

1 Influence of Warming and Atmospheric Circulation Changes on 2 Multidecadal European Flood Variability

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14

15 Abstract

16 European flood frequency and intensity change on a multidecadal scale. Floods were more frequent in
17 the 19th (Central Europe) and early 20th century (Western Europe) than during the mid-20th century and
18 again more frequent since the 1970s. The causes of this variability are not well understood and the
19 relation to climate change is unclear. Palaeoclimate studies from the northern Alps suggest that past
20 flood-rich periods coincided with cold periods. In contrast, some studies suggest that more floods
21 might occur in a future, warming world. Here we address the contribution of atmospheric circulation
22 and of warming to multidecadal flood variability. For this, we use long series of annual peak
23 streamflow, daily weather data, reanalyses, and reconstructions. We show that both changes in
24 atmospheric circulation and moisture content affected multidecadal changes of annual peak
25 streamflow in Central and Western Europe over the past two centuries. We find that during the 19th
26 and early 20th century, atmospheric circulation changes led to high peak values of moisture flux
27 convergence. The circulation was more conducive to strong and long-lasting precipitation events than
28 in the mid-20th century. These changes are also partly reflected in the seasonal mean circulation and
29 reproduced in atmospheric model simulations, pointing to a possible role of oceanic variability. For
30 the period after 1980, increasing moisture content in a warming atmosphere led to extremely high
31 moisture flux convergence. Thus, the main atmospheric driver of flood variability changed from
32 atmospheric circulation variability to water vapour increase.

33

34 **1. Introduction**

35 Changes in flood frequency and intensity depend on many factors (Hall, 2014; Tarasova, 2019)
36 including changes in atmospheric processes such as moisture flux, convection, precipitation at
37 different time scales, changes in hydrological processes such as infiltration or overland flow, the
38 seasonal coincidence of snow melt and heavy precipitation, and on human interventions such as river
39 bed and lake regulations, hydropower plants or other hydraulic constructions. Some of these factors
40 are affected by climate change, but also multidecadal variations of climate play a role. During the 19th
41 century, floods were more frequent in Alpine countries (Glaser et al., 2004, 2010; Brázdil et al., 2005;
42 Blöschl et al., 2020, Schmocker-Fackel and Naef, 2010a,b; Himmelsbach et al., 2015; Lang et al.,
43 2016) triggering political discussion that led to legislation on forest conservation and hydraulic
44 engineering (Summermatter, 2005). In contrast, floods were comparably rare in Central Europe in the
45 mid-20th century, a period when large infrastructure projects were planned and carried out (Pfister
46 2009). The causes of this multidecadal flood variability are not well understood. Atmospheric
47 circulation changes played a role (Jacobeit et al., 2003; Mudelsee et al., 2004; Quinn and Wilby, 2013;
48 Brönnimann et al., 2019), but this has not been well quantified. Furthermore, the relation to climate
49 change is unclear. In this paper we analyse multidecadal flood variability in Europe in relation to
50 atmospheric processes and in particular their link to climate change.

51 Better understanding this relation is relevant for assessing future flood risk. In that context, it is
52 important to note that palaeoclimate studies (Stewart et al., 2011; Glur et al., 2013; Engeland et al.,
53 2020, Wilhelm et al. 2022) from the Alps or Norway suggest that past flood-rich periods coincided
54 with cool periods. Conversely, climate projections suggest that with global warming, flood occurrence
55 will increase globally and an increase in flood risk is “very likely” in countries representing 70% of
56 the world population (Alfieri et al., 2017; IPCC, 2021). This is because of an increase in heavy
57 precipitation due to increased atmospheric moisture, though changes are region-specific and depend,
58 among other things, on atmospheric circulation changes (IPCC, 2021). Our paper addresses effects of
59 atmospheric circulation changes and of climate warming on European floods on a multidecadal scale,
60 following the work of Blöschl et al. (2020). We apply a dynamical perspective to a long period (200
61 years) that covers both types of flood periods (cold and flood rich, warm and flood rich).

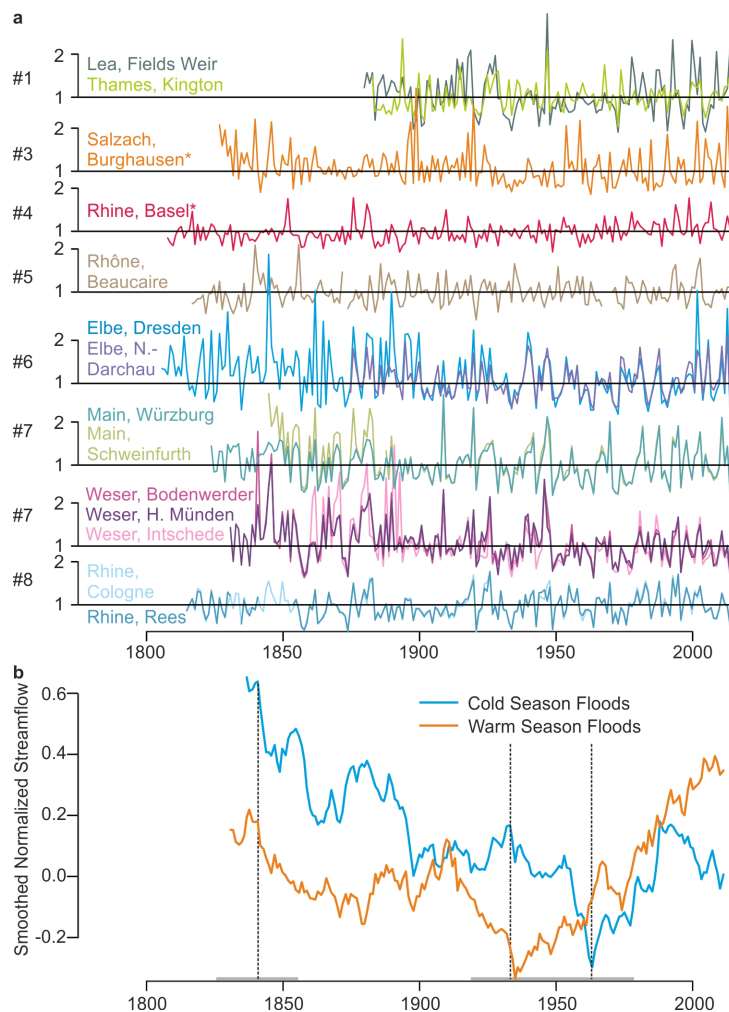
62 In this paper we specifically explore to what extent atmospheric processes can explain multidecadal
63 variability in flood intensity. We also investigate how the atmospheric contribution can be further
64 partitioned into contributions from circulation changes and moisture changes. To achieve this, we
65 analyze long annual peak streamflow series, daily weather data, reanalyses, and reconstructions.

66

67 **2. Data and Methods**

68 *2.1. Annual peak streamflow series and daily precipitation series*

69 We use annual maximum streamflow from the Global Runoff Data Center (GRDC) from all series in
70 the region 42-60° N, 2° W to 18° E that are at least 110 years long (in 1904/1905 a network was
71 installed in Switzerland, hence coverage increases; one obviously inhomogeneous series from Sweden
72 was excluded). Note that daily data are not available from this source, hence our focus on annual
73 maximum streamflow. This set was supplemented with two long daily streamflow series from the
74 Rhône (Lang et al., 2016) and Rhine (Wetter et al., 2011), resulting in a set of 45 series (Table S1).
75 For comparison, all series were scaled with their long-term average. The fourteen longest series are
76 shown in Fig. 1a for illustration. For all further analyses, we normalized the series by fitting a Gamma
77 distribution (Botter et al., 2013) and transforming to the quantiles of a standard normal distribution
78 (we also analysed the raw data, which gave similar results). Since in later steps, series will be
79 aggregated, this transformation ensures that combined series have more similar properties. Both the
80 scaling and the transformation to a normal distribution were performed based on a common reference
81 period comprising all data after 1900. We term these series “flood intensity”, noting that not each
82 annual value would be called a “flood”. For the two daily series, we also analysed the flood frequency
83 (exceedance of the 98th percentile, declustered by combining events up to 3 days apart, see Sect. 2.4).
84 A comparison for 30-yr moving averages is shown in Fig. S2. Note that palaeoclimate studies are
85 often based on events with a longer return period (e.g., 10 years or longer; Wilhelm et al., 2021).



86

87 **Figure 1. a** Scaled series of annual peak streamflow for the 14 longest series in Central Europe (Table S1,
88 numbers on the left refer to the regions defined in Sect. 2.2). Stars denote streamflow series with predominantly
89 summer floods. **b** Normalized series of annual peak streamflow averaged (50% of rivers must have data) for
90 rivers with predominantly cold-season floods (blue) and warm-season floods (orange), smoothed with a 30-yr
91 moving average (min. 20 available years)). Dashed lines with grey bars show the 30-yr intervals chosen for
92 analysis.

93 To each of the streamflow series a daily precipitation record from a neighbouring station was assigned.
94 For this, we searched GHCN daily (Vose et al., 1992), ECAD (Klein Tank et al., 2002) as well as
95 series from MeteoSwiss, and selected series that are as long as possible and, if possible, from a
96 location upstream of the streamflow series (Table S1). Note that in some regions long precipitation
97 records are sparse, and in some cases the same precipitation record was used for more than one
98 streamflow record. Furthermore, it should be noted that these series have not been homogenized and
99 their long-term stability is questionable. Only in one case (Hohenpeissenberg), we accounted for an
100 obvious inhomogeneity by excluding data prior to 1879. From the precipitation series we calculated
101 Rx5day and Rx20day, *i.e.*, the annual maxima of precipitation sum over periods of 5 and 20 days,
102 respectively. The latter is used to characterize the seasonality of hydrological preconditions (e.g., soil
103 saturation) in a catchment, as further discussed in the next section. The former is used as a diagnostic
104 of flood-propelling events. Previous work (Froidevaux et al. 2015, Brönnimann et al. 2019) has shown
105 that flood events are mostly affected by precipitation on 3-4 days prior to the event. Although
106 catchment size varies in our studies, Rx5day is expected to characterize heavy rainfall characteristics
107 over a large range of catchments.

108 2.2. Regionalisation

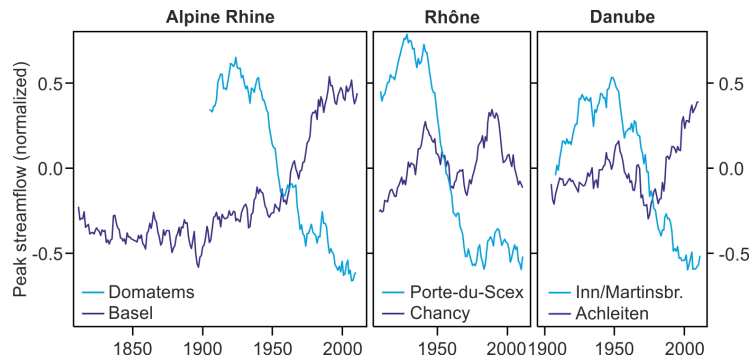
109 In a next step, the streamflow series were grouped into regions with hydro-meteorological
110 characteristics as similar as possible using Ward clustering (Ward.D2 in R). We considered the
111 seasonalities of annual maximum streamflow, Rx5day, and Rx20day (*i.e.*, the probability of annual
112 maximum of precipitation over a 5-day window or peak stream flow to fall into a specific month, Fig.
113 S1), the coordinates of the river gauge as well as the coordinates of the precipitation station. The series
114 were standardized and scaled such that streamflow, precipitation, river coordinates, and precipitation
115 coordinates each contributed the same variance. A separation into nine clusters resulted in mostly
116 regionally coherent, non-overlapping clusters. One cluster comprised series from two different
117 catchments (Elbe, Danube) and was correspondingly split and merged with the existing Danube cluster
118 and with an Elbe sub-cluster. Additionally, one river (Ilz) was moved from the Danube cluster
119 (although the Ilz is a tributary of the Danube) to the central Germany cluster as the flood seasonality is
120 clearly distinct from that of the Danube (Fig. S3).

121 Within the Alpine clusters (Rhône, Alpine Rhine, Danube), individual peak streamflow series show
122 strikingly different trends (Fig. 2). Apart from the fact that the flood season changes from summer (in
123 the Alps) to winter (in the lowland) in all three rivers, which is partly reflected in the clustering as the

124 change occurs relatively far away from the Alps, also long-term trends radically change from the Alps
125 to the Alpine foreland. The highest catchments (mean elevation >2000 m asl) in all three regions
126 (Rhône, Porte-Du-Scex; Rhine Domatems; Inn Martinsbruck) show a strong decrease since the early
127 20th century, whereas the long-term evolution further downstream is flat (Rhône, Chancy) or
128 increasing (Rhine, Basel; Danube, Achleiten, Fig. 2). A possible explanation relates to the role of
129 snow processes on high-altitude catchments. Trends could then be due to a superposition of the
130 seasons of snow melt and heavy precipitation in the early 20th century, whereas the two seasons are
131 more separated today (FOEN, 2021). Other explanations include the role of power plants or other
132 hydraulic constructions on the flood regime (which is studied for the case of Porte-du-Scex, see
133 Hingray et al. 2010). In any case, since the focus of this study is on atmospheric processes, these rivers
134 might confuse our results and hence we removed five series from the three clusters (Inn at
135 Martinsbruck, Rhône at Porte-Du-Scex, and Rhine at Domatems, Neuhausen, and Rekingen). A one-
136 series cluster in Sweden (Glomma) also is clearly affected by snow melt and rain-on-snow events (Bøe
137 et al., 2006). The series are shown in Fig. S4, but not further studied in relation to atmospheric
138 processes. Our final selection, shown in Fig. 3, comprises a set of 39 streamflow series, aggregated
139 into eight clusters with areas of ca. 50,000-100,000 km². The clusters are spatially coherent, internally
140 consistent with respect to seasonality and heavy precipitation regime, and internally homogeneous
141 with respect to time evolution (exceptions are Southern England, where the only two long series
142 disagreed, and the Danube, where time evolution is less homogeneous). The clusters represent
143 Southern England, Southern Norway, the Rhône, the Alpine Rhine, the Lower Rhine, Central
144 Germany, the Elbe, and the Danube.

145 Seasonality is an important factor to consider as it is characteristic for a given region. Furthermore, the
146 relevance of atmospheric process changes in the course of the year. Winter events tend to be related to
147 different circulation patterns (e.g., zonal flow) than summer events (Stucki et al. 2021). Moreover, the
148 role of convection is stronger in summer. In the following we will therefore perform all analyses for
149 annual data as well as for annual series restricted to flood seasons, defined as May to October (for
150 clusters Upper Rhine and Danube) and November to April (all other clusters). This partitioning
151 captures the seasonal flood characteristics as well as the seasonal differences in atmospheric processes
152 and it still ensures an adequate sample size.

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155 **Fig. 2.** Normalized smoothed streamflow series for the three Alpine regions. In each region an upstream
 156 catchment (mean altitude >2000 m asl, light blue) and streamflow series downstream from the same river system
 157 (dark blue) is shown. All series are smoothed with a 30-yr moving average.

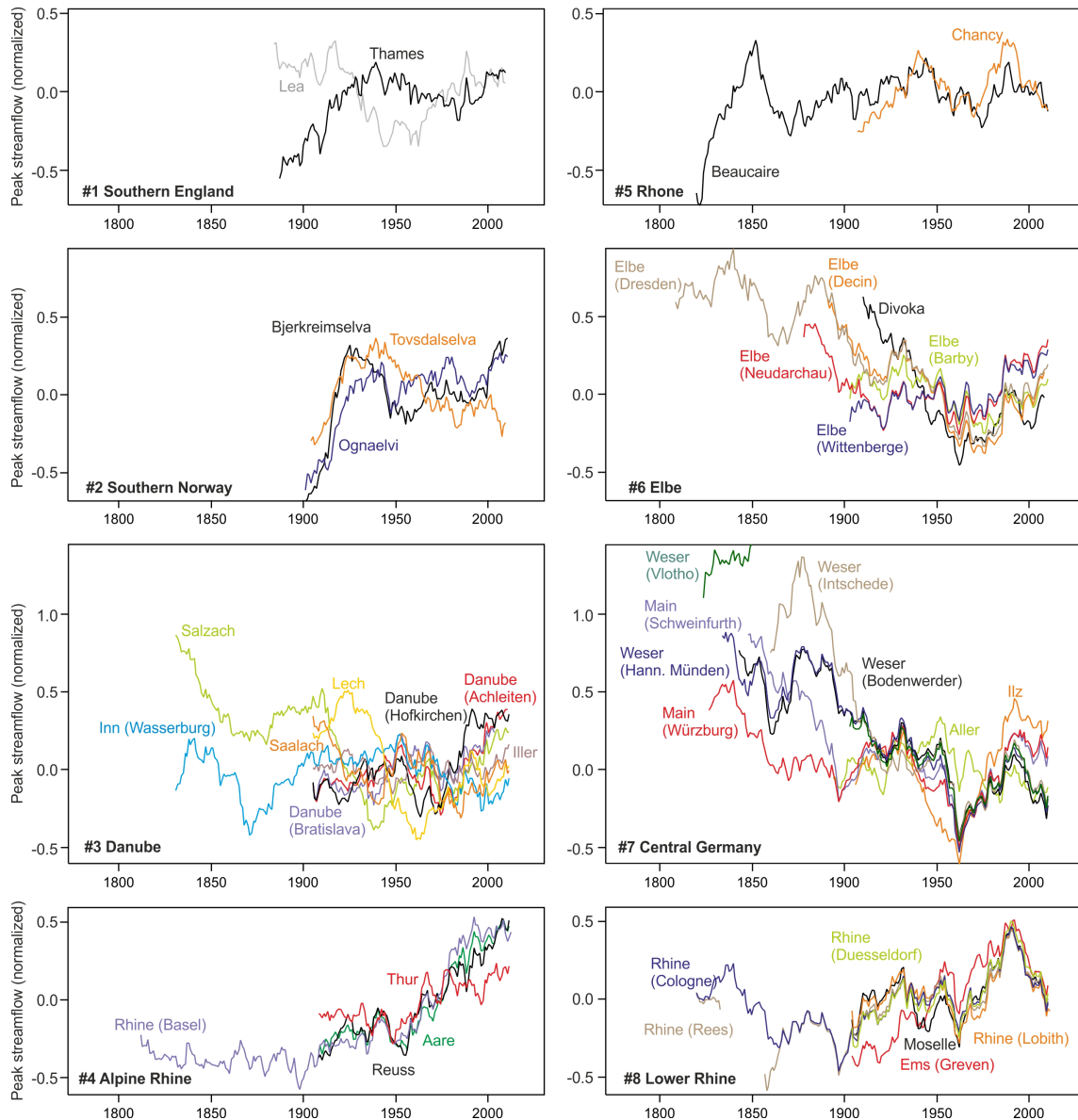
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159 *2.3. Atmospheric and climate data*

160 The focus of the paper is on the atmospheric contribution to flood intensity. However, studying
 161 atmospheric circulation 200 years back in time with a focus on extreme weather events is challenging.
 162 To compensate for potential deficiencies of long-term data sets and to obtain more robust results, we
 163 use multiple atmospheric data sets that are partly independent and are based on different methods.

164 The dynamical reanalysis 20CRv3 (Slivinski et al., 2019) provides 3-hourly, 3-dimensional, global
 165 atmospheric data back to 1806. 20CRv3 assimilates only surface pressure observations into an
 166 atmospheric model with prescribed sea-surface temperatures, sea-ice concentration, and radiative
 167 forcings. It consists of 80 equally likely members. All analyses shown here were performed for each
 168 member to obtain a physically plausible range of realisations. We extracted one grid point per region
 169 (crosses in Fig. 4; selected from the $1 \times 1^\circ$ grid such as to best represent atmospheric processes relevant
 170 for the region; note that we preferred point data, as the Rx5day data also are point data). The
 171 reanalysis allows calculating specific diagnostics, such as moisture flux convergence, at a relatively
 172 high resolution. However, the quality of 20CRv3 varies in time and space, particularly during the 19th
 173 century. The data prior to 1836 are less well evaluated and have a larger uncertainty (Slivinski et al.,
 174 2021). We always show the ensemble mean and ± 1 ensemble standard deviations.

175 The second data set consists of daily weather types. Floods occur during specific weather patterns with
 176 similar hydro-meteorological characteristics (Stucki et al., 2012) and thus weather type classifications
 177 can be useful to study atmospheric contributions to floods. We use the Swiss CAP7 weather types
 178 back to 1763 (Cluster Analysis of Principal Components, Schwander et al., 2017) which is based on
 179 daily meteorological data from Europe, some of which overlap with 20CRv3.



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 181 **Fig. 3.** Normalized smoothed streamflow series for all series in all eight clusters. All series are smoothed with a
 182 30-yr moving average.

183 The third data set is the updated global atmospheric paleo-reanalysis EKF400v2 covering the last 400
 184 years (Franke et al., 2020; Valler et al., 2021). EKF400v2 provides monthly global 3-dimensional
 185 reconstructions from an offline assimilation. While there is a small overlap in input data with 20CRv3
 186 (some of the pressure series), EKF400v2 mainly assimilates other data (temperature, precipitation,
 187 documentary data, tree-rings). However, unlike for the other two data sets, EKF400v2 is not available
 188 at daily resolution. We use the monthly values to analyse seasonal precipitation and 500 hPa
 189 geopotential height (GPH).

190 For comparison with climate model data, we analyse monthly precipitation also directly in station data
 191 (Peterson and Vose, 1997; Alexander and Jones, 2001; Murphy et al., 2018) and in the observation-
 192 based gridded product HISTALP (Efthymiadis et al., 2006), which also includes temperature (note that
 193 these data were assimilated into EKF400v2).

194

195 *2.4. Flood probability index*

196 Based on the weather types, we define a Flood Probability Index (FPI see below), which characterizes
197 a season or year based on sequences of weather types. To calibrate the index we need daily streamflow
198 series, which are available only for the Rhine (Basel) and Rhône (Beaucaire). We calculate it
199 separately for the warm season (May to October, for Basel) and cold season (November to April,
200 Beaucaire) in order to analyse the seasonally-varying relation of weather types with temperature
201 anomalies. The calculation of the FPI is based on Quinn and Wilby (2013) and is performed exactly as
202 in Brönnimann et al (2019). We first determined the 98th percentile of daily streamflow within the
203 respective seasonal window and marked all days above this percentile as extreme events. Events
204 separated by 3 or fewer days were combined to ensure independence, and from each sequence of
205 marked days only the day of the maximum was kept. For each weather type we then calculated the
206 fraction of days coinciding with a flood event relative to all days of that type. Then we assigned this
207 number to each day of that weather type. This was repeated for different lead times up to 5 days such
208 that the weather on preceding days is also considered, and lead times 5 to 0 were weighted 1/16, 1/8,
209 3/16, 1/4, 1/4, and 1/8. This window length and weighting was taken from a previous study
210 (Brönnimann et al., 2019) and was based on analyses of daily discharge, precipitation, and water flux
211 convergence on the preceding days. This procedure yields an FPI for each day in the past (note that the
212 index was calibrated in the data after 1900, but calculated back to 1763). The 75th percentile of this
213 index calculated for each season was then chosen as an indicator of flood probability (for details see
214 Brönnimann et al., 2019).

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216 *2.6. Water flux convergence*

217 Atmospheric circulation was furthermore analysed in terms of advection and convection of moist air.
218 We calculated a simplified measure of moisture flux convergence in which 850 hPa horizontal wind is
219 multiplied with precipitable water, termed water flux convergence in the following. This was
220 calculated for each of the 80 ensemble members of 20CRv3 and each 3-hour interval. In this analysis
221 we use the annual maximum 5-day average, CONV5d (analog to Rx5day; different windows from 3
222 hours to 10 days gave very similar results). All series were smoothed with a 30-year moving average
223 and finally the members were averaged. CONV5d indicates intense moisture transport and
224 precipitation.

225 Based on the 3-hourly values feeding in to the maximum 5-day value, we decomposed CONV5d into
226 its contributions as follows (overbar denotes the average over the entire period (1806-2015), primes
227 denote deviations therefrom, q denotes precipitable water, \vec{v} is the wind vector):

$$\begin{aligned}
& -\vec{v} \cdot \left((\bar{q} + q') \cdot (\vec{v} + \vec{v}') \right) = \\
& -\bar{q} \cdot \left(\frac{\partial \bar{u}}{\partial x} + \frac{\partial \bar{v}}{\partial y} \right) - \bar{u} \cdot \frac{\partial \bar{q}}{\partial x} - \bar{v} \cdot \frac{\partial \bar{q}}{\partial y} \\
& -\bar{q}' \cdot \left(\frac{\partial u'}{\partial x} + \frac{\partial v'}{\partial y} \right) - u' \cdot \frac{\partial \bar{q}}{\partial x} - v' \cdot \frac{\partial \bar{q}}{\partial y} \\
& -q' \cdot \left(\frac{\partial \bar{u}}{\partial x} + \frac{\partial \bar{v}}{\partial y} \right) - \bar{u} \cdot \frac{\partial q'}{\partial x} - \bar{v} \cdot \frac{\partial q'}{\partial y} \\
& -q' \cdot \left(\frac{\partial u'}{\partial x} + \frac{\partial v'}{\partial y} \right) - u' \cdot \frac{\partial q'}{\partial x} - v' \cdot \frac{\partial q'}{\partial y}
\end{aligned}$$

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This decomposition results in four groups of three terms. The first three terms on the right hand side (second line) indicate the contribution by the mean flow, the next three terms (third line) the contribution by changes in circulation (while keeping moisture constant), the next three terms measure the contribution by changes in precipitable water (while keeping the circulation constant) and the last three terms describe the interaction of circulation and moisture changes.

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2.7. Model simulations

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To test the effect of sea-surface temperature and external forcing on multidecadal variations of atmospheric circulation, we used the global atmospheric model ECHAM6 (Giorgetta et al., 2013). It was run in the standard configuration T63L47 for the years 1851-2015. The spatial resolution corresponds to ca. 1.9°. In total 31 members were produced using different initial conditions as well as different sea-surface temperatures (obtained by sampling from the ten members in HadISST2); only one realization was available for sea ice (Titchner and Rayner, 2014). All other forcings (land surface, volcanic aerosols, tropospheric aerosols, and greenhouse gas concentrations) followed the Paleoclimate Modelling Intercomparison Project (PMIP) protocol (Jungclaus et al., 2017). Ensembles with individual forcings are not available.

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3. Results and Discussion

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3.1. Annual peak streamflow

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The longest 14 series show that extreme floods occurred in the 19th century, particularly in the Elbe, Weser, and Main catchments, but also Salzach and Rhône show high peaks. Conversely, apart from floods in 1946 (Weser) and 1947 (Lea, Thames, Main), the period ca. 1940 to 1970 exhibits fewer spikes. However, the rivers exhibit different streamflow regimes and flood seasonalities (Fig. S2). The upper (Alpine) catchments of Rhine and Danube exhibit their annual maximum streamflow typically during the warm season, most other catchments during the cold season. After normalizing, the “cold season” and “warm season” rivers were therefore averaged separately and the series were smoothed in Fig. 1b. Likewise, all further analyses were performed for annual series as well as for flood seasons

256 (i.e., Nov-Apr for “cold season” flood rivers and May-Oct for “warm season” flood rivers). Note that
257 throughout the paper, a 30-yr moving average was used for visualisation, where at least 20 values must
258 be available. For averaging regions we require that half of the regions have available data; only when
259 averaging within regions we did not require a minimum as the chosen clusters were largely
260 homogeneous such that the drop-out of a series will not have a large effect.

261 These aggregated curves show additional features. Less pronounced peaks for cold-season flood rivers
262 are found in the 1870s and the early 20th century. Based on peaks on the cold-season series, three 30-yr
263 periods were selected for further investigation: 1827-1856 (primary maximum), 1949-1978 (primary
264 minimum), and 1919-1948 (local maximum at a time when warm-season series exhibit low values).
265 While numerous non-climatic factors (e.g., changes in the stream network and land use) contribute to
266 long term trends or may induce step changes (e.g., Hingray et al. 2010), multidecadal variability is less
267 influenced by such changes (note that the Rhine series was corrected for two such changes) and hence
268 climatic conditions are analysed.

269 Our findings of increased flood intensities in Central Europe in the 19th century and a decrease in the
270 mid-20th century are confirmed by documentary evidence (Naulet et al., 2005; Wetter et al., 2011;
271 Himmelsbach et al., 2015; Lang et al., 2016). A recent, comprehensive study based on documentary
272 data and a three-class flood magnitude index (Blöschl et al., 2020) found coherent flood phases in the
273 mid-19th century in Central and Southern Europe, in the early 20th century in northwestern Europe, and
274 in recent decades in Central and Western Europe, although this is not the case for each individual river
275 (Glaser et al., 2010).

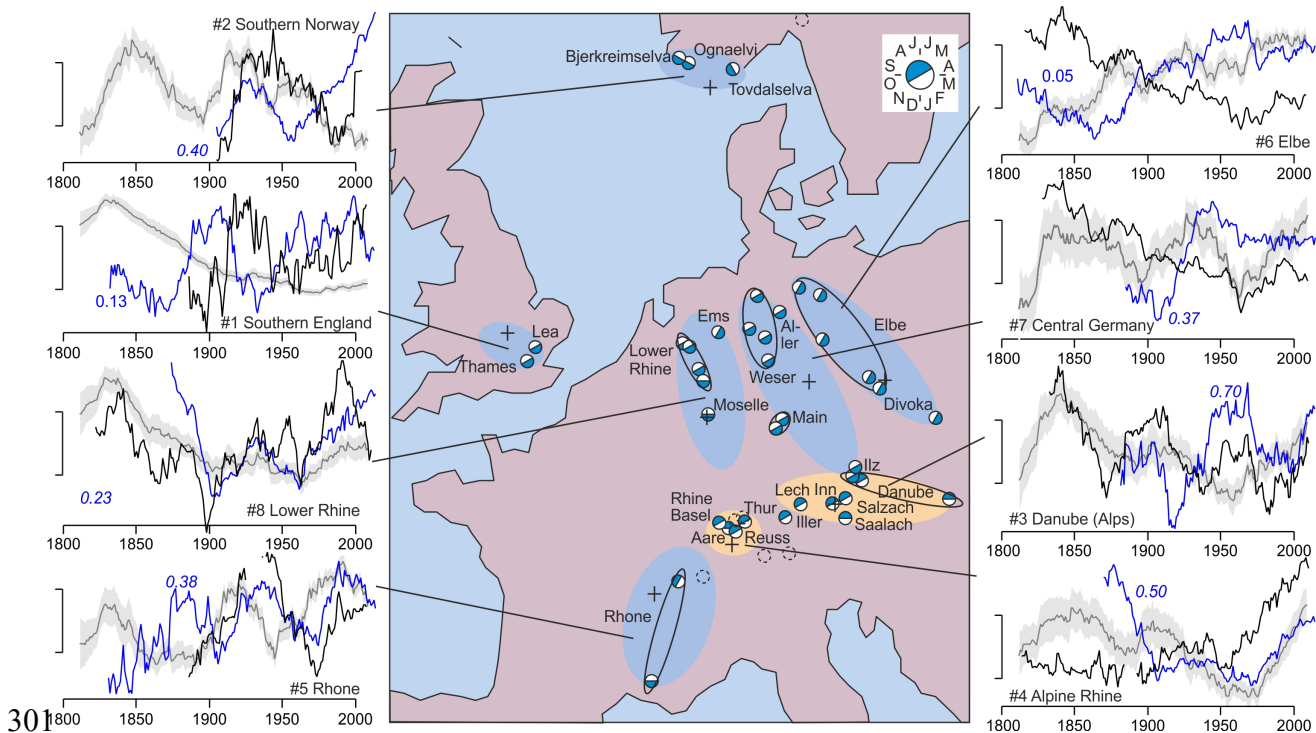
276 Our aggregation into eight regions retains the main phases of flood intensity but adds spatial
277 information. This is shown for annual time series (Fig. S4) as well as for flood seasons (Fig. 4). High
278 peak streamflow occurred in Central Europe in the 19th century, in Central and Western Europe in the
279 early 20th century, low peak streamflow in all regions after 1950. Since 1970 peak streamflow has
280 increased, although not everywhere, and some series (not only those influenced by snow) show a
281 decline at the beginning of the 21st century.

282 For comparison with Blöschl et al. (2020), we add the interpolated and smoothed series calculated
283 from their data and code to Fig. S5. Correlations (at 4-yr aggregation, corresponding to the voxel size
284 in Blöschl et al. (2020)) with peak streamflow (numbers in Fig. 4) are around or below 0.4,
285 statistically significant (t-test, $p < 0.05$) for the regions Southern Norway, Upper Rhine, Rhone, and
286 Elbe. Obviously, the comparability of measurement-based versus document-based evidence is limited.
287 For instance, analysed statistics differ (annual maxima versus indexed extremes), the series measure
288 different aspects of flood (streamflow versus documented flood intensity) and there is large river-to-
289 river variability. Yet, the flood-rich decades in the middle and late 19th century in Central Europe, in
290 the early 20th century in Northwestern Europe, the Europe-wide flood-poor period after 1950, and the
291 recent increase in flood intensity are salient features of all analyses. This becomes clear when

292 aggregating the series spatially into Northwestern Europe (UK and Southern Norway) and Central
 293 Europe (all other regions) and smoothing the Blöschl data for better comparability with the 30-yr
 294 smoothed streamflow (see Fig. S5). Hence, the regional characteristics are consistent with the
 295 documentary evidence on a climatological scale, and the fact that corresponding periods of more and
 296 less frequent floods are found with both methods opens the door for the following analyses.

297 In the following, we show results only for the seasonal series (results for the annual series are similar).
 298 Note that flood seasons capture ca. 80% of peak streamflow events, and flood intensities are ca. 8%
 299 higher than on out-of-season floods.

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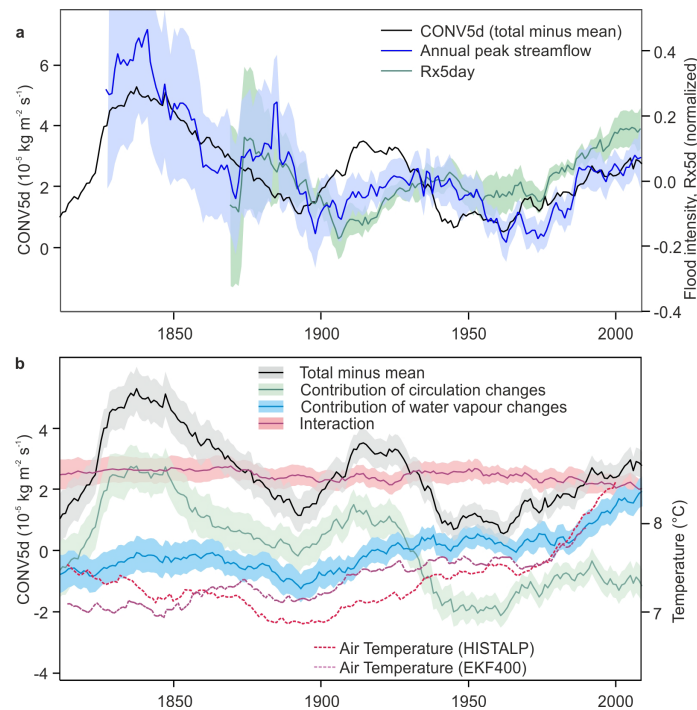
302 **Figure 4.** Regionally averaged (coloured ellipses; black ellipses indicate same river) series of normalized peak
 303 streamflow (black), Rx5day (blue, the number indicates its correlations with peak streamflow at 4-yr aggregation,
 304 italics indicates $p < 0.05$) and CONV5d during the flood season from 20CRv3 at locations of crosses (grey, shading
 305 indicates the ensemble standard deviation), standardized and subsequently smoothed with a 30-yr moving
 306 average (scale bars range from -0.5 to +0.5). Regions are colour-coded according to the predominance of cold
 307 (blue; Nov-Apr) or warm season floods (orange; May-Oct). The blue part of the white-blue circle for each river
 308 indicates the 6-month period with highest flood frequency). Dashed circles: Streamflow series excluded because
 309 of likely influence of snow melt, or hydropower dams or other hydraulic constructions on trends.

310 3.2. Atmospheric influences and the role of circulation and water vapour changes

311 First, we analysed the relation between flood intensity and precipitation. In most regions, flood
 312 intensities are statistically related to Rx5day. Correlations (Fig. 4 and S5, calculated from annual
 313 data) vary greatly (between 0.05 and 0.7), but are significant (t-test, $p < 0.05$) for six regions. Note that
 314 a high correlation is not necessarily expected on a year-to-year scale as Rx5day events often do not

315 occur together with annual peak streamflow. In winter flood regions, for instance, Rx5day occurs
 316 predominantly in summer, whereas peak streamflow occurs predominantly in winter, hence a winter
 317 series is correlated with a summer series. Nevertheless, years with high peak stream flow coincide
 318 with years with high maximum 5-day precipitation, although the association is not very strong and one
 319 needs to keep in mind that flood intensity is not purely atmospherically driven. Note also that neither
 320 peak stream flow (except for Rhine, Basel) nor Rx5day are based on homogenised data series.

321 Next, we analysed atmospheric influences on the multidecadal variability of peak stream flow using
 322 the diagnostics defined in Sect. 2. The CONV5d series (grey lines and shading in Fig. 4; for
 323 visualization they were standardized prior to filtering) exhibit multidecadal variations with maximum
 324 convergence in the 19th and early 20th century and minimum convergence around 1950, although the
 325 pattern differs from region to region. They are in general agreement with the maximum streamflow
 326 curves for several regions (e.g., Rhône, Lower Rhine, Central Germany, Danube), while in other
 327 regions the agreement is worse. Similarly as for Rx5day, CONV5d is less reliable in the early years,
 328 prior to ca. 1836. The steep increase in these years therefore cannot be assessed.



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 330 **Figure 5. a** Average of regional averages of annual maxima of peak streamflow, Rx5day, and CONV5d. Shading
 331 indicates ± 1 standard error. **b** Contributions to CONV5d from circulation changes, water vapour changes, and
 332 their interaction. Shading indicates ± 1 standard deviation of the ensemble. Dashed curves show annual mean
 333 temperature from HISTALP and EKF400. All curves are smoothed with a 30-yr moving average.

334 While all individual indicators (flood intensity, Rx5day, CONV5d) have uncertainties that are
 335 particularly large in the early decades, there are also clear similarities. A further aggregation reveals
 336 the common low-frequency variability even more distinctly. When averaging all three indicators
 337 across all eight regions (Fig. 5), we find a close similarity after around 1870. All series show the

338 recent increase, the minimum in the 1960s, a peak around the 1930s, and a minimum around 1900, as
339 already noted in Fig. 1. Flood intensity and CONV5d also show a peak in the 1840s, which is however
340 not seen in the (sparse) Rx5day data. The association between the three series is further supported by
341 cross-wavelet analyses (Fig. S6), which shows significant relations at time scales longer than ca. 30
342 years.

343 Thus, despite the uncertainties, we can use these indicators to trace the atmospheric impacts on the
344 multidecadal variability in flood intensity. The atmospheric processes, in turn, can be partitioned into
345 contributing processes as described in Sect. 2. Figure 5b shows the contributions from circulation
346 changes, from water vapour changes, and from their interaction. The interaction term is negative with
347 only small changes over time. The contribution from circulation changes (green line) dominates and
348 shows all main features found in CONV5d. However, the long term trend differs. This is due to
349 changes in water vapour (blue line). The contribution of water vapour changes shows a two-step
350 increase after 1900.

351 An analysis of linear trends in the unsmoothed series since 1963, the minimum in flood intensity,
352 reveals an increase in CONV5d ($4.04 \times 10^{-7} \text{ kg m}^{-2} \text{ s}^{-1} \text{ yr}^{-1}$, which is not statistically significant), no
353 trend in the contribution of atmospheric circulation changes, but a highly significant increase in the
354 contribution of water vapour changes ($6.13 \times 10^{-7} \text{ kg m}^{-2} \text{ s}^{-1} \text{ yr}^{-1}$). The contribution of water vapour
355 changes depends on temperature through the Clausius-Clapeyron relation. To illustrate this relation,
356 annual mean temperature in HISTALP (Efthymiadis et al 2006), the longest gridded observational data
357 set, and in EKF400v2 for the same regions are plotted such that $1 \text{ }^\circ\text{C}$ corresponds to $0.46 \cdot 10^{-5} \text{ kg m}^{-2} \text{ s}^{-1}$
358 ¹. This is equivalent to a 6.5% change in CONV5d, the number expected following the Clausius-
359 Clapeyron relation if annual maxima would follow the annual average trend (saturation can be
360 assumed for annual maximum moisture convergence). After around 1900, the general pattern and
361 amplitude of the contribution of water vapour changes is consistent with an increased intensity of
362 heavy precipitation in a warming atmosphere, although the amplitude of the CONV5d increase is
363 somewhat smaller than that of the scaled temperature increase.

364 In fact, this might help to explain the varying relation between temperature and floods over time:
365 Palaeoclimate studies (Stewart et al 2011, Glur et al 2013, Wilhelm et al. 2021), particularly from the
366 northern Alps, suggest that past flood-rich periods coincided with cool periods, while climate
367 projections suggest that with global warming, flood occurrence may increase in certain regions.
368 Although palaeoclimate studies often are based on small catchments, target a longer return period and
369 a low-frequency variability scale that is longer than decades as in this study, it is nevertheless
370 interesting to analyse the relation between temperature and floods on a multidecadal scale.

371 To analyse the role of circulation for temperature, we used the FPI index for the Rhône and Rhine,
372 which was calculated specifically for the corresponding flood seasons (Nov-Apr for the Rhône, May-
373 Oct for the Rhine). This index measures the frequency of flood-prone weather types, to which cyclonic

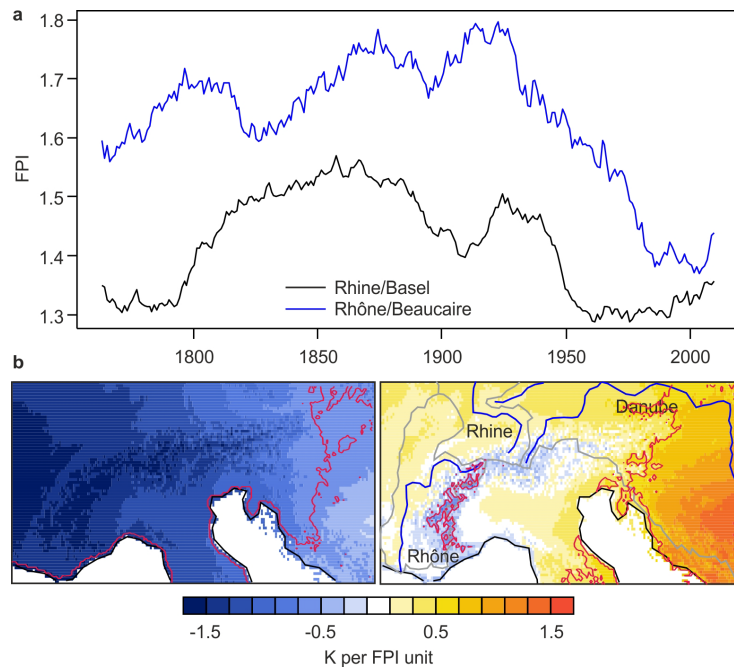
374 weather types contribute very strongly. As a consistency test, the smoothed curves (Fig. 6a) show high
375 values in the 19th and early 20th century and a decrease after ca. 1950; further analyses of the FPI index
376 for Basel are shown in Brönnimann et al. (2019). For the following analysis we used the unsmoothed,
377 but detrended FPI indices, onto which we regressed the detrended temperature fields of the
378 corresponding seasons (Fig. 6b). For the Rhine, which is mostly affected by summer floods, flood
379 prone seasons are typically cold. Conversely, for the Rhône, with typically winter floods, flood-prone
380 seasons are warmer than average in the lowland, but colder than average at higher altitudes. Both are
381 consistent with a predominance of cyclonic weather types over Switzerland: They bring colder than
382 average weather in summer, but warmer than average in winter except at high altitudes, which
383 normally, but not during cyclonic weather types, are above an inversion.

384 This means that from the contribution of circulation alone, flood-rich periods in summer-flood regions
385 and generally in the Alps are expected to be cool. This is not the case after 1980, when the partitioning
386 (Fig. 5b) shows a growing contribution of water vapour increase whereas the contribution of
387 circulation changes is constant (and the FPI is low, Fig. 6a). Warming phases (also in the past) rather
388 directly lead to an increase in CONV5d, but warming may be driven by atmospheric circulation
389 changes that decrease CONV5d, or it may be driven by other forcings in which case atmospheric
390 circulation does not counteract the increase in CONV5d.

391

392 *3.4. Regional differences in circulation effects*

393 Circulation changes had regionally different imprints in different times. Recall that 1827-1856 was
394 flood-rich in Central Europe (year-round), 1919-1948 was flood-rich in northern and western Europe
395 (cold season), 1949-1978 was flood-poor across Europe (year-round, Fig. 1). The contribution of
396 circulation changes to CONV5d (shown in Fig. 7 for each region) is consistent with this result. Some
397 regions show an almost opposite behaviour to each other. For instance, in the mid 19th century,
398 circulation changes contributed to high CONV5d in Southern Norway but to relatively low values in
399 the Rhône catchment, whereas the opposite was the case in the second half of the 20th century (Fig. 7).
400 While the contribution of circulation differs from region to region, the contribution from water vapour
401 changes is more uniform and shows an increase in all regions.



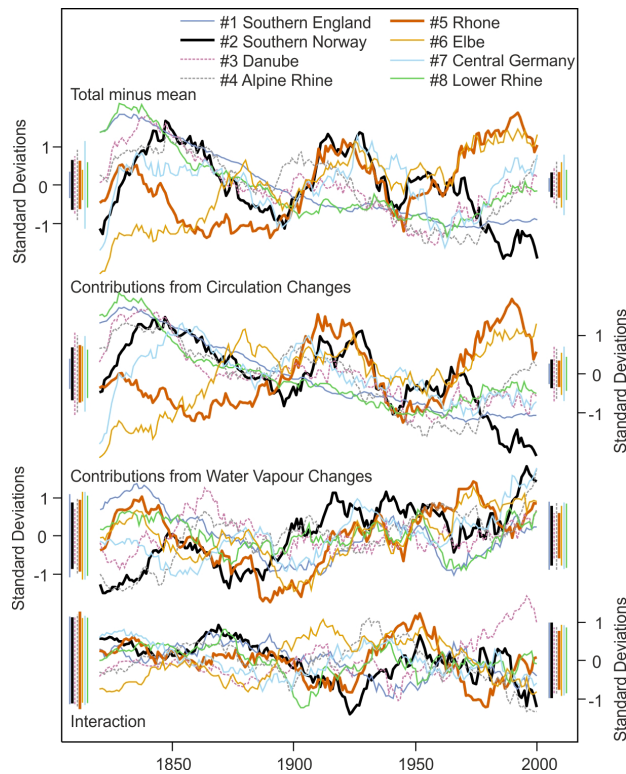
402

403 **Figure 6. a.** FPI index for the Rhine in Basel (May-Oct) and the Rhône in Beaucaire (Nov-Apr), smoothed with a
 404 30-yr moving average. **b.** Regression map of detrended seasonal (May-Oct and Feb-Apr, respectively) mean
 405 temperature in HISTALP onto the corresponding (detrended) FPI indices. Red lines indicate significant ($p < 0.05$)
 406 coefficients.

407 To test whether these spatial differences due to atmospheric circulation are reflected in the seasonal
 408 mean large-scale flow, we analysed (Fig. 8) 30-yr averages of seasonal mean anomalies in
 409 precipitation and 500 hPa GPH in EKF400v2 and observations (Peterson and Vose, 1997; Alexander
 410 et al., 2001; Murphy et al., 2018). In terms of seasonal mean precipitation, the cold seasons 1827-1856
 411 and 1949-1978 show a rather mixed signal. Although not inconsistent with the observed multidecadal
 412 flood intensity, one would probably not address these periods as flood-rich and flood-poor,
 413 respectively, based only on seasonal mean precipitation (note that Blöschl et al. (2020) define a flood
 414 period in 1840-1872; corresponding plots exhibit similar patterns as for 1827-1856; Fig. S7).

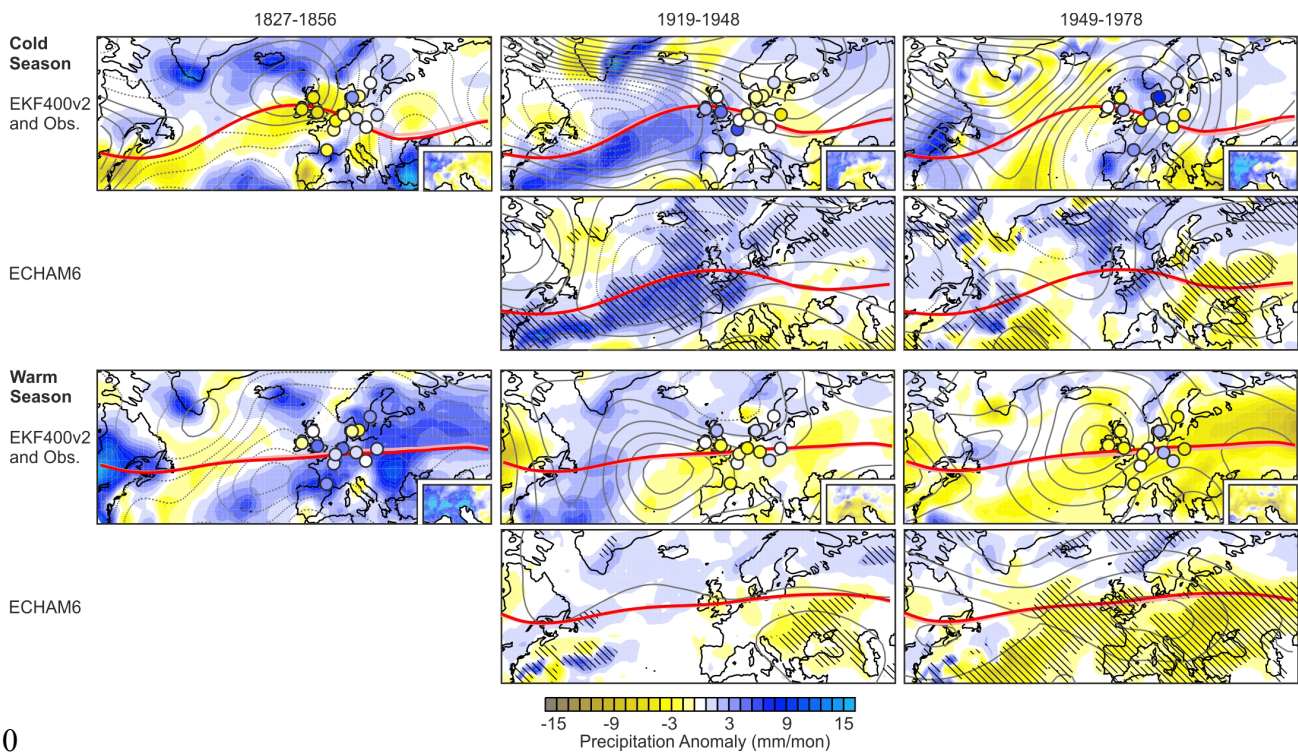
415 The period 1827-1856 (cold season) shows a pressure pattern that is similar to a negative mode of the
 416 North Atlantic Oscillation or East Atlantic Pattern, but with the positive pressure anomaly displaced
 417 southeast of Iceland. Seasonal mean precipitation (both in EKF400v2 and station data) shows a mixed
 418 signal; with slight increases in the Rhône catchment, Central Europe, and Southern Norway, but
 419 drying over England. The warm season show negative anomalies of 500 hPa GPH over the entire
 420 continent, accompanied by increased rainfall, which is consistent with frequent flood-prone weather.

421 The 1919-1948 cold season average shows negative 500 hPa GPH anomalies over the Atlantic and
 422 increased precipitation over Western Europe, which agrees with the increased flood intensity in this
 423 region. The clearest signal is found for the flood-poor period 1949-1978 in the warm season. The
 424 analysis show pronounced drying and positive anomalies of 500 hPa GPH. The start of this period,
 425 which coincided with massive droughts (e.g., Brazdil et al., 2016) was accompanied by a poleward
 426 shifted subtropical jet (Brönnimann et al., 2015).



427
 428 **Figure 7.** CONV5d (total minus mean) and contributions to it from circulation changes, water vapour changes,
 429 and their interaction for each of the eight regions (ensemble mean). All series were standardized and smoothed
 430 with a 30-yr moving average. Coloured bars indicate ± 1 one ensemble standard deviation at the beginning and
 431 end of the period (the change inbetween is close to linear).

432 We further addressed the underlying causes of multidecadal anomalies by analysing, in the same way
 433 as EKF400v2, an ensemble of 31 simulations with the ECHAM6 atmospheric model starting in 1851
 434 (the 1827-1856 period cannot be analysed). The precipitation anomalies and the broad features of
 435 GPH anomalies found in EKF400v2 are rather well reproduced for the 1919-1948 and 1949-1978
 436 periods, both cold and warm seasons (for 1840-1872 see Fig. S5). For instance, for the cold season, the
 437 negative GPH anomalies over the North Atlantic in 1918-1948 and the zonal pattern of low GPH over
 438 the eastern North Atlantic and high GPH over Russia in 1949-1978 agree well. The wet conditions in
 439 western Europe in 1919-1948 in winter and the dry conditions in 1949-1978 in summer are highly
 440 significant in the atmospheric model simulations. The latter is arguably the most significant feature in
 441 the model analysis. Although this analysis concerns only changes in the seasonal means, not in
 442 extremes, it shows that atmospheric model simulations forced with, among other factors, sea-surface
 443 temperatures are able to reproduce some characteristic features of atmospheric circulation changes.
 444 However, the seasonal mean circulation and precipitation describes the flood conditions only to a
 445 limited extent (see Zanchettin et al., 2019, for the role of Atlantic sea-surface temperature variability
 446 for floods). Note, also, that also EKF400v2, despite the large number of observations assimilated, is
 447 dependent on sea-surface temperature input to the underlying model. Overall, the model simulations
 448 suggest that part of the multidecadal variability can be reproduced from model boundary conditions
 449 (note that in addition to sea-surface temperature, they also encompass external forcings).



450

451 **Figure 8.** Simulated atmospheric circulation and precipitation. Anomalies (with respect to 1851-1950) of
 452 precipitation (colours) and 500 hPa GPH (contour distance 2 gpm centered around zero, dashed contours
 453 indicate negative numbers) in the 30-yr periods 1827-1856, 1919-1948, and 1949-1978 in the EKF400v2
 454 reconstruction (ensemble mean), observations (insets: HISTALP; circles: GHCN), and ECHAM6 simulations
 455 (hatching denotes 95% significance of precipitation anomalies, calculated from the 30-year averages of the 31
 456 members using a one-sample t-test). Thick red lines show the GPH contour 5450 gpm (cold season) or 5650 gpm
 457 (warm season; light pink: same for 1851-1950).

458

459 5. Conclusions

460 Long time series of annual peak streamflow in Western and Central Europe exhibit substantial
 461 multidecadal variability, consistent with previous work by other authors. Flood-rich phases occurred in
 462 the 19th century in several regions, in the early 20th century in western and northern Europe, and since
 463 the 1980s, while a flood-poor period occurred after the second world war. The flood variability is in
 464 line with observed changes in Rx5day (except in the mid-19th century, which however could be due to
 465 a lower data quality).

466 Annual peak atmospheric water flux convergence in a reanalysis also shows the same pattern of
 467 multidecadal variability as flood intensity and Rx5day, and this is further supported by an indicator
 468 based on weather types. Although the uncertainties in each data set are large, results are robust and
 469 show the same main phases of low-frequency variability. The reanalysis data allow a more physical
 470 interpretation. Partitioning the atmospheric water flux convergence into contributions from circulation
 471 and water vapour changes, we find that peak streamflow of European rivers from around 1820 to 1980
 472 was largely forced by atmospheric circulation changes. In contrast, the recent increase in moisture flux

473 convergence was to a larger part driven by increasing atmospheric moisture due to climate change.
474 This might contribute to explaining why in the past, flood-rich periods coincided with cold periods
475 (particularly in summer-flood regions such as the northern Alps, to which many proxy studies refer)
476 while more floods may be possible in Europe in a future, warming climate. Note, however, that
477 paleoclimatic studies often address longer time scales, smaller catchments, and longer return periods
478 than are used in this study.

479 Changes in seasonal mean atmospheric circulation partly mirror the changes in flood intensity
480 changes. Important features of these changes are reproduced in atmospheric model simulations,
481 indicating that oceanic forcing might play a role. This is specifically the case for the dry and flood-
482 poor summers 1949-1978.

483 The thermodynamic effect is likely to increase further. The floodings in Central and Western Europe
484 the summer of 2021 fit into the picture of a stronger thermodynamic contribution. However, flood
485 projections in Europe under different emission scenarios remain unclear (Kundzewicz et al., 2017), as
486 several sources of uncertainties have to be considered (climate models, downscaling, hydrological
487 models) and projections for flood intensity (e.g. Roudier et al., 2016), frequency (e.g. Giuntoli et al.,
488 2015) or both (e.g. Alfieri et al., 2015) in European rivers vary.

489

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594 **Data availability**

595 The GRDC data can be downloaded here: https://www.bafg.de/GRDC/EN/Home/homepage_node.html

596 Flood series on the Rhône river at Beaucaire (1816-2016) is available from: [https://www.plan-](https://www.plan-Rhône.fr/publications-131/actualisation-de-lhydrologie-des-crues-du-Rhône-1865.html?cHash=5628938abe287dc9ca390dad7373ae0e)
597 [Rhône.fr/publications-131/actualisation-de-lhydrologie-des-crues-du-Rhône-](https://www.plan-Rhône.fr/publications-131/actualisation-de-lhydrologie-des-crues-du-Rhône-1865.html?cHash=5628938abe287dc9ca390dad7373ae0e)
598 [1865.html?cHash=5628938abe287dc9ca390dad7373ae0e](https://www.plan-Rhône.fr/publications-131/actualisation-de-lhydrologie-des-crues-du-Rhône-1865.html?cHash=5628938abe287dc9ca390dad7373ae0e)

599 EKF400v2.0 is available from: https://doi.org/10.26050/WDCC/EKF400_v2.0, 2020

600 20CRv3 is available here: https://portalnerc.gov/project/20C_Reanalysis/

601 HISTALP is available here: <http://www.zamg.ac.at/histalp/datasets.php>

602 The CAP7 weather types are available from <https://cp.copernicus.org/articles/15/1395/2019/>, the Lamb weather
603 types are available from <https://doi.pangaea.de/10.1594/PANGAEA.896307>

604 **Code availability**

605 The code for the processing of the streamflow data as well as for generating the FPI is attached as supplementary
606 file together with all input data.

607 **Author contributions**

608 SB designed the studies and did most of the analyses and writing. PS processed reanalysis data, JF, VV, and YB
609 provided the EKF400v2 data and helped in the analysis, RH performed the climate model simulations, LCS,
610 GPC and PDS provided the 20CRv3 reanalysis data and interpretation, ML provided the Rhône data and BS
611 assisted in the hydrological analyses. ML and BS assisted in the hydrological interpretations. All authors actively
612 discussed the results and all authors contributed to writing.