



## The Climate of the Common Era off the Iberian Peninsula

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**Abstract.** The Iberian Peninsula, at North Atlantic mid-latitude and the western extreme of the  
European continent, is a relevant area for climate reconstructions. This work provides multi-proxy  
records measured in 7 inner-shelf sediment sequences from 5 sites located between South Portugal  
20 (Algarve) and Northwest Spain (Galiza) (36 to 42 °N) and targets a regional reconstruction of climate  
variability during the last 2,000 yr.

Alkenone derived Sea Surface Temperature (SST) reconstructions were compared to on-land  
precipitation given by higher plant n-alkanes and pollen data, to assess the relationship between  
hydroclimate (drought and/or precipitation) and oceanic SST.

25 The SST records reveal a long-term scale cooling ( $\pm 1^\circ \text{C} / 2,000 \text{ yr}$ ) that ends at the beginning of the  
20<sup>th</sup> century at all sites. This cooling is a follow up of the cooling process started after the Holocene  
optimum and driven by a decrease in summer insolation in the Northern Hemisphere.

A multi-decadal/ centennial variability is detected within this long-term cooling in convergence with  
other records from Spain, Europe and the Northern Hemisphere. Warm SST conditions prevailed



throughout the first 1300 yr, encompassing the Roman Period (RP), the Dark Ages (DA) and the Medieval Warm Period (MWP). A cooling initiated at 1300 CE, led to 4 centuries of  $\pm 1^\circ$  C colder mean SSTs contemporary with the Little Ice Age (LIA). The transition towards the Industrial Era starts by 1800 CE with a SST rise to pre-LIA levels. Particular climate conditions have been detected in Western Iberian margin records and reveal two distinct phases within the MWP and a two-step SST increase towards the Industrial Era. The intense precipitation/ flooding and warm winters but cooler intermediate seasons (spring and fall) observed for the early MWP imply the interplay of internal oceanic variability with the three atmospheric circulation modes, North Atlantic Oscillation (NAO), East Atlantic (EA) and Sandinavia (SCAND) in a positive phase. The late MWP, marked by drier and cooler winters and warmer intermediate seasons calls for a change in sign of the SCAND. A stronger mark of oceanic influences on Western Iberian Peninsula starts with the transition to the Industrial Era.

## 1 Introduction

Today's climate goes through a warming shift caused by the increased release of human-generated greenhouse gases, such as  $\text{CO}_2$ , and poses a pressing problem on societies' sustainability (IPCC, 2013a).  $\text{CO}_2$  uptake by the ocean (Sabine, 2004), although helping to control atmospheric temperature, it is changing ocean's temperature and chemistry, mainly lowering the oceans' pH (acidification). Ocean warming, on the other side, is driving changes in atmospheric and oceanic circulation patterns. Additionally, regions, such as the Arctic and the Mediterranean are highlighted as the most sensitive and potentially vulnerable to the ongoing global warming (Climate, 2011; Giorgi 2006).

Increasing temperatures to higher values than the predicted global mean and changes in precipitation in the Iberian Peninsula, consistent with long dry summers and a short and wetter rainy season, are projected both by global and regional model simulations in particular for its southern region (IPCC, 2013b; Miranda et al., 2002).

Most of this knowledge is based on the analysis of instrumental data and modeling of global and hemispheric average conditions. However, given the limited time-span covered by the instrumental data, to better understand the impact of climate warming it is essential to analyze and understand the response of the climate system in perspective of a longer time-scale. In particular, investigate previous warm periods and warming transitions such as those occurring over the last 2,000 years. Records and model reconstructions (Fernandez-Donado et al., 2013) identified solar and volcanic activity, greenhouse gases, and land-use changes as the main external drivers of the global climate shifts during the last millennium (Hegerl et al., 2006), while Schurer et al. (2014) defend greenhouse gases concentration and volcanic eruptions as the main drivers of atmospheric temperature changes in the northern Hemisphere. In general, a large number of reconstructions find the Medieval Warm Period (MWP) / Medial Climate Anomaly (MCA), that lasted from 900 to 1300 CE (McKim, 1998), associated with high solar and low volcanic activity, while low solar activity and high volcanic activity dominate



during the Little Ice Age (LIA), which extended between 1350 and 1850 CE (Jones et al., 2001). After 1900 CE, global mean atmospheric temperature rise became mainly an effect of the huge increase of greenhouse gases in the atmosphere (IPCC, 2013a).

Over the last two decades, many Iberian lake sediments (e.g. Hernández et al. (2015); Jambrina-Enríquez et al. (2016); Morellón et al. (2009); Moreno et al. (2008); Valero-Garcés et al. (2006)); speleothems (e.g. Martín-Chivelet et al. (2011)) and marine sediments (e.g. Abrantes et al. (2005); Abrantes et al. (2011); Desprat et al. (2003); Diz et al. (2002); Lebreiro et al. (2006); Pena et al. (2010)), have provided individual records and compiled evaluations of climate evolution over Iberia during the historical period (e.g. (Moreno et al., 2011; Sánchez-López et al., 2016)). Results reveal multi-decadal to centennial climate variability, manifesting a MWP and a LIA, in accordance with the main pattern identified for the North Atlantic, although the expected complex regional differences appear reflected by the lack of agreement on the exact timing and duration of those two most important climatic periods (e.g. Ahmed et al. (2013); Büntgen et al. (2011); Cook et al. (2004); Esper et al. (2002); Luterbacher et al. (2004); Luterbacher et al. (2016); Moberg et al. (2005)). Additionally, given the dominance of the large-scale climate mode operating in the Northern Hemisphere, which reflects an Atlantic sea-saw variability between the Arctic region and the subtropics, the North Atlantic Oscillation (NAO) (Hurrell, 1995), most of the above referred studies attribute the inferred variability to changes in the prevailing modes of the NAO. Being mainly a winter season mode, NAO phases, defined from the strength and positions of the Icelandic Low and the Azores High pressure systems, vary on scales of days to decades. Over Iberia the effects of its variability translate into strong northerly winds resulting in coastal upwelling favorable conditions during positive NAO periods, while westerly/ southwesterly winds become predominant and result in very cold winters and increased storm activity during NAO negative phases (also known as “blocked”) (Hurrell, 1995; Trigo et al., 2004). That leads to an attribution of the dominant warm and dry conditions of the MWP to a dominance of the NAO positive conditions, and the more cold and humid conditions of the LIA to the dominance of a negative NAO (Abrantes et al., 2005, 2011; Lebreiro et al., 2006).

Other prominent modes of climate, the East Atlantic (EA) and the Scandinavia (SCAND) (Comas-Bru and McDermott, 2014; Jerez and Trigo, 2013), constitute second leading modes, which interplay with the NAO, and their temporal variability, must have also had a role on the climatic evolution of the North Atlantic. The EA has a strong effect on the strength and location of the NAO dipoles mainly on a multi-decadal time-scale, and according to Hernández et al. (2015), has a major control on winter and summer temperature over the Iberian Peninsula. The SCAND pattern, functions as a blocking high-pressure system that changes the westerly winds path and influences southwestern Europe mainly during its positive phase, when it contributes to temperatures below average and above average precipitation (e.g. Jerez and Trigo (2013)). Sánchez-Lopez et al., (2016), on the basis of a spatiotemporal integration of several climate reconstructions, attempted to identify the role of those



atmospheric patterns over the Iberian Peninsula. Their results reveal E-W and N-S humidity gradients from 0 to 500 CE and between 500 and 900 CE respectively, while between 900 and 1850 CE temperature and humidity conditions are more homogenous throughout the Peninsula. These conclusions support atmospheric pathways as the main control of climate variability in Western Europe

5 on multi-decadal time-scales. However, it is widely known that the heat transported to the east by the Gulf Stream and its North Atlantic Current extension, has a great impact on Western Europe winter temperatures (Palter, 2015). An effect not detected by Sánchez-Lopez et al., (2016), probably because that reconstruction only includes 2 oceanic records (Tejo and Vigo Ria). Wang and Dong (2010), consider that North Atlantic temperature variability at decadal scale, the Atlantic Multidecadal

10 Oscillation (AMO) is the cause for the Atlantic Multidecadal Variability, and go beyond, defending that its influence is not limited to the neighbor continents, but contributes also to global SST variability. Yamamoto and Palter (2016) show a clear relationship between the NAO derived atmospheric circulation over Europe and the AMO, with northerly winds associated to a positive state of the AMO and zonal winds to a negative state of the AMO. But, although these authors find a clear imprint of the

15 AMO variability in European summer temperatures, the same relationship is not observed during wintertime. From the analysis of a 70 yr (1940-2011) dataset of SST and Western European atmospheric temperature and particle trajectory modeling, Yamamoto and Palter (2016) attribute the absence of a winter signal to a cancelation of the ocean SST expression by strong cold winds. Two climatic reconstructions from the Iberian/Atlantic ocean region (Abrantes et al, 2005; 2011), indicate

20 coastal upwelling variability not only in consonance with inferred NAO conditions but also coherence with the instrumentally and tree-ring reconstructed AMO (Gray et al., 2004), suggesting a connection between the Iberian Peninsula coastal circulation and the North Atlantic Ocean SSTs.

Given the potential risk of climate-derived threats for marine ecosystems of Western Iberia and society, high-resolution climate archives for the most recent centuries and millennia are pivotal for better

25 understanding the interactions between various climate modes, future scenarios and their relevance to the Iberian Peninsula.

The purpose of this work is to investigate the spatial and temporal variation of precipitation over the Westernmost European territory, as well as the oceanic SST behavior on decadal to multi-decadal scales. For that we combine the above mentioned published records with 3 new records, covering the

30 last 2,000 yr, and located along the Iberian margin, spanning from 42° N to 36 °N. Furthermore, a regional SST stack of the last 2,000 yr was developed and compared to proxy and model derived reconstructions of forcing factors and environmental properties.

## 2 Oceanographic Conditions



The western coast of the Iberian Peninsula (Fig. 1) is characterized by contrasting oceanographic conditions between a coastal upwelling regime and a surface equatorward current in spring-summer (April to October) (Fiuza, 1982, 1983; Peliz et al., 2002; Relvas et al., 2007), and an alongshore poleward warm counter current in winter (Fiuza and Frouin, 1986; Peliz et al., 2005).

5 The spring-summer upwelling, constitutes the northern part of the Eastern North Atlantic Upwelling / Canary System and is connected to the presence of the Azores high-pressure system and the development of northerly alongshore winds (Fiuza, 1983).

Upwelled waters are transported southwards by a jet-like surface current (Fig. 1C), the Portuguese Coastal Current, the coastal component of the Portuguese current that branches of the North Atlantic Current, (Fiuza, 1982, 1983; Fiúza and Macedo, 1982). On the southern/ Algarve coast, upwelling favorable conditions are rare, but western upwelled waters flow around Cape S. Vicente and along the south coast, (Fiuza, 1982, 1983; Fiúza and Macedo, 1982; Sánchez and Relvas, 2003) and can spread to its easternmost sector (Cardeira et al., 2013). This eastward flow of cold western upwelled waters alternates with the propagation of westward flows related to warm water and increased vertical stratification and show a direct relationship between flow velocity and water temperature (Garel et al., 15 2016; Relvas and Barton, 2002).

In winter, the prevalence of westerly/southwesterly winds leads to the intensification of the Iberian Poleward Current (Fig. 1B). This current consists of an upper slope/shelf break poleward flow that is a branch of the Azores Current, transports saltier and warmer (subtropical) waters (Peliz et al., 2005) and depends most on the intensity of the southerly winds (Teles-Machado et al., 2015). Another important feature of the winter circulation over the western margin is the formation of coastal buoyant plumes, characterized by low salinities and temperature lower than the ambient shelf waters (Peliz et al., 2005). Such plumes result from the discharge of freshwater from rivers, which in turn reflects continental precipitation. Precipitation occurs mainly in winter, as a result of the moist carried by the westerly winds into the Peninsula, but has important latitudinal differences, from 500 mm/year in the southeast to >3000 mm/year in the northwestern area (Miranda et al., 2002). As a consequence, buoyant plumes are mainly associated to the major northern Portuguese rivers (Minho, Douro, Mondego) but occur also linked to the Tagus, and can either develop into inshore currents, under typical winter downwelling conditions, or spread offshore under northerly wind periods (Iglesias et al., 2014; Marta-Almeida et al., 25 30 2002; Mendes et al., 2016; Oliveira et al., 2007; Otero et al., 2008).

### 3 Material and Methods

This study compares proxy data from 7 sedimentary sequences collected from 5 sites along the inner-shelf of the Iberian Margin (Table 1, Fig. 1). Three sequences are from the northern area, off Vigo (GeoB11033-1 referred to as Galiza), off the Minho River mouth (Diva09 GC, Minho from now on) and in the Douro sediment patch (PO287-6B, 6G, designated as Porto); 4 cores were retrieved in the 35



central Western Iberia off the Tagus River mouth (Tejo site, PO26B, 26G, D13902 and D13882), and 1  
core from southern Iberia at Algarve margin (POPEI VC2B). With the exception of the Galiza core, all  
other sedimentary sequences were collected in the inner shelf, and in areas directly affected by river  
discharge. The cores retrieved from Galiza, Minho and Algarve sites were analyzed in the framework of  
5 this study, whereas the rest of the core data were previously published in Abrantes et al., (2005, 2011).  
Sea Surface Temperature (SST) was determined based on the ratio of alkenones ( $U^{k'}_{37}$ ) synthesized by  
coccolithophores (phytoplankton group) (e.g. Eglinton et al. (1992); Marlowe et al. (1984); Rosell-Melé  
et al. (1994); Villanueva (1996)). Major changes in the vegetation cover/continental climate were  
evaluated by using pollen abundances (Naughton et al., 2009). Intensity of river discharge and on-land  
10 precipitation regimes were determined by using lipid compounds synthesized by higher plants, such as  
C23–C33 n-alkanes ([n-alc]) (e.g. Farrington et al. (1988); Pelejero et al. (1999); Prah1 et al. (1994))  
and the total pollen concentration (TPC), while pollen assemblages reflect major vegetation changes  
and on-land temperature and moisture conditions (Naughton et al., 2007).

Alkenones and higher plant n-alkanes were determined on 2 g of homogenized sediment using a Varian  
15 gas chromatograph Model 3800 equipped with a septum programmable injector and a flame ionization  
detector at the DivGM-IPMA laboratory according to the methods described in Villanueva (1996) and  
Villanueva et al. (1997). Analytical error was 0.5°C. The concentration of each compound was  
determined using n-nonadecan-1-ol as internal standard. For Sea Surface Temperature (SST)  
calculation, the global character of the Müller et al. (1998) calibration ( $U^{k'}_{37} = 0.033 \times \text{SST} - 0.044$ )  
20 determined its selection.

Sample preparation procedure for pollen analyses followed Naughton et al. (2007). Pollen and spores  
were counted using a Nikon light microscope at x550 and x1250 (oil immersion) magnification. Pollen  
identification was done via comparison with the pollen atlases of Moore et al. (1991) and Reille (1992).  
A minimum of 100 *Lycopodium* grains, 20 pollen types and 100 pollen grains, excluding the over  
25 represented *Pinus*, have been counted (Naughton et al., 2007). Pollen was gathered in two main groups:  
AP (arboreal pollen) including all trees and shrubs but excluding the over represented pine taxa, and the  
semi-desert plants, which groups xerophytic shrubs of semi-desert habitats (*Artemisia*, *Chenopodiaceae*,  
*Ephedra*).

To reduce local variability and better evaluate the most robust multi-decadal record at the regional level,  
30 a stack off all the cores was created for SST and n-alkanes original records on their original age models.  
Each record was standardized (subtracting each value by the mean) and scaled (dividing the centered  
columns by its standard deviation). This technique weights high-resolution records more heavily and  
prevents interpolation across gaps or hiatuses from affecting the stack (Lisiecki and Raymo, 2005).

Given that temporal resolution changes along each core, a 2,000 yr stack was attempted for different bin  
35 sizes (20 to 50 yr). Results revealed that main trends were independent of the used size bin (not shown  
for brevity), a 30-yr period was chosen because it is considered as a standard period for climate



classification (Ahmed et al., 2013; Luterbacher et al., 2016). This bin allows for filtering out decadal internal variability driven by random phenomena, but is short enough to allow the detection of decadal variability in response to external forcing. Additionally, one additional stack was produced just for the northern sites (Galiza, Minho and Porto) in order to investigate possible contrasts between the northern and southern sites. To verify any potential effect of the existing hiatus on the Tagus record (Abrantes et al., 2005), as well as any possible bias caused by the Algarve record, stacks were also constructed excluding the Tagus record, and excluding the Algarve one. Fig. 2 shows a comparison of the calculated stacks for SST, demonstrating that the trends are maintained.

To investigate the existence of periodic signals and potential changes in their amplitude of variation over time, we carried out a continuous transformation of the time series with a Morlet wavelet analysis on each dataset and stack (Torrence and Compo, 1998), after interpolation of the series to regular time steps. Interpolation was done using a cubic splines method and the temporal resolution of the interpolation was established as half of the absolute median difference between every consecutive time span. Data was then detrended using a modified negative exponential curve, as required for the analysis. All statistical analysis was done using the libraries biwavelet (Gouhier et al., 2016) and Akima and Gebhardt (2016), from r-project (R Core Team, 2016).

Observed SSTs for the period 1981-2016 were obtained from the NOAA daily Optimum Interpolation Sea Surface Temperature (OISST, V2 AVHRR-only) dataset. This climate data record provides complete ocean temperature fields constructed by combining bias-adjusted observations from different platforms (satellite, ships, buoys) on a regular  $1/4^\circ$  global grid (Reynolds et al., 2008). Daily time-series were extracted from the grid points nearest to the core locations and averaged over 3, 4, 5, or 12 month periods to produce different seasonal values and annual means. High-resolution SST maps to illustrate typical winter and summer distributions were obtained from the MUR (Multi-scale Ultra-high Resolution) SST dataset (NASA, 2002).

#### 25 **4 Age model**

Age-depth models of 4 sedimentary sequences out of 7 have been previously published (Table 1). The remaining age-depth models for the three cores from Galiza (GeoB11033-1), Minho (DIVA09 GC) and Algarve (POPEI VC2B) were constructed based on accelerator mass spectrometry radiocarbon (AMS  $^{14}\text{C}$ ) and  $^{210}\text{Pb}$ -inferred dates.  $^{210}\text{Pb}$  activity analysis, which provides a method to assess mass accumulation rates, was performed at NIOZ. AMS  $^{14}\text{C}$  - accelerator mass spectrometry (AMS) radiocarbon measurements were performed at the Leibniz-Laboratory for Radiometric Dating and Stable Isotope Research, Kiel (Germany), the National Ocean Sciences AMS Facility of the Woods Hole Oceanographic Institution (USA), and Beta Analytic (Table 2).

Raw AMS  $^{14}\text{C}$  dates were corrected for marine reservoir ages of  $400 \text{ yr} \pm 36$  (Abrantes et al., 2005) and converted to calendar ages using INTCAL04 (Reimer et al., 2004). The obtained calendar ages are



presented in years Anno Domini, now designated by Common Era (CE - McKim (1998).

All age models were interpolated linearly between all accepted  $^{14}\text{C}$  dated levels.

## 5 Results and Discussion

Proxy reconstructions are in general, affected by many limitations; from dating uncertainties and coarse  
5 temporal resolution, to challenging temporal correlations, or yet by seasonal differences of the proxy  
generating process. However, the smoothing effect of the signal in the sediments has also been shown to  
be an advantage for longer than decadal variations (Hernández et al., 2015).

The sedimentary sequences selected for this study have a high temporal resolution, in order of 2-3 yr in  
the recent sediments and 30 yr in the older part due to a larger sampling interval (Table 1). Furthermore,  
10 the analyses of multiple proxies, for SST and on-land precipitation from the same archives allows us to  
accurately evaluate the coupled ocean and land variability without chronological ambiguity.

Below we describe all studied proxies and the main findings, as well as overall forcing mechanisms  
identified in our sedimentary record and their comparison to large-scale atmospheric oscillations.

### 5.1 Sea Surface Temperature

15 For alkenone-derived SST, a comparison of sediment calculated temperatures to mean annual and  
seasonal temperatures for the Porto, Tejo and Algarve sites was preformed. Alkenone production  
appears associated to the late winter-spring in the western Iberian margin while it follows the spring/  
fall SST at Algarve (south Iberia) (Fig. 3). Although along the Western Portuguese margin  
coccolithophores dominate the phytoplankton throughout the year, with the exception of the diatom  
20 dominated upwelling events (Moita, 2001), this data suggests SST as mainly determined by blooms  
associated with the winter/ spring nutrient input by the large Douro and Tagus Rivers (Cabeçadas et al.,  
2003 ; Cabeçadas et al., 2008; Guerreiro et al., 2013). In the south, on the contrary, SST appears related  
to the coccolithophores blooms that develop during the upwelling season, when upwelled waters from  
the west coast are advected into the Algarve coast (Moita, 2001).

25 Fig. 4A displays the alkenone derived SST reconstructions for our Iberian margin records. Despite the  
differences in the time period covered by each record, the temporal resolution of the different cores, and  
even the different seasons recorded by the SST at distinct sites, all the sites reveal an overall long-term  
cooling trend from 0 CE to the beginning of the 20<sup>th</sup> century. This long-term cooling follows the  
decreasing trend reported for the entire Holocene in this region by Rodrigues et al. (2009), and other  
30 recently observed trends in Europe and worldwide records (Ahmed et al., 2013; Luterbacher et al.,  
2016; McGregor et al., 2015). This long term cooling follows the gradual decrease of northern  
Hemisphere summer insolation. In Iberia, this long-term sea surface cooling is stronger in the Tejo site  
(2.5 °C/ 2,000 yr) than in all other sites (1°C / 2ky). Moreover, SSTs are minima off Porto (14 to 16 °C)  
and maxima in the Algarve inner shelf (17 to 20 °C) throughout the record. Tejo, Minho and Galiza



reconstructions show intermediate values (15 to 18 °C). The temperature difference between areas is maintained throughout the last 2,000 yr but variability shows higher amplitude in the Tejo and Algarve sites (3°C) compared to the 1.5 °C observed in the northern sites (Porto, Minho and Galiza).

Both the individual SST records (Fig. 4A) and the SST stack (Fig. 4B) display secular scale variability comparable with that recorded in the Ria de Vigo and northern Spain (Fig. 4C, D) as well as in Europe and in the North Hemisphere (Fig. 4E, F) (Diz et al., 2002; Luterbacher et al., 2016; Martín-Chivelet et al., 2011; Moberg et al., 2005). Relatively high SSTs occur during the first 9 centuries encompassing the Roman period and Dark Ages (Fig. 4), mainly at the Southern sites (Tejo and Algarve; Table 3). Consistent warmth conditions are also recognized at all sites between 900 and 1300 CE (Fig. 4B), within the timing of the Northern Hemisphere Medieval Warm Period (MWP) also designated by Medieval Climate Anomaly (MCA). However, the Western Iberia records reveal a warmer first phase in the MWP (900 – 1150 CE) in accordance with the findings of Cunningham et al. (2013) for the NE North Atlantic, but contrasting with colder conditions in southern Iberia (Algarve).

Reconstructed cold conditions characterize most of the 15<sup>th</sup> to 18<sup>th</sup> centuries in Western Iberia, with SST colder than MWP by an average 0.5 °C in the northern sites and 1.2°C in the southern sites, with the very prominent and complete LIA record of Algarve (Fig. 4A). The transition from warm to colder climatic conditions occurs around 1300 CE associated with the Wolf solar minimum (Fig. 4B). The coldest SSTs occurred between 1350 and 1850 CE, on Iberia during the well-known Little Ice Age (LIA) (Bradley and Jones, 1993), with the most intense cooling episodes related to other solar minima events, and major volcanic forcing and separated by intervals of relative warmth (Fig. 4G, H; e.g. Crowley and Unterman (2013); Solanki et al. (2004); Steinhilber et al. (2012); Turner et al. (2016); Usoskin et al. (2011)).

During the 20<sup>th</sup> century, the southern records show unusually large decadal scale SST oscillations in the context of the last 2,000 yr, in particular after the mid 1970's (Fig. 4A), coinciding with the Great Solar Maximum (1940 – 2000 - (Usoskin et al., 2011) and the “great salinity anomaly” event in the Northern Atlantic (Dickson et al., 1988), or yet the higher global temperatures of the last 1,400 yr detected by Ahmed et al. (2013).

The observed increase in the amplitude of variation of SST during the last 50 years, in particular at the Algarve site, although attributable to better proxy preservation in the more recent sediments (Calvert and Pedersen, 2007), is certainly a reflection of the regional reaction to an intensification of climatic extremes, an expected response to the ongoing climate warming (IPCC, 2013b; Miranda et al., 2002).

## 5.2 Continental Precipitation and Temperature

Intense river discharge is known to parallel high precipitation over the continent (Trigo and DaCamara, 2000). In oceanic sediments n-alkanes concentration ([n-alc]) has been widely used as a proxy for river discharge (e.g. Farrington et al. (1988); Pelejero et al. (1999); Prahel et al. (1994)). Furthermore,



previous work on Iberian Margin has shown a good agreement between [n-alc] and River flux (Abrantes et al., 2005; Rodrigues et al., 2009). However, in looking for a more robust regional calibration for this proxy, the [n-alc] data obtained for the most recent sediments of the Porto, Tejo and Algarve sites was compared to the average river runoff for the Douro, Tagus and Guadiana Rivers during the NAO winter months (DJFM). The results reveal a Pearson correlation of 0.54 at  $p > 0.01$  and  $n = 47$ , confirming it as a good proxy to evaluate the intensity of river runoff on the Iberian Peninsula.

As another independent proxy for river runoff and continental precipitation we use the Total Pollen Concentration (TPC as  $n$  of grains/cm<sup>3</sup> of sediment), which reflects the relative quantity of terrestrial material that reaches the marine environment mainly via river discharges reflecting therefore the degree of moisture availability on-land (Naughton et al., 2007; Naughton et al., 2009).

Pollen production occurs during the spring season and should therefore reflect atmospheric temperature and precipitation during that season (e.g. Guiot et al. (2009)). However, trees growth is dependent on the humidity of the previous winter season (Gouveia et al., 2008). Despite the seasonal complexity of the pollen grains signal we assume that arboreal taxa (representing a sum of the Atlantic and Mediterranean trees) is sensitive to temperature and require relatively high winter precipitation to grow, while the expansion of semi-desert plants (*Ephedra*, Chenopodiaceae and *Artemisia*) might reflect increasing of dry conditions all over the year.

### 5.2.1 The [n-alc] record

At present day there is a clear north-south difference in the precipitation regime, with higher mean annual precipitation in the northern Iberian Peninsula area relatively to the southern region. Galiza is the deepest site (1873 m), located further away from the coast and from any river mouth, and shows the lowest concentrations of higher plants n-alkanes (100 - 700 ng/g). The Porto site, located next to the Douro River's mouth (one of the highest outflow rivers of Portugal), presents one order of magnitude higher n-alkanes (1000 to 7000 ng/g). The Minho, Tejo and Algarve sites, located in areas of influence of intermediate mean annual discharge rivers Minho, Tagus and Guadiana, show n-alkanes concentrations with intermediate values (700 - 4000 ng/g) (Fig. 5A). Furthermore, the n-alkanes Porto record reveals centennial to decadal variability throughout the MWP and most of the LIA (Fig. 5A).

The total [n-alc] stack (Fig. 5B) highlights decadal variability throughout the first 900 yr and mean lower values between 450 and 900 CE (DA). In the MWP, a strong positive deviation occurs during the early MWP (980-1080 CE), reflecting the intense river discharge in Porto, while reduced river discharge is recorded at the Tagus and Algarve sites. Between 1100 and 1700 CE there is a gradual increase in the total [n-alc] stack that reflects an intensification of river flow at all latitudes. By 1700 CE the northern rivers turn to lower concentrations while the Algarve record reaches its highest contents between 1930 and 1970 CE (Fig. 5A).



Precipitation variability on Iberia, reflected by changes in river discharge, can also be estimated from oscillations in TPC (Naughton et al., 2009). TPC data, although at a very low temporal resolution, is available for 3 locations, Minho, Tejo and Algarve (Fig. 5C). The TPC data suggests a much larger river discharge during the RP in the Tejo than in the Minho or the Algarve. Tejo core (D13882) (Rodrigues et al., 2009) shows a clear increase of terrestrial input starting in de RP. During the DA and the MWP riverine input/precipitation is higher at the Minho and Tagus hydrological basins than in southern Iberia (Algarve) up to 1400 CE when the Algarve record rises to values comparable to the Minho. Given the uncertainty associated to proxy records, to substantiate our [n-alc] record of on-land precipitation, our records are compared not only with the Tagus flood reconstructions based on the hydrological basin terraces (Benito et al., 2005; 2004; 2003), and the Taravilla Lake sediment record from the headwaters of the Tagus River (Moreno et al., 2008), but also with the historical documentation access by Font-Tullot (1988) for the Douro and Minho Rivers, and by Barriendos and Rodrigo (2006) for most Iberian Peninsula basins including the coastal Mediterranean, or yet to daily journals for the most recent flood events of the Guadiana River (Barriendos and Martin-Vide, 1998; Barriendos and Rodrigo, 2006; Cabrita, 2007; Varzeano, 1976) (Table 4). Those intervals are marked on figure 5 and although the age uncertainties, the stack [n-alc] maxima between 980 and 1080 CE coincide with reports of major flooding events in both the Douro and Minho Rivers (Font-Tullot, 1988). Other periods marked by strong precipitation occur in the MWP between 1180 – 1200 CE, and again in the beginning of LIA, 1450- 1470 CE. In the Tejo site the record also agrees with Tagus flooding times (1200 – 1280 CE; 1950 – 1980 CE). The Algarve site, located 80 km to the west of the Guadiana River mouth appears to be recording not only the most recent newspaper's reported flooding events of 1876 and 1979 CE (Cabrita, 2007; Varzeano, 1976), but also the Atlantic basin flooding events (Barriendos and Rodrigo, 2006; Benito et al., 2004). The similarity of the independently identified records of storm/flooding periods at the various regions, leads to the conclusion that the maxima in [n-alc] can indeed be attributed to extreme precipitation and flooding conditions (Fig. 5).

### 5.2.2 The pollen record

Arboreal (AP) and semi-desert pollen variability at the Minho, Tagus and Algarve sites were compared with the same pollen curves from the Ria de Vigo (Desprat et al., 2003) and reflect main forest/climate changes over the last 2,000 yr (Fig. 6 A, B). Major forest expansion, revealed by increasing arboreal pollen percentages, occurred during the RP and the MWP, reflecting relative warm atmospheric conditions on-land. In contrast, a reduction of the forest cover, revealed by the decrease of arboreal pollen, suggesting relatively cold conditions is detected during the LIA (Fig. 6B). Between 1700-1800 CE there is a strong decrease of arboreal pollen in Algarve and Minho suggesting an abrupt cooling episode in the atmosphere over Iberia. After 1800 CE a new increase in AP reflects increasing atmospheric temperatures. The relatively high quantity (although with modest contribution 8%) of



semi-desert plants is detected in the south at Algarve followed by the Tejo site and is relatively reduced in the North (Minho), supporting evidences for drier conditions in southern Iberia when comparing to the North.

5 AP variability in western Iberia over the last 2,000 yr shows no clear matching with European summer atmospheric temperature or Spring precipitation (Fig. 6 F, G) but their general trends follow the Cantabria stalagmite T anomaly (Fig. 6E) (Martín-Chivelet et al., 2011) and pollen variability at Ria de  
10 Vigo (black line in Figs. 6A, B) (Desprat et al., 2003). The marked decrease of both arboreal taxa and the semi-desert plants observed during the LIA, between 1700 and 1800 CE, co-occur with the shifting between periods of increased frequency of strong rain events (Barriendos and Martín-Vide, 1998) and  
15 periods of prolonged drought (Barriendos, 2002; Benito and Hudson, 2010). Furthermore, this interval also coincides with a period of stable temperature in N Spain, and minima in European seasonality and spring atmospheric temperature in Europe (Fig. 6E, H, I; Luterbacher et al., 2004) as well as a minimum in spring-summer and winter precipitation (Fig. 6C, J, K) (Martín-Chivelet et al., 2011; Romero-Viana et al., 2011; Touchan et al., 2005).

### 15 5.3 Climate Forcing Mechanisms

The oceanographic system along the Iberian Peninsula Atlantic margin is very dynamic and seasonally distinct that is, its variability has multiple attributes that may not always appear in the same combination and can constrain climate reconstructions at all time-scales. Nevertheless, the use of  
20 multiple proxies from a single sediment sequence and the regional anomaly stack of the various sites should allow for the more robust climatic structures to be depicted. Furthermore, the site comparison of our higher-resolution SST records (alkenone estimated SST) to OISST confirms its relation to the season and process providing the conditions for coccolithophores to bloom, and indicates that while in the west coast SST compares to winter SSTs in the Algarve mimics spring-fall SSTs (Fig. 3). Although this could be seen as a potential problem for the interpretation of our records, the fact that both the long-  
25 term SST trend as the secular variability recorded at all sites is in accordance with the North Hemisphere and European records (Fig. 4; Luterbacher et al. (2016); Martín-Chivelet et al. (2011); Moberg et al. (2005)), gives us the confidence to use this difference as an opportunity to disentangle winter from spring-fall conditions in the region.

30 The Atlantic margin of the Iberian Peninsula was relatively warmer from 0-1300 CE, in particular during the final stage of the RP (0- 500 CE) and the MWP (900-1300 CE), while SST slightly decreases during the DA (500 -900 CE) (Fig. 4B). At about 1300 CE, in particular in the southern Iberian Peninsula sites, an important SST decrease marks the transition to a clearly colder LIA that lasts up to 1850 CE, even though a transition period towards warmer conditions is perceived to start at mid 18<sup>th</sup> century in most records. The transition to modern times / Industrial Era, shows a two step increase in



SST, with an initial increase followed by a new and more abrupt rise by mid 20<sup>th</sup> century particularly evidenced in the spring-fall record of the southernmost site.

In terms of on-land precipitation, the early MWP is a period of extreme precipitation and flooding mainly off the Douro River (Porto site) (Fig 5A, B). During the LIA, a concerted response of all the rivers related sites reveals a period of frequent but probably less intense precipitation and, within the age uncertainties, in consonance with the flooding intervals recorded on flooding plains, lakes and documents (e.g. Barriendos and Martin-Vide (1998); Benito et al. (2005); Cabrita (2007); Moreno et al. (2008); Font-Tullot (1988); Varzeano (1976)). Iberian margin records also show evidences of the well-known major storm events of the 20<sup>th</sup> century.

According to the compilation of Sánchez-Lopes et al, (2015), the climate of the Iberian Peninsula during the last 2,000 yr has been modulated by the combined effect of two main modes of atmospheric circulation, the North Atlantic Oscillation (NAO) and the EA. As such, the warm atmospheric temperature and higher humidity detected in the W and S of the Iberian Peninsula during the RP were attributed to a negative NAO and a positive EA. During the DA, NAO positive and EA negative conditions are considered to have caused the more humid N with a W-E humidity gradient. The consistent warm and dry conditions detected during the MWP throughout the Iberian Peninsula, are attributed to NAO positive and EA positive. On the contrary, NAO- and EA- are considered to explain the cold and wet winters, as well as, the cold summers proposed for the LIA.

Our results do not contradict Sánchez-Lopez conclusions for the RP, the DA and the LIA, but specific climate conditions, to be discussed below, occur in the early MWP and the Industrial Era, associated to major changes in the total solar irradiance (TSI) record (Fig. 4H; Bard et al. (2007)). Such distinctive features may indicate either a more direct impact of internal oceanic variability on these coastal sites, the effect of the SCAND mode, or yet the interplay of the various atmospheric modes of circulation with oceanic dynamics.

### 5.3.1 The MWP phases

In the early MWP (900 - 1100 CE), warmer winters are recorded on the west coast while cooler spring-falls occur in the Algarve and clustered events of extreme precipitation are registered in the Northern Iberian Peninsula (Figs. 4A, 5A, 5B, 5D). Other sites in Northern Iberia also record increased fluvial input during the MWP but with particular intensity around 1000 CE, as indicated by coccoliths' species and biomarkers at Ria de Vigo (Álvarez et al., 2005) and by benthic foraminifera at Ria de Muros (Lebreiro et al., 2006). Late MWP (1180 - 1280 CE) on the contrary, shows relatively cooler winters in the west, warmer spring-fall in the Algarve and no sign of extraordinary winter storms. Resembling climatic conditions that are in contradiction with the expected dry and warm winters as well as warm summers likely to be generated by the prevalence of NAO positive and EA positive modes proposed by Sánchez-Lopes et al., (2015). Yet, stronger coastal upwelling conditions have also been suggested to



explain the productivity record of the southern Tejo site, implying the existence of northerly winds and an active Portuguese Current, that is, a persistent, positive NAO-like state or the frequent occurrence of extreme NAO maxima during the MWP (Abrantes et al, 2005). Furthermore, forest expansion indicate relatively warm conditions in both northwestern and southern Iberian Peninsula (Fig. 6B), and are in  
5 good agreement with atmospheric temperature over NE Spain (Fig. 6C) (Martín-Chivelet et al., 2011). This likely reflects similar on-land conditions on both regions. Marullo et al. (2011) found significant correlations between the AMO and the climate of the Euro-Mediterranean region, mainly in summer and intermediate seasons (i.e. spring and fall). Persistent positive NAO conditions during the MWP are also pointed as a source of strong heat transport from the Atlantic and an equally strong North Atlantic  
10 current (Yang and Myers, 2007). Furthermore, the Portuguese current is a southward extension of the North Atlantic Current, which in turn flows off the Gulf Stream.

Proxy reconstructions of the Gulf Stream SST and hydrographic variability reveal two periods of warmer SSTs within the MWP, one between 700 – 1070 CE and a second one between 1180 and 1280 CE (Fig. 5E) (Saenger et al., 2011). While Ortega et al (2015) NAO reconstruction, does not confirm  
15 the persistent NAO positive anomaly of Trouet, it points to a mostly positive NAO-like circulation during most of the MWP. Simultaneously, a stronger Atlantic Meridional overturning circulation (AMOC) during the MWP relatively to the LIA has been proposed by Saenger et al., (2011), based on evidence for lower salinities found of the NE American coast, and considered to reflect a northward advection of warm and less saline waters from the tropical Atlantic, i.e. fresher tropical Atlantic caused  
20 by shifts in the latitudinal position of the Inter Tropical Convergence Zone. Such conditions have also been suggested by other Atlantic records (e.g. Bianchi and McCave (1999); Boessenkool et al. (2007); Keigwin and Pickart (1999)), and sustained by model simulations that highlight the potential role of the NAO in driving variability in the North Atlantic Sea Surface Temperature (Atlantic Multidecadal Oscillation - AMO) which is associated with AMOC variability and consequently with the thermohaline  
25 circulation (Delworth and Dixon, 2000).

Although the existence of salinity anomalies in the northern Atlantic are considered a prerequisite for AMOC intensification (Buckley and Marshall, 2016), modeling studies also emphasize the need for a weakening of the subtropical and subpolar gyres (Häkkinen et al., 2011; Häkkinen et al., 2013), to allow the penetration of warm subtropical waters into the subpolar gyre (e.g Danabasoglu et al. (2012)).  
30 According to Häkkinen et al. (2011), the mean gyre strength is driven by changes in the wind stress curl that in turn is associated with changes in blocking between Greenland and Western Europe. Considering the modern observations of Marshall et al. (2001), the Atlantic zero wind stress curl line shifts northward during more positive NAO-like conditions. However, to explain the occurrence of big storms clustered in the early MWP on the Northwestern Iberian Peninsula, one has to imply a storm track  
35 position southward of the modern path of the westerly winds under NAO positive conditions, to at least 41°N, a shift that could have been caused by an increase in mid-latitude blocking anticyclones.



According to Comas-Bru and McDermott (2014) and Jerez and Trigo (2013), SCAND is related to major blocking anticyclones over Scandinavia and has a positive mode associated with above-average precipitation across southern Europe. Although considered to have a larger influence on the Iberian Peninsula in summer than in winter, the inter-annual winter variability in the Northern Iberian Peninsula can be attributed to the joint action of NAO and SCAND modes, while EA appears to have a weak influence on the area during summer (Hernández et al., 2015). The regional effect of all three modes of atmospheric circulation on the SST and precipitation at Iberian Peninsula, for winter and summer periods, is presented by figure 5 in Hernández et al. (2015). Bearing in mind the Atlantic coast, besides the evident negative relation observed between NAO and precipitation in winter, EA and SCAND are also positively related to winter precipitation in particular in the Northern Iberian Peninsula. In summer, there is a slight positive relation of SCAND with precipitation in the north but an important negative effect with temperature in most of Iberian Peninsula. Assuming that these modern patterns were maintained during the MWP, one possible explanation for the observed strong precipitation in the north and lower SST in the Algarve during the early MWP may be the effect of a positive SCAND in the early MWP, but negative in late MWP.

To investigate the influence of the Atlantic SST multi-decadal variability on the weather regime over the Atlantic Iberian Peninsula, wavelet analysis was performed on our records (Figs. 7, 8). The SST stack reveals a dominance period centered at 74 yr between 900 and 1100 CE (Fig. 7A), two dominant periods centered at 74 and 180 yr co-occur after 1350 CE in the Algarve record (Fig. 7C) and a 100 yr cycle between 1300 and 1580 CE when the north stack is considered (Fig. 7B). The precipitation records show the same band of dominance centered at 74 yr in all the records (Fig. 8A, B, C), but while its dominance occurs before 1200 CE in the total and N stacks (Fig. 8A, B), in the Algarve it is significant only after 1700 CE (Fig. 8C). A 256 yr cycle it is also marked for the precipitation stack between 900 and 1200 CE. That is, a 74 yr period appears for SST and precipitation on the west coast mainly before 1300 CE and in the south coast after 1580 CE. In addition, longer period processes (100 – 181 yr) are found throughout the 3 SST records and before 1200 CE in the precipitation stack (256 yr). Stocker and Mysak (1992), attribute the 38-110 yr cycles found in their model exercise, to natural internal variability. Frankcombe et al. (2010), propose that the North Atlantic multidecadal variability is dominated by two main time scales, 20-30 yr associated with the AMOC and so, of ocean internal origin and 50-70 yr related to the atmospheric exchange between the Atlantic and the Arctic Ocean.

In its NE North Atlantic composite, Cunningham et al. (2013), find 111, 55.6, 40 and 31.3 yr cycles. However, the small amount of variance of the record explained by those periods, lead the authors to conclude for a weak influence of ocean internal variability into the NE North Atlantic Climate. More recently, Buckley and Marshall (2016), revise the periodicities shown by various instrumental and proxy records, group them into decadal (20 yr) and multidecadal ( $\pm$  40-70 yr), and present results with statistical significance for the 70 yr periodicity, supporting that ocean dynamics play a significant role



in the variability of the European climate on decadal and multi-decadal time scales (Yamamoto and Palter, 2016; Zhang, 2007).

If our wavelet results are interpreted in the light of the above-presented information, a multi-decadal variability of the North Atlantic dynamics, including the resulting heat transport into Europe, affect SST and precipitation mainly between 900 and 1200 CE in the north and after 1350 / 1500 CE in the southern site of the Atlantic Iberian Peninsula.

### 5.3.2 The Industrial Era

The transition to the Industrial Era, in the northern Porto site, although distinct at 1850 CE, starts at 1730–1740 CE (Abrantes et al., 2011) by the return of SSTs to values in the order of the observed prior to 1300 CE. A pattern that coincides with the atmospheric temperature rise detected in NE Spain, Europe and the Northern Hemisphere (Luterbacher et al., 2016; Martín-Chivelet et al., 2011; Moberg et al., 2005), as well as with a drought period that mainly affects the Atlantic sector of the Iberian Peninsula (Dominguez-Castro et al., 2010). A second and more marked rise of SST occurs by the mid 20<sup>th</sup> century ( $\pm$  1970) being particularly distinct in the southern Algarve site, and in consonance with the second warming phase also observed in the Western Mediterranean (Lionello et al., 2006; Martín-Puertas et al., 2010).

The transition into the Industrial Era is also marked by a shift in the phytoplankton community and water column stratification over the northern Porto site, which was interpreted by Abrantes et al., (2011), as a response to a reduction in the summer and/or annual upwelling and more frequent fall–winter upwelling-like events (Abrantes et al., 2011; Alvarez et al., 2005; Gómez-Gesteira M et al., 2008; Pardo et al., 2011; Pérez et al., 2010). This shift corresponds to an intensified NAO positive phase followed by slightly positive NAO up to 1850 CE in all but the Cook et al., (2002) reconstruction (Fig. 4I; Cook et al. (2002); Luterbacher et al. (2002); Vinther et al. (2003), and is concomitant with a higher coherence between the Porto SST data and the AMO index (Fig. 4A, J) (Abrantes et al., 2011). On the basis of this information the authors proposed a connection between the Iberian coastal upwelling variability and the North Atlantic Ocean’s surface and thermohaline circulation at the decadal scale. More recently, Zampieri et al. (2016), propose that the rapid warming periods of the Northern Hemisphere, including the last one in the ‘90s, are in great part modulated by shifts in the North Atlantic decadal mode of SST variability within AMO from negative (cold) to positive (warm) phases. A close look to the AMO index records of Gray et al. (2004) and Mann et al. (2010) (Fig. 4H) reveal that the two warming steps referred above do indeed occur during warming transitions in the AMO index, supporting the influence of the N Atlantic SST pattern on the Atlantic Iberian Peninsula and its southern area in particular. A connection also proposed by Cisneros et al. (2016) to explain the last 400 yr SST reconstruction of the central-western Mediterranean Sea.

The prominent increase in SST in the southern site might be explained by the dynamics of the coastal



counter-current of the Gulf of Cadiz, where higher SSTs are reached at periods of large-scale northerly winds during the upwelling season (Garel et al., 2016). In addition, a substantial intensification of the upwelling off the southwestern coast in the last 50 yr, particularly noticeable during the peak summer months (July to September) has been suggested by Relvas et al. (2009). Nevertheless, it emerges as a regional imprint of a major reorganization of the oceanic dynamics that is likely to have been initiated in the mid 18<sup>th</sup> century. Considering the high relevance of such environmental changes to ecosystems, a more in depth discussion of its effect at the regional scale is necessary.

## 6 Conclusions

The combination of SST and terrestrial input/river discharge records from five sites distributed along the Iberian margin, from 36° to 42°N latitude, captures the spatial character of the Iberian margin SST and continental precipitation variability at different time scales through the last 2,000 yr. Furthermore, the construction of new regional stacks for SST and river discharge provide a meaningful form to understand the role of global/hemispheric vs regional processes. On a long-term scale, a decreasing trend in SST, from 0 CE to the beginning of the 20<sup>th</sup> century is observed at all latitudes with maxima amplitude in the southern site. Within this cooling a series of century/decadal scale climate changes were detected to follow the overall climatic patterns of the extra-tropical Northern Hemisphere and Europe. Iberian records of arboreal vegetation and NE Spain air temperature indicate warm and wet conditions until the beginning of the LIA. Colder conditions and frequent but not extreme storms occur during the LIA all along the Atlantic Iberian Peninsula concerted with flood plain, lakes and historic documents. Specific climate conditions occur in the MWP, mainly in the early MWP and again in the transition from the LIA into the Industrial Era, in both cases, associated to transition periods in solar activity. In addition, within the MWP, two phases could be distinguished, an early MWP phase marked by warmer winters but cooler spring-falls and extraordinary storms in the northern sites, and a second consistent dry period with warmer spring-falls. To explain the MWP record, we support the previously proposed interplay between the NAO and EA modes of atmospheric circulation, both of which on positive phases, and suggest a stronger influence of the North Atlantic dynamics on Iberian climate. Furthermore, in the early MWP the flooding record implies a southward shift of the modern storm track under NAO positive conditions, that is, the presence of a high pressure blocking system over Northwestern Europe, such as it can be provided by a positive-like mode of the SCAND atmospheric mode of circulation. The Industrial Era SST rise occurs in two steps, at the end of the LIA (1730 -1850), and again in the mid 20<sup>th</sup> century. At 1800 CE an imprint of oceanic processes becomes apparent in the northern records, supporting a stronger influence of the internal ocean variability into the Atlantic Iberian Peninsula climate. This second increase in SST is particularly marked in the southern Algarve site as a regional imprint of a larger-scale process that can also reflect the global warming impact that is expected mainly for southern Iberia.



- 7. Team list**
- 5. Copyright statement**  
5
- 6. Code availability**
- 7. Data availability**  
10 Data will be archived at PANGEA and link to data will be included on the final version
- 11. Appendices**
- 13. Author contribution**  
15
- Abrantes, F – PI of the various projects that funded all the data combined in this paper, had the idea and wrote the paper;
- Rodrigues, T- Responsible for the biomarkers analysis in all cores;
- 20** Rufino, M – Statistical data analysis;
- Naughton, F – Responsible for the pollen interpretation and age models of DIVA and POPEI;
- Salgueiro, E – Data of GeoB11033-1 core;
- Oliveira, D – Pollen analysis of the DIVA and POPEI cores;
- Domingues, S – Pollen analysis for the Tejo site D13882 and POPEI core;
- 25** Costa, A. – Age model for GeoB11033-1;
- Oliveira, P – Processed the satellite-derived and OISST data;
- Drago, T – Provided the Algarve core (POPEI);
- Mil-Homens, M – Participated in the DIVA cruise;
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Site	ID	Water depth (m)	Lat N	Long W	Core Type	Cruise	SR (mm/yr)	Age Model
Galiza	GeoB11033-1	1873	42.1698	-9.5360	Box	Galiomar P342	0.4	This work
Minho	DIVA09 GC	119	41.9168	-9.0735	Gravity	Sarmento de Gamboa	0.5	This work
Porto	PO287-6B, G	84	41.3356	-8.9888	Gravity	RV Poseidon - PALEO1	6.3	Abrantes et al., (2011)
Tejo	D13902	90	38.5540	-9.3355	Long Piston	RV Discovery 249	7.0	Abrantes, F., et al, (2005)
Tejo	PO287-26B, 26G	96	38.5582	-9.3640	Box/ Garvity	RV Poseidon - PALEO1	7.0	Abrantes, F., et al, (2005)
Tejo	D13882	88	38.6450	-9.4542	Long Piston	RV Discovery 249	0.2	Rodrigues et al, (2009)
Algarve	POPEI VC2B	96	36.8800	-8.0700	Vibrocore	NRP Auriga - POPEI0108	1.2	This work

**Table 1 – Geographic location, water depth, sampling cruise, sedimentation rate (SR), and age model origin for the seven sedimentary sequences studied cores.**

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Core ID and depth (cm)	Laboratory code	Sample Type	Conventional <sup>14</sup> C age (BP)	error	Calibrated age ranges at 95% confidence intervals	Age AD	Laboratory
<b>GeoB11033-1</b> 27 - 28.5	OS-97151	Foraminifera	2430	25	746-530	-638	National Ocean Sciences AMS - WHOI
<b>DIVA 09 CG</b> 3 - 4	KIA 42919	Mollusk shell	465	25	1841-1859	1864	Leibniz Labor - Kiel
48-49	OS-97148	Foraminifera	1270	25	1057-1211	1133	National Ocean Sciences AMS - WHOI
57-58	KIA 42920	Mollusk shell	1730	30	602-728	660	Leibniz Labor - Kiel
68-69	OS-97149	Foraminifera	1990	25	298-482	400	National Ocean Sciences AMS - WHOI
83 - 84	KIA 42921	Mollusk shell	2380	30	-157 -33	-60	Leibniz Labor - Kiel
101 - 102	KIA 42922	Mollusk shell	2325	30	-87 - 95	11	Leibniz Labor - Kiel
<b>POPEI VC2B</b> 130.9	Beta 278216	Mollusk shell	1220	40	1080-1274	1184	Beta Analytics
200.6	OS-97152	Foraminifera	2130	25	146-326	233	National Ocean Sciences AMS - WHOI
270.3	OS-97143	Foraminifera	3020	25	-902-783	-837	National Ocean Sciences AMS - WHOI

**Table 2 – Results of <sup>14</sup>C accelerator mass spectrometry dating (means ± SE) of the cores GeoB11033-1 (Galiza), DIVA 09CG (Minho) and POPEI VC2B (Algarve). Ages were reservoir corrected by 400 yr (years before present, yr BP) and converted into calendar years (AD/CE).**

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	Common Era	Mean SST				
		Galiza	Minho	Douro	Tejo	Algarve
Roman - Dark Ages	< 900	16.0	16.5	-	17.5	19.1
Medieval Warm Period	900 - 1300	16.6	16.2	15.3	17.1	18.7
Little Ice Age	1350 -1850	16.1	15.9	14.7	15.6*	17.8
Modern Times	>1900	15.5	-	14.7	15.5	18.3

**Table 3 –SST mean during major climatic episodes along Atlantic margin of the Iberian Peninsula. Existing sediment hiatus likely affected estimated value. Shades of blue and pink highlight respectively colder and warmer periods.**

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FLOODS						
Period/ Region	Atlantic Basin	Douro & Minho	Tejo	Guadiana	References	Oservations
MCA	1000-1200	1000 - 1100	<b>785-1205</b>		Benito et al, 2003 Tullot, 1988	Increase magnitude and frequency <i>Doc Sources</i>
	1150 -1290	1180 – 1200	1150 -1200		Benito et al, 2003b Benito et al, 2010 Benito et al, 2003b Tullot, 1989	Sediment records <i>Max from Doc sources</i> Sediment records <i>Doc Sources</i>
LIA	1430-1685	1434 - LCF 1450-1470	1450 -1500	1434 - LCE 1450-1500	Benito et al, 2010 <i>Barriendas and Rodrigo, 2010</i> Tullot, 1988;	Sediment records & Doc Sources <i>Doc Sources</i> <i>Doc Sources</i>
		1545 - LCF		1545 - LCE	Benito et al, 2003 <i>Barriendas and Rodrigo, 2010</i>	High frequency lower magnitude <i>Doc Sources</i>
	1590-1610	1626- VLCF 1636 - LCF	1626- VLEF 1637 - LCE	1570-1630	Barriendas and Martin-Vide, 1998 Benito et al, 2003b <i>Barriendas and Rodrigo, 2010</i>	Mediterranean area- <i>Doc Sources</i> <i>Doc Sources</i> <i>Doc Sources</i>
	1730-1810 1730-1760	1778 - LEF		1626- VLCF 1637 - LCE	<i>Barriendas and Rodrigo, 2010</i> Benito et al, 2010 Benito et al, 2003b Barriendas and Martin-Vide, 1998	<i>Doc Sources</i> <i>Doc Sources</i> Sediment records & Doc Sources Mediterranean area- <i>Doc Sources</i>
	1780-1810			1830-1870 1778 - LCE	<i>Barriendas and Rodrigo, 2010</i> Benito et al, 2003b	<i>Doc Sources</i> <i>Doc Sources</i>
MODERN	1870-1900 1930-1950 1960-1980	1853 - LEF 1860 - LCF	1860 - LCF		<i>Barriendas and Rodrigo, 2010</i> <i>Barriendas and Rodrigo, 2010</i> Benito et al, 2003b Benito et al, 2003b Benito et al, 2003b	<i>Doc Sources</i> <i>Doc Sources</i> Sediment records Sediment records Sediment records
			<b>1670 - 1950</b> 1950-1980	1876 1979	Benito et al, 2003; Benito et al, 2003b	High frequency lower magnitude <i>Doc Sources</i>

LCF - Large Catastrophic Flood; LEF - Large Extraordinary Flood; VLCF - Very Large Catastrophic Flood; VLEF - Very Large Extraordinary Event  
 Bold - Catastrophic Event

DROUGHTS						
MWP				1361-1390	Barriendas and Martin-Vide, 1998	
LIA	1540-1570 1625-1640 1750-1760 1810-1830			1511-1540	Barriendas and Martin-Vide, 1998 Barriendas 2002 Barriendas 2002 Barriendas 2002 Barriendas 2002	severe severe Less severe Less severe
				1880-1950	Barriendas and Martin-Vide, 1998	Less severe
MODERN	1880-1910				Barriendas 2002	Less severe

Table 4 – Compilation of flooding and drought events on the Western Iberian Peninsula, according to published information.

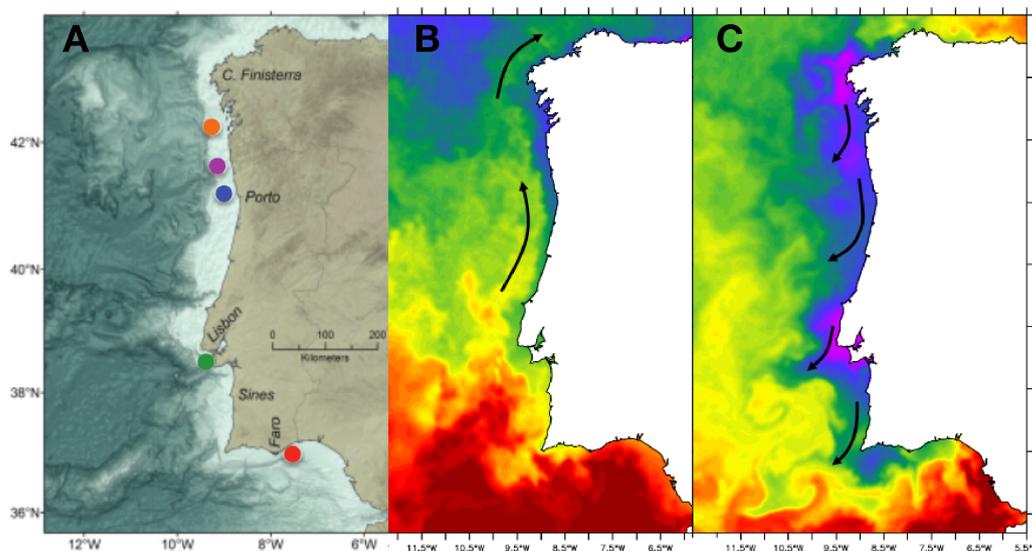


Figure 1– Cores location over Iberian Margin bathymetry. Geob11033-1 / Galiza in orange, DIVA09 GC / Minho in magenta, PO287-6B, -6G / Porto (Douro Mud Belt) in blue, PO287-26B, -26G, D130902, D13882 Tejo (Tagus Mud Belt) in green, and POPEI VC2B/ Algarve in red. The color assign to each core location will be applied in all figures (A). Winter satellite-derived sea surface temperature (SST) image (23 Jan 2003) showing the surface signature of the Iberian Poleward Current (B); Summer SST image illustrating coastal upwelling conditions (colder coastal SST) along the Western Iberian Margin (3 Aug 2005) (C). B and C land covered areas appear in white, the color shades were selected to highlight the main oceanographic structures, the image source is: JPL-PODAAC <https://mur.jpl.nasa.gov/>

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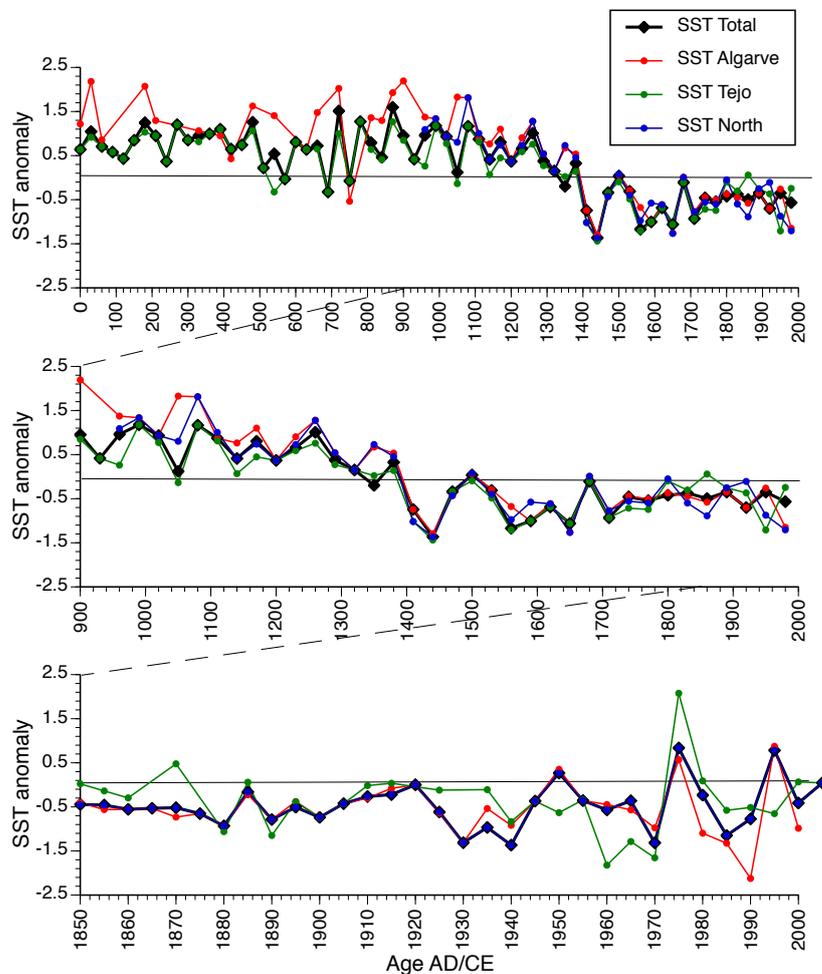


Figure 2 – Comparison of SST stacks constructed using all the cores (total – black), without the Tagus cores (effect of existing hiatus - green), without the Popei record (effect of different coccolithophores generating process - red) and considering only the northern sites (Galiza, Minho and Porto - blue)

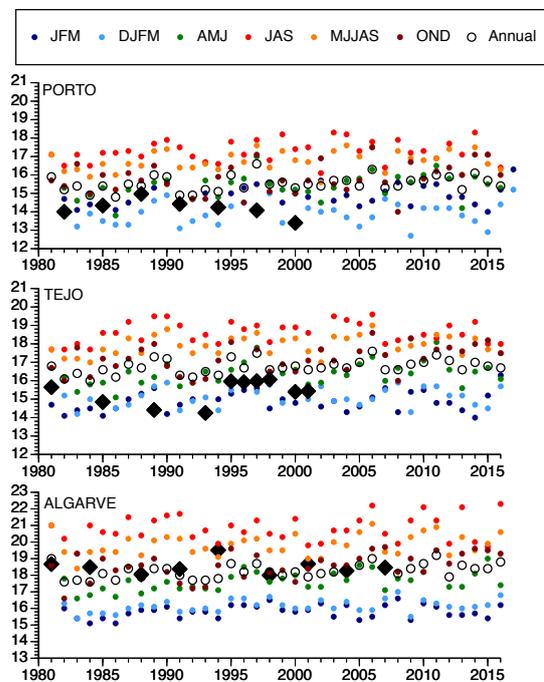
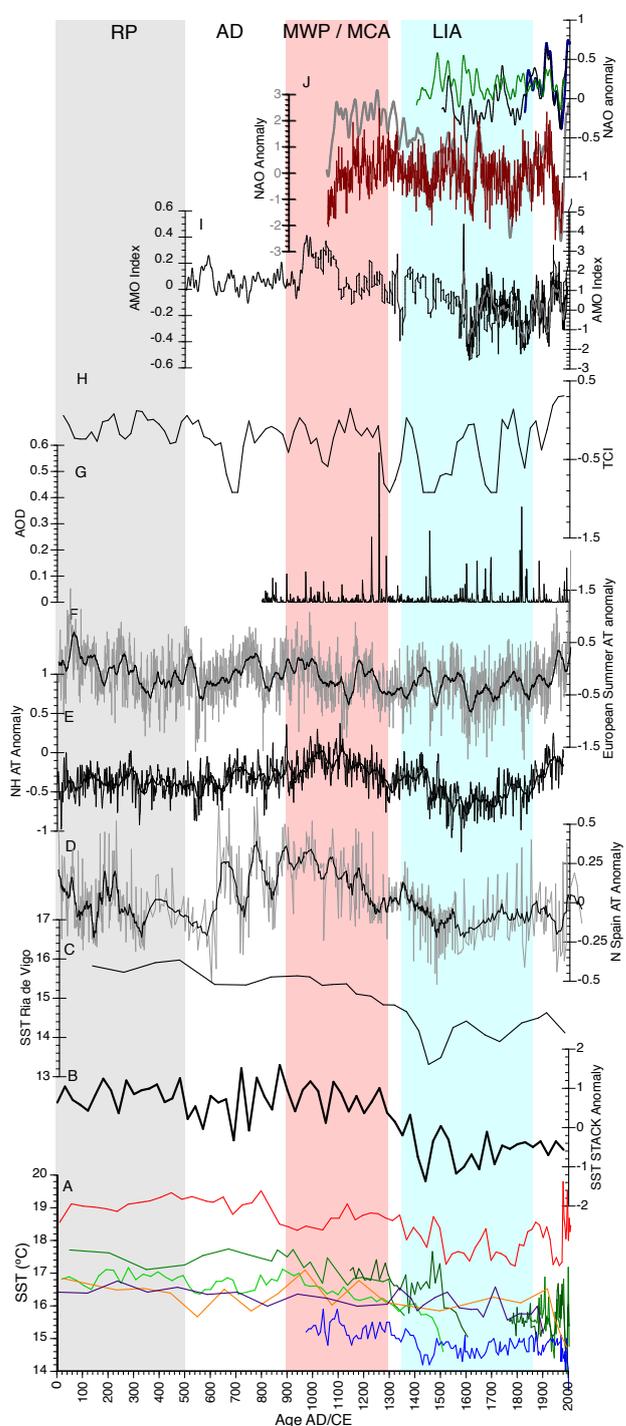


Figure 3 – Comparison of alkenone-derived sea surface temperature (SST – black diamonds) measured in cores PO287-6B (PORTO), PO287-26B (TEJO) and POPEI (ALGARVE) with annual (open circles), four 3-month seasonal averages (JFM, AMJ, JAS, OND, see legend) and composites for the NAO winter (DJFM) and upwelling seasons (MJJAS) computed from the OISST at the three sites location.

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**Figure 4 – Comparison of SST along the last 2,000 years at sites Galiza (magenta), Minho (orange), Porto (blue), Tejo (green) and Algarve (red) (A); SST stack constructed from all Iberian margin records (B); SST at Ria de Vigo (Diz et al., 2003); Northern Hemisphere annual mean atmospheric temperature anomaly (Moberg et al., 2005) (D); Northern Spain atmospheric temperature anomaly (Martín-Chivelet et al., 2011) (E); European spring-fall atmospheric temperature anomaly (Luterbacher et al., 2016) (F); volcanic activity as aerosol optical depth (Crowley and Unterman, 2013) (G); radionuclide-derived total solar irradiance (TSI) (Bard et al., 2007) (H); Northern Atlantic Ocean SST anomaly, AMO index (gray, (Mann et al., 2010) and (black, Gray et al., 2004) (I); NAO index (Luterbacher et al., 2002); brown - (Trouet et al., 2009) (J). Light grey band marks the Roman Period (RP), the pink band marks the Medieval Warm Period (MWP/MCA); the blue band marks the Little Ice Age (LIA).**

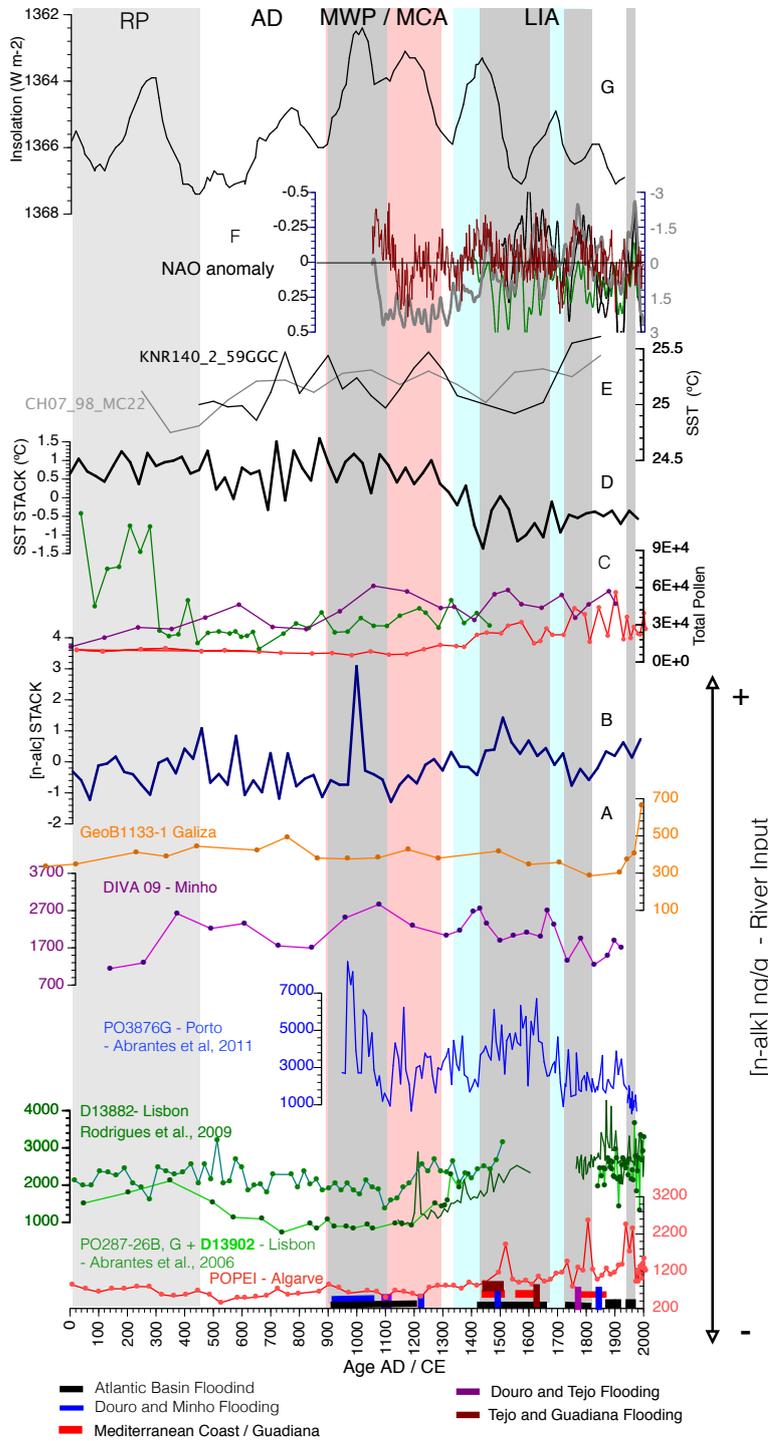
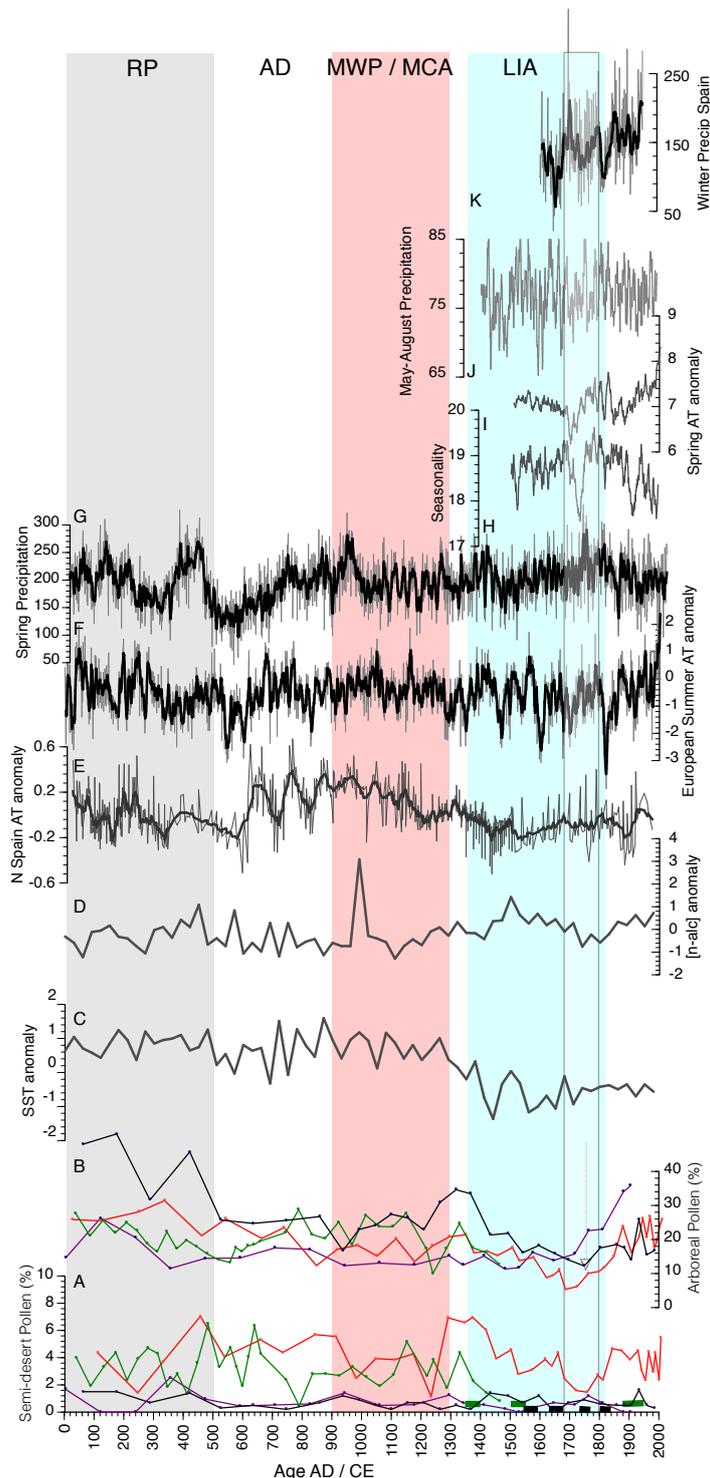


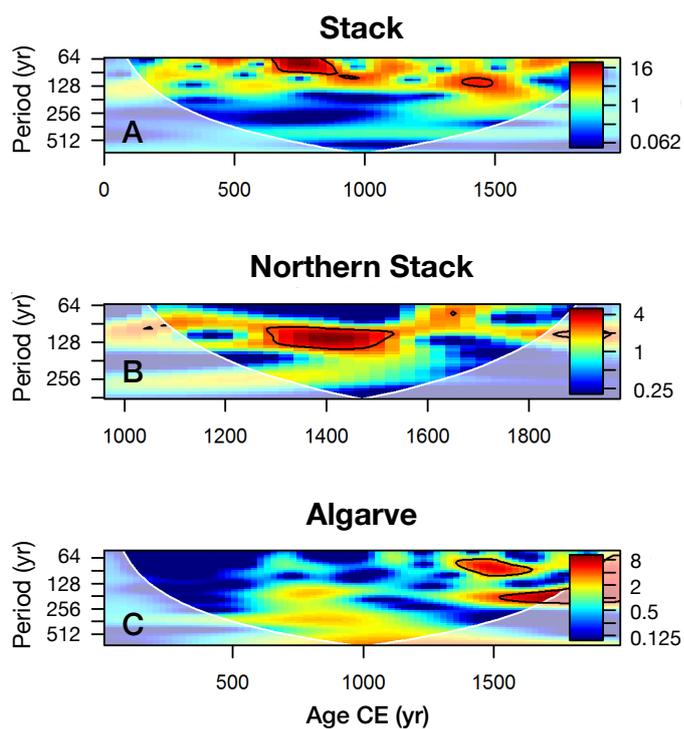
Figure 5 – [n-alk] variability along the last two millennia and at the 5 different sites of the Iberian Atlantic margin (A); the [n-alk] stack anomaly (B); total pollen concentration (# pollen grains/cm<sup>3</sup> sediment) (C); SST stack anomaly (D); SST NW Atlantic cores KNR140-2-59GGC and CH07-98-MC22 (Saenger et al., 2011) (E); NAO index (black line, Luterbacher et al. 2002), (green line; (Cook et al., 2002), (gray line; Trouet et al., 2009), (brown line; Ortega et al., 2015) (F); Radionuclide-derived total solar irradiance (TSI) (Bard et al., 2007) (G). Dark grey bands mark the periods of Atlantic flooding as listed in Table 4.

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**Figure 6 – Variability of semi-desert plants percent percentages along the 2,000 yr record of cores Diva, Tejo, Popei and Ria de Vigo (black) (Desprat et al., 200) (A); arboreal pollen percent abundance (B); the SST stack anomaly (C); the [n-alc] stack anomaly (D); Northern Spain atmospheric temperature anomaly (Martín-Chivelet et al., 2011) (C); European spring-fall atmospheric temperature anomaly (Luterbacher et al., 2016) (D); Spring Precipitation Central Europe (Büntgen et al., 2011) (E); European Seasonality and Spring AT (Luterbacher et al., 2004) (F, G); may-august Precipitation (Touchan et al., 2005) (H); winter (DJFM) Precipitation (Romero-Viana et al., 2011) (I).**

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5 Figure 7 – The continuous wavelet power spectrum of the SST STACK (A); the north SST STACK (B); and the Algarve SST record (C). The thick black contour designates the 95% confidence level and the lighter shaded area represents the cone of influence (COI) where edge effects might distort the results.

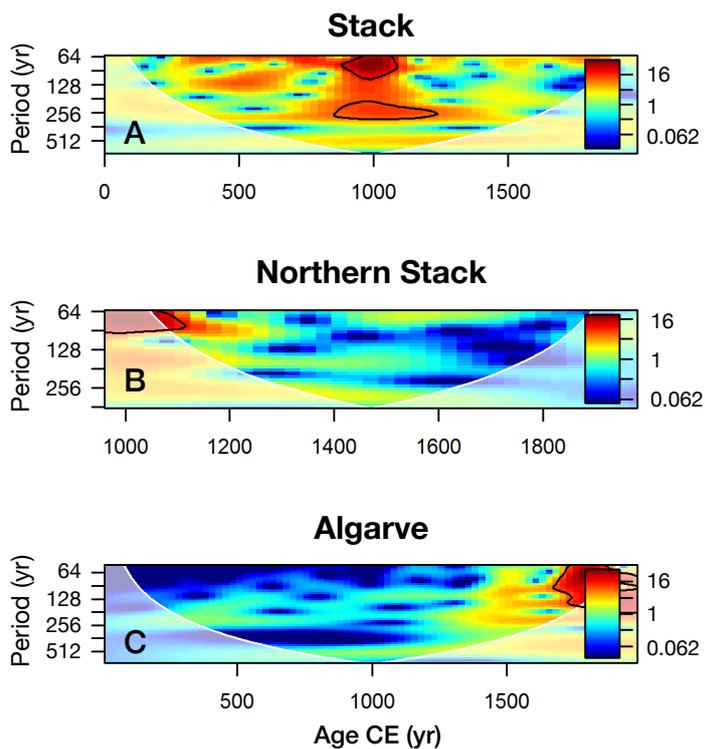


Figure 8 – The continuous wavelet power spectrum of the STACK [n-alc] record (A); the north [n-alc] STACK (B) and the Algarve [n-alc] record (C). The thick black contour designates the 95% confidence level and the lighter shaded area represents the cone of influence (COI) where edge effects might distort the results.