

Editor Decision: Publish subject to minor revisions (review by editor) (04 Feb 2019)
by Monica Bini

Comments to the Author:

The authors made a good job in the review of the manuscript.

Few minor revisions are still required before the acceptance for publication:

Line 403: please, in order to be consistent with the text and the special issue, change
“4400-4000” whit “4.4-4.0 ka BP”

Line 741 “Gulf of Omen” is “Gulf of Oman”

After these changes the manuscript will be accepted.

Reply: Thank you very much for your affirmation and comments.

We have changed “4400-4000” with “4.4-4.0 ka BP”, and changed “Gulf of Omen”
with “Gulf of Oman”. Line 402 and Line 735.

1 **Physical processes of cooling and megadrought in 4.2 ka BP event:**
2 **results from TraCE-21ka simulations**

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Abstract

It is widely believed that multidecadal to centennial cooling and drought occurred from 4500 BP to 3900 BP, known as the 4.2 ka BP event that triggered the collapse of several cultures. However, whether this event was a global event or a regional event and what caused this event remain unclear. In this study, we investigated the spatiotemporal characteristics, the possible causes and the related physical processes of the event using a set of long-term climate simulations, including one all-forcing experiment and four single-forcing experiments. The results derived from the all-forcing experiment show that this event occurs over most parts of the Northern Hemisphere (NH), indicating that this event could have been a hemispheric event. The cooler NH and warmer Southern Hemisphere (SH) illustrate that this event could be related to the slowdown of the Atlantic Meridional Overturning Circulation (AMOC). The comparison between the all-forcing experiment and the single-forcing experiments indicates that this event might be caused by internal variability, while external forcings such as orbital and greenhouse gases might have modulation effects. A positive North Atlantic Oscillation (NAO)-like pattern in the atmosphere (low troposphere) triggered a negative Atlantic Multidecadal Oscillation (AMO)-like pattern in the ocean, which then triggered a Circumglobal Teleconnection (CGT)-like wave train pattern in the atmosphere (high troposphere). The positive NAO-like pattern and the CGT-like pattern are the direct physical processes that lead to the NH cooling and megadrought. The AMO-like pattern plays a “bridge” role in maintaining this barotropic structure in the atmosphere at a multidecadal-centennial time scale. Our work provides a global image and dynamic background to help better understand the 4.2 ka BP event.

51 **1 Introduction**

52 Understanding the characteristics and mechanisms of climate changes during the
53 Holocene can help predicting future changes. The multidecadal-to-centennial abrupt
54 climate change, or the rapid climatic change during ca. 4.5-3.9 ka BP (before 1950 CE),
55 the so called “4.2 ka BP event”, was one of the major climate events during the
56 Holocene (Wang, 2009; Staubwasser and Weiss, 2006; Mayewski et al., 2004; Wang,
57 2010). This event is considered to be closely linked to the cultural evolutions of
58 different regions of Eurasia such as the collapse of the Akkadian empire, the termination
59 of the urban Harappan civilization in the Indus valley and the collapse of Neolithic
60 Cultures around the Central Plain of China (Weiss et al., 1993; Weiss and Bradley, 2001;
61 Wu and Liu, 2001; Staubwasser et al., 2003; Wu and Liu, 2004; An et al., 2005;
62 Staubwasser and Weiss, 2006; Liu et al., 2013; Weiss, 2015, 2016). Moreover, this event
63 is also thought to be the transition of the Middle to Late Holocene (Walker et al., 2012;
64 Finkenbinder et al., 2016). However, the characteristics, causes and corresponding
65 mechanisms behind this event remain unclear.

66 The 4.2 ka BP event is mostly characterized by rapid events at various latitudes
67 (Jansen et al., 2007), e.g., cooling in Europe (Lauritzen, 2003), centennial
68 megadroughts in North America (Booth et al., 2005), decreased precipitation in both
69 southern and northern China (Tan et al., 2008), and the weakened summer monsoon in
70 India (Nakamura et al., 2016); however, the manifestation of this event is far from
71 convincing and needs more evidence and simulation investigations (Roland et al., 2014).
72 Many reconstructions have shown that the 4.2 ka BP event is dominated by
73 megadroughts at centennial-scale over mid-low latitudes (Tan et al., 2008; Yang et al.,
74 2015; Weiss, 2016). However, Roland et al. (2014) found no compelling evidence, at
75 least in peatland records, to support that there was a 4.2 ka BP event in Great Britain
76 and Ireland. Moreover, according to the hydrologic cycle (i.e. the hydroclimate changes
77 are often regionally specific), it cannot be ruled out that there were no flooding events
78 somewhere else during this period. For example, Huang et al. (2011) and Tan et al.
79 (2018) found that successive floods occurred over the middle reaches of the Yellow
80 River in China in association with the abrupt climatic event of 4.2 ka BP.

81 Understanding the causes and mechanisms of the 4.2 ka BP event can provide
82 explanations for the reconstructed discrepancies over different regions. For the causes
83 of the event, some reconstruction and modeling studies have suggested that the solar
84 irradiance could have played an important role in the early Holocene climate changes
85 (Wang et al., 2005; Rupper et al., 2009; Owen and Dortch, 2014); however, no strong
86 evidence has shown that the solar irradiance affected glacier fluctuations (cooling
87 events) in the late Holocene since there is yet no good mechanistic explanations of how
88 small changes in solar irradiance could significantly affect large scale climate changes
89 (Solomina et al., 2015). Tan et al. (2008) thought that the 4.2 ka BP event could have
90 been induced by the southward shift of the Intertropical Convergence Zone (ITCZ) and
91 oceanic sea surface temperature (SST) changes, as well as the vegetation feedback
92 caused by the solar activity. Liu et al. (2013) and Deininger et al. (2017) argued that the
93 atmospheric circulation, such as the North Atlantic Oscillation (NAO)-like pattern but
94 on a centennial time scale, could have played a more important role than the ocean
95 circulation in this event, although the mechanisms that forced the circulation change
96 remained unclear. A new reconstruction study has also shown that the dry phases over
97 the western Mediterranean in the period of 4.5 ka BP-2.8 ka BP generally agreed with
98 positive NAO conditions (Ramos-Román et al., 2018). However, studies come to
99 different conclusions on the likely phase of the NAO-like patter during the late
100 Holocene (Finkenbinder et al., 2016). Some studies show positive NAO-type patterns
101 during the late Holocene (Tremblay et al., 1997; Sachs, 2007; Ramos-Román et al.,
102 2018), whereas others show negative NAO-like patterns (Rimbu et al., 2004). Since the
103 mechanisms could be a complex set of air-sea interactions (Roland et al., 2014), it is
104 hard for reconstruction to provide a general record due to its limitations such as
105 interpretation and spatially incompleteness. The mechanisms behind the 4.2 ka BP
106 event need to be clarified.

107 Therefore, to improve understanding of the 4.2 ka BP event, new high-resolution
108 reconstruction studies that focus on the 4.2 ka BP event are required. On the other hand,
109 physical-based modeling research can provide general concepts of the characteristics
110 of the event along with the causes and the mechanisms. Climate simulations have been

111 conducted to investigate another abrupt cooling event in the early Holocene, the so-
112 called 8.2 ka BP event. The simulations were used to test the hypothesis raised by the
113 reconstruction studies that the 8.2 ka BP event was most likely caused by freshwater
114 forcing and was associated with weakening of the Atlantic Meridional Overturning
115 Circulation (AMOC) (Morrill et al., 2013; Wagner et al., 2013; Morrill et al., 2014;
116 Matero et al., 2017; Ljung et al., 2008; Alley and Agustsdottir, 2005). For example, the
117 simulations argued that the meltwater from the collapse of the ice dome over Hudson
118 Bay was an essential forcing of the 8.2 ka BP event (Wagner et al., 2013; Matero et al.,
119 2017). However, little modeling work has been applied to the 4.2 ka BP event.

120 Recently, Ning et al. (2019) briefly compared the spatial patterns of climate change
121 in the 9th and 5th millennia BP using a set of transient modeling results on a long-term
122 perspective. In the present study, we will use the same set of simulation results to
123 provide an in-depth characteristics of the 4.2 ka BP event and will focus on the possible
124 causes and mechanisms behind this event. The model and experiments are introduced
125 in Sect. 2. The results are shown in Sect. 3. The possible causes and mechanisms are
126 discussed in Sect. 4, and conclusions are drawn in Sect. 5.

127

128 **2 Model and experiments**

129 A set of transient simulations (TraCE-21ka, Simulation of Transient Climate
130 Evolution over the past 21,000 years, He, 2011) conducted with the Community
131 Climate System model version 3 (CCSM3) was used to investigate the spatial and
132 temporal characteristics of the 4.2 ka BP event and to determine the possible causes and
133 mechanisms behind this event. The experiments are listed in Table 1, including one
134 transient experiment with all-forcings (TraCE-ALL), one single-forcing experiment
135 forced only by transient orbital variation (TraCE-ORB), one single-forcing experiment
136 forced only by transient melt-water flux (TraCE-MWF), one single-forcing experiment
137 forced only by quasi-transient ice-sheet (TraCE-ICE), and one single-forcing
138 experiment forced only by transient greenhouse gases concentrations changes (TraCE-
139 GHG). The simulations were conducted from 22000 BP to 1990 CE for the TraCE-ALL,
140 the TraCE-ORB and the TraCE-GHG experiments, and from 19000 BP to 1990 CE for

141 the TraCE-MWF and the TraCE-ICE experiments.

142 The transient June insolation changes at 60°N and 60°S that resulted from the
143 orbital variation and the transient CO₂ change used in the simulations are shown in Fig.
144 1. The continental ice-sheet and topography changes are based on the ICE-5G (VM2)
145 reconstruction (He et al., 2013; Peltier, 2004). For the geography changes, the Barents
146 Sea opens at 13.1 ka BP, the Bering Strait opens at 12.9 ka BP, Hudson Bay opens at
147 7.6 ka BP, and the Indonesian Throughflow opens at 6.2 ka BP. The freshwater injected
148 into Northern Hemisphere (NH) and Southern Hemisphere (SH) oceans are based on
149 specific time slices (e.g., 19 ka BP into North Atlantic, 17 ka BP into North Atlantic,
150 11.5 ka BP into Arctic, St. Lawrence River, Hudson Strait, Barents Sea, North Sea, Ross
151 Sea and Weddell Sea). Note that no freshwater was delivered to the ocean after 5000
152 BP in the TraCE-ALL and TraCE-MWF experiments. The detailed information about
153 the experiments design can be referred to He (2011) and He et al. (2013).

154 The TraCE-21ka simulation was evaluated with reconstructions and was found
155 that it could reproduce major deglacial temperature evolutions (Clark et al., 2012;
156 Shakun et al., 2012). It has been used to depict the causes and mechanisms of Holocene
157 climate changes, such as the Bølling-Allerød warming (Liu et al., 2009), cooling into
158 the Younger Dryas and recovery to warm conditions (Liu et al., 2012) and the ENSO
159 evolution over the past 21 ka (Liu et al., 2014a). In the present work, we adopted the
160 period of 5000 BP-3000 BP to focus on the 4.2 ka BP event.

161

162 **3 Results**

163 3.1 Identification of 4.2 ka BP event in the model simulation

164 The 101-year running mean annual NH surface temperature and precipitation
165 during 5 ka BP-3 ka BP shows double peak centennial cooling and drought from 4.4 ka
166 BP to 4.0 ka BP (Fig. 2, dashed black line). However, the variabilities are smaller over
167 the SH than those over the NH. There is no significant cooling and drought event during
168 that period (Fig. S1, dashed black line) over the SH. The SH precipitation even shows
169 a double-peak wet condition during the period of 4.4 ka BP-4.0 ka BP.

170 The double peak centennial cooling and drought are still obvious when the 31-year

171 running mean is applied to the time series (not shown), which indicates that the
172 simulated climate events potentially comparable to the 4.2 ka event. Moreover, the
173 centennial warming periods right before and after the cooling event indicate that this
174 event might be included in a quasi-millennium variation. Therefore, the 4.2 ka BP event
175 could be a multiscale event, i.e. from multi-decadal to millennium.

176 The seasonal mean NH surface temperature changes show that the annual mean
177 variability is dominated by the boreal winter (December-January-February, DJF)
178 surface temperature change (Fig. S2). The correlation coefficient between the annual
179 mean NH surface temperature (NHT) and the DJF mean NHT is 0.96 (after the 101-
180 year running mean), which is significant above the 99% confidence level, much higher
181 than the correlation coefficient between the annual mean and the boreal summer (June-
182 July-August, JJA) mean of only 0.30 (after the 101-year running mean), which is not
183 significant. However, this is different for the precipitation change, for which both the
184 JJA mean and the DJF mean contribute to the annual mean precipitation change (not
185 shown).

186 To identify the characteristics of the 4.2 ka BP event, two centennial cool periods
187 and two centennial warm periods that exceeded ± 0.5 standard deviations are selected.
188 The two centennial cool periods span from 4320 BP to 4220 BP and from 4150 BP to
189 4050 BP, and the two centennial warm periods span from 4710 BP to 4610 BP and from
190 3980 BP to 3880 BP.

191

192 3.2 Spatial characteristics of surface temperature and precipitation

193 To help draw a coherent global view of the 4.2 ka BP event, the spatial
194 characteristics of temperature and precipitation changes during the 4.2 ka BP event are
195 shown in Fig. 3.

196 Figure 3a gives the spatial distribution of the annual mean surface temperature
197 difference between the cold periods and the warm periods. The cooling significantly
198 occurred over most regions of the NH, especially over the middle to high latitudes of
199 the NH and most land regions of the SH. Most parts of India, northern Mexico and the
200 middle latitudes of the SH ocean experienced warm conditions. Such asymmetric

201 change between the hemispheres (cool NH and warm SH) favors the southward shift of
202 the ITCZ. The spatial distribution of the surface temperature change is still dominated
203 by the boreal winter pattern (not shown). The large cooling over the NH and small
204 warming over the SH could be related to the orbital change (Fig. S3), which induces
205 insolation increasing over the SH but decreasing over the NH.

206 The spatial distribution of annual mean precipitation differences between the cold
207 periods and the warm periods is shown in Fig. 3b. During the cold periods, significant
208 drought is mainly located over many land regions of the NH, especially over Europe,
209 western Asia, and interior North America and Central America. The significant dry
210 conditions over the Dead Sea, the Gulf of Omen, interior North America and western
211 North Africa and the wet condition over South America are consistent with the
212 reconstructions (Yechieli et al., 1993; Cullen et al., 2000; Forman et al., 1995; Marchant
213 and Hooghiemstra, 2004). For the SH, the land precipitation increased, which indicates a
214 southward shift of the ITCZ, as suggested by the aforementioned asymmetric
215 temperature change and by the previous studies based on both reconstructions
216 (Fleitmann et al., 2007; Cai et al., 2012) and simulations (Broccoli et al., 2006). Over
217 East China, the precipitation anomalies show a wet south-dry north pattern, which
218 indicates a weakened East Asian monsoon revealed by the reconstruction record (Tan
219 et al., 2018). However, the simulated anomaly pattern is not very significant over East
220 China. This might be related to the model resolution, the model performance, or the
221 actual climate change. Therefore, simulations with higher resolution, inter-model and
222 model-data comparisons are required to draw a clearer view about the climate change
223 over East China.

224 The sea surface temperature (SST) shows that the largest change occurs over the
225 northern Atlantic Ocean and then the northern Pacific Ocean (Fig. 4). The warmer south
226 and cooler north over the Atlantic Ocean indicates an Atlantic Multi-Decadal
227 Oscillation (AMO)-like pattern with its cold phase. The cold phase of the AMO has
228 been confirmed to induce summer rainfall decreases over India and Sahel in both
229 simulations and proxy data (Zhang and Delworth, 2006; Shanahan et al., 2009).

230 The simulated characteristics of the temperature change, the precipitation change,

231 and the SST change are similar to those responses to the weakened AMOC state
232 (Vellinga and Wood, 2002; Zhang and Delworth, 2005; Delworth and Zeng, 2012;
233 Brown and Galbraith, 2016) (Fig. S4).

234

235 3.3 Circulations associate with the 4.2 ka BP event

236 The sea level pressure (SLP) differences between the cooler periods and the
237 warmer periods show that the largest change occurs over the mid-high latitudes of the
238 NH and SH (Fig. 5a). The negative SLP anomalies over the high North Atlantic and
239 positive SLP anomalies over the middle North Atlantic during the cool periods resemble
240 a positive North Atlantic Oscillation (NAO)-like pattern but on a centennial-millennial
241 time scale. The positive NAO-like pattern is accompanied by cyclonic circulation over
242 Iceland and anticyclonic circulation over the Azores Islands and thus strengthened
243 westerlies over the downstream regions (Fig. 5a). The subtropical highs and the relative
244 anticyclones in both the SH and NH are strengthened during the cold periods from low
245 troposphere (850 hPa) to high troposphere (200 hPa), which illustrates a barotropic
246 structure (Fig. 5). Note that the strengthened subtropical highs over the NH are most
247 significant at low level (sea level and 850 hPa), while the subtropical highs over the SH
248 are most significant at high level (200 hPa). The centers with positive geopotential
249 height anomalies during the 4.2 ka BP event over Western Europe, Central Asia, East
250 Asia, the east north Pacific and Eastern North America, as well as the anti-cyclonic
251 circulation anomalies at 200 hPa (Fig. 5d), resemble a Circumglobal Teleconnection
252 (CGT)-like wave pattern (Ding and Wang, 2005; Lin et al., 2016) but on a centennial-
253 millennial time scale.

254 The strengthened subtropical highs with mid-latitudes anticyclones from lower to
255 upper levels are the direct physical processes that cause the precipitation decreases and
256 thus the following megadrought over mid-latitudes of NH regions, particularly over
257 Eurasia. The cooler land-warmer ocean over East Asia and the West Pacific (Fig. 3a)
258 indicate weakened land-ocean thermal contrast associated with significantly higher SLP
259 over land and lower SLP over the adjacent ocean (insignificant) (Fig. 5a). The
260 weakened land-ocean contrast can lead to a weaker East Asian monsoon, accompanied

261 by precipitation increases over the southern China pattern and precipitation decreases
262 over the northern China pattern (Fig. 3b). Such conclusion is very rough, since the
263 simulated anomaly patterns are not very significant. More investigations with higher
264 resolutions of modeling and reconstruction works are required to get satisfactory results.

265

266 **4 Discussions**

267 The simulations show that the cool and dry conditions of the 4.2 ka BP event is
268 more like a hemispheric phenomenon, mainly located over the NH, rather than a global
269 phenomenon. The land over the SH experiences cool but wet conditions, and the mid-
270 latitude SH ocean is warmer. The potential causes and mechanisms of this event will be
271 discussed in this section.

272 4.1 The possible causes of the 4.2 ka BP event

273 Some records suggested that solar irradiance was one of the essential mechanisms
274 that drove the Holocene climate variation at centennial to millennial time scales (Bond
275 et al., 2001), whereas others suggested that the linkage between solar irradiance and
276 multicentury scale cooling events during the Holocene was weak, particularly in the
277 mid- to late-Holocene (Turney et al., 2005; Wanner et al., 2008). Changes in solar
278 irradiance are not included in the experiments used in the present work. Nonetheless,
279 we still obtain multicentury cooling events (such as the 4.2 ka BP event) in the TraCE-
280 ALL experiment, but with smaller magnitude. This side-fact indicates that the solar
281 irradiance might not be the driving factor for the Holocene cooling events.

282 If the results derived from the TraCE-ALL experiment are consistent with those
283 derived from a particular single-forcing sensitivity experiment, we assume the variation
284 to be forced by that forcing. Otherwise, if the results derived from the TraCE-ALL
285 experiment differ from those from the single-forcing sensitivity experiments, we
286 assume the variation to be forced by the internal variability. In this section, we use the
287 series after applications of 101-year running means as an example and compare the
288 results derived from the all-forcing experiment to those derived from the single-forcing
289 experiment to determine the possible forcings that triggered the 4.2 ka BP event.

290 The correlation coefficients between the annual mean NHT derived from the

291 TraCE-ALL run and the NHT derived from each single-forcing run are listed in Table
292 2. A two-sided Students t-test is used for the statistical significant test, assuming 20
293 degrees of freedom, which is estimated simply from a 2000-year time series subjected
294 to a 100-year running mean (Delworth and Zeng, 2012). There is no significant clue
295 that the annual mean NHT variation is forced by the orbital variation or the other
296 forcings due to the non-significant correlations. During the period of 5000 BP - 3000
297 BP, the variation of simulated JJA mean NHT is likely forced by the solar radiation due
298 to the orbital variation (Table 2; the correlation coefficient between the two series is
299 0.79 at $p<0.05$), whereas the greenhouse gas change has a comparable negative impact
300 on the JJA mean NHT (the correlation coefficient is -0.73 at $p<0.05$). The melt-water
301 flux also has a moderate contribution to the JJA mean NHT change (the correlation
302 coefficient is 0.48 at $p<0.05$). For the DJF mean NHT, only melt-water flux has a
303 notable negative effect (the correlation coefficient is -0.43 at $p<0.05$). However, there
304 is no meltwater forcing during this period, so the NHT change can be taken as internal
305 variability. Therefore, the significant correlation coefficient between the all forcing run
306 result and the meltwater forcing run result might be a coincidence, due to the
307 autocorrelation of internal variability. This is another side-fact indicating the cold
308 events during the late Holocene might be related to the internal variability. Note that if
309 the effective degree of freedom is used, none of the abovementioned correlation
310 coefficients are significant. The effective degree of freedom is calculated by the
311 following equation:

$$312 \quad N_{dof} = N \times \frac{1 - r_1 \times r_2}{1 + r_1 \times r_2}$$

313 where N_{dof} is the effective degree of freedom regarding to the two correlation samples,
314 N is the total sample size, r_1 and r_2 are autocorrelation lag-1 values for sample 1 and
315 sample 2, respectively (Bretherton et al., 1999).

316 On the other hand, the annual mean NHT difference between the TraCE-ALL run
317 and the sum of the 4 single-forcing sensitivity experiments shows variation similar to
318 the NHT derived from the TraCE-ALL run from 5000 BP to 3000 BP (Fig. S5). The
319 correlation coefficient between these two time-series is 0.66, which is significant above

320 the 95% confidence level (assuming 20 degrees of freedom). We assume the difference
321 between the TraCE-ALL run and the sum of the 4 single forcing runs to be the internal
322 variation, taking that the climate responses to the external forcings are linear at global
323 and hemispheric scales. Therefore, the internal variation might play a dominant role in
324 the climatic variation during the period of 5000 BP-3000 BP. However, the linearity of
325 the climate responding to the external forcings need further clarification, since there
326 would be interactions between each forcing and between forcings and internal
327 variability.

328 Moreover, there is no double-peak cooling event during the period of 4400 BP-
329 4000 BP in any single forcing run (Fig. 1, colored lines), which indicates that the 4.2
330 ka BP event might not be triggered by those external forcings, including the orbital, the
331 melt-water flux, the ice-sheets and the greenhouse gases in isolation. Volcanic eruptions
332 have been identified as one of the important drivers of climate variation, whereas there
333 were few eruptions during 4400 BP-4000 BP (Sigl et al., 2018). Therefore, we conclude
334 that the variability relating to the 4.2 ka BP event might be driven by the internal
335 variability. Klus et al. (2017) also suggested that the internal climate variability could
336 trigger abrupt cold events in the North Atlantic without external forcings (e.g., solar
337 irradiance or volcanic).

338 However, why such large variation due to the internal variability occurs at
339 approximately 4.2 ka BP remains unknown. There is little ice-sheet change and no melt
340 water discharge after 5.0 ka BP in the TraCE-ICE run and TraCE-MWF run, and the
341 variations of climate derived from these two runs can thus be considered as internal
342 variabilities. The multicentennial cooling events can also be found in the standardized
343 NHT during the last 5000 years of the two experiments (Fig. S6), and there are drought
344 events in the standardized NH precipitation time series (not shown). However, the
345 timing of those cooling and drought events occurs stochastically. This indicates a
346 general concept of the random variation of the internal mode of the climate system.
347 There is a reduction of NH temperature and precipitation at around 4600 BP in the
348 TraCE-ORB (Fig. 2, orange lines), which might be related to the timing of the event as
349 speculated by Ning et al. (2019).

350 Ning et al. (2019) compared the 5th millennium BP cooling with the 9th millennium
351 cooling and concluded that the 9th millennium BP cooling was resulted from the
352 freshwater forcing while the orbital forcing is the most likely explanation of cooling in
353 the North Atlantic starting from the early 5th Millennium BP through most of the later
354 Holocene, but with fluctuations. In the present work, we attribute this fluctuation to the
355 internal variability, which is superposed on the orbital induced long-term trend. This
356 work and Ning et al.'s work (2019) focus on different aspects and different time scales,
357 and are complementary to better understand the 4.2 ka BP event.

358

359 4.2 The mechanisms of the centennial-millennial cooling and drought

360 As has mentioned in Sec. 3.3, the low level NAO-like pattern and upper level
361 CGT-like pattern are the direct mechanisms that cause cooling and megadroughts over
362 most part of the NH. Previous studies also proposed that the temperature and
363 precipitation changes over Eurasia and Africa were directly linked to the NAO (Cullen
364 et al., 2002; Kushnir and Stein, 2010). The first leading mode of the Empirical
365 Orthogonal Function (EOF) of the annual mean SLP during 5 ka BP-3 ka BP shows a
366 double-peak positive NAO-like pattern but on a centennial scale during the period of
367 4400 BP-4000 BP (Fig. 6). The first leading EOF of geopotential height at 200 hPa after
368 application of a 31-year running mean shows a CGT-like pattern and similar double-
369 peak variation during the period of 4400 BP-4000 BP, which is more obvious after
370 applying the 101-year running mean (Fig. 7). This means that the double-peak cooling
371 and drought of the 4.2 ka BP event could be strongly related to the double peak positive
372 NAO-like pattern (at low level) and CGT-like pattern (at high level) at a centennial time
373 scale.

374 Li et al. (2013) suggested that the NAO is a predictor of NHT multidecadal
375 variability during the 20th century. In this study, significant correlation is also found
376 between the annual mean NAO index and the annual mean NHT during the period of
377 4400 BP-4000 BP, with the NAO leading by approximately 40 years (Fig. 8). The NAO
378 index is defined by the first leading mode of the EOF of the SLP. The regressed annual
379 mean surface temperature against the NAO index 40 years earlier during 4400 BP and

380 4000 BP shows cooler NH high latitudes and a warmer SH (Fig. S7), especially the
381 cooling over the northern North Atlantic Ocean, Europe, East Asia and North America.

382 The geopotential height at 200 hPa regressed against the SST over the two North
383 Atlantic outstanding regions (Fig. 4) shows a CGT-like pattern after application of a
384 31-year running mean (Fig. 9), which is similar to the conclusion from Lin et al. (2016)
385 that the CGT could be excited by the AMO-related SST anomaly. The regressed 200
386 hPa geopotential height shows a similar pattern after application of a 101-year running
387 mean (not shown). The anticyclones associated with CGT-like pattern over the West
388 Europe, Central Asia and North America can suppress the precipitation and thus lead to
389 megadrought over these regions.

390 Considering the NAO-like pattern, the CGT-like pattern and the AMO-like pattern
391 together, we suggest that the AMO could be playing a “bridge” role to keep the
392 barotropic structure at the centennial scale, which is similar to the synthesis proposed
393 by Li et al. (2013) that the AMO is a “bridge” that links the NAO and NHT at a
394 multidecadal timescale. Delworth and Zeng (2016) suggested that the NAO variation
395 had significant impact on the AMOC and the subsequent influence on the atmosphere
396 and large-scale climate at multidecadal-centennial time scales. Other studies also
397 focused on the role of SST anomalies over the North Pacific and North Atlantic oceans
398 when investigating the possible mechanisms of the 4.2 ka BP event (Kim et al., 2004;
399 Marchant and Hooghiemstra, 2004; Booth et al., 2005).

400 We notice the centennial-millennial variation of the AMOC after the mid-
401 Holocene in the all forcing run (Fig. S4a). There also exists a double peak variation
402 during the period of ~~4.400-4.000 ka BP~~, accompanied by the similar spatial patterns of
403 temperature and precipitation anomalies as the simulated 4.2 ka BP event (Fig. S4b, c).
404 However, whether this AMOC variation is related to the external forcing, such as the
405 orbital forcing, or just the internal variability remains unknown, and needs further
406 investigations.

407

408 **5 Conclusion**

409 The characteristics of the 4.2 ka BP event along with the potential drivers and the

410 mechanisms are investigated using a set of transient climate simulations. The simulated
411 event is characterized by hemispheric cooling and megadrought over the NH, whereas
412 the SH experiences warming (over mid-latitude ocean) and wet conditions during this
413 event. The annual mean temperature change is dominated by the boreal winter change.
414 The cool and dry NH and warm and wet SH pattern indicates a southward shift of the
415 ITCZ, as suggested by the reconstructions. These characteristics could also be related
416 to a weakening of the AMOC, which needs further investigation.

417 By comparison between the all-forcing experiment and the single-forcing
418 sensitivity experiments, the 4.2 ka BP event can largely be attributed to the internal
419 variability, although the orbital forcing and the greenhouse gases could impact the
420 boreal summer NHT variation. The origin could be in polar regions and the North
421 Atlantic and may influence the NH climate through teleconnections such as the NAO-
422 like pattern and the CGT-like pattern. The positive NAO-like pattern in the atmosphere
423 triggers cooling over the NH and the negative AMO-like pattern in the ocean, which
424 may last for decades or even centuries. The negative AMO-like pattern triggers CGT-
425 like wave patterns at a multidecadal-centennial time scale accompanied by anticyclones
426 over West Europe, Central Asia and North America, which induce megadrought over
427 those regions. The simplified diagram of the mechanism is shown in Fig. 10.

428 Our findings provide a global pattern and mechanical background of the 4.2 ka BP
429 event that can help better understanding this event. We attribute the internal variabilities
430 to be an essential forcing of the 4.2 ka BP event. However, whether or not the external
431 forcings have modulation effects need to be clarified. For example, is the timing of the
432 event stochastic due to the internal variability or modulated by the external forcings
433 such as the orbital changes? Why the SST forcing in the North Atlantic can be
434 maintained at a multidecadal-centennial time scale requires more study. Current results
435 are mainly based on annual mean precipitation and temperature, whereas the impacts
436 of external forcings may have seasonal dependence; further investigations are required
437 to evaluate these impacts.

438 The model responses to the external forcings are small, especially in the Holocene
439 because of the absence of a significant change of the AMOC and the meltwater forcing

440 after 6 ka (Liu et al., 2014b). So we use the amplified anomalies between the cold and
441 warm periods, rather than simply the cold anomalies against the long-term average, to
442 illustrate the mechanisms of the event. We need to keep in mind that we still might not
443 be modeling the events comparable to the 4.2 ka BP event, particularly during the late
444 Holocene. More model-data, inter-model and inter-events comparisons are required to
445 better understand the cold events during the Holocene.

446

447

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460

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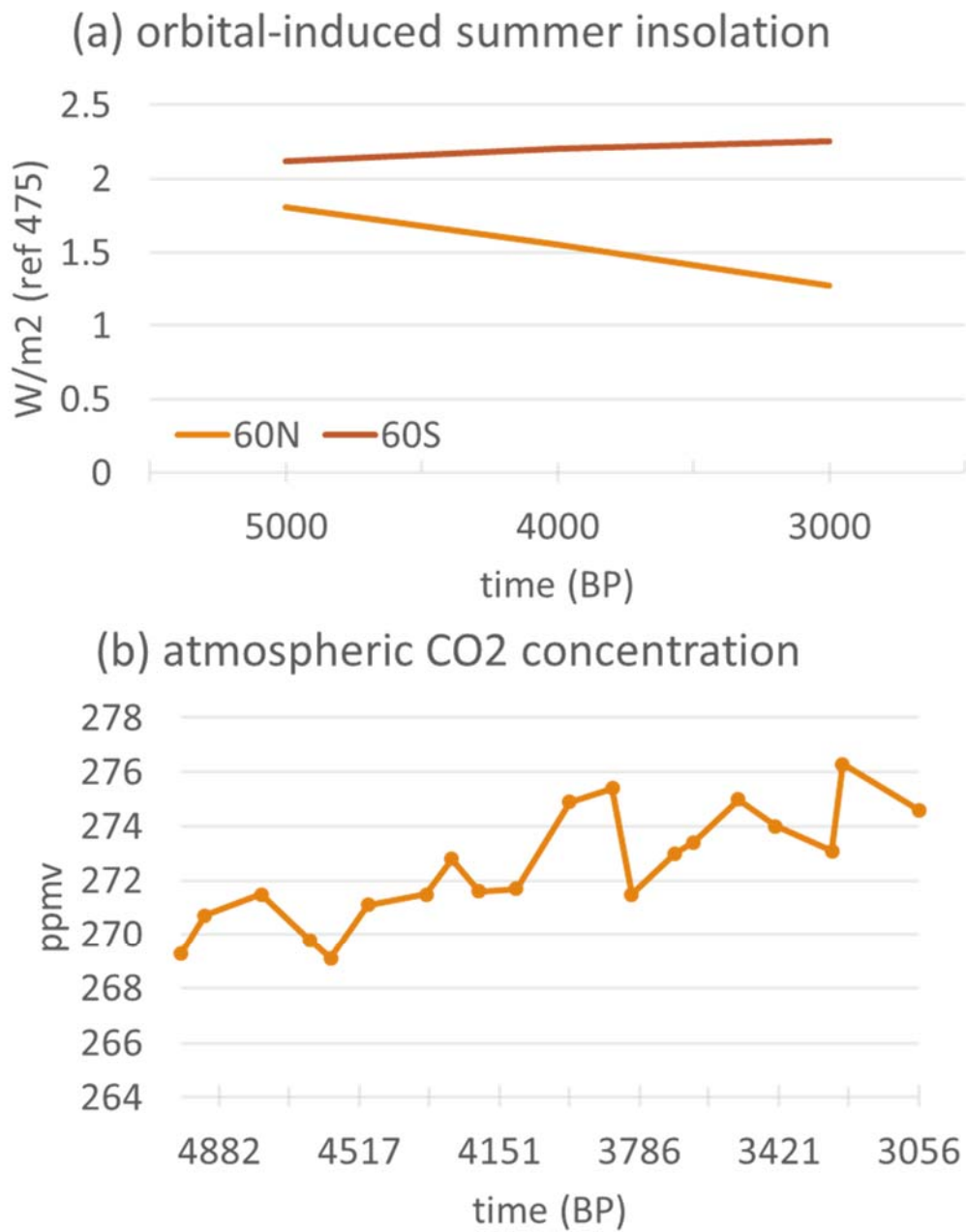
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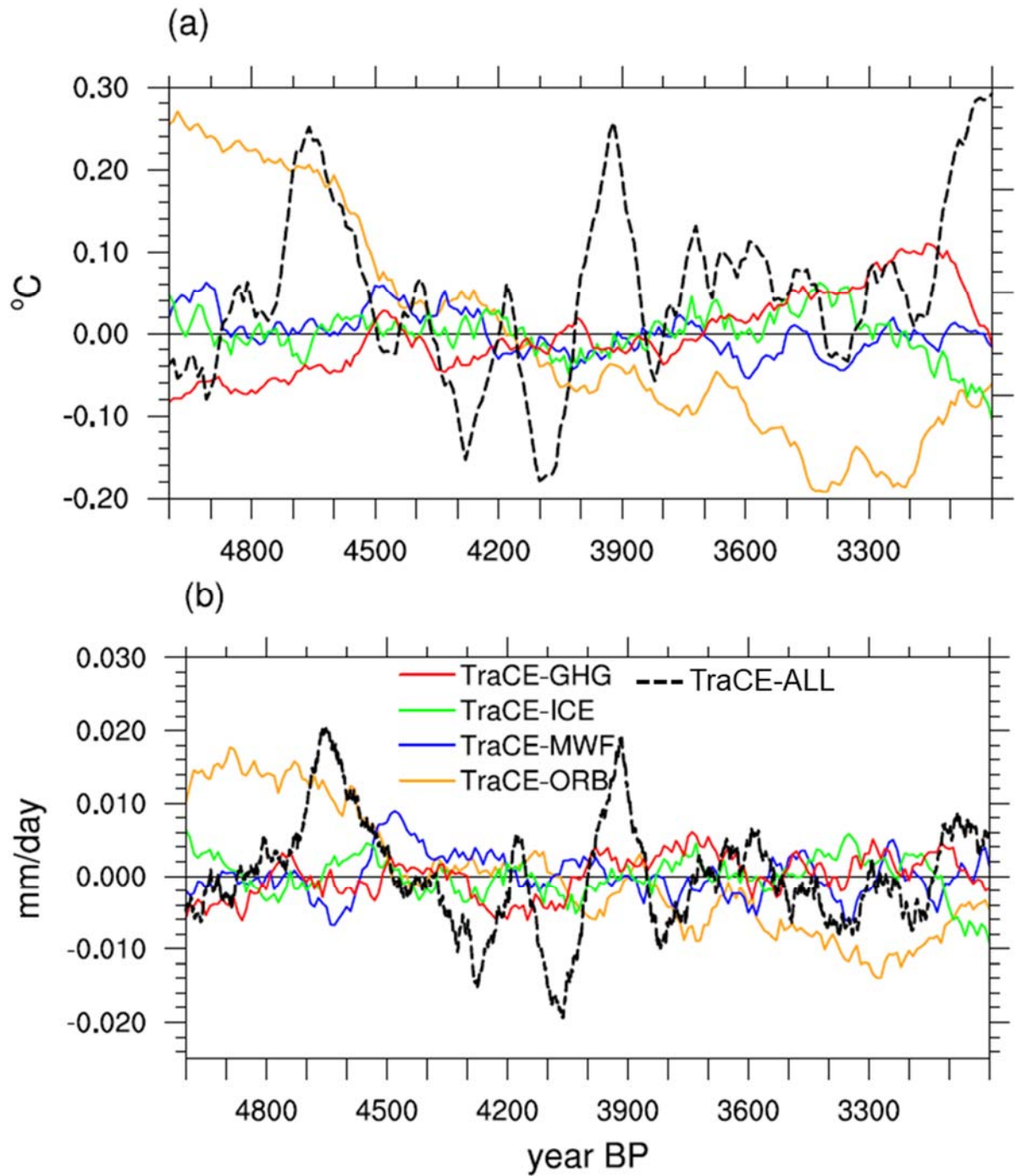
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714 **Figure 1** Time series of (a) transient summer insolation (at 60°N and 60°S) changes715 resulted from the orbital variation and (b) the transient CO₂ change used in the

716 simulations.

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721 **Figure 2** Time series of annual mean NH (a) surface temperature anomalies and (b)

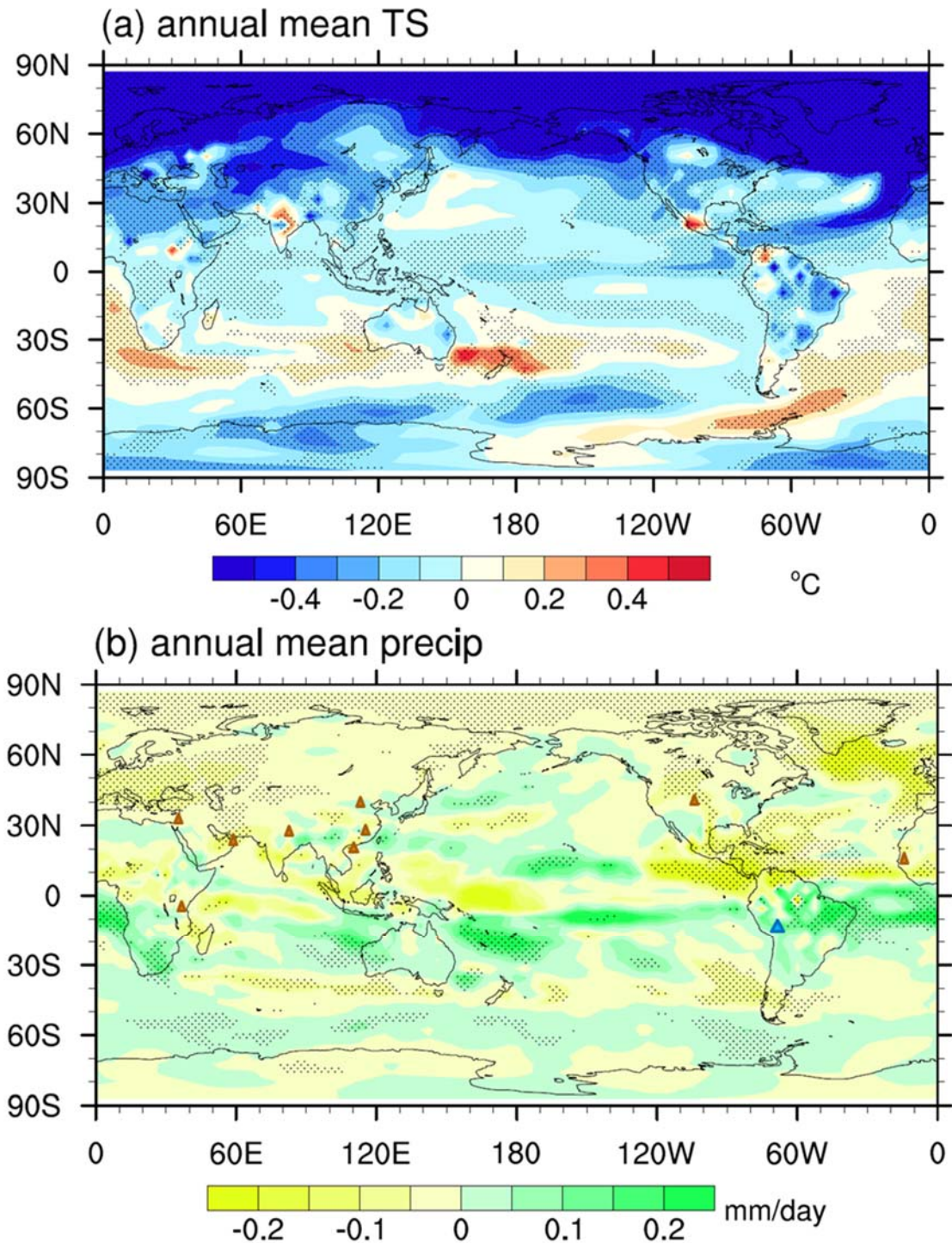
722 precipitation anomalies derived from the TraCE-ALL run (dashed black lines) and

723 each single forcing runs (solid color lines) from 5 ka BP to 3 ka BP. A 101-year

724 running mean has been applied to the time series.

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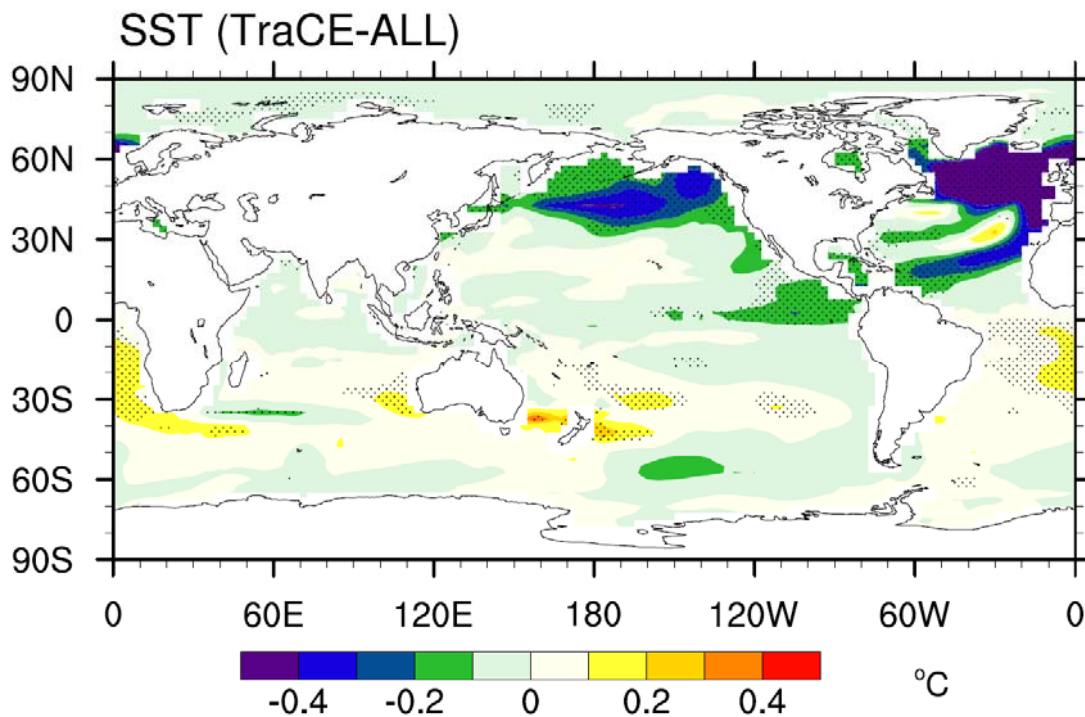
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730 **Figure 3** Spatial distribution of the annual mean (a) surface temperature and (b)
731 precipitation differences between the cold periods and warm periods derived from the
732 TraCE-ALL run. Those regions where significant above 95% confidence level are
733 dotted. Triangles in (b) denote the dry (orange) and wet (blue) conditions documented

734 in the records, including the following sites: Kilimanjaro (3°04.6'S, 37°21.2'E)
735 (Thompson et al., 2002), Dead Sea (Yechieli et al., 1993), Gulf of ~~Omen~~ Oman
736 (24°23.4'N, 59°2.5'E) (Cullen et al., 2000), Lake Rara (29°32'N, 82°05'E)
737 (Nakamura et al., 2016), Maar lake in Huguangyan (21.15°N, 110.29°E) (Liu et al.,
738 2000), Daihai Lake (40.58°N, 112.7°E) (Peng et al., 2005), Poyang Lake (29.15°N,
739 116.27°E) (Ma et al., 2004), Eastern Colorado Dunes (40°20'N, 104°16'E) (Forman
740 et al., 1995), Lake Titicaca (12.08°S, 69.85°W) and Lake Guiers (16.3°N, 16.5°W)
741 (Marchant and Hooghiemstra, 2004).

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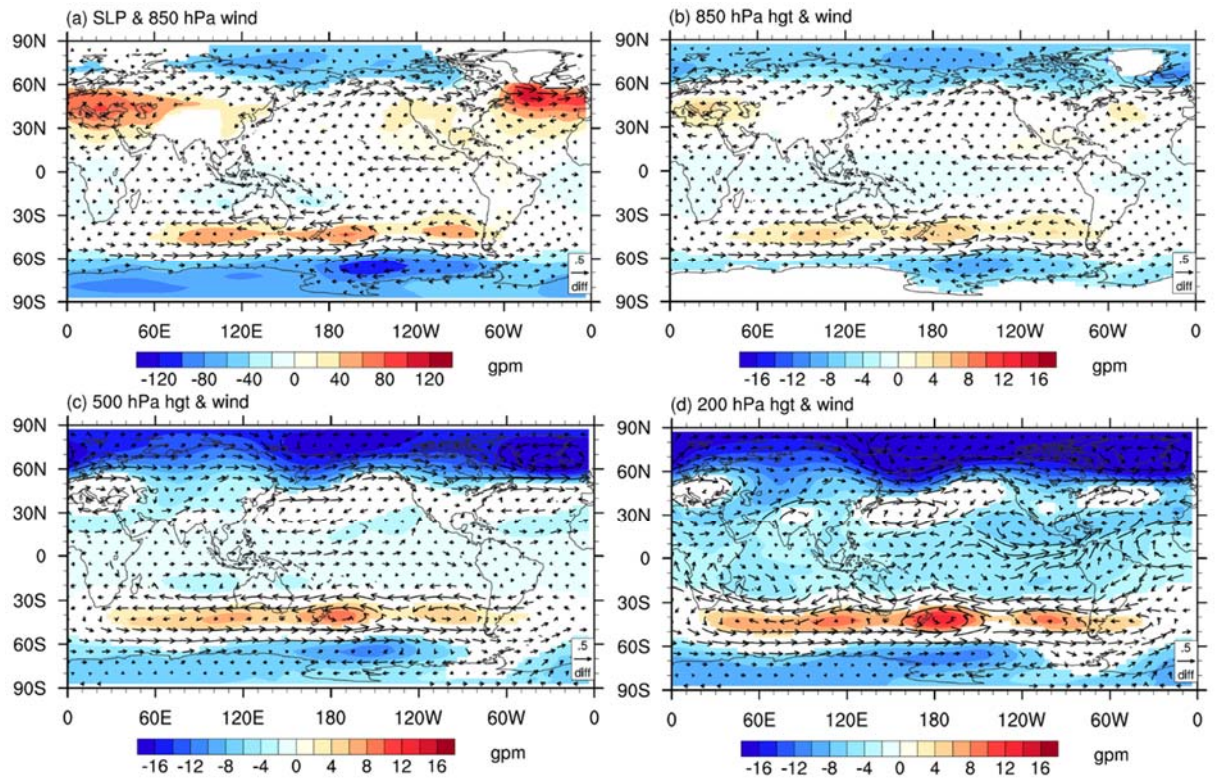


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748 **Figure 4** Spatial distribution of annual mean SST difference between the cold and
749 warm periods derived from the TraCE-ALL run. Those regions where significant
750 above 95% confidence level are dotted.

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756 **Figure 5** Differences of annual mean (a) sea level pressure and 850 hPa wind, (b)
757 geopotential height and wind on 850 hPa, (c) geopotential height and wind on 500
758 hPa and (d) geopotential height and wind on 200 hPa between cold and warm periods
759 derived from the TraCE-ALL run. Those regions where significant above 95%
760 confidence level are plotted.

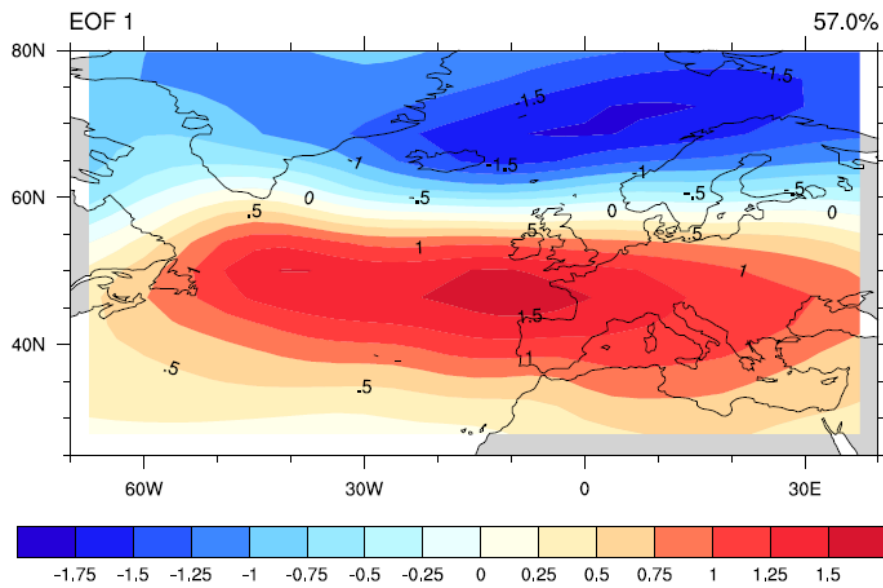
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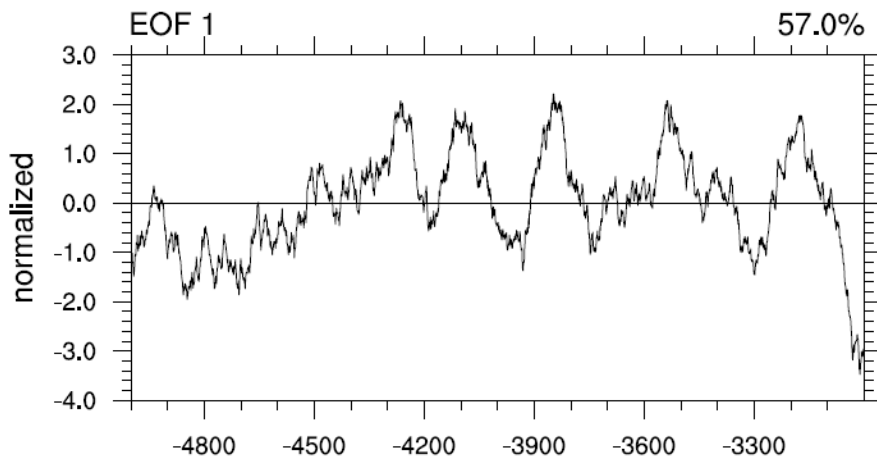
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768 **Figure 6** Standardized first leading mode of the EOF of annual mean SLP over the
769 North Atlantic region (70W-40E, 25N-80N) during the period of 5.0 ka BP to 3.0 ka
770 BP derived from the TraCE-ALL run, after application of a 101-year running mean.
771 The spatial distribution is shown in the top panel, and the time series is shown in the
772 bottom panel. Only this mode passed the North test for EOF.

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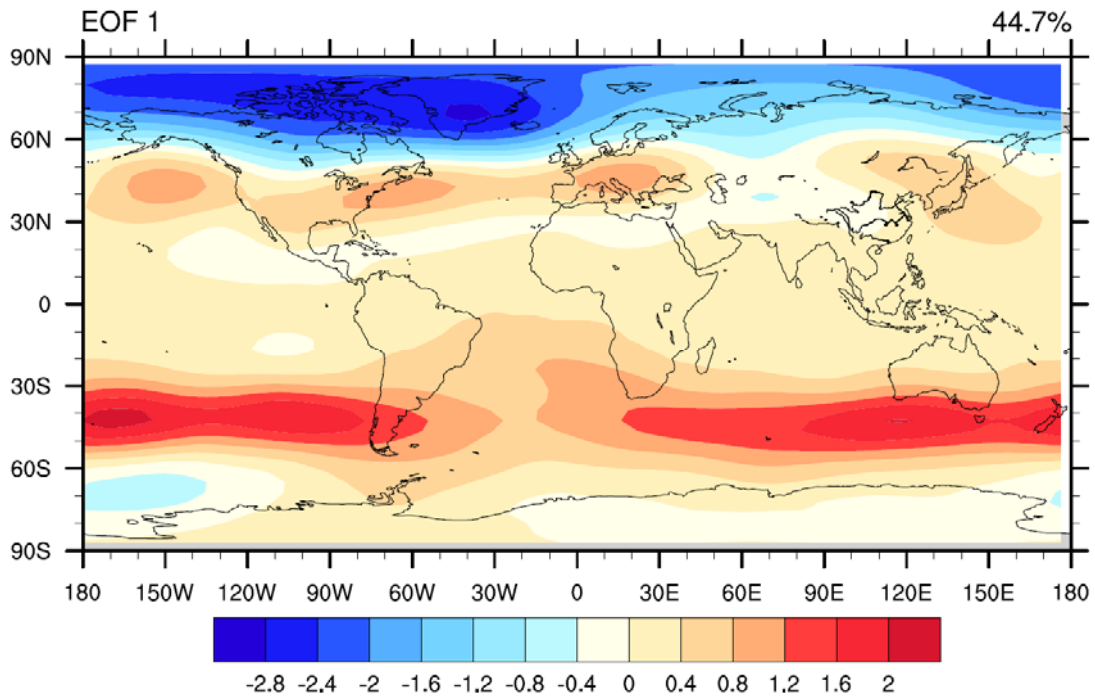
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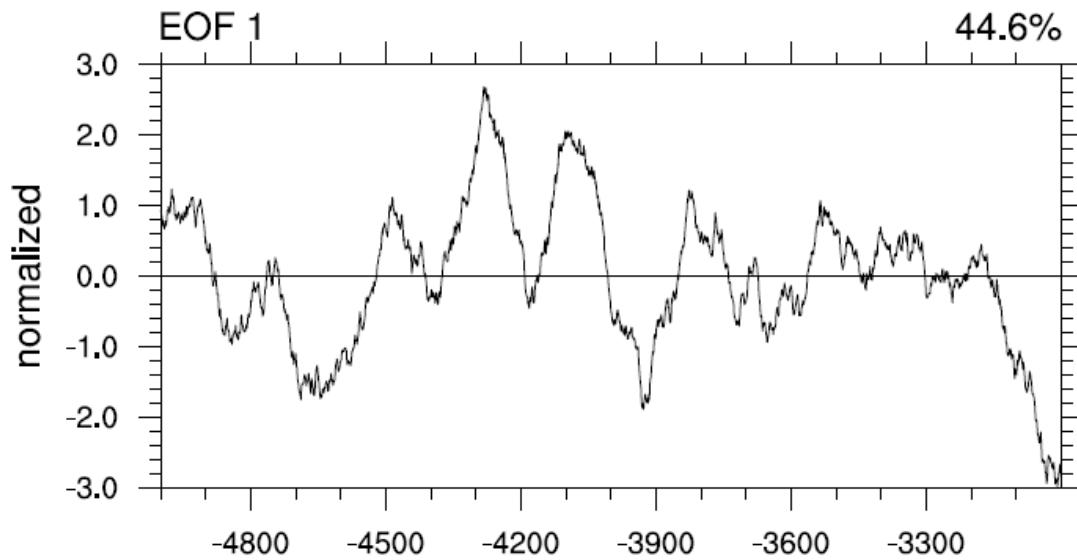
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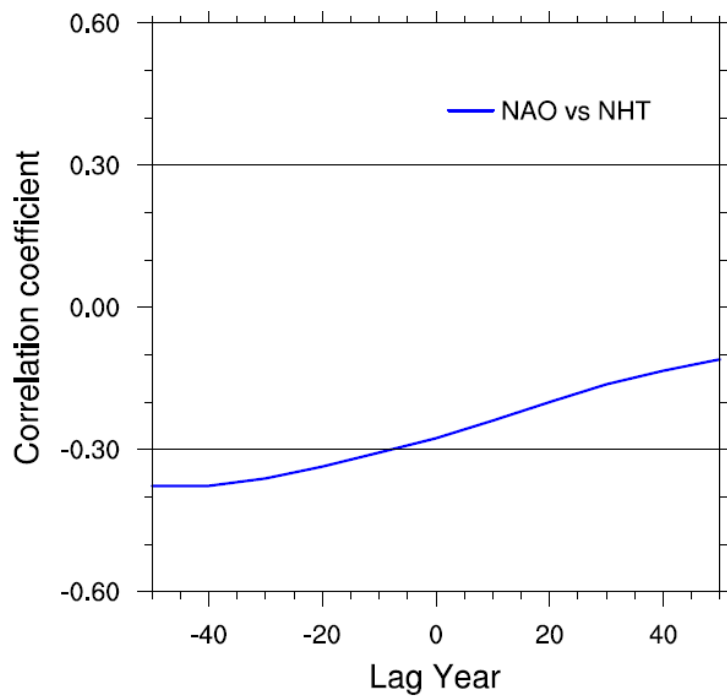


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783 **Figure 7** Standardized first leading mode of the EOF of annual mean geopotential
784 height at 200 hPa during the period of 5.0 ka BP to 3.0 ka BP derived from the TraCE-
785 ALL run, after application of a 101-year running mean. The spatial distribution is
786 shown in the top panel, and the time series is shown in the bottom panel. Only this
787 mode passed the North test for EOF.

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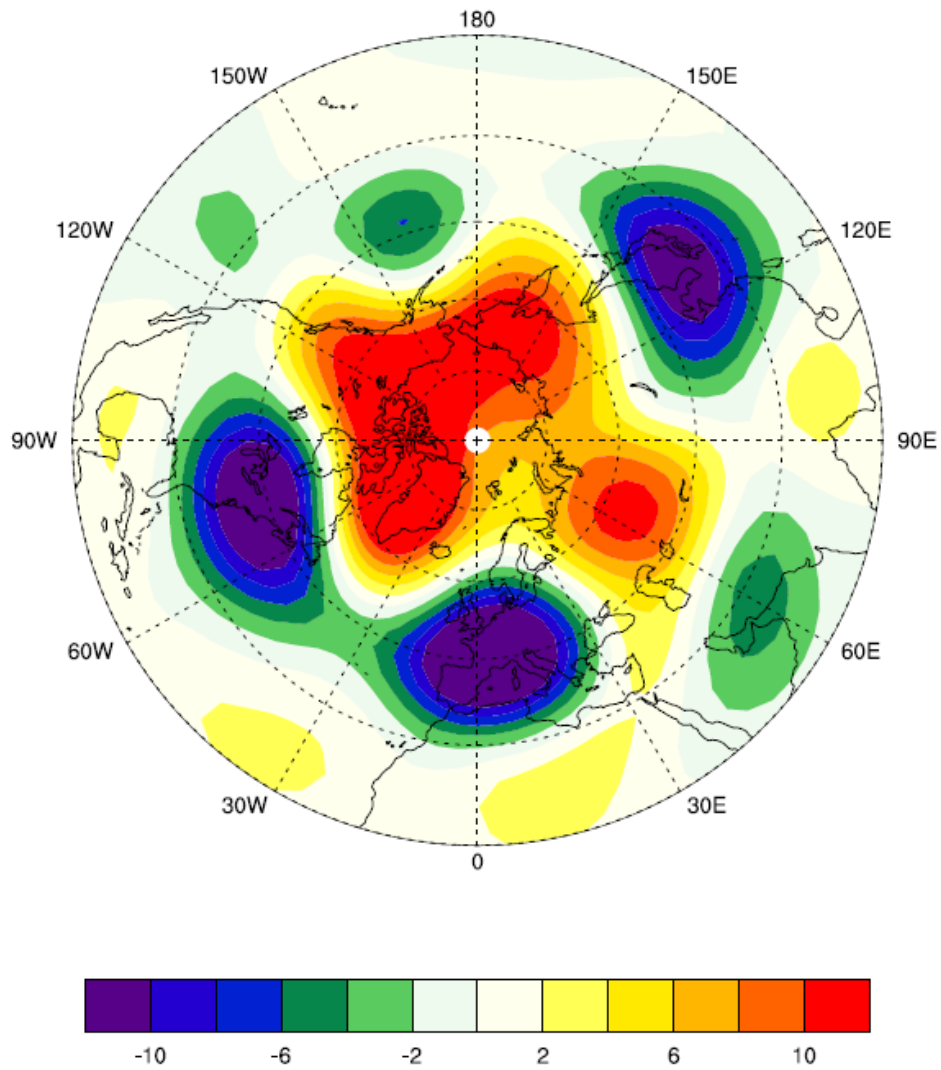
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791 **Figure 8** Lead-lag correlation between the annual mean North Atlantic Oscillation
792 (NAO) and the North Hemisphere Surface Temperature (NHT) during 4.4 ka BP-4.0
793 ka BP derived from the TraCE-ALL run. The black lines (± 0.3) show the significance
794 levels ($p < 0.05$).

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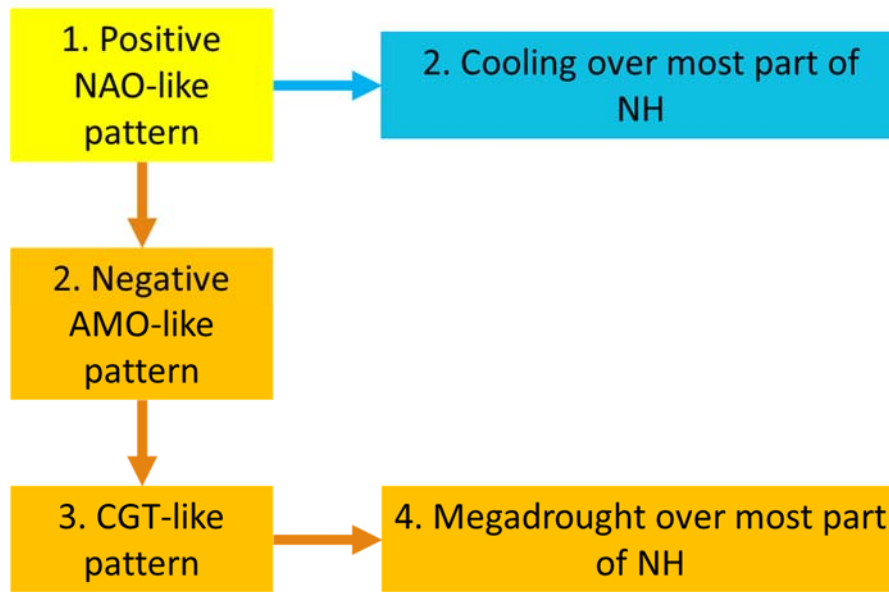
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799 **Figure 9** Annual mean geopotential height regressed against the SST over the North
 800 Atlantic during 5.0 ka BP - 3.0 ka BP derived from the TraCE-ALL run, after 31-year
 801 running mean application.

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806 **Figure 10** Schematic diagram shown the mechanisms behind the 4.2 ka BP event.

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810 **Table 1** The information of the experiments used in this study.

Experiments	Forcings	Time spanning	Temporal resolution
TraCE-ALL	Orbital, melt-water flux, continental ice-sheet, and Greenhouse gases	22000 BP to 1990 CE	Monthly mean
TraCE-ORB	Orbital only	22000 BP to 1990 CE	Decadal mean
TraCE-MWF	Melt-water flux only	19000 BP to 1990 CE	Decadal mean
TraCE-ICE	Continental ice-sheets only	19000 BP to 1990 CE	Decadal mean
TraCE-GHG	Greenhouse gases only	22000 BP to 1990 CE	Decadal mean

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817 **Table 2** Correlation coefficients between the annual mean and seasonal mean NHTs

818 derived from the TraCE-ALL run and those from each single-forcing run from 5.0 ka

819 BP to 3.0 ka BP.

Single forcing run	Annual mean	JJA mean	DJF mean
TraCE-ORB	-0.05	0.79	-0.12
TraCE-MWF	-0.18	0.48	-0.43
TraCE-ICE	-0.30	-0.20	-0.18
TraCE-GHG	0.14	-0.73	0.40

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Supplementary Information for
Physical processes of cooling and megadrought in 4.2 ka BP event:
results from TraCE-21ka simulations

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~~Key Laboratory of Virtual Geographic Environment, Ministry of Education; State key Laboratory of Geographical Environment Evolution, Jiangsu Provincial Cultivation Base; School of Geographical Science, Nanjing Normal University, Nanjing, 210023, China~~

~~²Jiangsu Center for Collaborative Innovation in Geographical Information Resource Development and Application, Nanjing, 210023, China~~

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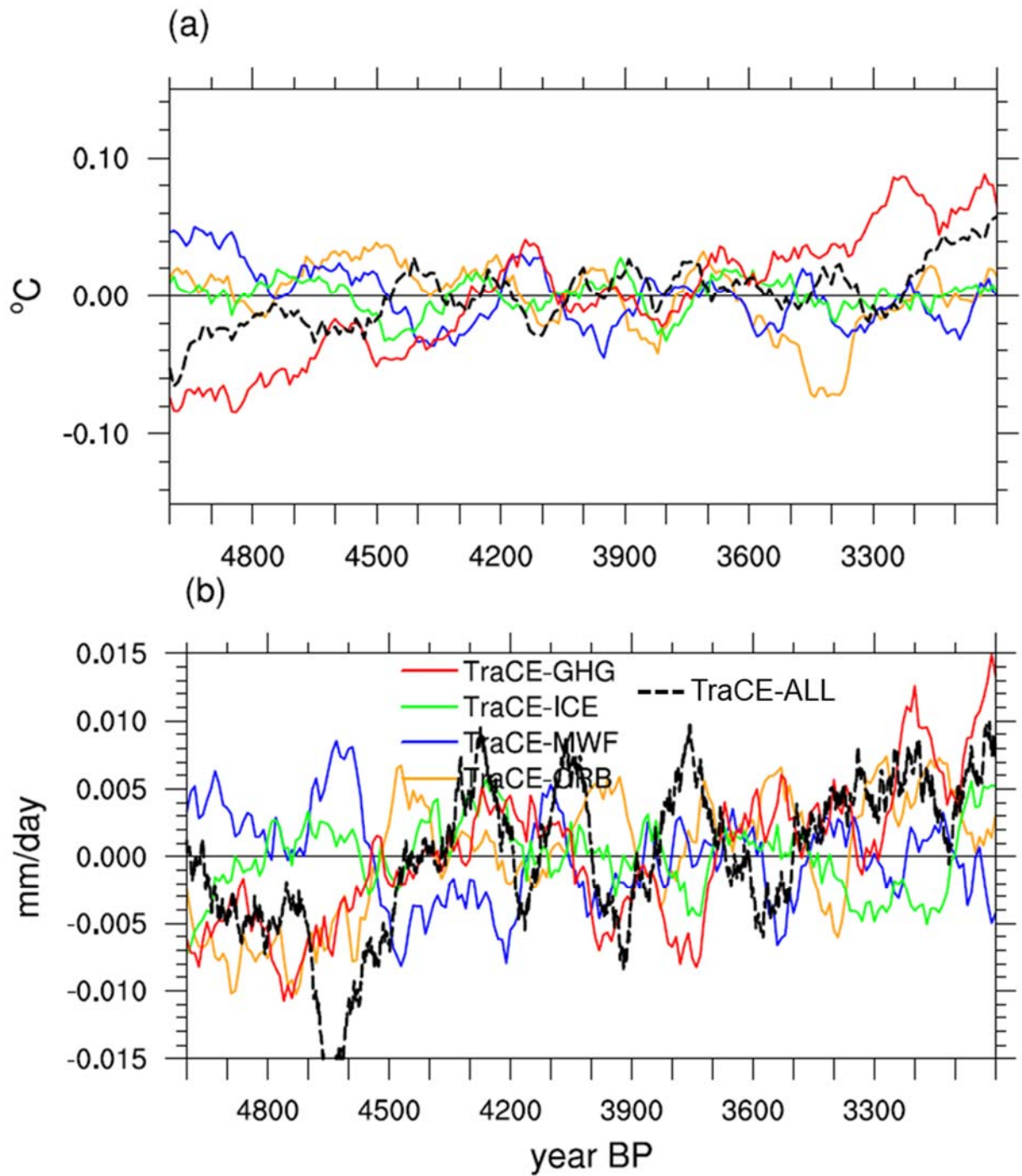


Figure S1 Time series of annual mean Southern Hemisphere (SH) (a) surface temperature anomalies and (b) precipitation anomalies derived from TraCE-ALL run (dashed black lines) and each single forcing runs (solid color lines) from 5 ka BP to 3 ka BP. A 101-year running mean has been applied to the time series.

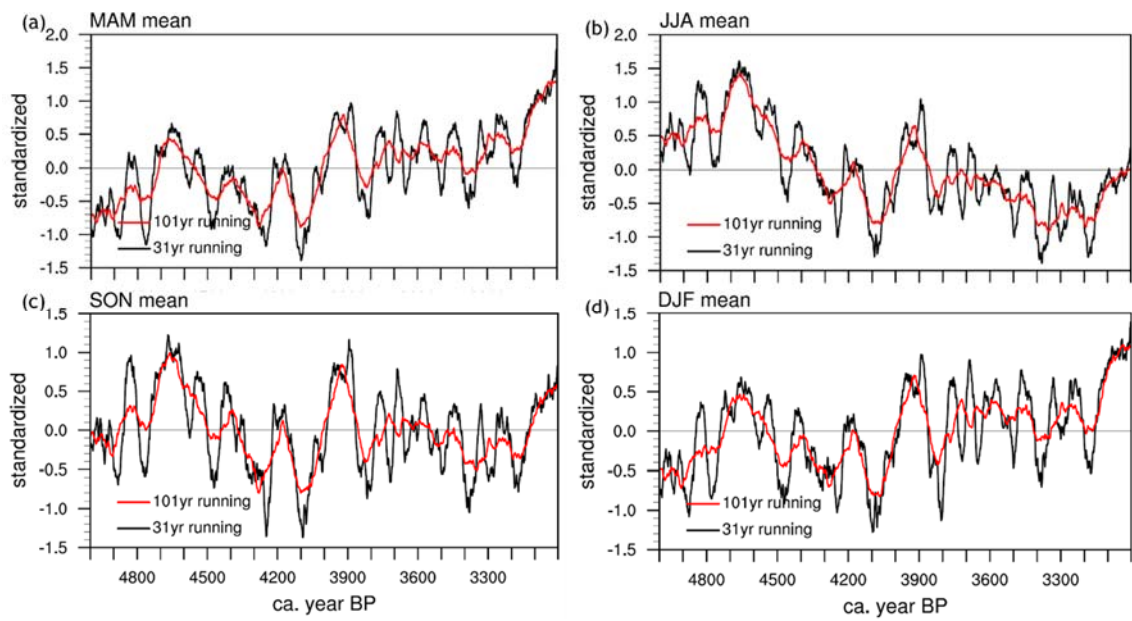


Figure S2 Standardized time series of (a) MAM mean, (b) JJA mean, (c) SON mean and (d) DJF mean NH surface temperature anomalies from 5ka BP to 3ka BP derived from the TraCE-ALL run. A 101-year running mean (red line) and a 31-year running mean (black line) have been applied to the time series.

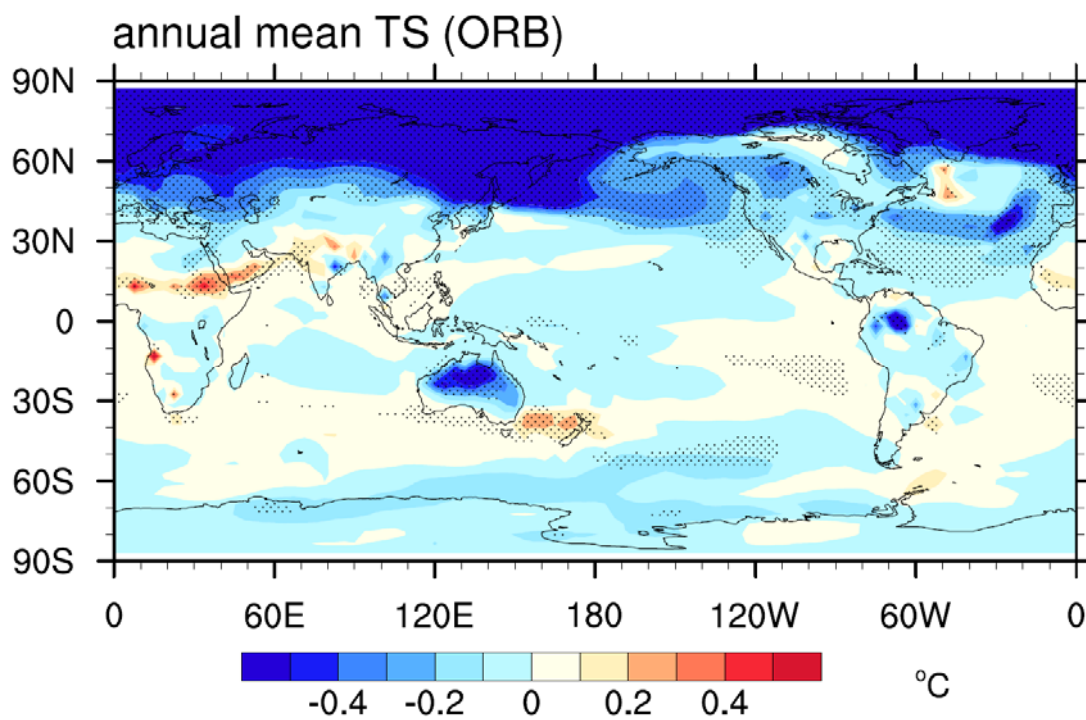


Figure S3 Spatial distribution of the annual mean surface temperature difference between the cold period (4200 BP-3900 BP) and warm period (4800 BP-4500 BP) derived from the TraCE-ORB run. Those regions where significant above 95% confidence level are dotted.

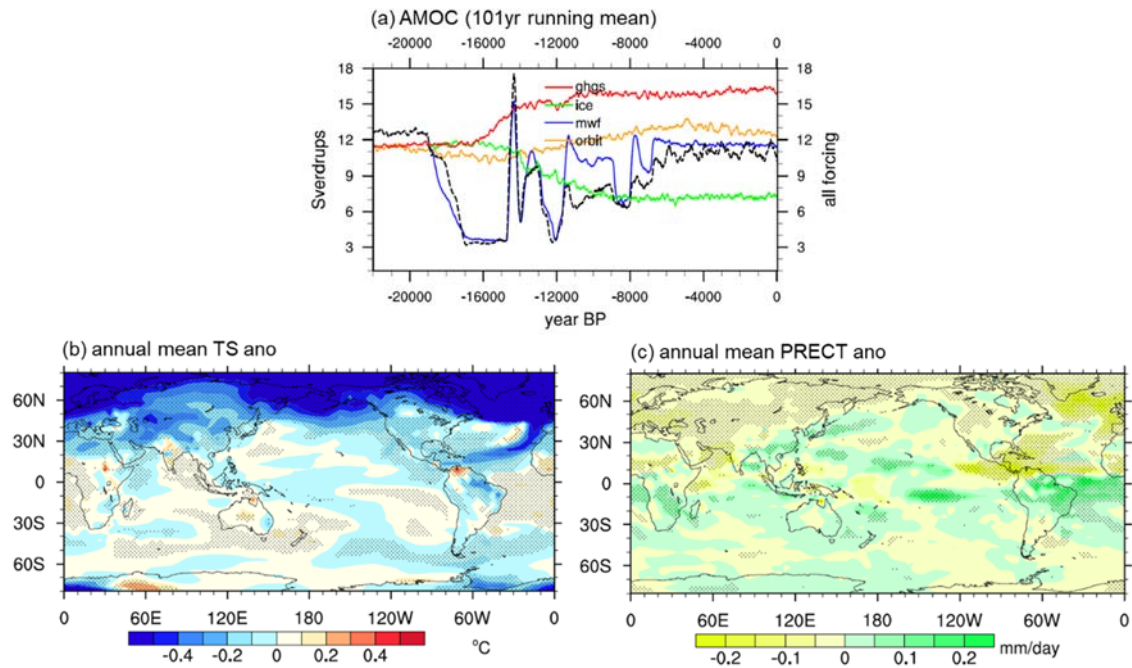


Figure S4 (a) Simulated AMOC over the past 22 ka derived from TraCE-ALL (black line) and each single forcing run (colored lines). Spatial distribution of the annual mean surface temperature difference (b) and precipitation difference (c) between the weak and strong AMOC states derived from TraCE-ALL. Those regions where significant above 95% confidence level are dotted in (b) and (c). The weak and strong AMOC states are selected based on the standardized time series of AMOC during the period of past 6 ka, when the meltwater forcing is absent.

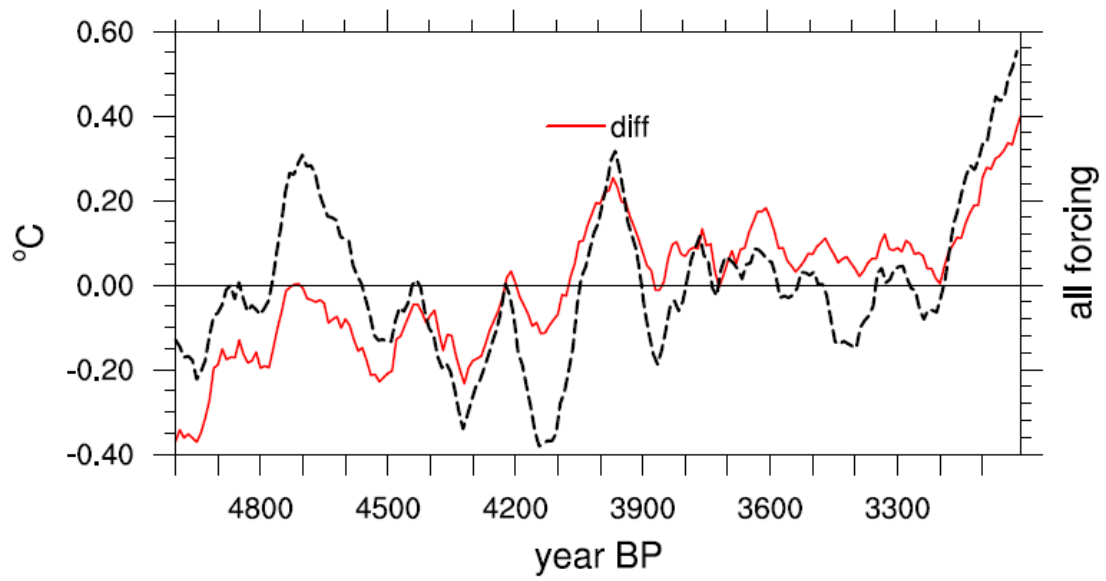


Figure S5 Time series of annual mean NHT anomaly from 5000 BP to 3000 BP. Dashed black line is the result derived from the all forcing run. Red line indicates the difference between the result derived from all forcing run and that derived from the linear sum of the 4 single forcing runs.

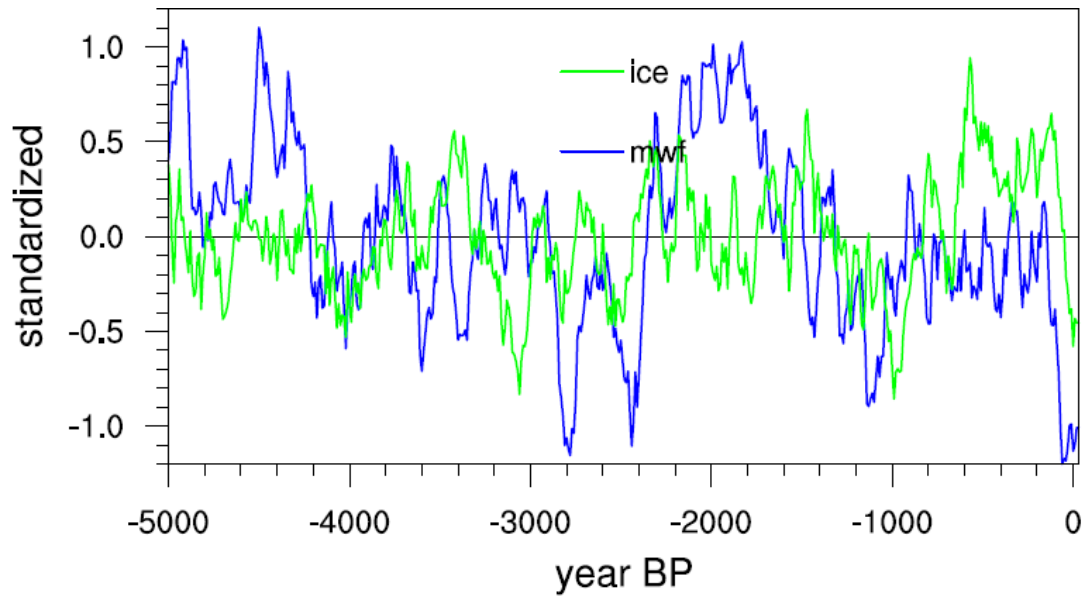


Figure S6 Standardized time series of the annual mean NHT derived from the TraCE-MWF run (blue line) and TraCE-ICE run (green line) from 5000 BP to 1990 CE. A 101-year running mean has been applied to the time series.

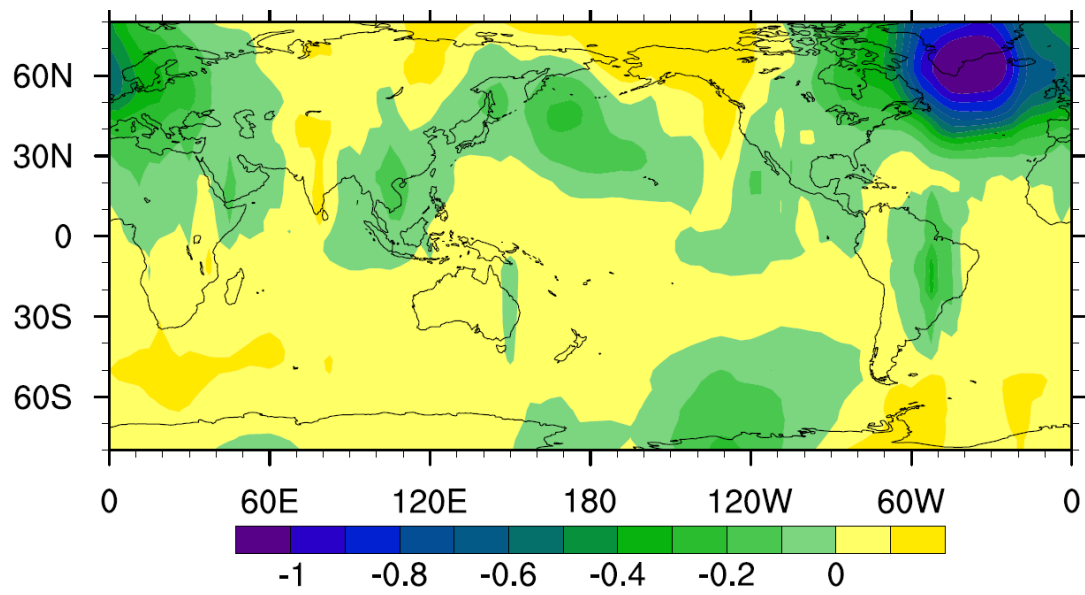


Figure S7 Annual mean TS regressed against the NAO index leading 40-year during 4.4 ka BP - 4.0 ka BP.