Central Southern Europe**  
726 from Heiri et al., (2014) are not consistent with our results probably because **while two of their**  
727 **chironomid records are located in North Italy and one in Bulgaria none consider Southern**  
728 **Italy**. In the study of Moreno et al. (2014), only the record of Monticchio is used for the South  
729 of Italy during the Lateglacial, which may explain the differences in our study. Considering  
730 precipitation, several studies suggest no significant changes during the B/A but drier conditions  
731 in Northern Europe and wetter conditions in Southern Europe during the YD. In Italy (Fig. 10),  
732 we observe the same dynamics during the B/A and the YD.

733 Several studies (Renssen and Isarin, 2001; Moreno et al., 2014; Rea et al., 2020) explain  
734 that during cold periods of the Lateglacial (OD, YD) the Polar Frontal JetStream moved  
735 southward with a weak Atlantic Meridional Overturning Circulation (AMOC) (Moreno et al.,  
736 2014; Rea et al., 2020; Renssen and Isarin, 2001). The incursion of cold air masses is recorded  
737 until the South of Italy, however, during the YD, dry conditions are not reconstructed **for** this  
738 region. According to Rea et al. (2020), a relocation of Atlantic storm tracks **in** the  
739 Mediterranean is induced by the Fennoscandian ice sheet and the North European Plain which  
740 created a topographic barrier and a high pressure region during the YD. The presence of Atlantic  
741 storm tracks into the Mediterranean could have favored wetter conditions in the South of Italy  
742 during the YD. Our study suggests a limit around latitude 42°N, with drier conditions in  
743 Northern Italy and slightly wetter conditions in Southern Italy during the YD. A latitude limit  
744 at 40°N was previously discussed by Magny et al. (2013) for the Holocene. These echoing  
745 limits over time in Italy inevitably reinforce Italy's key position to archive proxies catching  
746 atmospheric patterns.

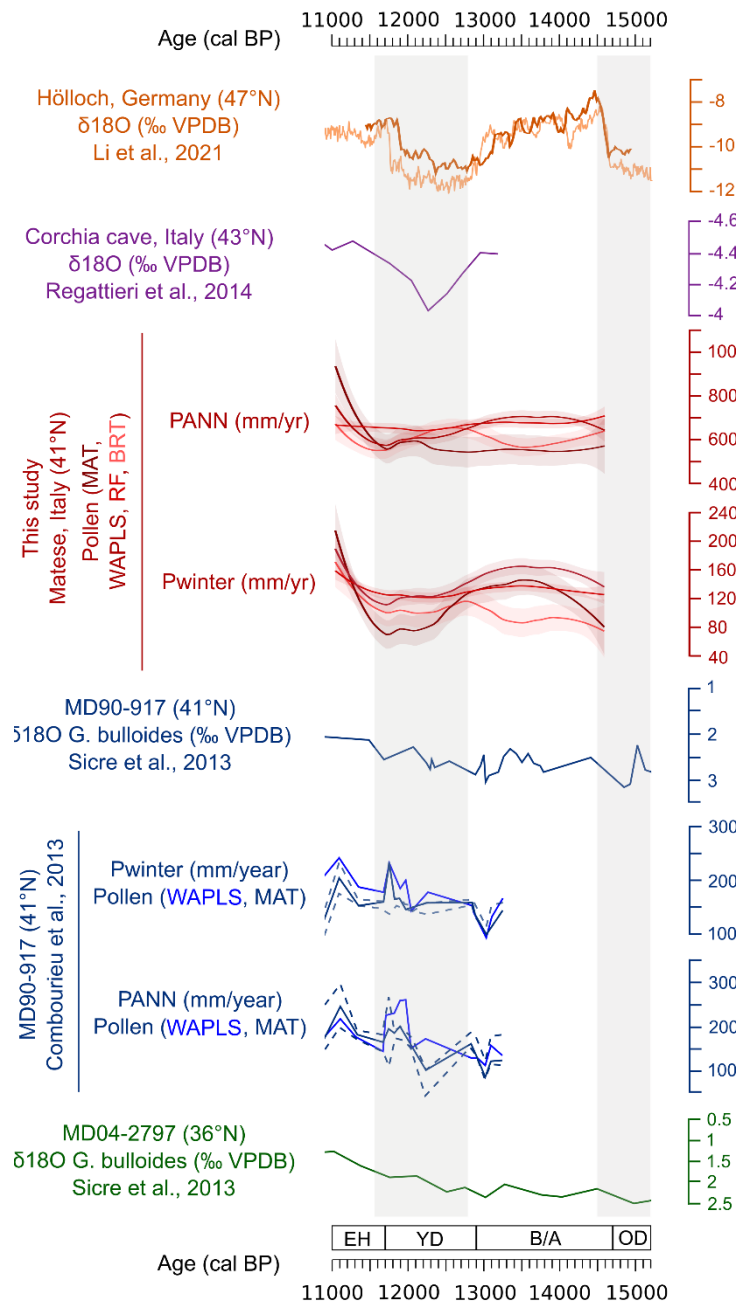
747 **By contrast**, during the B/A, the North Atlantic sea-ice has a more northerly position  
748 inducing a northward shift of the Polar Frontal JetStream (Renssen and Isarin, 2001). The  
749 incursion of warm air masses is recorded in all of Italy, however, no significant changes in

750 annual precipitation occur. Our study does not suggest the location of Atlantic storm tracks in  
751 Italy during the B/A, although at Matese winter precipitation was higher in most pollen-based  
752 climate reconstructions. However, very few records and climatic models reconstructing  
753 precipitation are available in Europe and the Mediterranean region for this period. Further  
754 investigations are necessary to fully understand the atmospheric processes and precipitation  
755 dynamic in Europe, mainly during the B/A.



**Figure 9.** Synthesis of temperature records inferred from different proxies in Italy from 15,000 to 11,000 cal BP and comparison with the NGRIP ice core record. MAAT: mean annual air temperature. MTWA: mean temperature of the warmest month. MTCO: mean temperature of the coldest month. OD: Oldest Dryas. B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.

757



758

**Figure 10.** Synthesis of precipitation records inferred from different proxies in Italy 15,000 to 11,000 cal BP. PANN: mean annual precipitation. P<sub>winter</sub>: winter precipitation. OD: Oldest Dryas. B/A: Bølling–Allerød. YD: Younger Dryas. EH: Early Holocene.

759



## 760 6. Conclusions

761 This study provides a quantitative climate reconstruction for the Lateglacial period in  
762 **Central-Southern** Europe, inferred from a multi-proxy and multi-method approach based on  
763 the Lake Matese record. The comparison of the Lake Matese climate reconstructions based on  
764 brGDGTs and pollen and their comparison with regional terrestrial/marine climate  
765 reconstructions show the following:

- 766 • For the first time, pollen and brGDGTs were combined to reconstruct climate  
767 changes in the Mediterranean region during the Lateglacial. Temperature trends  
768 reconstructed with these proxies are consistent except during the YD. Both proxies  
769 show a marked cold OD, an increase of temperatures during the B/A, and an abrupt  
770 transition to warmer conditions for the Holocene. During the YD, pollen-based  
771 reconstructions show a decrease of temperatures, whereas brGDGT-based  
772 reconstructions show no significant changes.
- 773 • Comparison with regional climate records of Italy reveals that there are no  
774 latitudinal differences during the B/A and the YD in terms of temperatures. The B/A  
775 is marked by an increase of temperature and the YD is characterized by cold  
776 conditions in all Italy. **By contrast**, precipitation does not show changes during the  
777 B/A, and a slight increase of precipitation during the YD is recorded in Southern  
778 Italy below latitude 42°N.
- 779 • Cold conditions during the YD in Italy may be linked to the southward position of  
780 North Atlantic sea-ice and of the Polar Frontal JetStream. The low increase of  
781 precipitation during the YD may be linked to relocation of Atlantic storm tracks into  
782 the Mediterranean, induced by the Fennoscandian ice sheet and the North European  
783 Plain. We identified the latitude 42°N as a limit between dry conditions in northern  
784 Italy and slightly wetter conditions in Southern Italy during the YD. **By contrast**,  
785 warm conditions during the B/A may be linked to the northward position of North  
786 Atlantic sea-ice and of the Polar Frontal JetStream.

787  
788 In summary, this study allowed us to document and discuss past climate changes in Italy  
789 while contributing to the debate about the atmospheric processes in Southern Europe. The  
790 latitudes 40-42°N appear as a key junction point between wetter conditions in Southern Italy  
791 and drier conditions in Northern Italy during the YD but also during the Early-Mid Holocene  
792 (Magny et al., 2013). However, further robust paleoclimate studies are needed to provide 1)  
793 high-resolution reconstructions based on several proxies in Northern Italy, 2) new records for

794 central Italy (between 41-43°N), 3) new continental records for Southern Italy (below 41°N)  
795 and 4) more model outputs at regional scales with transient simulations, if possible, mainly  
796 during the B/A and the YD.

797

#### 798 **Author contribution**

799 MR: Conceptualization, Field work, Laboratory work, Formal analysis, Writing draft  
800 manuscript, Review, Funding acquisition. SJ, OP and EB: Conceptualization, Field work,  
801 Supervision, Review, Funding acquisition. GM: Conceptualization, Supervision, Review,  
802 Funding acquisition. SW: Laboratory work, Formal analysis, Review, Funding acquisition. OA  
803 and MB: Laboratory work. BV: Supervision of laboratory work, Review. BP: Field work. SAA:  
804 Coordination of laboratory work. LC and SG: Conceptualization, Review. J-LB, LD and AC:  
805 Review.

806

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808 The authors declare that they have no known competing financial interests or personal  
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810

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819

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828

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