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Physical processes of cooling and megadrought in 4.2 ka BP event: results from TraCE-21ka simulations

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Abstract

It is widely believed that multidecadal to centennial cooling and drought occurred from 4500 BP to 3900 BP, known as the 4.2 ka BP event that triggered the collapse of many cultures. However, whether this event was a global event or a regional event and what caused this event remain unclear. In this study, we investigated the spatiotemporal characteristics, the possible causes and the related physical processes of the event using a set of long-term climate simulations, including one all-forcing experiment and four single-forcing experiments. The results derived from the all-forcing experiment show that this event occurred over most parts of the Northern Hemisphere (NH), indicating that this event could have been a hemispheric event. The cooler NH and warmer Southern Hemisphere (SH) illustrate that this event could be related to the slowdown of the Atlantic Meridional Overturning Circulation (AMOC). The comparison between the all-forcing experiment and the single-forcing experiments indicates that this event was likely caused by internal variability. A positive North Atlantic Oscillation (NAO)-like pattern in the atmosphere (low troposphere) triggered a negative Atlantic Multidecadal Oscillation (AMO)-like pattern in the ocean, which then triggered a Circumglobal Teleconnection (CGT)-like wave train pattern in the atmosphere (high troposphere). The positive NAO-like pattern and the CGT-like pattern are the direct physical processes that led to the NH cooling and megadrought. The AMO-like pattern plays a "bridge" role in maintaining this barotropic structure in the atmosphere at a multidecadal-centennial time scale. Our work provides a global image and dynamic background to help better understand the 4.2 ka BP event.

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1 Introduction

Understanding the characteristics and mechanisms of climate changes during the Holocene can help predicting future changes, because there were warming periods in Holocene induced by natural forcing comparable to current warming. The multidecadal-to-centennial abrupt climate change, or the rapid climatic change during ca. 4.5-3.9 ka BP (before 1950 CE), the so called "4.2 ka BP event", was one of the major climate events during the Holocene (Wang, 2009; Staubwasser and Weiss, 2006; Mayewski et al., 2004; Wang, 2010). This event is considered to be closely linked to the cultural evolutions of different regions of Eurasia such as the collapse of the Akkadian empire, the termination of the urban Harappan civilization in the Indus valley and the collapse of Neolithic Cultures around the Central Plain of China (Weiss et al., 1993; Weiss and Bradley, 2001; Wu and Liu, 2001; Staubwasser et al., 2003; Wu and Liu, 2004; An et al., 2005; Staubwasser and Weiss, 2006; Liu et al., 2013; Weiss, 2015, 2016). Moreover, this event is also thought to be the transition of the Middle to Late Holocene (Walker et al., 2012; Finkenbinder et al., 2016) that inaugurated the "modern" El Niño Southern Oscillation (ENSO) (Fisher et al., 2008). However, the characteristics, causes and corresponding mechanisms behind this event remain unclear.

The 4.2 ka BP event is mostly characterized by rapid events at various latitudes (Jansen et al., 2007), e.g., cooling in Europe (Lauritzen, 2003), centennial megadroughts in North America (Booth et al., 2005), decreased precipitation in both southern and northern China (Tan et al., 2008), and the weakened summer monsoon in India (Nakamura et al., 2016); however, the manifestation of this event is far from convincing and needs more evidence and simulation investigations (Roland et al., 2014). Many reconstructions have shown that the 4.2 ka BP event is dominated by megadroughts at centennial-scale over mid-low latitudes (Tan et al., 2008; Yang et al., 2015; Weiss, 2016). However, Roland et al. (2014) found no compelling evidence, at least in peatland records, to support that there was a 4.2 ka BP event in Great Britain and Ireland. Moreover, according to the hydrologic cycle, it cannot be ruled out that there were no flooding events somewhere else during this period. For example, Huang et al. (2011) and Tan et al. (2018) found that successive floods occurred over the middle

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reaches of the Yellow River in China in association with the abrupt climatic event of 4.2 ka BP.

Understanding the causes and mechanisms of the 4.2 ka BP event can provide explanations for the reconstructed discrepancies over different regions. For the causes of the event, some reconstruction studies have suggested that orbital forcing could have played an important role in the early Holocene climate changes; however, no strong evidence has shown that the solar forcing affected glacier fluctuations (cooling events) in the late Holocene (Solomina et al., 2015). Tan et al. (2008) thought that the 4.2 ka BP event could have been induced by the southward shift of the Intertropical Convergence Zone (ITCZ) and oceanic sea surface temperature (SST) changes, as well as the vegetation feedback caused by the solar activity. Liu et al. (2013) and Deininger et al. (2017) argued that the atmospheric circulation, such as the North Atlantic Oscillation (NAO)-like pattern but on a centennial time scale, could have played a more important role than the ocean circulation in this event, although the mechanisms that forced the circulation change remained unclear. A new reconstruction study has also shown that the dry phases over the western Mediterranean in the period of 4.5 ka BP-2.8 ka BP generally agreed with positive NAO conditions (Ramos-Román et al., 2018). Additionally, there are discrepancies in the circulation pattern during the late Holocene (Finkenbinder et al., 2016). Some studies show positive NAO-type patterns during the late Holocene (Tremblay et al., 1997; Sachs, 2007; Ramos-Román et al., 2018), whereas others show negative NAO-like patterns (Rimbu et al., 2004). Since the mechanisms might could be a complex set of air-sea interactions (Roland et al., 2014), it is hard for reconstruction to provide a general record due to its limitations such as interpretation and spatially incompleteness. The mechanisms behind the 4.2 ka BP event need to be clarified.

Therefore, to improve understanding of the 4.2 ka BP event, new high-resolution reconstruction studies that focus on the 4.2 ka BP event are required. On the other hand, physical-based modeling research can provide general concepts of the characteristics of the event along with the causes and the mechanisms. Climate simulations have been conducted to investigate another abrupt cooling event in the early Holocene, the so-

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called 8.2 ka BP event. The simulations were used to test the hypothesis raised by the reconstruction studies that the 8.2 ka BP event was most likely caused by freshwater forcing and was associated with weakening of the Atlantic Meridional Overturning Circulation (AMOC) (Morrill et al., 2013; Wagner et al., 2013; Morrill et al., 2014; Matero et al., 2017; Ljung et al., 2008; Alley and Agustsdottir, 2005). For example, the simulations argued that the meltwater from the collapse of the ice dome over Hudson Bay was an essential forcing of the 8.2 ka BP event (Wagner et al., 2013; Matero et al., 2017). However, little modeling work has been applied to the 4.2 ka BP event.

In the present study, we employed a set of transient climate simulation results to investigate the characteristics of the 4.2 ka BP event and the possible causes and mechanisms behind this event. The model and experiments are introduced in Sect. 2. The results are shown in Sect. 3. The possible causes and mechanisms are discussed in Sect. 4, and conclusions are drawn in Sect. 5.

2 Model and experiments

A set of transient simulations (TraCE-21ka, Simulation of Transient Climate Evolution over the past 21,000 years, He, 2011) conducted with the Community Climate System model version 3 (CCSM3) was used to investigate the spatial and temporal characteristics of the 4.2 ka BP event and to determine the possible causes and mechanisms behind this event. The experiments are listed in Table 1, including one transient experiment with all-forcings (TraCE-ALL), one single-forcing experiment forced only by transient orbital variation (TraCE-ORB), one single-forcing experiment forced only by transient melt-water flux (TraCE-MWF), one single-forcing experiment forced only by quasi-transient ice-sheet (TraCE-ICE), and one single-forcing experiment forced only by transient greenhouse gases concentrations changes (TraCE-GHG). The simulations were conducted from 22000 BP to 1990 CE for the TraCE-ALL, the TraCE-ORB and the TraCE-GHG experiments, and from 19000 BP to 1990 CE for the TraCE-MWF and the TraCE-ICE experiments.

The transient June insolation changes at 60°N and 60°S that resulted from the orbital variation and the transient CO_2 change used in the simulations are shown in Fig.

1. The continental ice-sheet and topography changes are based on the ICE-5G (VM2) reconstruction (He et al., 2013; Peltier, 2004). For the geography changes, the Barents Sea opens at 13.1 ka BP, the Bering Strait opens at 12.9 ka BP, Hudson Bay opens at 7.6 ka BP, and the Indonesian Throughflow opens at 6.2 ka BP. The freshwater injected into Northern Hemisphere (NH) and Southern Hemisphere (SH) oceans are based on specific time slices (e.g., 19 ka BP into North Atlantic, 17 ka BP into North Atlantic, 11.5 ka BP into Arctic, St. Lawrence River, Hudson Strait, Barents Sea, North Sea, Ross Sea and Weddell Sea). Note that no freshwater was delivered to the ocean after 5000 BP in the TraCE-ALL and TraCE-MWF experiments. The detailed information about the experiments design can be referred to He (2011) and He et al. (2013).

The TraCE-21ka simulation was evaluated with reconstructions and was found that it could reproduce major deglacial temperature evolutions (Clark et al., 2012; Shakun et al., 2012). It has been used to depict the causes and mechanisms of Holocene climate changes, such as the Bølling-Allerød warming (Liu et al., 2009), cooling into the Younger Dryas and recovery to warm conditions (Liu et al., 2012) and the ENSO evolution over the past 21 ka (Liu et al., 2014). In the present work, we adopted the period of 5000 BP-3000 BP to focus on the 4.2 ka BP event.

3 Results

3.1 Identification of 4.2 ka BP event in the model simulation

The 101-year running mean annual NH surface temperature and precipitation during 5 ka BP-3 ka BP shows double peak centennial cooling and drought from 4.4 ka BP to 4.0 ka BP (Fig. 2, dashed black line). However, the variabilities are smaller over the SH than those over the NH. There is no significant cooling and drought event during that period (Fig. S1, dashed black line) over the SH. The SH precipitation even shows a double-peak wet condition during the period of 4.4 ka BP-4.0 ka BP.

The double peak centennial cooling and drought are still obvious when the 31-year running mean is applied to the time series (not shown), which indicates that the 4.2 ka BP event has multidecadal to centennial variabilities. Moreover, the centennial warming periods right before and after the 4.2 ka BP event indicate that this event might be included in a quasi-millennium variation. Therefore, the 4.2 ka BP event could be a multiscale event, i.e. from multi-decadal to millennium.

The seasonal mean NH surface temperature changes show that the annual mean variability is dominated by the boreal winter (December-January-February, DJF) surface temperature change (Figure S2). The correlation coefficient between the annual mean NH surface temperature (NHT) and the DJF mean NHT is 0.96 (after the 101-year running mean), which is significant above the 99% confidence level, much higher than the correlation coefficient between the annual mean and the boreal summer (June-July-August, JJA) mean of only 0.30 (after the 101-year running mean), which is not significant. However, this is different for the precipitation change, for which both the JJA mean and the DJF mean contribute to the annual mean precipitation change (not shown).

To identify the characteristics of the 4.2 ka BP event, two centennial cool periods and two centennial warm periods that exceeded ±0.5 standard deviations are selected. The two centennial cool periods span from 4320 BP to 4220 BP and from 4150 BP to 4050 BP, and the two centennial warm periods span from 4710 BP to 4610 BP and from 3980 BP to 3880 BP.

3.2 Spatial characteristics of surface temperature and precipitation

To help draw a coherent global view of the 4.2 ka BP event, the spatial characteristics of temperature and precipitation changes during the 4.2 ka BP event are shown in Fig. 3.

Figure 3a gives the spatial distribution of the annual mean surface temperature difference between the cold periods and the warm periods. The cooling significantly occurred over most regions of the NH, especially over the middle to high latitudes of the NH and most land regions of the SH. Most parts of India, northern Mexico and the middle latitudes of the SH ocean experienced warm conditions. Such asymmetric change between the hemispheres (cool NH and warm SH) favors the southward shift of the ITCZ. The spatial distribution of the surface temperature change is still dominated by the boreal winter pattern (not shown). The large cooling over the NH and small warming over the SH could be related to the orbital change, which induces insolation increases over the SH but decreases over the NH.

The spatial distribution of annual mean precipitation differences between the cold periods and the warm periods is shown in Fig. 3b. During the cold periods, significant drought is mainly located over most regions of the NH, especially over Europe, western Asia, and central and southern North America (or Intra America). For the SH, the land precipitation increased, which indicates a southward shift of the ITCZ, as suggested by the aforementioned asymmetric temperature change and by the previous studies based on both reconstructions (Fleitmann et al., 2007; Cai et al., 2012) and simulations (Broccoli et al., 2006). Over East China, the precipitation anomalies show a wet south-dry north pattern, which indicates a weakened East Asian monsoon consistent with the reconstruction record (Tan et al., 2018).

The sea surface temperature (SST) shows that the largest change occurs over the northern Atlantic Ocean and then the northern Pacific Ocean (Fig. 4). The warmer south and cooler north over the Atlantic Ocean indicates an Atlantic Multi-Decadal Oscillation (AMO)-like pattern with its cold phase. The cold phase of the AMO has been confirmed to induce summer rainfall decreases over India and Sahel in both simulations and proxy data (Zhang and Delworth, 2006; Shanahan et al., 2009).

The simulated characteristics of the temperature change, the precipitation change, and the SST change are similar to those responses to the weakened AMOC state (Brown and Galbraith, 2016).

3.3 Circulations associate with the 4.2 ka BP event

The sea level pressure (SLP) differences between the cooler periods and the warmer periods show that the largest change occurs over the mid-high latitudes of the NH and SH (Figure 5a). The negative SLP anomalies over the high North Atlantic and positive SLP anomalies over the middle North Atlantic during the cool periods resemble a positive North Atlantic Oscillation (NAO)-like pattern but on a centennial-millennial time scale. The positive NAO-like pattern is accompanied by cyclonic circulation over Iceland and anticyclonic circulation over the Azores Islands and thus strengthened

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westerlies over the downstream regions (Fig. 5a). The subtropical highs and the relative anticyclones in both the SH and NH are strengthened during the cold periods from low troposphere (850 hPa) to high troposphere (200 hPa), which illustrates a barotropic structure (Fig. 5). The centers with positive geopotential height anomalies during the 4.2 ka BP event over Western Europe, Central Asia, East Asia, the east north Pacific and Eastern North America, as well as the anti-cyclonic circulation anomalies at 200 hPa (Fig. 5d), resemble a Circumglobal Teleconnection (CGT)-like wave pattern (Ding and Wang, 2005; Lin et al., 2016) but on a centennial-millennial time scale.

The strengthened subtropical highs with mid-latitudes anticyclones from lower to upper levels are the direct physical processes that cause the precipitation decreases and thus the following megadrought over mid-latitudes of NH regions, particularly over Eurasia. The cooler land-warmer ocean over East Asia and the West Pacific (Fig. 3a) indicate weakened land-ocean thermal contrast associated with higher SLP over land and lower SLP over the adjacent ocean (Fig. 5a). The weakened land-ocean contrast can lead to a weaker East Asian monsoon, accompanied by precipitation increases over the southern China pattern and precipitation decreases over the northern China pattern (Fig. 3b).

4 Discussions

The simulations show that the cool and dry conditions of the 4.2 ka BP event is more like a hemispheric phenomenon, mainly located over the NH, rather than a global phenomenon. The land over the SH experiences cool but wet conditions, and the mid-latitude SH ocean is warmer. The potential causes and mechanisms of this event will be discussed in this section.

4.1 The possible causes of the 4.2 ka BP event

Some records suggested that solar irradiance was one of the essential mechanisms that drove the Holocene climate variation at centennial to millennial time scales (Bond et al., 2001), whereas others suggested that the linkage between solar irradiance and multicentury scale cooling events during the Holocene was weak, particularly in the mid- to late-Holocene (Turney et al., 2005; Wanner et al., 2008). The solar irradiance is

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not included in the experiments used in the present work. Nonetheless, we still obtain multicentury cooling events (such as the 4.2 ka BP event) in the TraCE-ALL experiment. This side-fact indicates that the solar irradiance might not be the driving factor for the Holocene cooling events.

If the results derived from the TraCE-ALL experiment are consistent with those derived from a particular single-forcing sensitivity experiment, we assume the variation to be forced by that forcing. Otherwise, if the results derived from the TraCE-ALL experiment differ from those from the single-forcing sensitivity experiments, we assume the variation to be forced by the internal variability. In this section, we use the series after applications of 101-year running means as an example and compare the results derived from the all-forcing experiment to those derived from the single-forcing experiment to determine the possible forcings that triggered the 4.2 ka BP event.

The correlation coefficients between the annual mean NHT derived from the TraCE-ALL run and the NHT derived from each single-forcing run are listed in Table 2. There is no significant clue that the annual mean NHT variation is forced by the orbital variation or the other forcings due to the nonsignificant correlations. During the period of 5000 BP - 3000 BP, the variation of simulated JJA mean NHT is likely forced by the solar radiation due to the orbital variation (Table 2; the correlation coefficient between the two series is 0.79 at $p<0.05$), whereas the greenhouse gas change has a comparable negative impact on the JJA mean NHT (the correlation coefficient is -0.73 at $p<0.05$). The melt-water flux also has a moderate contribution to the JJA mean NHT change (the correlation coefficient is 0.48 at $p<0.05$). For the DJF mean NHT, however, only melt-water flux has a notable negative effect (the correlation coefficient is -0.43 at $p<0.05$). A two-sided Students t-test is used for the statistical significant test, assuming 20 degrees of freedom, which is estimated simply from a 2000-year time series subjected to a 100-year running mean (Delworth and Zeng, 2012). Note that if the effective degree of freedom is used, none of the aforementioned correlation coefficients are significant. The effective degree of freedom is calculated by the following equation:

$$N_{dof} = N \times \frac{1 - r1 \times r2}{1 + r1 \times r2}$$

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where N_{dof} is the effective degree of freedom regarding to the two correlation samples, N is the total sample size, r_1 and r_2 are autocorrelation lag-1 values for sample 1 and sample 2, respectively (Bretherton et al., 1999).

On the other hand, the annual mean NHT difference between the TraCE-ALL run and the sum of the 4 single-forcing sensitivity experiments shows variation similar to the NHT derived from the TraCE-ALL run from 5000 BP to 3000 BP (Fig. S3). The correlation coefficient between these two time-series is 0.66, which is significant above the 95% confidence level (assuming 20 degrees of freedom). We define the difference between the TraCE-ALL run and the sum of the 4 single forcing runs to be the internal variation. Therefore, the internal variation might play a dominant role in the climatic variation during the period of 5000 BP-3000 BP.

Moreover, there is no double-peak cooling event during the period of 4400 BP-4000 BP in any single forcing run (Fig. 1, colored lines), which indicates that the 4.2 ka BP event might not be triggered by those external forcings, including the orbital, the melt-water flux, the ice-sheets and the greenhouse gases. Volcanic eruptions have been identified as one of the important drivers of climate variation, whereas there were few eruptions during 4400 BP-4000 BP (Sigl et al., 2018). Therefore, we conclude that the 4.2 ka BP event is driven by the internal variability. Klus et al. (2017) also suggested that the internal climate variability could trigger abrupt cold events in the North Atlantic without external forcings (e.g., solar irradiance or volcanic).

However, why such large variation due to the internal variability occurs at approximately 4.2 ka BP remains unknown. There is little ice-sheet change and no melt water discharge after 5.0 ka BP in the TraCE-ICE run and TraCE-MWF run, and the variations of climate derived from these two runs can thus be considered as internal variabilities. The multicentennial cooling events can also be found in the standardized NHT during the last 5000 years of the two experiments (Fig. S4), and there are drought events in the standardized NH precipitation time series (not shown). However, the timing of those cooling and drought events occurs stochastically. This indicates a general concept of the random variation of the internal mode of the climate system.

4.2 The mechanisms of the centennial-millennial cooling and drought

As has mentioned in Sec. 3.3, the low level NAO-like pattern and upper level CGT-like pattern are the direct mechanisms that cause cooling and megadroughts over most part of the NH. Moreover, the first leading mode of the Empirical Orthogonal Function (EOF) of the annual mean SLP during 5 ka BP-3 ka BP shows a double-peak positive NAO-like pattern but on a centennial scale during the period of 4400 BP-4000 BP (Fig. 6). The first leading EOF of geopotential height at 200 hPa after application of a 31-year running mean shows a CGT-like pattern and similar double-peak variation during the period of 4400 BP-4000 BP, which is more obvious after applying the 101-year running mean (Fig. 7). This means that the double-peak cooling and drought of the 4.2 ka BP event could be strongly related to the double peak positive NAO-like pattern (at low level) and CGT-like pattern (at high level) at a centennial time scale.

Li et al. (2013) suggested that the NAO is a predictor of NHT multidecadal variability during the 20th century. In this study, significant correlation is also found between the annual mean NAO index and the annual mean NHT during the period of 4400 BP-4000 BP, with the NAO leading by approximately 40 years (Fig. 8). The NAO index is defined by the first leading mode of the EOF of the SLP. The regressed annual mean surface temperature against the NAO index 40 years earlier during 4400 BP and 4000 BP shows cooler NH high latitudes and a warmer SH (Fig. S5), especially the cooling over the northern North Atlantic Ocean, Europe, East Asia and North America.

The geopotential height at 200 hPa regressed against the SST over the two North Atlantic outstanding regions (Fig. 4) shows a CGT-like pattern after application of a 31-year running mean (Fig. 9), which is similar to the conclusion from Lin et al. (2016) that the CGT could be excited by the AMO-related SST anomaly. The regressed 200 hPa geopotential height shows a similar pattern after application of a 101-year running mean (not shown). The anticyclones associated with CGT-like pattern over the West Europe, Central Asia and North America can suppress the precipitation and thus lead to megadrought over these regions.

Considering the NAO-like pattern, the CGT-like pattern and the AMO-like pattern together, we suggest that the AMO could be playing a “bridge” role to keep the

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barotropic structure at the centennial scale, which is similar to the synthesis proposed by Li et al. (2013) that the AMO is a "bridge" that links the NAO and NHT at a multidecadal timescale.

5 Conclusion

The characteristics of the 4.2 ka BP event along with the potential drivers and the mechanisms are investigated using a set of transient climate simulations. The simulated event is characterized by hemispheric cooling and megadrought over the NH, whereas the SH experiences warming (over mid-latitude ocean) and wet conditions during this event. The annual mean temperature change is dominated by the boreal winter change. The cool and dry NH and warm and wet SH pattern indicates a southward shift of the ITCZ, as suggested by the reconstructions. These characteristics could also be related to a weakening of the AMOC, which needs further investigation.

By comparison between the all-forcing experiment and the single-forcing sensitivity experiments, the 4.2 ka BP event can largely be attributed to the internal variability, although the orbital forcing and the greenhouse gases could impact the boreal summer NHT variation. The origin could be in polar regions and the North Atlantic and may influence the NH climate through teleconnections such as the NAO-like pattern and the CGT-like pattern. The positive NAO-like pattern in the atmosphere triggers cooling over the NH and the negative AMO-like pattern in the ocean, which may last for decades or even centuries. The negative AMO-like pattern triggers CGT-like wave patterns at a multidecadal-centennial time scale accompanied by anticyclones over West Europe, Central Asia and North America, which induce megadrought over those regions. The simplified diagram of the mechanism is shown in Fig. 10.

Our findings provide a global pattern and mechanical background of the 4.2 ka BP event that can help better understanding this event. We attributed the internal variabilities to be an essential forcing of the 4.2 ka BP event; however, why it occurs at approximately 4400 BP to 4000 BP remains unknown. Why the SST forcing in the North Atlantic can be maintained at a multidecadal-centennial time scale requires more study. Whether or not the external forcings have modulation effects need to be clarified.

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Current results are mainly based on annual mean precipitation and temperature, whereas the impacts of external forcings may have seasonal dependence; further investigations are required to evaluate these impacts.

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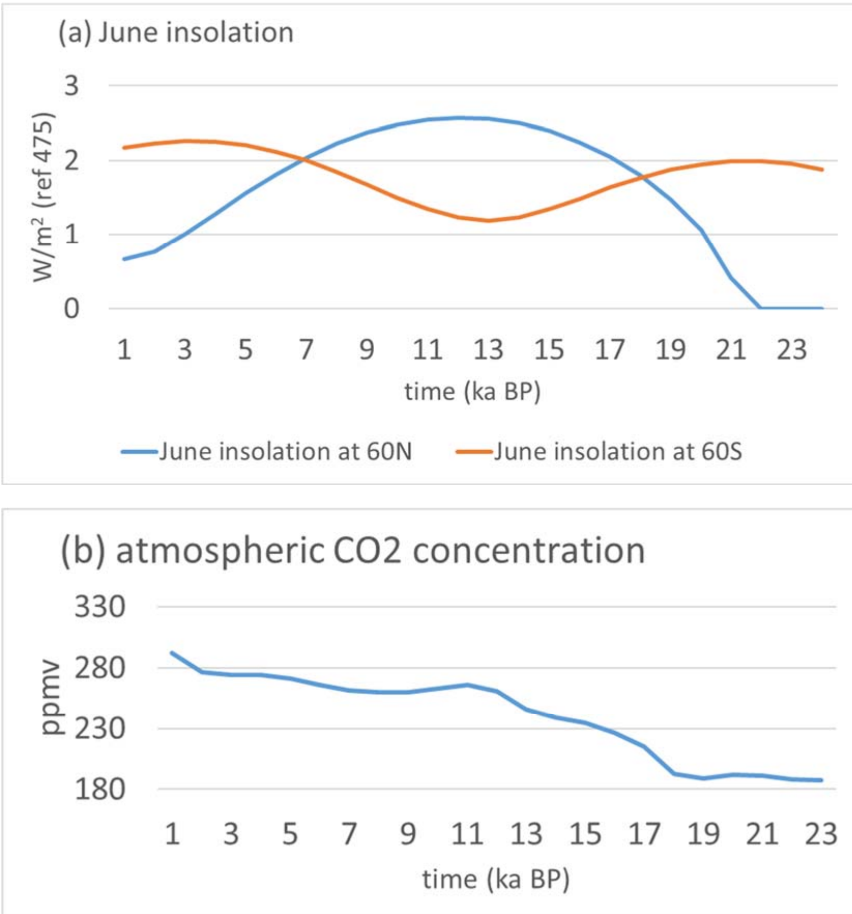

Figure 1 Time series of (a) transient June insolation (at 60°N and 60°S) changes resulted from the orbital variation and (b) the transient CO_2 change used in the simulations.

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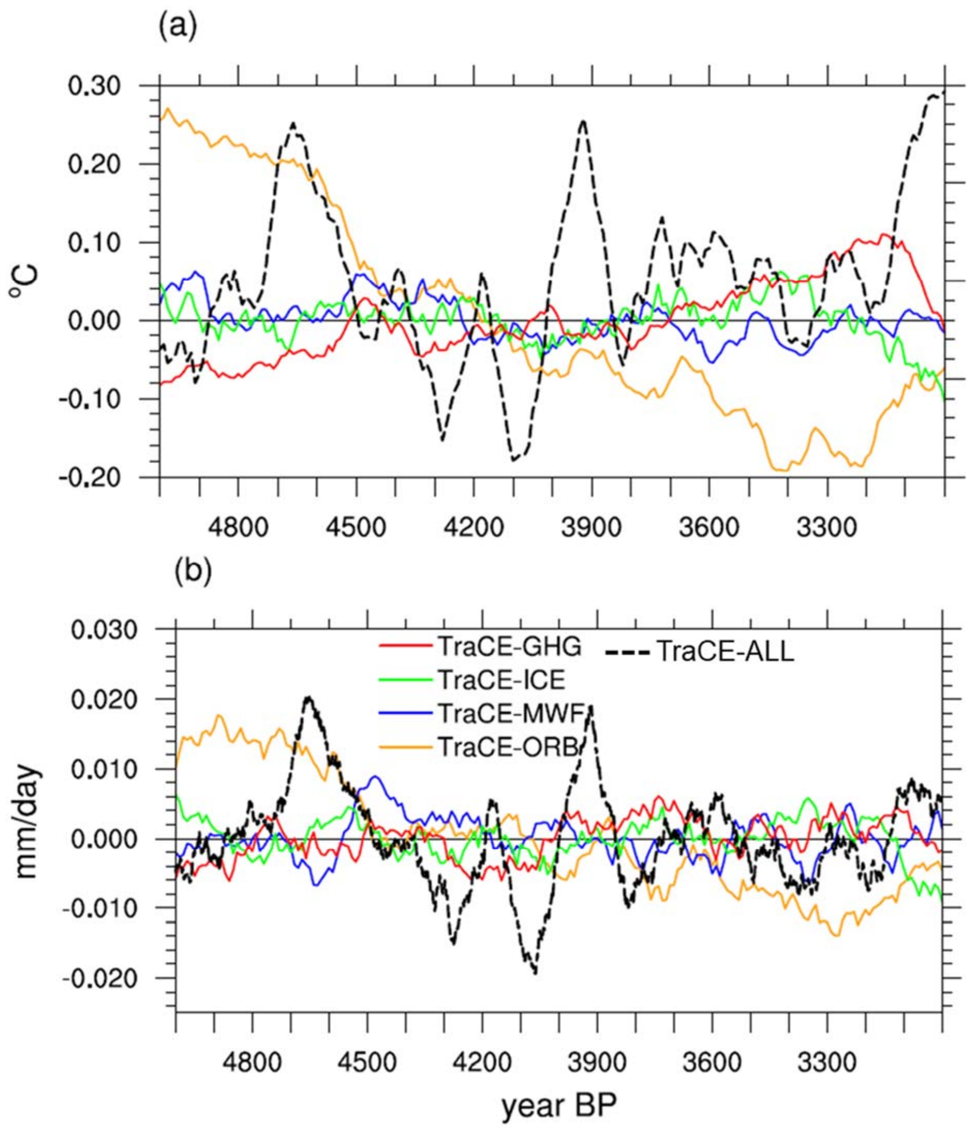

Figure 2 Time series of annual mean NH (a) surface temperature anomalies and (b) precipitation anomalies derived from the TraCE-ALL run (dashed black lines) and each single forcing runs (solid color lines) from 5 ka BP to 3 ka BP. A 101-year running mean has been applied to the time series.

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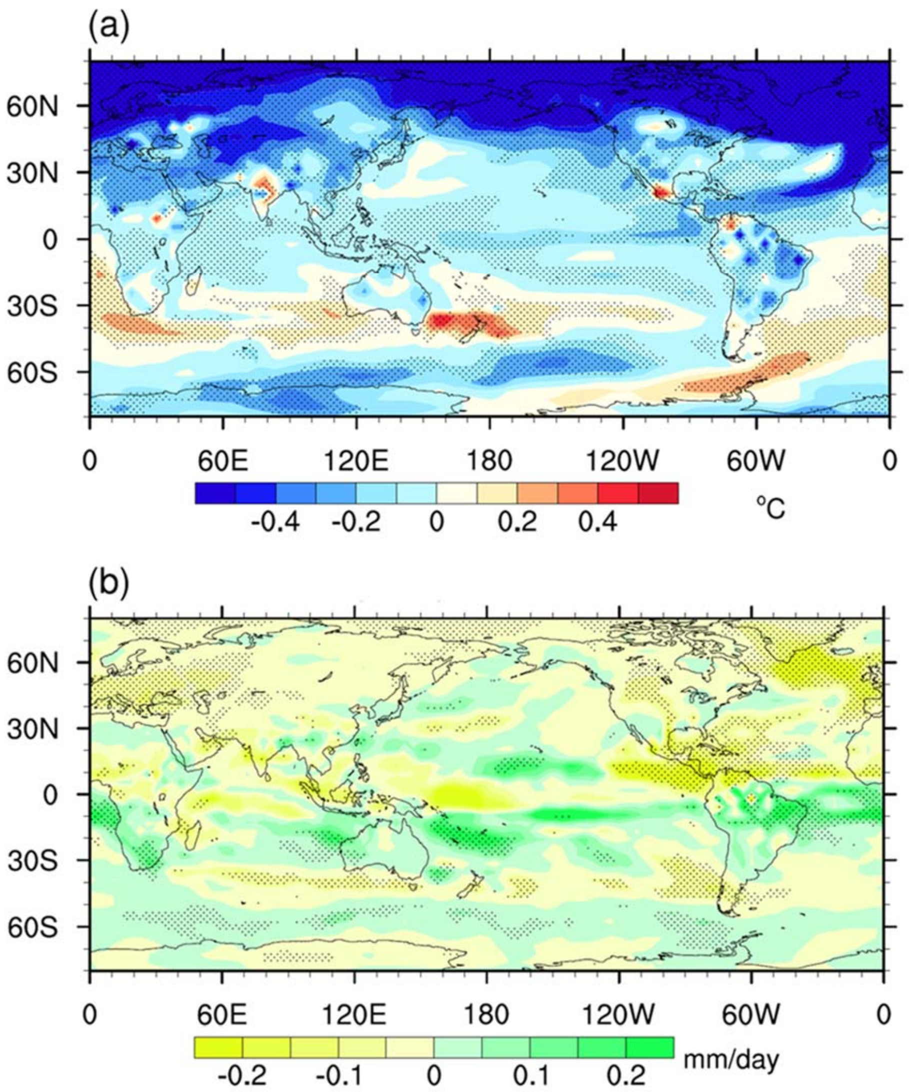

Figure 3 Spatial distribution of the annual mean (a) surface temperature and (b) precipitation differences between the cold periods and warm periods. Those regions where significant above 95% confidence level are dotted.

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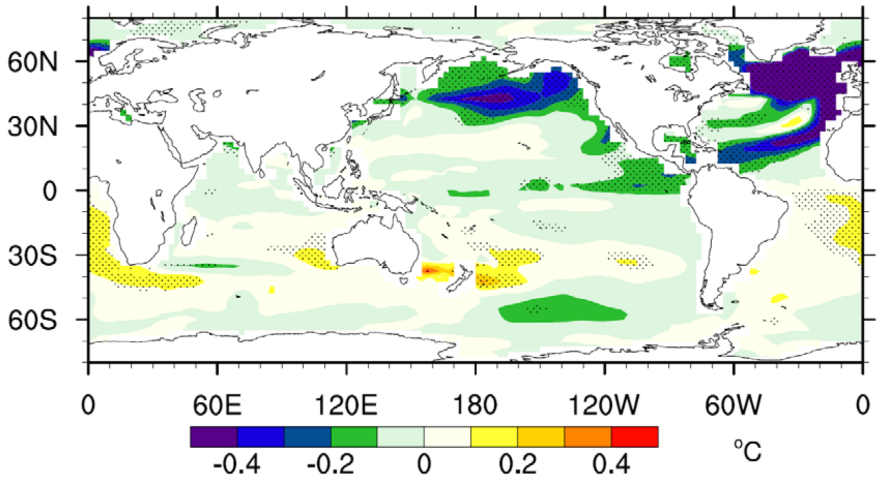

Figure 4 Spatial distribution of annual mean SST difference between the cold and warm periods. Those regions where significant above 95% confidence level are dotted.

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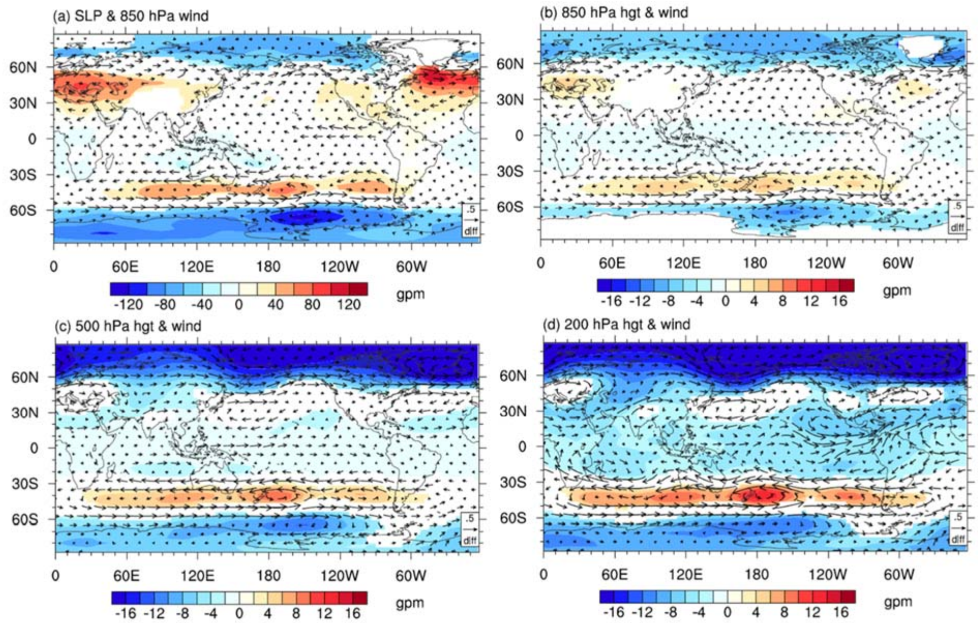

Figure 5 Differences of annual mean (a) sea level pressure and 850 hPa wind, (b) geopotential height and wind on 850 hPa, (c) geopotential height and wind on 500 hPa and (d) geopotential height and wind on 200 hPa between cold and warm periods. Those regions where significant above 95% confidence level are plotted.

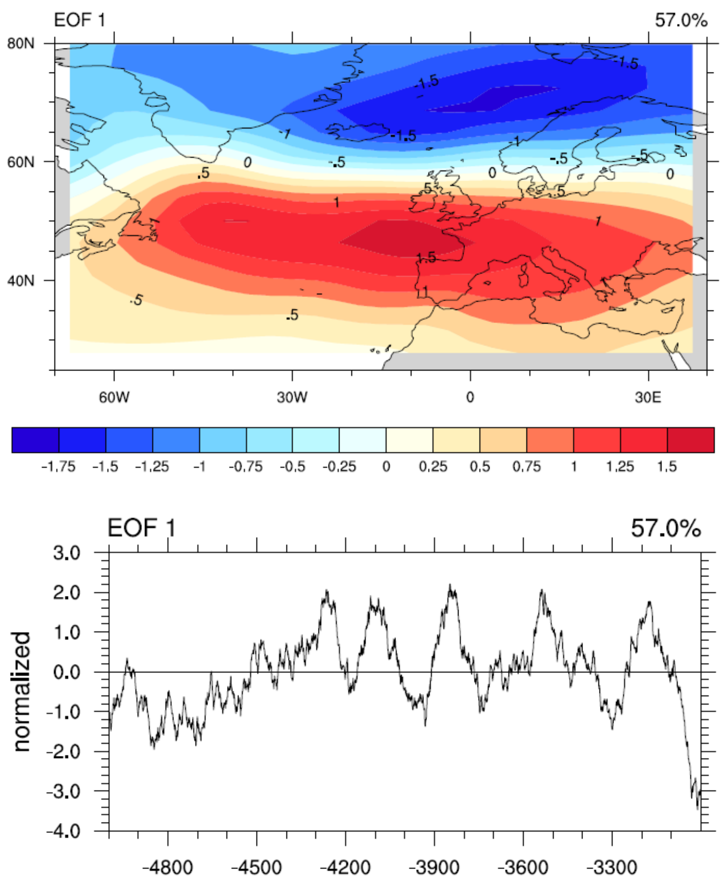

Figure 6 Standardized first leading mode of the EOF of annual mean SLP during the period of 5.0 ka BP to 3.0 ka BP after application of a 101-year running mean. The spatial distribution is shown in the top panel, and the time series is shown in the bottom panel. Only this mode passed the North test for EOF.

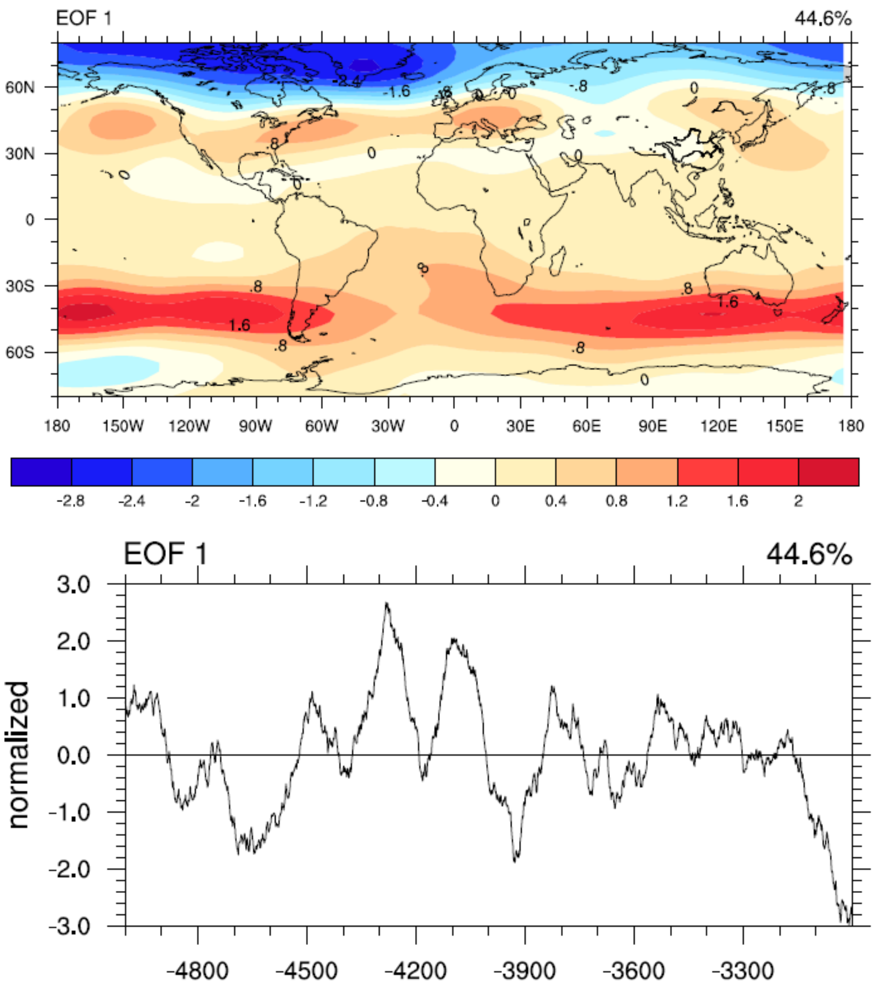

Figure 7 Standardized first leading mode of the EOF of annual mean geopotential height at 200 hPa during the period of 5.0 ka BP to 3.0 ka BP after application of a 101-year running mean. The spatial distribution is shown in the top panel, and the time series is shown in the bottom panel. Only this mode passed the North test for EOF.

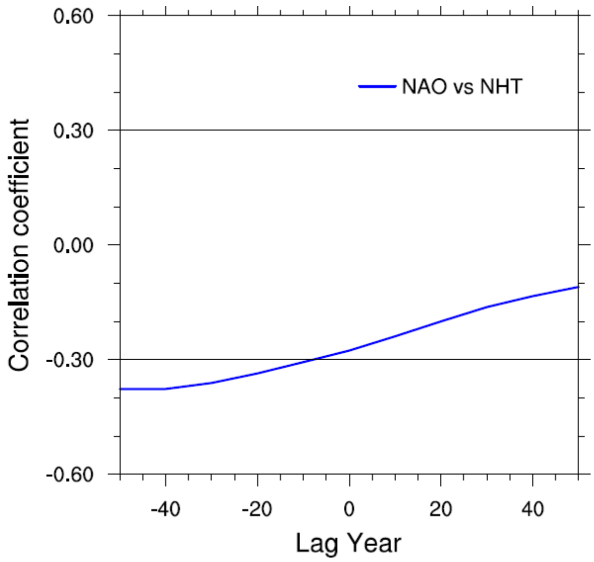

Figure 8 Lead-lag correlation between the annual mean North Atlantic Oscillation (NAO) and the North Hemisphere Surface Temperature (NHT) during 4.4 ka BP-4.0 ka BP. The black lines (±0.3) show the significance levels ($p<0.05$).

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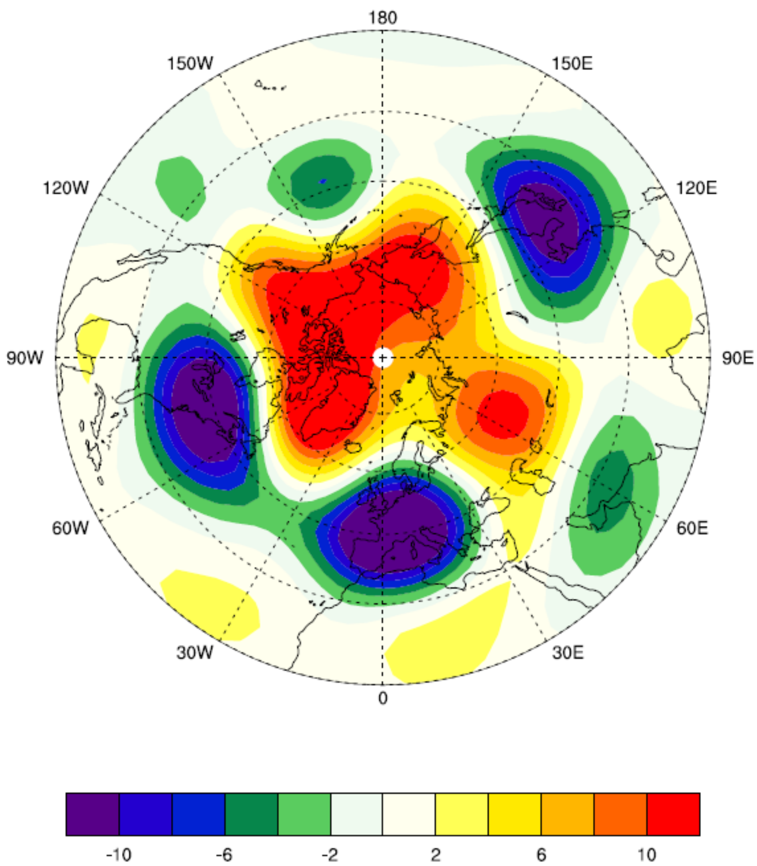

Figure 9 Annual mean geopotential height regressed against the SST over the North Atlantic during 5.0 ka BP - 3.0 ka BP after 31-year running mean application.

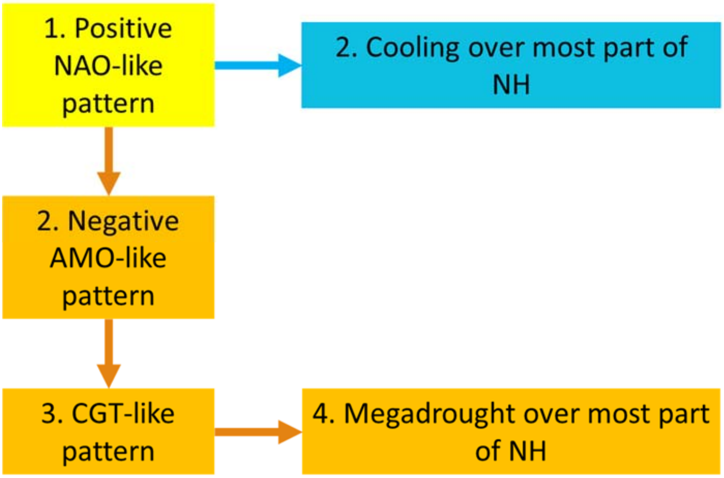

Figure 10 Schematic diagram shown the mechanisms behind the 4.2 ka BP event.

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Table 1 The information of the experiments used in this study.

Experiments	**Forcings**	**Time spanning**	**Temporal resolution**
TraCE-ALL	Orbital, melt-water flux, continental ice-sheet, and Greenhouse gases	22000 BP to 1990 CE	Monthly mean
TraCE-ORB	Orbital only	22000 BP to 1990 CE	Decadal mean
TraCE-MWF	Melt-water flux only	19000 BP to 1990 CE	Decadal mean
TraCE-ICE	Continental ice-sheets only	19000 BP to 1990 CE	Decadal mean
TraCE-GHG	Greenhouse gases only	22000 BP to 1990 CE	Decadal mean

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Table 2 Correlation coefficients between the annual mean and seasonal mean NHTs derived from the TraCE-ALL run and those from each single-forcing run from 5.0 ka BP to 3.0 ka BP.

Single forcing run	Annual mean	JJA mean	DJF mean
TraCE-ORB	-0.05	0.79	-0.12
TraCE-MWF	-0.18	0.48	-0.43
TraCE-ICE	-0.30	-0.20	-0.18
TraCE-GHG	0.14	-0.73	0.40