

Reply on “Climate impact on the development of Pre-Classic Maya civilization”

We thank the two reviewers for their constructive comments on our paper “Climate impact on the development of Pre-Classic Maya civilization”. We are happy to read that according to the reviewers our two palaeo-precipitation records add valuable new sources of palaeodata for the understanding of human environmental interaction in the Central Maya Lowlands (RC-1 and RC-2).

1. General commentary (RC-1)

Many of the main comments of RC-1 are related to the structure of the paper:

The structure of the paper after the methods is quite muddled and difficult to determine a consistent focus. Reorganization of this section with clearly defined results separated from discussion of those results may help.

I believe many of main points of your discussion are already present in this manuscript, but the structure at present does not bring these points to the forefront.

Finally, the abrupt ending of the paper left me feeling like this was an incomplete draft.

Make sure the ideas you highlight at the beginning of the paper (e.g., role of floods in Maya myth, the benefit of having the paired but different size watersheds of the beach ridges and lakes, etc.) are brought up again or emphasized throughout the paper.

We followed RC-1 recommendations and thoroughly restructured paragraph 3 and 4, and added a paragraph with conclusions which will hopefully meet RC-1 expectations.

3. Results

Beach-ridge record

Diatom record lake Tuspan

Wavelet transfer functions

4. Discussion

4.1 Climate change in the CML during the Pre-Classic period

Early Pre-Classic period (1800 – 1000 BCE)

Middle Pre-Classic period (1000 – 400 BCE)

Late Pre-Classic period (400 BCE – 250 CE)

4.2 Precipitation variability

Precipitation variability over long time scales

Centennial scale precipitation variability

4.3 Precipitation versus human development in the CML

5. Conclusions

5. Conclusions

For the first time a regional palaeo-precipitation record has been reconstructed for the Central Maya Lowland (CML), based on an exceptionally well dated high resolution beach ridge record. This record indicates centennial scale precipitation fluctuations during the Pre-Classic period that are not always registered in local records, adding valuable new insights into larger scale climatic forcing mechanisms for the CML. The generally poor correlation between the regional and local palaeo-precipitation reconstructions are probably related to spatial precipitation variability, and chronological uncertainties of many records. Additional research of beach ridge formation processes are needed to extend this regional precipitation reconstruction to the Classic and Post-Classic period.

We have also generated a local scale palaeo-precipitation record using diatoms preserved in a core from Lake Tuspan, thereby adding an alternative proxy to the relatively high number of local reconstructions predominantly based on oxygen isotope variability. We recognise, however, that diatom preservation is often poor in the carbonate lakes across the wider region. As a result, the correlation between these two reconstructions is variable through time.

Although the occurrence of a prolonged drought during the end of the Early Pre-Classic period, which we report here, is evident in other palaeo-precipitation reconstructions from the CML, the subsequent wet period during the Middle Pre-Classic period, registered in both our new records, is less evident elsewhere. Although many researchers have focused on the impact of drought on the development and disintegration of Maya societies, one should consider this prolonged wet period as potentially unfavourable for the development and intensification of agriculture in the CML, particularly in the wetter areas. We cannot be certain about the impact of wetter conditions on the Maya. However, owing to the lack of the development at this time we theorise that the wet period could have created poor growing conditions for maize in the CML. In order to test theory, we advocate for the use of process-based modelling approaches which capture heterogeneous environmental constraints on crop growth for given climate boundary conditions such as the approach applied by Dermody et al. (2014).

Our results provide evidence that North Atlantic atmospheric-oceanic forcing plays an important role in the modulation of the observed centennial scale precipitation variability, however further studies are required which compare well-dated terrestrial reconstructions that capture regional signals with solar and oceanic reconstructions to gain a better understanding of climate forcing mechanisms, both in the CML and across the wider region.

Dermody, B.J., van Beek, R.P.H., Meeks, E., Klein Goldewijk, K., Scheidel, W., van der Velde, Y., Bierkens, M.F.P., Wassen, M.J., Dekker, S.C., A virtual water network of the Roman world. *Hydrol. Earth Syst. Sci.* 18, 5025–5040, 2014.

2. Line by line commentary (RC-1)

71-72: The use of 'likely' twice here reads a little awkward

We agree: the second 'likely' has been removed.

106-111: Can you rephrase this sentence? It is very long and full of multiple clauses.

We agree. Sentence is split into two sentences:

Although multiple factors determine the final elevation of the beach ridges, it has been shown that during the period 1775 ± 95 BCE to 30 ± 95 CE (at 1σ), roughly coinciding with the Pre-Classic period, beach ridge elevation has primarily been determined by the discharge of the Usumacinta river. Low elevation anomalies of the beach ridges occur in periods with increased river sediment discharge, which in turn is the product of high precipitation within the river catchment.

131: In the methods section, you talk about elemental analysis through X-ray fluorescence and how you use that to identify floods, but in the background on Lake Tuspan, you only discuss diatoms. I was left trying to figure out why you brought up the elemental analysis and whether it was just supporting diatom conclusions or if you were using it as an independent proxy. Perhaps a few sentences in the background clarifying all the techniques you use to make a paleo precip lake signal would help.

We agree. We will give a more thorough description of lake Tuspan's core lithology and XRF results in the Results section. Appendix figure A4 will therefore be moved to the main text. This will likely also accommodate RC-1 request for a more balanced presentation of both records [**much of the background (e.g., line 92) emphasizes the beach ridge record and treats the lake as secondary/supplemental data**].

152: Missing an extra line spacing. Line spacing added.

167: In the background, you discuss the beach ridges before the lake study, but it's flipped in the methods.

Indeed, we corrected this, and in the discussion section we more consistently discuss the beach ridge record first, followed by the diatom record.

167: It would be nice to have a brief restatement (maybe in the background) on how these ridges were dated rather than having the reader look up cited literature.

We agree. We therefore added the following sentence to the text:

The age distance model is based on 35 AMS ^{14}C dated terrestrial macro-remains (mainly leaf fragments isolated from organic debris layers), and 20 OSL dated sand samples (determined on small aliquots of quartz grains) (Nooren et al., 2017b).

223: There is decent evidence of regional drying at the close of the late Preclassic. Does your record support this? Or does it not extend far enough to be confident?

We found a pronounced dry interval during the early part of the Late Pre-Classic Period centred around 275 BCE, but a drought around the close of the late Pre-Classic Period (around 150 – 250 CE), often related to the Pre-Classic collapse, occurred just after the period covered by our beach ridge record (1775 ± 95 BCE to 30 ± 95 CE (at 1σ)).

233: Long term drying trend in what? Your data? Perhaps describe what you think is the long-term trend of your data, because up to this point it is not clear based on your previous discussion (185-230) that there is a drying trend (it seems quite variable).

We agree. We moved the sentence to the Result section (*Diatom record lake Tuspan*), and rewrote it as: After relatively high/positive PC-1 values during the Middle and Late Pre-Classic Period we observe a decreasing trend in PC-1 values during the following Classic Period, indicating a gradual

increase in lake water salinity. Low PC-1 values between 800 – 950 CE are in accordance with many palaeorecords from the area (Fig. A2) indicating periods of prolonged droughts during the Late Classic Period.

233-239: This whole sections reads more like background information to set up your study rather than discussing your findings. It also feels a bit out of place to discuss broad long term variability AFTER you've covered the short term, period by period results.

We moved this section to paragraph 4.2 (Precipitation variability) of the discussion section. We think that our given explanation of the long term drying trend is more than background information, and should be presented here.

The Macal Chasm record shows broad similarities in the timing of long-period dry events with many of the other paleorecords in the region, although this is based on visual matching and not statistical work like wavelet analysis. Why do you think that the Macal Chasm record is the only one to show a match? Some discussion of whether you feel this is due to actual environmental differences or if it is data quality/characteristic driven would be nice here.

We only performed our wavelet analyses between the beach ridge record and all proxy records presented in Fig. A3. Therefore, we are not able to quantitatively compare the Macal Chasm record with other local records. The coherence between the beach ridge record and the Macal-Chasm record may be related to the fact that both records are relatively well dated (as stated in line 251).

The Macal Chasm chronology is not particularly precise, especially compared to other stalagmite records in the region like from Yok Balum. The uncertainties in the chronology run 200-400 years in many cases. Even if this doesn't adversely affect your conclusions, you may wish to address this and at the very least qualify how you decided that Macal Chasm is considered 'well-dated'.

We will add 'relatively', and describe the Macal Chasm chronology as relatively well-dated. Although chronological uncertainties of the Macal Chasm record during the Pre-Classic Period are generally in the order of 150 years (at 1σ), this is better than most other palaeorecords for this time period. The Yok Balum record encompassed the Classic and Post-Classic period but hardly extend into the Pre-Classic.

269: Why would this period be different? If you are going to tell us that it isn't an analogue, you need to explain why this period is such an aberration.

Good question, we actually don't fully understand how climate forcing mechanisms during the Pre-Classic Period were different from today. We will add after line 271: Probably due a more northerly mean position of the ITCZ during the Pre-Classic period precipitation responded differently to solar forcing then today.

241-281: I feel that this section is one of your weaker parts of the paper. I do not see a convincing argument laid out that the North Atlantic is driving your variations, although I catch a glimpse of it. I would start this section laying out how your record relates with the North Atlantic and atmospheric data and build the argument of what is driving the changes you observe in your data.

We agree that that the centennial scale precipitation variability is likely driven by North Atlantic atmospheric-oceanic forcing forms an important finding of our research. However further research, and the input of climatologists are needed to understand the observed correlation and climate forcing mechanisms. We have added this to the conclusions.

284-305: I also feel that this section is underdeveloped. You are arguing that overly wet conditions may have delayed maize agriculture development, and I think this can be a valid hypothesis. However, you earlier pointed out that climate instability may be to blame for delayed maize (line 76). You also do not supply evidence for your 'overly wet' hypothesis in the form of maize physiology or ethnographic studies. If the region became wetter overall, some low lying areas would be too wet for agriculture, but wouldn't other regions that are presently too dry become potentially productive? Could it simply be a coincidence that local maize varieties hadn't been selected enough for local adaptation until the boom in agricultural clearance you note? Or that populations grew enough in the 'wet' years to support the increased social structures required for large scale agriculture and societal development, rather than maize being actively suppressed by the climate? These alternatives may not be valid, but I don't feel that your argument for wet = bad for maize = suppression of societal development makes enough of a causative case to defend itself against alternative theories. In particular, many have argued that the Classic Period was relatively wetter (e.g., YOK-1, Chicancanab) and this drove societal development and population growth. Others (e.g., Macal Chasm) argued that their data doesn't support a wetter Classic and that other factors, such as climate stability, are more important than wetter vs drier. Where does your research land on this issue? Overall, I think you need to discuss the Maya-environment interactions in much more depth if you wish to make arguments of a somewhat environmentally-deterministic nature.

We are glad that reviewer 1 considers our hypothesis that wet conditions may have delayed the development of maize agriculture a valid hypothesis. However his suggestion for a more in depth discussion of the agricultural and archaeological implications goes beyond the scope of this article, and will need further research, particularly from an archaeological point of view. At this stage we think it is important to point out that one should not only consider prolonged droughts as negative for the development of human societies in the area. We have added in the main text the following: We cannot be certain about the impact of wetter conditions on the Maya. However, owing to the lack of the development at this time we theorise that the wet period could have created poor growing conditions for maize in the CML. In order to test theory, we advocate for the use of process-based modelling approaches which capture heterogeneous environmental constraints on crop growth for given climate boundary conditions such as the approach applied by Dermody et al. (2014).

306: A very abrupt end without any concluding statements. I was left with, "Wait, what was the point or points they really wanted me to focus on?"

A paragraph with conclusions has been added to the text.

3. Line by line commentary (RC-2)

26 I'd change "while" to "whereas" as you are contrasting what the two records show

Agree.

28 I believe it is more conventional to use a little pyramid symbol for the delta 14C

Both are in use.

47 I suggest something like "Evidence for such impacts is found in the fact that floods, as well as droughts, are important themes:

Agree.

49 change “Mayan” to “Maya” (the former refers to the language(s))

Agree

58 Tankersley et al. also made the pitch that the “Maya clay” had a volcanic origin. But it is important to be clear about how that is meant.

Agree, we have added a reference to Tankersley et al. (2016) and changed sentence 58:

...., and past volcanic activity could have been responsible for the deposition of smectite rich clay layers in inland lakes (Tankersley et al., 2016; Nooren et al., 2017a).

Tankersley, K.B., Dunning, N.P., Scarborough, V., Huff, W.D., Lentz, D.L., and Carr, Catastrophic volcanism and its implication for agriculture in the Maya Lowlands: *Journal of Archaeological Science* 5, 465–470, 2016.

72 delete “likely” – it appears on line 71

Agree.

85-86 It may be that many of the differences among paleo-precipitation records reflect constraints on dating.

Indeed, few well-dated records exist for the Central Maya Lowlands.

108 change “has primarily been determined” to “was primarily determined” Done.

136 Maybe it is worth noting that this is not the Rio Dulce that drains Lake Izabal (eastern Guatemala) Done.

140 change to “exceeding a one-standard-deviation threshold” Done.

164 change “by” to “of” Done.

179 change “hematite stained” to “hematite-stained” 229 change “for” to “of” Done.

233 change “last thousands of years” to “last few thousand years” Done.

241 change “Centennial scale” to “Centennial-scale” Done.

245 You use “The in-phase relationship between the two records is significant above a 5% confidence level at centennial timescales during the Pre-Classic Period.” As stated, I am not sure what that means. Do you really mean that you set the alpha value at 5%, and the probability of concluding the records are in-phase, when in fact they are not, is <5%. I think that should be reworded for clarity.

We have added the following to section 2 (Methods): CWT applies Monte Carlo methods to test for significance. In this case we set the alpha value at 5%. Time periods and periodicities enclosed within the black lines of in our wavelet analysis indicate common power between timeseries with 95% confidence.

248 change to “at a centennial time scale” Done.

252 change to “gives us confidence” (refers back to “The coherence”) Done.

254 and 257 I believe it is more conventional to use a little pyramid symbol for the delta 14C

Both are in use.

258 change to “~500-year” Done.

266 change to “At that time” Done.

276 change to “centennial-scale” Done.

279 change “due to” to “as a consequence of” and later in the line to “because of” Done.

284 change to “During that period” Done.

290 change to “Between 1000 and 850 BCE” Done.

292 change “at” to “on” Done.

295 change to “for further development” Done.

301 change to “show strong and steady development” Done.

304-305 Again, I wonder if it is drier conditions, or perhaps as important, how the rainfall was distributed through the year. Agriculture is practiced across a large gradient of annual rainfall today, using traditional methods.

We agree. We added after sentence 305:

Changes in the distribution of rainfall probably also changed, and large floods, most evident during the Archaic and early Pre-Classic period, occurred much less frequently after approximately 1000 BCE.

623 change extend” to “extent” or “area” Done.

630 I did not know what was meant by “the Cariaco record is conform updated age-depth model.” Why not just say “We used an updated age-depth model for the Cariaco record.” Done.

632 and 637 I believe it is more conventional to use a little pyramid symbol for the delta 14C

Both are in use.

639 change to “500-yr” Done.

653 insert a period after “et al” Done.

653 change to “Long-term” Done.

668 Italicize “Aulacoseira” and “Pinus” (the latter in 3 places) Done.

671 change “Ti -15 point running mean” to “Ti 15-point running mean” Done.

675 change to “1-4-cm-thick” Done.

676 change to “light-coloured” Done.

685 change to “concentrations” Done.

687 change to “4-12-cm” Done.

690 change to “events” Done.

692 change to “linear” Done.

693 change to “radiocarbon-dated” Done.

704 change “at al.” to “et al.” Done.

711 change to “linear” Done.

711 change to “4th-order” Done.

Figure A1. How was it decided which archaeological sites to include? There are certainly many more, and this may mislead readers who are unfamiliar with the archaeology of the region. Also, might another colour be used for the Dulce River catchment. It appears that the area received >4000 mm/yr rainfall, being dark blue.

The colour of the Dulce river catchment has been adjusted, and in the figure legend ‘archaeological site’ has been changed to ‘major archaeological site’.

Figures 3, A2a, A2b. Is there any utility in indicating on those plots which way is drier and which is wetter? Also, for A2b, I suspect that the orange pollen percentages for Peten-Itza are “Montane” rather than “Montana”

We have added some arrows in Figure 3 to indicate if excursion indicate drier of wetter conditions.

We added to Figure caption A2: Notice that the y-axis is sometimes reversed, so that excursion above the x-axis always indicate relatively drier conditions.

Montane indeed !

Figure A10 – change to “linear” Done.

Climate impact on the development of Pre-Classic Maya civilization

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Pre-Classic Maya period, Central Maya Lowlands, climate record, beach ridges, palaeo-precipitation, 500-yr periodicity, 2.8 ka event.

Abstract

The impact of climate change on the development and disintegration of Maya civilization has long been debated. The lack of agreement among existing palaeoclimatic records from the region has prevented a detailed understanding of regional-scale climatic variability, its climatic forcing mechanisms, and its impact on the ancient Maya. We present two new palaeo-precipitation records for the Central Maya Lowlands, spanning the Pre-Classic period (1800 BCE – 250 CE), a key epoch in the development of Maya civilization. ~~Lake Tuspan's diatom record is indicative of precipitation changes at a local scale, whereas the~~ ~~Aa~~ beach ridge elevation record from world's largest late Holocene beach ridge plain provides a regional picture, ~~while Lake Tuspan's diatom record is indicative of precipitation changes at a local scale~~. We identify centennial-scale variability in palaeo-precipitation that significantly correlates with the North Atlantic $\delta^{14}\text{C}$ atmospheric record, with a comparable periodicity of approximately 500 years, indicating an important role of North Atlantic atmospheric-oceanic forcing on precipitation in the Central Maya Lowlands. ~~Our results show that t~~The Early Pre-Classic period was characterized by relatively dry conditions, shifting to wetter conditions during the Middle Pre-Classic period, around the well-known 850 BCE (2.8 ka) event. We propose that this wet period may have been unfavorable for agricultural intensification in the Central Maya Lowlands, explaining the relatively delayed development of Maya civilization in this area. A return to relatively drier conditions during the Late Pre-Classic period coincides with rapid agricultural intensification in the region and the establishment of major cities.

1. Introduction

During the last decades, a wealth of new data has been gathered to understand human-environmental interaction and the role of climate change in the development and disintegration of societies in the Maya Lowlands (e.g., Akers et al., 2016; Douglas et al., 2015, 2016; Dunning et al., 2012, 2015; Lentz et al., 2014; Turner and Sabloff, 2012). Previous studies have emphasized the impact of prolonged droughts and their possible link with social downturn, such as the Pre-Classic Abandonment and the Classic Maya Collapse (Ebert et al., 2017; Hoggarth et al., 2016; Lentz et al., 2014; Kennett et al., 2012; Medina-Elizalde et al., 2010, 2016; ~~Haug et al., 2003~~; Hodell et al., 1995, 2001, 2005; ~~Haug et al., 2003~~). Less attention has been given to episodes of excessive rain and floods that may also have severely impacted ancient Maya societies (e.g. Iannone et al., 2014). ~~Evidence for such impacts is found in~~~~This may be testified by~~ the fact that floods, as well as droughts, are an important theme depicted in the remaining ancient Maya codices (Fig. 1) (Thompson, 1972), and Maya ~~n~~ mythological stories (Valásquez García, 2006).

One of the main challenges in palaeoclimatic reconstructions is to unravel climate from human induced changes. Maya societies played a key role in the formation of the landscape, but the degree of human induced impact remains highly debated (Hansen, 2017; Beach et al., 2015; Ford and Nigh, 2015). For example, it is proposed that the increase in sedimentation rate after 1000 BCE at Lake Salpeten (Anselmetti et al., 2007) and Peten-Itza (Mueller et al., 2009) is related to human induced soil erosion.

61 However, other high resolution lake records from the area do not show a significant increase in
62 sedimentation rate during the Pre-Classic or Classic period (e.g. Wahl et al., 2014), and past volcanic
63 activity could have been responsible for the deposition of [smectite rich clay layers in inland lakes](#)
64 [‘Maya Clay’](#) (Tankersley et al., 2016; Nooren et al., 2017a). Palynological records from the Central
65 Maya Lowlands (CML, Fig. 2) show no evidence of widespread land clearance and agriculture before
66 ~400 BCE (Wahl et al., 2007; Islebe et al., 1996; Leyden et al., 1987), and there is growing consensus
67 that the decline in the percentage of lowland tropical forest pollen during the Pre-Classic period (Galop
68 et al., 2004; ~~Islebe et al., 1996; Leyden et al., 1987~~) was caused by climatic drying instead of
69 deforestation (Torrescano and Islebe, 2015; Wahl et al., 2014; Mueller et al., 2009).

70
71 In this paper, we present two new palaeo-precipitation records reflecting precipitation changes in the
72 CML. The records span the Pre-Classic period (1800 BCE – 250 CE), when Maya societies in the CML
73 transformed from predominantly mobile hunter-gatherers in the Early Pre-Classic ~~p~~Period (e.g.
74 Inomata et al., 2015; Coe, 2011; Lohse, 2010), to complex sedentary societies that founded impressive
75 cities like El Mirador by the later part of the Pre-Classic period (Hansen, 2017; Inomata and
76 Henderson, 2016). The period of rapid growth in these centralized societies ~~probably~~~~likely~~ occurred
77 much later than previously thought, ~~likely~~ sometime after the start of the Late Pre-Classic period
78 around 400 BCE (Inomata and Henderson, 2016). This raises the question for the reason behind the
79 delayed development of societies in this area, which was to become the core area of Maya civilization
80 during the following Classic period (250 – 900 CE). [There is recent evidence that climate during the](#)
81 [Middle Pre-Classic Period \(1000 – 400 BCE\) may have been less stable than recently reported \(Ebert et](#)
82 [al., 2017\)](#). We ~~hypothesize~~~~propose that anomalously wet conditions that climate during the Middle~~
83 ~~Pre-Classic Period (1000 – 400 BCE) may have been less stable than recently reported (Ebert et al.,~~
84 ~~2017), and~~ could have been unfavourable for ~~the~~ intensification of maize-based agriculture, which
85 formed the underlying subsistence economy responsible for the development of many neighbouring
86 Mesoamerican societies during this period.

87
88 The CML have been intensively studied, and several well-dated speleothem, palynological, and
89 limnological records have been obtained for this area (Díaz et al., 2017; Akers et al., 2016; Douglas et
90 al., 2015; Wahl et al., 2014; Kennett et al., 2012; Mueller et al., 2009; Metcalfe et al., 2009;
91 Domínguez-Vázquez and Islebe, 2008; Galop et al., 2004; Rosenmeier et al., 2002; Islebe et al., 1996)
92 (Fig. 2 and A1). However, palaeo-precipitation signals from these records and those from adjacent
93 areas in the Yucatan and Central Mexico exhibit large differences among records (Fig. A2), making the
94 reconstruction and interpretation of larger-scale precipitation for the region a challenge (Lachniet et al.,
95 2013, 2017; Douglas et al., 2016; Metcalfe et al., 2015). Existing climate reconstructions mostly
96 represent local changes and are predominantly based on oxygen isotope variability, although some new
97 proxies have been introduced recently (e.g. Díaz et al., 2017; Douglas et al., 2015).

98
99 We present a regional-scale palaeo-precipitation record for the CML, extracted from world’s largest
100 late Holocene beach ridge sequence at the Gulf of Mexico coast (Fig. 2B). The beach ridge record
101 captures changes in river discharge resulting from precipitation patterns over the entire catchment of
102 the Usumacinta River and thus represents regional changes in precipitation over the CML (Nooren et
103 al., 2017b). Currently the annual discharge of the Usumacinta river is approximately 2000 m³/s,
104 corresponding to ~40 % of the excess or effective rain falling in the 70,700 km² large catchment
105 (Nooren et al., 2017b). Mean annual precipitation within the catchment is ~2150 mm, with 80 % falling
106 during the boreal summer, related to the North American or Mesoamerican Monsoon system (Lachniet
107 et al., 2013, 2017; Metcalfe et al., 2015). The interpretation of the beach ridge record is supported by a
108 new multi-proxy record from Lake Tuspan, an oligosaline lake situated within the CML. [The lake r,](#)
109 [receives](#)~~ing~~ most of its water from a relatively small catchment of 770 km² (Fig. 2) [and hence provides](#)
110 [a local precipitation record, to complement the regional signal from the beach ridge sequence.](#)

111 112 *Regional palaeo-precipitation signal*

113 The coastal beach ridges consist of sandy material originating from the Grijalva and Usumacinta rivers,
114 topped by wind-blown beach sand (Nooren et al., 2017b). Although multiple factors determine the final
115 elevation of the beach ridges, it has been shown that during the period 1775 ± 95 BCE to 30 ± 95 CE
116 (at 1σ), roughly coinciding with the Pre-Classic period, beach ridge elevation ~~wh~~as primarily ~~been~~
117 determined by the discharge of the Usumacinta river; ~~Lin a counter-intuitive manner:~~ low elevation
118 anomalies of the beach ridges occur in periods with increased river sediment discharge, which in turn is
119 the product of high precipitation within the river catchment. Under these conditions, beach ridges
120 develop relatively rapidly, and are exposed to wind for a shorter period. In contrast, during periods of

121 drought, sediment supply to the coast is reduced, resulting in a decreased seaward progradation rate of
122 the beach ridge plain. This leaves a longer period for aeolian accretion on the beach ridges near the
123 former shoreline, resulting in higher beach ridges (Nooren et al., 2017b). Hence, variations in beach
124 ridge elevation reflect changes in rainfall over the Usumacinta catchment, and thereby represent
125 catchment-aggregated precipitation, rather than instead of a local signal. The very high progradation
126 rates and the very robust age-distance model (Fig. A3), with uncertainties of the calibrated ages not
127 exceeding 60–70 years (at 1 σ), effectively allow the reconstruction of palaeo-precipitation at centennial
128 time scales.

130 *Local palaeo-precipitation signal: Lake Tuspan record*

131 ~~Diatom communities within oligo- to hypersaline lakes are strongly influenced by lake water salinity~~
132 ~~(Reed, 1998; Gasse et al., 1995), and we therefore determined diatom assemblage changes within the~~
133 ~~Lake Tuspan sediment record (Fig. 3) to reconstruct palaeo-salinities of the lake water, reflecting~~
134 ~~palaeo-precipitation in the lake's catchment.~~ During dry periods, a reduced riverine input of fresh water
135 and a lowering of the lake level enhance the effect of evaporation and increase the salinity of the lake
136 water. ~~Diatom communities within oligo- to hypersaline lakes are strongly influenced by lake water~~
137 ~~salinity (Reed, 1998; Gasse et al., 1995), and we therefore determined diatom assemblage changes~~
138 ~~within the Lake Tuspan sediment record (Fig. 3) to reconstruct palaeo-salinities of the lake water,~~
139 ~~reflecting palaeo-precipitation in the lake's catchment via changes in the balance of precipitation -~~
140 ~~evaporation. The first principal component (PC-1) of the variability in the diatom assemblages is~~
141 ~~interpreted as an indicator of lake water salinity (Fig. 3). This interpretation is supported by the fact~~
142 ~~that high PC-1 values are accompanied by relatively high percentages of *Plagiotropis arizonica* (Fig.~~
143 ~~A4), a diatom species characteristic of high conductivity water bodies (Czarnecki and Blinn, 1978).~~

146 2. Methods

148 *Beach ridge sequence*

149 Beach ridges elevations were extracted from a Digital Elevation Model (DEM) of the coastal plain
150 along the transects indicated in Fig. 2 (Nooren et al., 2017b). The DEM is based on LiDAR data
151 originally acquired in April-May 2008 and processed by Mexico's National Institute of Statistics and
152 Geography (INEGI), Mexico. The relative beach ridge elevation is defined as the difference between
153 the beach ridge elevation and the long-term (~500 yr) running mean (Fig. A3). The age distance model
154 is based on 35 AMS ¹⁴C dated terrestrial macro-remains (mainly leaf fragments isolated from organic
155 debris layers), and 20 OSL dated sand samples (determined on small aliquots of quartz grains). Details
156 of the development of the age model for the beach ridges are given in (Nooren et al., 2017b).

158 *Lake Tuspan*

159 Two parallel cores, Tuspán cores B and C, were taken with a Russian corer (type GYK) in shallow
160 water near the inflow of the Rio Dulce (not to be confused with the Rio Dulce that drains lake Izabal in
161 eastern Guatemala), not far from core A which has been studied for pollen (Galop et al., 2004). Semi-
162 quantitative analyses of Si, S, K, Ca, Ti, Mn and Fe were conducted on both cores with an X-ray
163 fluorescence core scanner (type AVAATECH) at 0.5 cm intervals. Deposits of large floods were
164 identified on the basis of elevated concentrations of Si, Fe, Ti and Al (Davies et al., 2015), with peak
165 concentrations exceeding ~~an t-least the~~ one-standard-deviation threshold above the mean.

167 Core C was investigated for amorphous silica, charred plant fragments, and diatoms (Fig. 3, A4 and
168 A55). The core was subsampled at 4-12 cm contiguous intervals, each interval representing 25-80
169 years. In addition, 37 1-cm samples (representing ~6.5 yr) were processed using the method outlined by
170 Battarbee (1973) to determine diatom concentrations and ~~to determine~~ short ~~term~~ time variability
171 (decadal scale). Subsamples were treated with HCl (10 %) to remove calcium carbonate. Large organic
172 particles were removed by wet sieving (250 μ m mesh), and charred plant fragments > 250 μ m were
173 counted under a dissection microscope. Remaining organic material was removed by heavy liquid
174 separation using a sodiumpolywolframate solution with a density of 2.0 g/cm³. A silicious residue,
175 denoted 'amorphous silica' was subsequently removed by heavy liquid separation using a
176 sodiumpolywolframate solution with a density of 2.3 g/cm³, and dry weight was determined after
177 drying of the samples at 105°C.

179 Slides were prepared from the remaining material. Diatoms were identified, counted and reported as
180 percentages of the total diatom sum, excluding the small and often dominant *Denticula elegans* and

181 *Nitzschia amphibia* species. These species show a large variability on short time scales (Fig. A56), and
182 are not indicative for changes at centennial time scale. We relate changes in diatom assemblages
183 mainly to lake water salinity changes. The first principal component on the entire assemblage (PC-1) is
184 interpreted as a palaeosalinity indicator. Diatom taxonomy is mainly after Patrick and Reimer (1966;
185 1975) and Novelo, Tavera, and Ibarra (2007). We identified *Plagiotropis arizonica* following
186 Czarnecki and Blinn (1978), and *Mastogloia calcarea* following Lee et al. (2014), and *Cyclotella*
187 *petenensis* following Paillès et al. (2018).

188
189 The age-depth model for core C is based on seven AMS radiocarbon dated terrestrial samples and
190 stratigraphical correlation with core A (Fleury et al., 2014). We used a linear regression between the
191 available radiocarbon dated samples (Fig. A7) which is comparable with the age-depth model of
192 Fleury et al. (2014) for the time window between ~2500 BCE and 1000 CE.

193 *Beach ridge sequence*

194 Beach ridge elevations were extracted from a Digital Elevation Model (DEM) of the coastal plain
195 along the transects indicated in Fig. 2 (Nooren et al., 2017b). The DEM is based on LiDAR data
196 originally acquired in April-May 2008 and processed by Mexico's National Institute of Statistics and
197 Geography (INEGI), Mexico. The relative beach ridge elevation is defined as the difference between
198 the beach ridge elevation and the long term (~500 yr) running mean (Fig. A3).

200 *Wavelet transfer functions*

201 The relation between our beach ridge and diatom record and other palaeo-precipitation records from
202 the Maya Lowlands and nearby regions (figure A1 and A2) were investigated by wavelet coherence
203 (CWT) analyses using the software developed by Grinsted et al. (2004). We also applied CWT to
204 compare our record with North Atlantic ice drift record (Bond et al., 2001) and the Northern
205 Hemispheric atmospheric $\delta^{14}\text{C}$ record (Reimer et al., 2013) to gain an understanding of the forcing of
206 the regional changes in precipitation we observe. The record of drift ice from the North Atlantic (Bond
207 et al., 2001) is bimodally distributed, oscillating between periods of low and high concentrations of
208 hematite-stained grains. The timeseries was therefore transformed into a record of percentiles based on
209 its cumulative distribution function to avoid leakage of the square wave into frequency bands outside
210 the fundamental period (Grinsted et al., 2004). CWT applies Monte Carlo methods to test for
211 significance. In this case we set the alpha value at 5%. Time periods and periodicities enclosed within
212 the black lines of in our wavelet analysis indicate common power between timeseries with 95%
213 confidence.

214 **3. Results**

215 *Beach-ridge record*

216 As described above, when beach ridge elevation is largely driven by the discharge of the Usumacinta
217 River, Between 1775 ± 95 BCE and 30 ± 95 CE (roughly coinciding with the Pre-Classic period), when
218 beach ridge elevation was primarily determined by the discharge of the Usumacinta River (Nooren et
219 al., 2017b), periods of relative high (low) beach ridges correspond to relatively drier (wetter) conditions
220 in the catchment of the Usumacinta catchment River (Fig. 2). The beach-ridge record shows clear
221 centennial scale variability, with an exceptionally dry phase centered around 1000 ± 95 BCE, and a
222 subsequent pronounced wet phase centered around 800 ± 95 BCE.

223 *Diatom record Lake Tuspan*

224 The sediment stratigraphy of core C can be divided into two main units. Sediments from 0.25 to 4.3 m
225 depth are vaguely laminated, with three distinct dm-thick turbidite layers (Fig. 3). Below 4.3 m the core
226 is clearly laminated, and 0.5-4-cm-thick dark palaeoflood-layers contrast with the predominantly light-
227 coloured calcareous deposits. The flood-layers are characterized by elevated detrital input, resulting in
228 elevated concentrations of Si (cps = counts per second), amorphous silica (% of dry weight), and
229 charred plant fragments (number of particles/g dw). The average recurrence time of large floods was
230 approximately 50 years. Sediments from 0.25 to 4.3 m depth are vaguely laminated, with three distinct
231 dm-thick turbidite layers (Fig. 3).

232 The first Principal Component axis (PC-1) of the diatom record is interpreted as a lake water salinity
233 indicator, with low values corresponding to high salinity waters, reflecting relatively dry conditions
234 (Fig. 3). This interpretation of PC-1 (Fig. 3) as an indicator of lake salinity and hence relative dryness
235 (see Methods) is supported by the fact that low/negative high PC-1 values are driven accompanied by

241 relatively high percentages of *Plagiotropis arizonica* (Fig. 3), a diatom species characteristic of high-
242 conductivity water bodies (Czarnecki and Blinn, 1978) as well as other benthic, high salinity/alkalinity
243 species such as *Anomoeoneis sphaerophora* and *Craticula cuspidata* (see Fig. A4).

244
245
246 A drastic change from dry to wet conditions occurred around 4.3 m depth (~1100 BCE), with the loss
247 of salinity tolerant taxa and higher proportions of freshwater taxa such as *Eunotia* sp. and *Cyclotella*
248 *petenensis* species (Fig. 3). This and coincides with the observed lithological shift from clearly to
249 vaguely laminated sediments. After relatively high/positive PC-1 values diatom record then
250 indicates during the Middle and Late Pre-Classic Perioda we observe a decreasing trend in PC-1
251 values during the following Classic Period, indicating a subsequent gradual increase in lake water
252 salinity between 1000 BC and 950 CE. Low PC-1 values between 800 – 950 CE are in accordance with
253 many palaeorecords from the area (Fig. A2) indicating periods of prolonged droughts during the Late
254 Classic Period.

255 256 *Wavelet transfer function*

257 Wavelet coherence (WTC) analysis (Grinsted et al., 2004) indicates in-phase coherence between the
258 beach ridge record and the recently extended and revised calcite $\delta^{18}\text{O}$ speleothem record from Macal-
259 Chasm cave (Akers et al., 2016) (Fig. A78). The in-phase relationship between the two records is
260 significant above a 5% confidence level at centennial timescales during the Pre-Classic Period. We did
261 not find significant relationships between the beach ridge record and other palaeo-precipitation records
262 from the CML, nor with records from the Yucatan and Central Mexico (Fig. A2), except for a
263 significant in-phase coherence at a centennial time scale with the *Pyrgophorus* sp. $\delta^{18}\text{O}$ record from
264 Lake Chichancanab (Hodell et al., 1995).

265 266 267 **4. Discussion**

268 269 **4.3.1 Climate change in the CML during the Pre-Classic period**

270 271 *Early Pre-Classic pPeriod (1800 – 1000 BCE)*

272 The Lake Tuspan diatom record (Fig. 3) indicates relatively dry conditions, comparable to those during
273 the preceding Late Archaic Period (~5000 – 1800 BCE). Despite the predominantly dry conditions,
274 large floods still occurred, as demonstrated by the repetitive input of fluvial material into the lake.
275 These flood events are identifiable as distinctive dark layers of detrital sediment within the calcareous
276 lake deposits, and are characterized by elevated concentrations of amorphous silica and charred plant
277 fragments (Fig. 3 and A4). The average recurrence time of large floods was approximately 50 years,
278 and periods with highest fluvial sediment input in Lake Tuspan coincided with periods of increased
279 input of charcoal into Lake Peten-Itza (Schüpbach et al., 2015) (Fig. A2). Because the CML were still
280 sparsely populated during the Early Pre-Classic period (Inomata et al., 2015) we relate the presence of
281 charcoal to the occurrence of wildfires.

282
283 BothThe beach ridge and diatom records indicate that the onset of the early Pre-Classic pPeriod was
284 relatively dry (Fig. 4), comparable with the preceding Late Archaic Period (~5000 – 1800 BCE).
285 Despite the predominantly dry conditions, large floods still occurred, as demonstrated by the repetitive
286 input of fluvial material into Lake Tuspan. Periods with the highest fluvial sediment input coincided
287 with periods of increased input of charcoal into Lake Peten-Itza (Schüpbach et al., 2015) (Fig. A2).
288 Because the CML were still sparsely populated during the Early Pre-Classic period (Inomata et al.,
289 2015) we relate the presence of charcoal to the occurrence of wildfires.

290
291 After a transition to wetter conditions between 1500 and 1400 BCE, we observe eh ridge record
292 indicates a drying trend that culminated in a prolonged dry period at the end of the Early Pre-Classic
293 period centered around 1000 ± 95 BCE. Although this exceptionally dry phase is less apparent from
294 Lake Tuspan's diatom record (Fig. 3), it has been recorded at many other sites within the CML. At
295 Lake Puerto Arturo, high $\delta^{18}\text{O}$ values on the gastropod *Pyrgophorus* sp. indicate that this was the
296 driest period since 6300 BCE (Wahl et al., 2014), and the recently extended and improved speleothem
297 $\delta^{18}\text{O}$ record from Macal Chasm indicates that this dry period was probably at least as severe as any
298 prolonged droughts during the Classic and Post-Classic pPeriod (Akers et al., 2016). Dry conditions are
299 reflected in high $\text{Ca}/\Sigma(\text{Ti,Fe,Al})$ values at Lake Peten-Itza (Mueller et al., 2009), indicating elevated
300 authigenic carbonate (CaCO_3) precipitation relative to the input of fluvial detrital elements (Ti, Fe and

301 Al) during this period; ~~w, and~~ water level at this large lake must have dropped by at least 7 m (Mueller
302 et al., 2009).

305 *Middle Pre-Classic period (1000 – 400 BCE)*

306 Both the beach ridge and the Lake Tuspan diatom records indicate a change to wetter conditions
307 around 1000-850 BCE, causing major changes in hydrological conditions in the CML (Fig. 43). The
308 diatom assemblages in the Lake Tuspan record show a major change in composition. Species indicative
309 of meso- to polysaline water almost completely disappear, and are replaced by species indicating fresh
310 water conditions (Fig. 3 (PCI) and A4). In the lake sediments, this transition is also marked by a
311 lithological shift from ~~clearly to vaguely~~ laminated ~~to more homogeneous~~ sediments that lack repetitive
312 ~~large~~ flood layers, while charred plant fragments are almost absent until ~400 BCE. Similar abrupt
313 lithological transitions were reported from Lake Chichancanab (Hodell et al., 1995) and Lake Peten-
314 Itza (Mueller et al., 2009), and Wahl et al. (2014) describe a regime shift at Puerto Arturo. The sudden
315 reduction in charred plant fragments around ~1000 BCE at Lake Tuspan coincides with reduced
316 concentrations of charcoal at Lake Peten-Itza (Fig. A2) (Schupbach et al., 2015) and Laguna
317 Tortuguero, Puerto Rico (Burney and Pigott Burney, 1994) indicating rapid climatic changes over a
318 large spatial scale.

320 *Late Pre-Classic period (400 BCE – 250 CE)*

321 ~~The diatom record at Lake Tuspan (Fig. 3) shows a general increase in lake water salinity, indicating a~~
322 ~~gradual shift to drier conditions in the Late Pre-Classic Period. Both~~ The beach ridge ~~and diatom~~ record
323 (Fig. 43) indicates that a relatively dry period occurred by the onset of the Late Pre-Classic period,
324 which has not been identified in other proxy records from the region (Fig. A2), although high *Pinus*
325 pollen percentages in the pollen record from Petapilla pond near Copan (McNeil, 2010) during this
326 period may indicate dry conditions, as high *Pinus* pollen percentage at highland sites could be
327 indicative ~~of~~ drier conditions (Domínguez-Vázquez and Islebe, 2008). ~~The diatom record at Lake~~
328 ~~Tuspan (Fig. 3) shows a general increase in lake water salinity, indicating a gradual shift to drier~~
329 ~~conditions in the Late Pre-Classic pPeriod.~~

331 4.2 Precipitation variability

333 *Precipitation variability over long time scales*

334 The observed general drying trend over the last ~~few thousands of years~~ ~~is probably~~ ~~may be~~ related to the
335 southward shift of the ITCZ during the late Holocene. The shift occurred in response to orbitally-forced
336 changes in insolation (Haug et al., 2001), causing a gradual Northern Hemisphere cooling versus
337 Southern Hemisphere warming (Fig. 43), thereby shifting the ITCZ towards the warming southern
338 hemisphere (Schneider et al., 2014). ~~Wetter conditions during the Middle Pre-Classic period may~~
339 ~~reflect a~~ more northerly position of the ITCZ, ~~which during the Pre-Classic period~~ may be related to
340 stronger easterly tradewinds and the less frequent occurrence of ~~winter season~~ cold fronts ~~during the~~
341 ~~Pre-Classic period~~, as beach ridge morphological changes suggest (Nooren et al., 2017b).

343 *Centennial-scale precipitation variability*

344 ~~Wavelet coherence (WTC) analysis (Grinsted et al., 2004) indicates in-phase coherence between the~~
345 ~~beach ridge record and the recently extended and revised calcite $\delta^{18}\text{O}$ speleothem record from Macal-~~
346 ~~Chasm cave (Akers et al., 2016) (Fig. A8). The in-phase relationship between the two records is~~
347 ~~significant above a 5% confidence level at centennial timescales during the Pre-Classic Period. We did~~
348 ~~not find significant relationships between the beach ridge record and other palaeo-precipitation records~~
349 ~~from the CML, nor with records from the Yucatan and Central Mexico (Fig. A2), except for a~~
350 ~~significant in-phase coherence at centennial time-scale with the *Pyrgophorus* sp. $\delta^{18}\text{O}$ record from Lake~~
351 ~~Chichancanab (Hodell et al., 1995).~~

353 The coherence between the beach ridge record and the ~~relatively~~ well-dated Macal-Chasm speleothem
354 record gives us confidence that these records reflect regionally coherent variability at centennial
355 timescales during the Pre-Classic period. Interestingly, the beach ridge record is significantly in anti-
356 phase with the North Atlantic ice drift record (Bond et al., 2001) and the Northern Hemispheric
357 atmospheric $\delta^{14}\text{C}$ record during the Pre-Classic Period (Reimer et al., 2013) (Fig. 54), suggesting an
358 important role of North Atlantic atmospheric-oceanic forcing on precipitation in the CML. The
359 Northern Hemispheric atmospheric $\delta^{14}\text{C}$ record shows a 512-yr periodicity (Stuiver and Braziunas,
360 1993), which is similar to the observed ~500 year periodicity of the beach ridge record during the Pre-

361 Classic period. Such a centennial scale periodicity is not apparent in Lake Tuspan's diatom record (Fig.
362 3), nor in any of the other palaeo-precipitation records from the Maya Lowlands (Fig. A2), but has
363 been identified in the Ti record from Lake Juanacatlán in the highlands of Central Mexico (Jones et al.,
364 2015). This periodicity has been related to the intensity of the North Atlantic thermohaline circulation
365 and variations in solar activity (Stuiver and Braziunas, 1993).

366
367 The coherence with fluctuations in solar irradiance is most evident during the 850 BCE (2.8 ka) event,
368 related to the Homeric Grand Solar Minimum. At that time, a strong decrease in the total solar
369 irradiance resulted in higher atmospheric ¹⁴C production and a change to cooler and wetter conditions
370 in the Northern Hemisphere (e.g. Van Geel et al., 1996), and apparently also a shift to wetter conditions
371 in the CML, evident from our two new palaeo-precipitation records (Fig. 43). This correlation should
372 not be used as an analogue for modern precipitation variability, when periods of lower solar activity are
373 associated with lower Usumacinta River discharge and hence less precipitation in the CML (Fig. A89).
374 Probably due a more northerly mean position of the ITCZ during the Pre-Classic Period precipitation
375 responded differently to solar forcing than today.

376
377 It has previously been suggested that there was a coherent response to A similar precipitation response
378 to the late Holocene southward shift of the ITCZ infer both nNorthern South America and the Maya
379 Lowlands has previously been suggested (Haug et al., 2003), implying that the beach ridge record
380 should be in-phase with the Cariaco Ti record (Haug et al., 2001). Although the Cariaco record
381 indicates large centennial-scale variability in precipitation over nNorthern South America (Fig. 43),
382 this variability is not significantly correlated with the beach-ridge record. The correlation slightly
383 improved slightly using an updated age-depth model for the Cariaco record (Fig. A910), but remains
384 insignificant, probably as a consequence of due to uncertainties in the chronological control of both
385 records or because of due to a more prominent influence of the Northern Atlantic climatic forcing
386 mechanisms in the Maya Lowlands.

387 388 **4.3 Precipitation versus human development in the CML**

389 Our records indicate that the Early Pre-Classic period in the CML was relatively dry. During that
390 period, the CML were still sparsely populated by moving hunter-gatherers. It is highly likely that
391 before maize became sufficiently productive to sustain sedentism, the karstic lowlands were less
392 attractive for humans than the coastal wetlands along the Gulf of Mexico and Pacific coast, where
393 natural resources were abundantly present to successfully sustain a hunting/gathering subsistence
394 system (Inomata et al., 2015). Reliance on cultivated crops, most notably maize, rapidly increased after
395 the onset of the Middle Pre-Classic period around 1000 BCE (Rosenswig et al., 2015). Between 1000
396 and 850 BCE, under still dry conditions, there is evidence for increased maize agriculture in the
397 Pacific flood basin (Rosenswig et al., 2015), and within the Olmec area on the Gulf of Mexico coast
398 (Arnold III, 2009), and maize grains (AMS ¹⁴C dated to 875 ± 29 BCE) have been found as far as
399 Ceibal within the CML (Inomata et al., 2015). We speculate that wetter conditions after 850 BCE
400 might have been unfavourable for a further development of intensive agriculture in the CML. This is
401 supported by palynological evidence, indicating that widespread land clearance and agriculture activity
402 did not occur before ~400 BCE (Wahl et al., 2007; Galop et al., 2004; Islebe et al., 1996; Leyden et al.,
403 1987), despite some early local agricultural activity (Wahl et al., 2014; Rushton et al., 2013; McNeil et
404 al., 2010; Galop et al., 2004). A return to drier conditions during the Late Pre-Classic period coincided
405 with an expansion of maize-based agriculture in the CML, and communities within the Maya Lowlands
406 show a strong and steady development with relatively uniform ceramic and architectural styles
407 (Hansen, 2017; Inomata and Henderson, 2016). Hence, major development of Maya civilization in the
408 Central Maya Lowlands occurred only after the onset of the Late Pre-Classic period, when climate
409 became progressively drier, in line with earlier findings that drier conditions were favourable for
410 agricultural development in the CML (Wahl et al., 2014). Changes in the distribution of rainfall
411 probably also changed, and large floods, most evident during the Archaic and early Pre-Classic period,
412 occurred much less frequently after approximately 1000 BCE.

413 414 **5. Conclusions**

415 For the first time a regional palaeo-precipitation record has been reconstructed for the Central Maya
416 Lowland (CML), based on an -The exceptionally well dated high resolution beach ridge record. This
417 record indicates centennial scale precipitation fluctuations during the Pre-Classic period that are not
418 always registered in local records, adding valuable new insights into larger scale climatic forcing
419 mechanisms for the CML. The generally poor correlation between the regional and local palaeo-
420 precipitation reconstructions are probably related to spatial precipitation variability, and chronological

421 ~~uncertainties of many~~ records. Additional research of beach ridge formation processes ~~are~~ needed
422 to extend this regional precipitation reconstruction to the Classic and Post-Classic period.
423 We have also generated a local scale palaeo-precipitation record using ~~demonstrate the applicability of~~
424 diatoms preserved in a core from Lake Tuspan, for palaeoprecipitation reconstructions at a local scale,
425 thereby adding an alternative proxy to the relatively high number of local reconstructions
426 predominantly based on oxygen isotope variability. We recognise, however, that diatom preservation is
427 often poor in the carbonate lakes across the wider region. As a result, ~~F~~ the correlation between these
428 two reconstructions is variable through time.

429
430 ~~The generally poor correlation between the regional and local palaeoprecipitation reconstructions are~~
431 ~~probably likely related to spatial precipitation variability, and chronological uncertainties of the records.~~

432
433 Although the occurrence of a prolonged drought during the end of the Early Pre-Classic period, which
434 we report here, is evident ~~in from other many local~~ palaeo-precipitation reconstructions from the CML,
435 the subsequent wet period during the Middle Pre-Classic period, registered in both our new records, is
436 less evident elsewhere ~~in other available local records.~~

437
438 ~~Both our records also indicate the occurrence of a prolonged wet period during the Middle Pre-Classic~~
439 ~~period, which seems to be related to the Homeric Grand Solar Minimum.~~ Although many researchers
440 have focused on the impact of drought on the development and disintegration of Maya societies, one
441 should consider this prolonged wet periods as potentially unfavourable for the development and
442 intensification of agriculture in the CML, particularly in the wetter areas. We cannot be certain about
443 the impact of wetter conditions on the Maya. However, owing to the lack of the development at this
444 time we theorise that the wet period could have created poor growing conditions for maize in the
445 CML. In order to test theory, we advocate for the use of process-based modelling approaches which
446 capture heterogeneous environmental constraints on crop growth for given climate boundary conditions
447 such as the approach applied by Dermody et al. (2014).

448
449 ~~It seems evident~~ Our results provide evidence that North Atlantic atmospheric-oceanic forcing plays an
450 important role in the modulation of the observed centennial scale precipitation variability, however
451 further ~~research~~ studies are required which compare well-dated terrestrial reconstructions that capture
452 regional signals with solar and oceanic reconstructions to ~~gain~~ ~~is needed for a better understanding of~~
453 ~~the climate forcing mechanisms, both in the CML and across the wider region.~~ This is particularly true
454 ~~for periods in the past when climatic responses to apparent forcings appear to be different from those~~
455 ~~during the instrumental period.~~

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Figure captions

Figure 1: The image on page 74 of the Codex Dresden depicts a torrential downpour probably associated with a destructive flood (Thompson, 1972).

Figure 2: A large part of the Central Maya Lowlands (outlined with a red dashed line) is drained by the Usumacinta (Us.) River (A). During the Pre-Classic period this river was the main supplier of sand contributing to the formation of the extensive beach ridge plain at the Gulf of Mexico coast (B). Periods of low rainfall result in low river discharges and are associated with relatively elevated beach ridges. The extent of the watersheds of the Usumacinta and Dulce River is calculated from SRTM 1-arc data (USGS, 2009). Indicated are archaeological sites (squares) and proxy records discussed in the text; Tu= Lake Tuspan, Ch = Lake Chichancanab, PI = Lake Peten-Itza, MC = Macal Chasm Cave, and PA = Lago Puerto Arturo.

Figure 3: Summarized proxy record of Lake Tuspan sediment core C. In the lithological column black lines represent large flood layers and grey boxes turbidites. Ca and Si (in cps = counts per second) are presented here as % of total counts. Vertical lines (red) in the (amorphous) Si graphs indicate the one-standard-deviation threshold above the mean. For the diatom record only the relative abundance of 'key' diatom species are shown here. *Denticula elegans* and *Nitzschia amphibia* were excluded from the diatom sum. Notice abrupt change around 11000 BCE.

Figure 43: Comparison of the Lake Tuspan and beach ridge record (A) with local and proximal records from Macal-Chasm cave (Akers et al., 2016) and the Cariaco basin (Haug et al., 2001)(B). We used an updated age-depth model for the Cariaco record is conform updated age-depth model (Fig. A24). Climate records related to North Atlantic atmospheric-oceanic forcing are indicated in panel C, including the drift ice reconstruction from the North Atlantic (Bond et al., 2001), the Northern Hemispheric residual atmospheric $\delta^{14}\text{C}$ content (Reimer et al., 2013), the Northern-to Southern hemispheric temperature anomaly (Schneider et al., 2014) and reconstructed Total Solar Irradiance (TSI) (Steinhilber et al., 2012).

Figure 54: Wavelet Transform Coherence (WTC) analysis between the beach ridge record and the Northern Hemispheric atmospheric $\delta^{14}\text{C}$ record (Reimer et al., 2013)(A) and the North Atlantic ice drift record (Bond et al., 2001)(B). The beach ridge record is significantly in anti-phase with both records at approximately 500-yr time scale, indicating an important role of North Atlantic atmospheric-oceanic forcing on precipitation in the Maya Lowlands during the Pre-Classic period. The 5% significance level against red noise is shown as a thick contour. Arrows indicate phase difference, with in-phase relationship between records if arrows point to the right.

Appendix: Additional figures

Figure A1: Location of proxy records indicated in figure A2 and/or mentioned in the main text. A: Northern Maya Lowlands (Tz=Tzabnah, PL=Punta Laguna, RS=Rio Secreto, Ch=Chichancanab and Si=Silvituc), the Central and Southern Maya Lowlands (PA=Puerto Arturo, NRL=New River Lagoon, Tu=Tuspan, PI/Sa=Petén-Itza and Salpeten, MC/CH=Macal Chasm and Chen Ha, and YB=Yok Balum), the Maya Highlands (Oc/Na= Ocotitalito and Naja, Am=Amatitlan, and Pet=Petapilla). B: Central Mexico (Jua=Juanacatlan, CdD=Cueva de Diablo, Jx=Juxtlahuacan, and Alj=Aljojuca) and the marine record from the Cariaco (C) basin. Annual precipitation (1950-2000) calculated with WorldClim version 1.4 (release3); Hijmans et al., (2005). Long-term (1958-1998) mean ITCZ position and wind at 925 hPa (m.s^{-1}) for July after Amador et al. (2006), based on NCED/NCAR Reanalysis data (Kalnay et al., 1996).

837 Figure A2a: Palaeoprecipitation records from the Central Maya Lowlands and Yucatan; Beach ridge
838 elevation and Tuspan diatom record (this study), compiled record of Central Peten and Yucatan
839 (Douglas et al., 2016), Salpeten and Chichancanab dD wax-corr. (Douglas et al., 2015), Salpeten $\delta^{18}\text{O}$
840 (Rosenmeier et al., 2012), Peten-Itza $\delta^{18}\text{O}$ (Curtis et al., 1998), Puerto Arturo $\delta^{18}\text{O}$ (Wahl et al., 2014),
841 Macal Chasm $\delta^{18}\text{O}$ (Akers et al., 2016), Chen Ha $\delta^{18}\text{O}$ (Pollock et al., 2016), Yok Balum $\delta^{18}\text{O}$ (Kennett
842 et al., 2012), Rio Secreto $\delta^{18}\text{O}$ (Medina-Elizalde et al., 2016), Silvituc DV-pollen (Torrescano-Valle
843 and Islebe, 2015), Chichancanab S and $\delta^{18}\text{O}$ (Hodell et al., 1995), Punta Laguna $\delta^{18}\text{O}$ (Hodell et al.,
844 2007), and Tzabnah $\delta^{18}\text{O}$ (Medina-Elizalde et al., 2010). Notice that the y-axis is sometimes reversed,
845 so that excursions above the x-axis always indicate relatively drier conditions.

846
847 Figure A2b: Proxy records from the Central Maya Lowlands, the Maya Highlands and Central Mexico.
848 Peten-Itza charcoal (Schüpbach et al., 2015), Peten-Itza pollen (Islebe et al., 1996), Amatitlan
849 *Aulacoseira* and *Pinus* (Velez et al., 2011), Petapilla *Pinus* (McNeil et al., 2010), Naja *Pinus*
850 (Domínguez-Vázquez and Islebe, 2008), Ocotalito Sr (Díaz et al., 2017), Aljojuca $\delta^{18}\text{O}$ (Bhattacharya
851 et al., 2015), Cueva del Diablo $\delta^{18}\text{O}$ (Bernal et al., 2011), Juxtlahuaca $\delta^{18}\text{O}$ (Lachniet et al., 2015,
852 2017), and Juanacatlan Ti -15-point running mean (Jones et al., 2015).

853
854 Figure A3: Age-distance model for beach ridge transect B (after Nooren et al., 2017b). The age
855 distance model is based on 35 AMS- ^{14}C dated terrestrial macro-remains (mainly leaf fragments isolated
856 from organic debris layers), and 20 OSL dated sand samples (determined on small aliquots of quartz
857 grains). We refer to Nooren et al. (2017b) for further details.

858
859 Figure A4: Summarized proxy record of Lake Tuspan sediment core C. The 1-4 cm thick dark
860 palaeoflood layers contrast with the predominantly light coloured calcareous deposits, and are
861 characterized by elevated detrital input, resulting in elevated concentrations of Si (cps = counts per
862 second), amorphous silica (% of dry weight), and charred plant fragments (number of particles/g dw).
863 Only the relative abundance of 'key' diatom species are shown here and the small and often dominant
864 *Denticula elegans* and *Nitzschia amphibia* species were excluded from the diatom sum. The first
865 Principal Component axis (PC 1) is interpreted as a lake water salinity indicator, with low values
866 corresponding to high salinity waters, reflecting relatively dry conditions. Notice abrupt change around
867 1000 BCE.

868
869 Figure A45: Diatom record for lake Tuspan core C. Diatom concentrations (*1000 valves/g dw) were
870 determined on 37 selected 1-cm samples and diatom percentages (only the 'key species' are shown
871 here) were determined on the 123 subsamples at 4-12-cm contiguous intervals. The small and often
872 dominant *Denticula elegans* and *Nitzschia amphibia* species were excluded from the diatom sum.

873
874 Figure A56: Detailed diatom record around one of the larger flood events ~1200 BCE.

875
876 Figure A67: Age-depth model for Tuspan core C. The age-depth model is based on a linear
877 interpolation between calibrated ages of radiocarbon dated terrestrial macroremains from core A
878 (Galop et al., 2004) and core C (Fleury et al., 2014). The model is most reliable for ages between
879 ~2500 BCE and 1000 CE.

880
881 Figure A78: Wavelet Transform Coherence (WTC) analysis between the beach ridge record and the
882 Macal Chasm $\delta^{18}\text{O}$ record (Akers et al., 2016). The 5% significance level against red noise is shown as
883 a thick contour. Arrows indicate phase difference, with in-phase relationship between records if arrows
884 point to the right.

885
886 Figure A89: Mean annual discharge of the Usumacinta river at Boca del Cerro (Banco Nacional de
887 Datos de Aguas Superficiales, consulted in January 2017) compared with the total solar irradiance
888 (TSI). The TSI is comprised of the reconstruction from 1700-2004 (Krivovo et al., 2007), concatenated
889 with observations from the Total Irradiance Monitor (TIM) on NASA's Solar Radiation and Climate
890 Experiment (SORCE) from 2005-2011 (Kopp and Lean, 2011). 4.56 watts are added to the TIM
891 measurements as previous reconstructions were calibrated against less accurate measuring equipment,
892 compared with the TIM instrument, which led to an overestimation of TSI.

893
894 Figure A910: Updated age-depth model for Cariaco core 1002D. Original model (Haug et al., 2001)
895 has been based on a linear interpolation of calibrated ages. We applied a 4th-order polynomial fit
896 through modelled ages calculated with a P₂ sequence model (Oxcal 4.2) (Bronk Ramsey, 2009, 2016):

897 k = 10, Marine13 calibration curve, delta R = 15 ± 50, one outlier: NSRL-13050.
898
899

Climate impact on the development of Pre-Classic Maya civilization

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Pre-Classic Maya period, Central Maya Lowlands, climate record, beach ridges, palaeo-precipitation, 500-yr periodicity, 2.8 ka event.

Abstract

The impact of climate change on the development and disintegration of Maya civilization has long been debated. The lack of agreement among existing palaeoclimatic records from the region has prevented a detailed understanding of regional-scale climatic variability, its climatic forcing mechanisms, and its impact on the ancient Maya. We present two new palaeo-precipitation records for the Central Maya Lowlands, spanning the Pre-Classic period (1800 BCE – 250 CE), a key epoch in the development of Maya civilization. A beach ridge elevation record from world's largest late Holocene beach ridge plain provides a regional picture, while Lake Tuspan's diatom record is indicative of precipitation changes at a local scale. We identify centennial-scale variability in palaeo-precipitation that significantly correlates with the North Atlantic $\delta^{14}\text{C}$ atmospheric record, with a comparable periodicity of approximately 500 years, indicating an important role of North Atlantic atmospheric-oceanic forcing on precipitation in the Central Maya Lowlands. Our results show that the Early Pre-Classic period was characterized by relatively dry conditions, shifting to wetter conditions during the Middle Pre-Classic period, around the well-known 850 BCE (2.8 ka) event. We propose that this wet period may have been unfavorable for agricultural intensification in the Central Maya Lowlands, explaining the relatively delayed development of Maya civilization in this area. A return to relatively drier conditions during the Late Pre-Classic period coincides with rapid agricultural intensification in the region and the establishment of major cities.

1. Introduction

During the last decades, a wealth of new data has been gathered to understand human-environmental interaction and the role of climate change in the development and disintegration of societies in the Maya Lowlands (e.g., Akers et al., 2016; Douglas et al., 2015, 2016; Dunning et al., 2012, 2015; Lentz et al., 2014; Turner and Sabloff, 2012). Previous studies have emphasized the impact of prolonged droughts and their possible link with social downturn, such as the Pre-Classic Abandonment and the Classic Maya Collapse (Ebert et al., 2017; Hoggarth et al., 2016; Lentz et al., 2014; Kennett et al., 2012; Medina-Elizalde et al., 2010, 2016; Haug et al., 2003; Hodell et al., 1995, 2001, 2005). Less attention has been given to episodes of excessive rain and floods that may also have severely impacted ancient Maya societies (e.g. Iannone et al., 2014). Evidence for such impacts is found in the fact that floods, as well as droughts, are an important theme depicted in the remaining ancient Maya codices (Fig. 1) (Thompson, 1972), and Maya mythological stories (Valásquez Garcíá, 2006).

One of the main challenges in palaeoclimatic reconstructions is to unravel climate from human induced changes. Maya societies played a key role in the formation of the landscape, but the degree of human induced impact remains highly debated (Hansen, 2017; Beach et al., 2015; Ford and Nigh, 2015). For example, it is proposed that the increase in sedimentation rate after 1000 BCE at Lake Salpeten (Anselmetti et al., 2007) and Peten-Itza (Mueller et al., 2009) is related to human induced soil erosion. However, other high resolution lake records from the area do not show a significant increase in sedimentation rate during the Pre-Classic or Classic period (e.g. Wahl et al., 2014), and past volcanic activity could have been responsible for the deposition of smectite rich clay layers in inland lakes

61 (Tankersley et al., 2016; Nooren et al., 2017a). Palynological records from the Central Maya Lowlands
62 (CML, Fig. 2) show no evidence of widespread land clearance and agriculture before ~400 BCE (Wahl
63 et al., 2007; Islebe et al., 1996; Leyden et al., 1987), and there is growing consensus that the decline in
64 the percentage of lowland tropical forest pollen during the Pre-Classic period (Galop et al., 2004; Islebe
65 et al., 1996; Leyden et al., 1987) was caused by climatic drying instead of deforestation (Torrescano
66 and Islebe, 2015; Wahl et al., 2014; Mueller et al., 2009).

67
68 In this paper, we present two new palaeo-precipitation records reflecting precipitation changes in the
69 CML. The records span the Pre-Classic period (1800 BCE – 250 CE), when Maya societies in the CML
70 transformed from predominantly mobile hunter-gatherers in the Early Pre-Classic period (e.g. Inomata
71 et al., 2015; Coe, 2011; Lohse, 2010), to complex sedentary societies that founded impressive cities
72 like El Mirador by the later part of the Pre-Classic period (Hansen, 2017; Inomata and Henderson,
73 2016). The period of rapid growth in these centralized societies probably occurred much later than
74 previously thought, sometime after the start of the Late Pre-Classic period around 400 BCE (Inomata
75 and Henderson, 2016). This raises the question for the reason behind the delayed development of
76 societies in this area, which was to become the core area of Maya civilization during the following
77 Classic period (250 – 900 CE). There is recent evidence that climate during the Middle Pre-Classic
78 Period (1000 – 400 BCE) may have been less stable than recently reported (Ebert et al., 2017). We
79 propose that anomalously wet conditions could have been unfavourable for the intensification of
80 maize-based agriculture, which formed the underlying subsistence economy responsible for the
81 development of many neighbouring Mesoamerican societies during this period.

82
83 The CML have been intensively studied, and several well-dated speleothem, palynological, and
84 limnological records have been obtained for this area (Díaz et al., 2017; Akers et al., 2016; Douglas et
85 al., 2015; Wahl et al., 2014; Kennett et al., 2012; Mueller et al., 2009; Metcalfe et al., 2009;
86 Domínguez-Vázquez and Islebe, 2008; Galop et al., 2004; Rosenmeier et al., 2002; Islebe et al., 1996)
87 (Fig. 2 and A1). However, palaeo-precipitation signals from these records and those from adjacent
88 areas in the Yucatan and Central Mexico exhibit large differences among records (Fig. A2), making the
89 reconstruction and interpretation of larger-scale precipitation for the region a challenge (Lachniet et al.,
90 2013, 2017; Douglas et al., 2016; Metcalfe et al., 2015). Existing climate reconstructions mostly
91 represent local changes and are predominantly based on oxygen isotope variability, although some new
92 proxies have been introduced recently (e.g. Díaz et al., 2017; Douglas et al., 2015).

93
94 We present a regional-scale palaeo-precipitation record for the CML, extracted from world's largest
95 late Holocene beach ridge sequence at the Gulf of Mexico coast (Fig. 2B). The beach ridge record
96 captures changes in river discharge resulting from precipitation patterns over the entire catchment of
97 the Usumacinta River and thus represents regional changes in precipitation over the CML (Nooren et
98 al., 2017b). Currently the annual discharge of the Usumacinta river is approximately 2000 m³/s,
99 corresponding to ~40 % of the excess or effective rain falling in the 70,700 km² large catchment
100 (Nooren et al., 2017b). Mean annual precipitation within the catchment is ~2150 mm, with 80 % falling
101 during the boreal summer, related to the North American or Mesoamerican Monsoon system (Lachniet
102 et al., 2013, 2017; Metcalfe et al., 2015). The interpretation of the beach ridge record is supported by a
103 new multi-proxy record from Lake Tuspan, an oligosaline lake situated within the CML. The lake
104 receives most of its water from a relatively small catchment of 770 km² (Fig. 2) and hence provides a
105 local precipitation record, to complement the regional signal from the beach ridge sequence.

106 107 *Regional palaeo-precipitation signal*

108 The coastal beach ridges consist of sandy material originating from the Grijalva and Usumacinta rivers,
109 topped by wind-blown beach sand (Nooren et al., 2017b). Although multiple factors determine the final
110 elevation of the beach ridges, it has been shown that during the period 1775 ± 95 BCE to 30 ± 95 CE
111 (at 1σ), roughly coinciding with the Pre-Classic period, beach ridge elevation was primarily determined
112 by the discharge of the Usumacinta river. Low elevation anomalies of the beach ridges occur in periods
113 with increased river sediment discharge, which in turn is the product of high precipitation within the
114 river catchment. Under these conditions, beach ridges develop relatively rapidly, and are exposed to
115 wind for a shorter period. In contrast, during periods of drought, sediment supply to the coast is
116 reduced, resulting in a decreased seaward progradation rate of the beach ridge plain. This leaves a
117 longer period for aeolian accretion on the beach ridges near the former shoreline, resulting in higher
118 beach ridges (Nooren et al., 2017b). Hence, variations in beach ridge elevation reflect changes in
119 rainfall over the Usumacinta catchment, and thereby represent catchment-aggregated precipitation,
120 rather than a local signal. The very high progradation rates and the very robust age-distance model

121 (Fig. A3), with uncertainties of the calibrated ages not exceeding 60–70 years (at 1σ), effectively allow
122 the reconstruction of palaeo-precipitation at centennial time scales.

123

124 *Local palaeo-precipitation signal: Lake Tuspan record*

125 During dry periods, a reduced riverine input of fresh water and a lowering of the lake level enhance the
126 effect of evaporation and increase the salinity of the lake water. Diatom communities within oligo- to
127 hypersaline lakes are strongly influenced by lake water salinity (Reed, 1998; Gasse et al., 1995), and
128 we therefore determined diatom assemblage changes within the Lake Tuspan sediment record (Fig. 3)
129 to reconstruct palaeo-salinities of the lake water, reflecting palaeo-precipitation in the lake's catchment
130 via changes in the balance of precipitation - evaporation.

131

132 **2. Methods**

133

134 *Beach ridge sequence*

135 Beach ridges elevations were extracted from a Digital Elevation Model (DEM) of the coastal plain
136 along the transects indicated in Fig. 2 (Nooren et al., 2017b). The DEM is based on LiDAR data
137 originally acquired in April-May 2008 and processed by Mexico's National Institute of Statistics and
138 Geography (INEGI), Mexico. The relative beach ridge elevation is defined as the difference between
139 the beach ridge elevation and the long-term (~500 yr) running mean (Fig. A3). The age distance model
140 is based on 35 AMS ^{14}C dated terrestrial macro-remains (mainly leaf fragments isolated from organic
141 debris layers), and 20 OSL dated sand samples (determined on small aliquots of quartz grains) (Nooren
142 et al., 2017b).

143

144 *Lake Tuspan*

145 Two parallel cores, Tuspan cores B and C, were taken with a Russian corer (type GYK) in shallow
146 water near the inflow of the Rio Dulce (not to be confused with the Rio Dulce that drains lake Izabal in
147 eastern Guatemala), not far from core A which has been studied for pollen (Galop et al., 2004). Semi-
148 quantitative analyses of Si, S, K, Ca, Ti, Mn and Fe were conducted on both cores with an X-ray
149 fluorescence core scanner (type AVAATECH) at 0.5 cm intervals. Deposits of large floods were
150 identified on the basis of elevated concentrations of Si, Fe, Ti and Al (Davies et al., 2015), with peak
151 concentrations exceeding a one-standard-deviation threshold above the mean.

152

153 Core C was investigated for amorphous silica, charred plant fragments, and diatoms (Fig. 3, A4 and
154 A5). The core was subsampled at 4-12 cm contiguous intervals, each interval representing 25-80 years.
155 In addition, 37 1-cm samples (representing ~6.5 yr) were processed using the method outlined by
156 Battarbee (1973) to determine diatom concentrations and short term variability (decadal scale).
157 Subsamples were treated with HCl (10 %) to remove calcium carbonate. Large organic particles were
158 removed by wet sieving (250 μm mesh), and charred plant fragments > 250 μm were counted under a
159 dissection microscope. Remaining organic material was removed by heavy liquid separation using a
160 sodiumpolywolframate solution with a density of 2.0 g/cm^3 . A silicious residue, denoted 'amorphous
161 silica' was subsequently removed by heavy liquid separation using a sodiumpolywolframate solution
162 with a density of 2.3 g/cm^3 , and dry weight was determined after drying of the samples at 105°C.

163

164 Slides were prepared from the remaining material. Diatoms were identified, counted and reported as
165 percentages of the total diatom sum, excluding the small and often dominant *Denticula elegans* and
166 *Nitzschia amphibia* species. These species show a large variability on short time scales (Fig. A5), and
167 are not indicative for changes at centennial time scale. We relate changes in diatom assemblages
168 mainly to lake water salinity changes. The first principal component on the entire assemblage (PC-1) is
169 interpreted as a palaeosalinity indicator. Diatom taxonomy is mainly after Patrick and Reimer (1966;
170 1975) and Novelo, Tavera, and Ibarra (2007). We identified *Plagiotropis arizonica* following
171 Czarnecki and Blinn (1978), *Mastogloia calcarea* following Lee et al. (2014), and *Cyclotella*
172 *petenensis* following Paillès et al. (2018).

173

174 The age-depth model for core C is based on seven AMS radiocarbon dated terrestrial samples and
175 stratigraphical correlation with core A (Fleury et al., 2014). We used a linear regression between the
176 available radiocarbon dated samples (Fig. A7) which is comparable with the age-depth model of Fleury
177 et al. (2014) for the time window between ~2500 BCE and 1000 CE.

178

179 *Wavelet transfer functions*

180 The relation between our beach ridge and diatom record and other palaeo-precipitation records from
181 the Maya Lowlands and nearby regions (figure A1 and A2) were investigated by wavelet coherence
182 (CWT) analyses using the software developed by Grinsted et al. (2004). We also applied CWT to
183 compare our record with North Atlantic ice drift record (Bond et al., 2001) and the Northern
184 Hemispheric atmospheric $\delta^{14}\text{C}$ record (Reimer et al., 2013) to gain an understanding of the forcing of
185 the regional changes in precipitation we observe. The record of drift ice from the North Atlantic is
186 bimodally distributed, oscillating between periods of low and high concentrations of hematite-stained
187 grains. The timeseries was therefore transformed into a record of percentiles based on its cumulative
188 distribution function to avoid leakage of the square wave into frequency bands outside the fundamental
189 period (Grinsted et al., 2004). CWT applies Monte Carlo methods to test for significance. In this case
190 we set the alpha value at 5%. Time periods and periodicities enclosed within the black lines of in our
191 wavelet analysis indicate common power between timeseries with 95% confidence.
192

193 3. Results

194 *Beach-ridge record*

195 As described above, when beach ridge elevation is largely driven by the discharge of the Usumacinta
196 River, periods of relative high (low) beach ridges correspond to relatively drier (wetter) conditions in
197 the Usumacinta catchment (Fig. 2). The beach-ridge record shows clear centennial scale variability,
198 with an exceptionally dry phase centred around 1000 ± 95 BCE, and a subsequent pronounced wet
199 phase centred around 800 ± 95 BCE.
200

201 *Diatom record Lake Tuspan*

202 The sediment stratigraphy of core C can be divided into two main units. Below 4.3 m the core is clearly
203 laminated, and 0.5-4-cm-thick dark palaeoflood-layers contrast with the predominantly light-coloured
204 calcareous deposits. The flood-layers are characterized by elevated detrital input, resulting in elevated
205 concentrations of Si, amorphous silica, and charred plant fragments. The average recurrence time of
206 large floods was approximately 50 years. Sediments from 0.25 to 4.3 m depth are vaguely laminated,
207 with three distinct dm-thick turbidite layers (Fig. 3).
208

209 The interpretation of PC-1 (Fig. 3) as an indicator of lake salinity and hence relative dryness (see
210 Methods) is supported by the fact that low/negative PC-1 values are driven by relatively high
211 percentages of *Plagiotropis arizonica* (Fig. 3), a diatom species characteristic of high-conductivity
212 water bodies (Czarnecki and Blinn, 1978) as well as other benthic, high salinity/alkalinity species such
213 as *Anomoeoneis sphaerophora* and *Craticula cuspidata* (Fig. A4).
214

215 A drastic change from dry to wet conditions occurred around 4.3 m depth (~ 1100 BCE), with the loss
216 of salinity tolerant taxa and higher proportions of freshwater taxa such as *Eunotia* sp. and *Cyclotella*
217 *petenensis* (Fig. 3). This coincides with the observed lithological shift from clearly to vaguely
218 laminated sediments. After relatively high/positive PC-1 values during the Middle and Late Pre-Classic
219 Period we observe a decreasing trend in PC-1 values during the following Classic Period, indicating a
220 gradual increase in lake water salinity. Low PC-1 values between 800 – 950 CE are in accordance with
221 many palaeorecords from the area (Fig. A2) indicating periods of prolonged droughts during the Late
222 Classic Period.
223

224 *Wavelet transfer function*

225 Wavelet coherence (WTC) analysis (Grinsted et al., 2004) indicates in-phase coherence between the
226 beach ridge record and the recently extended and revised calcite $\delta^{18}\text{O}$ speleothem record from Macal-
227 Chasm cave (Akers et al., 2016) (Fig. A7). The in-phase relationship between the two records is
228 significant above a 5% confidence level at centennial timescales during the Pre-Classic Period. We did
229 not find significant relationships between the beach ridge record and other palaeo-precipitation records
230 from the CML, nor with records from the Yucatan and Central Mexico (Fig. A2), except for a
231 significant in-phase coherence at a centennial time scale with the *Pyrgophorus* sp. $\delta^{18}\text{O}$ record from
232 Lake Chichancanab (Hodell et al., 1995).
233

234 4. Discussion

235 4.1 Climate change in the CML during the Pre-Classic period

236
237
238
239

240 *Early Pre-Classic period (1800 – 1000 BCE)*

241 Both beach ridge and diatom records indicate that the onset of the early Pre-Classic period was
242 relatively dry (Fig. 4). Despite the predominantly dry conditions, large floods still occurred, as
243 demonstrated by the repetitive input of fluvial material into Lake Tuspan. Periods with the highest
244 fluvial sediment input coincided with periods of increased input of charcoal into Lake Peten-Itza
245 (Schüpbach et al., 2015) (Fig. A2). Because the CML were still sparsely populated during the Early
246 Pre-Classic period (Inomata et al., 2015) we relate the presence of charcoal to the occurrence of
247 wildfires.

248
249 After a transition to wetter conditions between 1500 and 1400 BCE, we observe a drying trend that
250 culminated in a prolonged dry period at the end of the Early Pre-Classic period centred around $1000 \pm$
251 95 BCE. Although this exceptionally dry phase is less apparent from Lake Tuspan's diatom record
252 (Fig. 3), it has been recorded at many other sites within the CML. At Lake Puerto Arturo, high $\delta^{18}\text{O}$
253 values in the gastropod *Pyrgophorus* sp. indicate that this was the driest period since 6300 BCE (Wahl
254 et al., 2014), and the recently extended and improved speleothem $\delta^{18}\text{O}$ record from Macal Chasm
255 indicates that this dry period was probably at least as severe as any prolonged droughts during the
256 Classic and Post-Classic period (Akers et al., 2016). Dry conditions are reflected in high
257 $\text{Ca}/\Sigma(\text{Ti,Fe,Al})$ values at Lake Peten-Itza (Mueller et al., 2009), indicating elevated authigenic
258 carbonate (CaCO_3) precipitation relative to the input of fluvial detrital elements (Ti, Fe and Al) during
259 this period; water level at this large lake must have dropped by at least 7 m (Mueller et al., 2009).

260
261 *Middle Pre-Classic period (1000 – 400 BCE)*

262 Both the beach ridge and the Lake Tuspan diatom records indicate a change to wetter conditions
263 around 1000-850 BCE, causing major changes in hydrological conditions in the CML (Fig. 4). The
264 diatom assemblages in the Lake Tuspan record show a major change in composition. Species indicative
265 of meso- to polysaline water almost completely disappear, and are replaced by species indicating fresh
266 water conditions (Fig. 4). In the lake sediments, this transition is also marked by a lithological shift
267 from clearly to vaguely laminated sediments that lack repetitive large flood layers, while charred plant
268 fragments are almost absent until ~400 BCE. Similar abrupt lithological transitions were reported from
269 Lake Chichancanab (Hodell et al., 1995) and Lake Peten-Itza (Mueller et al., 2009), and Wahl et al.
270 (2014) describe a regime shift at Puerto Arturo. The sudden reduction in charred plant fragments
271 around ~1000 BCE at Lake Tuspan coincides with reduced concentrations of charcoal at Lake Peten-
272 Itza (Fig. A2) (Schubach et al., 2015) and Laguna Tortuguero, Puerto Rico (Burney and Pigott
273 Burney, 1994) indicating rapid climatic changes over a large spatial scale.

274
275 *Late Pre-Classic period (400 BCE – 250 CE)*

276 Both beach ridge and diatom record (Fig. 4) indicate that a relatively dry period occurred by the onset
277 of the Late Pre-Classic period, which has not been identified in other proxy records from the region
278 (Fig. A2), although high *Pinus* pollen percentages in the pollen record from Petapilla pond near Copan
279 (McNeil, 2010) during this period may indicate dry conditions, as high *Pinus* pollen percentage at
280 highland sites could be indicative of drier conditions (Domínguez-Vázquez and Islebe, 2008). The
281 diatom record at Lake Tuspan (Fig. 3) shows a general increase in lake water salinity, indicating a
282 gradual shift to drier conditions in the Late Pre-Classic period.

283
284 **4.2 Precipitation variability**

285
286 *Precipitation variability over long time scales*

287 The observed general drying trend over the last few thousand years is probably related to the southward
288 shift of the ITCZ during the late Holocene. The shift occurred in response to orbitally-forced changes
289 in insolation (Haug et al., 2001), causing a gradual Northern Hemisphere cooling versus Southern
290 Hemisphere warming (Fig. 4), thereby shifting the ITCZ towards the warming southern hemisphere
291 (Schneider et al., 2014). Wetter conditions during the Middle Pre-Classic period may reflect a more
292 northerly position of the ITCZ, which may be related to stronger easterly tradewinds and the less
293 frequent occurrence of winter season cold fronts, as beach ridge morphological changes suggest
294 (Nooren et al., 2017b).

295
296 *Centennial-scale precipitation variability*

297 The coherence between the beach ridge record and the relatively well-dated Macal-Chasm speleothem
298 record gives us confidence that these records reflect regionally coherent variability at centennial
299 timescales during the Pre-Classic period. Interestingly, the beach ridge record is significantly in anti-

300 phase with the North Atlantic ice drift record (Bond et al., 2001) and the Northern Hemispheric
301 atmospheric $\delta^{14}\text{C}$ record during the Pre-Classic Period (Reimer et al., 2013) (Fig. 5), suggesting an
302 important role of North Atlantic atmospheric-oceanic forcing on precipitation in the CML. The
303 Northern Hemispheric atmospheric $\delta^{14}\text{C}$ record shows a 512-yr periodicity (Stuiver and Braziunas,
304 1993), which is similar to the observed ~500 year periodicity of the beach ridge record during the Pre-
305 Classic period. Such a centennial scale periodicity is not apparent in Lake Tuspan's diatom record (Fig.
306 3), nor in any of the other palaeo-precipitation records from the Maya Lowlands (Fig. A2), but has
307 been identified in the Ti record from Lake Juanacatlán in the highlands of Central Mexico (Jones et al.,
308 2015). This periodicity has been related to the intensity of the North Atlantic thermohaline circulation
309 and variations in solar activity (Stuiver and Braziunas, 1993).

310
311 The coherence with fluctuations in solar irradiance is most evident during the 850 BCE (2.8 ka) event,
312 related to the Homeric Grand Solar Minimum. At that time, a strong decrease in the total solar
313 irradiance resulted in higher atmospheric ^{14}C production and a change to cooler and wetter conditions
314 in the Northern Hemisphere (e.g. Van Geel et al., 1996), and apparently also a shift to wetter conditions
315 in the CML, evident from our two new palaeo-precipitation records (Fig. 4). This correlation should
316 not be used as an analogue for modern precipitation variability, when periods of lower solar activity are
317 associated with lower Usumacinta River discharge and hence less precipitation in the CML (Fig. A8).
318 Probably due a more northerly mean position of the ITCZ during the Pre-Classic Period precipitation
319 responded differently to solar forcing than today.

320
321 It has previously been suggested that there was a coherent response to the late Holocene southward
322 shift of the ITCZ in both northern South America and the Maya Lowlands (Haug et al., 2003),
323 implying that the beach ridge record should be in-phase with the Cariaco Ti record (Haug et al., 2001).
324 Although the Cariaco record indicates large centennial-scale variability in precipitation over northern
325 South America (Fig. 4), this variability is not significantly correlated with the beach-ridge record. The
326 correlation improved slightly using an updated age-depth model for Cariaco (Fig. A9), but remains
327 insignificant, probably as a consequence of uncertainties in the chronological control of both records or
328 because of a more prominent influence of the Northern Atlantic climatic forcing mechanisms in the
329 Maya Lowlands.

330 331 **4.3 Precipitation versus human development in the CML**

332 Our records indicate that the Early Pre-Classic period in the CML was relatively dry. During that
333 period, the CML were still sparsely populated by moving hunter-gatherers. It is highly likely that
334 before maize became sufficiently productive to sustain sedentism, the karstic lowlands were less
335 attractive for humans than the coastal wetlands along the Gulf of Mexico and Pacific coast, where
336 natural resources were abundantly present to successfully sustain a hunting/gathering subsistence
337 system (Inomata et al., 2015). Reliance on cultivated crops, most notably maize, rapidly increased after
338 the onset of the Middle Pre-Classic period around 1000 BCE (Rosenswig et al., 2015). Between 1000
339 and 850 BCE, under still dry conditions, there is evidence for increased maize agriculture in the Pacific
340 flood basin (Rosenswig et al., 2015), and within the Olmec area on the Gulf of Mexico coast (Arnold
341 III, 2009), and maize grains (AMS ^{14}C dated to 875 ± 29 BCE) have been found as far as Ceibal within
342 the CML (Inomata et al., 2015). We speculate that wetter conditions after 850 BCE might have been
343 unfavourable for further development of intensive agriculture in the CML. This is supported by
344 palynological evidence, indicating that widespread land clearance and agriculture activity did not occur
345 before ~400 BCE (Wahl et al., 2007; Galop et al., 2004; Islebe et al., 1996; Leyden et al., 1987),
346 despite some early local agricultural activity (Wahl et al., 2014; Rushton et al., 2013; McNeil et al.,
347 2010). A return to drier conditions during the Late Pre-Classic period coincided with an expansion of
348 maize-based agriculture in the CML, and communities within the Maya Lowlands show strong and
349 steady development (Hansen, 2017; Inomata and Henderson, 2016). Hence, major development of
350 Maya civilization in the Central Maya Lowlands occurred only after the onset of the Late Pre-Classic
351 period, when climate became progressively drier, in line with earlier findings that drier conditions were
352 favourable for agricultural development in the CML (Wahl et al., 2014). Changes in the distribution of
353 rainfall probably also changed, and large floods, most evident during the Archaic and early Pre-Classic
354 period, occurred much less frequently after approximately 1000 BCE.

355 356 **5. Conclusions**

357 For the first time a regional palaeo-precipitation record has been reconstructed for the Central Maya
358 Lowland (CML), based on an exceptionally well dated high resolution beach ridge record. This record
359 indicates centennial scale precipitation fluctuations during the Pre-Classic period that are not always

360 registered in local records, adding valuable new insights into larger scale climatic forcing mechanisms
361 for the CML. The generally poor correlation between the regional and local palaeo-precipitation
362 reconstructions are probably related to spatial precipitation variability, and chronological uncertainties
363 of many records. Additional research of beach ridge formation processes are needed to extend this
364 regional precipitation reconstruction to the Classic and Post-Classic period.
365 We have also generated a local scale palaeo-precipitation record using diatoms preserved in a core
366 from Lake Tuspan, thereby adding an alternative proxy to the relatively high number of local
367 reconstructions predominantly based on oxygen isotope variability. We recognise, however, that
368 diatom preservation is often poor in the carbonate lakes across the wider region. As a result, the
369 correlation between these two reconstructions is variable through time.

370
371 Although the occurrence of a prolonged drought during the end of the Early Pre-Classic period, which
372 we report here, is evident in other palaeo-precipitation reconstructions from the CML, the subsequent
373 wet period during the Middle Pre-Classic period, registered in both our new records, is less evident
374 elsewhere. Although many researchers have focused on the impact of drought on the development and
375 disintegration of Maya societies, one should consider this prolonged wet period as potentially
376 unfavourable for the development and intensification of agriculture in the CML, particularly in the
377 wetter areas.

378
379 Our results provide evidence that North Atlantic atmospheric-oceanic forcing plays an important role in
380 the modulation of the observed centennial scale precipitation variability, however further studies are
381 required which compare well-dated terrestrial reconstructions that capture regional signals with solar
382 and oceanic reconstructions to gain a better understanding of climate forcing mechanisms, both in the
383 CML and across the wider region.

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Acknowledgements

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References

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- 707
- 708
- 709 **Figure captions**
- 710
- 711 Figure 1: The image on page 74 of the Codex Dresden depicts a torrential downpour probably
712 associated with a destructive flood (Thompson, 1972).
- 713
- 714 Figure 2: A large part of the Central Maya Lowlands (outlined with a red dashed line) is drained by the
715 Usumacinta (Us.) River (A). During the Pre-Classic period this river was the main supplier of sand
716 contributing to the formation of the extensive beach ridge plain at the Gulf of Mexico coast (B).

717 Periods of low rainfall result in low river discharges and are associated with relatively elevated beach
718 ridges. The extent of the watersheds of the Usumacinta and Dulce River is calculated from SRTM 1-arc
719 data (USGS, 2009). Indicated are archaeological sites (squares) and proxy records discussed in the text;
720 Tu= Lake Tuspan, Ch = Lake Chichancanab, PI = Lake Peten-Itza, MC = Macal Chasm Cave, and PA
721 = Lago Puerto Arturo.

722

723 Figure 3: Summarized proxy record of Lake Tuspan sediment core C. In the lithological column black
724 lines represent large flood layers and grey boxes turbidites. Ca and Si (in cps = counts per second) are
725 presented here as % of total counts. Vertical lines (red) in the (amorphous) Si graphs indicate the one-
726 standard-deviation threshold above the mean. For the diatom record only the relative abundance of
727 'key' diatom species are shown here. *Denticula elegans* and *Nitzschia amphibia* were excluded from
728 the diatom sum. Notice abrupt change around 1100 BCE.

729

730 Figure 4: Comparison of the Lake Tuspan and beach ridge record (A) with local and proximal records
731 from Macal-Chasm cave (Akers et al., 2016) and the Cariaco basin (Haug et al., 2001)(B). We used an
732 updated age-depth model for the Cariaco record (Fig. A9). Climate records related to North Atlantic
733 atmospheric-oceanic forcing are indicated in panel C, including the drift ice reconstruction from the
734 North Atlantic (Bond et al., 2001), the Northern Hemispheric residual atmospheric $\delta^{14}\text{C}$ content
735 (Reimer et al., 2013), the Northern-to Southern hemispheric temperature anomaly (Schneider et al.,
736 2014) and reconstructed Total Solar Irradiance (TSI) (Steinhilber et al., 2012).

737

738 Figure 5: Wavelet Transform Coherence (WTC) analysis between the beach ridge record and the
739 Northern Hemispheric atmospheric $\delta^{14}\text{C}$ record (Reimer et al., 2013)(A) and the North Atlantic ice drift
740 record (Bond et al., 2001)(B). The beach ridge record is significantly in anti-phase with both records at
741 approximately 500-yr time scale, indicating an important role of North Atlantic atmospheric-oceanic
742 forcing on precipitation in the Maya Lowlands during the Pre-Classic period. The 5% significance level
743 against red noise is shown as a thick contour. Arrows indicate phase difference, with in-phase
744 relationship between records if arrows point to the right.

745

746 **Appendix: Additional figures**

747

748 Figure A1: Location of proxy records indicated in figure A2 and/or mentioned in the main text. A:
749 Northern Maya Lowlands (Tz=Tzabnah, PL=Punta Laguna, RS=Rio Secreto, Ch=Chichancanab and
750 Si=Silvituc), the Central and Southern Maya Lowlands (PA=Puerto Arturo, NRL=New River Lagoon,
751 Tu=Tuspan, PI/Sa=Petén-Itza and Salpeten, MC/CH=Macal Chasm and Chen Ha, and YB=Yok
752 Balum), the Maya Highlands (Oc/Na= Ocotitalito and Naja, Am=Amatitlan, and Pet=Petapilla). B:
753 Central Mexico (Jua=Juanacatlan, CdD=Cueva de Diablo, Jx=Juxtlahuacan, and Alj=Aljojuca) and the
754 marine record from the Cariaco (C) basin. Annual precipitation (1950-2000) calculated with
755 WorldClim version 1.4 (release3); Hijmans et al. (2005). Long-term (1958-1998) mean ITCZ position
756 and wind at 925 hPa (m.s^{-1}) for July after Amador et al. (2006), based on NCED/NCAR Reanalysis
757 data (Kalnay et al., 1996).

758

759 Figure A2a: Palaeoprecipitation records from the Central Maya Lowlands and Yucatan; Beach ridge
760 elevation and Tuspan diatom record (this study), compiled record of Central Peten and Yucatan
761 (Douglas et al., 2016), Salpeten and Chichancanab dD wax-corr. (Douglas et al., 2015), Salpeten $\delta^{18}\text{O}$
762 (Rosenmeier et al., 2012), Peten-Itza $\delta^{18}\text{O}$ (Curtis et al., 1998), Puerto Arturo $\delta^{18}\text{O}$ (Wahl et al., 2014),
763 Macal Chasm $\delta^{18}\text{O}$ (Akers et al., 2016), Chen Ha $\delta^{18}\text{O}$ (Pollock et al., 2016), Yok Balum $\delta^{18}\text{O}$ (Kennett
764 et al., 2012), Rio Secreto $\delta^{18}\text{O}$ (Medina-Elizalde et al., 2016), Silvituc DV-pollen (Torrescano-Valle
765 and Islebe, 2015), Chichancanab S and $\delta^{18}\text{O}$ (Hodell et al., 1995), Punta Laguna $\delta^{18}\text{O}$ (Hodell et al.,
766 2007), and Tzabnah $\delta^{18}\text{O}$ (Medina-Elizalde et al., 2010). Notice that the y-axis is sometimes reversed,
767 so that excursions above the x-axis always indicate relatively drier conditions.

768

769 Figure A2b: Proxy records from the Central Maya Lowlands, the Maya Highlands and Central Mexico.
770 Peten-Itza charcoal (Schüpbach et al., 2015), Peten-Itza pollen (Islebe et al., 1996), Amatitlan
771 *Aulacoseira* and *Pinus* (Velez et al., 2011), Petapilla *Pinus* (McNeil et al., 2010), Naja *Pinus*
772 (Domínguez-Vázquez and Islebe, 2008), Ocotitalito Sr (Díaz et al., 2017), Aljojuca $\delta^{18}\text{O}$ (Bhattacharya
773 et al., 2015), Cueva del Diablo $\delta^{18}\text{O}$ (Bernal et al., 2011), Juxtlahuaca $\delta^{18}\text{O}$ (Lachniet et al., 2015,
774 2017), and Juanacatlan Ti 15-point running mean (Jones et al., 2015).

775

776 Figure A3: Age-distance model for beach ridge transect B. We refer to Nooren et al. (2017b) for further
777 details.
778

779 Figure A4: Diatom record for lake Tuspan core C. Diatom concentrations (*1000 valves/g dw) were
780 determined on 37 selected 1-cm samples and diatom percentages (only the ‘key species’ are shown
781 here) were determined on the 123 subsamples at 4-12-cm contiguous intervals. The small and often
782 dominant *Denticula elegans* and *Nitzschia amphibia* species were excluded from the diatom sum.
783

784 Figure A5: Detailed diatom record around one of the larger flood events ~1200 BCE.
785

786 Figure A6: Age-depth model for Tuspan core C. The age-depth model is based on a linear interpolation
787 between calibrated ages of radiocarbon dated terrestrial macroremains from core A (Galop et al., 2004)
788 and core C (Fleury et al., 2014). The model is most reliable for ages between ~2500 BCE and 1000 CE.
789

790 Figure A7: Wavelet Transform Coherence (WTC) analysis between the beach ridge record and the
791 Macal Chasm $\delta^{18}\text{O}$ record (Akers et al., 2016). The 5% significance level against red noise is shown as
792 a thick contour. Arrows indicate phase difference, with in-phase relationship between records if arrows
793 point to the right.
794

795 Figure A8: Mean annual discharge of the Usumacinta river at Boca del Cerro (Banco Nacional de
796 Datos de Aguas Superficiales, consulted in January 2017) compared with the total solar irradiance
797 (TSI). The TSI is comprised of the reconstruction from 1700-2004 (Krivovo et al., 2007), concatenated
798 with observations from the Total Irradiance Monitor (TIM) on NASA's Solar Radiation and Climate
799 Experiment (SORCE) from 2005-2011 (Kopp and Lean, 2011). 4.56 watts are added to the TIM
800 measurements as previous reconstructions were calibrated against less accurate measuring equipment,
801 compared with the TIM instrument, which led to an overestimation of TSI.
802

803 Figure A9: Updated age-depth model for Cariaco core 1002D. Original model (Haug et al., 2001) has
804 been based on a linear interpolation of calibrated ages. We applied a 4th-order polynomial fit through
805 modelled ages calculated with a P_sequence model (Oxcal 4.2) (Bronk Ramsey, 2009, 2016): k = 10,
806 Marine13 calibration curve, delta R = 15 ± 50 , one outlier: NSRL-13050.
807
808

Fig. 1

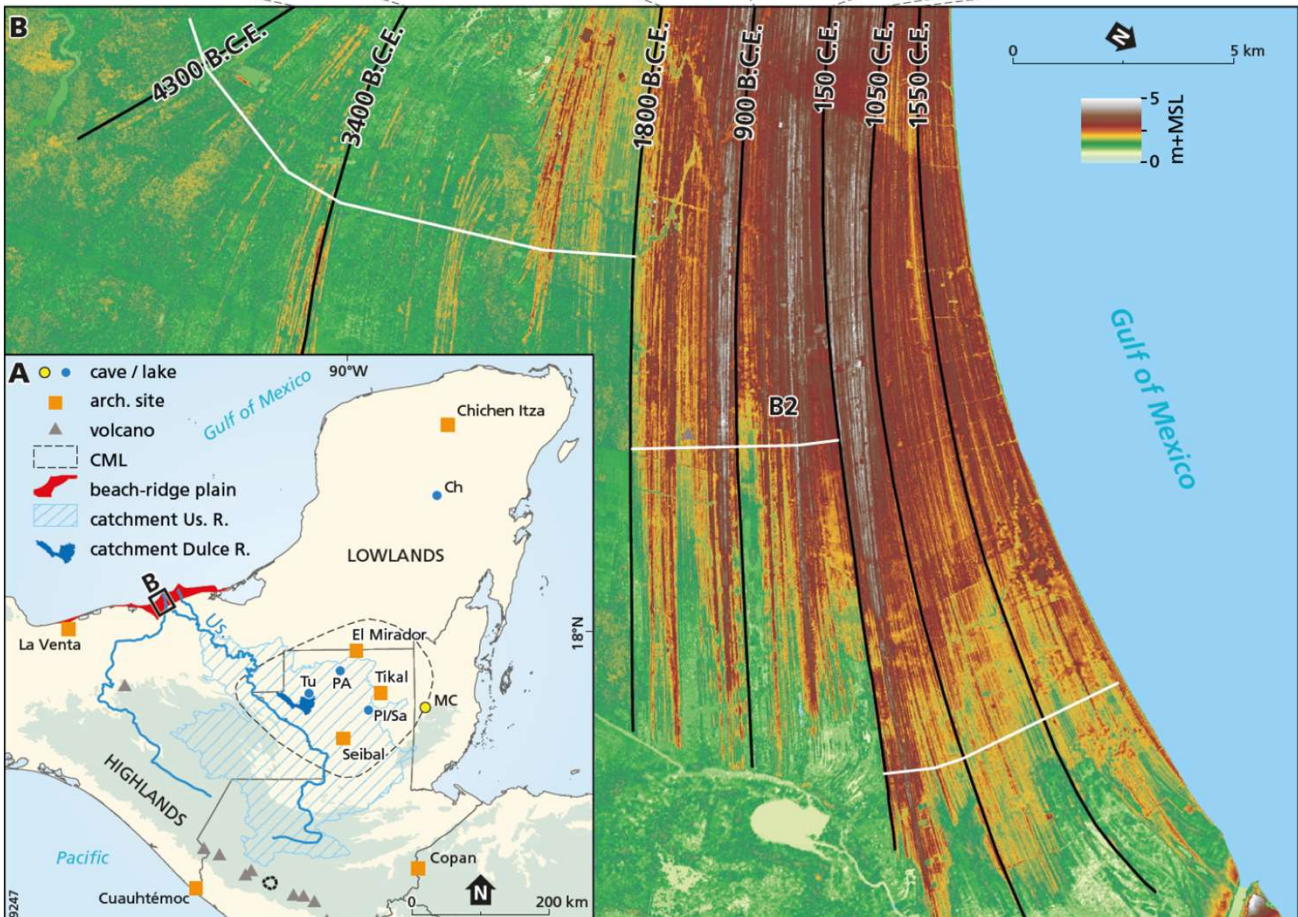
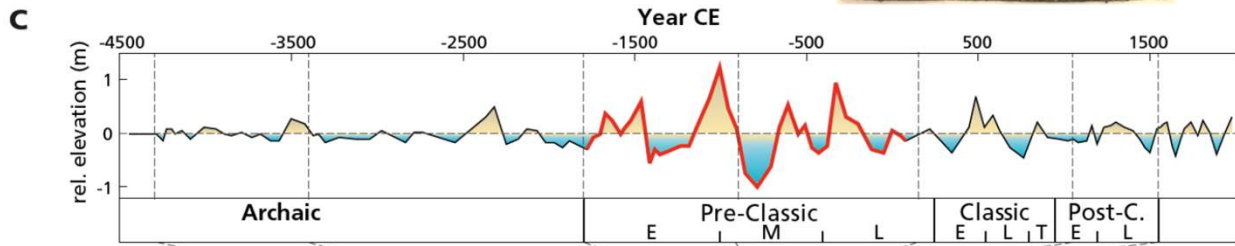


Fig. 2

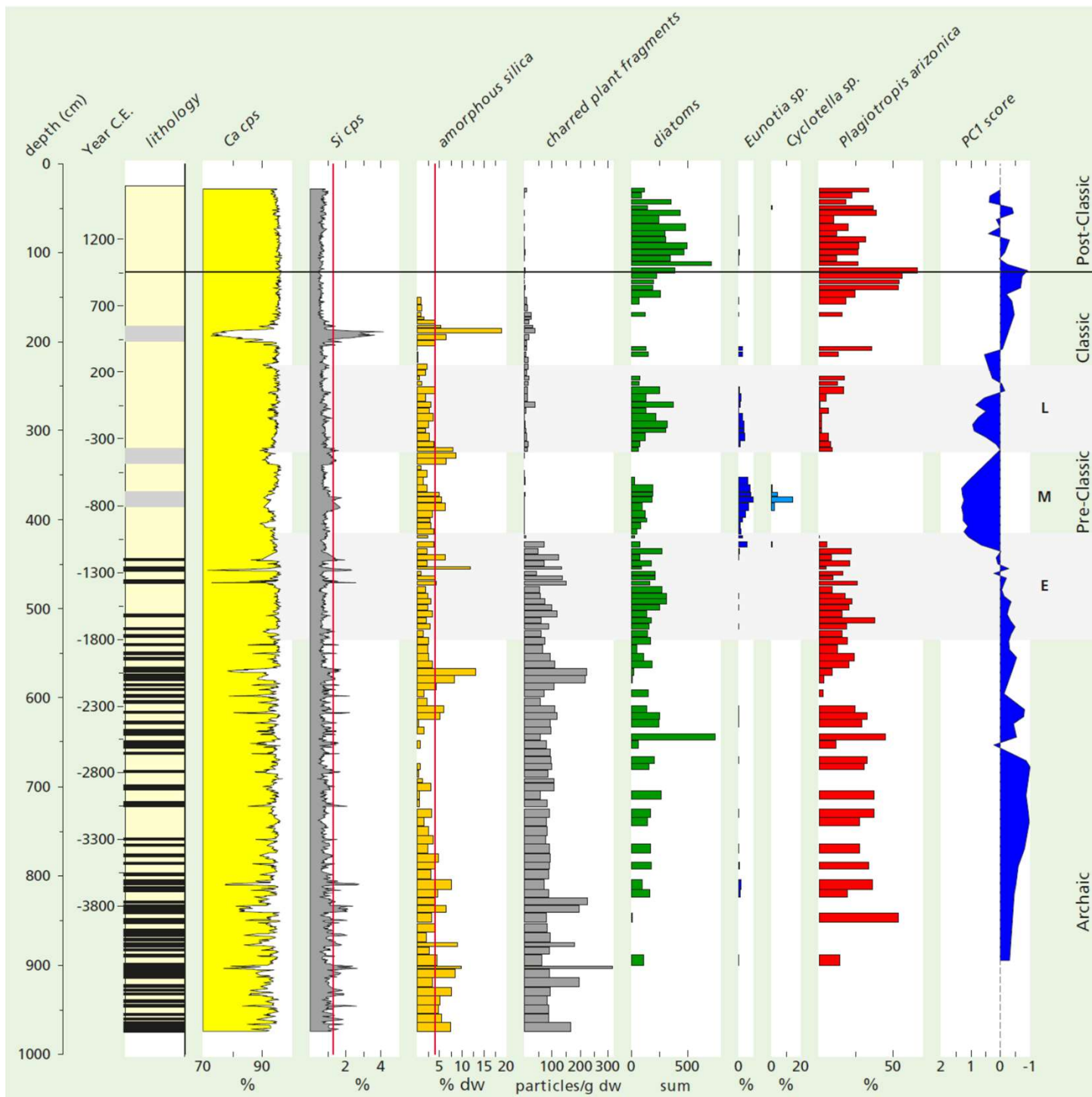


Fig. 3

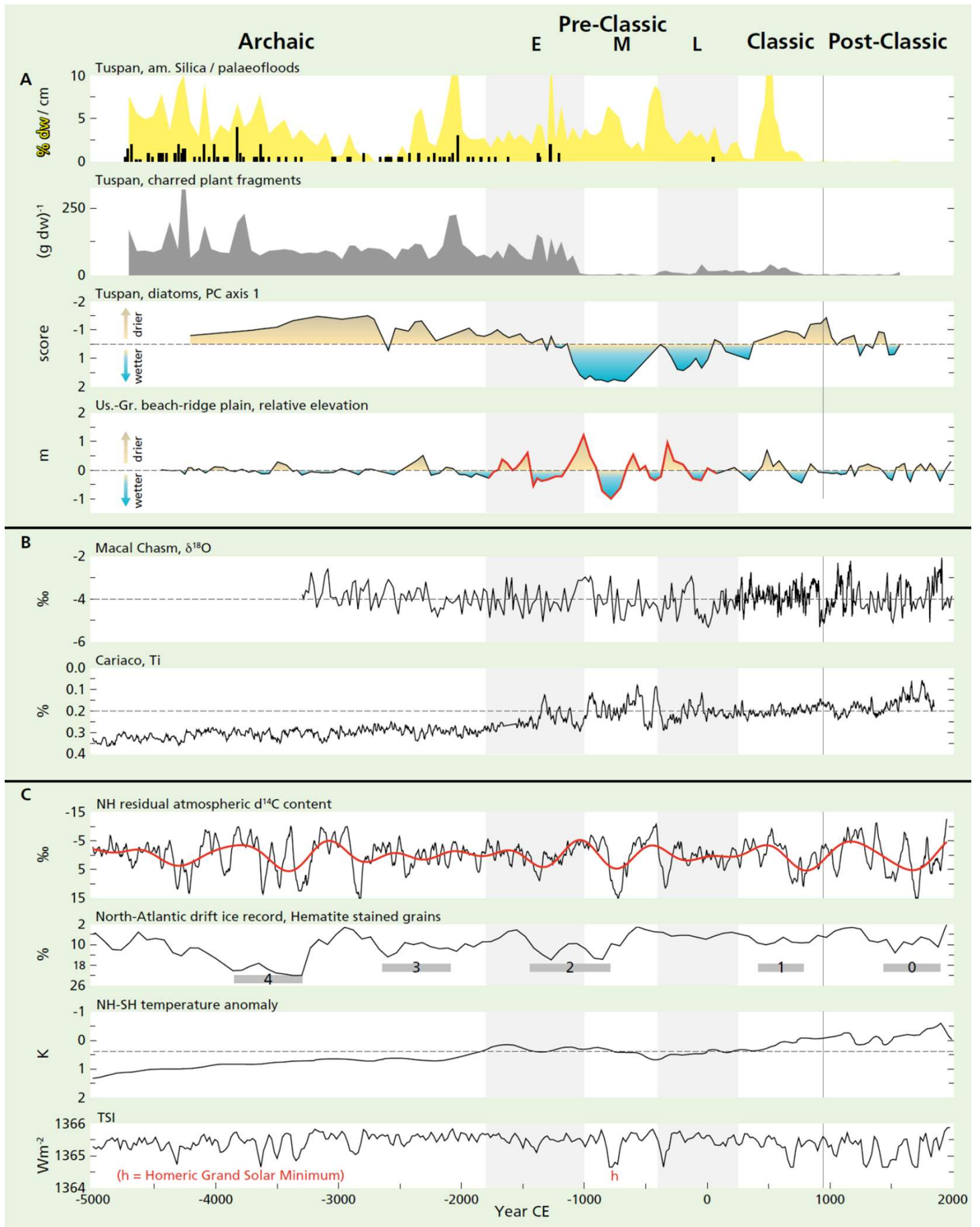


Fig. 4

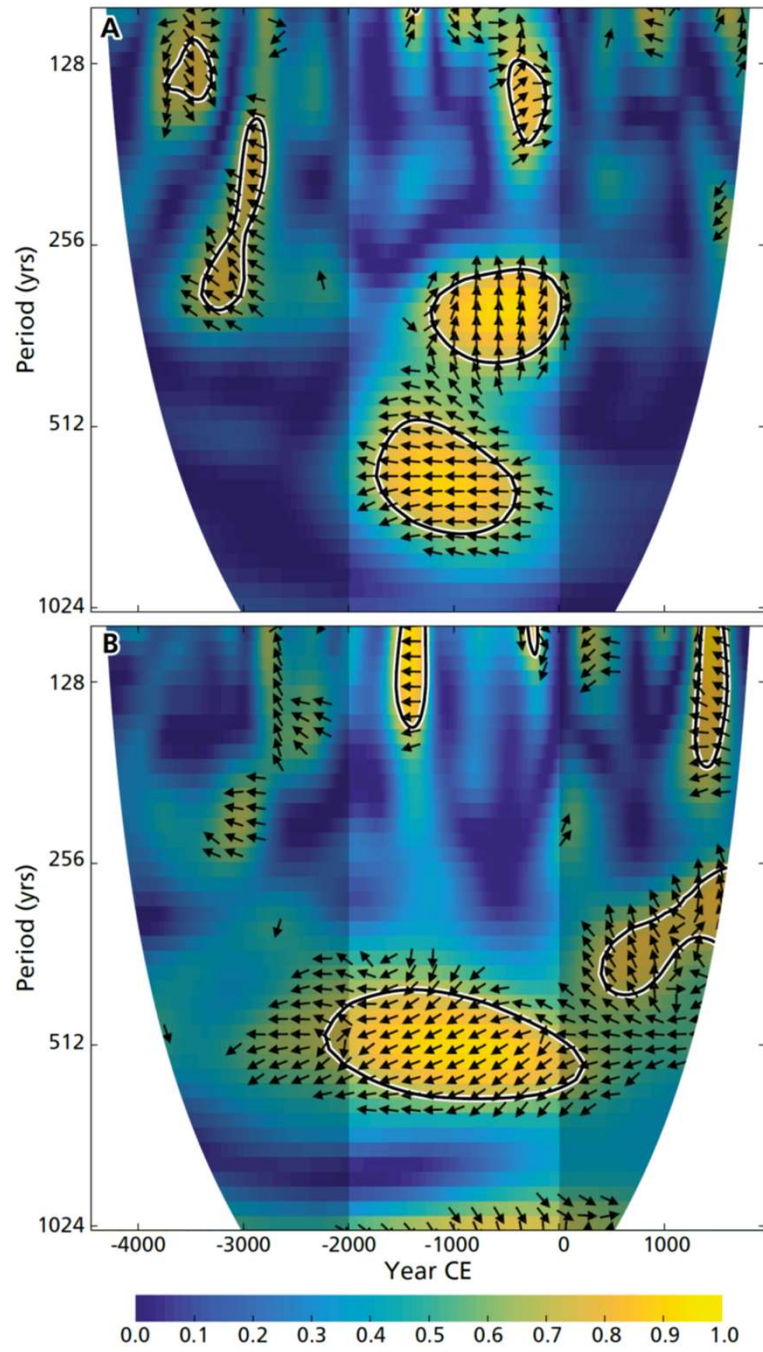


Fig. 5

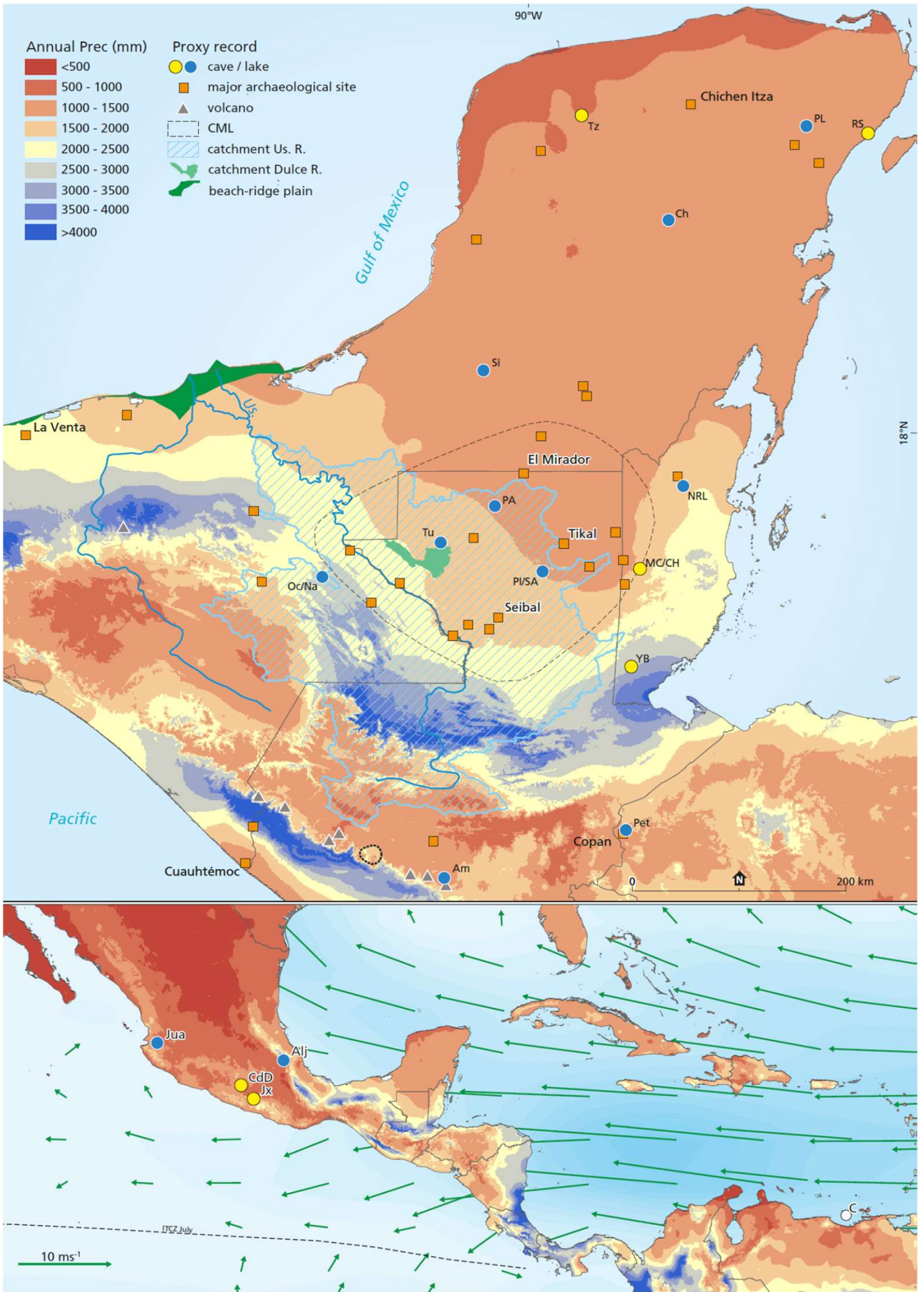


Fig. A1

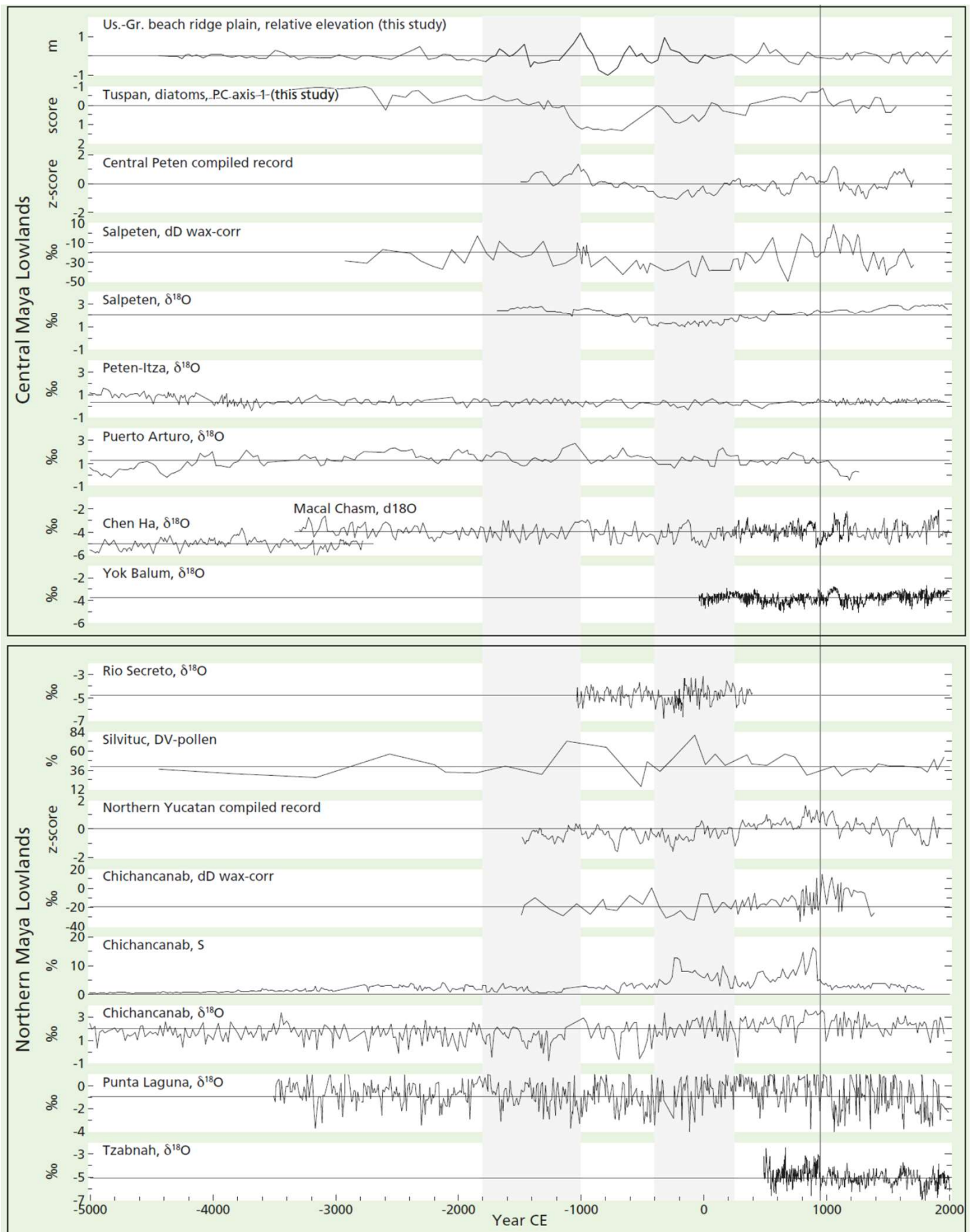


Fig. A2a

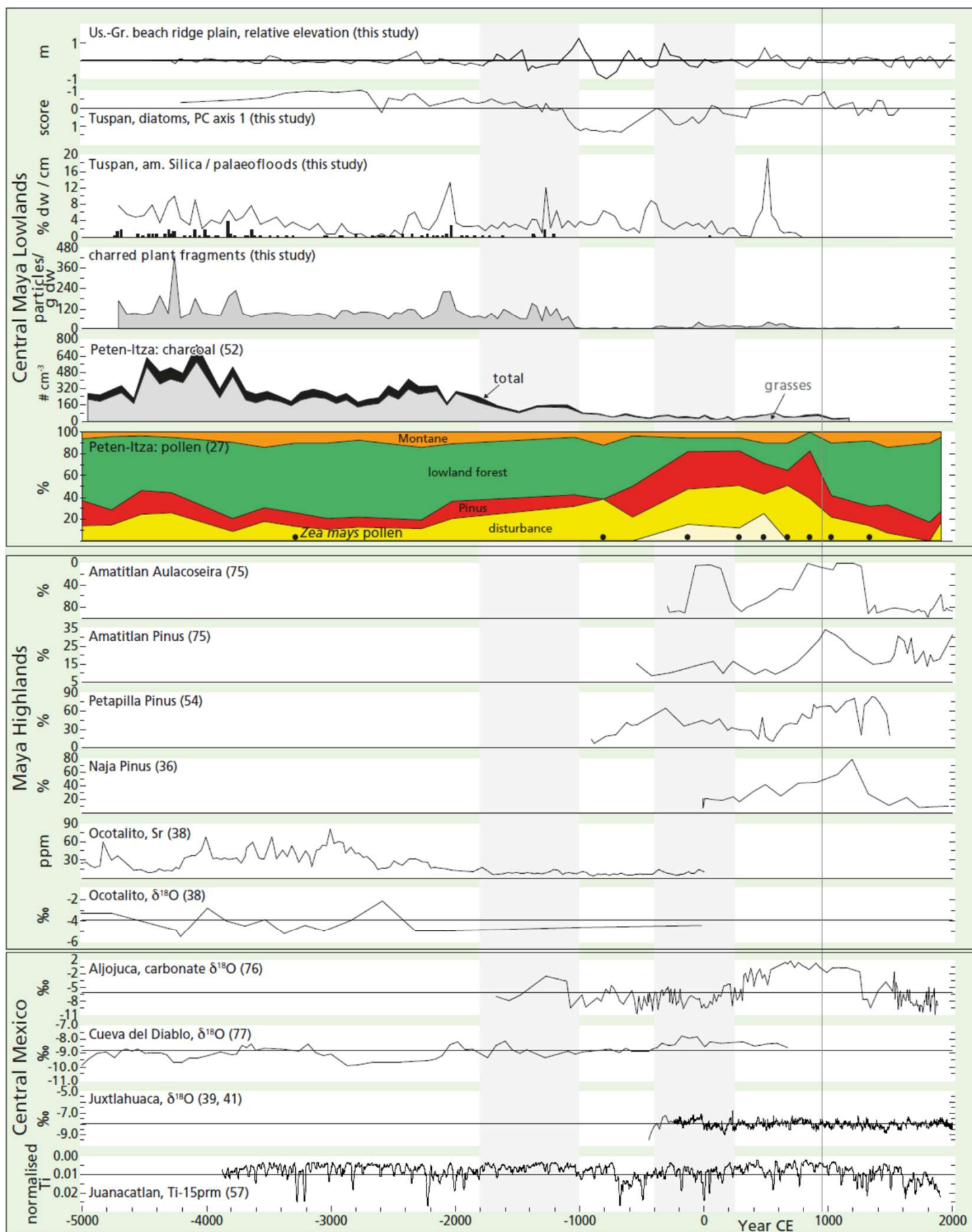


Fig. A2b

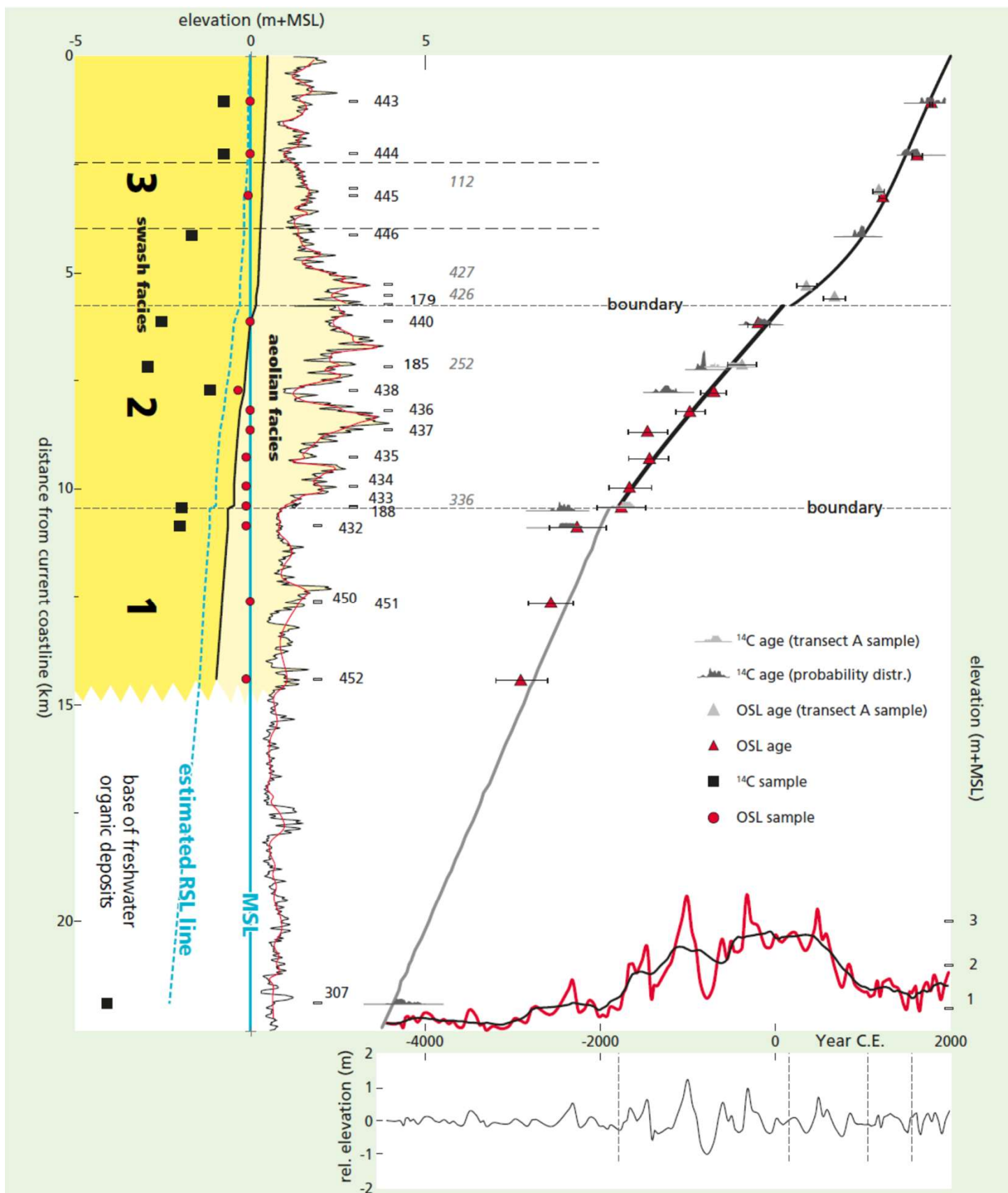


Fig. A3

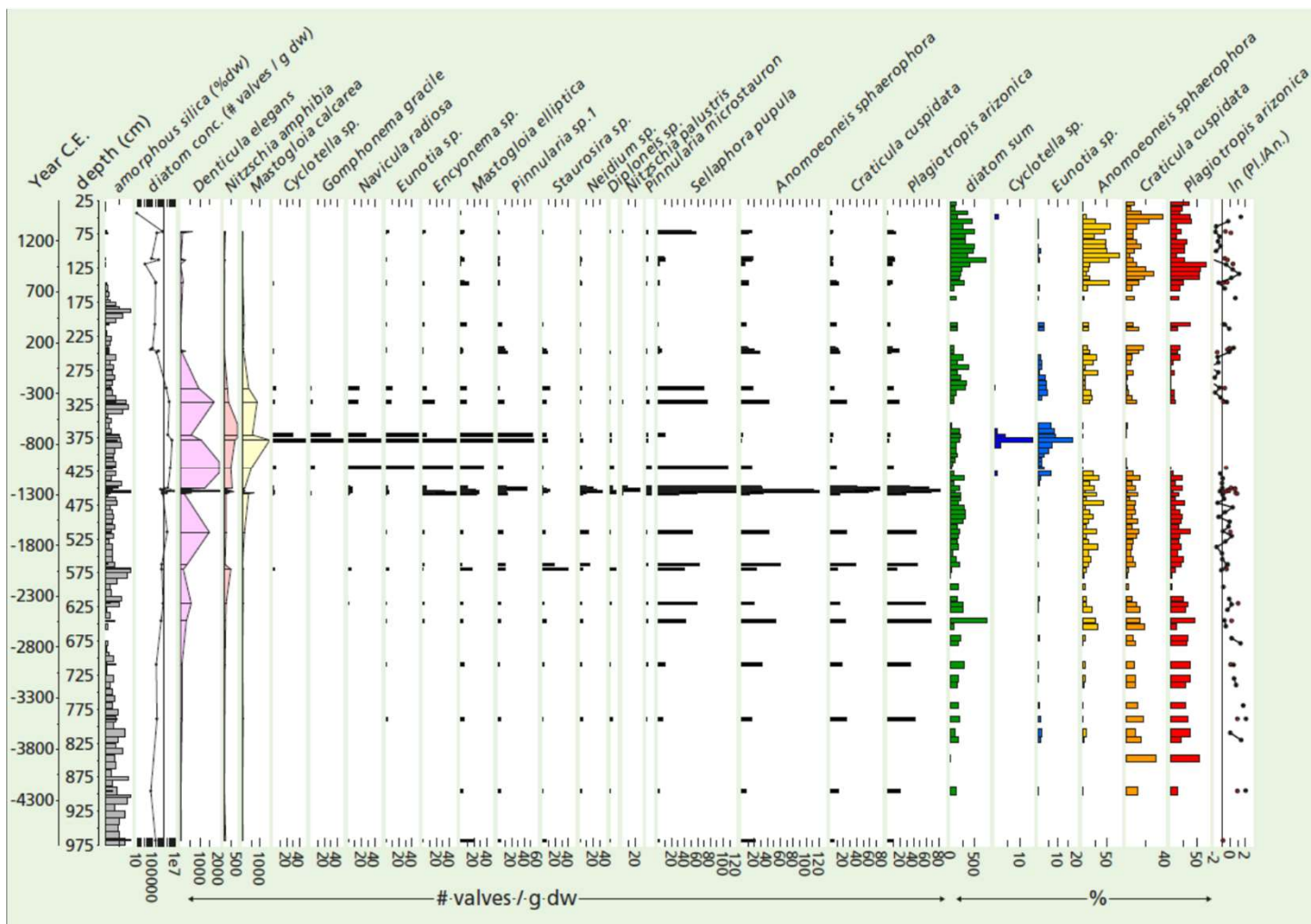


Fig. A4

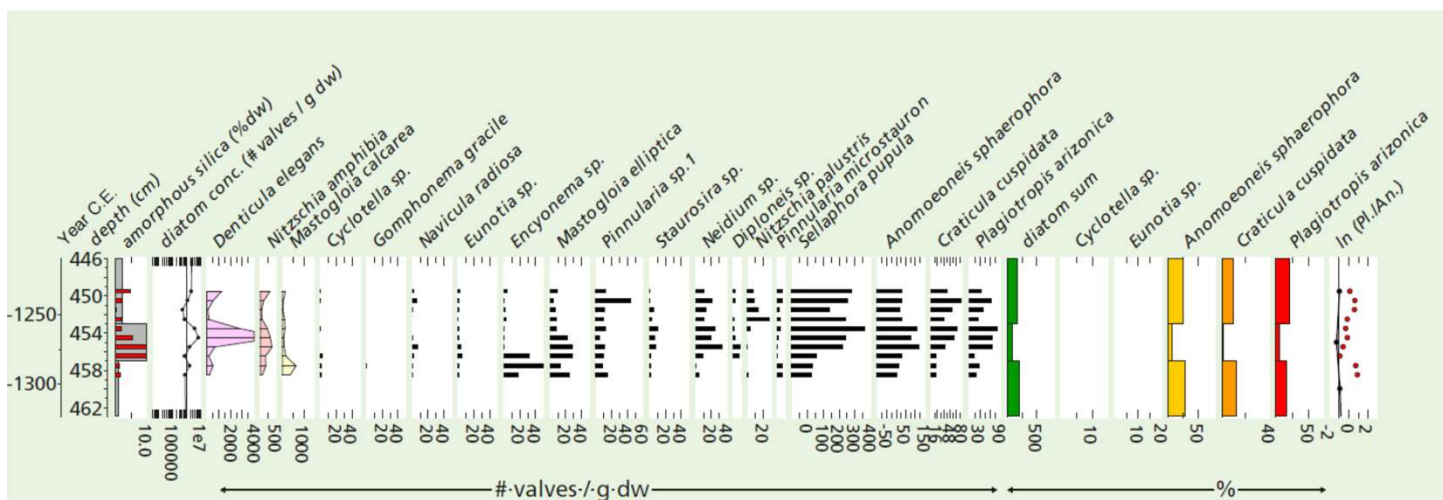


Fig. A5

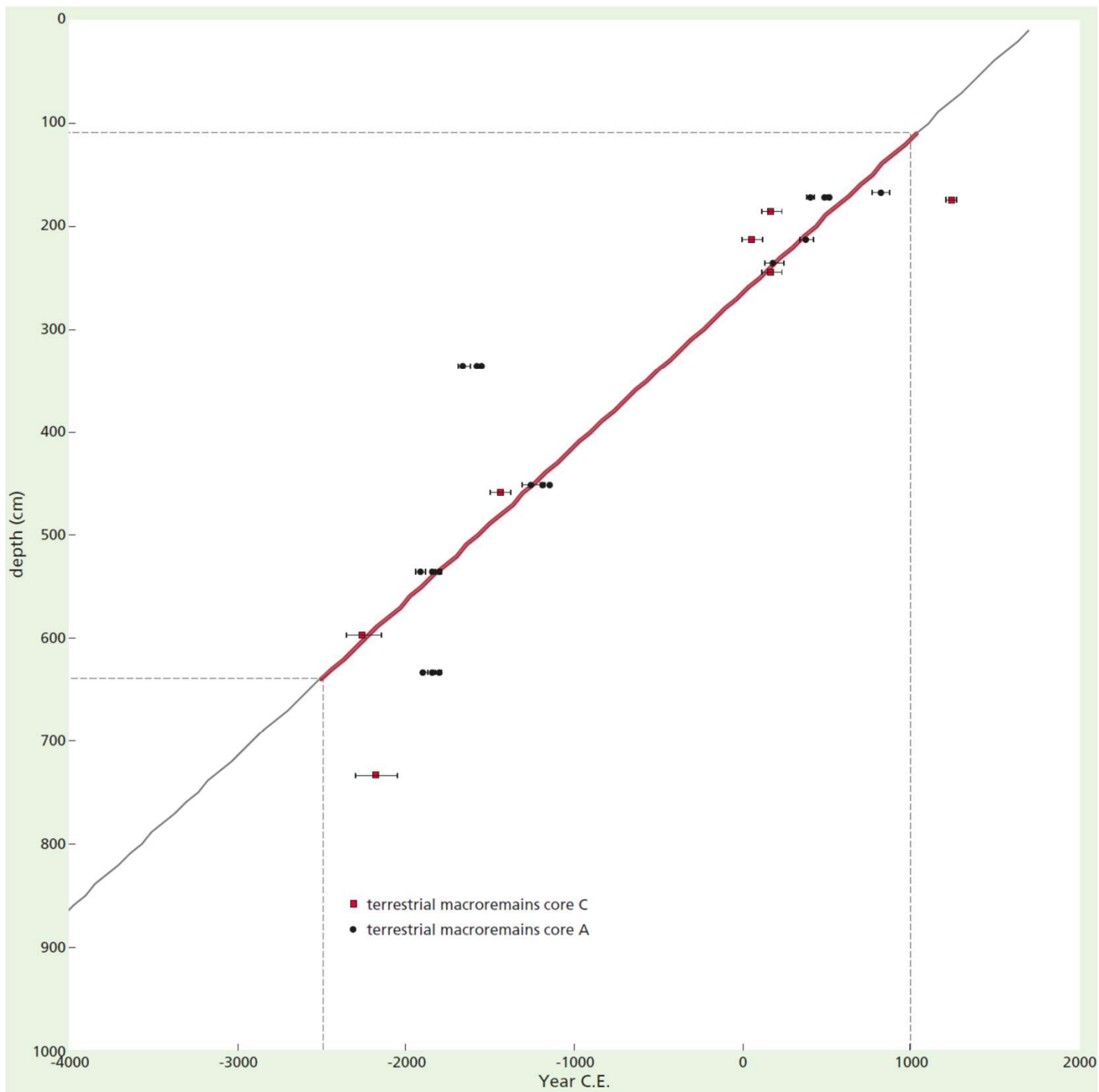


Fig. A6

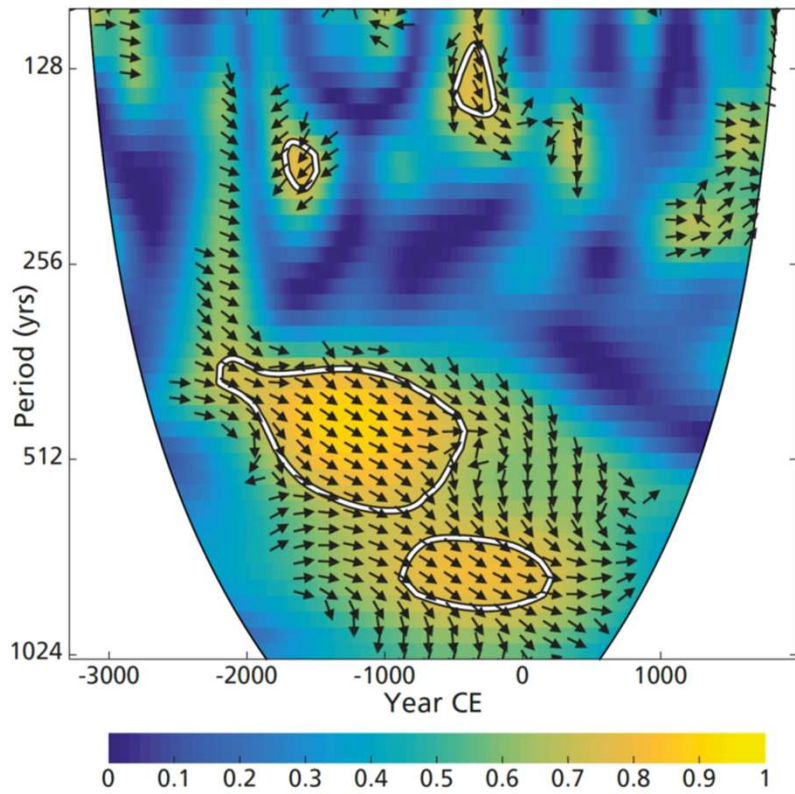


Fig. A7

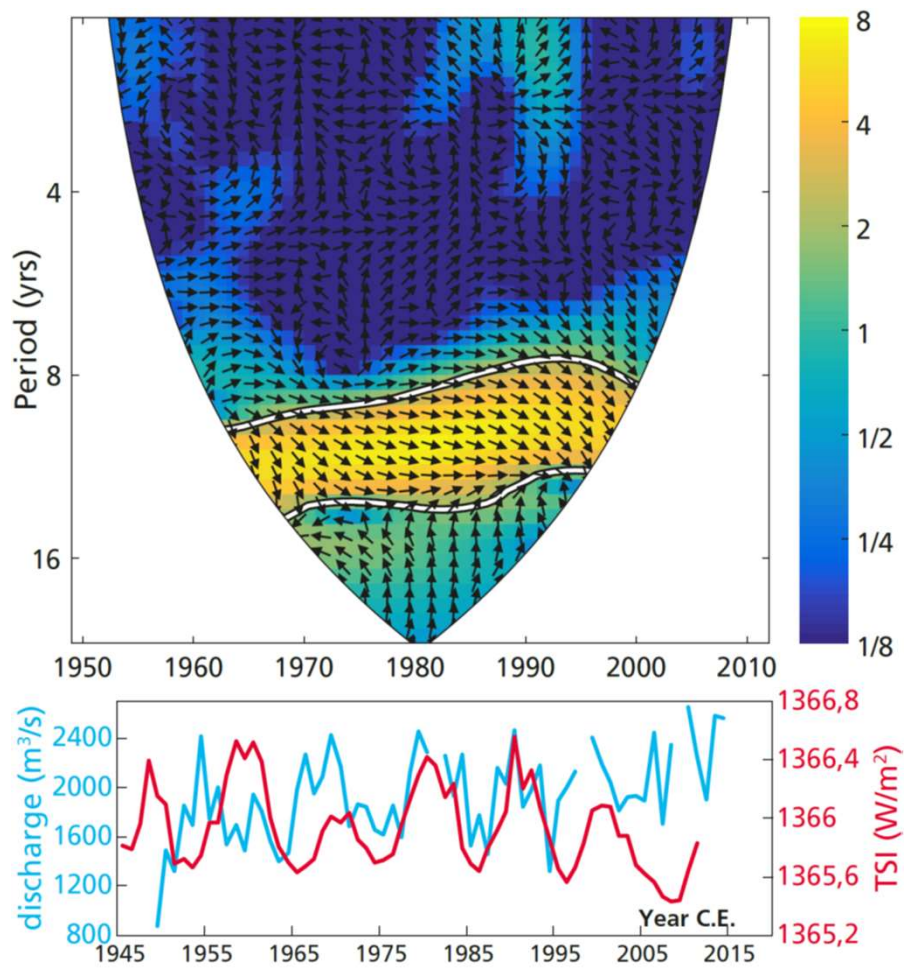


Fig. A8

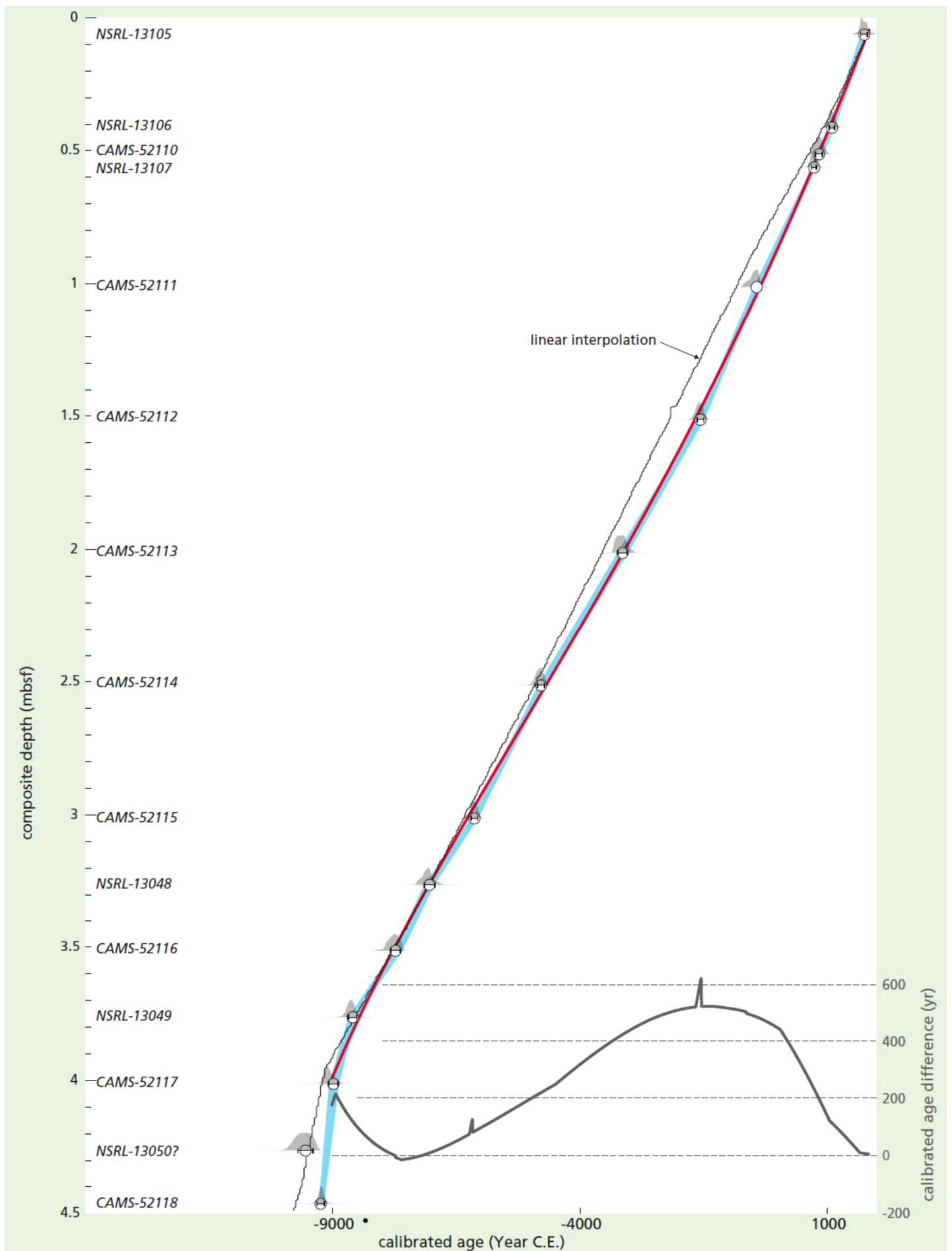


Fig. A9