# The coupled system response to a 250 years of freshwater forcing: Last Interglacial CMIP6-PMIP4 HadGEM3 simulations

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**Abstract.**

The *lig127k-H11* PMIP4 simulation is run using the HadGEM3-GC3.1 model. We focus on the coupled system response to the applied meltwater forcing. We show here that the coupling between the atmosphere and the ocean is altered in the hosing experiment compared to a Last Interglacial simulation with no meltwater forcing applied. Two aspects in particular of the atmosphere-ocean coupling are found to be affected: Northern Hemisphere gyre heat transport and Antarctic sea ice area. We apply 0.2 Sv of meltwater forcing across the North Atlantic during a 250 years long simulation. We find that the strength of the Atlantic Meridional Overturning Circulation is reduced by 60% after 150 years of meltwater forcing, with an associated decrease of 0.2 to 0.4 PW in meridional ocean heat transport at all latitudes. The changes in ocean heat transport affect surface temperatures. The largest increase in the meridional surface temperature gradient occurs between 40-50 N. This increase is associated with a strengthening of 20% in 850 hPa winds. The jet-stream intensification in the Northern Hemisphere in return alters the temperature structure of the ocean by increasing the gyre circulation at the mid-latitudes, and the associated heat transport by +0.1-0.2 PW, and decreasing the gyre circulation at high-latitudes, with a decrease of ocean heat transport of -0.2 PW. The changes in meridional surface temperature and pressure gradients cause the Intertropical Convergence Zone (ITCZ) to move southward, leading to stronger westerlies and a more positive Southern Annual Mode (SAM) in the Southern Hemisphere. The positive SAM influences sea ice formation leading to an increase in Antarctic sea ice.

## 1  Introduction

During the early Last Interglacial Period (LIG), from ∼ 135 to 128 ka, a large volume of glacial meltwater was discharged from the melting Laurentide Ice Sheet (Heinrich 11 event) in the North Atlantic (Marino et al., 2015). The resulting freshwater forcing shaped the LIG climate (∼ 130 to 115 ka) via triggering Northern Hemisphere cooling and Southern Hemisphere warming: the thermal bipolar see-saw (Govin et al., 2012; Holloway et al., 2018). In particular, warming of the Southern Ocean during this time is attributed to a slowdown of the Atlantic Meridional Overturning Circulation (AMOC), which has been suggested as a mechanism to explain the 2-3°C Southern Ocean warming found in Southern Ocean and Antarctic climate records (Jouzel et al., 2007; Sime et al., 2009; Capron et al., 2014, 2017; Hoffman et al., 2017). Sime et al. (2009) used

East Antarctic stable water isotope records from three ice cores and model simulations to show that Antarctic interglacial temperatures were likely to be at least 6 K higher than present-day conditions. Capron et al. (2017) combined forty-seven surface air and sea surface LIG temperature records, from polar ice and marine records, to find that during the LIG Southern Ocean and Antarctic surface air temperatures were $1.8\pm 0.8$°C and $2.2 \pm 1.8$ °C, respectively, warmer than pre-industrial conditions. Additionally, Holloway et al. (2018) suggested that the Southern Ocean warming might have contributed to sea ice decline during the LIG (Holloway et al., 2016, 2017). However, because of contrasting model results (Holden et al., 2010; Stone et al., 2016; Holloway et al., 2018) and the difficulties of interpreting sea ice proxies (de Vernal et al., 2013), questions about how freshwater forcing affects LIG Southern Ocean warming and whether dynamic or thermodymamic mechanisms were responsible for Antarctic sea ice loss during the LIG remain unanswered.

The AMOC is susceptible to climate change (Jackson and Wood, 2018b). Future AMOC strength is projected to decline as concentrations of greenhouse gases increase (Collins et al., 2013). The large uncertainty that accompanies Global Circulation Model (GCM) projections (Reintges et al., 2017), in terms of magnitude and time-scales of decline, makes the sensitivity of the AMOC to different climate conditions a subject of great interest to the climate science community (see also Buckley and Marshall (2016) for an exhaustive review on the role of the AMOC in the climate system). AMOC changes also take centre stage in studies of past climate changes. For example, it has been hypothesized that AMOC variations might have contributed to abrupt climate change (Dansgaard-Oeschger events) in the Earth's past climate (*e.g.* Birchfield and Broecker, 1990; Sime et al., 2019).

Numerous studies have shown that freshwater release in the North Atlantic disrupts North Atlantic Deep Water formation and the heat transport associated with the overturning circulation in the Atlantic (Rahmstorf, 1996; Goosse et al., 2002; Stouffer et al., 2006; Jackson and Wood, 2018b, a; He et al., 2020). The majority investigate the ocean response to the freshwater forcing, with the strength of the AMOC the focal point. Less attention has been given to the coupled system response, particularly wind changes that follow ocean surface cooling and subsequent wind-driven heat transport changes (Brayshaw et al., 2009; Woollings et al., 2012). This is somewhat surprising, considering that part of the upper-branch of the AMOC is wind-driven. The release of freshwaters in the North Atlantic modifies directly both the ocean heat transport via water buoyancy changes, but also the atmospheric circulation via surface temperature gradient changes. Thus indirect impacts will arise from how the coupling between the atmosphere and the ocean is altered by the forcing.

Using a GCM of medium complexity, Ferrari and Ferreira (2011) showed that the heat transport in the North Atlantic can be very sensitive to mid- and low-latitude winds. In one of their water-hosing simulations, the shut off of convection in the North Atlantic does not cause significant changes in the total heat transport because of an increase in wind-driven heat transport that compensates the loss of heat transport by convection. Ferrari and Ferreira (2011) also highlighted a lack of studies dealing with atmosphere-ocean feedbacks from freshwater release. To the best of our knowledge, a few studies present an investigation of the atmosphere and ocean coupling in response to a release of high-latitude melt-waters. Wu et al. (2008) studied the implications of the AMOC shut-down on global teleconnections looking at ocean-atmosphere feedbacks. Zhang et al. (2017) used a coupled atmosphere-ocean model to study variations of the AMOC and its impact on the Southern Hemisphere subsurface ocean temperature, deep water formation and sea ice in pre-industrial conditions. Anderson et al.

(2009); Toggweiler and Lea (2010) and Lee et al. (2011) investigate changes in the Southern Hemisphere winds triggered by Northern Hemisphere cooling occurred during deglaciations and within ice ages. None of them however look at wind changes in the Northern Hemisphere and at how these changes might feedback into the total ocean heat transport by altering the gyre heat transport component. Additionally, the majority of these studies neglect sea ice, which is crucial to polar changes and strongly sensitive to both oceanic and atmospheric changes.

In this study, we use the latest UK fully-coupled HadGEM3-GC3.1 climate model to simulate the coupled system (atmosphere-ocean-ice) response to a constant freshwater forcing under the Last Interglacial climate. We investigate both the direct and indirect impacts of the forcing on the climate system. Section 2 describes methods used for setting up, running and analysing the model simulations. Section 3 contains the results of the study, in each sub-section we present and discuss the main results for the ocean (3.1), the atmosphere (3.2) and the coupled-system (3.3). Section 4 and Section 5 conclude the study with the discussion of the results and a summary of the main conclusions. This work was carried out in the context of the Coupled Model Intercomparison Project (CMIP6) and it is part of the Paleoclimate Intercomparison Project (PMIP4) (Eyring et al., 2016; Otto-Bliesner et al., 2017).

## 2 Methods

### 2.1 Numerical simulations

The simulations presented in this study were run using the HadGEM3-GC3.1-LL (hereinafter HadGEM3) climate model. HadGEM3 is the latest version of the Global Coupled configuration of the Met Office Unified Model (Williams et al., 2018). The model consists of the Unified Model (UM) for the atmosphere (Walters et al., 2017), the JULES model for land surface processes (Walters et al., 2017), the NEMO model for the ocean (Madec et al., 2015) and the CICE model for the sea ice (Ridley et al., 2018). Here we use the HadGEM3 low resolution atmosphere and low resolution ocean (LL) configuration in which the atmosphere and ocean models have a nominal resolution of 135km (atmosphere) and 1° (ocean). The UM employs a regular latitude–longitude horizontal grid and 85 model vertical levels (terrain-following hybrid height coordinates). NEMO employs an orthogonal curvilinear grid with a grid-spacing that decreases to 0.33° near the equator, and 75 vertical levels. HadGEM3 was used to run all the DECK and historical CMIP6 simulations (Menary et al., 2018; Andrews et al., 2020). It was shown to simulate very warm Arctic summers during the LIG which appear to match the observational record when run without meltwater forcing (Guarino et al., 2020b).

Here we analyse the PMIP4 *Tier1 lig127k* simulation (Guarino et al., 2020b), and present for the first time results from the HadGEM3 *Tier2 lig127k-H11* simulation. Hereinafter the two simulations will be called LIG and LIG_hosing (LIG_h in figure labels for brevity). The simulations were set-up using the standard experimental protocol for CMIP6-PMIP4 runs(Otto-Bliesner et al., 2017; Kageyama et al., 2018). The LIG simulation was initialized from the HadGEM3 CMIP6 Preindustrial (PI) simulation (Menary et al., 2018). To simulate the Last Interglaicial climate, HadGEM3 was forced using greenhouse gases concentration ($CO_2$, $N_2O$ and $CH_4$) representative of the Earth's atmosphere 127,000 years ago (127ka) derived from Antarctic ice cores (for details see Otto-Bliesner et al. (2017)). The Earth's orbit at 127ka was described using eccentricity, longitude of

perihelion, and obliquity following Berger (1978). We used the same solar constant, date of vernal equinox (21 March at noon) and all other boundary conditions (*e.g.* ice sheets, coastlines, vegetation, volcanic activity) of the PI simulation (year 1850 fixed forcing), as per experimental protocol (Otto-Bliesner et al., 2017). The LIG simulation spin-up is 350 years, after this

95    period the model reaches a quasi- atmospheric and upper-ocean equilibrium (see Williams et al. (2020) for details on how the system equilibrium is assessed). The production run for the LIG is 200 years, commensurate with model internal variability as identified by Guarino et al. (2020a). Like the LIG production run, the LIG_hosing simulation was also initialized from the end of the LIG spin-up, and it was then run for further 250 years. Following the PMIP4 *Tier2* experiment protocol, the LIG_hosing simulation was performed by applying a constant freshwater flux equal to 0.2 Sv uniformly distributed across 50-70N within

100   the Atlantic basin. All other boundary conditions and forcing for the LIG_hosing experiment are identical to those applied to the LIG simulation.

## 2.2  Analysis

Climatological (long-term) means were computed using the 200 years of production run of the LIG simulation, and the last 100 years of the LIG_hosing simulation, unless otherwise specified. Focussing on the last 100 years of the LIG_hosing simulation

105   ensures that we allow enough time for the AMOC and the climate system to respond to the meltwater forcing (see section 3.1). All LIG_hosing-LIG anomalies (annual, decadal and long-term) are computed against the LIG climatological mean.

Ocean Model Intercomparison Project (OMIP) diagnostics were used to calculate ocean heat budget terms, *i.e.* depth-integrated northward net ocean heat transport for each ocean basin. The 'total advective heat transport' term includes transport from both resolved and parametrized advection and is the sum of the northward heat transport from gyres (here 'gyre heat

110   transport') and the northward heat transport from overturning (here 'overturning heat transport'). See Griffies et al. (2016) Appendix I for all details. These heat budget terms are directly available from the HadGEM3 model output. Additionally, we compute the barotropic streamfunction using CDFTOOLS: a diagnostic package for the analysis of NEMO model outputs (MEOM-group, 2021). The *cdfpsi* package was used to compute the barotropic streamfunction by integrating monthly means of the depth-integrated mass transport from South to North over the model global grid.

115   The annual SAM index for the LIG_hosing run was computed evaluating the zonal pressure difference between 40S and 65S (Gong and Wang, 1999). Pressure anomalies at each latitude were computed against LIG climatological values. The index was not standardized (*i.e.* anomalies were not divided by the standard deviation of the control run), because the standard deviations of the LIG_hosing and LIG runs differ, and its unit of measure is thus hPa.

Statistical significance tests were performed using the python package for the 2-sided Welch's t-test. This type of test is more

120   reliable for datasets not of the same size. Statistical significance is calculated using a 95% confidence interval. Note that, for readability, in our figures anomaly patterns that are statistically significant with pvalue $< 0.05$ are shown free of any hatches, while areas that are *not* significant (pvalue $\geq 0.05$) are hatched.

Spatial means for the presented variables were computed using the following geographical constraints: [Lat: 0-90S, Lon: 0-360] for the Southern Hemisphere, [Lat: 0-90N, Lon: 0-360], for the Northern Hemisphere, and [0-90N, Lon: 80W-40E] for

125   the North Atlantic.

## 3  Results

### 3.1  Ocean changes

Surface cooling/warming of the Northern/Southern Hemisphere ocean surface is a robust response of the climate system to the disruption of the Meridional Overturning Circulation (Stocker and Johnsen, 2003). The addition of freshwater into the North Atlantic reduces density and sinking at high-northern latitudes, modifying Atlantic deep water formation and density driven parts of the Atlantic meridional overturning circulation (Stocker et al., 1992; Clark et al., 1999; Knutti et al., 2004). We see an immediate response of the AMOC to the applied freshwater forcing at 26N (Figure 1). An abrupt decrease of 3 Sv occurs within 25 years, followed by a sustained period of decline until around year 150 of the freshwater forcing. After this period, the AMOC approaches a new equilibrium state with a mean value of the meridional streamfunction at 26N, over the last 100 years of simulation, of $\sim$7 Sv. This represents a weakening of about 9 Sv, or 60 % compared to the LIG simulation.

The freshwater forcing has a large impact on the temperature structure of the upper ocean. The North Atlantic top ocean layer (top 200 m) cools down by $\sim$-0.8°C within the first 50-80 years and afterwards remains approximately constant (Fig. 2a). However, as the ocean below 200 m warms, the overall temperature of the top $\sim$1 km of the ocean remains approximately unchanged with a small net warming of $\sim$0.1°C by the end of the 250 years of LIG_hosing simulation (Fig. 2c).

This pattern of cooling and warming in the Northern Hemisphere (NH) ocean surface and subsurface layers, respectively, is consistent with the combined effects of the freshening of the North Atlantic Ocean and the slow-down of the meridional overturning circulation (Fig. 1). As the AMOC weakens, less heat is transported northward. This causes a surface cooling of the Northern Hemisphere (see Suppl. Fig. 1, see also section 3.3 for a detailed discussion on the ocean heat transport). At the same time, the enhanced freshwater flux in the North Atlantic is responsible for a freshening of the ocean surface layers (Suppl.Fig.10-11) that disrupts deep convection and substantially thins the mixed layer in the region (Suppl.Fig.8). In the absence of any vertical mixing, the colder fresher surface waters do not mix with the warmer subsurface waters and the ocean underneath is warmer in the hosing experiment compared to the LIG (Suppl. Fig. 1), this also contributes to a further cooling of the ocean surface in the LIG_hosing simulation.

In the Southern Hemisphere (SH), whilst the top 200 m of the ocean warms by $\sim$+0.15°C (Fig. 2b), the top 1 km of the ocean warms by $\sim$+0.5°C (Fig. 2d) after 250 years. This is due to the weakened global meridional overturning circulation. We estimate a warming trend of $\sim$0.2 °C/100 years in the upper 1km of the ocean (Fig. 3a). The warming trend is present at the end of 250 years, implying that system is still far from a new equilibrium. The SH warming is most intense at low latitudes and near the equator (Fig. 3b). At high-southern latitudes, cold ocean surface LIG_hosing-LIG anomalies occur at the edge of the Antarctic sea ice edge. We explore this behaviour in Section 3.3.2.

### 3.2  Atmospheric changes

The large-scale atmospheric circulation is related to the horizontal temperature gradient by the thermal wind relation. Changes in the meridional temperature gradient at the surface can influence the wind field above by modulating the strength of the
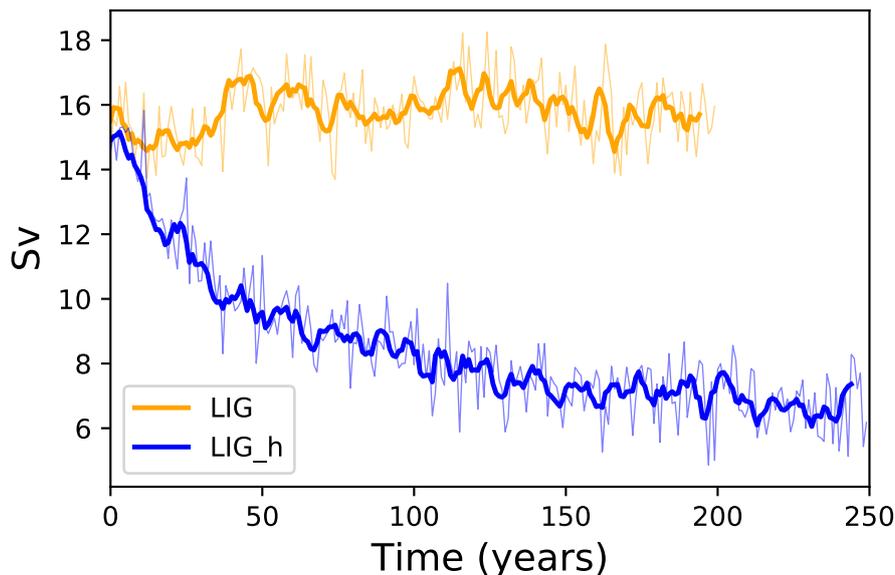
**Figure 1.** Maximum meridional stream-function at 26N for LIG (orange) and LIG_hosing (blue). Thin lines are annual means, thick lines are 11-year running means.

vertical wind shear (*i.e.* the rate at which the wind changes with height) and the latitudinal position of the wind maxima (*i.e.* the jet stream location).

160    In the Northern Hemisphere, ocean surface cooling increases the pole-to-equator temperature difference and therefore the strength of the meridional temperature gradient compared to the LIG (Fig. 4a and 5a). The largest differences are found in the 40-55N region. At 50N, the temperature gradient is ∼-0.4 °C/100km for LIG_hosing - this is double the LIG ∼-0.2 °C/100km gradient (Fig. 5a). During the first 10 years of hosing simulation, SAT anomalies are weakly negative at mid- and high-northern latitudes and close to zero near the equator (dark blue curve in Fig. 6b). Over time, as negative SAT anomalies build-up in the

165  Northern Hemisphere, the jet stream progressively increases its strength (curve colors transition from blues to reds in Fig. 6a and Fig. 6b). The upper-level climatological zonal wind anomalies are ∼ 2 m/s stronger in LIG_hosing than in LIG. Because the wind shear associated with the mid-latitude jet stream extends to the surface (Fig. 6c), the stronger LIG_hosing near-surface winds are a consequence of the jet intensification above (Fig. 4b and 5b).

The strength, shape and location of the jet stream are highly variable on a year-to-year basis. This is due to factors such

170  as season differences, rates of tropical heating and high-latitude cooling, and stratospheric conditions. The regime can be single- or double-jet state depending on whether the sub-tropical and mid-latitude jet are joint together or whether they are distinguishable as separate entities (Lee and Kim, 2003; Son and Lee, 2005; Lachmy and Harnik, 2014). These variations, over all time-scales, mean the climatological jet maxima is spread out approximately across 20 degrees of latitude (Fig. 6a and 6c).
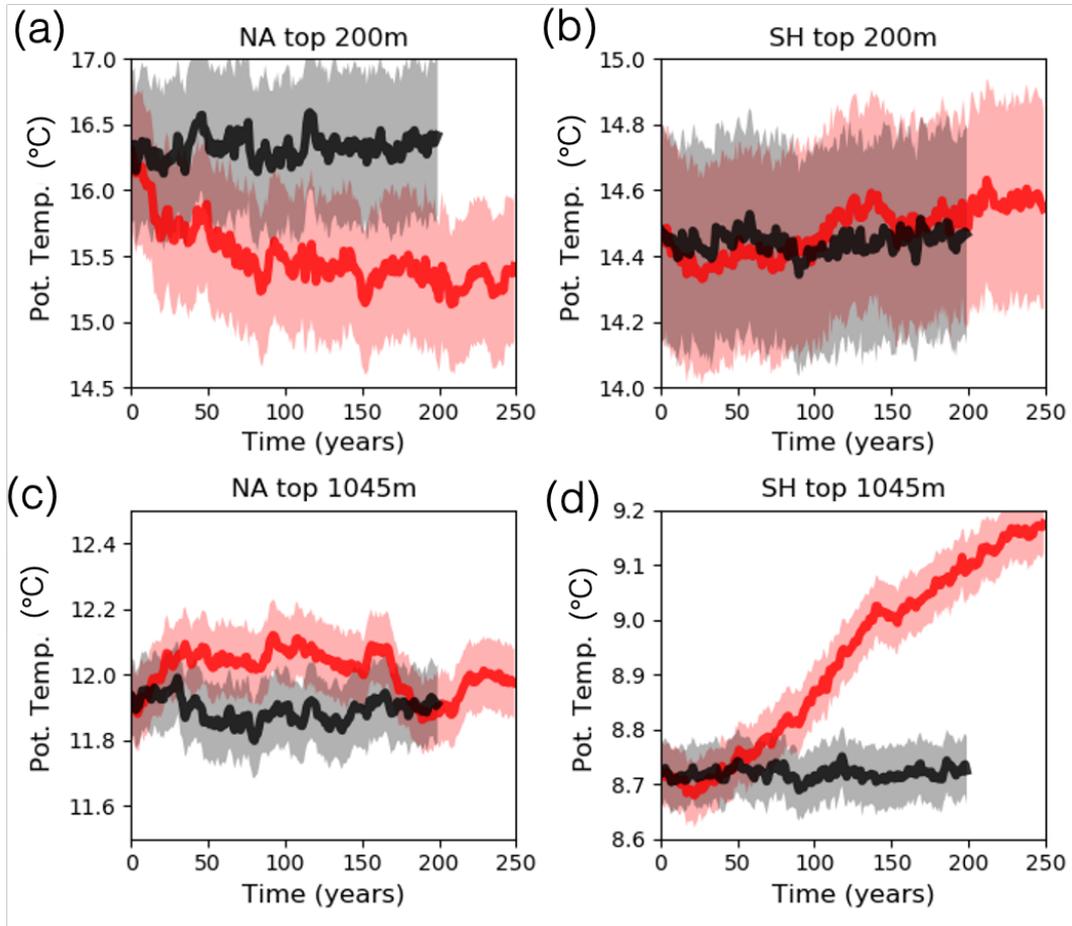
**Figure 2.** North Atlantic (NA) and Southern Hemisphere (SH) depth averaged means of sea water potential temperature for LIG_hosing (red) and LIG (black). (a) and (b) averages over the top 200m of water column, (c) and (d) averages over the top 1045m of water column. Thick lines are annual means, shaded areas represent the standard deviation.
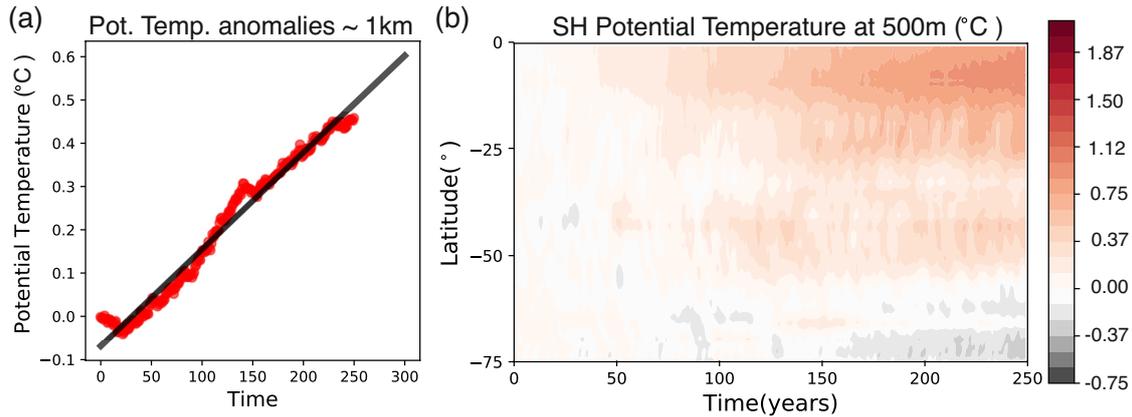
**Figure 3.** Southern Hemisphere water potential temperature anomalies: (a) depth averaged LIG_hosing-LIG anomalies over the top 1045m of water column and linear fit, (b) Hovmoller diagram of LIG_hosing-LIG anomalies at 500m depth.

Finally, note that although we have shown here annual means only, a similar behaviour for the jet stream, the near-surface winds and the meridional temperature gradient was observed in the seasonal means. According to the jet-stream dynamics and the fact that the pole-to-equator temperature difference is always stronger in winter and weaker in summer, the largest LIG_hosing-LIG anomalies occur during the winter and spring seasons (see Suppl. Fig 2-5).

In the Southern Hemisphere, whilst the surface warming is weak (Fig. 4a; Fig. 7b), zonal wind anomalies are nevertheless significant (Fig. 7a and 7c). Zonal wind anomalies reach values of ∼-2-3 m/s at low- to mid-latitudes - in the 30-40S region. At higher southern latitudes, values of ∼+1 m/s occur.

While the surface warming observed in the Southern Hemisphere sub-tropics has the potential to generate negative wind anomalies at mid-latitudes via a mechanism similar to the one discussed above for the Northern Hemisphere, *i.e.* by decreasing the meridional temperature gradient between tropics and sub-tropics and thus weakening the sub-tropical jet (Brayshaw et al., 2008; Yang et al., 2020), the positive surface temperature anomalies in Fig. 7b are too small to explain alone these simulated wind changes. We require an additional mechanism in our simulation that explains the weakened sub-tropical jet.

Several studies have investigated latitudinal shifts of the Intertropical Convergence Zone (ITCZ) following a cooling at high-latitudes of the Southern/Northern Hemisphere (Kang et al., 2008; Donohoe et al., 2013; Lee et al., 2011; Ceppi et al., 2013). These have established the cause-effect relationships between temperature changes, ITCZ displacement and Hadley Cell strength. Changes in the inter-hemispheric meridional temperature (and pressure) gradient cause the ITCZ to shift towards the warmer hemisphere; in the colder hemisphere the Hadley cell strengthens because of the enhanced cross-equatorial transport of momentum, in the warmer hemisphere the other Hadley cell weakens. Here, we assess the ITCZ mean meridional position by looking at LIG_hosing-LIG precipitation anomalies (Fig. 8). In the LIG_hosing simulation, the ITCZ moves southward as the Northern Hemisphere cools. The long-term mean anomalies are ∼ ±2 mm/day in both Hemispheres (Fig. 8b). The southward shift of the ITCZ disrupts the SH sub-tropical jet, which is weaker in the hosing simulation compared to the LIG (Fig. 7c).
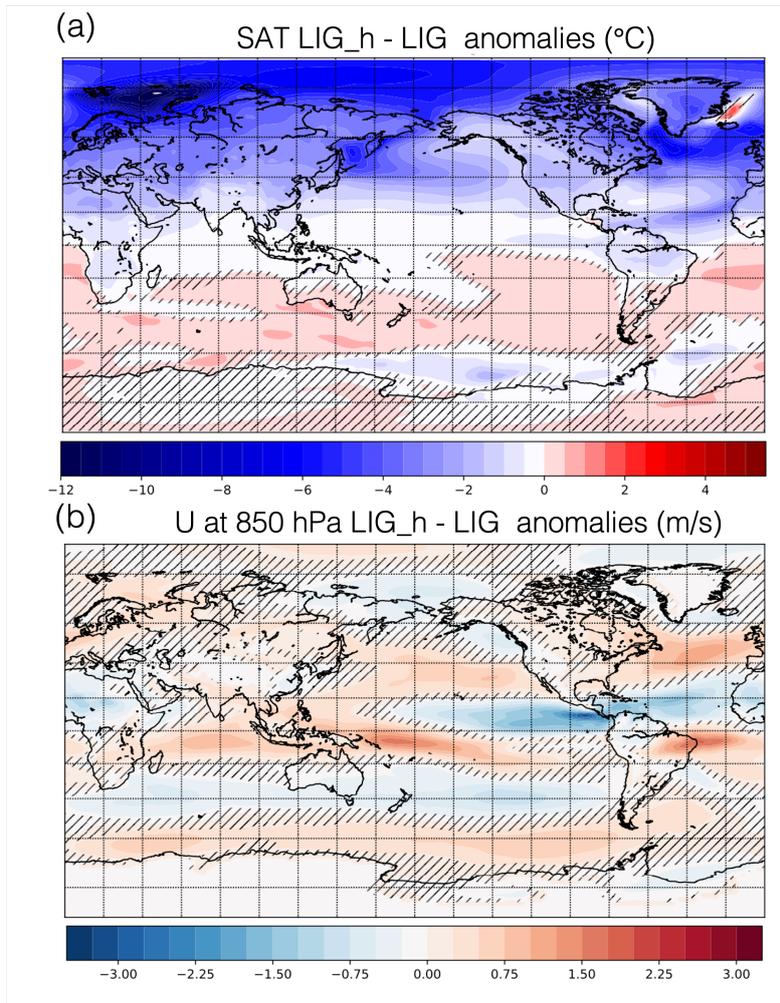
**Figure 4.** LIG_hosing – LIG Surface Air Temperature (SAT) anomalies (a) and zonal mean U at 850hPa anomalies (b). Non-hatched areas correspond to statistically significant differences (at 95% confidence)

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Because of the weak sub-tropical jet, baroclinic eddy growth is strong at midlatitudes and this drives a strong polar (eddy-driven) jet (Lee and Kim, 2003). The system moves towards a jet-split regime: the HadGEM3 polar and sub-tropical jets are distinguishable as two separate peaks in the zonal mean zonal wind (Fig.7a and 7c), with the polar/sub-tropical jet stronger/weaker in LIG_hosing than in LIG. This strengthening of the LIG_hosing simulation polar jet has consequences for the high-latitudes surface circulation, and has impacts also on Antarctic sea ice.
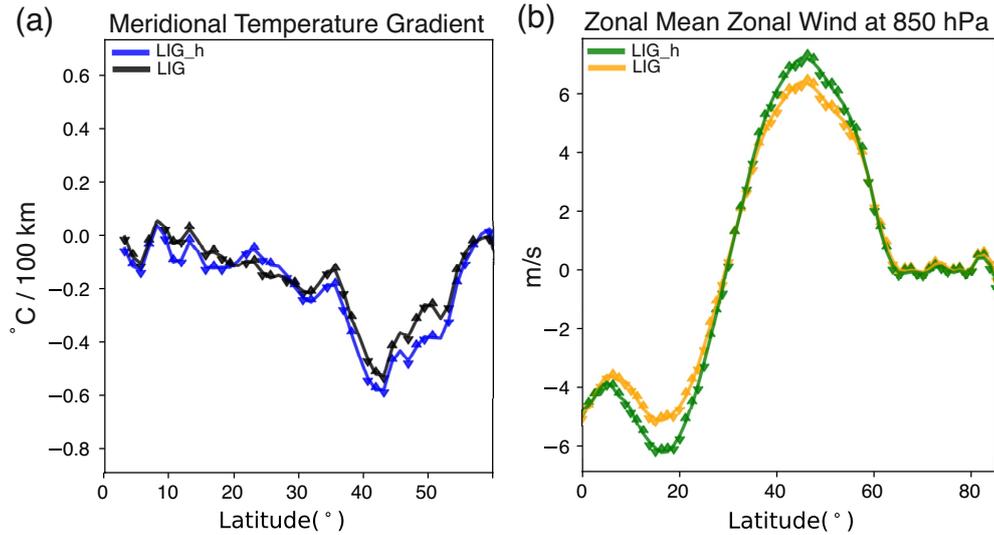
**Figure 5.** Mean Surface Air Temperature (SAT) meridional temperature gradient for LIG_hosing (blue) and LIG (black) (a) and zonal-mean zonal wind U at 850 hPa for LIG_hosing (green) and LIG (orange) (b) for the North Atlantic (80W – 10W) region. Solid lines are annual means, arrows are the standard error of the mean.

### 3.3  Coupled-system responses

In the previous sections we focused our analysis on the direct impacts of the freshwater surface forcing on the ocean and the atmosphere. Because they originate from a perturbation applied as a boundary condition between the ocean and the atmosphere (*i.e.* the applied meltwater), the changes discussed so far can be simulated by stand-alone oceanic or atmospheric simulations. In this section, we look at how the atmosphere and ocean systems interact with each other to give rise to additional modifications of the climate system that can only be assessed in a coupled-model simulation framework.

#### 3.3.1  Heat transport changes

In the LIG_hosing simulation, the total advective heat transport decreases everywhere in the Atlantic basin (Fig. 9b). The major drop ( ∼-0.25 PW) occurs during the first 50 years of simulation (Fig. 9c and Suppl. Fig. 6a). The temporal evolution of the Atlantic advective heat transport resembles the AMOC trend (Fig.1), with values reaching a plateau ( ∼0.4 PW, or -33 % change) near year 150 of simulation. In the Northern Hemisphere, the largest decrease is ∼ -0.4PW at about 10N (Fig.9b). In the Southern Hemisphere, the difference in Atlantic advective heat transport between the LIG_hosing and LIG simulations is about -0.25PW between the equator and 35S (at the end of the Atlantic). This means that some combination of the Indian, Pacific, and Southern Oceans are taking up an addition 0.25PW of ocean heat transport in the LIG_hosing simulation that was being lost in the North Atlantic in the LIG simulation. This explains the LIG_hosing warming at the surface (Fig.4a) and at 500m depth (Fig.3b) at those latitudes, since extra heat is being stored by the ocean.
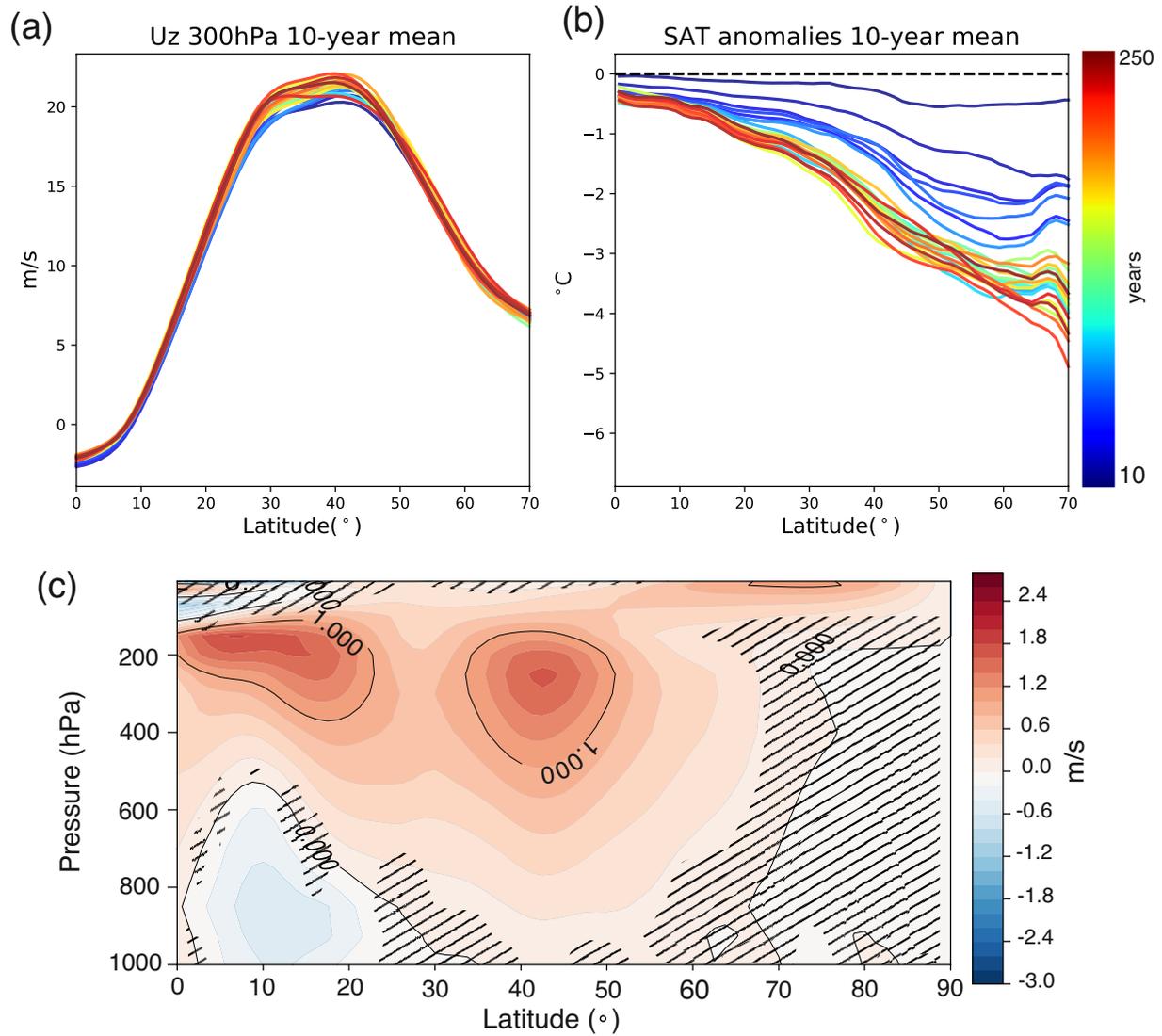
**Figure 6.** Each line in panel (a) corresponds to a 10-year mean of the zonal mean zonal wind U at 300 hPa for the LIG_hosing run. Similarly, in panel (b) each line represents a 10-year mean of LIG_hosing-LIG Surface Air Temperature (SAT) anomalies. Panel (c) shows the long-term mean of zonal mean zonal wind LIG_hosing-LIG anomalies. Non-hatched areas correspond to statistically significant differences (at 95% confidence).
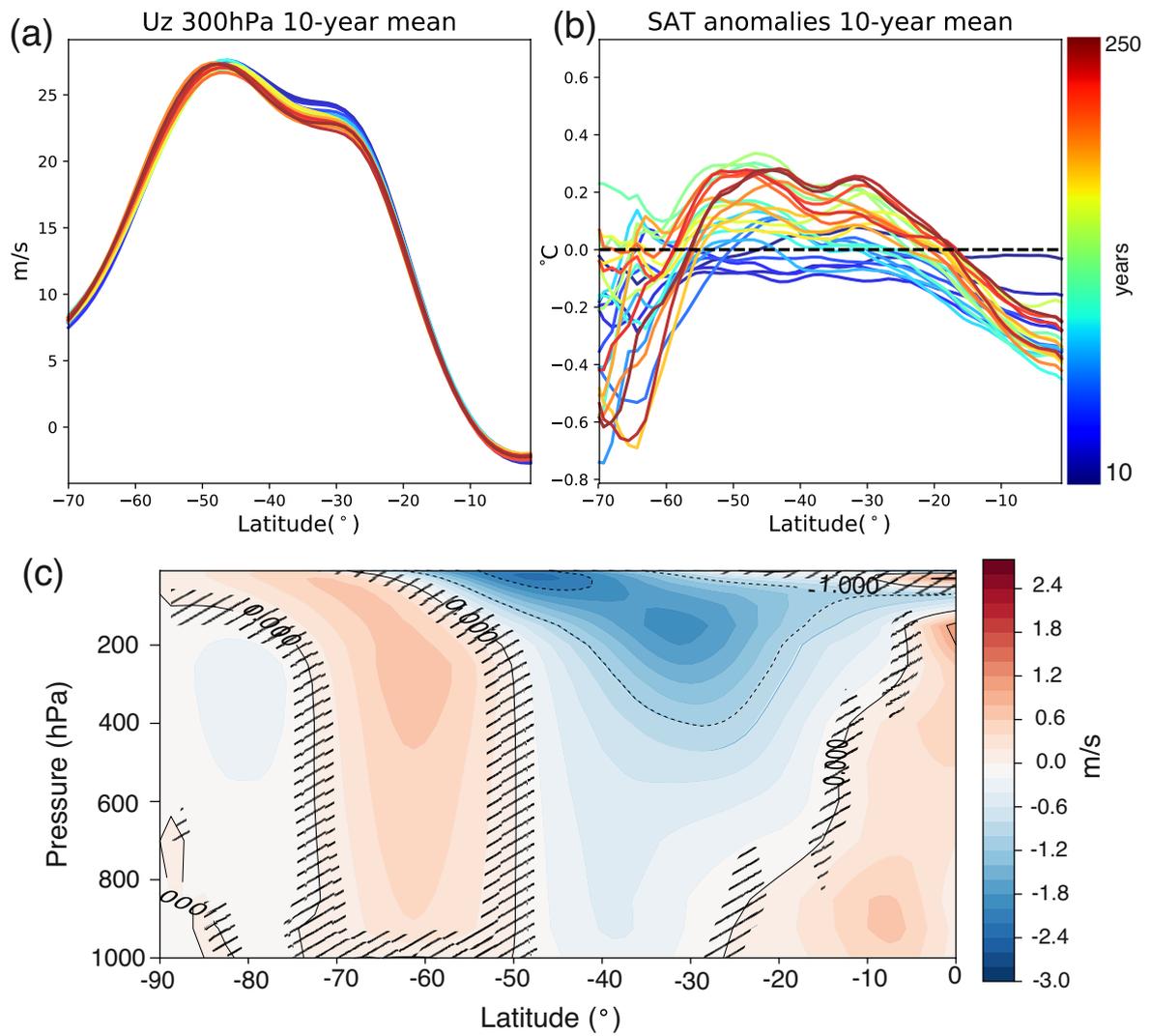
**Figure 7.** As in 6 but for the Southern Hemisphere.
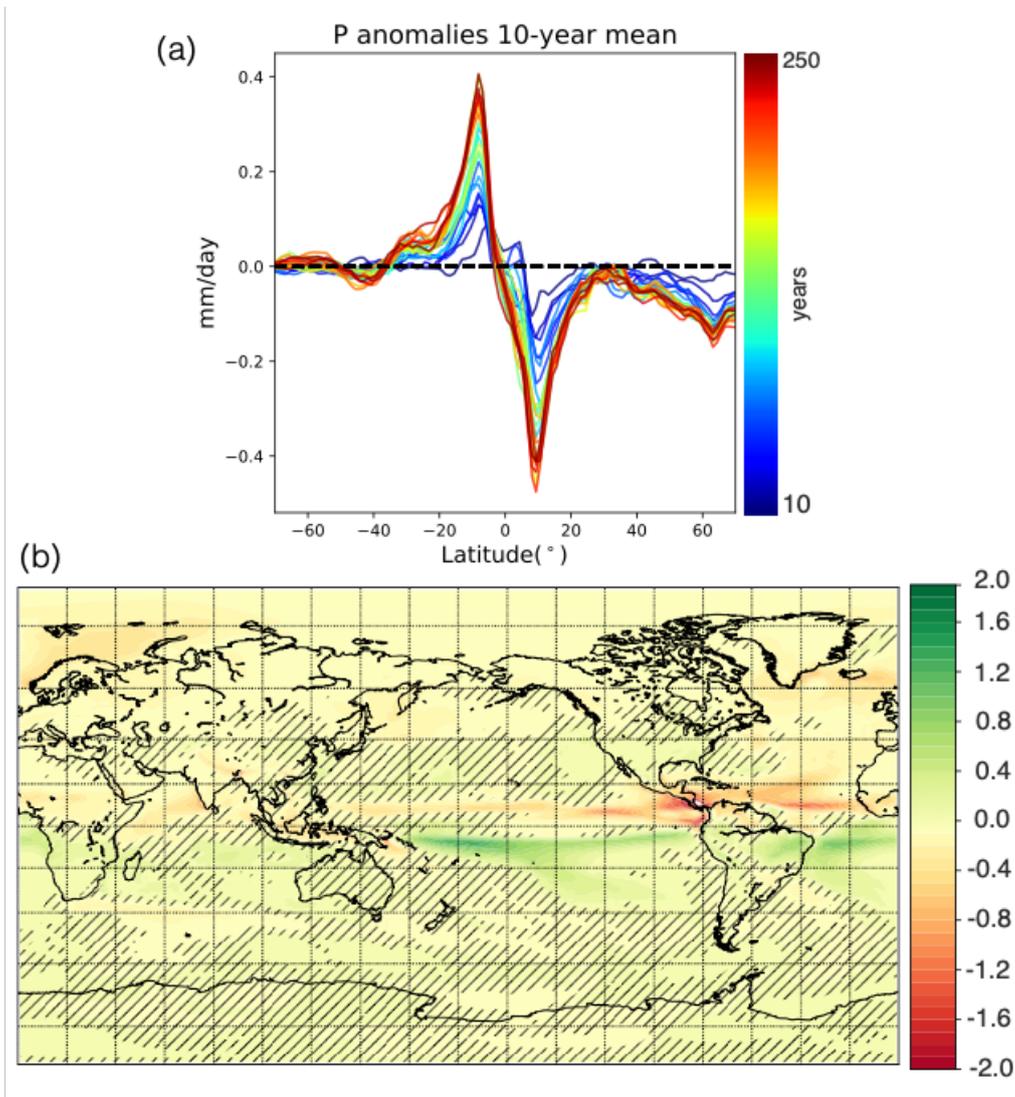
**Figure 8.** Each line in panel (a) corresponds to a 10-year mean of LIG_hosing-LIG Precipitation (P) anomalies. In panel (c) the long-term mean of P anomalies is shown. Non-hatched areas correspond to statistically significant differences (at 95% confidence).

The overturning heat transport component (Fig.9e-f), which is largely density driven, is the major contributor to the overall decrease in Atlantic advective heat transport (also referred here as total northward heat transport). This component is directly linked to the strength of the meridional overturning circulation and its decrease is uniform across all latitudes. On the other hand, the wind-driven gyre heat transport component exhibits a far less uniform trend (Fig9.h-i).

220     Northern Hemisphere westerly winds are about 20% stronger in the LIG_hosing simulation. The maximum positive zonal wind anomaly is centred in the 40-50N latitude band (Fig. 5b), consistent with the jet-stream intensification (Fig. 6c). This is roughly where the boundary between the subpolar and the subtropical gyres is located (Fig. 10). The barotropic stream function weakens in the subpolar gyre for the LIG_hosing simulation because the enhanced westerlies act to decelerate the contour-clockwise rotation (*barosf* negative) of the gyre. At the same time, the subtropical gyre intensifies as the stronger westerly

225     winds favour the clock-wise (*barosf* positive) rotation of the gyre in that region. Because of the location of the maximum wind anomaly between 40-50N, the stronger westerlies impact more greatly the subpolar than the subtropical gyre in terms of gyre shape. The southern branch of the subtropical gyre is also affected by wind changes. The barotropic streamfunction for the LIG_hosing subtropical gyre strengthens in the 20-30N region (particularly in the western quadrant) because of the modest acceleration in the easterly trade winds (Fig. 5b). The net result is an overall weakening of the subpolar gyre and an

230     intensification of the subtropical gyre in the LIG_hosing simulation compared to the LIG. This results in a decrease in heat transport due to the gyre circulation of ∼-0.2 PW at high-northern latitudes between 50-60N, but an increase of ∼+0.1-0.2 PW over mid-latitudes in the 20-50N region (Fig. 9h).

    The weakening/strengthening of the subpolar/subtropical gyres approximately balance in terms of total gyre heat transport: the total northward transport of heat due to the gyre circulation in the North Atlantic (with contributions from both gyres) is

235     nearly unchanged by the meltwater forcing (Fig.9i). However, the implications of a different regional distribution of ocean heat are of significance. If the response of the coupled-system, *i.e.* changes in the gyre heat component were not simulated, a larger reduction in total advective heat transport would occur at mid-latitudes. Furthermore, the decrease in total advective heat transport at high northern-latitudes (Fig.9b), north of 50N, would be non-existent. This is because the overturning heat transport term is zero above 50N (Fig. 9e), *i.e.* the decrease comes from the weakening of the sub-polar gyre (Fig. 9h). The

240     weakened sub-polar gyre thus contributes to the large ocean surface cooling of the North Atlantic (Fig. 4a). This process is not usually taken in consideration when models are used to explain the cooling of the Northern Hemisphere during hosing experiments simulating Heinrich events.

    We conclude this section highlighting that changes in the Atlantic basin heat transport terms discussed above dominate the signal also in the global ocean heat transport terms (Fig.9 a,d,g). The opposite response of the sub-tropical and sub-polar gyres

245     is still present when the global gyre heat transport term is computed. As for the overturning component, this is still the main responsible for the decrease in global heat transport, but south of 10N heat gain in the Pacific (Suppl.Fig.12) reduces LIG and LLIG_hosing differences in the overturning and advective global heat transport terms. South of ∼55S there is no difference in the global advective heat transport for the two runs. This indicates that in our 250-year long simulation the freshwater forcing result in heat accumulation in the Southern Ocean between the equator and ∼55S, but no heat transport (and no heat

250     accumulation) southward of 55S (see also Discussion).

### 3.3.2 Southern Hemisphere sea ice changes

The net effect of a weakened Southern Hemisphere sub-tropical jet (caused by the southward shift of the ITCZ) is to intensify the Southern Hemisphere polar jet and surface winds (Fig. 11a,b), which results in a more positive Southern Annular Mode (SAM) (Fig.11c). Winds are stronger in the LIG_hosing simulation than in the LIG, with wind anomalies at 850 hPa up to 1 m/s (Fig. 11b). The time progression of the wind intensification shown in Fig.11a,b is in agreement with the temporal evolution of the ITCZ shift discussed in section 3.2 and shown in Fig.8. As the belt of westerly winds become stronger, the SAM becomes more positive. The mean value for the SAM index (non-standardized) is -0.05 hPa for the first 150 years of simulation (Fig. 11a) and 0.4 hPa for the last 100 years of simulation (Fig. 11b), resulting in a positive trend for the annual SAM index (Fig. 11c).

Here we find that in response to a increasingly positive SAM, in our LIG_hosing simulation, the Southern Hemisphere sea ice expands with maximum LIG_hosing-LIG winter sea ice concentration (SIC) anomalies of $\sim$+30% (Fig. 12c). Positive anomalies are in fact present all year-round, but are weaker in summer (Fig.12a) and the in the annual mean SIC anomalies are $\sim$+20% at most (Fig. 12e).

The connection between a positive SAM and an increase in Antarctic sea ice is widely reported in the literature (*e.g.* Hall and Visbeck, 2002; Lefebvre et al., 2004; Ferreira et al., 2015; Turner et al., 2015; Holland et al., 2017)). Known mechanisms by which a positive SAM can influence sea ice formation and growth are: the stronger westerly winds advect sea ice away from the coastlines more efficiently and thus increase the ice concentration along the ice edge (Fig.12) (Hall and Visbeck, 2002; Lefebvre et al., 2004); the enhanced westerlies can cause an anomalous equatorward Ekman flow that, advecting colder water from the South, decreases the sea surface temperature and promotes sea ice formation (Ferreira et al., 2015; Holland et al., 2017).

The temporal evolution of the SAM index (Fig.11) and the Sea Ice Area (SIA) anomalies (Fig.12b,d,f) corroborates that sea ice changes in our LIG_hosing simulation are SAM-driven: in the last $\sim$ 100 years of simulation, as 850 hPa winds intensify and the SAM is more frequently positive (Fig.11), SIA anomalies are mostly positive and their magnitude is slowly increasing too (although not in summer, see below). This is confirmed by the overall positive trend of the time-series (dashed lines in Fig.12). The LIG_hosing sea ice area increases more substantially in the second-half of the simulation, under a prevalently positive-SAM regime. The overall trend for winter (Fig.12d) and annual (Fig.12f) SIA anomalies time-series is positive and statistically significant (pvalue < 0.05). In summer (Fig.12b) however, the trend is still weakly positive but not statistically significant (pvalue > 0.05). This reveals that sea ice changes are driven by winter changes, i.e. the positive trend is visible in the September time-series but not in February, agreeing with what we know about the seasonality of SAM-sea ice interactions. Studies have shown that the link between SIC anomalies and SAM is the strongest during the winter months, particularly in the pacific sector where sea ice variability is strongly linked to the large-scale atmospheric circulation (see e.g. Simpkins et al. (2012)).

Often in literature a positive SAM index is associated with a dipole pattern of SIC anomalies, for which sea ice decreases in the Weddell sea sector and increases in the Amundsen and Ross Sea sectors (Lefebvre et al., 2004; Simpkins et al., 2012).

285 This pattern is not well distinguishable in our results where rather sea ice increases along the ice edge both in the Weddell and Amundsen and Ross Sea sectors. In the central Weddell Sea, the increase is accompanied by some zero or mildly positive/negative anomalies off the peninsula. While it is not clear why a strong dipole pattern of anomalies is not present in our simulation, other processes might affect sea ice concentration in the Weddell Sea sector for our LIG_hosing run: upwelling of cold waters in the Southern Ocean between 40S and 70S has been postulated as explanation for the increase of sea ice in the

290 Weddell sea sector in response to a North Atlantic cooling Crowley and Parkinson (1988). This mechanism was invoked by Renssen et al. (2010) to explain positive SH sea ice anomalies during the Early Holocene deglaciation (∼9,000 years ago). In our simulation the ocean zonal mean temperature anomalies are different from Renssen et al. (2010): at depth, the Southern Ocean warms near 40S (Fig.3 and Suppl.Fig.1). We also found either zero or very small negative temperature anomalies between 50-70S at the surface (Suppl. Fig. 1). This implies that some very weak upwelling of cold waters might be happening in

295 the HadGEM3 model and could contribute to the sea ice increase in the Weddell sea sector. The very weak upwelling of cold waters in the Southern Ocean in our simulation is supported by the fact that the expected lag between North Atlantic cooling and SH cold waters upwelling is of 100-200 years (Goosse et al., 2004; Renssen et al., 2010) but HadGEM3 was run here for 250 years.

## 4   Discussion

300 The observational record from the LIG suggests that by around 128 ka, after a 4-5000 year Heinrich 11 event, there should be 2-3°C ocean warming at high southern latitudes (Capron et al., 2014, 2017; Hoffman et al., 2017). The positive warming trend of ∼0.2 °C/100 years of Fig.3 implies that, after 250 years of meltwater forcing, the Southern Hemisphere is still warming in our LIG_hosing simulation (see also section 3.1). If one extrapolates, using a linear fit to Fig.3, after ∼ 1500 years the model may simulate a 2-3°C warming. In this regard, our results are somewhat similar to previous studies like Holloway et al. (2018)

305 who ran a 1600 years long simulation with the older HadCM3 model and obtained a ∼+1.5°C warming. However, we must be cautious about extrapolating thousands of years from a 250 year simulation: this linear trend may not be sustained in the long-term towards equilibrium.

In our LIG_hosing simulation, the warming of the Southern Ocean is driven by a redistribution of ocean heat. After 150 years of simulation the AMOC is reduced by around 60%, therefore considerably less heat is being lost in the NH each year,

310 which leads to a continual gradual build of heat elsewhere in the ocean.

The changes in the North Atlantic heat transport terms (gyre and overturning components) discussed in section 3.3.1 are the main responsible for the NH cooling and SH warming, and dominate the signal also in the global ocean heat transport terms (Fig.9). It is worth pointing out that previous studies have associated the asymmetry between the sub-polar and the sub-tropical gyre, similar to the asymmetry observed here, to a leakage of freshwater from sub-polar latitudes into sub-tropical waters

315 (Swingedouw et al., 2013). While a leakage of freshwater signal cannot be ruled out for the HadGEM3 model (Menary et al., 2018), in previous hosing experiments showing leakage the intensity of both the sub-polar and sub-tropical gyres decreased over time (with the sub-tropical gyre only marginally affected), and the freshwater forcing was exclusively applied along the
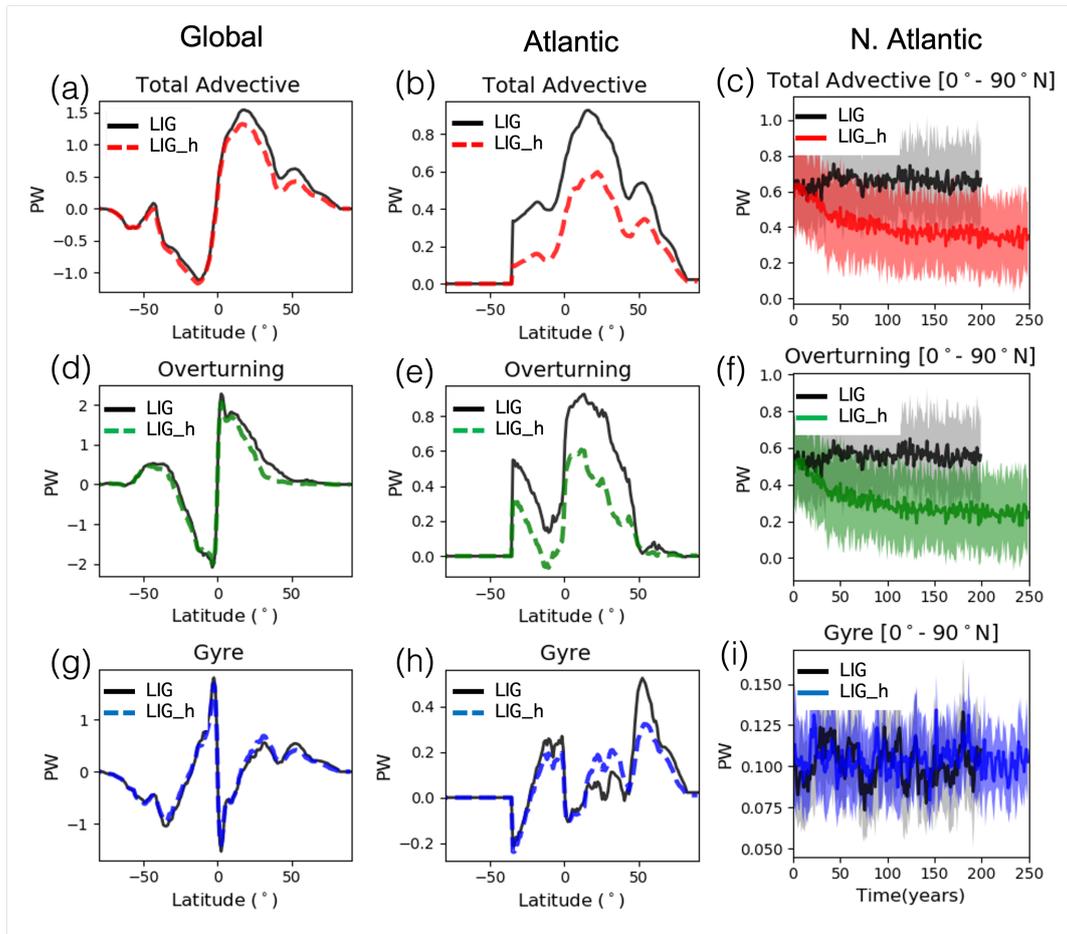
**Figure 9.** Total Advective (a,b,c), Overturning (d,e,f), and Gyre (g,h,i) northward heat transport for the Global basin (a, d, g), the whole Atlantic basin (b, e, h), and the North Atlantic basin only (c, f, i) for the LIG_hosing and LIG simulations. Panels a-b, d-e, g-h show zonal means computed over the long-term means. Panel c,f,i show area-weighted annual timeseries.

Greenland coastline (Swingedouw et al., 2013). Our uniform release of freshwater in the 50-70N latitudinal band should not encourage freshwater leakage through the oceanic pathways described by Swingedouw et al. (2013) and, most importantly, the strengthening of the sub-tropical gyre in our LIG_hosing simulation is a major difference from Swingedouw et al. (2013) corroborating that alterations to the gyre circulation in the LIG_hosing run are driven by wind changes.

Regarding atmospheric changes, the positive SAM and the larger sea ice concentration found in our LIG_hosing simulation are findings consistent with each other, and are in agreement with the literature on the subject. However, positive SIC anomalies for the LIG_hosing simulation put our findings in contrast with the hypothesis that, during the Last Interglacial, the SH sea ice began to decline following the Heinrich 11 event (Holloway et al., 2018). This hypothesis is based on the assumption that ocean heat would build up in the Southern Ocean in response to the weakened overturning meridional circulation.
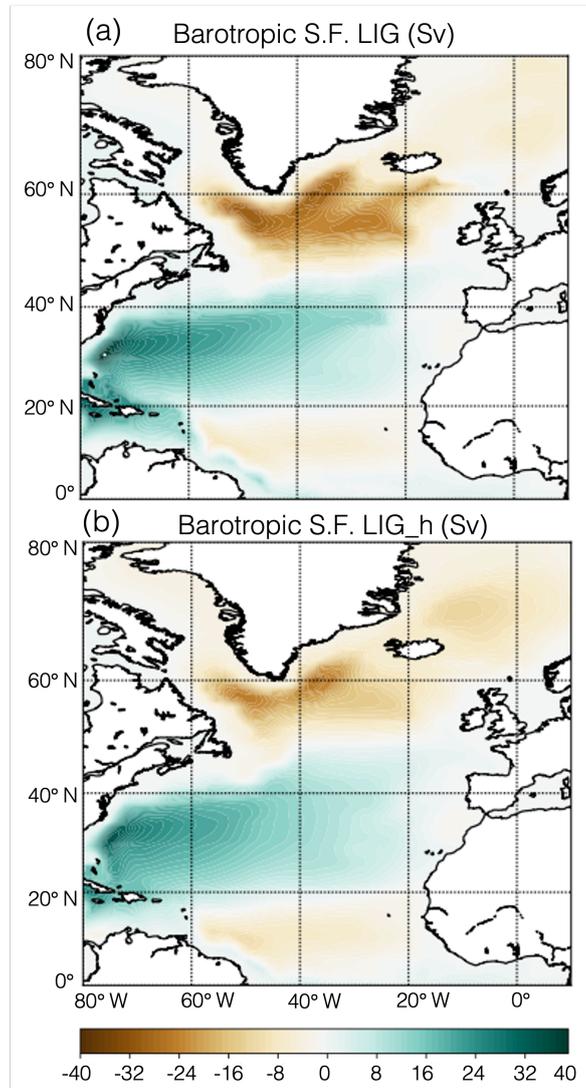
**Figure 10.** The annual mean barotropic stream function in the North Atlantic for the LIG (a) and the LIG_hosing (b) simulations.
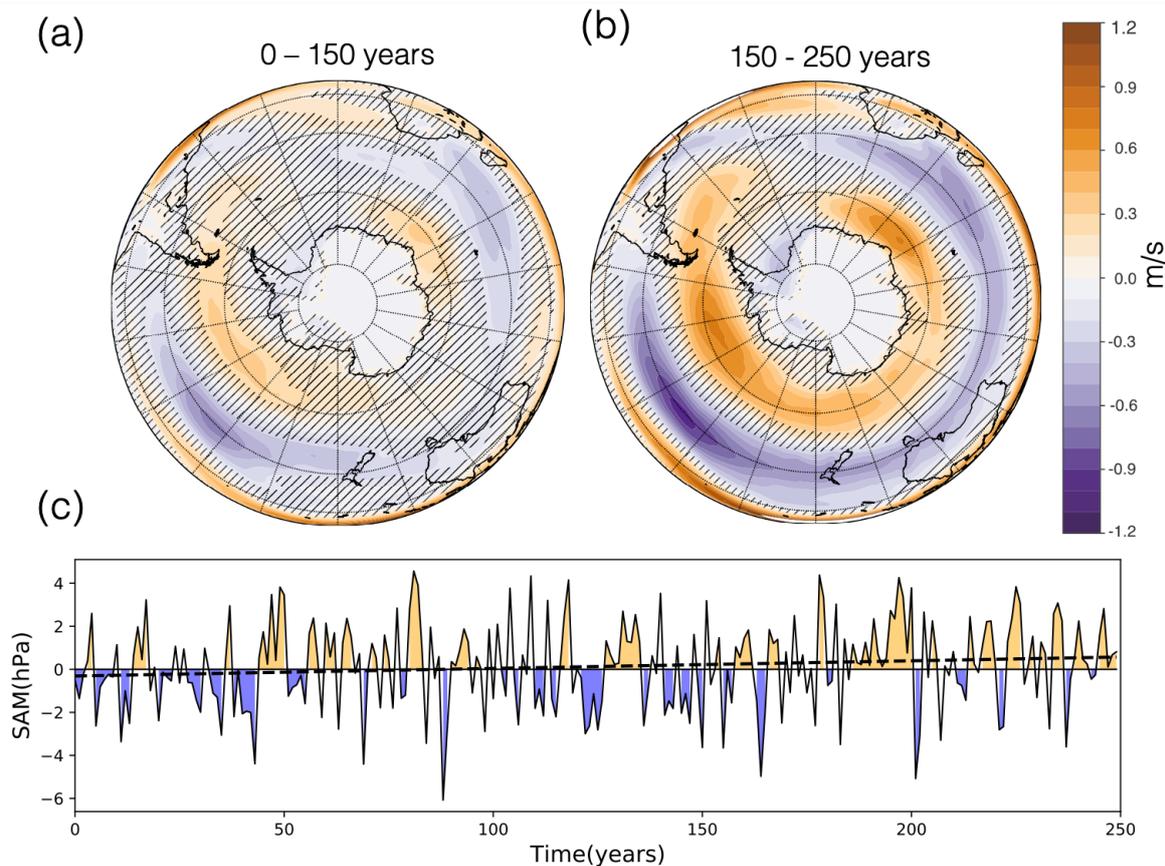
**Figure 11.** LIG_hosing – LIG anomalies for U at 850hPa computed over the first 150 years (a) and the last 100 years (b) of simulation. Non-hatched areas correspond to statistically significant differences (at 95% confidence). The annual SAM index for the LIG_hosing simulation is shown in (c). The linear regression line (dashed) represents a statistically significant positive trend with pvalue < 0.05.

Over the first 250 years of their water-hosing simulation, Holloway et al. (2018) show that in HadCM3 (older UK model), SH winter sea ice goes into immediate decline, and after 200 model-years sea ice area anomaly is ∼-10 % (see their Fig. 1). This older HadCM3 model has a rather simplified representation of the atmosphere and the ocean compared to HadGEM3 330 (HadCM3 is the predecessor of HadGEM3 with about 20 years of model development between them).

In our 250-year long simulation, while freshwater forcing has immediately a major impact on the (North and South) Atlantic basin (Fig.9b), the global heat transport south of 55S remains unaffected (Fig.9a). Thus, in our simulation sea ice does not respond to changes in ocean heat transport (yet) but rather to shorter time-scale forcing such as the SAM. This is in agreement with previous studies showing the existence of an approximately 200-year lag between changes in freshwater forcing from 335 Greenland and the onset of warming in Antarctica since the warming signal takes time to cross the Antarctic Circumpolar Circulation (at about 50-60S) (Buizert et al., 2015; Pedro et al., 2018; Svensson et al., 2020).
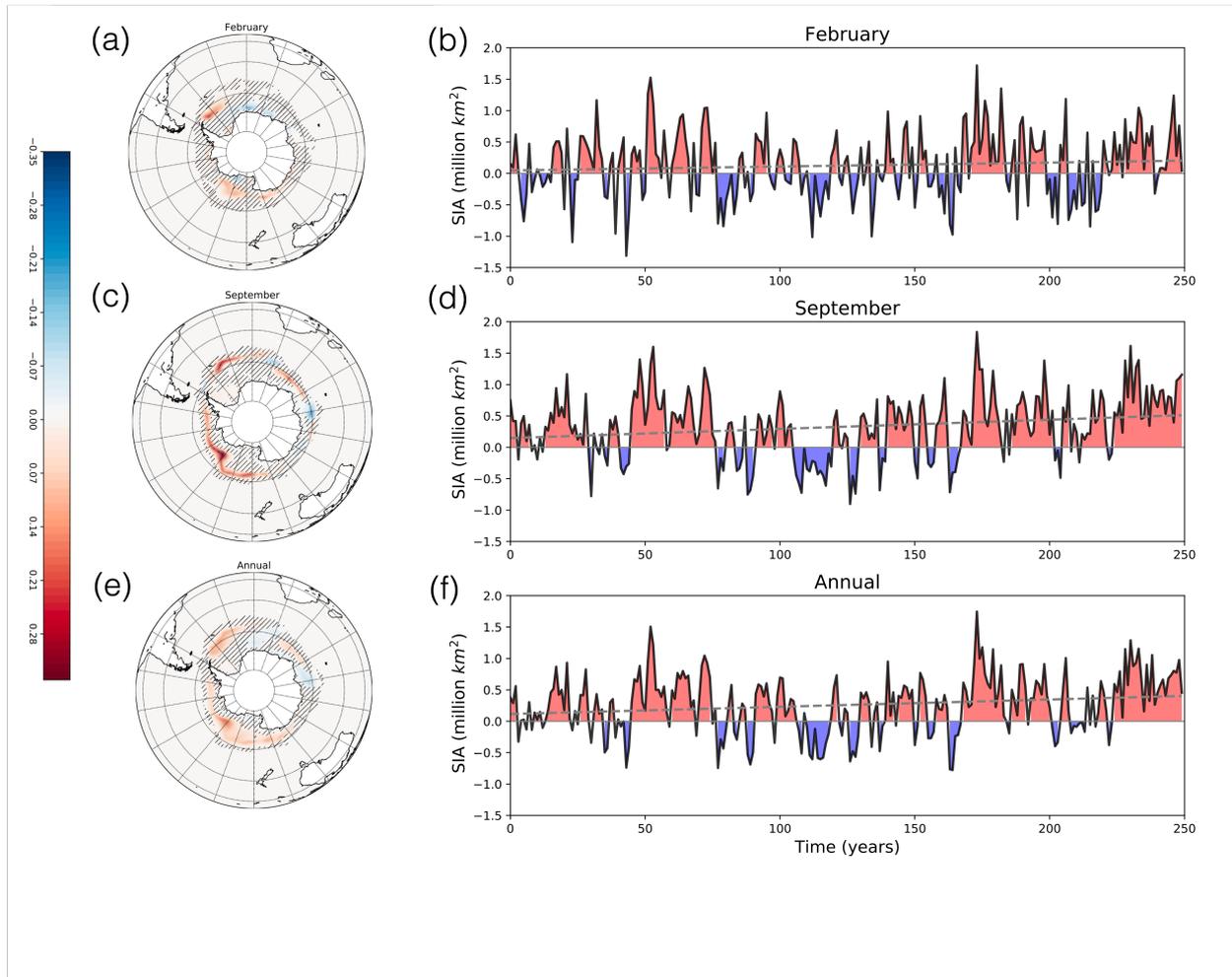
**Figure 12.** February (a), September (c) and annual (e) LIG_hosing – LIG sea ice concentration anomalies for the last 100 years of the LIG_hosing simulation. Non-hatched areas correspond to statistically significant differences (at 95% confidence). Panels b, d, f are time-series of February (b), September (d) and annual (f) LIG_hosing-LIG Sea Ice Area (SIA) anomalies computed against the LIG climatological mean from year 0 to 250 of simulation. Dashed grey lines represent best fit for data. The trend is positive a statistically significant (pvalue < 0.05) for September (d) and Annual (f) time-series and not significant for February (b) time-series (pvalue > 0.05).

As described in section 3.3.2, a more positive SAM in the LIG_hosing run causes an increase in SH sea ice in HadGEM3. However, on longer time-scales it is possible, and perhaps likely, that sea ice might start responding to a more pronounced warming of the Southern Ocean (according to trend of Fig.3) and that could eventually start declining: a much warmer Southern Ocean will inhibit sea ice formation and will contribute to faster sea ice melt. Additionally, the SAM may transition into a different state. For example, the weak sub-tropical warming observed at the ocean surface in our LIG_hosing simulation has the potential (if enhanced) to further weaken the sub-tropical jet (see section 3.2), and move the system into a proper jet-split regime in which the sub-tropical and the polar jet are distinguishable. This would result in an even stronger polar jet and thus a more positive SAM which might reinforce the role of the SAM in promoting sea ice increase. A longer simulation would allow a proper investigation of such mechanisms.

Similarly to the above, a longer simulation with a more pronounced ocean warming, would allow investigating other note-worthy aspects, including:

– If the Southern Ocean continues to warm towards + 3°C warming, the pattern of warming will be of importance (Brayshaw et al., 2008). An homogeneous warming that extends to the higher-latitudes might disrupt and weaken the polar jet (by decreasing the polar to mid-latitudes meridional temperature gradient). Under this scenario, the SAM will polarize towards its negative phase and sea ice could decrease;

– Even with a SAM persistently positive, a two time-scales evolution of sea ice is possible. First proposed by Ferreira et al. (2015), following an initial sea ice increase (according to the mechanisms discussed here), on longer time-scales sea ice is expected to decrease when the SAM is positive. This is because, on long time-scales, the deeper ocean circulation is also affected by the changes in the wind forcing. In particular, the upwelling of deeper and warmer ocean waters will eventually increase the SST and melt the sea ice.

To conclude, we hypothesize that the positive SIC anomalies in Fig.12 are partially due to the limited length of our simulation (250 years). It is well known that the ocean system responds to forcing on time-scales that can be longer than thousand years. We speculate that, for a longer LIG_hosing simulation, the weak warming signal currently observed in the Southern Hemisphere might become larger and a more significant warming of the Southern Ocean might be simulated (according to Fig. 3).

In this perspective, the positive trend in the SAM and the slowdown of the AMOC might be thought of as two competitive mechanisms that cause sea ice to increase/decrease depending on the process that is dominating the sea ice response. Our findings thus suggest that there might be a transient system response for which sea ice actually increased its extent during the LIG for a few hundreds years (or more).

However, without prolonging our simulation it is not possible to investigate how these two mechanisms might interact with each other. Thus, whilst a longer LIG_hosing simulation using our model is difficult due to the prohibitively high computational cost, supercomputing advances are needed to enable a more in-depth investigation of some of mechanisms described here for Southern Ocean warming and Antarctic sea ice increase. Until this is possible, longer term hemispheric teleconnections, Southern Ocean warming, and when and how Antarctic sea ice disappeared during the Last Interglacial may remain somewhat elusive.

## 5 Conclusions

In this study we have analysed the response of the ocean and the atmosphere to an enhanced release of glacial meltwaters within the North Atlantic basin during the Last Interglacial (LIG) period. We found two noteworthy aspects of how the applied freshwater forcing alters the atmosphere-ocean coupling, these are: changes in the Northern Hemisphere gyre heat transport, and an increase in Antarctic sea ice.

We used the UK CMIP6 model (HadGEM3) to simulate a time-slice of the Last Interglacial climate at 127,000 years ago (LIG simulation) (Guarino et al., 2020a). A constant flux of freshwater equal to 0.2 Sv was added to the North Atlantic between 50-70N to study the sensitivity of the LIG climate to the glacial meltwaters release (LIG_hosing simulation). This simulation was carried out adhering to the international protocol for the PMIP4-LIG Tier 2 simulations (Otto-Bliesner et al., 2017).

After 150 years of freshwater forcing, the Atlantic Meridional Overturning Circulation (AMOC) is reduced by about 60 %. After a steady decline, and for the last 100 years of simulation, the AMOC remains approximately constant at around 9 Sv.

The combined action of a fresher North Atlantic Ocean and a weaker meridional overturning circulation leads to a pattern of cooling (-0.6°C)/warming (+0.25°C) in the Northern Hemisphere ocean surface/subsurface that is in agreement with previous studies (Stocker et al., 1992; Clark et al., 1999; Knutti et al., 2004; He et al., 2020). In the Southern Hemisphere, both the ocean surface and subsurface warm, with an estimated trend of ∼0.2 °C/100 years in the upper 1km of the ocean. This trend remains approximately linear and constant for 250 years. After 250 years (length of simulation) the warming trend is continuing and the system has not reached a new equilibrium.

The pole-to-equator temperature difference increases in the LIG_hosing simulation compared to the LIG simulation in the Northern Hemisphere due to polar cooling. The largest increase in the meridional surface temperature gradient between LIG and LIG_hosing occurs between 40-50N. These changes in the meridional temperature gradient at the surface influence the wind field. In the LIG_hosing simulation, 850 hPa winds are found to be ∼20 % stronger with a maximum positive anomaly centred at 45N. This is a direct consequence of the intensification of the jet-stream above that is ∼ 2 m/s stronger in the LIG_hosing simulation than in the LIG simulation.

The jet intensification in the Northern Hemisphere alters the total northward ocean heat transport (*i.e.* the advective heat transport) by increasing and decreasing the gyre circulation at mid- and high-latitudes, respectively. At mid-latitudes, increased subtropical gyre circulation means that this part of the ocean circulation transports more heat northward. At the same time, the weakening of the overturning circulation in the same region reduces northward overturning heat transport. Whilst these two elements act in opposite direction, the overturning component effect dominates so that the total advective heat transport decreases in the hosing experiment compared to the reference LIG climate. At higher latitudes in the Northern Hemisphere, the contribution to the total advective heat transport from the overturning circulation is zero, and in this case is the weakening of the subpolar gyre that makes the total advective heat transport decrease in this region for the LIG_hosing simulation. The weakened sub-polar gyre is thus, in our LIG_hosing simulation, an additional contributor to the cooling of the ocean surface in the North Atlantic. This process should be taken into account when studying the cooling of the Northern Hemisphere in water-hosing simulations representing Heinrich events.

405 As the Northern Hemisphere cools down, the changes in meridional temperature and pressure gradients cause the Intertropical Convergence Zone (ITCZ) to move southward with precipitation anomalies equal to $\sim$ +/- 2 mm/day in the Southern/Northern Hemisphere. In the Southern Hemisphere, the shift of the ITCZ disrupts the SH sub-tropical jet. To a weakening of the sub-tropical jet ($\sim$ - 2-3 m/s ) corresponds a strengthening of the polar jet ($\sim$ +1 m/s) and the system moves towards a jet-split regime.

410 The SH polar jet intensification leads to stronger westerlies and to Southern Annual Mode (SAM) changes. The SAM exhibits a positive trend and becomes overall more positive during the last 100 years of LIG_hosing simulation. A positive SAM influences sea ice formation through dynamical feedbacks and acts to increase Antarctic sea ice in the LIG_hosing simulation. We speculate that the SH sea ice increase that our model captures may be part of a two-stage Antarctic sea ice response to the meltwaters release (see Discussion). Highly resolved records of Last Interglacial changes from the Southern
415 Ocean could be examined for evidence of this occurrence. This knowledge should also be of value to the paleoclimate proxy community in interpreting current contrasting sea ice observations (*e.g.* Chadwick et al., 2020).

As discussed above, 250 years are not enough for all the possible climate processes governing the LIG climate to manifest. Since the present article was first written, the HadGEM3 LIG_hosing simulation presented here has been extended by further $\sim$ 100 years. By analysing these additional model years, we found no differences in terms of model behaviour and climate
420 system response to the applied freshwater forcing. This is not surprising, since the different climate responses discussed above are likely to fully manifest on much longer timescales (than a few hundreds years) because of their dependency on the ocean response (as detailed in Discussion). The HadGEM3 LIG_hosing simulation is currently being extended even further and results from the extended run will be object of further studies.

Finally, we note that gyre changes and SH sea ice increase significantly shape and influence the LIG climate in our hosing
425 simulation and, as shown here, they can only be assessed in a coupled-model simulation framework.

*Code and data availability.* The source code of the Unified Model (UM) is available under licence. To apply for a licence go to http://www. metoffice.gov.uk/research/modelling-systems/unified-model. JULES is available under licence free of charge, see https://jules-lsm.github.io/. The NEMO model code is available from http://www.nemo-ocean.eu. The model code for CICE can be downloaded from https://code. metoffice.gov.uk/trac/cice/browser.
430 HadGEM3 model outputs used to support the findings of this study are available from http://gws-access.ceda.ac.uk/public/pmip4/ClimPast_ Guarinoetal_2021.

*Author contributions.* M.V.G ran the HadGEM3 simulations and analysed all simulation results with the contribution of L.C.S., J.R. and D.S. . R.D. ran the HadGEM3 model to extend the LIG_hosing simulation, results from the extended run informed some of the discussion in the paper and the review process. All authors revised the manuscript.

435 *Competing interests.* The authors declare that they have no competing interests.

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