

# Technical note: Optimizing the utility of combined GPR, OSL, and LiDAR (GOaL) to extract paleoenvironmental records and decipher shoreline evolution

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**Abstract.** Records of past sea levels, storms, and their impacts on coastline are crucial in forecasting future changes resulting from anthropogenic global warming. Coastal barriers that have prograded over the Holocene preserve within their accreting sands a history of storm erosion and changes in sea level. High-resolution geophysics, geochronology, and remote sensing techniques offer an optimal way to extract these records and decipher shoreline evolution. These methods include:

15 Light Detection and Ranging (LiDAR) to image the lateral extent of relict shoreline dune morphology in 3D; Ground Penetrating Radar (GPR) to record paleo-dune, beach, and nearshore stratigraphy; Optically Stimulated Luminescence (OSL) to date the deposition of sand grains along these shorelines. Utilization of these technological advances has recently become more prevalent in coastal research. The resolution and sensitivity of these methods offer unique insights on coastal environments and their relationship to past climate change. However, discrepancies in analysis and presentation of the data  
20 can result in erroneous interpretations. When utilized correctly on prograded barriers these methods (independently or in various combinations) have produced storm records, constructed sea-level curves, quantified sediment budgets, and deciphered coastal evolution. Therefore, combining the application of GPR, OSL, and LiDAR (GOaL) on one prograded barrier has the potential to generate three detailed records of 1) storms, 2) sea level, and 3) sediment supply for that coastline. Obtaining all three for one barrier (a GOaL hat-trick) can provide valuable insights into how these factors influenced past  
25 and future barrier evolution. Here we argue that systematically achieving GOaL hat-tricks on some of the 300+ prograded barriers worldwide would allow us to disentangle local patterns of sediment supply from regional effects of storms or global changes in sea level, allowing direct comparison to climate proxy records. To fully realize this aim requires standardization of methods to optimize results. The impetus for this initiative is to establish a framework for consistent data collection and analysis that maximizes the potential of GOaL to contribute to climate change research that can assist coastal communities in  
30 mitigating future impacts of global warming.

## 1 Introduction

Global warming is causing seas to rise and is forecasted to intensify storms, but the degree of these increases as well as their impacts on vulnerable sandy coastlines is uncertain (IPCC, 2013). Paleo-environmental records of sea level and storms as well as the evolution of shorelines throughout the Holocene can provide insight into future impacts. Coastlines that have 5 positive sediment budget, and space available to accommodate it, have built seaward through time forming strandplains comprising a series of foredune/beach ridges (Figure 1a). These accreted coastal sands preserve a history of sea level change, storm impacts, and sediment supply within their stratigraphy. The resulting coastal systems are called prograded barriers and they have been studied for over a half century to decipher their evolution and extract paleoenvironmental records (e.g. Bernard et al., 1962; Curray et al., 1969; Schofield, 1985; Thom et al., 1981). Over the past few decades, more traditional 10 methods have been augmented by state-of-the-art remote sensing, geophysical and geochronological techniques (e.g. Dougherty et al., 2016; Tamura, 2012). For instance, two-dimensional topographic surveys of dune ridges (Figure 1a) were expanded laterally by 3D digital terrain models produced using Light Detection and Ranging (LiDAR) (e.g. Gutierrez et al., 2001). Generalized stratigraphic cross-sections interpolated between cores (Figure 1a) have been filled in with detailed dune, 15 beach, and nearshore structures from high-resolution Ground Penetrating Radar (GPR) (e.g. van Heteren et al., 1998). Finally, Optically Stimulated Luminescence (OSL) directly dates when beach and dune sand was deposited (e.g. Jacobs, 2008), eliminating extrapolation of radiocarbon ages using isochrons (Figure 1a). The utility of combining GPR, OSL and 20 LiDAR on prograded barrier has been demonstrated by the success of previous studies (e.g. Clemmensen et al., 2014; Mallinson et al., 2008; Muru et al., 2018; Nooren et al., 2017; Timmons et al., 2010; Tönisson et al., 2018). Foreseeing the future use and potential of these combined methods, this technical note outlines a systematic and semi-standardized structure 25 for data collection and interpretation. The strategy is that with a large enough dataset of similarly studied prograded barrier around the world, local to global forcing on coastal evolution can be better deciphered (Shen, personal communication 5 March 2018).

There has been a steady uptake in the utilization of these geophysical, geochronological, and remotely sensed data since the 25 decades when the applications were first introduced. Recently, there has been notable proliferation in their use associated with the ease in which this data is able to be acquired (as Lidar becomes more available, GPR more user friendly, and OSL more accessible). However, as Hein (personal communication 19 March 2018) succinctly states, some of the tools like GPR or pre-processed LiDAR data are perhaps easy to use, but not easy to use well. These techniques are all specialty fields of 30 science in their own right and collaboration between experts in these different disciplines can avoid common pitfalls. This is important not just to ensure that the data is as precise and accurate as possible, but also that the results (or lack thereof) are presented in such a way to not mislead interpretations. This is not always straightforward with these types of high-resolution data sets as the detail and volume can mask or overwhelm significant aspects/features; analogous to obscuring both the forest (barrier evolution) and the trees (individual beachfaces). Therefore, it is important to be intentional with the questions being addressed using the data and diligent about the interpretations as well as implications drawn from it.

Studies have shown that utilizing these approaches on prograded barriers, independently or in various combinations, can: (1) decipher frequency-intensity storm records (e.g. Buynevich et al., 2007; Dougherty, 2014; Nott and Hayne, 2001), (2) construct sea-level curves (e.g. Nielsen et al., 2017; Rodriguez and Meyer, 2006; van Heteren et al., 2000), (3) quantify 5 sediment budgets (Bristow and Pucillo, 2006; Choi et al., 2013; Dougherty et al., 2015, and (4) decipher coastal evolution (e.g. Barboza et al., 2009; Costas and FitzGerald, 2011; Hein et al., 2016). Combining GPR, OSL, and LiDAR (GOaL) on certain systems offers the possibility to determine a history of storms, sea level, sediment supply, and their impact on shoreline evolution. Given the increased prevalence of these techniques and the existence of 300+ prograded barriers located 10 around the world (Scheffers et al., 2012), a systematic application of GOaL to decipher coastal evolution can also detect local patterns of sediment supply, regional records of storms or global changes in sea level. The larger-scale records have the potential to be used like and combined with other climate proxy records. The possibilities necessitate standardizing important parts of this methodological approach to optimize results. The aim of this article is threefold: (1) present a basic 15 introduction to the capabilities of GOaL individually, (2) provide a simple strategy that logically utilizes information from each technique to optimize the resulting GOaL dataset, and (3) highlight the possibilities and pitfalls associated with the data to maximize the combination of GOaL on prograded systems.

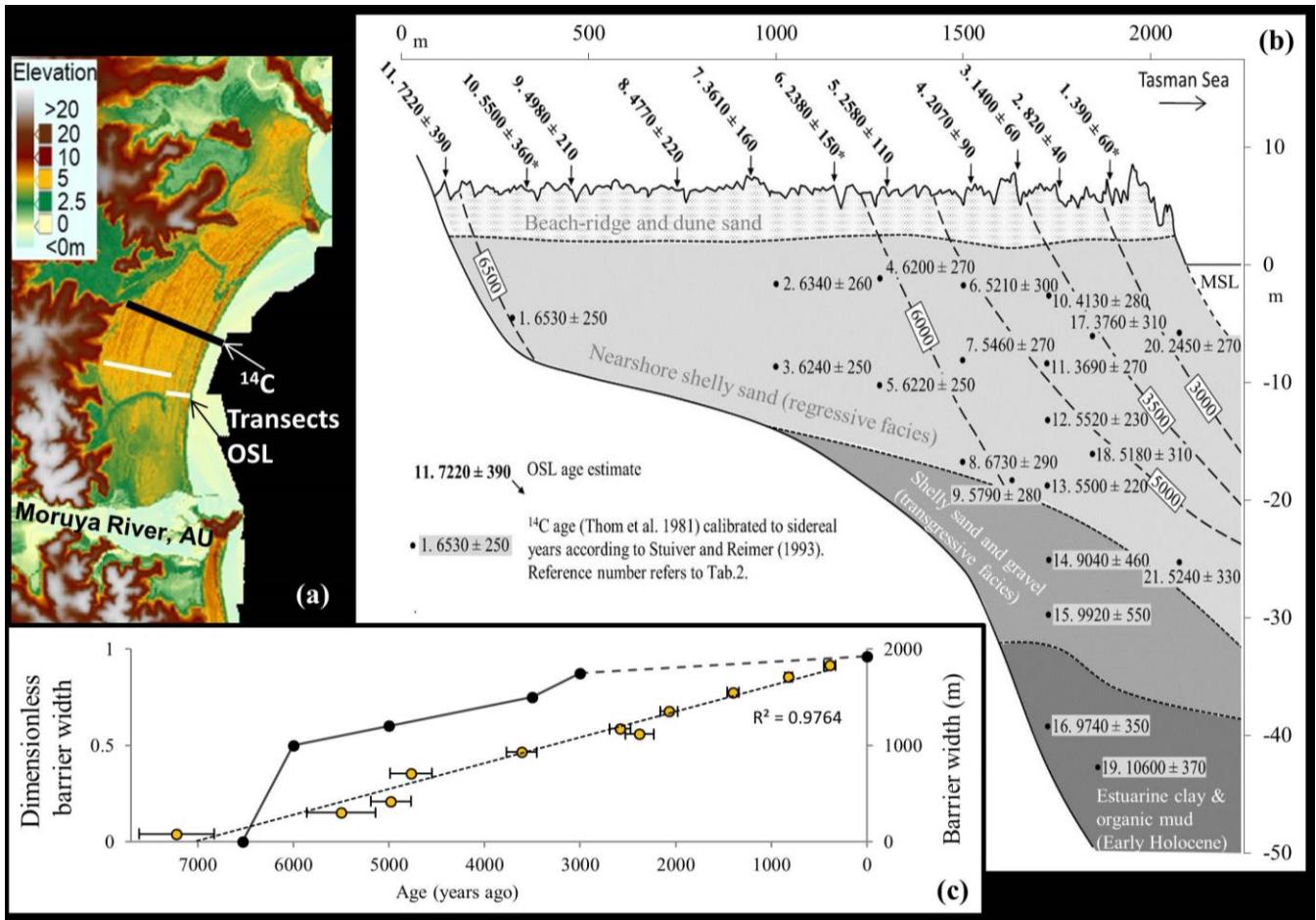


Figure 1. (a) LiDAR data of the prograded barrier system near Moruya, Australia, with the location of the transects where  $^{14}\text{C}$  and OSL samples were collected. (b) Stratigraphic cross-section of Moruya Barrier displaying radiocarbon and OSL chronologies (Oliver et al., 2015; Thom et al., 1981). (c) Diagram of barrier width as a function of OSL (yellow dots with black circles) and radiocarbon (black dots) ages. The new OSL chronology shows that progradation has been much more linear than was previously thought using radiocarbon. Figure modified from Dougherty et al. (2016) and Oliver et al. (2015).

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## 2 GOaL methodological approach

With each GOaL technique producing such high-resolution data, how it is collected and presented can affect the results or interpretations. This section explains a simple methodological approach to maximize the volume and detail of GOaL from 10 prograded barriers. These methods are introduced in the order that they are recommended to be utilized, with a brief statement of the logic for applying each technique in the three step methodology. Specifics of the different techniques, instrumentation, or settings/parameters are not discussed. There is already a large body of literature about these different methods and their utilization in coastal settings referenced within each section. The type of equipment or method used is usually reliant on what is available and ideal settings are site specific. Furthermore, coastal researchers often rely on other

experts in the field of remote sensing, geophysics, and geochronology to collect the data or even utilize previously published results. This technical note is not a 'how-to' guide with specifics for acquiring and analysing each data set. Rather this paper discusses the potential of combining these techniques and offers a practical approach to optimize the dataset.

5 This paper advocates that any of these high-resolution datasets, when collected and analysed correctly, improves our understanding of coastal evolution. However, these higher-tech approaches do not negate the use of more traditional techniques, like using radiocarbon dating where there is material suitable which is easier to collect than OSL as well as faster and cheaper to process. For example cheniers or coarse clastic beaches where various combinations of radiocarbon, OSL, GPR and LiDAR have been used to determine their evolution and a history storms or sea level (e.g. Billy et al., 2015; Hijma  
10 et al., 2017; Long et al., 2012; Hein et al., 2016; Morton et al., 2000; Neal et al., 2002; Weill et al., 2012). While the proposed GOaL approach proposed in this paper is geared toward the more prevalent sandy prograded barriers, it could easily be applied to (and compared with data from) these other types of coastal plains. In any environment, utilization of remote sensing techniques necessitates, rather than negates, the use of established methods (e.g. coring, auguring, outcrop mapping, and/or topographic profiling) necessary to ground-truth the data. Ultimately, these means of ground-truthing  
15 remotely sensed data is an integral component to (and should be embedded in) GPR as well as LiDAR methodologies; whether they are used independently or as part of the GOaL approach. The GOaL methodology will not be possible or ideal for all sites, however, for those where these techniques are able to be used this paper aims to provide insight on how to optimize their utility to extract paleoenvironmental records and decipher impacts of storms, sea level, and sediment supply versus accommodation space. Results from published studies are used to demonstrate the capabilities of GOaL  
20 independently, as well as the advantages of combining them in the suggested order.

## 2.1 LiDAR

Documenting barrier morphology and coastal setting is a vital first step to understanding shoreline evolution. Airborne LiDAR uses scanning laser altimetry as a survey method of obtaining topographic information for coastal dunes and intertidal areas above low water mark (Figure 2). Aircraft mounted sensors combine Global Positioning Systems (GPS) and  
25 laser range finder to remotely map the surface of the earth over areas tens to hundreds of kilometres in extent with a horizontal resolution of 1 meter or less and a vertical accuracy of 0.10-to-0.15m. The detailed information about the elevation of the land surface and vegetation is acquired by emitting laser pulses which reflect off objects and produce a backscatter recorded by the sensor. In addition to a 'travel time' for each pulse and subsequent return signal, an intensity of reflectance is also often measured and used to identify vegetation canopy versus ground surfaces. Drones equipped with  
30 LiDAR are being explored as a lower cost option to acquire coastal data, but it is still expensive and requires experience (a pilots licenses in some airspace) to use (Klemas, 2015). This section does discuss the complex details of how to collect or process LiDAR, but rather optimally utilizing professionally acquired and processed data.

Traditionally air photographs, satellite images, and topographic profiles were used to assess coastal systems as well as plan fieldwork. The advent of platforms like Google Maps, Google Earth, NASA Worldview and NASA Word Wind provide free imagery collected over time, bolstered the amount of data available (Figure 2). LiDAR penetrates the vegetation that often obscured details of the morphology in aerial imagery and removes this obstruction during processing. Digital terrain models 5 created from LiDAR data refine the morphology detecting subtle dune topography. This data set can be used to extract topographic profiles and calculate the volume of barrier sediment supplied above mean sea level (Dougherty et al., 2015; Dougherty et al., 2012; Oliver et al., 2014). The classic prograded barrier system located near Moruya, Australia, offers an example of the detail and lateral extent mapped in LiDAR (Figure 1a) as compared to the original two-dimensional topographic profile (Figure 1b). This LiDAR captures the uniform shoreline progradation represented by the series of 10 beach/foredune ridges (yellow with high crest in red, Figure 1a) as well as interactions from inlets, tidal creeks and open ocean (green and off white colours, Figure 1a). This barrier morphology can be used to: 1) target these areas modified by natural and human processes to understand their impact or 2) avoid them to isolate the influence of storms, sea level, and sediment supply versus accommodation space. The display or rendering chosen to analyse and present LiDAR data can impact interpretations. Since coastal systems are relatively low-lying features, the elevation scale range and colour scheme 15 chosen should at least define the barrier from intertidal areas (done using cool and warm colours in Figure 1a). In more complicated systems the display should be such that important changes in the surrounding geologic setting or within the dune morphology are easily discernible (Figure 2). Once the LiDAR is optimally rendered, this remotely sensed data needs to be ground-truthed to detect any errors in data acquisition or processing deficiencies (Gutierrez et al., 2001). This can be done in the field by checking the elevations using traditional survey equipment such as levels and total stations or Real Time 20 Kinematic (RTK) GPS.

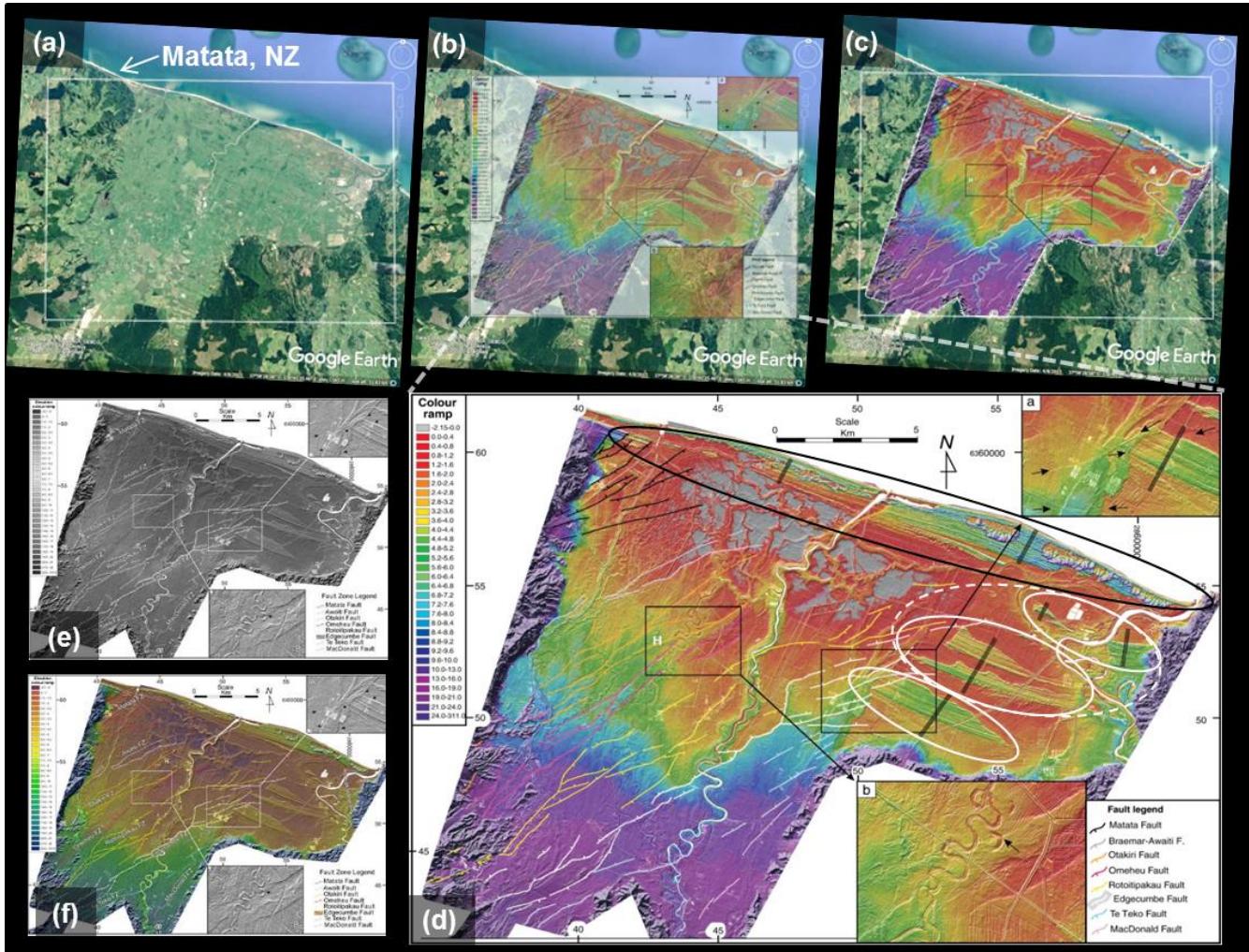


Figure 2. (a-c) Google Earth Image of Rangitaiki Plains, New Zealand, overlaid with LiDAR shows complex infilling of this coastal embayment. (d) The modern coastline displays a prograded barrier island (black oval). Faulting and river dynamics appear to have eroded the central and western portion of older prograded barrier islands preserved in the eastern portion of the embayment (white ovals). Note difference in rendering of the LiDAR data and how the colour scheme chosen can either highlight the barrier structures or (b-c) or blend them with the background (e-f). LiDAR modified from (Begg and Mouslopoulou, 2010).

5 Augmenting air photos or satellite images with LiDAR provides a more complete understanding of the geologic setting to contextualise and understand coastal evolution as well as plan fieldwork. A Google Earth image of the Rangitaiki Plains in  
 10 New Zealand displays a filled coastal embayment that has a prominent series of foredune ridges behind the present-day shoreline (Figure 2). The LiDAR collected by Begg and Mouslopoulou (2010) show that the infilling did not occur by uniform shoreline progradation, like at Moruya (Figure 1), but a rather complex evolution influenced by tectonic and riverine processes. This LiDAR imaged the modern prograded barrier island that formed after the area experienced ~5m of subsidence between 2.1 and 1.72ka ago (Begg and Mouslopoulou, 2010: circled in black in Figure 2d). The LiDAR data also

identified remnants of prograded foredune ridge sequences preserved in the eastern section of the embayment (white circles in Figure 2d). The detail revealed that the easily erodible beach and dune sands along the seaward side of these prograded sequences appear to have been modified. However, their landward extent does not appear eroded, especially the oldest two sequences that display the same natural transition to back-barrier deposits identified in the modern barrier island 5 (documented by cores in Puller and Selby, 1971). To test the hypothesis that these features formed similarly to the modern analogue, resulting in a unique set of prograded barrier islands, the LiDAR data was used to determine the best location to collect GPR transects (grey lines in Figure 2d). Toggling between overlain LiDAR and Google Earth images provided pre-field reconnaissance of obstacles (trees, houses, etc.) to consider logistics when targeting each specific profile. Given how 10 rapidly and drastically coastal landscape changes, selecting the Google Earth image dated closest to when the LiDAR was collected is instrumental to providing good correlation in the overlay. It is also optimal to publish the LiDAR data augmented with aerial imagery when possible. This is useful for the reader to analyse barrier morphology in relation to shallow subaerial offshore, inlet, estuary sediment deposits, and/or human modification that is sometimes not captured in the LiDAR.

## 2.2 GPR

15 Once the surface morphology is analysed, the next step to determine how a barrier formed is to study the history preserved in the shallow subsurface. The LiDAR data should be used to inform where best to acquire detailed stratigraphy using geophysics. Ground-Penetrating Radar (GPR) is a high-resolution geophysical technique can image dune, beach and nearshore facies with decimetre resolution over kilometres of coast (e.g. Buynevich et al., 2009; Barboza et al., 2011). To achieve subsurface imaging, GPR emits short pulses of electromagnetic energy (microwave radiation) into the ground (Jol et 20 al., 1996). These transmitted high-frequency radio waves are sensitive to the electrical conduction properties of the material being penetrated (dielectric permittivity) and differences in permittivities cause them to be reflected or refracted or scattered back to the surface. A receiving antenna records variations in the return signal, detecting changes in material properties of 25 subsurface structures and facies by travel-time within the waveform. Individual waveforms display changes within the subsurface by recording a wave-amplitude spike at a stratigraphic boundary surface. Collecting GPR along a transect line stacks individual wave traces laterally such that low wave-amplitude signals represents homogenous sediments and increase in amplitude is associated with greater contrast in sediment characteristics (e.g. change in water content, mineralogy, grain-size, sorting, etc.). The variation in waveform detects changes that occur at stratigraphic boundaries, as peaks of high-amplitude merge to form strong reflection surfaces. It also detects more subtle changes within the facies, with lower amplitude peaks forming medium to weak reflections (Figure 3).

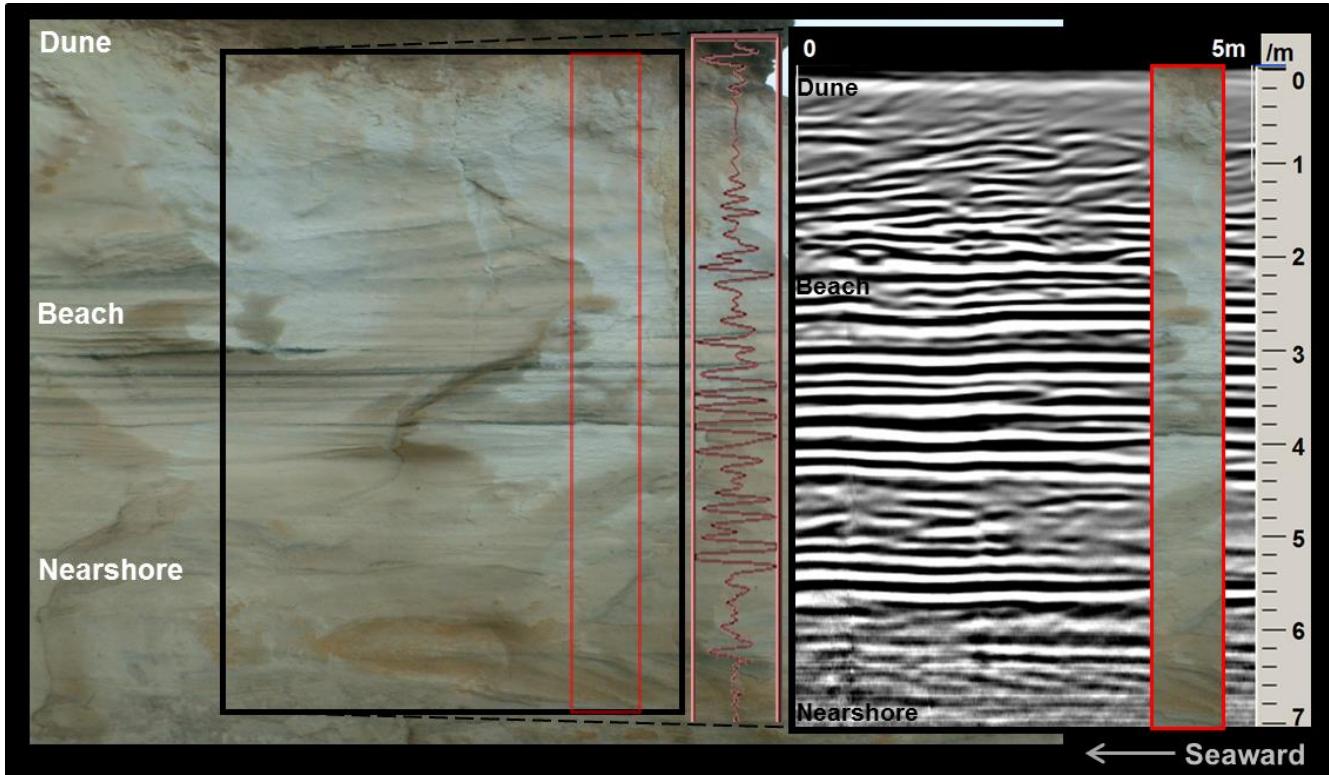


Figure 3. Left is a photograph of a scarp that cross-cuts a prograded Pleistocene barrier located near One Tree Point, New Zealand. This outcrop displays the small-scale stratigraphy of the barrier facies: dune, beach, and nearshore. Right is a transect of GPR data collected along the top of this outcrop that accurately maps the sedimentary beds exposed records the internal barrier structure in detail. Between the GPR data and the corresponding section of the outcrop, is a single waveform. This overlay is to exemplify how the wave-amplitude spikes correspond to changes in the stratigraphy and laterally form the strong or weak reflections in the geophysical data. The section of the outcrop photo (outlined in red) is overlain on the GPR data to demonstrate the need to ground-truth the geophysical data with cores to determine what is causing the reflection. Note that all of these overlays are approximate as GPR had to be collected a small distance from the cliff to minimize edge effects within the geophysical data.

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10 Figure modified from Dougherty and Nichol (2007).

Of the three GOaL techniques, GPR is the most easily accessible and affordable method for coastal geologist to collect and process data independently. The ability to buy or rent a GPR increased as their operation became more user friendly (e.g. from completely analogue systems with a stylus recorder, to partially digital systems using DOS on a control unit or laptop computer, and now some are complete with digital antennas using Bluetooth communication run through simple Windows 15 interfaces on tablets). Currently there are many brands and configurations of different ages in use as well as a variety of software packages that can be utilized to process their data. It is not within the scope of this paper to discuss all the differences in components, set-up configurations, settings, processing steps and terminology. This paper does not advocate for a particular unit, antenna, and software nor specific settings or a certain set of processing steps; as multiple variations produce similar high-resolution images of barrier stratigraphy when used correctly. Ultimately the type of gear used for a 20 certain project likely depends on what is available to the researchers. Novice users should utilize the extensive literature that

exists on GPR and its use in coasts settings (e.g. Bristow and Jol, 2003; Buynevich et al., 2009). In addition to acquiring standard knowledge of GPR and the basics of processing, it is useful to research successful papers that use the same gear for specifics. It is also important to reiterate that when starting out it is best to collaborate or consult with someone who has experience with GPR, not just for acquisition and processing but especially interpreting the data. For use in GOaL, it is 5 expected that there is a level of competency in GPR data collection, basic processing, and interpretation.

Initial cross-sectional models of prograded barriers display generalized shallow stratigraphy with largescale subsurface facies boundaries interpolated from drill core data and isochrons extrapolated from  $^{14}\text{C}$  age samples (e.g. Bernard et al., 1962; Curray et al., 1969; Thom et al., 1978: Figure 1b). The electromagnetic properties of sandy barriers are ideal for 10 producing excellent GPR images because of the high resistivity of the sediment opposing the flow of electrical current (Leatherman, 1987). Collecting GPR across entire prograded barriers can extract high-resolution stratigraphic records providing a continuous cross-sectional view of barrier architecture that detects small-scale features and large-scale facies boundaries previously unrecognised in point source core data (e.g. Fitzgerald et al., 1992; Jol et al., 1996; van Heteren et al., 1998). A unique outcrop of a Pleistocene prograded barrier in One Tree Point, New Zealand, illustrates the sensitivity of 15 GPR in detecting stratigraphy (Figure 3). The geophysical record shows how the heavy mineral beachfaces create the strongest reflections between 2 and 5m. Medium-strength reflections are detecting the more diffuse heavy-mineral concentrations within the dune sequence (0-2m depth) and in the crossbedding preserved as a bar migrated onshore in the nearshore (6-7m depth). The weak, reflection-free areas in the dune and nearshore represent homogenous deposits. However, GPR uncovers structure in the fine-grained, well-stored, quartz dune sand at the top that would have been otherwise invisible 20 to the naked eye.

Ground Penetrating Radar can detect differences such as compaction and/or water content allowing stratigraphy to be more obvious in the geophysical records. For example, the prominent reflections between 5 and 6m identify the transition in sands between beach and nearshore facies that is otherwise not detectable without grain-size analysis (Figure 3). The ability of 25 GPR to detect individual beachfaces as well as their boundaries with dune and nearshore facies enables them to be mapped throughout a prograded barrier. Mapping the beachfaces through time allows their elevation to be used as a sea level proxy (e.g. van Heteren et al., 2000; Costas et al., 2016: Figure 7d), their geometry to produce storm records (e.g. Goslin and Clemmensen, 2017; Lindhorst et al., 2008: Figure 7e). Because GPR is sensitive to subtle changes in the subsurface, the record must be ground-truthed using cores, augers, or outcrops, in order to verify barrier facies and boundaries (e.g. Costas 30 and Fitzgerald, 2011; Hein et al., 2013; Hein et al., 2016). Additionally, topographic profiles of the present-day beach and sediment samples from each facies should be collected, preferably capturing both storm and swell geometry and sedimentology. Typically, erosion concentrates storm lag deposits on the steepened upper beachface and/or flattened lower beachface; which causes high-amplitude reflections that are more prominent than the low-amplitude signature of the homogenous berm sands that accrete during intervening swell conditions. Mapping these distinct geophysical signatures

throughout the barrier enables storm records to be extracted (Buynevich et al., 2007; Buynevich et al., 2004; Dougherty et al., 2004: Figure 7e). As a whole, the high to medium amplitude beachface signatures standout compared to the weak or reflections-free signals in the dune and nearshore facies (Figure 4). This contrast allows beachface elevation to be used as a proxy for sea level (e.g. van Heteren et al., 2000; Rodriguez and Meyer, 2006; Dougherty, 2014: Figure 7d). While it is noted that LiDAR can be used to roughly topographically correct GPR data, for the use of extracting sea level and storm records it is recommended that precise topographic profiles be surveyed in the field and tied directly to the GPR data.

In order to delineate barrier facies as well as individual beachfaces it is fundamental to ensure that the amplitude of the waveform peak relates to the contrast within the stratigraphy (e.g. strongest reflections are the storm-eroded beachfaces and weakest is homogeneous dune sands). The waveform amplitudes can be adjusted using what is referred to as a gain control. Unlike other basic processing steps, there has been relatively little discussion about gain; but the fact that incorrectly gained data can impact interpretations warrants attention. The correct application of gain is not just important to accurately represent and interpret barrier stratigraphy, but critical to the extraction of sea level and storm records from it. Gain represents the value by which the scaled waveform data is multiplied to get the output data. It is important to adjust the gain according to the core/auger/outcrop data as low gain makes all reflections weak and high gain makes all reflections strong. This lack of contrast makes it hard to distinguish different barrier facies boundaries (used as sea level proxy); yet alone individual beachfaces (not to mention eroded paleo-beachfaces preserving storm records). It is also important to keep in mind that individual changes in the subsurface result in double peaks within the waveform, which is presented in the GPR record as prominent coupled lines (demonstrated in Figure 3 as white and black or black and white, depending on normal or reverse polarity). This means that not all lines on a GPR record represent changes in the subsurface (e.g. Figure 3). As such, it is not recommended to highlight every line when interpreting GPR data (e.g. Figure 7a), but rather annotate specific facies stratigraphy interpreted from analysis of the signal strength and cores (e.g. Figure 6b). Three-dimensional grid modelling can be used to visualise how good gain control can distinguish barrier facies boundaries (Figure 4a) and isolate beachfaces by interpolating the highest amplitude reflections between a series of shore perpendicular transects (Figure 4b). The use of 3-D models is not necessary for extracting sea level and storm records, but could be useful in studying shoreline rotation (Harley et al., 2011; Short and Trembanis, 2004) or smaller-scale and more irregular features such as beach cusps (Coco et al., 1999; Masselink et al., 1997).

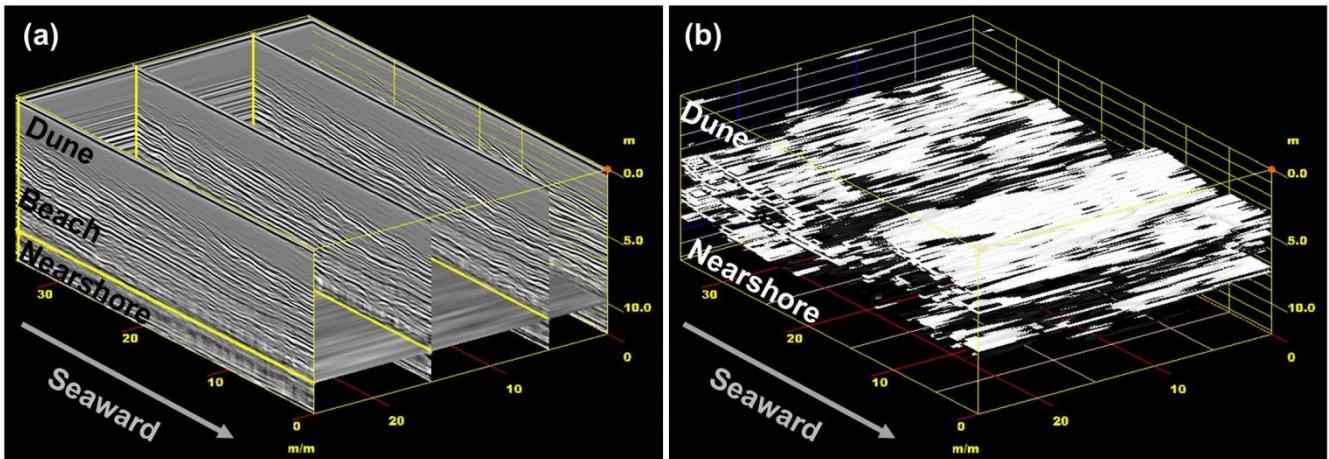


Figure 4. (a) Fence diagram showing some of the GPR transects collected in a grid configuration. (b) 3-D model of beachface stratigraphy constructed by isolating the most prominent reflections, shown in white, and interpolating between the transect lines. Figure modified from Dougherty (2011).

## 5 2.3 OSL

The final step is to apply a chronology to barrier formation using the detailed morphostratigraphy. Adding a temporal component to coastal formation is important to understand shoreline evolution over timescales that operate on longer-terms than that documented historically. Optically-Stimulated Luminescence (OSL) dating is a geochronology technique that determines the time elapsed since buried sand grains were last exposed to sunlight (e.g. Huntley et al., 1985). Upon burial,

10 ionising radiation from surrounding sediment (by radioactive decay of U, Th, Rb & K) and cosmic rays, are absorbed by the mineral grains and stored in traps within their crystal lattice. Exposure to sunlight can bleach away light-sensitive luminescence signal and resets the 'clock' to zero. This stored radiation dose can also be evicted with light stimulation in the laboratory and the energy of photons being released can be measured. Calculating the age of when the grain was last exposed to sunlight, is based on quantifying both the radiation dose received by a sample since its zeroing event, and the dose rate  
15 which it has experienced during the burial period. OSL chronology can provide the resolution necessary to decipher decadal-, centennial-, and millennial- scale patterns of coastal behaviour necessary to reconstruct sea-level curves, determine storm frequencies and calculate sediment supply/progradation rates.

Collection of OSL samples in the field is relatively easy following various methods described in the literature or guidance  
20 from someone with experience; however the processing and analysis of samples requires a scientist trained in luminescence chronology (Bailey and Arnold, 2006; Huntley et al., 1985; Jacobs, 2008). Therefore, it is not within the scope of this paper to discuss how to process OSL samples (e.g. sample prep and mineral separation) or the complicated intricacies of analysis  
(e.g. assumptions like water content and burial history or considerations of experimental conditions and statistical models for  
25 each sample to be dated). Instead this section focuses on demonstrating the utility of OSL in barrier systems and how it can be optimized by using LiDAR and GPR to inform where samples are collected. Analysis of OSL sample is still expensive

and time consuming (relative to radiocarbon), this combined with the reality that samples can be collected from anywhere within the barrier stratigraphy, demands that locations be targeted to best date the evolution or answer specific questions. Collection and analysis of LiDAR and GPR prior to OSL collection enables: 1) a thorough understanding the evolution to be constructed and questions with respect to the chronology formulated, 2) selection of the stratigraphic section to be dated, 3) 5 location and sampling of the desired sediments using the LiDAR and GPR in the field. It can be important to know precisely what stratigraphic layer is sampled, which is why it is recommended that have the GPR in the field to locate and document the sample, especially if it is collected by vertical augur or core rather than an open trench. Another important aspect of utilizing OSL in GOaL, is reporting when the samples were measured in publications (Shen, personal communication 5 March 2018). Since the ages are refer to time before OSL measurement and there is a lag time between when the dates are 10 published, it is significant to note this especially for younger ages to enable comparison between sites or even the same site dated at different times.

Originally, dating coastal barrier formation was dependent on sourcing scarce organic matter (often involving deep coring) and extrapolating the conventional radiocarbon ages to the surface using isochrons (e.g. Figure 1a). Since OSL chronology 15 determines the time elapsed since mineral grains were buried, this technique dates when paleo-beachfaces and relict foredunes were forming. Dating of coastal systems using OSL has been very successful on a global scale (e.g. Jacobs, 2008). Quartz is both a principle mineral used in luminescence dating and abundant in coastal barriers. Therefore, LiDAR and GPR can be used to target specific stratigraphic layers in a strategic manner for sampling. This approach has shown to more accurately date beach and dune formation than inferred ages from deep nearshore or offshore deposits (Oliver et al., 2015) 20 Oliver et al., 2015 offers an example comparing radiocarbon and luminescence ages at the Moruya barrier. Because this study focused on comparing chronologies, LiDAR and GPR data were not presented in Oliver et al. (2015), but both techniques were used to target specific stratigraphic layers for OSL dating (Figure 1c). The results revised the longstanding theory, based on radiocarbon dates, that the barrier prograded at two different rates before halting 3,000 years ago due to diminished sediment supply (Roy and Thom, 1981). The OSL data revealed that the barrier has prograded at a constant rate 25 throughout the Holocene (Figure 1c). Shell deposits within the beach facies, however, have been shown to provide similar ages to OSL dates acquired from associated beach and dune deposits (e.g. Murray-Wallace et al., 2002).

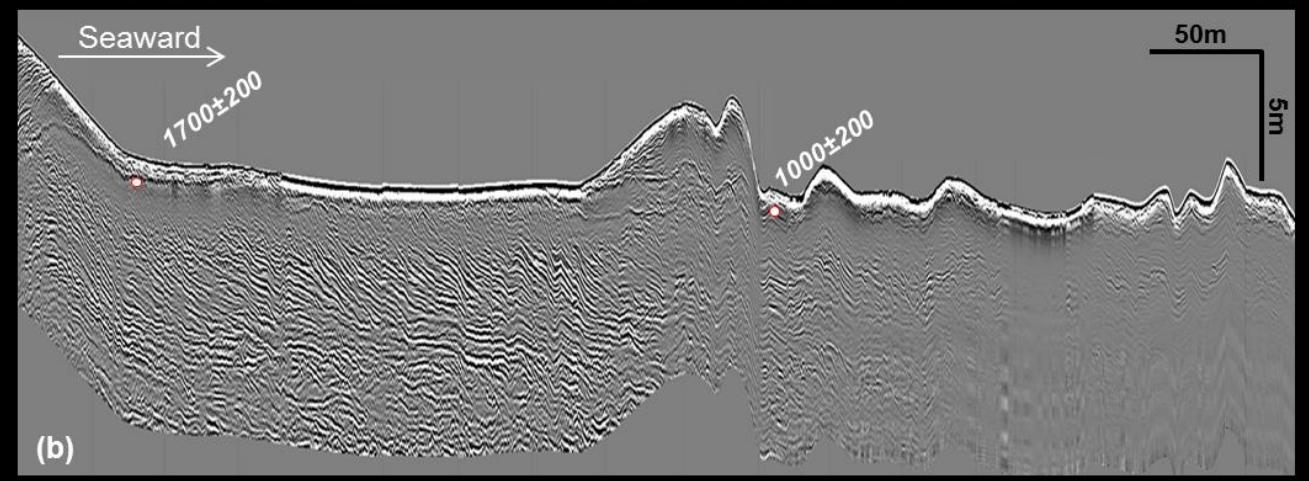


Figure 5. (a) Google Earth image of East Beach, New Zealand, and the prograded barrier that it fronts. This aerial image shows the distinct change in morphology from the older vegetated foredune ridges to a large dune blowout fronted by low-lying irregular foredunes with sparse vegetation. This information was used to guide collection of the GPR to image the stratigraphy associated with these two changes in morphology (a-b). The GPR data revealed a major change in the stratigraphy from strong prograded beachface reflections to low-amplitude more chaotic reflections in the beachface. Both the morphology and stratigraphy was used to collect OSL samples to date the youngest intact relict foredune ridge (~1.7ka) and the timing of the drastic shift in evolution observed in both the dune morphology and beach facies stratigraphy (~1.0ka). Note GPR is particularly useful to study nearshore dynamics in the stratigraphy at this site, since its location in the high-energy breaker zone makes this region difficult to access and monitor. Figure modified from Dougherty (2011).

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Morphostratigraphy from aerial imagery, LiDAR, and GPR is useful in determining where best to collect OSL samples, whether it is to date significant shift in barrier evolution (Figure 5) or avoid them to extract a complete Holocene chronology, as was the case with Moruya (Figure 1). East Beach Barrier in New Zealand demonstrates how surface and subsurface data guided OSL to better understand a recent transition from uniform progradation to a more complex evolution (Figure 5a: Dougherty, 2011). In order to decipher the timing of this shift, the aerial imagery was used to target the changes

in morphology and GPR to locate corresponding differences in the underlying stratigraphy (Figure 5). The OSL samples were collected in 2004 and measured in 2005. The age of the last relict foredune preserved indicates that barrier prograded uniformly until at least 1,700 years ago (Figure 5b). After this time, a large dune blowout formed modifying any previously existing morphology. The distinct shift in both the stratigraphy and morphology dated, produced an age of ~1,000 years ago 5 (Figure 5b). This younger age is important to understand the change in evolution within the context of the regional setting. In the last millennium three major events could have impacted the coastline: (1) the arrival of Maori people (Wilmshurst et al., 2008), (2) sea-level stopped dropping from a mid-Holocene highstand (Dougherty and Dickson, 2012), and (3) a large tsunami struck the area (Nichol et al., 2004).

### 3 GOaL hat-trick (Combined GOaL examples)

10 Recently, three studies have utilized GOaL on prograded systems to: 1. reconstruct sea level (Costas et al., 2016), 2. determine the impact of storms (Oliver et al., 2017b), and 3. decipher barrier evolution and sediment supply (Oliver et al., 2017a). These studies are used here as a framework to discuss the significance of GOaL and potential pitfalls. Where necessary, recommendations are offered in order to improve robustness of interpretations.

#### 3.1 Sea level

15 Costas et al. (2016) provides an excellent example of how GOaL can be used to reconstruct Holocene sea-level from Troia Peninsula, Portugal. LiDAR of this complicated spit system highlights the prograded section of the barrier targeted for GPR and OSL collection across the entire barrier, capturing a complete progradational history (Figure 6a). The presentation in the supplemental material of both raw (not shown) and interpreted GPR data (Figure 6b) across the entire barrier, is ideal for the reader to see the beach and berm elevational markers used as a sea-level proxy. Complete transects are often not collected for 20 logistical reasons, and when collected often only parts are published. However, it is best to collect a single transect line that spans the barrier as to capture a complete Holocene history. It is also very informative to indicate the location of OSL samples on the GPR, regardless of whether it is displayed on the entire record or selected detailed sections. This allows the specific stratigraphic section dated to be identified. Topographic profiles of the modern beach and cores were used to ground-truth the GPR such that the berm/beach-dune contact could be interpreted as a proxy for sea-level (Figure 6b), 25 efficiently summarized in Figure 6c. Results showed good agreement with known sea-level curves in southwest Europe. This study, along with earlier work from North America (van Heteren et al., 2000; Rodriguez and Meyer, 2006), demonstrates the potential of applying this method to regions where mid- to late- Holocene records are not as well documented and/or are debated (e.g. Dougherty, 2018).

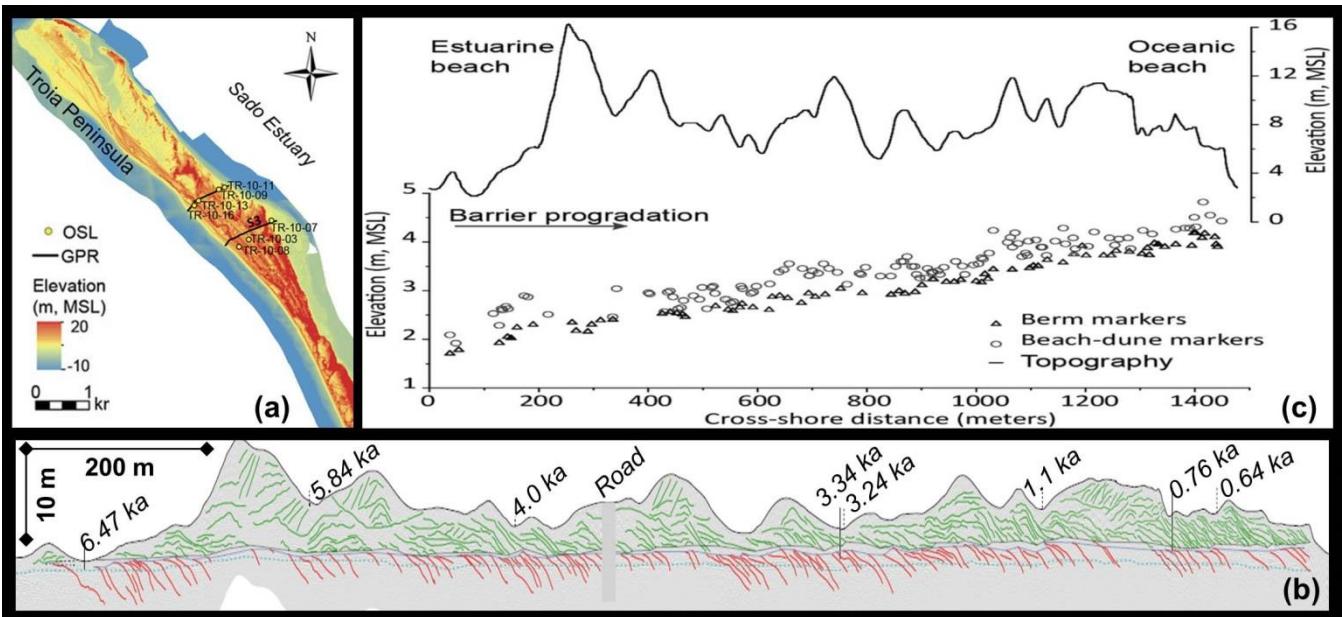


Figure 6. (a) LiDAR of Troia Peninsula, Portugal, showing locations of GPR and OSL transects. (b) GPR transect across the barrier showing interpreted dune stratigraphy in green and beachfaces in red, with associated OSL ages. (c) Elevation plot of berm and beach-dune markers used as sea-level proxy (thin dashed lines above water table interpreted in the GPR) displayed with corresponding overlying dune morphology; efficiently summarizing supplemental material data (b). Figure modified from Costas et al. (2016).

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### 3.2 Storms

Oliver et al. (2017b) used GOaL on two proximal prograded barriers (Wonboyn and Boydton) along the southeast coast of Australia. GPR data spanning millennia to the present-day berms were collected and Oliver et al. (2017b) concluded that all 10 of the paleo-beachfaces in the geophysical record were stacked post-storm profiles with no berm stratigraphy preserved. However, this interpretation might overestimate the recurrence and impact of storms due the high gain applied to the GPR data (e.g. Figure 7b) as well as its presentation highlighting every line (e.g. Figure 7a) instead of annotating interpreted facies or individual beachfaces (e.g. Figure 6b). Both representations of the GPR data make it hard to distinguish large-scale 15 facies boundaries (such as beach-dune interface used for sea level reconstructions), yet alone decipher storm-eroded from swell-accreted paleo-beachfaces (as demonstrated in Figure 7c-e). For example, the GPR data of the modern berm (that by its nature was constructed during swell conditions), displays similar beachface stratigraphy as GPR from below the relict beach/foredune ridges considered to only record high-energy storm conditions. Coring or augering to ground-truth what is causing these strong reflections would have shown the difference between dune and beach facies that are both represented by similar high-amplitude signatures. Additionally, these cores would have determined which of these strong beachfaces 20 reflections were caused by erosional lag deposits (e.g. heavy-mineral, coarse-grained, and/or shell hash). Ideally, to extract a regional storm record prograded barriers: 1) LiDAR is used to determine the straightest and most continuous transect through each barrier, 2) GPR data collected across the barrier are processed and gain adjusted to highlight the strongest

reflections in the beach facies as well as ground-truth to determine the paleo-beachfaces comprise storm lag deposits (e.g. Dougherty, 2014; Dougherty, 2018), and 3) finally the GPR is used to locate eroded paleo-beachfaces and acquire an OSL sample from an associated post-storm recovery deposit of the most prominent reflections (e.g. Buynevich, 2007). A discussion including these and other studies on proxy records of Holocene storm events in coastal barrier systems are nicely  
5 reviewed by Goslin and Clemmensen (2017).

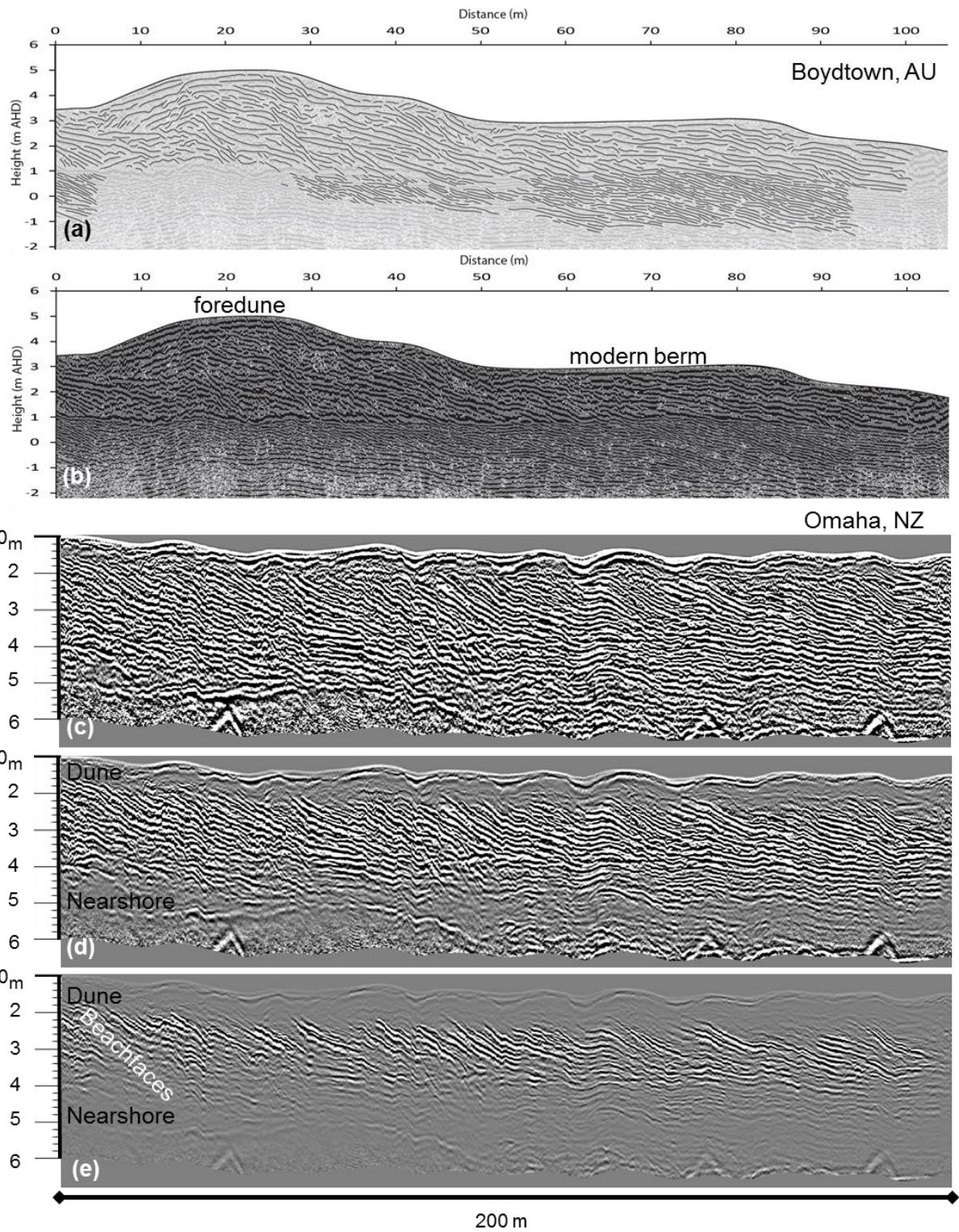


Figure 7. (a) An example of the “interpreted” GPR presented in Oliver et al. (2017b). (b) The uninterpreted processed GPR data from the supplementary material showing such a high gain applied that it is hard to distinguish dune from beach facies, yet alone storm-eroded paleo-beachfaces from the swell-accreted berm stratigraphy. (c) GPR data from a prograded barrier in New Zealand (Dougherty, 2014) with a similar high gain applied. (d) The same GPR data as (c) but with the gain adjusted so that the more homogenous dune sand is accurately represented as a low-amplitude signal, compared to the alternating layers associated with paleo-beachfaces under varying wave energies. Note this represents the best gain to map the beach-dune interface across the barrier as a proxy for sea level. (e) The same GPR as (c-d), but with the gain decreased such that the strongest reflections are highlighted, and once ground-truthed as high-energy lag deposits, can be used to construct a storm record. Figure modified from Oliver et al. (2017b) and Dougherty (accepted).

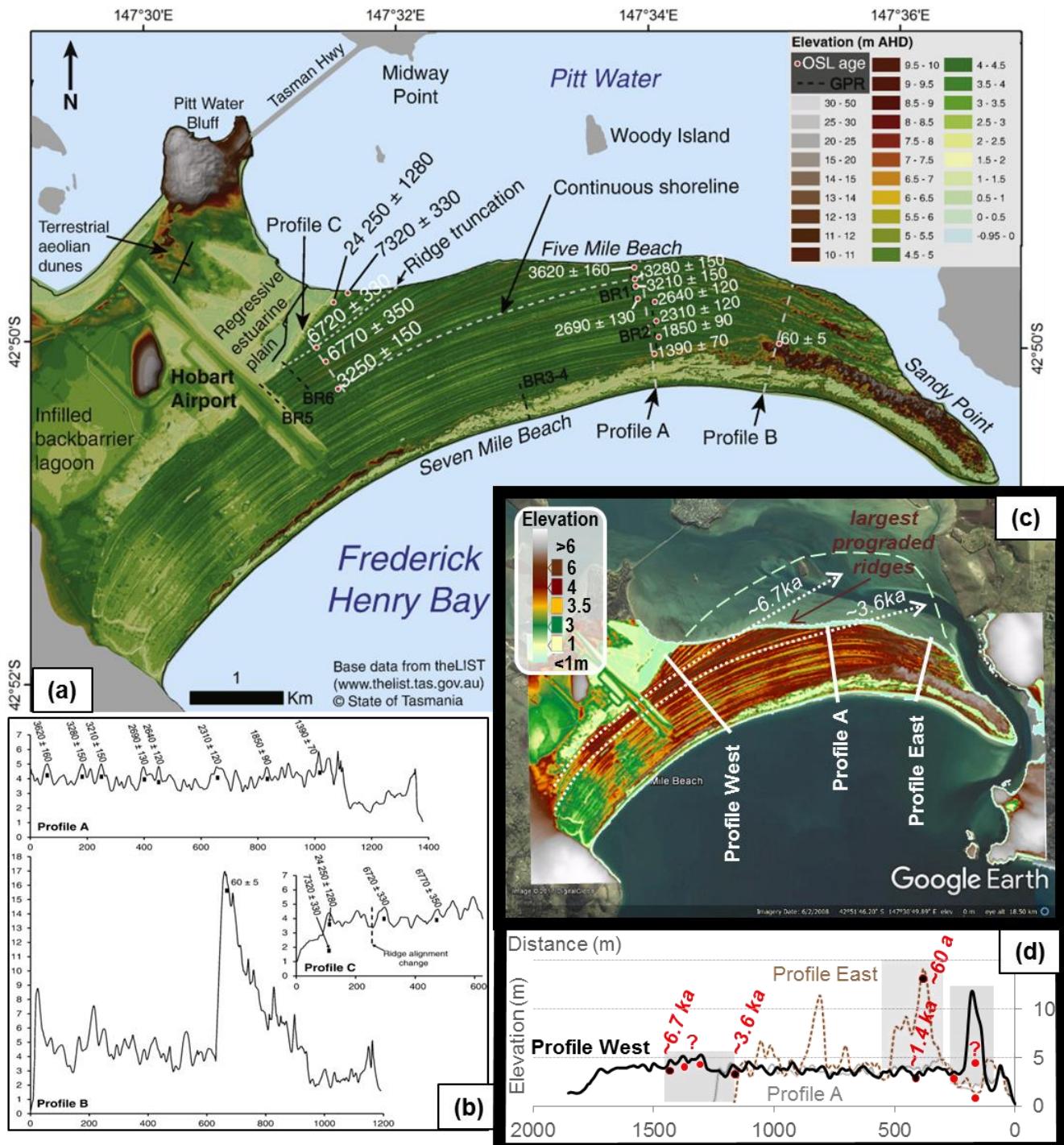
### 10 3.3 Sediment supply and barrier evolution

Oliver et al. (2017a) uses GOaL to decipher the complex progradation of Seven Mile Barrier in Tasmania, Australia (Figure 8a). The GOaL data was used to conclude that changes in sediment supply caused two pauses in progradation during ~6.5-3.5ka ago and 500a ago-present (Figure 8a,b). However, gaps in the morphology, stratigraphy, and chronology coincide with these timeframes; raising the question of whether these interpreted hiatuses resulted from a lack of data (Figure 8d). The breaks in the chronology and stratigraphy may have resulted from the rendering of the LiDAR as well as how topographic profiles were extracted from it. The green colour scheme obscures features in the morphology that distinguish changes in the evolution, such as the largest foredune ridges formed as the barrier prograded a minimum of 200m between ~6.5 and 3.5ka ago (Figure 8a). To demonstrate the contrast in presentation 5m LiDAR, (freely accessible from Geoscience Australia at <http://www.ga.gov.au/elvis/>) was augmented with a Google Earth image (Figure 8c). This highlights not just the elevation of these larger ridges, but reveals that these features bifurcate to the east (indicating even greater progradation in this part of the barrier) and extend laterally to the west filling an abrupt increase in accommodation space (Figure 8c). The discontinuous topographic profiles presented in Oliver et al. (2017a) not only mask the increased elevation of these prominent relict foredune ridges; but completely omits the anomalously large foredune that formed along southeast half of the barrier over the past 500 years (Figure 8b,d). While no GPR was collected for this foredune or the one in the north, evidence of transgression exists as the large 60-year old foredune is unconformably deposited on top of the 1,400-year old low-lying foredune (Figure 8c and d). This is an example of how despite the impressive amount of data that result from combing GOaL, significant features or gaps in data can be overlooked. Where it is not feasible to collect parts of the dataset, this absence of data should be acknowledged, addressed, and considered when discussing interpretations or conclusions as well as the certainty with which they are asserted.

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Changing the display of existing LiDAR and extracting continuous topographic profiles from it identified gaps in the data that challenge the Oliver et al. (2017) conclusion that sediment supply paused with evidence that: 1) progradation likely slowed rather than stopped ~6.5-3.5ka ago and 2) transitioned to transgression in the last 500 years where it is unlikely to resume prograding during accelerated sea-level rise (Dougherty, 2018). Applying the three-step methodology presented in this paper can optimize the GOaL dataset at Seven Mile. This would not only fill the gap in knowledge with respect to barrier formation and sediment supply, but could provide insight on the unresolved sea level record in Tasmania as well as

how its history impacted evolution. An ideal implementation of GOaL approach at Seven Mile is as follows: 1) Use LiDAR to identify a transect spanning the entire Holocene record that captures shifts in evolution (western profile in Figure 8c,d) and utilize areal imagery to locate the nearby road and airstrip that both provide access across the entire barrier. 2) Collect a continuous shore-normal GPR profile spanning the barrier; with additional data acquired specifically to document the 5 anomalous morphology documenting a shift in evolution. Then ground-truth the GPR and LiDAR data using cores/augers or outcrop mapping on the eroded backside of the barrier, sediment samples, and topographic profiles. 3) Utilize the LiDAR and GPR to plan OSL sample locations that target timing of changes expressed in the morphostratigraphy and captures rates of progradation. Integrate the dataset for analysis after all the components have been processed and rendered. Use the digital 10 elevation model from combined LiDAR and OSL data to calculate the volume of barrier sand above mean sea level to determine sediment budget over time (e.g. Dougherty et al., 2015). Combine GPR and OSL data to construct a sea level curve following published methods (e.g. van Heteren et al., 2000; Dougherty, 2014; Costas et al., 2017). Finally, evaluate barrier formation to determine the nature of shifts in evolution through time and consider with respect to any changes identified in sediment supply or sea level.



5 **Figure 8. Morphology and chronology of Seven Mile Barrier, Tasmania, Australia.** (a) LiDAR data showing the location of topographic profiles in (b) and GPR transects as well as OSL ages in years from Oliver et al. (2017a). (c) Google Earth image augmented with 5m LiDAR (Geoscience Australia; <http://www.ga.gov.au/elvis/>). This combined image shows the potential size of the barrier prior to erosion (dashed green line) and the lateral extent of the largest set of prograded foredune ridges which formed

between ~6.7 and 3.6ka ago (darkest brown ridges within the white dashed lines). (d) Topographic profile across the east and west portion of the barrier (location in c) overlain on Profile A from Oliver et al. (2017a). Profile West transects the entire Holocene barrier displaying the largest prograded ridges between ~6.7 and 3.6ka ago and the extraordinary height of the foredune that formed in the last 500 years, which is missing in (b). Profile East overlay indicates relatively recent barrier transgressive evident from the large 60-year old dune unconformably deposited above the ~1,400-year old low-lying foredune. Note the gaps in data that coincided with interpreted pauses in progradation by Oliver et al. (2017a), with grey boxes indicating an absence of GPR data and red dots indicate a lack of OSL ages. Also note the vertical age discrepancy in Profile C in (b) and how GPR could help to understand these age models. Figure modified from Oliver et al. (2017a) and Dougherty (2018).

### 3 Concluding remarks

Utilizing GOaL on prograded barriers provides insights on coastal evolution over spatial and temporal scales spanning from the present-day beach to paleo-beachfaces formed over millennia. LiDAR produces 3D images of the barrier morphology informing where best to collect 2-3D GPR records of dune, beach, and nearshore stratigraphy; which in turn informs which specific stratigraphic layers should be targeted for OSL dating. In addition to following the simple order to this methodological approach, a few general recommendations can maximize building and interpreting these GOaL datasets: 1) diligence in rendering LiDAR data and overlay with aerial imagery, 2) use appropriate gain control on GPR data and ground-truth, and 3) utilize LiDAR and GPR to gain a comprehensive understanding of the evolution and target the specific features needed to be dated to provide a complete chronology. Executing GOaL optimally on a prograded barrier has the potential to generate detailed records of storms, sea level, and sediment supply for that coastline. Obtaining this unprecedented GOaL hat-trick can provide valuable insights into how these three factors influenced past and future barrier evolution. With 300+ prograded barriers worldwide (Scheffers et al., 2012), achieving this GOaL hat-trick systematically on different systems can also detect local patterns of sediment supply, regional records of storms or global changes in sea level. The prevalence of these coastal deposits and increased accessibility of GOaL techniques, affords the possibility to establish this method such that it can be utilized like, and compared with other climate proxy data. Ultimately, this research will continue to contribute to theoretical research on coastal evolution and climate change; which in turn will inform practical applications to best mitigate the impacts of global warming on vulnerable communities and infrastructure.

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