Precise timing of MIS 7 sub-stages from the Austrian Alps

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Abstract. Investigating the precise timing of regional-scale climate changes during glacial terminations and the interglacial periods that follow is key to unraveling the mechanisms behind these global climate shifts. Here, we present a high precision time series of climate changes in the Austrian Alps that coincide with the later portion of Termination III (TIII), the entire penultimate interglacial (Marine Isotope Stage (MIS) 7), Termination IIIa (TIIIa),

- and the penultimate glacial inception (MIS 7/6 transition). Using state-of-the-art mass spectrometry techniques, we have constructed a uranium-series chronology with relative age uncertainties averaging 1.7% (2 σ) for our study period (247 to 191 thousand years before present). Results reveal the onset of warming in the Austrian Alps associated with TIII at 242.5±0.2 ka and the duration of MIS 7e warming between 241.8 to 236.7 (±0.6) ka. An abrupt shift towards higher δ^{18} O values at 216.8 ka marks the onset of regional warming associated with TIIIa. Two
- 20 periods of high δ¹⁸O values (greater than -10‰ VPDB) between 215.9–213.3 and 204.3–197.5 (±0.4) ka coincide with interglacial substages MIS 7c and 7a, respectively. Multiple fluorescent inclusions suggest a partial retreat of the local Alpine glacier during peak obliquity forcings at 214.3 ±0.4 ka. Two newly collected stalagmites from Spannagel Cave (SPA146 & 183) provide high-resolution replications of the latter portion of the MIS 7a/6e transition. The resulting multi-stalagmite record reveals important chronological constraints on climate shifts in the
- 25 Austrian Alps associated with MIS 7, while offering new insight into the timing of millennial-scale changes in the North Atlantic realm leading up to TIII and TIIIa.

1 Introduction

Marine Isotope Stage (MIS) 7 (ca. 246-186 thousand years before present [ka], where present is 1950 CE) stands distinctively apart from the last several interglacial cycles. Following the low-amplitude glacial Termination III

- 30 (TIII), MIS 7e was a relatively weak interglacial that returned to glacial conditions (MIS 7d) within 20 thousand years (ky) (PAGES, 2016). Glacial conditions were terminated by a second deglaciation (TIIIa), which gave way to a second interglacial with three distinct sub-stages (MIS 7c, b, a). Although the inception of an interglacial is ultimately paced by astronomical forcing, the precise timing (millennial-scale) of each glacial termination and the strength of the successive interglacial depends on various global climate parameters and feedbacks. Investigating
- 35 these internal forcings requires the intercomparison of precisely dated climate records in order to identify leads, lags, and synchronicities across different climate zones. The role of forcings that led to the last two glacial terminations and the variability within the last two interglacial periods (MIS 5e and Holocene) have been well studied. Obtaining records from MIS 7 and the penultimate glaciation that contain sufficient resolution and chronological precision to make meaningful regional comparisons, however, has proved challenging. In the North
- 40 Atlantic realm, marine records show that major meltwater pulse events punctuated a period of rapid sea surface warming associated with TIII and TIIa (e.g. Channell et al., 2012; Hodell et al., 2008; Martrat et al., 2004, 2007). The chronologies of these marine records, however, are frequently dependent on indirect orbital tuning or alignment to global benthic δ^{18} O stacks, which feature large uncertainties of ±10 ka during MIS 7 (e.g. LR04 stack; Lisiecki and Raymo, 2005). In continental Europe, cave and lacustrine records indicate abrupt environmental shifts
- 45 associated with the MIS 7 sub-stages (e.g. Tzedakis et al., 2004; Despart et al., 2006; Roucoux et al., 2008) and TIII (Pérez-Mejías et al., 2017) accompanied by regional temperature and atmospheric circulation changes (e.g. Spötl et al., 2008; Badertscher et al., 2011; Columbu et al., 2019) often in-step with North Atlantic climate change (Dennistion et al., 2017). However very few terrestrial records span the entirety of MIS 7 and its glacial transitions. A lack of independently dated, continuous records hinders the ability to capture the timing and full duration of
- 50 regional climate changes, resulting in critical gaps in knowledge.

In this study, we aim to determine the onset of warming in continental Europe associated with TIII and TIIIa, as well as the regional climate variations during the five sub-stages of MIS 7. To do so, we turn to the Austrian Alps (Fig. 1). Over the last century, the Alps experienced twice the amplitude of temperature change relative to the mean

55 Northern Hemisphere (Auer et al., 2007), contributing to a 26% reduction in Alpine glacier mass over the last few decades (Fischer et al., 2015). This high degree of sensitivity renders the Austrian Alps an ideal location to pinpoint

the timing of continental climate variations. Speleothems that grow in caves of the Austrian Alps are largely fed by glacial and snowpack melt (Mangini et al., 2005). Evidence suggests that $\delta^{18}O$ of speleothems in this region represents a proxy of winter temperatures and moisture sources, the latter being dominated by the North Atlantic

- 60 Ocean (Mangini et al., 2005; see section 2.1). Pioneering work by Holzkämper et al. (2005) and Spötl et al. (2007, 2008) presented multiple MIS 7 stalagmites and flowstones deposited in Spannagel cave a high altitude marble cave located in the central Austrian Alps. Since these studies, new developments in the measurement precision of U and Th isotopes by Cheng et al. (2013) and Craig et al. (2016, 2017) allow for ultra-high age precision, with 2σ absolute age uncertainties averaging ±300 years for MIS 7. In addition, two newly discovered stalagmites from
- 65 Spannagel Cave provide further insight into the penultimate glacial inception (MIS 7/6 transition). The resulting δ^{18} O record provides a high-precision chronology of abrupt climate change in Europe during MIS 7, while addressing the need for absolute-dated paleorecords from regions that are sensitive to the North Atlantic realm.

2 Study site

Spannagel Cave (Fig. 1; 47°04'54"N 11°40'2"E; 2300 to 2530 m a.s.l.) is located above the timberline in the vicinity

- of a retreating glacier (Hintertux Glacier) close to the main Alpine crest. Previous publications provide details on the setting of this cave (Spötl et al., 2004; Spötl and Mangini 2007, 2010). A few salient features relevant for this study are summarized here. Spannagel cave developed in a ca. 20 m-thick Upper Jurassic marble (Hochstegen Formation) sandwiched between gneiss bedrock. An interesting feature of Spannagel cave drips waters is that they are rich in U. Cave water range from 5 ppb (small cave stream) to 33 ppb (stalactite drip water). As a result, calcitic
- 75 speleothems from this cave are exceptionally high in U concentrations (3 to 399 ppm). U is most likely sourced from the overlying gneiss which yielded significantly higher U concentrations (3.4-12.0 ppm) than the marble (0.3-2.2 ppm).

Spannagel is a well-ventilated cave system with stable air temperatures in the interior of the cave that stay within a narrow range of +1.8 to +2.2°C (measured at several sites using data loggers over a period of about 20 years). These values are higher by about 2°C than the mean annual air temperature at the elevation of the cave, which is a reflection of the small positive thermal anomaly due to the ascending geometry of the cave (chimney effect; Spötl and Pavuza, 2016). Relative humidity in the cave interior is invariably higher than 96%. Today, the actively retreating Hintertux Glacier terminates ca. 500 m south of Spannagel cave. During the last glacial maximum, the cave was completed covered by as much as 150-250 m of glacial ice (van Husen, 1987). The presence of speleothems that grew during several cold climate periods suggests that the Hintertux Glacier has remained largely temperate, or warm-based, in the past (Spötl and Mangini, 2007). Under glacial conditions, it is thought that the oxidation of pyrite in the host rock allowed karst dissolution to proceed in the rock beneath the glacier without the input of soil-derived carbon dioxide (Spötl and Mangini, 2007).

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Stalagmite SPA121 (Fig. S1) was found in the northern segment of the cave embedded in unconsolidated silty sand which was most likely transported into the cave by high-discharge streams during the last deglaciation. The stalagmite is 19.3 cm tall and was found attached to a platy and angular piece of calcite-cemented gravel. The surface of the sample is covered by a thin layer of medium gray, clay-rich calcite, but the interior preserves mostly transparent, inclusion-poor calcite, showing a striking pattern of cracks. The origin of these cracks is enigmatic but

- may be related to freezing of the cave or the sediments in which the sample was embedded during peak glacial periods. SPA183 is a 39 cm tall stalagmite collected from the central part of the cave and a slightly higher altitude than SPA 121. SPA183 revealed three distinct growth axes that are marked by variations in color (Fig. S1). SPA146 is a 24 cm tall stalagmite which grew in the same small chamber as SPA183. Both stalagmites were detached from
- 100 their growth substrate and embedded in sand, but likely transported less than a few meters. SPA146 shows two distinct growth axes (Fig. S1).

2.1 Climate setting

The Austrian Alps are situated in the path of the Westerlies and northerly flowing Mediterranean air masses. Annual
precipitation is predominantly sourced from North Atlantic and Arctic Oceans (63%) and the Mediterranean Sea (21%) (Sodemann and Zubler, 2010). Seasonally, strong westerly flow during winter months aids in the transport of moisture from the North Atlantic Ocean, whereas infrequent northerly flow from the Mediterranean Sea is more common during summer months (Kaiser et al., 2002; Sodemann and Zubler, 2010). Winter precipitation is stored in Alpine glaciers and snow cover. Glacial and snowpack melt is the dominant source of groundwater recharge in
the Alps and the largest supplier to Spannagel dripwaters (Mangini et al., 2005; Spötl and Mangini, 2007). Variations in the δ¹⁸O of calcite (δ¹⁸O_e) that precipitates from dripwaters hve been shown to reflect variation in

winter precipitation δ^{18} O (Mangini et al., 2005; Spötl et al., 2006; Spötl and Mangini, 2002, 2007).

115 Modern precipitation networks indicate that the mean annual δ^{18} O of precipitation in the European Alps is dominantly controlled by air temperatures (Schürch et al., 2003; Field, 2010). Secondary influences come from changes in the proportion of seasonal rainfall, which is linked to moisture source (Kaiser et al., 2002). The δ^{18} O of winter precipitation is largely sourced from the North Atlantic Ocean and is depleted relative to Mediterranean sources, due to (i) the lower isotopic value of Atlantic Ocean water and (ii) a longer transport pathway and 120 successive and partly orographically forced rainout (Kaiser et al., 2002).

Previous studies confirm that Spannagel $\delta^{18}O_c$ is a robust proxy for (predominantly winter) surface air temperatures on both long and short timescales (Mangini et al., 2005; Spötl et al., 2006; Spötl and Mangini, 2002, 2007). This example of the temperature effect has been similarly documented in speleothem records across the European Alps (e.g. Boch et al., 2011; Moseley et al., 2014; Johnston et al., 2018; Wilcox et al., 2020). Major shifts in Spannagel $\delta^{18}O_c$ on glacial-interglacial timescales may be further amplified by changes in the seasonal proportions of annual totals. For example, evidence suggests that a northerly displaced polar front and warmer SSTs contributed to increased advection across the Mediterranean during past interglacial periods (e.g. Drysdale et al., 2009), which

resulted in a greater input of heavier δ^{18} O Mediterranean moisture to the Austrian Alps during the summer (Moselev

130 et al., 2015). Such a change in atmospheric circulation would act as a positive feedback to the temperaturedominated Spannagel $\delta^{18}O_c$ signal. On shorter timescales, abrupt changes to moisture sources (e.g. freshwater input to the North Atlantic) have also been detected in Spannagel $\delta^{18}O_c$ (e.g. Mangini et al., 2007).

3 Methods

- 135 Stalagmites SPA121, 146, and 183 were halved and polished. Subsamples for U-Th dating (n=40) were hand drilled along the growth axis of halved stalagmites. Subsample trenches were drilled no larger than 1 mm in width, such that the sampling error (~175 years) remained within the analytical uncertainties (see Results). Target sample weights ranged from 200 to 20 mg in concordance with changes in U concentration. Subsamples were spiked with a mixed ²³³U-²³⁶U-²²⁹Th spike similar to that described in Edwards et al. (1987). Procedures for U and Th chemical
- 140 separation and preparation of reagent solutions follow the methods described in Edwards et al. (1987) and Shen et al. (2002).

U and Th isotopic measurements were made on a Thermo Scientific Neptune Plus MC-ICP-MS following the instrument calibration and the Faraday cup measurement method described in Cheng et al. (2013). In addition, a

- 145 10^{13} Ohm amplifier was installed within the detection system in order to collect low ion beam intensities (e.g. 234 U and ²³⁰Th) (Craig et al., 2016, 2017 and references therein). The methods of gain calibration and dynamic time correction of the high resistor are largely based on Craig et al. (2016) and (2017). Each sample was measured for 300s or longer. Intensities of ²³⁴U and ²³⁰Th beams were on average 15 and 5 mV, respectively.
- 150 Stable isotope samples were micromilled continuously along the growth axis of each stalagmite at 0.15-0.20 mm increments. 946 stable isotope measurements on stalagmite SPA121 were previously published in Spötl et al. (2008), 890 and 583 new stable isotope measurements from stalagmites SPA183 and SPA146, respectively, are reported here. A total of 13 Hendy tests were drilled along individual growth layers from stalagmites SPA146 and SPA 183 (Figs. S4-5). All calcite powders were analyzed using a Gasbench II linked to a Delta V Plus isotope ratio
- 155 mass spectrometer. Values are reported relative to VPDB and the 1-sigma precision is 0.06 and 0.08 % for δ^{13} C and δ^{18} O, respectively.

4 Results

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Resulting U-Th ages and their respective replicates are in stratigraphic order within uncertainties (Table S1). This study focuses on the MIS 7 portion of stalagmite SPA121, which was deposited without interruption between 248.5

- 160 and 191.5 (±1) ka (see Spötl et al., 2008 for details on all SPA121 growth phases). New U-Th ages for this stalagmite fall within age uncertainties of the previously published ages (Spötl et al. 2008; Fig. 2). Similar δ^{234} U_i values and ²³²Th and ²³⁸U concentrations further underscore a high degree of reproducibility between the two SPA121 data sets, which were measured in different laboratories using different instruments (MC-ICP-MS vs. TIMS). New SPA121 ages improve the precision of previously published age uncertainties by an order of 165 magnitude (Fig. 2), from an average of 1.7% to 0.17%.

The late MIS 7 growth phase of stalagmites SPA183 and SPA146 occurred between 191.9-190.6 (±0.6) ka and 191.6-182.3 ± 0.3 ka, respectively. The exact onset of growth is unknown, as both stalagmites show evidence of diagenesis spanning first 2-3 cm of the late MIS 7 growth phase (Fig. S2; Table S1). Evidence of diagenetic alteration includes a conspicuously white, milky calcite fabric and U-Th ages that are out of stratigraphic order and

of stalagmites SPA183 and SPA146 (Fig. S1). Age uncertainties of SPA146 and 183 average 0.09% and 0.16%, respectively. Significantly higher δ^{234} U_i values from SPA146 and 183 relative to SPA121 suggest differing drip sources between the first two neighboring stalagmites and SPA121. Growth rates calculated from new SPA121

- 175 ages closely agree with previously published data in Spötl et al. (2008) (Fig. 2). The average growth rate is 5.6 μm/yr, excluding one period of exceptionally low growth rate (0.8 μm/yr) between 231.1 and 219.6 ±0.6 ka. In contrast, average growth rates of SPA183 and SPA146 are higher (63 and 140 μm/yr, respectively). Differences in growth rates are likely due to differing drip sources.
- 180 SPA121 stable isotope values used in this study are from Spötl et al. (2008). New stable isotope data from SPA146 and 183 is reported in Table S2. The range of SPA121 $\delta^{18}O_c$ values (-8.1 to -14.7‰) and $\delta^{13}C$ values (9.7 to 0.8‰) is in agreement with newly measured $\delta^{18}O_c$ values from SPA146 and SPA183 (Fig. S3). Slight offsets in absolute values between stalagmites may be due prior calcite precipitation (PCP), but these offsets do not influence the relative variations in stable isotopes, which are the focus of this study. Hendy test results indicate that calcite was

185 deposited close to isotopic equilibrium on all three stalagmites (Spötl et al., 2008; Figs. S4-5).

The $\delta^{18}O_c$ signature of all three stalagmites is depleted during MIS 7 warm intervals (average -9.2‰) relative to the Holocene (average -7.8‰; Spötl et al., 2004), which suggests cooler winter temperatures and/or decreased input of Mediterranean-sourced moisture to the Austrian Alps relative to today. This is consistent with globally

- 190 distributed evidence suggesting that Northern Hemisphere temperatures were cooler throughout MIS 7 (PAGES, 2016), in conjunction with lower sea levels (Robinson et al., 2002; Thompson and Goldstein, 2005; Dutton et al., 2009; Andersen et al., 2010; Murray-Wallace, 2002) and atmospheric pCO_2 (Bazin et al., 2013) relative to the Holocene.
- 195 The δ^{13} C signature of all three stalagmites are higher relative to modern and Holocene speleothems (-10 to -7‰), reflecting a signal that is buffered by the isotopic composition of the host rock (Spötl et al., 2004). High and commonly positive δ^{13} C values indicate no significant input of organic C into the system, thereby indicating an absence of soil and vegetation above the cave throughout the duration of deposition (Spötl et al., 2008). Cooler surface temperatures and the absence of soil argue for a significantly larger Hintertux Glacier during MIS 7 relative
- 200 to today, likely covering a large portion of the cave. The growth of speleothems during cold climate periods of MIS 7 is likely due to the warm-based nature of the glacier, allowing the supply of melt water while preventing the cave from freezing.

5 Discussion

- 205 The new Spannagel δ^{18} O record spans the period of Northern Hemisphere warming associated with TIII, the five substages of MIS 7, TIIIa, and the MIS 7/6 glacial inception. Due to our unprecedented age control, we can determine the precise timing of regional changes associated with each MIS 7 sub-stages (Fig. 3) as well as the onset of warming in the Austrian Alps associated with TIII and TIIIa (Fig. 4). While terrestrial records cannot directly date changes to the ocean-cryosphere system during a glacial termination, the climatic excursions in high-
- 210 sensitivity regions, such as the Austrian Alps, provides key temporal constraints on the climate events leading up to and during these transitions.

Following the start of speleothem growth at 247.3±0.2 ka, an abrupt shift towards higher δ¹⁸O values at 242.5±0.3 ka marks the onset of regional warming associated with the TIII deglaciation. The ensuing interglacial period (MIS 7e) is characterized by high δ¹⁸O values (greater than -10‰) and spanned 5 ky from 241.8 to 236.0 (±0.3) ka. Depleted δ¹⁸O values (less than -12‰) between 234.3 and 216.9 (±0.3) ka coincide with MIS 7d. Maximum regional cooling occurred between 231.3–228.6 (±0.2) ka. An abrupt shift towards higher δ¹⁸O values at 216.8±0.3 ka marks the onset of regional warming associated with TIIIa. Two periods of high δ¹⁸O values between 215.7–212.9 (±0.4) ka (>-10‰) and 201.8–197.1 (±0.5) ka (-8.7‰) coincide with interglacial periods MIS 7c and 7a, respectively. A final shift towards lower δ¹⁸O values from 197.1 to 191.4 (±0.3) ka coincides with the MIS 7/6 transition, the latter portion of which is replicated by stalagmites SPA 146 and 183.

On millennial timescales, remarkable similarities are observed between Spannagel δ¹⁸O and paleorecords that are sensitive to the North Atlantic climate. These similarities highlight the rapid climatic link between the European Alps and North Atlantic realm, as observed in later interglacial periods (e.g. Holzkämper et al., 2004; Mangini et al., 2007; Wilcox et al., 2020) and glacial periods (e.g. Moseley et al., 2014; Mayr et al., 2019). Most striking is the covariance of Spannagel δ¹⁸O and Chinese Monsoon δ¹⁸O, which is explained through the following teleconnections: temperature anomalies in the North Atlantic region influence the intensity of heat transport by northern Hadley Cell circulation, which triggers a latitudinal shift in its ascending branch, known as the
Intertropical Convergence Zone (ITCZ). Latitudinal shifts in the ITCZ, in turn, influence the Chinese Monsoon

230 Intertropical Convergence Zone (ITCZ). Latitudinal shifts in the ITCZ, in turn, influence the Chinese Monsoon strength (see Cheng et al., 2016 for details). Thus, both Chinese and Spannagel speleothems respond to common

climate forcings on millennial timescales. Identifying the mechanisms behind North Atlantic-forced excursions in Spannagel $\delta^{18}O_c$ is challenging due to the complex array of processes that influence Spannagel $\delta^{18}O$, but is likely linked to synchronous temperature changes and/or latitudinal shifts in the westerlies. In alignment with previous

235 work, we interpret Spannagel $\delta^{18}O_c$ as a faithful recorder of millennial-scale changes in the North Atlantic realm during MIS 7.

For the remainder of this discussion, we will examine the variations in Spannagel δ^{18} O associated with MIS 7 in order to provide new temporal constraints on climate changes in the Austrian Alps, as well as new insights into

240 millennial-scale changes in the North Atlantic leading up to TIII and TIIIa.

5.1 Termination III

The last four main glacial terminations can be separated into two categories: those that were interrupted by Northern Hemisphere stadial events (TI and TIII) and those that were uninterrupted or minimally interrupted (TII and TIV)

- 245 (Cheng et al., 2009). During TI, multiple meltwater pulses sourced from the decaying Northern Hemisphere ice sheets resulted in a stratification of surface waters and expansion of winter sea ice in the North Atlantic realm (Denton et al., 2010). The expansion of sea ice amplified seasonality, such that Europe experienced cold and arid winter conditions (e.g. Renssen and Isarin, 2001).
- 250 Peak concentrations of ice-rafted detritus (IRD) in North Atlantic sediments indicate that TIII, similar to TI, was punctuated by two discharge events, S8.2 and S8.1 (Channell et al., 2012). Well-dated Spanish speleothems constrain the timeline of these events, starting with S8.2, at 249–247.4 ka (Pérez-Mejías et al., 2017). The onset of speleothem deposition in Spannagel Cave coincides with the end of the S8.2 event (Fig. 4). We interpret the lack of deposition during and prior to the S8.2 event as possible evidence for freezing conditions in Spannagel Cave 255 during stadial conditions. Following the S8.2 event, a resumption of warmer North Atlantic conditions contributed
- to increased humidity in Spain (248 \pm 2 ka; Pérez-Mejías et al., 2017), an abrupt strengthening of the Chinese Monsoon (247.6 \pm 0.9 ka; Cheng et al., 2009), and above-freezing temperatures in the central Alps prompting speleothem growth (247.3 \pm 0.2 ka).

- A second discharge event (S8.1) occurred at 244.7–241 ka and coincided with a depletion in Spanish speleothem δ¹⁸O_c (Pérez-Mejías et al., 2017), which is interpreted as the sudden arrival of meltwater into North Atlantic intermedial latitudes similar to processes observed during TI. A relatively short negative excursion in Spannagel δ¹⁸O_c starting at 242.6 ±0.3 ka may represent the muted signature of this event in the Austrian Alps. Following the event, Spannagel δ¹⁸O exhibits an abrupt increase between 242.5 to 241.9 (±0.3) ka. This major shift in Spannagel δ¹⁸O coincides with remarkable precision with well-dated records that are sensitive to North Atlantic climate
- changes, including vegetation productivity in the Iberian Peninsula ($241.6-240.7\pm1.6$ ka; Pérez-Mejías et al., 2017) and Chinese Monsoon intensity ($242.8-241.01\pm0.9$ ka; Cheng et al., 2009, 2016). The Spannagel timing of TIII additionally coincides (within uncertainties) with an abrupt warming of sea surface temperatures (SST) in the North Atlantic (Martrat et al., 2007) and Mediterranean (Fig. 5; Martrat et al., 2004). Combined, these globally distributed
- 270 records point to a rapid warming in the North Atlantic realm at this time. We interpret the $\sim 3\%$ increase in Spannagel $\delta^{18}O_c$ as an abrupt rise in local winter temperatures. A possible increase in the advection of isotopically enriched Mediterranean moisture to the Austrian Alps may have amplified the warming signal. Using our high-precision chronology, we assign the onset of warming to 242.5 ± 0.3 ka.
- 275 The Spannagel δ¹⁸O record indicates a 7.6±0.3 ky lag in the onset of regional warming relative to the rise in 65°N summer insolation associated with TIII (Berger, 1978). The observed lag is similar but greater than the 5.1±0.9 ky lag in regional warming relative to TII, as recorded in a speleothem from Hölloch on the northern rim of the Alps (Moseley et al., 2015). A likely explanation for a longer lag-time may be the low obliquity forcings during TIII, resulting in lower-than-average insolation during boreal summers which may have delayed warming in the Alps 280 until near-peak insolation.

5.2 MIS 7e-d

Following TIII, a period of high Spannagel δ^{18} O values (-10‰) between 241.8 and 236.0 (±0.3) ka mark warmer temperatures in the Austrian Alps associated with MIS 7e. This interval coincides with increased humidity in the

285 Iberian Peninsula (Pérez-Mejías et al., 2017) and Italy (Columbu et al., 2019), and an expansion of forests in Greece (Tzedakis et al., 2006). Spannagel δ¹⁸O values reach a maximum at 240.5 ±0.3 ka, coinciding with peak 65°N summer insolation at 241.0 ka (Berger at al., 1978). The end of MIS 7e is characterized by a slow decline starting at 236.0±0.3 ka, followed by an abrupt drop (-9.9 to -12‰) between 236.0 and 234.3 (±0.3) ka. This period

coincides with a steady decline of vegetation productivity in the Iberian Peninsula starting at 238.4 ±2 ka (Pérez-

290 Mejías et al., 2017) and a shift towards cooler conditions between ~237 and 239 ka in southeastern Europe (Tzedakis et al., 2004). Sardinian stalagmites, however, indicate persistent Mediterranean advection (as suggested by humid conditions) up to 230.1 ±1.6 ka (Fig. 5; Columbu et al., 2019). A decoupling of Spannagel and Sardinian δ^{18} O values at this time suggest that temperature, not moisture source, was the primary driver of Spannagel δ^{18} O depletion at this time.

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Depleted Spannagel δ^{18} O values (<-12‰) from 234.3 to 216.9 ±0.3 ka coincide with MIS 7d. Depleted Spannagel δ^{18} O values during this time can be attributed to cooler local temperatures, although uninterrupted stalagmite deposition indicates that temperatures remained above freezing in this cave (Spötl and Mangini, 2007). Maximum cooling (<-13‰) occurred between 231.3 and 228.6 ± 0.3 ka. Maximum cooling coincides with the lowest 65°N summer insolation value (387 W/m²) over the last 800 ka, centered at 230.0 ka (Berger, 1978). Maximum cooling 300 in the Alps also coincides with an abrupt weakening of the Chinese Monsoon within ~1 ka uncertainties (Cheng et al., 2009), suggesting Northern Hemisphere-wide cooling. During this time, sea level fell between -18.5 m and -21 m relative to modern levels throughout (Dutton et al., 2009), atmospheric pCO_2 dipped below 203 ppmv between 229.6 and 220.9 (±4) ka (Bazin et al., 2013), and North Atlantic SSTs fell to near glacial levels (Martrat et al., 2007). In Europe, δ^{13} C records from the Iberian Peninsula (Pérez-Mejías et al., 2017) and pollen records from 305 Albania (Francke et al., 2016) and Greece (Tzedakis et al., 2006) indicate glacial-like conditions during MIS 7d. In the Mediterranean realm, increased aridity recorded by Sardinian speleothems between $225 - 221 (\pm 5)$ ka (Fig. 5; Columbu et al., 2019) and Israeli speleothems at 223 ±4 ka (Bar-Matthews et al., 2003) overlap within age uncertainties of Spannagel-determined MIS 7d. Overall, the Spannagel record provides new age constraints for the

310 timing and duration of maximum stadial conditions in Europe associated with MIS 7d.

Following the 2.7 ky time period of maximum cooling, Spannagel δ^{18} O values plateau at low (<-12‰) values until 216.8 ±0.3 ka. Low Mediterranean Sea levels (Dutton et al., 2009) and melt water pulses in the Black Sea (Badertscher et al., 2011) between ~230 to 217 ka support the of the presence of Eurasian ice sheets, which likely

315 contributed to cooler temperatures and southerly shifted westerlies over Europe.

5.3 Termination IIIa

TIIIa is often referred to an "extra" termination that resulted from the collapse of MIS 7d ice sheets in response to unusually high insolation. Similar to main glacial terminations, TIIIa is characterized by a rapid rise in North

- 320 Atlantic SSTs (e.g. Martrat et al., 2007), atmospheric pCO_2 (Bazin et al., 2013), global benthic marine $\delta^{18}O$ (Lisiecki and Raymo, 2005), and an abrupt rise in sea level (e.g. Dutton et al., 2009). However, due to large age uncertainties, the exact timing of TIIIa in marine and ice records remains unclear. To resolve this issue, the timing of TIIIa has been previously determined by precisely dated Chinese stalagmites, which reveal millennial-scale weak monsoon intervals that correspond to meltwater discharge events in the North Atlantic (Cheng et al., 2009,
- 325 2016). The exact weak monsoon interval corresponding to TIIIa, however, remains a topic of debate. Cheng et al. (2009) first interpreted TIIIa as the weak monsoon interval occurring at 228±0.8 ka. Cheng et al. (2016) later revised this interpretation by associating TIIIa with the weak monsoon interval at 217.1 ±0.9 ka.

An abrupt rise in Spannagel $\delta^{18}O_c$ between 216.8 and 216.1 (±0.5) ka supports the timing of TIIIa defined in Cheng

- 330 et al. (2016). Similar to TIII, a brief negative excursion in Spannagel $\delta^{18}O_c$ prior to the abrupt rise may correspond to the peak in North Atlantic IRD at 216 ka (Channell et al., 2012; Fig. 4) that, when aligned to our chronology, suggests that a major meltwater pulse associated with TIIIa occurred no later than 216.9 ±0.5 ka. This timing agrees within uncertainties with the Chinese monsoon weak interval at 217.1 ±0.9 ka. Our record reveals that the onset of Spannagel $\delta^{18}O_c$ increase occurred 1.2 ky after peak 65°N summer insolation. A lack of obvious change in stable
- 335 isotopes from Mediterranean-dominated records during this time (e.g. Columbu et al., 2019) suggests the abrupt increase of Spannagel $\delta^{18}O_c$ was primarily driven by warming temperatures in the Austrian Alps (Fig. 5).

5.4 MIS 7c-a

High δ¹⁸O values associated with MIS 7c occur between 215.7 and 212.9 (±0.4) ka, with slightly lower values (~ - 10.6‰) extending until 212.0 ±0.4 ka. δ¹⁸O drops abruptly between 212.0 and 211.7 (±0.4) ka and remains low between 211.7 and 204.1 (±0.4) ka. This period of depleted δ¹⁸O values coincides within uncertainties with low 65°N summer insolation (207 ka) associated with MIS 7b. Spannagel δ¹⁸O rises between 204.1 and 201.5 (±0.4) ka and remains high for the remainder of MIS 7a until 197.1 (±0.3) ka.

- 345 Maximum $\delta^{18}O_c$ values during MIS 7a-c indicate warmer winter temperatures in the Alps relative to MIS 7e, with MIS 7a the warmest sub-stage. This MIS 7 sub-stage comparison is in agreement with planktonic foraminiferal assemblages on an Iberian Margin sediment core which suggest higher winter temperatures (+1.5°C) during MIS 7a relative to MIS 7e (Desprat et al., 2006). European pollen data indicates that MIS 7c-a had the longest duration, the most diverse and complete forest succession, and the warmest temperatures relative to MIS 7e (Penaud et al.,
- 350 2008; Tzedakis et al., 2004). Enriched Spannagel $\delta^{18}O_c$ values during MIS 7a-c may have been further amplified by an increase in northerly advection from the Mediterranean, as suggested by humid conditions in southern Italy (Columbu et al., 2019) and eastern Mediterranean sapropel deposits (e.g. Ziegler et al., 2010).
- Spötl et al. (2008) proposed that four flourescent inclusions (i.e. dust layers) identified in SPA 121 reflect a partial
 retreat (or repeated partial retreats) of the Hintertux glacier. Our updated chronology places the timing of the dust layers at 214.3 ±0.4 ka, which coincides with maximum obliquity forcing (Fig. 3; Berger, 1978). This finding supports previous work which argues that changes in obliquity act as a major control on alpine glacier mass balance by influencing the latitudinal distribution of solar radiation (e.g. Huybers et al., 2006). High obliquity and insolation forcing likely drove increased ablation of the Hintertux glacier and warm regional temperatures (as suggested by maximum MIS 7c δ¹⁸O_c values) at 214.3 ±0.4 ka.

5.5 MIS 7-6 transition

A drop in Spannagel δ¹⁸O starting at 197.1 ±0.2 ka marks the end of MIS 7a in the Alps. We define the Spannagel MIS 7/6 transition to between 197.1-191.4 (±0.3) ka, which coincides with a drop of the Mediterranean Sea level,
as shown by Bard et al. (2002). Two newly collected stalagmites from this cave (SPA146 & 183) that grew between 191.8 and 182.3 (±0.6) ka provide additional records of the late MIS 7a/6e transition and early MIS 6e. Slight offsets in the absolute values of stable isotopes between stalagmites may be due to PCP, which is consistent with their respective growth rates (i.e. the growth rate of SPA 121 is lower relative to SPA 146 and 183, suggesting a slower drip rate and thus, higher likelihood of PCP). Nevertheless, the stalagmites show a gradual decreasing trend

370 in $\delta^{18}O_e$ until approximately 187 ka. A lack of calcite deposition after 182.3 ±0.2 ka suggests unfavorable conditions in Spannagel Cave, possibly related to due to partly cold-base conditions of the glacier above the cave.

6 Conclusions

The response of climatically sensitive regions to glacial-interglacial cycles and their abrupt transitions provides

- 375 key insight into the timing of global climate change. In this study, we present the first ever paleo-record of MIS 7 with relative age uncertainties <2‰. Using this chronology, we can determine the precise timing and duration of climate variations in the Austrian Alps in response to the MIS 7 sub-stages and associated glacial terminations. Following the start of speleothem growth, an abrupt increase of δ¹⁸O values at 242.5±0.3 ka marks the onset of regional warming associated with TIII. The ensuing interglacial period (MIS 7e) is characterized by enriched δ¹⁸O
- values (> -10‰) from 241.8 to 236.0 (±0.3) ka. Depleted δ^{18} O values (< -12‰) between 234.3 and 216.9 (±0.3) ka coincide with the Northern Hemisphere cool period. Similar to TIII, a brief negative excursion in Spannagel δ^{18} O_c prior to the abrupt rise associated with TIIIa suggests that a major meltwater pulse occurred in the North Atlantic around 216.9 ka. An abrupt shift towards higher δ^{18} O values at 216.8±0.3 ka marks the onset of regional warming associated with TIIIa. Two periods of high δ^{18} O values between 215.7–212.9 (±0.4) ka and 201.8–197.1 (±0.5) ka
- coincide with interglacial periods MIS 7c and 7a, respectively. A final shift towards lower δ^{18} O values from 197.1 to 191.4 (±0.3) ka and coincides with the MIS 7/6 transition. In total, this multi-stalagmite record provides important chronological constraints on climate shifts in the Austrian Alps associated with MIS 7, while providing new insight into the timing of millennial-scale changes in the North Atlantic realm.

Author contribution

390 C.S. collected the samples. K.W. and X.L. conducted measurements and analyzed results. H.C., R.L.E., and. C.S. provided scientific guidance, laboratory facilities, and funding. All authors contributed to the final manuscript. Special thanks to M. Wimmer and M. Pythoud for their assistance in the laboratory.

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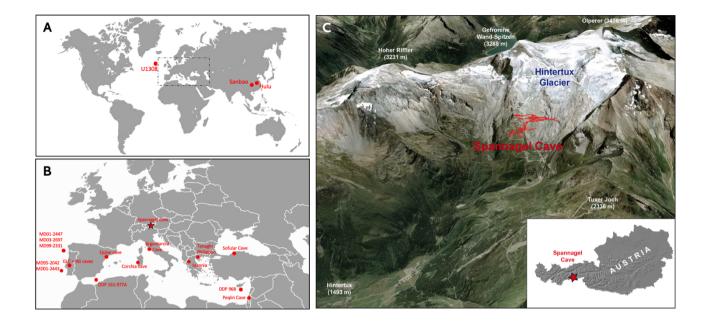


Figure 1: (A) Map indicating the location of paleorecords described in this paper. Black dashed box expanded in (B). (C) Google Earth image of the Tux Valley showing the location of Spannagel cave adjacent to the glaciated main ridge of the central Alps (oblique view towards SSE) © Google Earth.

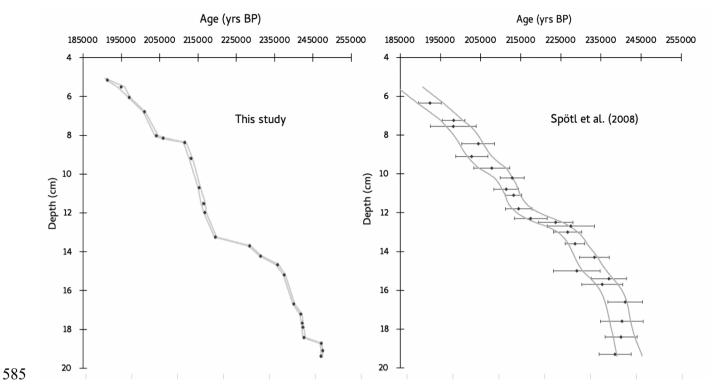


Figure 2: Depth versus age along the growth axis of stalagmite SPA121 with associated 2 sigma age uncertainties from this study (left) and Spötl et al. (2008) (right). Grey lines show upper and lower 2σ uncertainties of the age model.

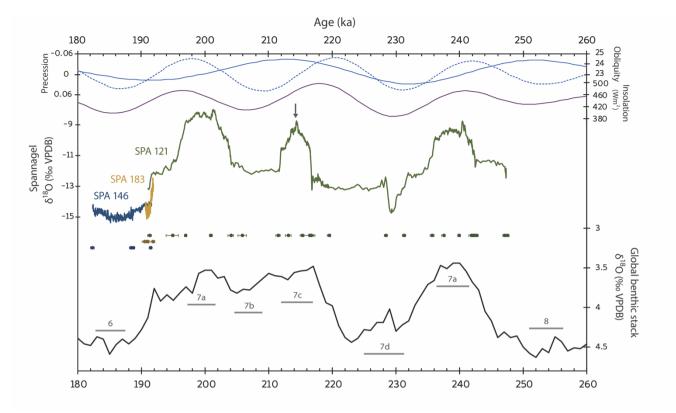


Figure 3: Obliquity (blue), precession (dashed blue), and 65°N July insolation (dark purple) from Berger (1978). Spannagel δ^{18} O from stalagmites SPA121 (green), SPA183 (yellow), and SPA146 (dark blue) (this study). Global stacked benthic δ^{18} O (black; Lisiecki and Raymo, 2005) plotted with MIS substage labels (grey) for reference. Arrow represents the age of fluorescent inclusions which suggest a partial retreat of the Hintertux glacier (214.3 ±0.4 ka).

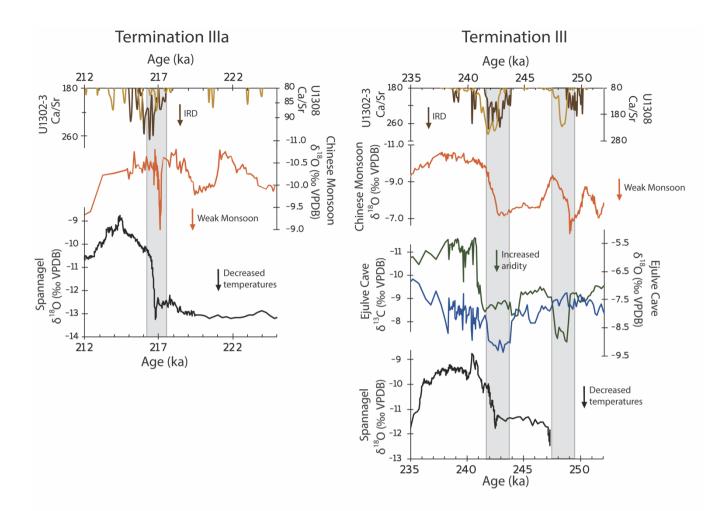
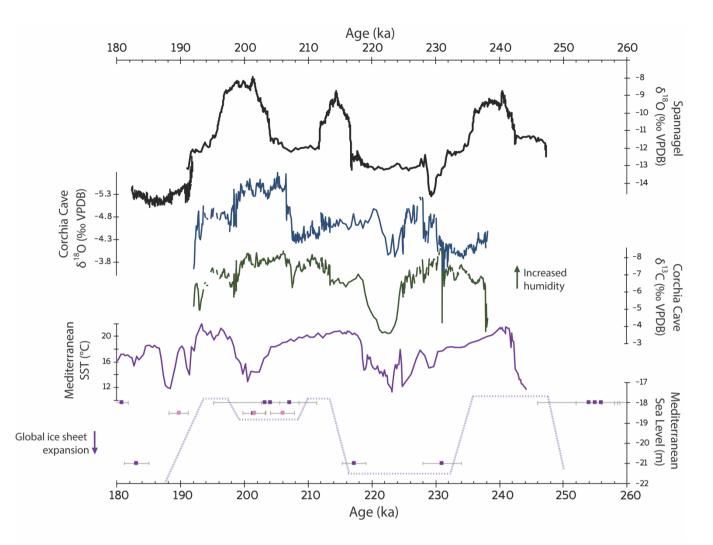


Figure 4: Millennial-scale events leading up to glacial terminations III and IIIa. Ca/Sr ratios (a proxy for IRD) from North Atlantic sediment cores U1308 (brown; Channell et al., 2012) and U1302 and U1303 (yellow, Hodell et al. 2008), Chinese stalagmite δ^{18} O

600 (orange, Cheng et al., 2016), Ejulve cave δ^{18} O (blue) and δ^{13} C (green) from southeastern Spain (Pérez-Mejías et al., 2017) and Spannagel Cave δ^{18} O from the Austrian Alps (black; this study). Major IRD events highlighted in grey.



605 Figure 5: MIS 7 records from the circum-Mediterranean region. Spannagel Cave δ^{18} O (black; this study), Corchia cave (Sardinia) δ^{18} O (blue) and δ^{13} C (green) (Columbu et al., 2019), Western Mediterranean SST (Martrat et al., 2004), and Mediterranean sealevel reconstructions (purple; Dutton et al., 2009) and (pink; Bard et al., 2002). Purple dashed lines are for visual aid only; absolute sea levels are unknown. Spannagel δ^{18} O events that are decoupled from Mediterranean temperatures and humidity records represent evidence for temperature-driven δ^{18} O excursions in the Austrian Alps, as opposed to changes in the proportion of

610 Mediterranean-sourced moisture arriving at our study site.