

1 Dear Dr. Zorita, we would like to thank you for giving us the opportunity to respond to  
2 the referees and make the corresponding corrections.

3  
4 Response to the referees  
5 (writings in blue are comments; red are changes made in the text; black are referees  
6 comments)

7  
8 Firstly, we would like to thank the two referees for the constructive comments. These  
9 will increase the quality of the manuscript.

10  
11 General comments :

12  
13 1. I would like to have seen more discussion of dating accuracy in the main text,  
14 particularly given the discussion of sizeable errors of 18, 28 years in lags with the  
15 paleoclimatic comparisons. Also on how well the varves reflect lower frequency climatic  
16 information.

17  
18  
19 1. We agree that additional discussion of dating accuracy should be included in the  
20 main text. Furthermore, it would make it easier for the reader to have this  
21 discussion in the main text body instead of in the supplemental material. This is  
22 now placed in section 2.3. Thanks for this comment.

23  
24 The lower frequency climatic signal in the varve record is seen when a 25-year  
25 low-pass filter is applied to both our record and the millennial MacDonald and  
26 Case (2005) PDO (Supplemental Figure S5). We added a sentence on this:

27  
28 (here p. 20, line 544) The comparison between CBEL and the PDO from  
29 MacDonald and Case (2005) depicts a strong co-variability at longer-frequencies  
30 (25-year low-pass filter applied on those time-series :  $r = -0.69$ , supplementary  
31 Figure S5), suggesting a link between the lower frequency component of the  
32 PDO and the regional climate of the western Canadian Arctic.

33  
34 2. Perhaps some discussion of whether the PDO is the most significant influence to  
35 discuss here, rather than the Arctic Oscillation.

36 While we find that this is a very interesting point, it is not the scope of this paper  
37 to make a link between the AO and PDO, but we agree that this relationship  
38 should be more deeply analysed in modern and instrumental climate studies. We  
39 hope that our work will attract the attention of researcher working on that topic.  
40 Nevertheless, we think the PDO (NPI) and the AO partly share the same signal

41 since they are correlated over the past 100 years ( $r = 0.45$ ). Therefore, we added  
42 some text (highlighted in yellow) in the section mentioning the potential  
43 influence of the AO and we added references that further explain the potential  
44 relationships between the AO and PDO (NPI).

45

46 (p.22, line 582) It has similarly been shown that PDO and Arctic Oscillation (AO) are  
47 useful determinants of precipitation characteristics during summer season in regions of  
48 Alaska (L'Heureux et al., 2004) and positive AO index has been linked to reduced sea-ice  
49 extent and increased atmospheric heat transport into the Arctic (Rigor et al., 2002;  
50 Zhang et al., 2003). The correlation between the AO and the meridional windstress  
51 anomalies (Fig. 6b) yields very similar pattern as the NPI (Fig. 6a). This is not too  
52 surprising, since these two climate indices are significantly correlated during SON (1900-  
53 2015:  $r = 0.45$ ,  $p < 0.0001$ ). Hence the two modes which may share in part the same  
54 signal might constructively interfere to strengthen northerly winds over the Arctic  
55 during AO+ and NPI+, converging with southerly moisture-laden winds from the North  
56 Pacific over the western Canadian Arctic, thereby favoring precipitation in the region  
57 during autumn.

58

59 3. The tree-ring reconstructions of the PDO vary in part because of the different  
60 geographical representation of the sites used in each case. Another PDO  
61 reconstruction based on tree rings is that of Biondi. As a result I believe that they  
62 are best interpreted as reflections of the PDO at their given study sites

63 We totally agree with this comment and since our record looks quite convincing when  
64 correlated to the PC1 of the PDOs used here, this hypothesis makes a lot of sense; We  
65 will thus add this comment to the discussion.

66

67 (p. 19, line 519) These reconstructed PDOs are probably best interpreted as reflections  
68 of the PDO at their given study sites, explaining the lack of co-variability during certain  
69 periods.

70

71 4. Are there perhaps other varve/paleo records in the vicinity of the varve site that  
72 might be more appropriate for comparison?

73 There is one other varve record located nearby, Nicolay Lake (Lamoureux 2000),  
74 Cornwall island, located 470 km northeast of CBEL. It is negatively correlated to  
75 the PC1 of the PDOs at the annual scale ( $R = -0.21$ ,  $p = 0.003$ ) and using a 5 year-  
76 running mean it only increases slightly ( $R = -0.28$ ). This record is shorter : 500  
77 years. Moreover, compared to Cape Bounty, we have a less comprehensive  
78 knowledge of the processes occurring within Nicolay Lake's watershed. Nicolay  
79 Lake system seems to working differently, and has so far been shown to be  
80 mainly sensitive to rainfall events. Therefore, we think it is not appropriate to

81 compare the two records in this paper, although we are planning on going back  
82 to Nicolay Lake to apply the new techniques (XRF, Grain-size from thin-sections)  
83 that have been developed since Nicolay Lake has been investigated in the 90s.

84 5. Good to note the issue of seasonality – trees reflect conditions during different  
85 seasons than the varves..also that the dating is more precise

86 Ok, thanks.  
87

88 6. Some (mostly light) editing of English would benefit the manuscript

89 We have edited the english of the whole manuscript. Thank you.  
90

91

92 Minor points :

93

94 Abstract: References ok in abstract?

95 - References in the abstract were removed. Thank you.

96 Line 9, reword to note that negatively correlated with instrumental for past century,  
97 recons over past centuries to 700 years..

98 - Ok. We reworded the negative correlation for the past century (instrumental)  
99 and for the last 7 centuries (reconstructed-PDO).

100 (p. 11, line 338) This paper investigates an annually laminated (varved) record from  
101 the western Canadian Arctic and finds that the varves are negatively correlated with  
102 both the instrumental Pacific Decadal Oscillation (PDO) during the past century and  
103 also with reconstructed PDO over the past 700 years

104 P. 3 line 7 ENSO references by Rob Allan, Hadley Centre relevant here

105 - ENSO : added reference by Rob Allan, thank you.

106 Allan, R., Lindesay, J., and Parker, D.: El Niño southern oscillation & climatic  
107 variability, CSIRO publishing, 1996, 406 pages.

108

109 p. 3 line 20 show varve site on map.

110 Done. Thanks.

111

112 How far from Mould Bay?

113

114 - Cape Bounty East Lake is 320 km southeast of Mould Bay : added in the  
115 methods, section 2.2. Thank you.

116 p. 4 line 16 Mantua, 1997

117 - Mantua is now added before (1997). Thanks.

118 p. 5 first paragraph: good to discuss errors in dating a bit here in main text..

119 - Ok, a discussion on errors in dating is added for this 2.3 section

120 p. 6 line 2: MSLP not mslp

121 - MSLP is now being used instead of mslp, thank you.

122 p. 6 line 22: inference not clear re erosive bed and how this relates to first part of  
123 sentence

124 - erosive bed : we reformulated this sentence :

125 (p. 19, line 515) For the time interval 1300-1900 CE, a single 1.34 cm thin erosive bed  
126 is evident in the sedimentary record (Supplemental Text 1, Supplementary Fig. S4),  
127 making the comparison of the CBEL varve thickness (VT) with other paleo-PDOs  
128 acceptable  
129

130 p. 6 line 26: what are the loadings of the three recons in PC1?

131 - Factor loadings of the PC1 are 0.58 (D'Arrigo et al. 2001), 0.68 (Gedalof and Smith  
132 2001) and 0.65 (MacDonald and Case 2005). This is now included in the main text;  
133 highlighted in yellow.

134 p. 7 line 1 18 year lag: this seems like a rather large offset. 7 line 10: ditto 28 year lag..

135

136 - The 18 and 28 year lag are indeed large offsets. Unfortunately, in varves studies  
137 from the Arctic (and probably in other environment), it is clear that missing  
138 and/or adding extra varves might occur (Ojala et al. 2012; full citation found in  
139 the text).

140 Also, in arctic areas, the hypothesis that the upper part of a lake was ice-frozen for  
141 years can not be ruled out. If this would occur, no clastic input would reach the lake  
142 bottom, making offsets unavoidable. The huge lack of similar high-resolution records  
143 in this region impedes a more reliable chronological control. Nevertheless, as  
144 explained in the text, all of the present-day teleconnection using instrumental and  
145 reanalysis correlations support our assertion that this region is influenced by these  
146 climate modes.

147  
148  
149

150 Reviewer 2

151 We would like to thank the referee 2 for the detailed comments.

152

153 General comments :

154 I think this is a potentially nice study on the influence of PDO on Western Canadian  
155 Arctic and on the mechanisms relating PDO and a varved record. However the main  
156 concern with the paper is that the authors do not clearly state their objectives and the  
157 links between the paper sections. At the end of the introduction we do not know if the  
158 paper is mostly a comparison between a varved record and PDO obser-  
159 vations/reconstructions or if the authors want to study the PDO influence over the last  
160 century with correlations.

161 We tried to clarify the text in order to better explain that we make a comparison of a  
162 varved record with PDO observations/reconstructions, AND (and not or) that this  
163 observation leads us to suggest that PDO had an influence over the Western Arctic over  
164 the last centuries.

165 (p.13, line 384) Here, instrumental and reanalysis meteorological data combined with  
166 sedimentological evidence highlight that this remote region is influenced by the PDO.

167 The main objectives are now displayed more thoroughly in the introduction. Thank you.

168

169 (p. 12, line 373) In the recent years, several varved records have been established in the  
170 Arctic (at Cape Bounty: Cuven et al. (2011); Lapointe et al. (2012), at South Sawtooth  
171 Lake: Francus et al. (2008), at Lake C2: Douglas et al. (1996), at Murray Lake: Besonen et  
172 al. (2008) and Lower Murray Lake: Cook et al. (2009)) in order to investigate past climate  
173 variations. Amongst them, the Cape Bounty record is most probably the best  
174 documented because it has been supported by climate, hydrological, and limnological  
175 research at the Cape Bounty Arctic Watershed Observatory since 2003. The annual  
176 nature of this sedimentary record, its duration (700 years), and the above-average  
177 quality of its chronology opens the opportunity to investigate (1) correlations with  
178 instrumental records, (2) cyclicities of this record by time-series analysis, (3)

179 teleconnections with major climate indices, and (4) the long-term influence of the  
180 climate mode of variability on the western Canadian Arctic.  
181

182

183 Specific comments

184 The abstract must be reworded. This is mostly a comparison between a varved record  
185 and PDO observations/reconstructions (P 2 L 6. "Here, sedimentological evidence from  
186 an annually laminated (varved) record highlights that North Pacific climate vari- ability  
187 has been a persistent regulator of the regional climate in the western Cana- dian  
188 Arctic."). The conclusion of the abstract (P 2 line 15-20) says nothing on the  
189 results/implications of THIS paper. (PS Now that I have finished to read the paper I have  
190 partially changed my mind on this comment, however I see that the problem is that you  
191 do not clearly state your objectives and the methods you apply to reach them)

192 We feel that the abstract is correct but we rewrote parts of it (highlighted in yellow).

193 Section 2.2. You must describe here your data. Not at the end of the introduction which  
194 is the place for objectives.

195

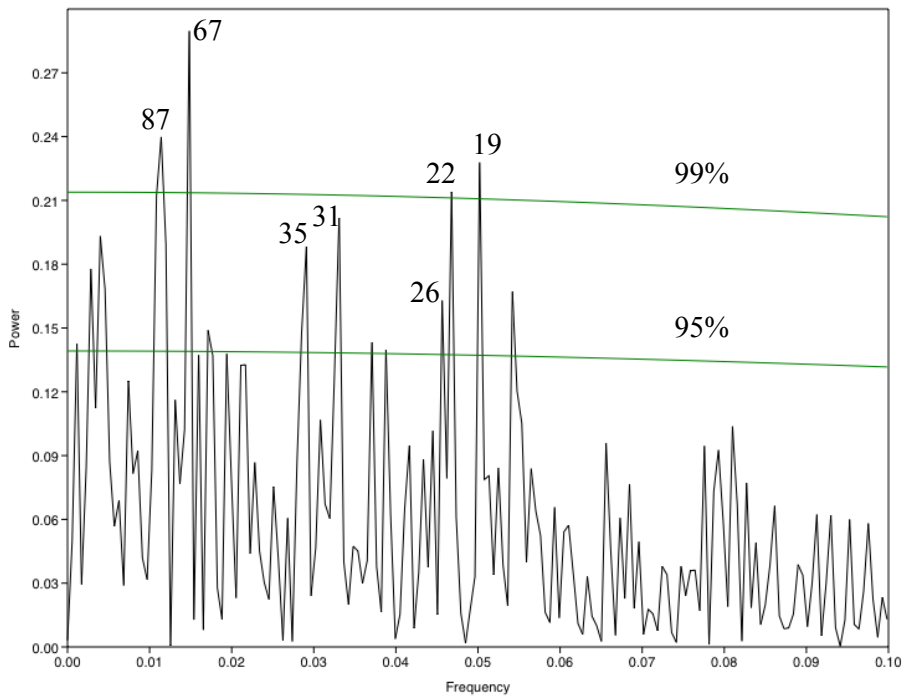
196 - Section 2.2: this sections has been changed; the last paragraph of the  
197 introduction was transferred in a new section 2.1 (highlighted in yellow). Thanks.  
198

199 Section 3.3. Do you think that the spectral analysis can also be influenced by the origin  
200 of the data (tree-rings, varved records) and not only by the modes? For example, you  
201 use a box-cox transformation to stabilize variance in your time series. What do you get  
202 in terms of spectral analysis if this transformation is not applied?

203

204 - Yes it can. Since these are annual archives they use to have significant spectra at  
205 higher frequencies range (1-5 year cycles), that might be confused with white  
206 noise. However, for the longer variability (>10 years), should not have such an  
207 impact.  
208

209 Using the raw data and applying spectral analysis, we get similar results (see below) :  
210 the decadal (19-26) and multidecadal (67-87) signals are also observed.  
211



212  
213  
214

Spectral analysis using the raw varve thickness series.

215 P 2 Line 10. “suggesting drier conditions during high PDO phases” P 2 Line 14. “A re-  
216 duced sea-ice cover during summer is observed in the region during PDO- (NPI+)” I do  
217 not understand. PDO is negatively correlated to precipitation but positively correlated  
218 to sea-ice cover during summer? Could you please simplify and clarify the description of  
219 the processes?

220 - we agree that this sentence is hard to understand and we have re-write this sentence  
221 (highlighted in yellow).

222

223 (p. 11, line 348) Reduced sea-ice cover during summer-autumn is observed in the region  
224 during PDO- (NPI+) and is associated with low-level southerly winds that originate from  
225 the northernmost Pacific across the Bering Strait and can reach as far as the western  
226 Canadian Arctic.

227

228 P 3 Line 16. It is really not clear what these correlations indicate, where we can see  
229 these correlations and why you speak of this in the introduction.

230

231 - Where we can see these correlations : Figure 2. Why you speak of this in the  
232 introduction : This has been removed from the introduction.  
233

234 P 3 L 20. this paragraph is material and not introduction.

235  
236 - This has been moved to the material section. It is indeed better into the  
237 material, thanks for this suggestion.  
238

239 P 7 L 5. “When a 5-year running mean is applied on the series, the coherence between  
240 both records is much stronger (Fig. 4b:  $r = -0.39$ ).” This is probably not true. You must  
241 take into account the reduction of degrees of freedom due to smoothing. Same  
242 comment for the line just after.

243 - P7 L5 : 5 year-running mean : We agree that we must take into account the  
244 degrees of freedom. However, all the annual PDOs, including the PC1, are  
245 correlated significantly without any smoothing. In that respect, we applied a 5  
246 year running mean because it makes sense for comparison purposes since the  
247 PDO is a decadal to multidecadal mode of variability.  
248  
249

250 P 8 L 18. “Hence the two modes, during AO+ and NPI+, might constructively interfere to  
251 strengthen northerly winds over the Arctic,” I do not know if they “constructively  
252 interfere” or if they share in part the same signal.

253 - P8 L18. We totally agree with this comment that the AO and NPI might share the  
254 same signal. We added this in our text as suggested by referee 1.  
255

256 P 10 L 8. “suggesting some potential for decadal-scale climate prediction.” Could you  
257 please further elaborate?

258 We added this sentence to make it clearer

259 (p. 25, line 645) Given the oscillatory nature of the PDO, there is some potential for  
260 improved constraint over decadal-scale climate prediction using the kind of sedimentary  
261 record shown here. In that sense, more high-resolution records with longer timescales  
262 from this region could be beneficial for future PDO projection.  
263  
264



265 Technical corrections

266 P 4 L 14. the sentence must be replaced with “a dataset that provides robust  
267 observations”

268 - Done. Thank you.

269

270 P 4 L 15. “The PDO as defined in (1997)” By whom?

271

272 - P4 L15 : In Mantua. This has been added, thanks.  
273

274 P 4 L 17. “A second PDO index, based on the Extended Reconstructed Sea Sur- face  
275 Temperature (ERSSTv4) dataset . . . was constructed by regressing the ERSSTv4  
276 anomalies against the Mantua PDO index using the period of overlap, resulting in a PDO  
277 regression map for North Pacific ERSST anomalies.” Sentence to be reworded.

278

279 - P4 L17 : sentence rewritten.

280 (p.420, line 14) A second PDO index was constructed by regressing the Extended  
281 Reconstructed Sea Surface Temperature (ERSSTv4) (Huang et al., 2015) temperature  
282 anomalies against the Mantua PDO index during the period of overlap. This resulted  
283 in a PDO regression map for North Pacific ERSST anomalies. This index closely  
284 resembles the Mantua PDO index.  
285

286 P 5 L 13. Dee et al 2011. Reference not well cited.

287 Ok done. Thank you.

288 Dee, D., et al.: The ERA-Interim reanalysis: Configuration and performance of the data  
289 assimilation system, Q. J. R. Meteorol. Soc. , 137, 553-597, doi : 10.1002/qj.828, 2011.

290 P 8 L 14. “It has been shown that PDO and Arctic Oscillation (AO) when both are in a  
291 positive increase summer precipitation in regions of Alaska (L’Heureux et al., 2005).”  
292 Something wrong in the sentence?

293

294 - P8 L 14. This sentence has been reworked and highlighted in yellow.

295 (p. 22, line 585) It has similarly been shown that PDO and Arctic Oscillation (AO) are  
296 useful determinants of precipitation characteristics during summer season in regions of

297 Alaska (L'Heureux et al., 2004) and positive AO index has been linked to reduced sea-ice  
298 extent and increased atmospheric heat transport into the Arctic (Rigor et al., 2002;  
299 Zhang et al., 2003). The correlation between the AO and the meridional windstress  
300 anomalies (Fig. 6b) yields very similar pattern as the NPI (Fig. 6a). This is not too  
301 surprising, since these two climate indices are significantly correlated during SON (1900-  
302 2015:  $r = 0.45$ ,  $p < 0.0001$ ). Hence the two modes which may share in part the same  
303 signal might constructively interfere to strengthen northerly winds over the Arctic  
304 during AO+ and NPI+, converging with southerly moisture-laden winds from the North  
305 Pacific over the western Canadian Arctic, thereby favoring precipitation in the region  
306 during autumn.

307

308 P 8 L 17. "albeit slightly less significant results" ???

309

310 - P8 L17. This has been removed. Thanks.

311

312

313 Figure 1. c shows time series and not correlations.

314 Figure 2. c shows time series and not correlations.

315 - Figure 1 and 2 c : thanks we changed them correctly.

316

317 Figure 3. I do not understand from the legend if one time series was shifted by 2 years.

318

319 - Figure 3 : Yes, the CBEL was shifted 1 year (not 2 years), but there is no lag  
320 compared to the NPI (Figure S2). This is now in the text.

321

322 (p. 18, line 509) The sedimentary varve record gives support to these instrumental  
323 climate observations. Annual coarse grain-size (98<sup>th</sup> percentile) (Lapointe et al., 2012) is  
324 negatively correlated with the instrumental PDO (Mantua et al., 1997) during the last  
325 100 years (no lag:  $r = -0.26$ ,  $p = 0.01$ , maximum correlation at 1-year lag:  $r = -0.31$ ,  $p =$   
326  $0.001$  and  $r = -0.84$  using a 10-year low-pass filter, Fig. 3), suggesting thicker varves  
327 (deposits) during PDO-. A similar correlation is found between instrumental NPI  
328 (Trenberth and Hurrell 1994) and coarse grain-size at CBEL (Fig. S2 :  $r = 0.30$ ,  $p = 0.003$ ;  
329 no lag).

330

331

332

333

334

335 **Abstract**

336 It is well established that the Arctic strongly influences global climate through positive  
337 feedback processes, one of the most effective being the sea-ice – albedo feedback.  
338 Understanding the region’s long-term sensitivity to both internal and external forcings is  
339 required to better forecast future global climate variations. This paper investigates an  
340 annually laminated (varved) record from the western Canadian Arctic and finds that the  
341 varves are negatively correlated with both the instrumental Pacific Decadal Oscillation  
342 (PDO) during the past century and also with reconstructed PDO over the past 700 years,  
343 suggesting drier Arctic conditions during high PDO phases, and vice-versa. These results  
344 are in agreement with known regional teleconnections whereby the PDO is negatively  
345 and positively correlated with summer precipitation and mean sea level pressure,  
346 respectively. This pattern is also evident during the positive phase of the North Pacific  
347 Index (NPI) in autumn. Reduced sea-ice cover during summer-autumn is observed in the  
348 region during PDO- (NPI+) and is associated with low-level southerly winds that  
349 originate from the northernmost Pacific across the Bering Strait and can reach as far as  
350 the western Canadian Arctic. These climate anomalies are associated with the PDO-  
351 (NPI+) phase and are key factors in enhancing evaporation and subsequent precipitation  
352 in this region of the Arctic. As projected sea-ice loss will contribute to enhanced future  
353 warming in the Arctic, future negative phases of the PDO (or NPI+) will likely act to  
354 amplify this positive feedback. Collectively, the sedimentary evidence suggests that  
355 North Pacific climate variability has been a persistent regulator of the regional climate in  
356 the western Canadian Arctic.

357 **1 Introduction**

358

359 In the North Pacific region, the Pacific Decadal Oscillation (PDO) is the major  
360 mode of multi-decadal climate variability (Mantua et al., 1997). The PDO can be  
361 described as a long-lived El Niño/Southern Oscillation (ENSO)-like pattern of Pacific sea  
362 surface temperature (SST) variability (Allan et al., 1996; Zhang et al., 1997), or as a low-  
363 frequency residual of ENSO variability on multi-decadal time scales (Newman et al.,  
364 2003). During the warm (positive) PDO phase (PDO+), regions of southeast Alaska, the  
365 southwestern US and Mexico generally have increased winter precipitation, whereas  
366 drier conditions are observed in southern British Columbia and the Pacific Northwest  
367 US. During PDO- conditions are essentially reversed (Mantua and Hare 2002). To date,  
368 little is known, however, about the influence of the PDO on the climate of the Canadian  
369 Arctic. Indeed, the impacts of large-scale mode of climate variability in this region have  
370 not been documented because of the lack of 1) reliable meteorological datasets, which  
371 generally don't extend prior to 1950, and 2) annually-resolved climate archives.

372 In the recent years, several varved records have been established in the Arctic  
373 (at Cape Bounty: Coven et al. (2011); Lapointe et al. (2012), at South Sawtooth Lake:  
374 Francus et al. (2008), at Lake C2: Douglas et al. (1996), at Murray Lake: Besonen et al.  
375 (2008) and Lower Murray Lake: Cook et al. (2009)) in order to investigate past climate  
376 variations. Amongst them, the Cape Bounty record is most probably the best  
377 documented because it has been supported by climate, hydrological, and limnological  
378 research at the Cape Bounty Arctic Watershed Observatory since 2003. The annual  
379 nature of this sedimentary record, its duration (700 years), and the above-average

380 quality of its chronology opens the opportunity to investigate (1) correlations with  
381 instrumental records, (2) cyclities of this record by time-series analysis, (3)  
382 teleconnections with major climate indices, and (4) the long-term influence of the  
383 climate mode of variability on the western Canadian Arctic. Here, instrumental and  
384 reanalysis meteorological data combined with sedimentological evidence highlight that  
385 this remote region is influenced by the PDO.

## 386 **2 Materials and methods**

### 387 **2.1 Study site**

388 Cape Bounty East Lake (hereafter CBEL, 5 m asl, Fig. 1 black asterisk) is located  
389 on southern Melville Island in the Canadian Western High Arctic (74° 53' N, 109° 32'W).  
390 CBEL is a small (1.5 km<sup>2</sup>) and relatively deep (32 m) monomictic freshwater lake. The  
391 lake has ice cover for 10-11 months of the year and has one primary river inflow. CBEL  
392 has been monitored since 2003 as part of comprehensive hydrological and limnological  
393 studies that revealed the nature of sediment delivery and deposition in this setting  
394 (Cockburn and Lamoureux, 2008; Lamoureux and Lafrenière, 2009; Lewis et al., 2012).  
395 Fluvial input to the lake occurs mainly during June and July during spring snowmelt and  
396 also due to major rainfall events generally later in the summer season (Dugan et al.,  
397 2009; Lapointe et al., 2012; Lewis et al., 2012). Previous studies (Cuven et al., 2011;  
398 Lapointe et al., 2012) demonstrated the presence of clastic varves in the lake and  
399 documented the past hydroclimatic variability using the physical and geochemical  
400 properties of the varve sequence. Finally, seismic profiles of the lake bottom revealed  
401 that the coring site used in Lapointe et al. (2012) and Cuven et al. (2011) was located

402 away from mass movement deposits, therefore well suited for paleoclimatic  
403 investigations (Normandeau et al., 2016a, Normandeau et al., 2016b).

404

405

406 2.2 Observational climate data

407

408 To understand the recent relationship between the Western Canadian Arctic  
409 climate and the PDO, a one-point correlation map was calculated using the Pearson's  
410 correlation. These were prepared using the Climate Explorer tool that is managed by the  
411 Royal Netherlands Meteorological Institute (Trouet and Van Oldenborgh, 2013; Van  
412 Oldenborgh and Burgers, 2005). Precipitation, sea-level pressure, temperature and sea-  
413 ice anomalies were obtained from the ERA-Interim reanalysis (Dee et al., 2011), a  
414 dataset that provides robust observations of mean temperature and precipitation in the  
415 Canadian Arctic (Lindsay et al., 2014; Rapaic et al., 2015). For zonal and meridional wind,  
416 the NCEP-NCAR (Kalnay et al., 1996) which cover the period 1950-2016 was used. The  
417 PDO as defined in Mantua (1997) is derived as the leading principal component of  
418 monthly SST anomalies in the North Pacific Ocean, poleward of 20°N. A second PDO  
419 index was constructed by regressing the Extended Reconstructed Sea Surface  
420 Temperature (ERSSTv4) (Huang et al., 2015) temperature anomalies against the Mantua  
421 PDO index during the period of overlap. This resulted in a PDO regression map for North  
422 Pacific ERSST anomalies. This index closely resembles the Mantua PDO index. The NPI is  
423 described as the area-weighted sea-level pressure over the region 30°N-65°N, 160°E-  
424 140°W (Trenberth and Hurrell, 1994). Finally, the Arctic Oscillation Index, representing  
425 the leading Empirical Orthogonal Function (EOF) of monthly mean 1000 hPa

426 geopotential height anomalies over 20°-90° N latitude (Thompson and Wallace 1998)  
427 was used. Finally, the Mould Bay weather station record, located 320 km northwest of  
428 CBEL, was extracted from:  
429 [http://climate.weather.gc.ca/historical\\_data/search\\_historic\\_data\\_e.html](http://climate.weather.gc.ca/historical_data/search_historic_data_e.html).

430

### 431 2.3 Chronological control

432 The methods used to count varves rely on both visual examination of thin  
433 sections and the use of ~ 7000 microscopic images (1024 X 768 µm) obtained using a  
434 scanning electron microscope in backscatter mode. This technique allows for the  
435 reliable identification of thin varves (< 0.4 mm), thus decreasing the chances of missing  
436 thin varves (Ojala et al., 2012). The chronology of the recent part of the record was also  
437 confirmed by radiometric dating ( $^{137}\text{Cs}$  and  $^{210}\text{Pb}$ ) (Cuven et al., 2011). Counts were  
438 made by two different users and yielded very similar results in the upper part (above  
439 167 cm), in which the first 925 varves are present (1075 CE). The error between the two  
440 counts is estimated to be less than 1.2% (Lapointe et al., 2012), a very good number  
441 compared to other similar records (Ojala et al., 2012). Overall, the counts were very  
442 consistent since 244 CE implying that the varves from CBEL are well-defined and  
443 unambiguous (Lapointe et al., 2012). Only three coarse layers, dated 1971 CE (Lapointe  
444 et al. 2012), 1446 CE (Supplementary Fig. S4) and 1300 CE (Fig. S6), are found in the  
445 1750-year long sequence. These are the sole discernible features that have likely caused  
446 minor erosion in the sedimentary record from 1300-2000 CE (Figs. S4, S6). Moreover,  
447 CT-scans of the core record did not reveal any unconformities. Finally a recent acoustic

448 survey revealed that the coring site was devoid of mass movement deposits  
449 (Normandeau et al., 2016). In brief, all these features are suggesting that the CBEL  
450 sedimentary record is minimally affected by erosion (Cuven et al., 2011; Lapointe et al.,  
451 2012).

452

#### 453 2.4 Proxy data

454

455 Varve thickness and grain-size data (Lapointe et al., 2012), available from the NOAA  
456 paleoclimate database, were linearly detrended. A Box-Cox transformation was then  
457 used to stabilize variance in the time series (note that the use of both no transformation  
458 or a log-transformation of the time series yielded similar results). The data were  
459 normalized to allow for a comparison with other time series. Three PDO reconstructions  
460 (D'Arrigo et al., 2001; Gedalof and Smith, 2001; MacDonald and Case, 2005) were used  
461 for comparison with the CBEL record. Spectral analyses were carried out using REDFIT  
462 (Schulz and Mudelsee, 2002) and wavelet analyses were performed with the software R  
463 (Team, 2008) using the package biwavelet (Gouhier and Grinsted, 2012). For wavelet  
464 analysis the interval 244-2000 CE was analysed as the lake was fully isolated by  
465 glacioisostatic uplift from the ocean after 244 CE (Cuven et al., 2011; Lapointe et al.,  
466 2012).

467

### 468 3 Results

469

#### 470 3.1 Instrumental teleconnections



471           Several key climate indices demonstrate the present-day influence of the PDO on  
472 the western Canadian Arctic. The correlation between the PDO index (Mantua et al.,  
473 1997) based on ERSSTv4 (Huang et al., 2015) and sea-ice cover (Dee et al., 2011) is  
474 positive during summer and autumn over the region (Figures 1a, S1). An anomalous  
475 surface high-pressure system develops in the vicinity of southern Melville Island from  
476 July to September (JAS) (Figure 1b) during positive PDO phases (PDO+). The PDO index is  
477 also inversely correlated with summer rainfall from the nearest continuous weather  
478 station, Mould Bay (Figure 1c), implying drier (wetter) conditions during the positive  
479 (negative) phase of the PDO ( $r = -0.47$ ,  $p < 0.0001$ ). This suggests that PDO-related  
480 atmospheric circulation anomalies significantly affect the climate of this region (Fig. 1).

481

482           Another important teleconnection is revealed in the spatial correlation between  
483 PDO and mean sea level pressure (MSLP) during winter (Fig. 1d). The mid-to high-  
484 latitude manifestation of the PDO includes a wave train that is characterized by a  
485 deepening of the Aleutian Low and a high-pressure system to the northeast over the  
486 Canadian Arctic during PDO+, somewhat reminiscent of the Pacific - North America  
487 pattern PNA (Wallace and Gutzler, 1981), and most prominent during the positive phase  
488 of ENSO. Melville Island is located at the core of this teleconnection wave train, and is  
489 ideally located to sample extremes of the PDO as they are expressed as significant  
490 departures of MSLP during each phase (Fig. 1d). The existence of a persistent anomalous  
491 high-pressure system over this area during the PDO+ is indicative of drier than average  
492 conditions in the region, while negative MSLP anomalies during the negative PDO phase

493 (PDO-) likely reflect the more frequent passage of low-pressure systems and the  
494 increased likelihood of precipitation (Fig. 1c).

495  
496 The western Canadian Arctic is also strongly influenced by the North Pacific  
497 Index (NPI) during September-November (SON) (Fig. 2). The NPI is a more direct  
498 measure of the strength of the Aleutian Low (Trenberth and Hurrell, 1994) and has been  
499 shown to be part of the PDO North Pacific teleconnection (Schneider and Cornuelle,  
500 2005). A weakened Aleutian Low (increased MSLP) is seen in the Pacific during times of  
501 positive NPI (NPI+), as is the case during PDO-. Meanwhile, an anomalous low-pressure  
502 system is observed over the western Canadian Arctic (Fig. 2a), consistent with an  
503 increased likelihood of precipitation (Fig. 2b). This is confirmed by the correlation  
504 between snow depth recorded at Mould Bay and the NPI (Fig. 2c).

505

### 506 **3.2 Comparison with instrumental and paleo-PDO records**

507 The sedimentary varve record gives support to these instrumental climate  
508 observations. Annual coarse grain-size (98<sup>th</sup> percentile) (Lapointe et al., 2012) is  
509 negatively correlated with the instrumental PDO (Mantua et al., 1997) during the last  
510 100 years (no lag:  $r = -0.26$ ,  $p = 0.01$ , maximum correlation at 1-year lag:  $r = -0.31$ ,  $p =$   
511  $0.001$  and  $r = -0.84$  using a 10-year low-pass filter, Fig. 3), suggesting thicker varves  
512 (deposits) during PDO-. A similar correlation is found between instrumental NPI  
513 (Trenberth and Hurrell 1994) and coarse grain-size at CBEL (Supplementary Fig. S2 :  $r =$   
514  $0.30$ ,  $p = 0.003$ : no lag).

515 For the time interval 1300-1900 CE, a single 1.34 cm thin erosive bed is evident  
516 in the sedimentary record (Supplementary Text 1, Supplementary Fig. S4), making the  
517 comparison of the CBEL varve thickness (VT) with other paleo-PDOs acceptable. The  
518 three reconstructed PDOs (MacDonald and Case 2005, Gedalof and Smith 2001, D'Arrigo  
519 et al. 2001) show periods of high coherency, but there are periods of low consistency  
520 between them (Fig. 4a-c), as reported in the literature (Kipfmüller et al., 2012; Wise,  
521 2015). These reconstructed PDOs are probably best interpreted as reflections of the  
522 PDO at their given study sites, explaining the lack of co-variability during certain periods.  
523 To better explain the variance in the paleo-PDO time series, a principal component  
524 analysis (PCA) was performed on the three reconstructed PDOs. The PC1 (Fig. 4d)  
525 explains 51% of the variability (loadings factors: 0.58 (D'Arrigo et al. 2001), 0.68  
526 (Gedalof and Smith 2001) and 0.65 (MacDonald and Case 2005)) and its highest  
527 correlation with VT is achieved with an 18 year lag (Fig. S3:  $r = -0.29$ ,  $p < E-5$ ). Given the  
528 present-day teleconnection (Figs. 1-2) and the overall co-variability between the  
529 instrumental PDO and the CBEL record (Fig. 3), this lag is likely due to intrinsic errors of  
530 varve chronologies (Ojala et al., 2012) rather than a mechanistic phase shift. When  
531 applying a 5-year running-mean on the series the co-variability is striking ( $r = -0.48$ ),  
532 especially from 1750-1900 ( $r = -0.68$ ). From 1600-1900, annual correlation between  
533 Gedalof and Smith (2001) and the CBEL record is significant ( $r = -0.21$ ,  $p < 0.001$ ). When  
534 a 5-year running mean is applied on the series, the coherence between both records is  
535 much stronger (Fig. 4b:  $r = -0.39$ ). This is also the case when comparing the CBEL VT  
536 record to the D'Arrigo et al. (2001) PDO (Fig. 4c, annual correlation:  $r = -0.25$ ,  $p < 0.001$ ;

537 5 yr-running mean:  $r = -0.29$ ). The correlation of the CBEL record to the PDO from  
538 MacDonald and Case for the period 1446-1900 is also significant (annual correlation:  $r =$   
539  $-0.24$ ,  $p < E-7$ , 5 year-running mean:  $r = -0.39$ ). For the period encompassing 1300-1446  
540 CE, the records are significantly correlated with a 28 year-lag. This broader lag is likely  
541 related to erosion produced by a high-energy event (second largest layer of the record)  
542 dated at  $\sim 1446$  CE (Fig. S4). When shifting our record back by 28 years, a high co-  
543 variability exists between both records (Figs. 4a, S5). The overall annual correlation with  
544 the MacDonald and Case (2005) index is slightly improved during the pre-industrial  
545 interval 1300-1845 CE (Figs. 4a: annual correlation:  $r = -0.27$ ,  $p < E-10$ ,  $r = -0.43$  (5-year  
546 running-mean). The comparison between CBEL and the PDO from MacDonald and Case  
547 (2005) depicts a strong co-variability at longer-frequencies (25-year low-pass filter  
548 applied on the two time-series :  $r = -0.69$ , supplementary Figure S5), suggesting a link  
549 between the lower frequency component of the PDO and the regional climate of the  
550 western Canadian Arctic.

551

### 552 **3.3 Spectral content of the 244-2000 CE period**

553 To further support the link between the Cape Bounty sequence and the PDO  
554 (NPI), spectral analysis of the entire VT record for the 244-2000 CE period found  
555 significant ( $> 99\%$  confidence level (CL); Fig. 5a) spectral peaks at  $\sim 19-26$  and at 62 years  
556 that are consistent with those found in the high-frequency (19-25 year) and also the  
557 lower frequency range (50-70 year) of the PDO (Chao et al., 2000; Latif and Barnett,  
558 1996; Mantua and Hare, 2002; Minobe, 1997; Tourre et al., 2005). The 2-4 year-cycle in

559 the VT could be linked to ENSO, which is characterized by high-frequency variability of 2-  
560 8 years (Deser et al., 2010). Many significant sub-decadal periodicities at ~2-8 years are  
561 evident (Fig. 5b). These periodicities are particularly pronounced from 1450 to 2000 CE  
562 and 800 to 1200 CE. Over the last millennium, the 50-70 year oscillation has been  
563 persistent at Cape Bounty from ~1000 to 1550 CE and from ~1700 CE until recently (Fig.  
564 5b). This is somewhat different from the PDO reconstruction from tree-rings  
565 (MacDonald and Case, 2005) in which the wavelet spectrum displays a persistent power  
566 band covering only the periods ~1350-1500 CE and 1800 CE until recently. Similar to  
567 MacDonald and Case (2005), CBEL reveals a weaker multi-decadal variability during the  
568 17<sup>th</sup> century and the early part of the 18<sup>th</sup> century. However, in contrast to MacDonald  
569 and Case (2005), significant power located at 2-8 years remains relatively constant  
570 during most of the past millennium in CBEL and is particularly strong between ~850-  
571 1250 CE (Medieval Climate Anomaly, MCA), ~1450-1750 CE (coldest interval of the LIA),  
572 and recently (Fig. 5b). A ~60 year periodicity is also clearly discernible during 600-800  
573 CE, a period also characterized by strong decadal and sub-decadal (2-7 year) cycles.  
574 Altogether, these relationships point toward a significant influence of the PDO on the  
575 western Canadian Arctic.

576

#### 577 **4 Possible mechanisms linking the CBEL record to the PDO**

578 When the western Canadian Arctic is characterized by lower pressure system anomalies  
579 when the Aleutian Low is in a weakened state (increased SLP, NPI+, Fig. 2), it is plausible  
580 that the prevailing winds reaching the region originate from the northern Pacific.

581 Indeed, a negative correlation between meridional windstress and the NPI during SON  
582 over the northernmost part of the Pacific and extending into the western Canadian  
583 Arctic (Fig. 6a) indicates prevailing northerly wind anomalies during the positive phase  
584 of the NPI. It has similarly been shown that PDO and Arctic Oscillation (AO) are useful  
585 determinants of precipitation characteristics during summer season in regions of Alaska  
586 (L'Heureux et al., 2004) and positive AO index has been linked to reduced sea-ice extent  
587 and increased atmospheric heat transport into the Arctic (Rigor et al., 2002; Zhang et al.,  
588 2003). The correlation between the AO and the meridional windstress anomalies (Fig.  
589 6b) yields very similar pattern as the NPI (Fig. 6a). This is not too surprising, since these  
590 two climate indices are significantly correlated during SON (1900-2015:  $r = 0.45$ ,  $p <$   
591  $0.0001$ ). Hence the two modes which may share in part the same signal might  
592 constructively interfere to strengthen northerly winds over the Arctic during AO+ and  
593 NPI+, converging with southerly moisture-laden winds from the North Pacific over the  
594 western Canadian Arctic, thereby favoring precipitation in the region during autumn.

595

596 These meridional wind anomalies appear to persist during the cold season (Fig.  
597 S8), although they are not as pronounced over the western Canadian Arctic as in  
598 September-November (Fig. 6a). This is consistent with annual surface wind stress  
599 differences between PDO phases over the North Pacific (Zhang and Delworth, 2015)  
600 during the 20<sup>th</sup> century (Fig. 7). Indeed, sustained southerly wind anomalies are  
601 observed in the northernmost part of the Pacific during PDO- (induced by a weakened  
602 Aleutian Low, i.e. NPI+), north of the Kuroshio-Oyashio Extension, where warm SST

603 anomalies are observed (Screen and Francis, 2016; Zhang and Delworth, 2015) (Fig. 7).  
604 These southerly winds extend from the northernmost Pacific (north of the weakened  
605 Aleutian Low) across the Bering Strait and can reach as far as the western Canadian  
606 Arctic, increasing heat and moisture transport to the latter region (Screen and Francis,  
607 2016). Meanwhile, strong westerly winds dominate over the eastern Siberian shelf and  
608 converge with the southerly flow from the Pacific over the western High Arctic during  
609 PDO- (Kwon and Deser, 2007; Screen and Francis, 2016; Zhang and Delworth, 2015) (Fig.  
610 7). Thus, the PDO phase has been shown to clearly influence the winter-mean  
611 atmospheric circulation in the North Pacific while its influence also extends into the  
612 Arctic (Screen and Francis 2016). Our analysis suggests that this PDO (NPI) influence  
613 might also be impacting regional climate during autumn.

614         Warmer summer temperatures during PDO- are also observed in large areas of  
615 the Arctic (Fig. S9a). This is most apparent in the western Canadian Arctic during NPI+  
616 (Fig. S9b). It has been shown that PDO- (and NPI+) lead to lower tropospheric Arctic  
617 warming and sea-ice loss (Screen and Francis, 2016), and the combination of reduced  
618 sea-ice extent (Figs. 1, S1) and warmer surface temperature during PDO- (NPI+) (Fig. S9)  
619 likely allows for more evaporation to occur, while anomalous surface winds (Figs. 6,7)  
620 increase moisture convergence in the region, thereby enhancing precipitation (Figs. 1c,  
621 2b, c). Analyses by Francis et al. (2009) have shown that the Aleutian Low tends to be  
622 weaker following summers of reduced sea ice cover. A comparison between the CBEL  
623 record and instrumental sea-ice extent since 1979 (Cavalieri et al., 1996) (Fig. S10:  $r = -$   
624  $0.52$ ,  $p = 0.01$ ) suggests increased precipitation during times of low sea-ice extent.

625 Winds during periods of a weakened Aleutian Low (Figs. 6, 7) and reduced sea-ice extent  
626 in the region, as seen during PDO- (Fig. 1a), would likely be more effective at  
627 transporting moisture across the western Canadian Arctic (Fig. 2b). More importantly,  
628 Arctic sea-ice extent reached unprecedented low values in the latter half of the 20<sup>th</sup>  
629 century compared to the last 1,450 years (Kinnard et al., 2011). This trend is similar to  
630 the coarse grain-size at CBEL, which increased substantially and reached unprecedented  
631 levels in the 20<sup>th</sup> century compared to the last 1750 years (Lapointe et al. 2012). All of  
632 these elements point to a causal mechanism, linking the NPI (PDO), sea-ice and  
633 precipitation in the western Canadian Arctic.

634

## 635 **5 Conclusion**

636 This study suggests a significant influence of the PDO (NPI) on the climate of the  
637 western Canadian Arctic, a region where instrumental data coverage is very sparse and  
638 the duration of available records is short. Spatial correlations using both instrumental  
639 and reanalysis data indicate a strong atmospheric teleconnection, likely responsible for  
640 the increase of precipitation during PDO- (NPI+). These results indicate the importance  
641 of large-scale teleconnections for Arctic climate and in particular, for precipitation  
642 variations in the Canadian High Arctic. The PDO – western Canadian Arctic relationship  
643 has persisted at least for the past ~700 years as revealed by the strong coherence  
644 between the CBEL varve record and multiple PDO reconstructions. **Given the oscillatory**  
645 **nature of the PDO, there is some potential for improved constraint over decadal-scale**



646 climate prediction using the kind of sedimentary record shown here. In that sense, more  
647 high-resolution records with longer timescales from this region could be beneficial for  
648 future PDO projection. Future warming is projected to further decrease MSLP and  
649 increase precipitation in Arctic regions (Screen et al., 2015). As sea-ice extent will  
650 continue to decrease in the following decades, these results suggest that precipitation  
651 should increase in the western Canadian Arctic, a pattern which will likely be amplified  
652 during the PDO- (NPI+) (Screen and Francis 2016).

653

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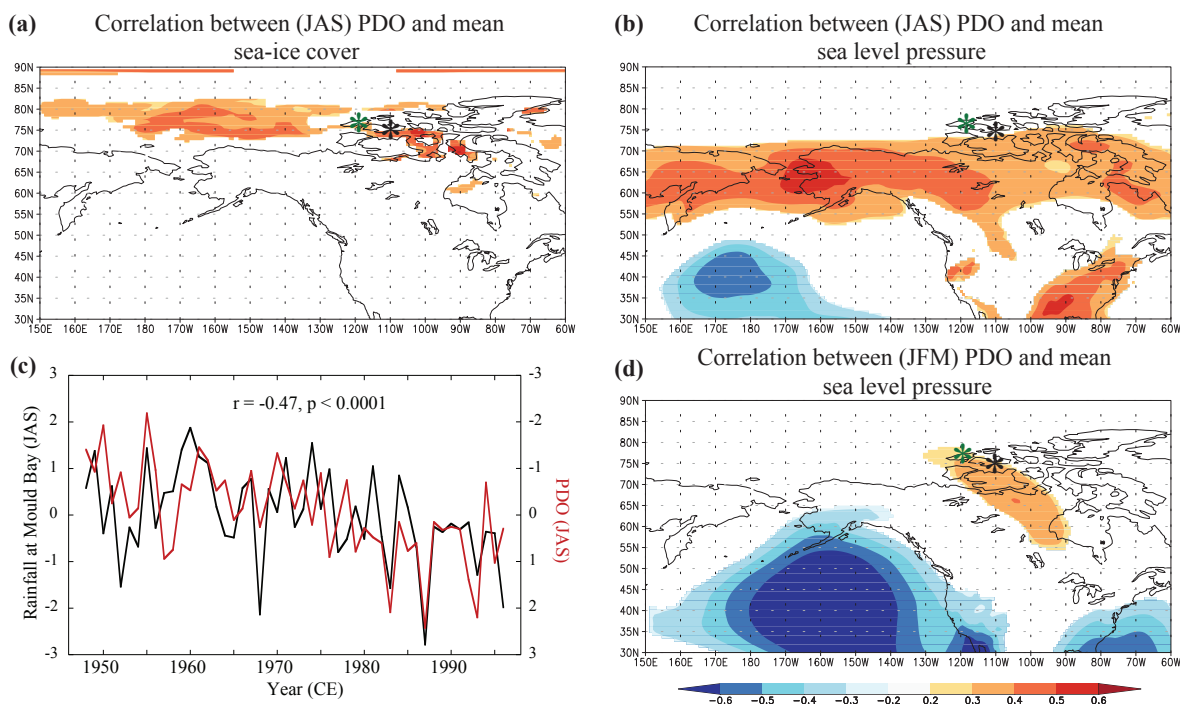
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809 **Acknowledgement**

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 816 constructive conversations. Paleo-data used in this study can be found on the NOAA  
 817 server <https://www.ncdc.noaa.gov/data-access/paleoclimatology-data/datasets>  
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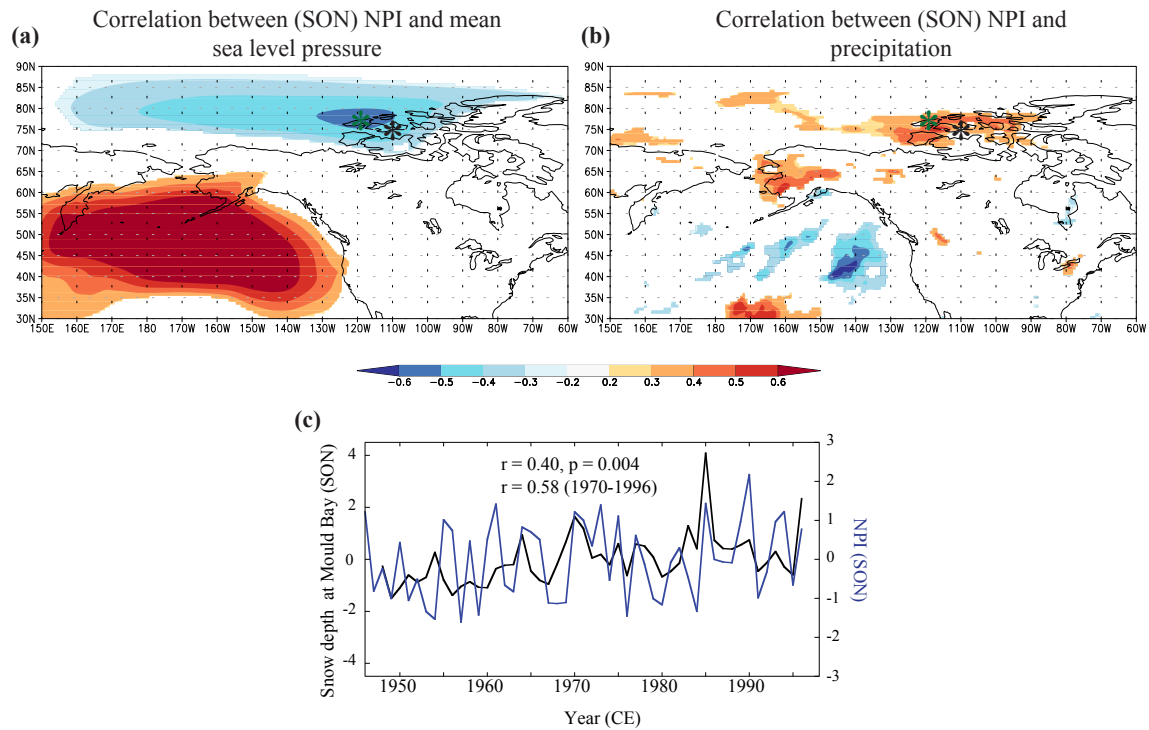
821 **Figure 1.** PDO modulation of Western Canadian Arctic climate. (a), Correlation  
 822 between PDO (Huang et al., 2015) and sea-ice anomalies from ERA-Interim (Dee et al.,  
 823 2011) for July-September during 1979-2016. (b), as in a) but for mean sea level pressure  
 824 from ERA-Interim (Dee et al., 2011). (c), **Comparison between the time series** of rainfall  
 825 at Mould Bay and PDO during July-September. (d), as in b) but for January-March (JFM).  
 826 Black and green asterisks denote Cape Bounty and Mould Bay weather station,  
 827 respectively. Note that Mould Bay weather station stopped operating in 1996.

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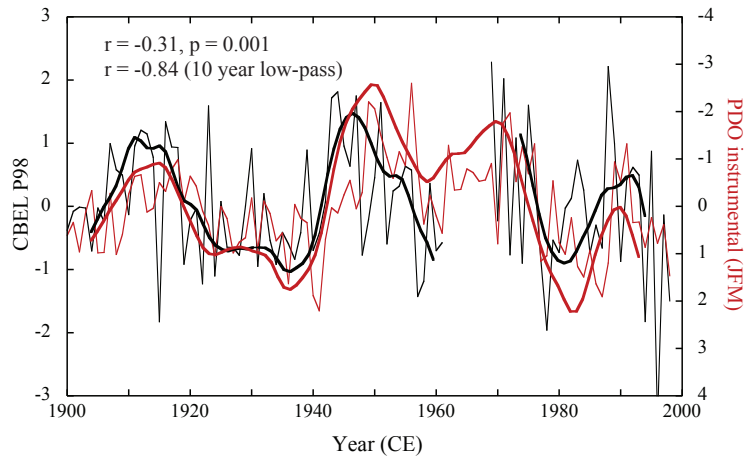
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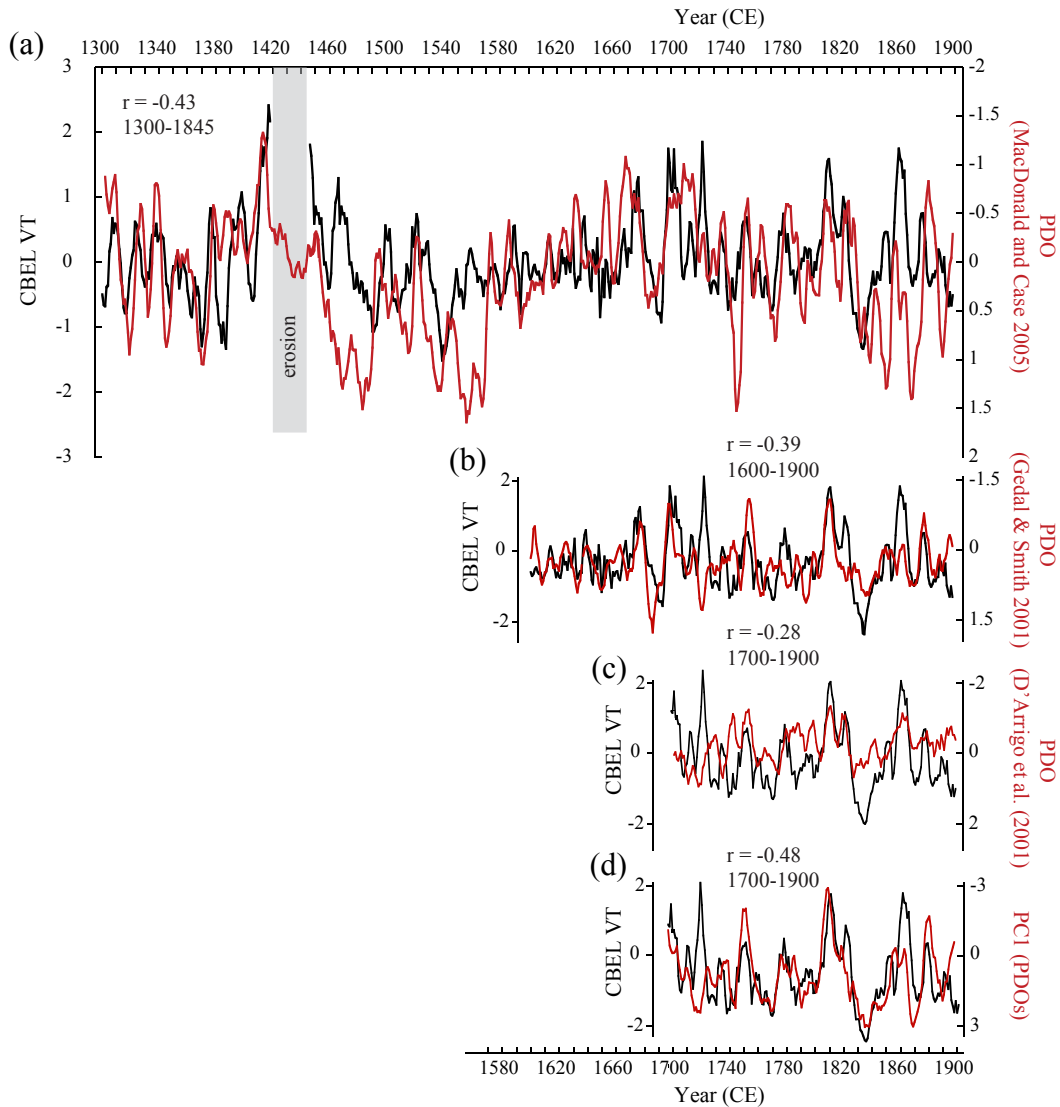
**Figure 2.** North Pacific Index (NPI) and precipitation during September-November. (a), Correlation between NPI (Trenberth and Hurrell, 1994) and mean sea level pressure from 1979-2015. (b), Same as (a), but for precipitation anomalies (Dee et al., 2011) correlated with NPI index. Black and green asterisks denote Cape Bounty and Mould Bay weather station, respectively. (c) Comparison between the time series at Mould Bay snow depth and NPI during September-November (Trenberth and Hurrell, 1994). Note that Mould Bay weather station stopped operating in 1996 CE.



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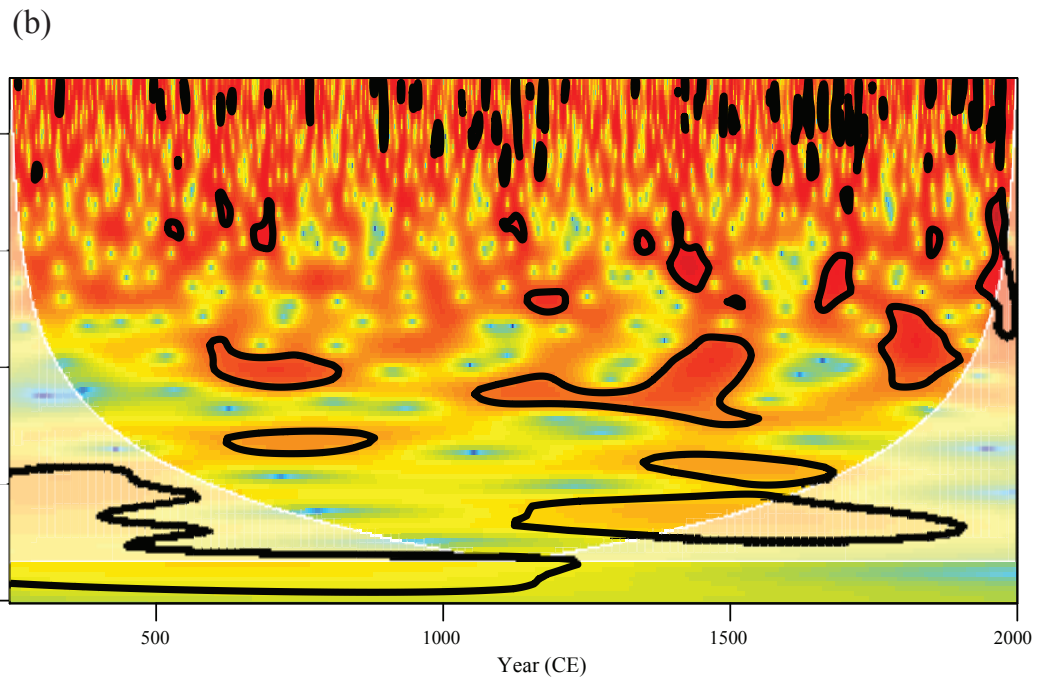
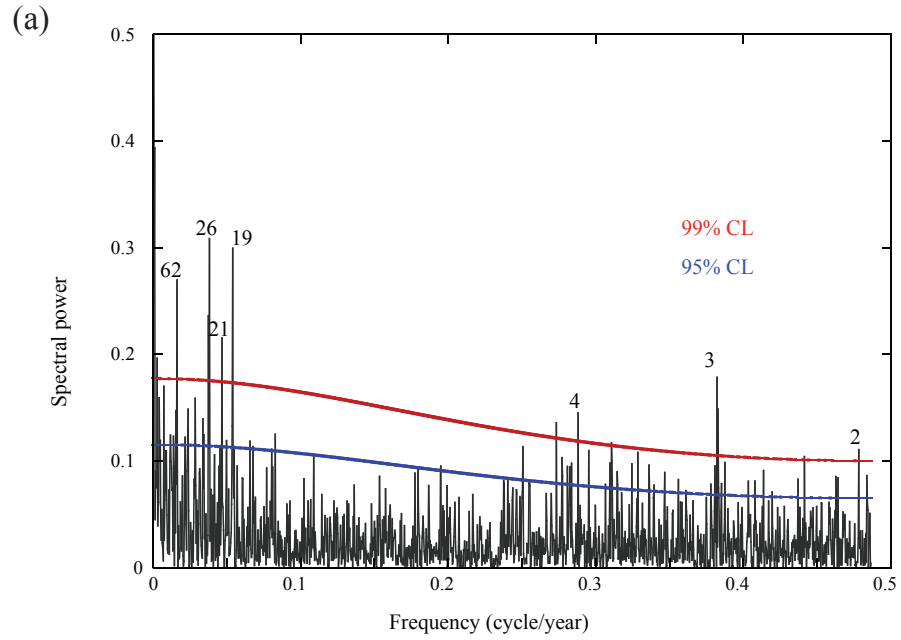
**Figure 3.** Instrumental PDO (NOAA) compared with grain size at Cape Bounty East Lake from 1900-2000. (best correlation is achieved when CBEL lags PDO by 1 year). Bold lines are 10-year low-pass filtered. Seven years were eroded by a large turbidite dated to 1971 CE (Lapointe et al. 2012).





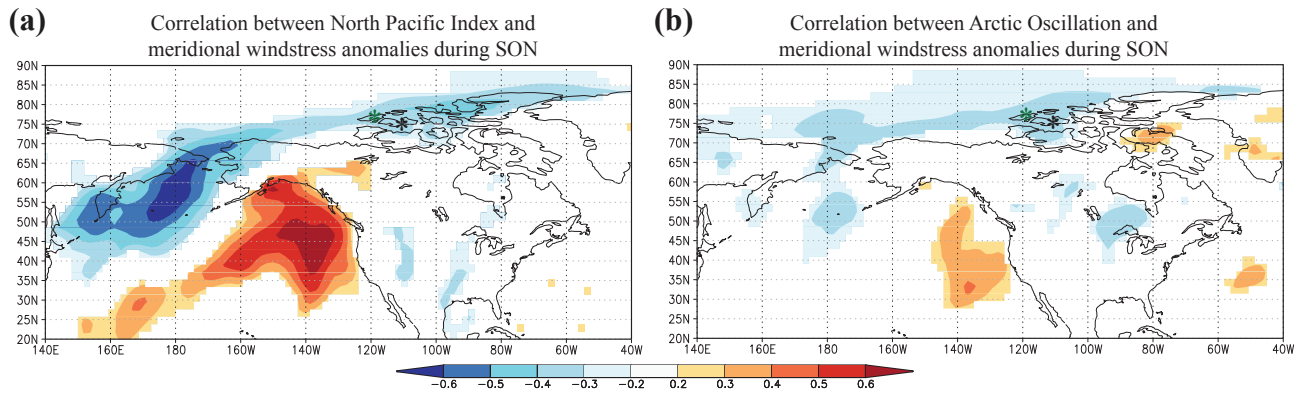
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**Figure 4.** a), Comparison between normalized Cape Bounty East Lake varve thickness and normalized PDO from MacDonal and Case (2005) (VT is shifted 18 years earlier). b), Same as A) but for the PDO from Gedalof and Smith (2001). c), Same as a) and b) but using the PDO from D'Arrigo et al. (2001). d), Same as a), b) and c) but using the PC1 extracted from PCA analysis of the three PDOs. Time series are filtered by a 5-year running-mean.

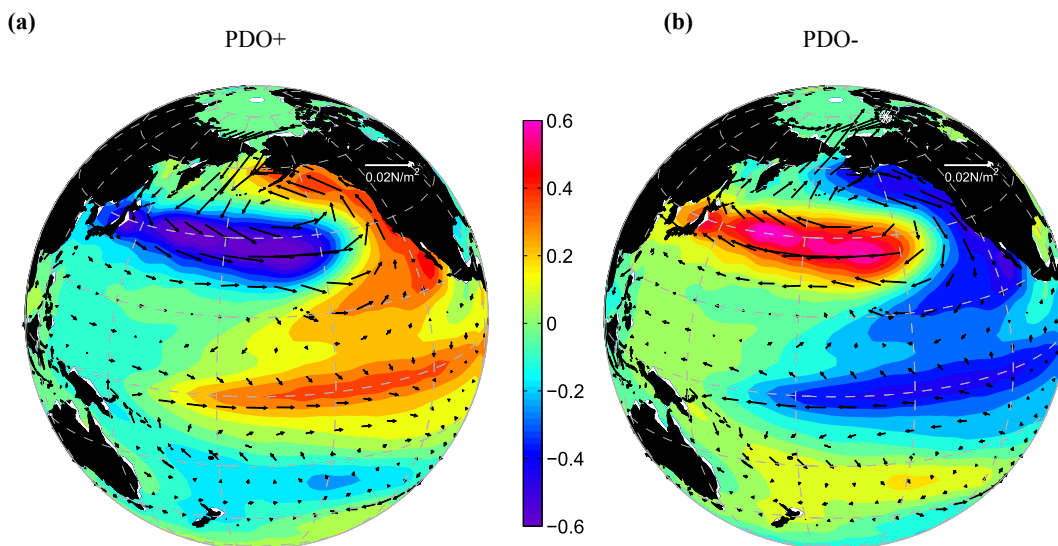


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**Figure 5.** a), Spectral analysis of the varve thickness series. After Schulz and Mudelsee (Schulz and Mudelsee, 2002). b), Wavelet analysis: black boundaries show the 95% confidence level based on a red noise process. White shading represents the cone of influence where edge effects might be important.



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 874 **Figure 6.** a), Correlation between NPI (Trenberth and Hurrell, 1994) and  
 875 meridional windstress anomalies from 1950-2015. b), Same as a), but for correlation  
 876 with Arctic Oscillation index (derived from NCEP/CPC). Note that the Era-Interim yields  
 877 similar result (not shown). Black and green asterisks denote Cape Bounty and Mould Bay  
 878 weather station, respectively.



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 880 **Figure 7.** PDO modulation of winds and sea surface temperature in the Pacific.  
 881 From Zhang and Delworth (Zhang and Delworth, 2015). Regression of SST ( $^{\circ}\text{C}$ ) and  
 882 surface wind stress ( $\text{N m}^{-2}$ ) against the PDO index. Note the northward direction of the  
 883 wind stress in the central northern part of the Pacific during the negative phase of the  
 884 PDO (b). Winds from the Siberian shelf have an eastward direction and reach Melville  
 885 Island during negative PDO. Reproduced with permission from the American  
 886 Meteorological Society (AMS).

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