

Figure S1: Modelling interglacial intensities without  $\delta^{18}O_{max}$  term. (a) LR04  $\delta^{18}O$ . The red circles indicate the minima of  $\delta^{18}O(\delta^{18}O_{min})$  at each interglacial, and the blue triangles the maxima ( $\delta^{18}O_{max}$ ) at glacials. See below for the grey strips and the dashed lines. (b) Caloric summer half-year insolation at 65°N ( $F_N$ , black) and 65°S ( $F_S$ , green). The average of the two (magenta) is also shown. The blue dashed lines show timings  $t_s$  at which the caloric summer half-year insolation at 65°N exceeds average 5.845 GJ m<sup>-2</sup> (black horizontal line) and the red dashed lines show timings  $t_e$  at which the insolation falls back below the average. Each termination starts roughly around  $t_s$ , and it is completed around  $t_e$ . Exceptionally termination III starts after the local insolation minimum at 254 kyr BP (orange dotted line), responding to the second rise in the insolation anomaly between  $t_s$  and  $t_e$  at 65°N, 10  $I_N$  (black cross), the integral at 65°S for the same period,  $I_S$  (green diamond), and the average  $I_{AV} = \frac{1}{2}(I_N + I_S)$  (magenta square).

(d) Predictions by linear regression models with explanatory variables in (c): Model 4 with  $I_N$  (black cross); model 5 with both  $I_N$  and  $I_S$  with their own coefficients (blue diamond with cross); model 6 with  $I_{AV}$  (magenta squares). See Table S1 for details.



Figure S2: Same as Fig. 4 but with the integral of the insolation below a threshold 5. 785 GJ m<sup>-2</sup> instead of the total time used in Fig. 4. (a) LR04 δ<sup>18</sup>O. The red circles indicate the minimum δ<sup>18</sup>O<sub>min</sub> at each interglacial, and the blue triangles the maxima δ<sup>18</sup>O<sub>max</sub> at glacials. The time intervals between them are shaded. Note that the data are plotted inversely to Fig. 2, with glacial maxima above interglacial minima. (b) Caloric summer insolation at 65°N. The grey shading is the same as in (a). (c) δ<sup>18</sup>O<sub>min</sub> for each interglacial. (d) Integral of the caloric summer insolation below a threshold 5. 785 GJ m<sup>-2</sup> between the interglacial peak and the glacial peak:
20 Σ<sub>{t|F<sub>N</sub>(t)<5.785}</sub>(F<sub>N</sub>(t) - 5.785). (e) Time span T between the interglacial peak and the glacial peak. (f) 1 - e<sup>-T/25</sup>. (g) Prediction of δ<sup>18</sup>O<sub>max</sub> from the linear regression relation with explanatory variables in (d) and (f) (R=0.887).

	$\boldsymbol{\beta}_0$	$\beta_2$	$\beta_3$	p	<b>R</b> (correlation)	<b>R</b> <sup>2</sup>	BIC
Model 4	3.87***	-0.276	$\equiv 0$	0.062	0.58	0.34	-6.7
Model 5	4.00***	-0.275*	-0.225*	0.006	0.85	0.72	-13.8
Model 6	3.96***	-0.487**	$\equiv 0$	0.001	0.84	0.61	-15.9

Table S1: Coefficients and statistics of the regression models without  $\delta^{18}O_{max}$  term (corresponding to Fig. S1). Model 4 ( $\delta^{18}O_{min} = \beta_0 + \beta_2 I_N$ ), Model 5 ( $\delta^{18}O_{min} = \beta_0 + \beta_2 I_N + \beta_3 I_S$ ), and Model 6 ( $\delta^{18}O_{min} = \beta_0 + \beta_1 \delta^{18}O_{max} + \beta_2 I_{AV}$ ) are obtained from models 1, 2, and 3, respectively, by removing  $\delta^{18}O_{max}$  term. The overall F-test provides a p-value less than 0.05 in each model, which rejects the null hypothesis that none of the variables in the model are significant. The asterisks indicate the significance of each coefficient: \* for p  $\in (0.01, 0.05]$ , \*\* for p  $\in (0.001, 0.05]$ , and \*\*\* for p  $\in [0, 0.001]$ .