

1 Hydroclimatic variability in the southwestern Indian Ocean between 6000 and 3000 years ago

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17 Abstract

18 **The ‘4.2 ka event’ is frequently described as a major global climate anomaly between 4.2**
19 **and 3.9 ka BP, which defines the beginning of the current Meghalayan age in the Holocene epoch.**
20 **The ‘event’ has been disproportionately reported from proxy records from Northern Hemisphere**
21 **but its climatic manifestation remains much less clear in Southern Hemisphere. Here, we present**
22 **highly resolved and chronologically well-constrained speleothem oxygen and carbon isotopes**
23 **records between ~6 and 3 ka BP from Rodrigues Island in the southwestern subtropical Indian**
24 **Ocean, located ~600 km east of Mauritius. Our records show that the ‘4.2 ka event’ did not**
25 **manifest as a period of major climate change at Rodrigues Island in the context of our record’s**
26 **length. Instead, we find evidence for a multi-centennial drought that occurred near-continuously**
27 **between 3.9 and 3.5 ka BP and temporally coincided with climate change throughout the**
28 **Southern Hemisphere.**

41 **1. Introduction**

42 The '4.2 ka event' is considered as a widespread climate event between 4.2 and 3.9 ka BP
43 (thousand years before present, where present = 1950 AD) (e.g., Weiss et al., 1993, 2016). Many
44 paleoclimate records from the Northern Hemisphere (NH) have characterized the event as a multi-
45 decadal to multi-centennial period of arid and cooler conditions across the Mediterranean, Middle East,
46 South Asia and North Africa (e.g., Finné et al., 2011; Marchant and Hooghiemstra, 2004; Migowski et
47 al., 2006; Mayewski et al., 2004; Staubwasser et al., 2003; Arz et al., 2006; Zielhofer et al., 2017;
48 Stanley et al., 2003; Kathayat et al., 2017). The structure of the '4.2 ka event' from many proxy records
49 such as peat cellulose records from the eastern Tibetan Plateau (Hong et al., 2003, 2018), speleothem
50 from northeastern India (Berkelhammer et al., 2012) and southern Italy (Drysdale et al., 2006), marine
51 sediments from the Gulf of Oman (Cullen et al., 2000) and the northern Red Sea (Arz et al., 2006), and
52 the dust record in the Kilimanjaro ice core (Thompson et al., 2002) typically characterized it as a single
53 pulse-like signal in the long term context of these records. In contrast, the structure of '4.2 ka event' in
54 Southern Hemisphere (SH) remains unclear. Some proxy records from the tropical and sub-tropical
55 regions of Africa and Australia show a shift towards drier conditions around 4 ka BP (e.g., Russell et
56 al., 2003; Marchant and Hooghiemstra, 2004; Griffiths et al., 2009; Denniston et al., 2013; Berke et al.,
57 2012; De Boer et al., 2013, 2014, 2015; Schefuß et al., 2011; Rijdsdijk et al., 2009, 2011). Other records
58 show virtually unchanged hydrological conditions (e.g., Tierney et al., 2008, 2011; Konecky et al.,
59 2011) or a two-pulsed multi-decadal length wet events (Railsback et al., 2018) during the period
60 contemporaneous with the 4.2 ka event.

61 The goal of this study is to investigate a time period that spans the '4.2 ka event' in a key region
62 of the SH via highly resolved and precisely dated proxy records. Here, we present speleothem oxygen
63 ($\delta^{18}\text{O}$) and carbon ($\delta^{13}\text{C}$) isotope records from La Vierge (LAVI-4) and Patate (PATA-1) caves from the
64 Rodrigues Island (Fig.1) in the southern subtropical Indian Ocean. The LAVI-4 and PATA-1 records
65 span from ~6 to 3 ka BP and from ~6.1 to 3.3 ka BP, with an average resolution of ~4 and 14 years,
66 respectively. The LAVI-4, which constitutes our primary record, has a precise age control and a sub-
67 decadal resolution, which, together with PATA-1 record, allows us to reliably characterize the multi-
68 decadal to centennial hydroclimate variations in the southwestern Indian Ocean during the period from
69 6 to 3 ka BP.

70 **2 Modern climatology**

71 **2.1 Climatology**

72 Rodrigues (~19°42'S, ~63°24'E) is a small volcanic island (~120 km²) situated in the
73 southwestern Indian Ocean, ~600 km east of Mauritius (Fig. 1). The island's maximum altitude is ~400
74 m above sea level. Rodrigues' mean annual temperature is ~24°C and the mean annual rainfall is ~1010
75 mm, of which nearly 70% occurs during the wet season (November to April) with February being the
76 wettest month. The seasonal distribution of rainfall is largely controlled by the seasonal migration of the
77 ITCZ and the Mascarene High (Senapathi et al., 2010; Rijdsdijk et al., 2011; Morioka et al., 2015) (Fig.
78 1). Given its location at the southern fringe of the ITCZ, the austral summer rainfall at Rodrigues is very
79 sensitive to the mean position of the southern limit of the ITCZ. This is highlighted by backward (120
80 hours) HYSPLIT (Draxler and Hess, 1998) trajectory composites of the low-level winds (850 hPa)
81 during the years when the total January to March (JFM) precipitation was unusually low (dry) and high
82 (wet) than the long-term mean (1951-2016) at Rodrigues (Fig. 1B). Of note is a major increase in the
83 fraction of air parcel trajectories arriving from the north of Rodrigues during the wetter years, indicating
84 an enhanced contribution of northerly moisture resulting from a more southerly position of the ITCZ

85 (Fig. 1B). This observation is further supported by analyses of the low-level wind trajectory cluster
86 composites of February in those years when the southern boundary of the the ITCZ was anomalously
87 north or south (Lashkari et al., 2017; Freitas et al., 2017) of its long-term mean February position
88 (Supplementary Fig. 1 A-B). In addition to the ITCZ, ENSO also modulates austral summer
89 precipitation at Rodrigues via modulating the Hadley and Walker circulations (Senapathi et al., 2010; De
90 Boer et al., 2014; Griffiths et al., 2016; Zinke et al., 2016). Instrumental data and our trajectory
91 composites for selected El Niño and La Niña years suggest that an increased (decreased) summer
92 precipitation at Rodrigues is associated with the El Niño (La Niña) events (Supplementary Fig. 1C-D).

93 **2.2 Oxygen isotopes and climatology**

94 Modern observations of $\delta^{18}\text{O}$ of precipitation ($\delta^{18}\text{O}_p$) in the study area are unavailable due to the
95 lack of Global Network of Isotopes in Precipitation (GNIP) stations in Rodrigues. However, $\delta^{18}\text{O}_p$ data
96 from the nearest GNIP station in Mauritius show a clear annual cycle in $\delta^{18}\text{O}_p$ with depleted values
97 during the austral summer (Supplementary Fig. 2A). Additionally, in the absence of GNIP data, we use
98 simulated $\delta^{18}\text{O}_p$ data from the Experimental Climate Prediction Center's Isotope-incorporated Global
99 Spectral Model (IsoGSM) (Yoshimura et al., 2008) to assess the large-scale dynamical processes that
100 control $\delta^{18}\text{O}_p$ on interannual and decadal timescales. Our analyses show the presence of a strong
101 negative correlation between the $\delta^{18}\text{O}_p$ and rainfall amount similar to the 'amount effect' (e.g.,
102 Dansgaard, 1964) (Supplementary Fig. 2B-C). We therefore interpret $\delta^{18}\text{O}_p$ variations in the cave
103 catchment and, consequently, in speleothems from this region primarily reflecting variations in rainfall
104 amount in response to both local and large-scale atmospheric circulation changes. The relationship is
105 such that more negative (positive) $\delta^{18}\text{O}_p$ values occur during times of either an anomalously southward
106 (northward) position of the southern boundary of the ITCZ or El Niño (La Niña) conditions.

107 **3 Methods**

108 **3.1 Speleothem samples**

109 Two stalagmites, LAVI-4 and PATA-1, from La Vierge and Patate caves, respectively, were used
110 in this study. La Vierge (19°45'26"S, 63°22'13"E, ~32 m asl) and Patate (19°45'30"S, 63°23'11"E, ~20
111 m asl) caves are located in Plaine Corail and Plaine Caverne, respectively, in southwestern Rodrigues
112 (Middleton and David, 2013). The cave temperature and relative humidity at the time of sample
113 collection (June 2015) were ~25.5°C and 95% in La Vierge cave and ~22.5°C and 95% in Patate cave.
114 Samples LAVI-4 and PATA-1 were collected at the distance of ~50 m and 200 m from cave entrances,
115 respectively. The diameters of LAVI-4 and PATA-1 are ~75 and 95 mm, and their lengths are ~400 and
116 ~334 mm, respectively. Both stalagmites were cut along their growth axes using a thin diamond blade
117 and then polished.

118 **3.2 ^{230}Th dating**

119 Subsamples (80-130 mg) for ^{230}Th dating were drilled using a 0.9 mm carbide dental drill. ^{230}Th
120 dating was performed at Xi'an Jiaotong University, China, by using a Thermo-Finnigan Neptune *plus*
121 multi-collector inductively coupled plasma mass spectrometer (MC-ICP-MS). The method is described
122 in Cheng et al. (2000, 2013). We used standard chemistry procedures (Edwards et al., 1987) to separate
123 U and Th. A triple-spike (^{229}Th - ^{233}U - ^{236}U) isotope dilution method was used to correct instrumental
124 fractionation and to determine U/Th isotopic ratios and concentrations (Cheng et al., 2000, 2013). U and
125 Th isotopes were measured on a MasCom multiplier behind the retarding potential quadrupole in the
126 peak-jumping mode using standard procedures (Cheng et al., 2000). Uncertainties in U and Th isotopic
127 measurements were calculated offline at the 2σ level, including corrections for blanks, multiplier dark

128 noise, abundance sensitivity, and contents of the same nuclides in the spike solution. ^{234}U and ^{230}Th
129 decay constants of Cheng et al. (2013) were used. Corrected ^{230}Th ages assume an initial $^{230}\text{Th}/^{232}\text{Th}$
130 atomic ratio of $(4.4 \pm 2.2) \times 10^{-6}$, and the value for material at secular equilibrium with the bulk earth
131 $^{232}\text{Th}/^{238}\text{U}$ value of 3.8. The correction for a few samples LAVI-4 and PATA-1 are large, because either
132 U concentration is low (~ 65 ppb) and/or the detrital ^{232}Th concentration is elevated (>100 ppt) (Table
133 S1, Fig. 2).

134 **3.3 Stable isotope analysis**

135 LAVI-4 and PATA-1 stable isotope ($\delta^{18}\text{O}$ and $\delta^{13}\text{C}$) records were established by ~ 962 and ~ 190
136 data, respectively. The New Wave Micromill, a digitally controlled tri-axial micromill equipment, was
137 used to obtain subsamples. The subsamples (~ 80 μg) were continuously micromilled along the
138 stalagmites growth axes of LAVI-4 and PATA-1 at increments between 100 and 200 μm . The
139 subsamples of LAVI-4 were measured using a Finnigan MAT-253 mass spectrometer coupled with an
140 on-line carbonate preparation system (Kiel-IV) in the Isotope Laboratory, Xi'an Jiaotong University.
141 The subsamples of PATA-1 were measured using an on-line carbonate preparation system (GasbenchII)
142 connected to an isotope ratio mass spectrometer (Delta^{plus}XL) in the Isotope Laboratory, Innsbruck
143 University. The latter technique is reported in Spötl (2011) and Spötl and Vennemann (2003). All
144 results are reported in per mil (‰) relative to the Vienna PeeDee Belemnite (VPDB) standard.
145 Duplicate measurements of standards show a long-term reproducibility of $\sim 0.1\%$ (1σ) or better (Table
146 S2, Fig. 2).

147 **4 Results**

148 **4.1 Age models**

149 We obtained 26 and 7 ^{230}Th dates for samples LAVI-4 and PATA-1, respectively. The LAVI-4
150 and PATA-1 age models and associated uncertainties were constructed using COPRA (Constructing
151 Proxy Records from Age) (Breitenbach et al., 2012) and ISCAM (Intra-Site Correlation Age Modelling)
152 (Fohlmeister, 2012) age modelling schemes (Supplementary Fig. 3). Both schemes yielded virtually
153 identical age models, and thus the conclusions of this study are not sensitive to the choice of the age
154 model (Fig. 2 and Supplementary Fig. 3).

155 The time interval from 6 to 3 ka BP in LAVI-4 speleothem corresponds to a sample depth of 274
156 to 81 mm below the top, respectively. A drip-water relocation occurred at a depth of 124 mm, which is
157 associated with a Type L surface characterized by slow growth and narrow layers under progressively
158 drier conditions (Railsback et al., 2013) (Supplementary Figs. 3 and 4). It cannot be ruled out that there
159 also exists a hiatus at this depth (~ 3.5 ka BP). If such a hiatus was indeed present, its duration would be
160 about 100 years based on the age model (Supplementary Fig. 4). The time interval from 6.1 to 3.3 ka BP
161 in PATA-1 corresponds to a sample depth of 34 to 15 mm. Growth of PATA-1 ceased at ~ 15 mm and
162 then resumed about 630 years later, creating a hiatus (Supplementary Fig. 3). The COPRA age models
163 of PATA-1 and LAVI-4 (Fig. 2 and Supplementary Fig. 3) are reported in Table S2 and used in the
164 following discussion.

165 **4.2 Isotopic equilibrium tests**

166 Conventional criteria to assess isotopic equilibrium of stalagmites are provided by the Hendy Test
167 (Hendy, 1971), which requires no correlation between $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values measured along the growth
168 axis as well as along the same growth lamina. The correlation between the $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values in
169 LAVI-4 and PATA-1 is 0.53 and 0.85, respectively, which suggests the possibility of isotopic
170 disequilibrium during calcite precipitation. However, a number of studies (e.g., Dorale and Liu, 2009)
171 pointed out that a correlation between $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values does not automatically rule out isotopic

172 equilibrium. Instead, the replication test (i.e., a high degree of coherence between $\delta^{18}\text{O}$ profiles of
173 individual speleothems from the same cave) is a more rigorous and reliable test of isotopic equilibrium.
174 Particularly, the replication test is far more robust if the records used are from different caves with
175 different kinetic/vadose-zone processes, such is the case for this study. Indeed, a high degree of visual
176 similarity between the coeval portions of LAVI-4 and PATA-1 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ records suggest that both
177 stalagmites record primary climate signals, notwithstanding the offsets between the absolute values (Fig.
178 2A). The replication is further confirmed by statistically significant correlations between the LAVI-4
179 and PATA-1 $\delta^{18}\text{O}$ ($r=0.64$ at 95% confidence level) and $\delta^{13}\text{C}$ ($r=0.73$ at 95% confidence level) records
180 calculated using the ISCAM algorithm (Fohlmeister, 2012) for their contemporary growth period
181 between 3.4 and 6.0 ka BP (Fig. 2). ISCAM uses a Monte Carlo approach to find the best correlation
182 between the proxy records by adjusting each record within its dating uncertainty. The significant levels
183 are assessed against a red-noise background generated using artificially simulated first-order
184 autoregressive time series (AR1). The offset in absolute $\delta^{18}\text{O}$ values between LAVI-4 and PATA-1,
185 however, remains unclear, and possibly arises from processes related to the characteristics of the two
186 karst systems, such as temperature differences as observed during our fieldwork in 2015. Therefore, in
187 the following discussion we focus only on temporal variations of LAVI-4 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ records due to
188 their higher resolution and better constrained chronology (Fig. 2).

189 **5 Discussion and Conclusions**

190 **5.1 Proxy interpretation**

191 The temporal resolution of the LAVI-4 $\delta^{18}\text{O}$ record between 6 and 3 ka BP varies from 1.2 to 16.4
192 years with an average resolution of ~ 3.2 years. The $\delta^{18}\text{O}$ temporal variability is large (~ 3.5 ‰) and, as
193 noted earlier, we interpret the $\delta^{18}\text{O}$ variations to dominantly reflect changes in the precipitation amount.
194 This line of reasoning is justified given the island's isolated setting far removed from large-sized
195 landmasses and its low topographic relief, which minimizes isotopic variability stemming from
196 processes such as the continentality and altitude effects as well as mixing of distant water vapor sources
197 with significantly different isotopic compositions. This interpretation is additionally supported by
198 moderate to strong covariance between the LAVI-4 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ profiles. Although the process of
199 stalagmite precipitation may be affected by evaporation and/or degassing (Treble et al., 2017; Cuthbert
200 et al., 2014; Markowska et al., 2016; McDermott, 2004; Lachniet, 2009), the temporal variations in the
201 latter can stem from changes in vegetation type and density, soil microbial productivity, prior calcite
202 precipitation (PCP) and groundwater infiltration rates (e.g., Baker et al., 1997; Genty et al., 2003), all of
203 which may drive $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values in the same fashion (e.g., Brook et al., 1990; Dorale et al., 1992;
204 Bar-Matthews et al., 1997). The significant covariance between the $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ records could
205 therefore, indicate that both proxies reflect a common response to changes in rainfall amount at
206 Rodrigues, or a rainfall limit on the extent of vegetation and other related processes in the epikarst as
207 mentioned above.

208 **5.2 Hydroclimate variability between 6 and 3 ka BP at Rodrigues**

209 The z-score transformed profiles of LAVI-4 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ records reveal several decadal to
210 multi-decadal intervals of significantly drier and wetter conditions ($> \pm 1$ standard deviation) (Fig. 3) but
211 no distinct long-term trends (Figs. 2 and 3). The interval corresponding to the '4.2 ka event' in the
212 LAVI-4 $\delta^{18}\text{O}$ record, typically between 4.2 and 3.9 ka BP (e.g., Weiss et al., 2016), includes two dry
213 (~ 4200 to 4130 yr. BP and ~ 4020 to 3975 yr. BP) and two wet (~ 4130 to 4020 yr. BP and ~ 3975 to
214 3945 yr. BP) periods (Fig. 3). During this time interval the LAVI-4 $\delta^{13}\text{C}$ record shows two wet periods
215 peaking at ~ 4115 and 4015 yr BP, respectively, which correlate within age uncertainties with two wet

216 pulses in proxy records from Mawmluh cave (Kathayat et al., 2018), Tangga cave (Wurtzel et al., 2018),
217 Makassar Strait (Tierney et al., 2012), Liang Luar cave (Griffiths et al., 2009), KNI-51 cave (Denniston
218 et al., 2013) and Dante cave (Railsback et al., 2018) (Fig. 4).

219 Overall, the climate variations recorded at Rodrigues from 4.2 to 3.9 ka BP are characterized by
220 high-frequency (decadal to multi-decadal) fluctuations, including the major arid/wet events mentioned
221 above. Notably, however, the mean hydroclimatic state of this time interval inferred from both $\delta^{18}\text{O}$ and
222 $\delta^{13}\text{C}$ data is indistinguishable from the average state between 6 and 4.2 ka BP (Fig. 3). In this regard,
223 the climatic events or anomalies between 4.2 and 3.9 ka BP are not distinctly larger in amplitude nor
224 longer in duration in comparison to similar anomalies between 6 and 4.2 ka BP (Figs. 3 and 4).
225 Consistently, in the context of the long-term climate variance between 6 and 3 ka BP, there is no
226 evidence for an unusual climate anomaly between 4.2 and 3.9 ka BP.

227 The most prominent feature of our record is a switch from an interval characterized by high-
228 frequency $\delta^{18}\text{O}$ variance (i.e., from 6 to 3.9 ka BP) to a multi-centennial excursion with progressively
229 higher $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values: a prolonged megadrought at Rodrigues. Starting at ~ 3.9 ka BP, this
230 megadrought became progressively more severe leading to a diminished growth rate or a ~ 100 yr-long
231 hiatus around 3.5 ka BP in LAVI-4. Growth rate picked up subsequently, followed by abrupt (~ 100 yr-
232 long) and large decreases in both $\delta^{18}\text{O}$ ($\sim 2\%$) and $\delta^{13}\text{C}$ ($\sim 5\%$) to their average values of the entire
233 records between 6 and 3 ka BP. As such, the structure of the megadrought event shows a saw-tooth
234 pattern with a multi-centennial drying trend followed by a ~ 100 yr long return to the mean state (Fig. 3).
235 The multi-century megadrought recorded by our stalagmites between 3.9 and 3.5 ka BP is also evident
236 in Sahiya cave, north India (Kathayat et al., 2017), and from Lake Edward (Russell et al., 2003), Lake
237 Victoria (Berke et al., 2012), the Zambezi delta (Schefuß et al., 2011) and the Tatos basin (De Boer et
238 al., 2014) (Fig. 5). In the eastern sector of the southern Indian Ocean, speleothem records from Tangga
239 (Wurtzel et al., 2018), KNI-51 (Denniston et al., 2013), and Liang Luar (Griffiths et al., 2009) caves
240 also show a shift to drier condition at approximately 4 ka BP (Fig. 4).

241 The LAVI-4 $\delta^{13}\text{C}$ record shows a pattern broadly similar to the $\delta^{18}\text{O}$ record and clearly delineates
242 three major droughts between 6 and 3 ka BP, centered at 5.43, 4.62 and 3.54 ka BP respectively. These
243 three drought events share a distinct saw-tooth pattern characterized by a long-term gradual positive
244 excursion (drying) followed by an abrupt return to the mean values (Fig. 3).

245 To sum, our Rodrigues records show evidence of multidecadal-decadal hydroclimate fluctuations
246 around the mean state between 6 and 3 ka BP. After 3.9 ka BP, the hydroclimate was characterized by a
247 multi-centennial trend toward much drier conditions, which ended with a return at ~ 3.5 ka BP within
248 ~ 100 years to the mean hydroclimate state. This pattern is different from the ‘pulse-like’ event between
249 4.2 and 3.9 ka BP as documented in many other proxy records mainly from the NH. Additionally, the
250 megadrought between 3.9 and 3.5 ka BP is clearly a later event unrelated to the 4.2 ka event.

251 **5.3 Possible mechanisms**

252 A close examination of our Rodrigues $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ records shows that a persistent multi-
253 centennial drying trend began effectively at ~ 4.1 ka BP and ended at ~ 3.5 ka BP, suggesting a
254 prolonged northward shift of the mean position of the ITCZ (Fig. 3 and Supplementary Fig. 1A). This
255 inference, if correct, is partially in contrast with the southward shift of the ITCZ, which is often invoked
256 to explain the weakening of the Asian monsoon since ~ 4.2 ka BP (e.g., Wang et al., 2005; Kathayat et
257 al., 2017). Thus, the observed drying trends on both the northern and southern fringes of the ITCZ in
258 both hemispheres argue against the model of a southward shift in the mean position of the ITCZ as a
259 viable cause of the 4.2 ka event. A more likely explanation involves an overall contraction in the north-

260 south range of the migrating ITCZ belt in the region (e.g., Yan et al., 2015; Denniston et al., 2016;
261 Scroxton et al., 2017). This mechanism is broadly consistent with the spatial pattern of hydroclimate
262 changes observed in both hemispheres around and after the 4.2 ka event. As mentioned above, the wet
263 period between ~4.1 and 4.0 ka BP recorded at the northern fringe of the ITCZ (Kathayat et al., 2017;
264 2018) coincided with a wet period on southern limit of the ITCZ as recorded in Dante cave (Railsback
265 et al., 2018), the Zambezi Delta (Schefuß et al., 2011), Tatos Basin (De Boer et al., 2014), La Vierge
266 cave (this study) and KNI-51 cave (Denniston et al., 2013) (Figs. 4 and 5). The subsequent arid period
267 between ~3.9 and 3.5 ka BP was also basinwide and affected both the northern and southern limits of
268 the ITCZ over the Indian Ocean and adjacent regions (Figs. 4 and 5).

269 In parallel with drier condition along the southern limit of the austral summer ITCZ, proxy
270 records from Lake Edward (Russell et al., 2003), Lake Victoria (Berke et al., 2012) and Tangga cave
271 (Wurtzel et al., 2018), which are located near the northern limit of the contemporary austral summer
272 ITCZ, also exhibit drier conditions. In contrast, records within the core location of the austral summer
273 ITCZ, such as Lake Challa (Tierney et al., 2011), Lake Tanganyika (Tierney et al., 2008), Lake Malawi
274 (Konecky et al., 2011) and Makassar Strait (Tierney et al., 2012), show either slightly wetter or virtually
275 unchanged hydroclimatic conditions (Figs. 4 and 5). Based on the observed spatial patterns, we suggest
276 that the contraction of the ITCZ both in terms of a north-south meridional shift as well as with respect to
277 its overall width may have played an important role in modulating the hydroclimate in our study area
278 during and after the 4.2 ka event.

279 **6 Author Contributions**

280 H.C., A.S. and H.Y.L designed the research and experiments; H.C., A.S., J.B., Y.F.N., A.A.A.,
281 A.M. and H.Y.L. completed the fieldwork; H.Y.L., H.C., Y.F.N. and C.S. performed stable isotope
282 measurements and ²³⁰Th dating work. A.S. and H.Y.L. did the data analyses. H.C., H.Y.L. and A.S.
283 wrote the manuscript, with the help of all co-authors.

284 **7 Competing interests**

285 The authors declare no competing financial interests.

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292 **9 Data and materials availability**

293 All data needed to evaluate the conclusions in the paper are presented in the paper. Additional
294 data related to this paper may be requested from the authors. The data will be archived at the National
295 Climate Data Center (<https://www.ncdc.noaa.gov/data-access/paleoclimatology-data>). Correspondence
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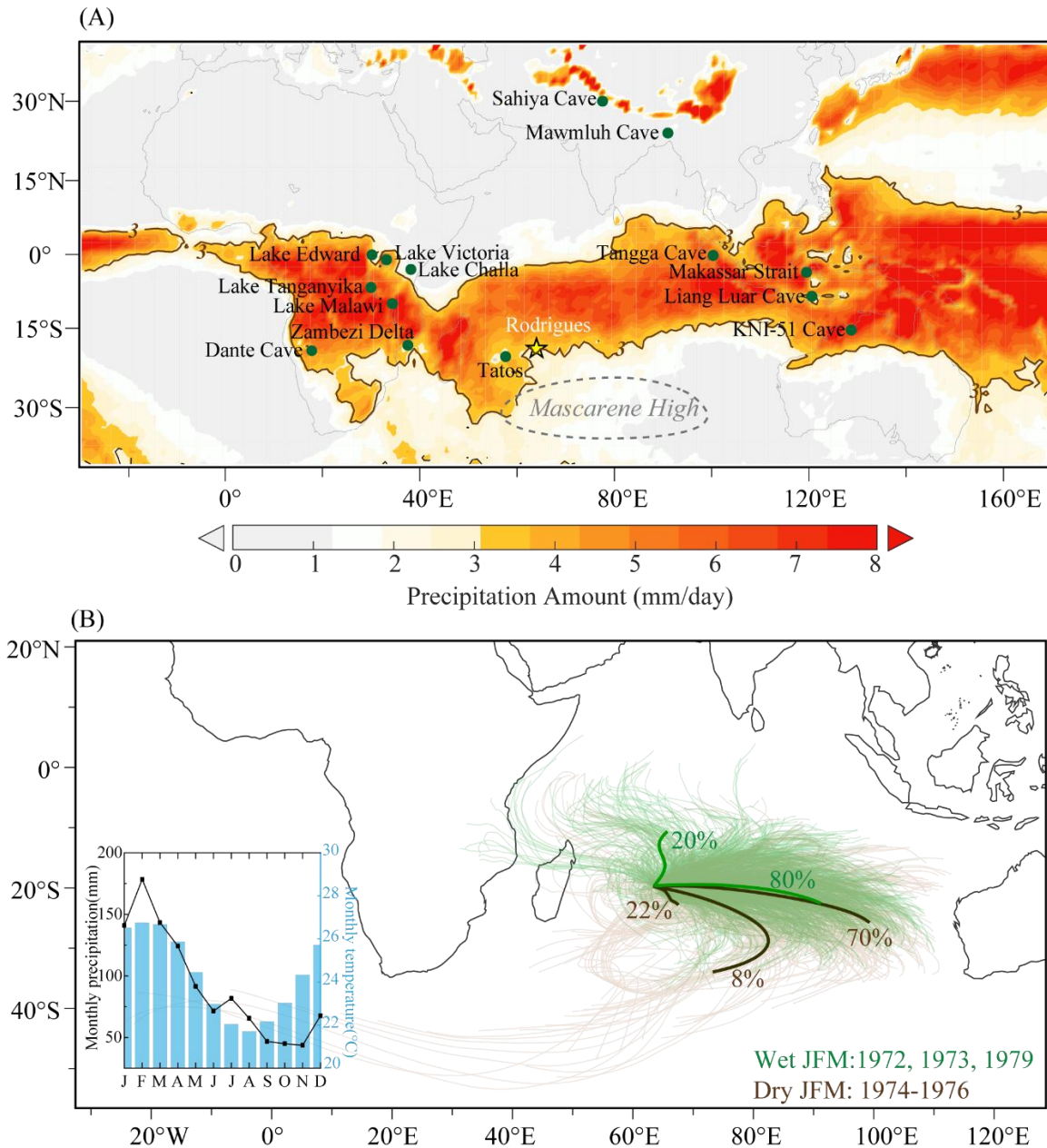
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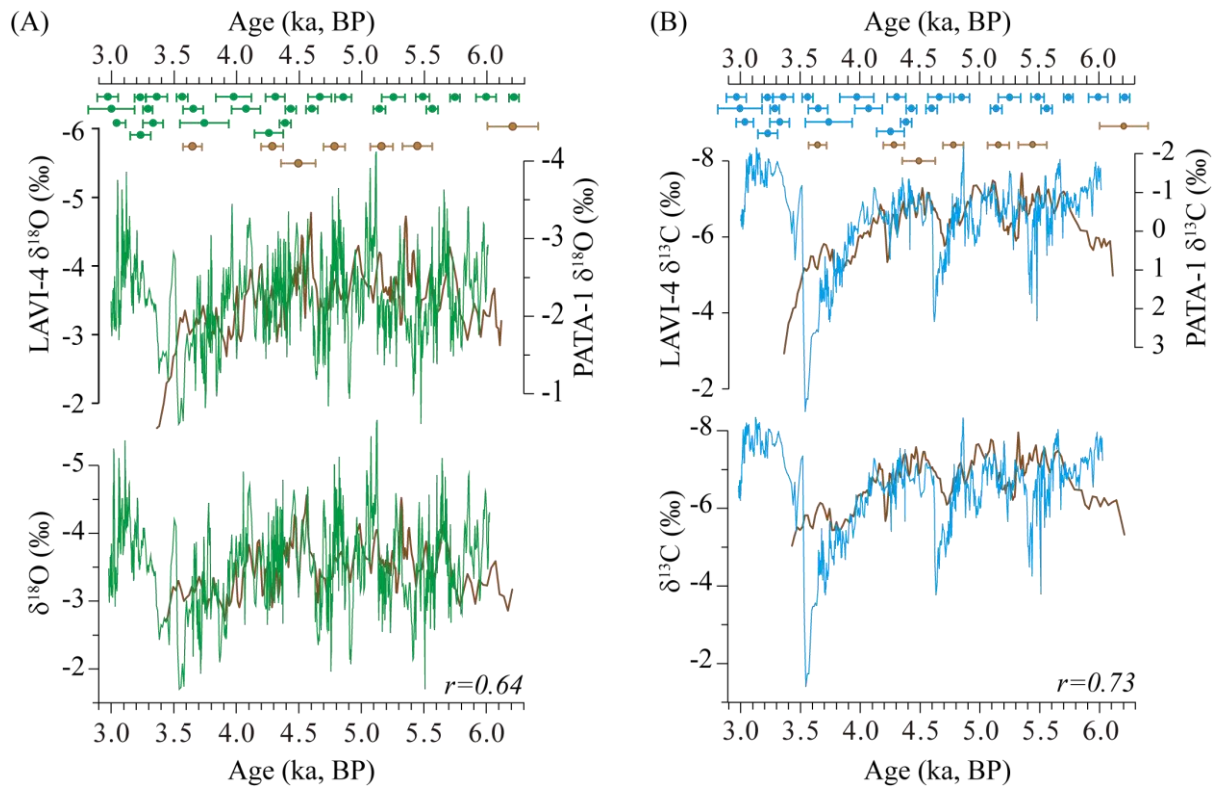
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477 **Figures:**



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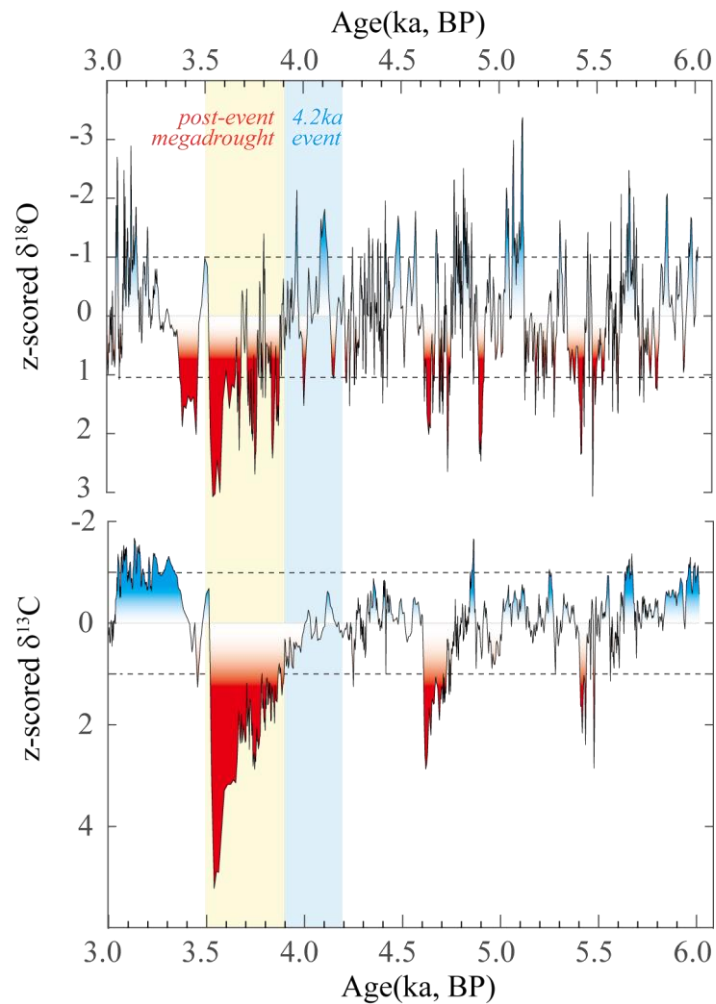
479 **Figure 1.** Proxy locations and climatology. (A) Mean January to March (JFM) precipitation from the
 480 Tropical Rainfall Measuring Mission (TRMM) (<https://trmm.gsfc.nasa.gov/>) averaged over the period
 481 from 1997 to 2014. Shaded area bounded by solid brown lines (3 mm day⁻¹ isohyet) depict the mean
 482 position of the ITCZ. The dashed line shows the mean position of JFM 850 hPa geopotential height
 483 marking the location of the Mascarene High. Locations of Rodrigues Island (yellow star, this study) and
 484 other proxy sites (green dots) discussed in the text are also shown. (B) 4x daily low-level (~850 hPa)
 485 JFM air parcel back (120 hours) trajectory composites for anomalously wet (green) and dry (brown)
 486 years. Trajectories were computed using NOAA HYSPLIT model (Draxler and Hess, 1998) using
 487 NCEP/NCAR Reanalysis data (Kalnay et al., 1996). Bold lines indicate main cluster tracks associated
 488 with trajectories for wetter (green) and drier (brown) years. Inset shows mean monthly rainfall and
 489 temperature at Rodrigues averaged over the period 1951 to 2015.



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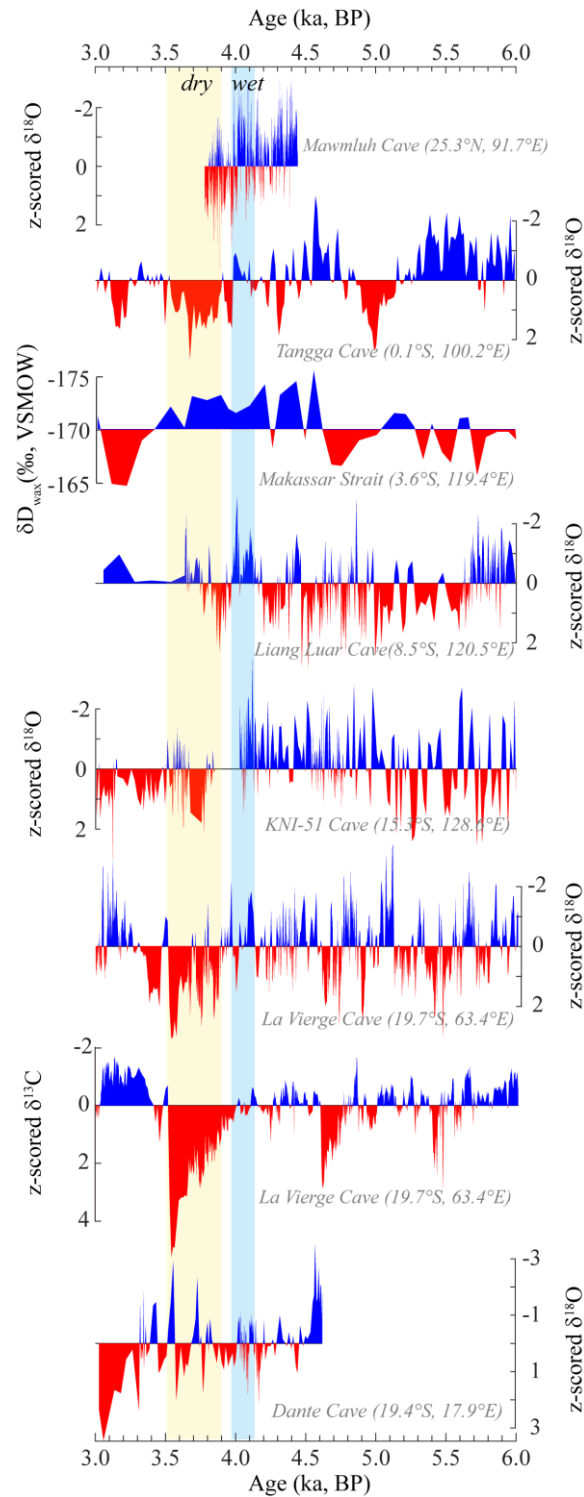
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493 **Figure 2. $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ records of LAVI-4 and PATA-1.** (A) $\delta^{18}\text{O}$ profiles of LAVI-4 (green) and
 494 PATA-1 (brown) are shown on their independent COPRA age models (top) and ISCAM-derived age
 495 models (bottom). The correlation coefficient (r) between LAVI-4 and PATA-1 is 0.64. The PATA 1
 496 $\delta^{18}\text{O}$ values were adjusted by ~ 1.3 ‰ to match the LAVI-4 data series. (B) Same as in (A) but for the
 497 $\delta^{13}\text{C}$ profiles of LAVI-4 and PATA-1. The PATA-1 $\delta^{13}\text{C}$ values were adjusted by ~ 6.5 ‰ to match the
 498 LAVI-4 values.



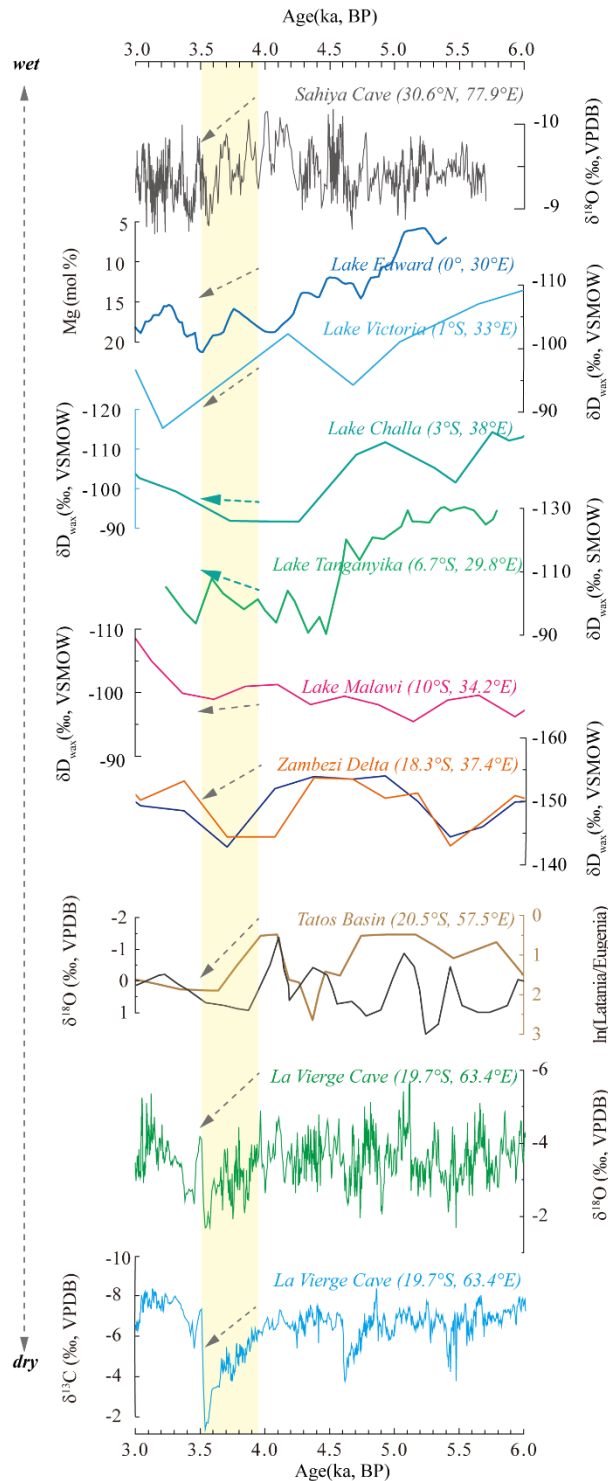
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500 **Figure 3. Inferred hydroclimatic variability at Rodrigues from 6 to 3 ka BP.** LAVI-4 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$
 501 record are z-score transformed. Inferred droughts ($z\text{-score} > 1$) and pluvial episodes ($z\text{-score} < -1$) are
 502 shaded (increasing saturation index indicates increasing intensity). Dashed lines indicate 1 standard
 503 deviation. The blue bar marks the classical ‘4.2 ka event’ interval and the yellow bar marks the ‘post-
 504 event’, megadrought, inferred from LAVI-4.
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Figure 4. Comparison of LAVI 4 with climate proxy records from the eastern Indian Ocean. From top to bottom, z-score transformed speleothem $\delta^{18}\text{O}$ record from Mawmluh cave (Kathayat et al., 2018), Tangga cave, Sumatra, Indonesia (Wurtzel et al., 2018), $\delta\text{D}_{\text{leaf wax}}$ record from marine sediment core BJ8-03-70GGC in the Makassar Strait (Tierney et al., 2012), z-score transformed speleothem $\delta^{18}\text{O}$ records from Liang Luar cave, western Flores, Indonesia (Griffiths et al., 2009), KNI-51 cave, Kimberley, northwestern Australia (Denniston et al., 2013), La Vierge cave, Rodrigues (this study), and Dante cave, northeastern Namibia (Railsback et al., 2018). Shaded vertical bars mark periods of drier and wetter conditions.



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Figure 5. Comparison of LAVI-4 with climate proxy records from India and East Africa. From top to bottom: $\delta^{18}\text{O}$ record from Sahiya cave, North India (Kathayat et al., 2017), Mg concentration of endogenic calcite from Lake Edward (Russell et al., 2003), $\delta\text{D}_{\text{leaf wax}}$ records from Lake Victoria (Berke et al., 2012), Lake Challa (Tierney et al., 2011), Lake Tanganyika (Tierney et al., 2008), Lake Malawi (Konecky et al., 2011), δD of n-C₂₉ alkanes (dark blue) and n-C₃₁ alkanes (orange) from the Zambezi delta (Schefuß et al., 2011), $\delta^{18}\text{O}$ record (black) and ln(Latania/Eugenia) records (brown) from Tatos basin, Mauritius (De Boer et al., 2014), and the LAVI-4 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ record from La Vierge cave (this study). The shaded vertical bar marks the megadrought from ~ 3.9 to 3.5 ka BP. Grey and green dashed arrows mark the drying and wet trend inferred from East Africa lake records, respectively. All y axes are inverted to show drier conditions down.