



The C₃₂ alkane-1,15-diol as a proxy of late Quaternary riverine input in coastal margins

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1 ABSTRACT

2 The study of past sedimentary records from coastal margins allows us to reconstruct variations
3 of terrestrial input into the marine realm and to gain insight into continental climatic variability.
4 There are numerous organic proxies for tracing terrestrial input into marine environments but
5 none that strictly reflect riverine organic matter input. Here, we test the fractional abundance of
6 the C₃₂ alkane 1,15-diol relative to all 1,13- and 1,15-diols (F_{1,15-C32}) as a tracer of riverine input
7 in the marine realm in surface and Quaternary (0-45 ka) sediments on the shelf off the Zambezi
8 and nearby smaller rivers in the Mozambique Channel (western Indian Ocean). A Quaternary (0-
9 22 ka) sediment record off the Nile River mouth in the Eastern Mediterranean was also studied
10 for diols. For the Mozambique Channel, surface sediments of sites most proximal to
11 Mozambique rivers showed the highest F_{1,15-C32} (up to 10%). The sedimentary record shows high
12 (15-35%) pre-Holocene F_{1,15-C32} and low (<10%) Holocene F_{1,15-C32} values, with a major decrease
13 between 18 and 12 ka. F_{1,15-C32} is significantly correlated ($r^2=0.83$, $p<0.001$) with the BIT index, a
14 proxy for soil and riverine input, which declines from 0.25-0.60 for the pre-Holocene to <0.10
15 for the Holocene. This decrease of both F_{1,15-C32} and the BIT is interpreted to be mainly due to an
16 increasing sea level, which caused the Zambezi River mouth to become more distal to our study
17 site, thereby decreasing riverine input at the core location. Some small discrepancies are
18 observed between the records of the BIT index and F_{1,15-C32} for Heinrich Event 1 (H1) and
19 Younger Dryas (YD), which can be explained by a change in soil sources in the catchment area
20 rather than a change in river influx. Like for the Mozambique Channel, a significant correlation
21 between F_{1,15-C32} and the BIT index ($r^2=0.38$, $p<0.001$) is observed for Eastern Mediterranean
22 Nile record. Here also, the BIT index and F_{1,15-C32} are lower in the Holocene than in the pre-



23 Holocene, which is likely due to the sea level rise. In general, the differences between BIT index
24 and $F_{1,15-c32}$ Eastern Mediterranean Nile records can be explained by the fact that the BIT index
25 is not only affected by riverine runoff but also by vegetation cover with increasing cover leading
26 to lower soil erosion. Our results confirm that $F_{1,15-c32}$ is a complementary proxy for tracing
27 riverine input of organic matter into marine shelf settings and, in comparison with other
28 proxies, it seems not to be affected by soil and vegetation changes in the catchment area.
29



30

31 **1.Introduction**

32 Freshwater discharge from river basins into the ocean has an important influence on the
33 dynamics of many coastal regions. Terrestrial organic matter (OM) input by fluvial and aeolian
34 transport represents a large source of OM to the ocean (Schlesinger and Melack, 1981). Deltaic
35 and marine sediments close to the outflow of large rivers form a sink of terrestrial OM and
36 integrate a history of river, catchment, and oceanic variability (Hedges et al, 1997).
37 Terrestrial OM can be differentiated from marine OM using carbon to nitrogen (C/N) ratios and
38 the bulk carbon isotopic composition (^{13}C) of sedimentary OM (e.g. Meyers, 1994). The
39 abundance of N-free macromolecules such as lignin or cellulose result in organic carbon-rich
40 plant tissues that lead to an overall higher C/N ratio for terrestrial OM compared to aquatic
41 organisms (Hedges et al., 1986). However, this ratio may be biased when plant-tissues gain
42 nitrogen during bacterial degradation and when planktonic OM preferentially lose nitrogen over
43 carbon during decay (Hedges and Oades, 1997). Differences in the stable carbon isotopic
44 composition may also be used to examine terrestrial input as terrestrial OM is typically depleted
45 in ^{13}C ($\delta^{13}\text{C}$ of -28 to -25‰) compared to marine OM (-22 to -19‰). However, C_4 plants have
46 $\delta^{13}\text{C}$ values of around -12‰ (Fry et Sherr, 1984 ; Collister et al. 1994; Rommerskirchen et al.,
47 2006) and thus a substantial C_4 plant contribution can make it difficult to estimate the
48 proportion of terrestrial to marine OM in certain settings (Goñi et al., 1997).
49 Biomarkers of terrestrial higher plants are also used to trace terrestrial OM input into marine
50 sediments. For example, plant leaf waxes such as long-chain *n*-alkanes are transported and
51 preserved in sediments (Eglinton and Eglinton 2008, and references cited therein) and can



52 provide information on catchment integrated vegetation or precipitation changes (e.g. Ponton
53 et al., 2014), while soil specific bacteriohopanepolyols (BHP) are biomarkers of soil bacteria and
54 indicate changes in soil transport (Cooke et al., 2008). Similarly, branched glycerol dialkyl
55 glycerol tetraethers (brGDGTs) are widespread and abundant in soils (Weijer et al., 2007, 2009)
56 and can be used to trace soil OM input into marine settings via the branched and isoprenoid
57 tetraether (BIT) Index (Hopmans et al., 2004). However, brGDGTs can also be produced in-situ in
58 rivers (De Jonge et al., 2015) and thus the BIT index does not reflect soil OM input only.
59 Moreover, because the BIT index is the ratio of brGDGTs to crenarchaeol (an isoprenoidal GDGT
60 predominantly produced by marine Thaumarchaeota; Sinninghe Damsté et al., 2002), the BIT
61 index can also reflect changes in marine OM productivity instead of changes in terrestrial OM
62 input in areas where primary productivity is highly variable, i.e. where the quantity of
63 crenarchaeol is variable (Smith et al., 2012).

64 Although these terrestrial organic proxies are useful to trace soil, river or vegetation input into
65 marine sediments thus far there are no organic geochemical proxies to specifically trace riverine
66 OM input. However, recently, the C₃₂ 1,15-diol was proposed as a tracer for riverine OM input
67 (De Bar et al., 2016; Lattaud et al., 2017). This diol, together with other 1,13 and 1,15-diols, are
68 likely derived from freshwater eustigmatophyte algae (Volkman et al., 1999; Rampen et al.,
69 2007, 2014b; Villanueva et al., 2014). Versteegh et al. (2000) showed that the proportion of C₃₂
70 1,15-diol to other diols was relatively higher closer to the mouth of the Congo River. Likewise,
71 Rampen et al. (2012) observed that sediments from the estuarine Hudson Bay have a much
72 higher proportion of C₃₂ 1,15-diol than open-marine sediments. More recent studies noted
73 elevated amounts of the C₃₂ 1,15-diol in coastal sediments, and even higher amounts in rivers



74 indicating a continental source for this diol (De Bar et al., 2016, Lattaud et al., 2017). Since the
75 C₃₂ 1,15-diol was not detected in soils distributed worldwide, production of this diol in rivers by
76 freshwater eustigmatophytes is the most likely source of this compound which, therefore, can
77 potentially be used as a proxy of riverine OM input to marine settings.
78 Here we test the downcore application of this new proxy by analysing the fractional abundance
79 of the C₃₂ 1,15-diol in a shelf sea record (0-45 ka) from the Mozambique Channel and a record
80 (0-24 ka) from the Eastern Mediterranean Sea to reconstruct Holocene/Late Pleistocene
81 changes in freshwater input of the Zambezi and Nile rivers, respectively. Analysis of surface
82 sediments and comparison with previously published BIT index records (Castañeda et al., 2010;
83 Kasper et al., 2015) allows us to assess the potential of the C₃₂ 1,15-diol as a tracer for riverine
84 runoff in these coastal margins.

85

86 **2. Material and Methods**

87 *2.1. Study sites*

88 *2.1.1. Mozambique margin and Zambezi River*

89 The Mozambique Channel is located between the coasts of Mozambique and Madagascar
90 between 11°S and 24°S and it plays an important role in the global oceanic circulation by
91 transporting warm Indian Ocean surface waters into the Atlantic Ocean. The Zambezi River is
92 the largest river that delivers freshwater and suspended particulate matter to the Mozambique
93 Channel (Walford et al., 2005). The Zambezi River has a drainage area of 1.4 x 10⁶ km² and an
94 annual runoff between 50 and 220 km³ (Fekete et al., 1999). It originates in northern Zambia,



95 flows through eastern Angola and Mozambique to reach the Indian Ocean. The Zambezi delta
96 starts at Mopeia (Ronco et al., 2006) and the Zambezi plume enters the Mozambique Channel
97 and flows northwards along the coast (Nehama and Reason, 2014). The rainy season in the
98 catchment is in austral summer when the Intertropical convergence zone (ITCZ) is at its
99 southernmost position (Beilfuss and Santos, 2001; Gimeno et al., 2010; Nicholson et al., 2009).
100 The seasonal variation of the Zambezi runoff varies between 7000 m³/s during the wet season
101 to 2000 m³/s during the dry season (Beilfuss and Santos, 2001). A few smaller Mozambique
102 rivers other than the Zambezi River flow into the Mozambique Channel: the Ligonha, Licungo,
103 Pungwe and Revue in Mozambique (together with the Zambezi River, they are collectively called
104 “the Mozambique rivers” here).

105 Past studies have shown that the deposition pattern of the Zambezi riverine detritus is variable
106 with sea level, i.e. most of the time material was deposited downstream of the river mouth but
107 during high sea level it was deposited northeast of the river mouth due to a shore current
108 (Schulz et al., 2011). During the last glacial period the Zambezi riverine detritus followed a more
109 channellized path (Schulz et al., 2011). Van der Lubbe et al. (2016) found that the relative
110 influence of the Zambezi river compared to more northern rivers in the Mozambique Channel
111 varied during Heinrich event 1 (H1) and the Younger Dryas (YD). Schefuss et al. (2011) studied
112 the $\delta^{13}\text{C}$ and δD of *n*-alkanes, and the elemental composition (Fe content) of core GeoB9307-3,
113 located close to the present day river mouth (Fig. 1), and reported higher precipitation and
114 riverine terrestrial input in the Mozambique Channel during the Younger Dryas and H1. This is in
115 agreement with more recent results from Just et al. (2014) on core GeoB9307-3 and Wang et al.



116 (2013a) on core GIK16160-3, further away from the actual river mouth; both studies also
117 showed an increased riverine terrestrial input during H1 and YD.

118

119 *2.1.2 Eastern Mediterranean Sea and Nile River*

120 The Eastern Mediterranean Sea is influenced by the input of the Nile River, which is the main
121 riverine sediment supply with annual runoff of 91 km³ and a sediment load of about 60 x 10⁹
122 kg.yr⁻¹ (Foucault and Stanley, 1989; Weldeab et al., 2002). Offshore Israel, the Saharan eolian
123 sediment supply is very low (Weldeab et al., 2002). A strong north-eastern current distributes
124 the Nile River sediment along the Israeli coast toward our study site. The Nile River consists of
125 two main branches: the Blue Nile (sourced at Lake Tana, Ethiopia) and the White Nile (sourced
126 at Lake Victoria, Tanzania, Uganda). Precipitation in the Nile catchment fluctuates widely with
127 latitude with the area north of 18°N dry most of the year and the wettest areas at the source of
128 the Blue Nile and White Nile (Camberlin, 2009). This general distribution reflects the latitudinal
129 movement of the ITCZ.

130 Castañeda et al. (2010) have shown that sea surface temperature (SST) (reconstructed with
131 alkenones and TEX₈₆) at the study site was following Northern Hemisphere climate variations
132 with a cooling during the Last Glacial Maximum (LGM), Heinrich event 1 (H1) and Younger Dryas
133 (YD) and warming during the early part of the deposition of sapropel 1 (S1). Associated with the
134 cooling of H1 and the LGM, extreme aridity in the Nile catchment is observed as inferred from
135 the δD of leaf waxes, in contrast to the time of Early Holocene S1 deposition, which corresponds
136 to a more humid climate and enhanced Nile River runoff (Castañeda et al., 2016). Neodymium



137 (ϵ_{Nd}) and strontium ($^{87}Sr/^{88}Sr$) isotopes (Castañeda et al., 2016; Box et al., 2011, respectively)
138 show an enhanced contribution of Blue Nile inputs when the climate is arid (H1, LGM) and an
139 increased contribution of the White Nile when the climate is humid (S1). This change also affect
140 the soil input into the Nile River, as inferred from the distribution of branched GDGTs, with a
141 more arid climate reducing the vegetation in the Ethiopian highlands (source of the Blue Nile)
142 and favoring soil erosion while during a more humid climate, vegetation increasing and soil
143 erosion is less (Krom et al., 2002).

144 2.2. Sampling and processing of the sediments

145 2.2.1. Mozambique Channel sediments

146 We analyzed 36 core-top sediments (from multi cores) along a transect from the Mozambique
147 coast to Madagascar coast (LOCO transect, Fallet et al. 2012). The LOCO core-tops have been
148 previously studied by XRF and grain-size analysis (van der Lubbe et al., 2014, 2016) as well as for
149 inorganic ($\delta^{18}O$, Mg/Ca) and organic (TEX₈₆, UK₃₇) temperature proxies (Fallet et al., 2012). 25
150 core-top sediments (from grabs, gravity or trigger-weight corers) retrieved during the R/V
151 Valdivia's Expeditions VA02 (1971) and VA06 (1973) (called VA for the rest of this study, Schulz
152 et al., 2011), comprising a north-south transect paralleling the East African coast, and spanning
153 from 21°S to 15°N (Fig. 1a) were also analyzed. These surface sediments have been studied
154 previously for element content (TOC, TON), isotopic content ($\delta^{18}O$, $\delta^{13}C$) as well as for mineral
155 and fossil (foraminifera) content (Schulz et al., 2011). Piston core 64PE304-80 was obtained
156 from 1329 m water depth during the INATEX cruise by the RV Pelagia in 2009 from a site
157 (18°14.44'S, 37°52.14'E) located on the Mozambique coastal margin, approximately 200 km



158 north of the Zambezi delta (Fig. 1a). The age model of core 64PE304-80 is based on ^{14}C dating of
159 planktonic foraminifera (van der Lubbe, 2014; Kasper et al., 2015) and by correlation of log
160 (Ti/Ca) data from XRF core scanning with those of nearby core GIK16160-3, which also has an
161 age model based on ^{14}C dating of a mixture of planktonic foraminifera (see van der Lubbe et al.,
162 2014 for details).

163 The LOCO sediment core-tops were sliced into 0 - 0.25 and 0.25 - 0.5 cm slices and extracted as
164 described by Fallet et al. (2012). Briefly, ultrasonic extraction was performed (x 4) with a solvent
165 mixture of dichloromethane (DCM)/methanol (MeOH) (2 : 1 v/v). The total lipid extract (TLE)
166 was then run through a Na_2SiO_4 column to remove water. The 25 VA core-tops from the
167 Valdivia's expedition were freeze dried on board and stored at 4 °C. They were extracted via
168 Accelerator Solvent Extractor (ASE) using DCM: MeOH mixture 9:1 (v/v) and a pressure of 1000
169 psi at 100 °C using three extraction cycles.

170 We analyzed sediments of core 64PE304-80 for diols using solvent extracts that were previously
171 obtained for determination of the BIT index and δD ratio of alkenones (Kasper et al., 2015).
172 Briefly, the core was sliced into 2 cm thick slices and the sediments were ASE extracted using
173 the method described above.

174 For all Mozambique Channel sediments, the total lipid extract (TLEs) were separated through an
175 alumina pipette column into three fractions: apolar (Hexane : DCM, 9:1 v/v), ketone (Hexane :
176 DCM, 1:1 v/v) and polar (DCM : MeOH, 1:1 v/v). The polar fractions, containing the diols and
177 GDGTs, were dissolved into a mixture of 99:1 (v/v) Hexane : Isopropanol and filtered through a
178 0.45 μm PTFE filters.



179 *2.2.2. Eastern Mediterranean sediment core*

180 Gravity core GeoB 7702-3 was collected during the R/V Meteor cruise M52/2 in 2002 from the
181 slope offshore Israel (31°91.1'N, 34°04.4'E) at 562 m water depth (Castañeda et al., 2010). The
182 chronology of this sedimentary record is based on 15 planktonic foraminiferal ¹⁴C AMS dates
183 (Castañeda et al., 2010). The sediments have previously been analyzed for GDGTs, alkenones,
184 δD and δ¹³C of leaf wax lipids, and bulk elemental composition (Castañeda et al., 2010, 2016).
185 Sediments were sampled every 5 cm and 1 cm thick, and previously extracted as described by
186 Castañeda et al. (2010). Briefly, the freeze-dried sediment were ASE extracted and the TLEs
187 were separated using an aluminum oxide column into 3 fractions as described above.

188 *2.3. Analysis of long-chain diols*

189 Diols were analyzed by silylation of the polar fraction with 10 μL N,O-Bis(trimethylsilyl)-
190 trifluoroacetamide (BSTFA) and 10 μL pyridine, heated for 30 min at 60°C and adding 30 μL of
191 ethyl acetate. Diol analysis was performed using a gas chromatograph (Agilent 7990B GC)
192 coupled to a mass spectrometer (Agilent 5977A MSD) (GC-MS) and equipped with a capillary
193 silica column (25 m x 320 μm; 0.12 μm film thickness). The oven temperature regime was as
194 follows: held at 70 °C for 1 min, increased to 130 °C at 20 °C/min, increased to 320 °C at 4
195 °C/min, held at 320 °C during 25 min. Flow was held constant at 2 mL/min. The MS source
196 temperature was held at 250 °C and the MS quadrupole at 150 °C. The electron impact
197 ionization energy of the source was 70 eV. The diols were quantified using selected ion
198 monitoring (SIM) of ions m/z 299.4 (C₂₈ 1,14), 313.4 (C₂₈ 1,13, C₃₀ 1,15), 327.4 (C₃₀ 1,14), and
199 341.4 (C₃₂ 1,15) (Versteegh et al., 1997; Rampen et al., 2012).



200 The fractional abundance of the C₃₂ 1,15-diol is expressed as percentage of the total major diols
201 as follows:

$$202 \quad FC_{32\ 1,15} = \frac{[C_{32\ 1,15}]}{[C_{28\ 1,13}] + [C_{28\ 1,14}] + [C_{30\ 1,13}] + [C_{30\ 1,14}] + [C_{30\ 1,15}] + [C_{32\ 1,15}]} \times 100 \quad (1)$$

203

204 2.4. Analysis of GDGTs

205 GDGTs in the polar fractions of the extracts of the VA and LOCO core-top sediments were
206 analyzed on an Agilent 1100 series LC/MSD SL following the method described by Hopmans et
207 al. (2016). The BIT index was calculated according to Hopmans et al. (2004). We calculated the
208 #ring tetra as described by Sinninghe Damsté et al. (2016) and the CBT index and soil pH as
209 described by Peterse et al. (2012):

$$210 \quad \#ring\ tetra = \frac{GDGT\ Ib + 2 \times GDGT\ Ic}{GDGT\ Ia + GDGT\ Ib + GDGT\ Ic} \quad (2)$$

$$211 \quad CBT = \log\left(\frac{GDGT\ Ib + GDGT\ IIb}{GDGT\ Ia + GDGT\ IIa}\right) \quad (3)$$

$$212 \quad pH = 7.9 - 1.97 \times CBT \quad (4)$$

213

214 3. Results

215 3.1. Surface sediments of the Mozambique Channel

216 F_{1,15-C32} in surface sediments across the Mozambique Channel varies from 2.3 to 12.5% (Fig. 1d,
217 1f) with one of the highest value in front of the Zambezi River mouth (10%). The core-tops
218 located in front of other minor northern rivers (Licungo, Ligonha Rivers) are also characterized
219 by values of F_{1,15-C32} (>7.5%) higher than those further away from the coast (< 5%). The major



220 diol in all Mozambique surface sediments is the C₃₀ 1,15-diol (57.5±9.9%) with lower amounts of
221 the C₃₀ 1,14-diol (21.1±6.0%) and C₂₈ 1,14-diol (13.2±4.9%) (Fig. 1f).

222 The values for the BIT index in surface sediments across the Mozambique Channel vary from
223 0.01 to 0.42 (Fig. 1c). BIT values are highest in the most northern region (0.4) and in front of
224 river mouths (0.2-0.3) compared to values found close to the coast of Madagascar (<0.04).
225 Following Sinninghe Damsté (2016), we calculated the #ring tetra (the relative abundance of
226 cyclopentane rings in tetramethylated branched GDGTs) to determine if the brGDGTs are in-situ
227 produced in the surface sediments or derived from the continent. The #ring tetra has an
228 average of 0.39±0.03 with higher values in front of the river mouths (with the highest values
229 close to the Madagascar rivers) and shows a clear decrease towards the open ocean (Fig. 1d).
230 The low #ring tetra indicate that there is likely limited in-situ sedimentary production of
231 brGDGTs in the sediments of the Mozambique coastal shelf area except for the samples closest
232 to the Madagascar coast where high #ring tetra values and low BIT values indicate in-situ
233 production of brGDGTs. However, for the Mozambique shelf, the brGDGTs are mostly derived
234 from the continent, confirming the use of the BIT index as a tracer for freshwater input in this
235 region.

236 3.2. Holocene and Late Quaternary sediments of the Mozambique Channel and Nile River

237 In the sediments of the Mozambique Channel core 64PE304-80, F_{1,15-C32} shows a wide range; it
238 varies from 2.4 to 47.6% (Fig. 2). Between 44 and 39 ka the values are relatively stable (average
239 of 27.6 ± 4.5%), then they rapidly decline between 39 and 36 ka to 11%. From this point on they
240 gradually increase, reaching 37.4% at 17 ka. F_{1,15-C32} is then rapidly decreasing until it reaches the



241 lowest values of the record after 12 ka (average of $4.9 \pm 1.4\%$). Holocene sediments (0-11 ka)
242 show relatively low and constant values of $F_{1,15-C32}$ ($5 \pm 1.5\%$), similar to the values found in the
243 surface sediments of the area, i.e. $3.5 \pm 1.6\%$ (Figs. 1 and 2d).

244 The BIT index record shows similar changes (data from Kasper et al., 2014) as that of $F_{1,15-C32}$.
245 Between 44 and 39 ka the average BIT value is 0.43 ± 0.06 , then the BIT value decreases to 0.36
246 at 36 ka, followed by an increase until 17 ka to reach 0.6, while the Holocene values are
247 constant (average 0.1 ± 0.02). The #ring tetra of branched GDGTs is constantly low (average
248 0.15 ± 0.01 ; Fig. S1a) between 44 to 15.5 ka, then increases to 0.4 at 8 ka and stays constant until
249 the end of the Holocene (average 0.34 ± 0.03). Overall, these values are low and do not approach
250 the values (0.8-1.0) associated with in-situ production of branched GDGTs in coastal marine
251 sediments (Sinninghe Damsté, 2016). The #ring tetra also shows a negative correlation with the
252 BIT index throughout the record ($R^2=0.74$, $p<0.05$), indicating that when BIT values are high,
253 #ring tetra is low. Therefore, high BIT values can definitely be associated with terrestrial brGDGT
254 input. If we assume the in-situ production of brGDGTs in the river (e.g. DeJonge et al., 2015; Zell
255 et al., 2015) is minimal, we can then infer sources of soils from the different catchment areas by
256 reconstructing the soil pH via the CBT index (see equation 3 and 4, Peterse et al., 2012). This
257 showed a constant soil pH (average 6.2 ± 0.1) from 43 to 15 ka followed by a slight increase to 7
258 at 8 ka and constant (average 6.8 ± 0.08) at the end of Holocene (Fig. S1b).

259 In Eastern Mediterranean sediment core GeoB 7702-3, $F_{1,15-C32}$ ranges from 3.9 to 47.0%.
260 Between 24 and 15 ka the values are slowly decreasing from 41% at 24 ka to 7% at 15 ka.
261 Subsequently, $F_{1,15-C32}$ raises sharply until 11.7 ka (44%) followed by a sharp decrease down to
262 16% at 10 ka. $F_{1,15-C32}$ increases again until 7.5 ka up to 30%, followed by a slow decrease in the



263 Late Holocene towards values as low as 6% (Fig. 3a). The BIT index (data from Castañeda et al.,
264 2016) varies similar to $F_{1,15-C32}$. It is constant between 24 and 17 ka (average 0.37 ± 0.05), then
265 decreases to 0.13 at 14.5 ka. It subsequently increases between 15.6 and 9 ka, before
266 decreasing after 9 ka and stays constant in the Holocene (average 0.17 ± 0.05). The #ring tetra of
267 the brGDGTs (Fig. S1c) is constant from 24 to 15 ka (0.37 ± 0.05) then shows lower values from 15
268 to 7 ka (0.29 ± 0.04) and, finally, increases again during the late Holocene (0.40 ± 0.05). The BIT
269 index and #ring tetra do not show a clear negative correlation as observed for the Mozambique
270 core. However, the values of #ring tetra are well below 0.8-1.0, suggesting that in-situ
271 production of brGDGTs does not play an important role, in line with the depth from which the
272 core was obtained which is well below the zone of 100-300 m where in-situ production is most
273 pronounced (Sinninghe Damsté, 2016). During parts of the record, low #ring tetra are associated
274 with high BIT values, indicating that between 24 and 7 ka the brGDGT are mainly terrigenous.
275 For the oldest part of the core, the soil pH shows a stable period from 24 to 14.8 ka (average
276 6.94 ± 0.07) then increases to 7.3 at 15 ka, followed by a large decrease (pH reaching 6.5 at 8.5
277 ka). As the in-situ production of brGDGT is likely to be minimal in the latest part of the
278 Holocene, the soil pH can be reconstructed via the CBT index and shows a stable pH (average of
279 6.8 ± 0.1).

280 4. Discussion

281 4.1. Application of C_{32} 1,15-diol as a proxy for riverine input in the Mozambique shelf.

282 The percentage of the C_{32} 1,15-diol is overall relatively low (<10%) in the surface sediments of
283 the Mozambique Channel in comparison with other coastal regions with a substantial river input



284 (Fig. 1f), where values can be as high as 65% (De Bar et al., 2016; Lattaud et al., 2017).
285 Moreover, the BIT values are also relatively low at 0.01-0.42. Further confirmation of the low
286 amount of terrestrial input in the analyzed surface sediments comes from the low C/N values
287 (between 4.2 and 8.9 for the VA surface sediments; Schulz et al., 2011), characteristic of low
288 terrestrial OM input (Meyers 1994). Nevertheless, the slightly higher values of both the BIT
289 index and the $F_{1,15-C32}$ near the river mouths indicate that both proxies do seem to trace present
290 day riverine input into the Mozambique Channel, in line with earlier findings of other coastal
291 margins influenced by river systems (De Bar et al, 2016; Lattaud et al., 2017).

292

293 *4.2. Past variations in riverine input in the Mozambique Channel*

294 We compared the record of $F_{1,15-C32}$ with previously published proxy records, in particular the
295 BIT index (Kasper et al., 2015) and $\log(Ca/Ti)$ (van der Lubbe et al., 2016). These two proxies
296 show the same pattern as $F_{1,15-C32}$ (Fig. 2). Indeed, the BIT index and the percentage of C_{32} 1,15-
297 diol are strongly correlated ($r^2=0.83$, $p<0.001$). Since the #ring tetra of brGDGTs varies between
298 0.06 and 0.4 (Fig. S1a) and is significantly negatively correlated with the BIT values, the brGDGTs
299 are predominantly derived from the continent (cf. Sinninghe Damsté, 2016) and thus the BIT is
300 likely reflecting terrigenous input in the marine environment. Furthermore, the percentage of
301 C_{32} 1,15-diol also shows a significant negative correlation with $\log(Ca/Ti)$ ($r^2=0.43$, $p<0.0001$,
302 van der Lubbe et al., 2016). This is another proxy for riverine input since Ti is mainly derived
303 from erosion of continental rocks transported to the ocean through rivers, whereas Ca derives
304 predominantly from the marine environment.



305 The records of $F_{1,15-C32}$ and BIT index show three major variations: a steep drop from 19 to 10 ka,
306 a slow increase from 38 to 21 ka during the Last Glacial Stage and a steep decrease between 40
307 to 38 ka. The largest change in the BIT index and $F_{1,15-C32}$ is between 19 to 10 ka, i.e. a major
308 drop which coincides with an interval of rapid sea level rise (Fig. 2b). Following Menot et al.
309 (2006), we explain the drop in the BIT index, and consequently also the drop in $F_{1,15-C32}$, by the
310 significant sea level rise occurring during this period. Rising sea level flooded the Mozambique
311 plateau, moving the river mouth further away from the core site and establishing more open-
312 marine conditions. This most likely resulted in lower $F_{1,15-C32}$ and BIT values, conditions that
313 remained throughout the Holocene. The decrease in the delivery of terrestrial matter is also
314 seen in element ratios (Fe/Ca) and organic proxies (BIT) in nearby core Geob9307-3 (Scheffuß et
315 al, 2011), which is located closer to the present day river mouth in the Mozambique plateau
316 (Fig. 1a). Likewise, the gradual increase in the BIT index and $F_{1,15-C32}$ between 38 and 21 ka
317 occurred at a time when sea-level was decreasing (Fig 2b., Grant et al., 2014; Rohling et al.,
318 2014) and thus the river mouth came closer to our study site. Furthermore, between 38 and 35
319 ka there is also an increase in precipitation in the catchment as reconstructed by the δD of *n*-
320 alkanes in surrounding sediment cores (Tierney et al., 2008; Scheffuß et al., 2011; Wang et al.,
321 2013a; Fig. 2d). A wetter period may be characterized by increased erosion and a higher river
322 flow, which could bring more C_{32} 1,15-diols and brGDGTs into the marine realm. The decrease of
323 BIT values and $F_{1,15-C32}$ during 40-38 ka coincides with Heinrich event 4 (H4), a cold and dry event
324 in this part of Africa (Partridge et al., 1997; Tierney et al., 2008; Thomas et al., 2009), with dry
325 conditions perhaps leading to a reduced riverine input into the ocean and also a reduced input
326 of brGDGTs and the C_{32} 1,15-diol.



327 Interestingly, there are two periods where BIT and $F_{1,15-C32}$ records diverge (Fig. 2a): during the
328 Younger Dryas (YD; 12.7-11.6 ka) and Heinrich event 1 (H1; 17-14.6 ka) with the BIT index
329 decreasing ca. 1 ky later than $F_{1,15-C32}$. Comparison with the Ca/Ti ratio shows that both during
330 H1 and the YD, the Ca/Ti ratio increased at the same time as the $C_{32} 1,15$ -diol but earlier than
331 the BIT index, suggesting that the latter was influenced by other parameters. The BIT index is
332 the ratio of brGDGTs (produced mostly in soil or in-situ in rivers in our area based on the low
333 values for #ring tetra; Sinninghe Damsté, 2016) over crenarchaeol (produced in marine or
334 lacustrine environments; Schouten et al., 2013 and references cited therein). As both the Ti/Ca
335 ratio and $F_{1,15-C32}$ indicate a decrease in riverine input, a constant BIT index can be explained by
336 two options: a simultaneous decrease in crenarchaeol (marine) production or a change in soil
337 input with higher brGDGT concentrations eroding into the river. The concentration of
338 crenarchaeol during H1 is relatively stable but there is a slight decrease of crenarchaeol during
339 YD (Fig. S2b). Thus, the difference between BIT and $F_{1,15-C32}$ during YD can be partly explained by
340 decreased crenarchaeol production together with a decrease in branched GDGTs due to a
341 reduced river input leading to relatively stable BIT values. In contrast, crenarchaeol and brGDGT
342 concentrations are relatively stable during H1 and thus the lower river influx, as indicated by the
343 Ca/Ti and $F_{1,15-C32}$, apparently did not lead to a decrease in brGDGT input. This could be due to a
344 shift of sources of soil which are eroded in the river, i.e. if in this period there is a shift towards
345 soils with relatively higher brGDGT concentrations, the BIT index would remain high despite a
346 decrease in riverine input.

347 A shift in soil sources may be due to two major changes that happened during this period (and
348 also during the YD), i.e. a shift in catchment area of the Zambezi River (Schefuß et al., 2011, Just



349 et al., 2014) and a shift in the relative influence of the Zambezi River versus northern
350 Mozambique rivers (van der Lubbe et al., 2016). The shift in catchment area is evident from the
351 higher influx of kaolinite-poor soil into the marine system during H1 and YD (Just et al., 2014)
352 coming from the Cover Sands of the coastal Mozambique area (Fig. 3d, blue circle), relative to
353 the kaolinite-rich soils of the hinterlands (Fig. 3d, red circles). If the brGDGT concentrations from
354 the latter region are higher, then this change of soil input could lead to a stable brGDGT flux into
355 the marine environment, despite decreasing Zambezi River runoff. Support for a shift in soil
356 sources comes from the soil pH record reconstructed from brGDGTs, which during the YD shows
357 a shift towards more acidic soils. However, no changes in soil pH are observed during H1.

358 The relative influence of other rivers (Lurio, Rovuma Rivers) relative to the Zambezi River (Fig.
359 3d green circle) was inferred from neodymium isotopes by Van der Lubbe et al. (2016), i.e. more
360 radiogenic rocks are found in the northern river catchments in comparison to the rocks in the
361 Zambezi catchment (Fig. 2b). These authors found that during H1 and YD, the relative
362 contribution of the northern rivers is lower than normal, likely due to drought conditions north
363 of the Zambezi catchment area (Tierney et al., 2008, 2011; Just et al., 2014). These northern
364 rivers run through a catchment containing mainly humid highstand soils, which are different soil
365 types than observed in the catchment area of the Zambezi River (van der Lubbe et al., 2016).
366 Higher brGDGT concentrations in the soils of the catchment areas of the Zambezi River can
367 potentially explain the discrepancy between BIT and $F_{1,15-C32}$, i.e. during H1 and YD there is more
368 input of brGDGT-rich soils from the Zambezi than brGDGT-poor soils from the northern rivers
369 leading to constant BIT values despite a dropping riverine input. Further research examining the



370 brGDGT contents of soils in the different river catchment areas is required to distinguish
371 between the different hypotheses.

372 *4.3. Past variations in riverine input in the Eastern Mediterranean Sea*

373 Like with the Mozambique Channel core, we compared $F_{1,15-C32}$ in core GeoB7702 with other
374 terrigenous proxies: BIT index, $\log(Ca/Ti)$ and strontium isotopes, the latter to infer the relative
375 importance of the Blue Nile and the White Nile as source regions (Fig. 4c-e). The BIT values (data
376 from Castañeda et al., 2010) shows a significant positive correlation with $F_{1,15-C32}$ ($r^2=0.38$, $p <$
377 0.05), while $\log(Ca/Ti)$ shows an negative correlation to $F_{1,15-C32}$, again in agreement with a
378 terrigenous origin of the C_{32} 1,15-diol. $F_{1,15-C32}$ and BIT records show much lower Holocene
379 values compared to pre-Holocene ($12\pm 6\%$ and 0.18 ± 0.06 for the Holocene and $27\pm 11\%$ and
380 0.38 ± 0.11 before the Holocene, respectively), which again can be linked to the sea level rise
381 occurring during the last deglaciation, i.e. our study site was further away from the river mouth
382 and the amount of terrigenous OM reaching the site decreased. Both records show low values
383 during H1 comparable to the Holocene. These low values can be attributed to enhanced aridity
384 in the Nile River catchment (Castañeda et al., 2016) leading to lower river flow and decreasing
385 the amount of terrigenous OM reaching our core site.

386 In this core, there are 3 major discrepancies observed between the BIT index and C_{32} 1,15-diol:
387 (1) during the LGM, between 22-19 ka, where the C_{32} 1,15-diol shows a decrease while the BIT
388 index remains constant, (2) during the onset of the deposition of S1 (6.1-10.5 ka, Grant et al.,
389 2016) where the BIT index decreases later than the C_{32} 1,15-diol, and (3) after 2 ka when the BIT
390 index increases while the C_{32} 1,15-diol decreases. For the LGM the percentage of C_{32} 1,15-diol is



391 decreasing, $\log(\text{Ca/Ti})$ is as well, but the BIT index remains constant indicating that there is no
392 significant decrease in terrigenous OM reaching the core site at that time. There is no significant
393 change in continental climate, based on the findings of Castañeda et al. (2016), suggesting no
394 change in vegetation cover or river flux. This suggests that the change in $F_{1,15-C32}$ is not due to a
395 change in the input of C_{32} 1,15-diol but in other, mainly marine derived, diols, in particular the
396 C_{30} 1,15-diol. An increase in this marine diol will lower the $F_{1,15-C32}$ but if the amount of
397 crenarchaeol is not changing at the same time, the BIT values will remain unaffected.

398 The deposition of S1 is described as a period of increased riverine input leading to stratification
399 and anoxia (Rossignol-Strick et al., 1982). However, an increased river input is neither reflected
400 in the C_{32} 1,15-diol nor in the BIT index, in fact both of them are asynchronously decreasing.
401 Castañeda et al. (2010) showed that the decrease in the BIT index is due to a large increase in
402 crenarchaeol (Fig. S3b), much larger than the increase in brGDGTs, due to increased productivity
403 and preservation. A similar scenario may apply for the diols, i.e. the marine diols (in particular
404 the C_{30} 1,15-diol, data not shown) are also increasing at that time more substantially than the
405 C_{32} 1,15-diol, thus lowering the percentage of C_{32} 1,15-diol. However, there is a difference in
406 timing, i.e. the BIT index decreases slightly later than the C_{32} 1,15-diol (9.1 and 10.5 ka,
407 respectively). The decrease in the C_{32} 1,15-diol coincides with a substantial increase in sea level
408 (Fig. 4b). This increase in sea level will increase the distance between the core site and the river
409 mouth decreasing the amount of terrigenous material reaching the site. This decrease is also
410 visible to some extent in the $\log(\text{Ca/Ti})$ but not in the BIT index. Possibly, like with the
411 Mozambique Channel, the brGDGT fluxes in the river was much higher at that time. Indeed, the
412 Sr isotopes suggest a major shift from a Blue Nile to a White Nile source at this time, with the



413 latter possibly containing more eroded soils with high brGDGT concentrations. This shift in soil
414 sources is also shown in the change towards more acidic soil pH during that period based on the
415 CBT index (Fig. S1d).

416 For the most recent part of the record (0-5 ka), the BIT index increases, while the percentage of
417 C₃₂ 1,15-diol is slightly decreasing. Since log (Ca/Ti) (Fig. 4c) is decreasing at this time, it suggests
418 that river run off was decreasing leading to lower C₃₂ 1,15-diol input but apparently not to a
419 change in the BIT index. The $\delta D_{\text{leaf waxes}}$ (Fig 4.d) shows it was period of increased aridity which
420 was probably the cause of the decreased runoff. The reason the BIT index is increasing rather
421 than decreasing is due to an increase in brGDGT concentration (Fig. 3b), despite evidence for a
422 decrease in river runoff. This can possibly be linked to the amount of vegetation in the Nile
423 catchment, i.e. at that time there was a decrease in vegetation cover (Blanchet et al., 2014,
424 Castañeda et al., 2016) which led to more soil erosion and thus potentially a higher brGDGT flux
425 and a higher BIT index.

426 The results for the Nile core as well as those from the Mozambique Channel illustrate that the
427 C₃₂ 1,15-diol seems a suitable proxy for reconstructing past riverine input into coastal seas.
428 However, our interpretation of the C₃₂ 1,15-diol record relies on the assumption that production
429 of this diol in rivers is not changing with different hydroclimate fluctuations on land, something
430 which needs to be tested. De Bar et al. (2016) showed that the percentage of C₃₂ 1,15-diol in the
431 Tagus river in Portugal did not significantly change over the course of a year, suggesting that this
432 assumption might be valid.

433 **6. Conclusion**



434 We studied core-tops in the Mozambique Channel and two sediment cores, in the Mozambique
435 Channel, off the Zambezi River mouth and in the Eastern Mediterranean Sea, offshore the Nile
436 delta, to test the percentage of C_{32} 1,15 diol as a proxy for riverine input into the marine realm.
437 The surface sediments show that the C_{32} 1,15-diol traces present day riverine input into the
438 Mozambique Channel, supported by the BIT index. In both sediment records, the C_{32} 1,15-diol is
439 significantly correlated with the BIT index showing the applicability of this proxy to trace riverine
440 input, but also showed some discrepancies. This can be explained by the different terrestrial
441 sources of these proxies, i.e. the BIT index is reflecting soil and riverine OM input and the C_{32}
442 1,15-diol is mainly reflecting riverine OM input. Our multiproxy approach shows that the timing
443 of changes in the different terrestrial proxies records can differ due to changes in catchment
444 area or to shifting importance of the different source rivers.

445 **Author contribution**

446 S. S. and J. L. designed the study. J. Lattaud analyzed the surface sediments for diols and GDGT and core
447 GeoB 7702-3 for diols, I. C. sampled and extracted the surface sediments and the sediment cores
448 64PE304-80 and GeoB 7702-3, D. D. analyzed the sediment core 64PE304-80 for diols. H. S. collected the
449 VA core-tops. J. L., S. S., I. C. and J.S. S. interpreted the data. J. L. wrote the manuscript with input of all
450 authors.

451 The authors declare that they have no conflict of interest.

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655 **Figure Legend**

656 **Figure 1.** Map presenting (a) the location of the core-tops (LOCO transect in orange, VA core-
657 tops in blue) and cores (stars), (b) the mean annual salinity, from NOAA 1x1° grid
658 (<http://iridl.ldeo.columbia.edu>), (c) the BIT index (LOCO transect values, VA core-tops from this
659 study), (d) the percentage of C₃₂ 1,15-diol in the core-tops, (e) #ring tetra of the surface
660 sediments (#ring tetra as defined by Sinninghe Damsté 2016), (f) Ternary diagram of C₂₈ (sum of
661 C₂₈ 1,13 and C₂₈ 1,14), C₃₀ (sum of C₃₀ 1,13, C₃₀ 1,14 and C₃₀ 1,15) and C₃₂ (C₃₂ 1,15) diols (LOCO
662 transect in orange, VA core-tops in blue, data from Lattaud et al. 2017 in purple). The maps have
663 been draw using Ocean Data View.

664 **Figure 2.** Organic and lithologic proxy records for core 64PE304-80 and parallel core GIK16160-
665 3. (a) BIT index indicating soil and riverine input (Kasper et al., 2015) and percentage of C₃₂ 1,15-
666 diol tracing riverine input (b) Red Sea Level changes (Grant et al., 2013) (c) log(Ca/Ti) indicating
667 terrestrial input (van der Lubbe et al., 2013), (d) reconstruction of δD precipitation based on leaf
668 wax n-C₂₉ alkane of core GIK16160-3 (Wang et al., 2013), ε ε_{Nd} signatures of the clay fraction
669 document changes in riverine influence (van der Lubbe et al., 2016). The grey bars show the
670 Younger Dryas (YD) and Heinrich event 1 (H1) and 4 (H4).

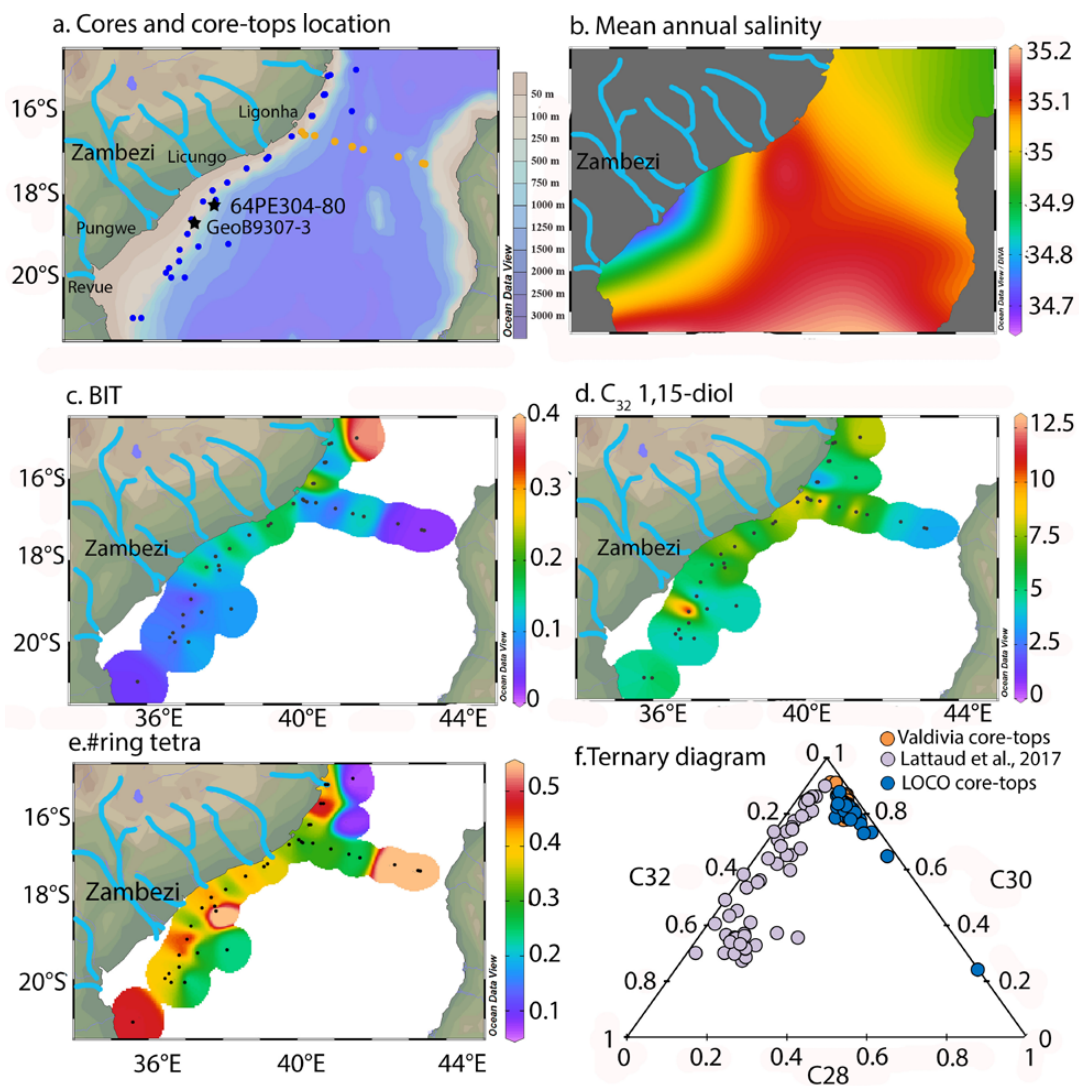
671 **Figure 3.** Sources of riverine input in both area, (a) Location of core GeoB7702-3 (b) Close up
672 location of core GeoB7702-3 and core 9509 (Box et al., 2011) (c) source of the Nile river
673 sediments, Blue Nile: BN, White Nile: WN, Lake Tana: LT, Lake Victoria: LV (from Castañeda et
674 al., 2016) and (d) the Mozambique Channel (red circles shows source areas of the Zambezi river
675 during dry conditions, blue circle shows source area of the Zambezi river during wet conditions



676 (Just et al., 2014), and green circle show northern rivers source area (van der Lubbe et al.,
677 2016)).

678 **Figure 4.** Organic and lithologic proxy records for core GeoB7702-3 and core 9509. (a) BIT index
679 indicating soil and riverine input (Castañeda et al., 2010) and percentage of C₃₂ 1,15-diol tracing
680 riverine input (b) Red Sea Level changes (Grant et al., 2013) (c) log(Ca/Ti) indicating terrestrial
681 input (Castañeda et al., 2016), (d) reconstruction of δD precipitation based on leaf wax n-C₃₁
682 alkane (Castañeda et al., 2016), (e) ⁸⁷Sr/⁸⁸Sr signatures of the sediment core 9509 (offshore the
683 Israeli coast) document changes in riverine influence (Box et al., 2011). The grey bars show the
684 sapropel layer (S1), Younger Dryas (YD), Heinrich event 1 (H1) and the Last Glacial Maximum
685 (LGM).

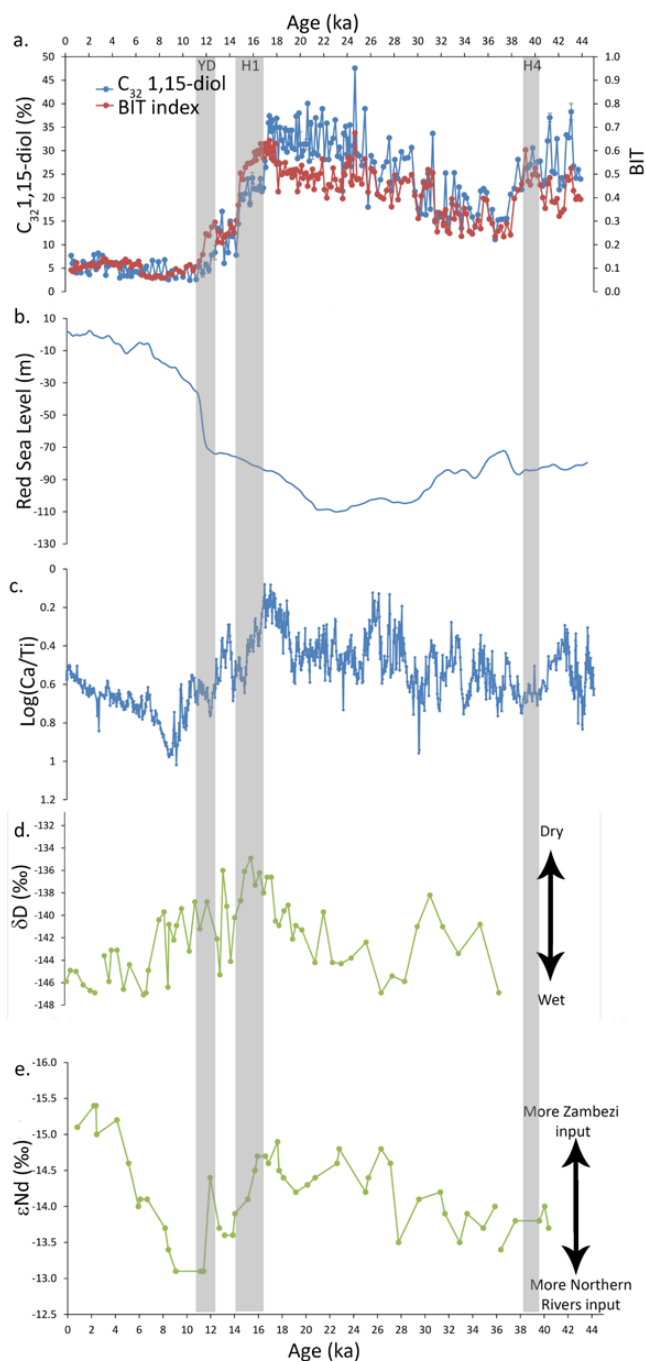
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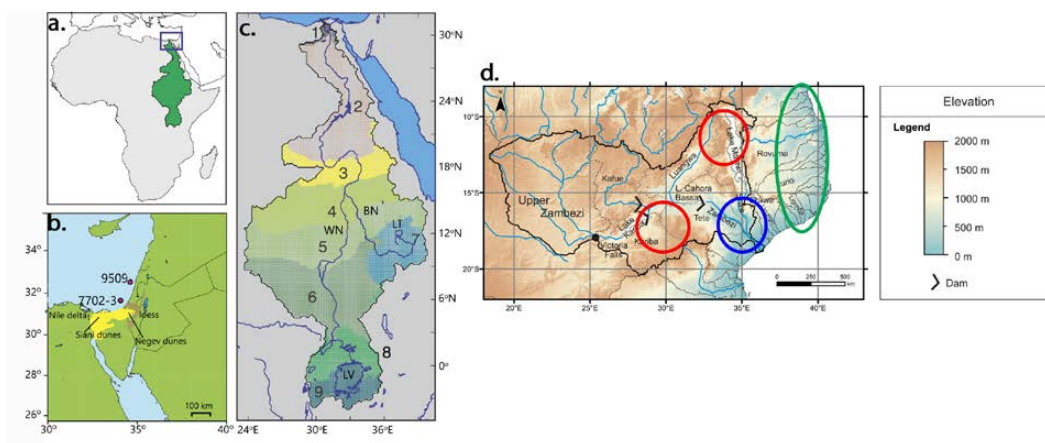
688 Figure 1

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712 Figure 2

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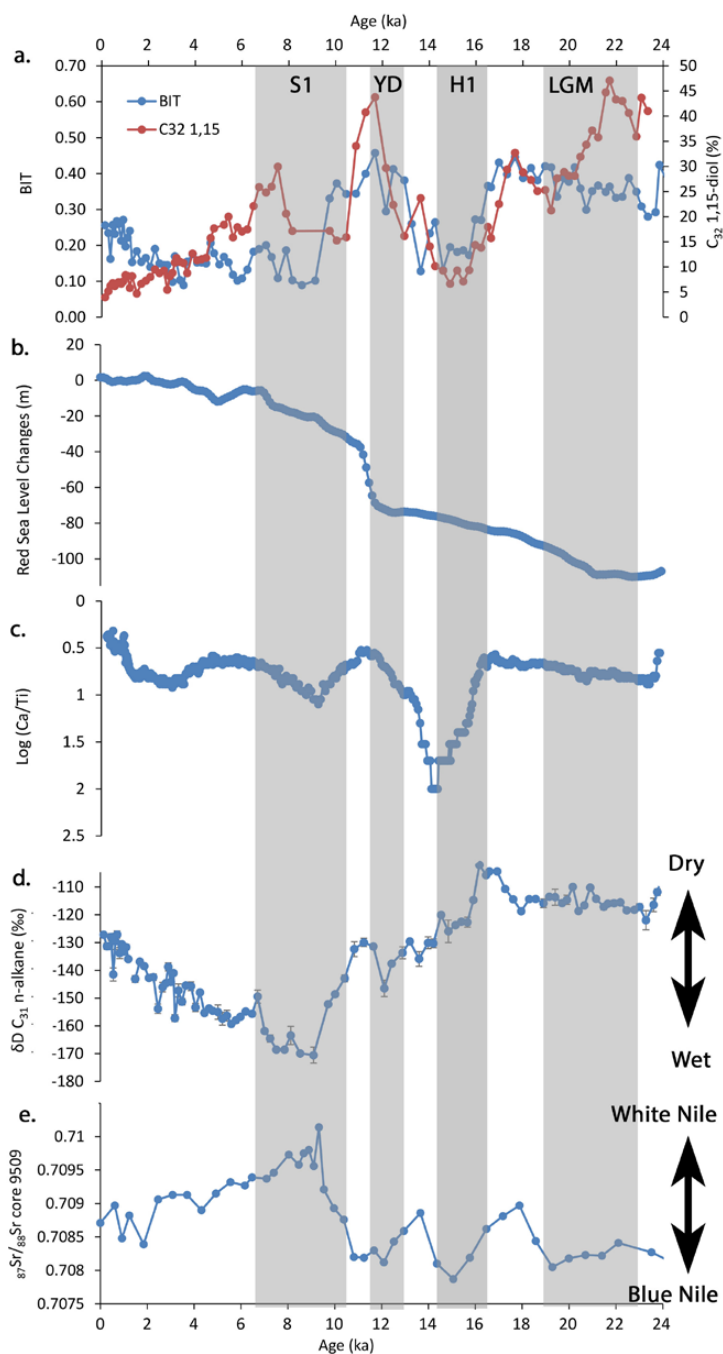


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716 Figure 3

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719 Figure 4