Comparison of simulated and reconstructed variations in East African hydroclimate over the last millennium

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Abstract. The multi-decadal to centennial hydroclimate changes in East Africa over the last millennium are studied by comparing the results of forced transient simulations by six General Circulation Models (GCMs) with published hydroclimate reconstructions from four lakes: Challa and Naivasha in equatorial East Africa, and Masoko and Malawi in southeastern intertropical Africa. All GCMs simulate fairly well the unimodal seasonal cycle of precipitation in the Masoko/Malawi region,

- 5 while the bimodal seasonal cycle characterizing the Challa/Naivasha region is generally less well captured by most models. Model results and lake-based hydroclimate reconstructions display very different temporal patterns over the last millennium. Additionally, there is no common signal among the model time series, at least until 1850. This suggests that simulated hydroclimate fluctuations are mostly driven by internal variability rather than by common external forcing. After 1850, half of the models simulate a relatively clear response to forcing, but this response is different between the models. Overall, the link
- 10 between precipitation and tropical sea surface temperatures (SSTs) over the pre-industrial portion of the last millennium is stronger and more robust for the Challa/Naivasha region than for the Masoko/Malawi region. At the inter-annual time scale, last-millennium Challa/Naivasha precipitation is positively (negatively) correlated with western (eastern) Indian Ocean SST, while the influence of the Pacific Ocean appears weak and unclear. Although most often not significant, the same pattern of correlations between East African rainfall and the Indian Ocean SST is still visible when using the last-millennium time series
- 15 smoothed to highlight centennial variability, but only in fixed-forcing simulations. This means that, at the centennial time scale, the effect of (natural) climate forcing can mask the imprint of internal climate variability in large-scale tele-connections.

1 Introduction

In 2011, the Horn of Africa was affected by the most serious drought in decades, leading to severe humanitarian consequences including food and water shortages, acute malnutrition, mass displacement and conflicts (OCHA, 2011; Hillbruner

20 and Moloney, 2012). This drought was followed the next two years by strong pluvial events that triggered floods in Kenya and some parts of Somalia (OCHA, 2012; IFRC, 2013a, b). These consecutive and opposite extreme events illustrate the strong inter-annual variability characterizing East African rainfall (e.g. Nicholson et al., 2012). Due to the seasonal migration of the Intertropical Convergence Zone (ITCZ) back and forth across the equator, rainfall over a major portion of East Africa has a bimodal annual cycle with a main rainy season during March-May (often referred as long rains) and a weaker rainy season during October-December (often referred as short rains) (e.g. Yang et al., 2015). The short rains are more variable from one year to another, and thus drive most of the observed inter-annual variability (e.g. Hastenrath et al., 1993; Nicholson, 1996, 2014). Numerous studies have emphasised the tele-connection between the East African short rains and either the El Niño/Southern

- 5 Oscillation (ENSO, e.g. Ogallo et al., 1988; Hastenrath et al., 1993; Nicholson and Selato, 2000; Schreck and Semazzi, 2004; Hoell et al., 2014) or the Indian Ocean Dipole (IOD, e.g. Goddard and Graham, 1999; Saji et al., 1999; Webster et al., 1999; Clark et al., 2003; Ummenhofer et al., 2009; Izumo et al., 2014). However, the mechanisms involved are less clear. Goddard and Graham (1999) and Ummenhofer et al. (2009) suggested that an ocean driven change to the atmospheric Walker circulation impacts East African rainfall, while Klein et al. (1999) mentioned an atmosphere driven change affecting both SSTs and
- 10 rainfall. In any case, the 2011 drought was triggered by a strong La Niña event (IRI, 2010; Hoell et al., 2014) associated with a negative IOD (JAMSTEC, 2015) that resulted in drier than normal conditions in East Africa during the short rains at the end of 2010. The drought then worsened due to subsequent failure of the long rains in 2011 (Lyon and DeWitt, 2012).

Unlike short rains, the tele-connection between inter-annual East African long rains and the Indian and Pacific oceans is generally considered to be weak (e.g. Mutai and Ward, 2000; Pohl and Camberlin, 2006; Nicholson, 2014). However, failure

- of the long rains in 2011 was part of a progressive decline in long rains that has started around 1999 (Lyon and DeWitt, 2012) or even earlier (Funk et al., 2008), was associated with abrupt warming of the Indian Ocean (Funk et al., 2008; Williams and Funk, 2011) or of the western tropical Pacific (Merrifield, 2011; Lyon and DeWitt, 2012), also altering the Walker circulation. Merrifield (2011) and Lyon and DeWitt (2012) do not propose a specific cause for this warming. By contrast, Funk et al. (2008) and Williams and Funk (2011) attribute the large-scale shift in Indian Ocean SSTs to anthropogenic forcing, and suggest that
 a warmer future climate will bring an increased frequency of drought conditions in tropical eastern Africa owing to further
- reductions in the long rains.

This hypothesis is at odds with general circulation models (GCMs) showing that a warmer climate is associated with an increase in precipitation minus evaporation (P-E) in the intertropical convergence zone (ITCZ), including the East African long rains (Seager et al., 2010; Laîné et al., 2014). Other model-based studies (McHugh, 2005; Shongwe et al., 2011; Kirtman

- et al., 2013) furthermore suggest that increasingly wetter rainy seasons in East Africa are due to a weakening of the Walker circulation, likely linked to anthropogenic warming (Vecchi et al., 2006; Vecchi and Soden, 2007). This is corroborated by some observations which appear to show a weakening of the Walker circulation already since the mid-19th century (Vecchi et al., 2006). However, there is no agreement on that in observation-based studies, as illustrated by L'Heureux et al. (2013) who found a multi-decadal strengthening of the Walker circulation over the same period. In addition, some regional climate models
- 30 forced at the boundaries by ensemble-mean GCM results are not consistent with GCMs in that they show a reduction rather than increase in the long rains (Vizy and Cook, 2012; Cook and Vizy, 2013).

The inability of the GCMs in simulating the observed recent downward trend of the long rains implies either that it is part of (multi-)decadal natural variability (Lyon and DeWitt, 2012; Yang et al., 2014; Lyon, 2014), or that the GCMs inadequately represent the climate processes occurring in the region and the response to anthropogenic forcing. In this context, it is crucial

35 to assess the performance of GCMs in simulating East African rainfall. Existing studies on this subject (e.g. Conway et al.,

2007; Anyah and Qiu, 2012; Otieno and Anyah, 2012; Yang et al., 2014) have reached contrasting conclusions depending on the region or spatial scale, or on the variables and models considered. Specifically, they showed that the mean seasonal cycle of precipitation is reasonably well simulated by the majority of GCMs, but that there is a large spread among them in capturing the actual dominant peaks where rainfall is bimodal (Anyah and Qiu, 2012; Otieno and Anyah, 2012). Additionally, most models

5 appear to have significant biases in monthly mean precipitation, and the observed link between East African rainfall and Indian Ocean SST is often not well represented (Conway et al., 2007; Yang et al., 2014).

All the above studies are limited to the recent past where direct measurements of precipitation exist. However, the period considered, which ranges from the last few decades to 150 years at most, is not sufficient to capture the multi-decadal variability that is thought to be an important component of East African hydroclimate (Verschuren, 2004; Tierney et al., 2013). Therefore,

- 10 to complement those studies, our goal is to extend this analysis to the last millennium by analyzing proxy records of past hydroclimatic change over this period in conjunction with simulations performed in the framework of the third phase of the Paleoclimate Modelling Intercomparison Project (PMIP3; Otto-Bliesner et al., 2009) and of the fifth phase of Coupled Model Intercomparison Project (CMIP5; Taylor et al., 2012). All hydroclimate proxy records available from eastern Africa that are both well-dated and span the last millennium with sufficient time resolution are based on lake-sediment records (Verschuren,
- 15 2004). In this study, we consider proxy records describing the water-balance history of four East African lakes: Lake Challa and Lake Naivasha in eastern equatorial Africa, and Lake Masoko and Lake Malawi in southeastern (but still inter-tropical) Africa (Fig. 1). These four lake records are part of the East African hydroclimate synthesis recently achieved by Tierney et al. (2013), and all characterized by strong multi-decadal to centennial variability. As a consequence, the present study focuses on relatively long-term hydroclimate changes, and on variation in annual means rather than individual rainy seasons, in contrast
- with model and observation-based studies about variation in recent East African rainfall (e.g. Anyah and Qiu, 2012; Yang et al., 2014).

Specifically, our study analyzes GCM simulations of long-term hydroclimate change relative to reconstructions over the last millennium to define whether the simulated changes reflect the forcing of external climate drivers and to assess the stability of large-scale tele-connections between East African rainfall and global SSTs. This paper is structured as follows. In Section 2

25 we introduce the model experiments and proxy-based reconstructions. In Section 3 we evaluate the comparative performance of six different GCMs to simulate the seasonal cycle of rainfall over the study regions and its tele-connection to tropical SSTs over the recent period. In Section 4 we analyze the results of model simulations spanning the last millennium. The contribution of forced and internal variability on those simulated hydroclimate changes and the stability of large-scale tele-connections are finally investigated in Section 5, followed by a discussion and conclusions in Section 6.

30 2 Data and methods

2.1 PMIP3/CMIP5 model experiments

Climate model simulations from PMIP3 (Otto-Bliesner et al., 2009) and CMIP5 experiments (Taylor et al., 2012) were obtained from the Program for Climate Model Diagnosis and Inter-comparison (PCMDI; http://pcmdi9.llnl.gov) and the Earth System

Grid (www.earthsystemgrid.org) archives. The six GCMs selected (Table 1) are those for which the diagnostic variables of interest, i.e. precipitation, actual evaporation and SST, were available at the time of our analysis, for both *past1000* (850–1850 AD) and *historical* (1850–2005) periods, as well as for *pre-industrial control* runs.

Model name	Institution	Resolution (lat*lon)		Ensemble members		Reference
		Ocean	Atm.	past1000	historical	
CCSM4	National Center for At- mospheric Research	384*320	192*288	1	6	Gent et al. (2011)
CESM1	National Center for At- mospheric Research	384*320	96*144	10	10	Otto-Bliesner et al. (2015)
GISS-E2-R	NASA Goddard Insti- tute for Space Studies	90*144	90*144	1	6	Schmidt et al. (2014)
IPSL-CM5A-LR	Institut Pierre-Simon Laplace	149*182	96*96	1	5	Dufresne et al. (2013)
MPI-ESM-P	Max Planck Institute for Meteorology	220*256	96*192	1	2	Stevens et al. (2013)
BCC-CSM1-1	Beijing Climate Cen- ter, China Meteorologi- cal Administration	232*360	64*128	1	3	Wu et al. (2014)

Table 1. Modeling centers, parameters and references of the PMIP3/CMIP5 models used in this study.

Although not continuous, except for CESM1 and MPI-ESM-P, the first ensemble members (r1i1p1) of *past1000* runs were
merged with the corresponding *historical* simulations to obtain results spanning the period 850–2005 AD. The impact of the discontinuity is probably limited since it falls within the range of internal climate variability for surface variables in all cases. The simulations are driven through the last millennium by both natural (orbital, solar, volcanic) and anthropogenic (well-mixed greenhouse gases, ozone, tropospheric aerosols, land use) climate forcings. Earth's orbital parameters vary according to the calculations of Berger (1978). Depending on the model, different reconstructions of solar irradiance variability are applied. All
models except CESM1 and GISS-E2-R use the reconstruction by Vieira and Solanki (2009) from 850 to 1609 and by Wang et al. (2005) from 1610 to 2005. CESM1 uses the reconstruction by Vieira et al. (2011) with the spectral variations and '11-year' solar cycle from Schmidt et al. (2012), whereas GISS-E2-R uses the Steinhilber et al. (2009) reconstruction until 1849 and the Wang et al. (2005) one from 1850 onwards.

The forcing related to volcanic aerosols is derived from Crowley and Unterman (2013) in GISS-E2-R and MPI-ESM-P and

- 15 from Gao et al. (2008) in the four other GCMs. Reconstructed and observed changes in the major greenhouse gases driving *past1000* (Flückiger et al., 2002; MacFarling Meure et al., 2006) and *historical* (Hansen and Sato, 2004) simulations, i.e. CO₂, CH₄ and N₂O, are the same in all models. Anthropogenic changes in land use/land cover over the last millennium are based on the reconstruction of Pongratz et al. (2008) in MPI-ESM-P, of Pongratz et al. (2008) followed by the reconstruction of Klein Goldewijk and van Drecht (2006) for the historical period in GISS-E2-R and of Pongratz et al. (2009) followed by the
- 20 reconstruction of Hurtt et al. (2011) for historical time in CCSM4 and CESM1. BCC-CSM1-1 and IPSL-CM5A-LR do not

consider any change in land use/land cover, whose distribution is fixed to the pre-industrial value. Tropospheric ozone and aerosols variations are also taken into account in *historical* experiments in CCSM4, CESM1, GISS-E2-R, MPI-ESM-P and BCC-CSM1-1, and are all based on the dataset described in Lamarque et al. (2010). These changes are however neglected in IPSL-CM5A-LR, which considers a constant concentration fixed at the pre-industrial level. More information on the climate-

5 forcing reconstructions used to drive *past1000* experiments and on their implementation can be found in Schmidt et al. (2011) and Schmidt et al. (2012).

2.2 Proxy-based hydroclimate reconstructions

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Despite the relatively large number of lakes present across East Africa, only a small sub-set of them combine continuous sedimentation (and thus, archiving) with hydrological sensitivity to climatic moisture-balance changes (Verschuren, 2003). Recently, Tierney et al. (2013) selected seven East African proxy records that are well-dated and meet the criteria of primarily

- reflecting hydroclimate variation and of covering the last millennium with a time resolution better than 50 years. Our present study focuses on four of these records, originating from Lake Challa, Lake Naivasha, Lake Masoko and Lake Malawi. The records from Lake Tanganyika and Lake Edward are not considered because they are located far from the Indian Ocean and thus to the west of our region of interest. The record from Lake Victoria is not considered because the representation of this large
- 15 lake varies from one model to another, which precludes a meaningful comparison between model results and proxy records for this site. Indeed, while most GCMs ignore its presence, the MPI-ESM-P model specifically recognizes it as a surfacewater body surrounded by continent. It is well known that Lake Victoria itself strongly influences the regional hydrological cycle (e.g. Thiery et al., 2015), but those effects cannot be adequately reproduced in GCMs with relatively coarse spatial resolution. Several other proxy records exist which describe East African hydroclimate variability during the last millennium
- 20 (Verschuren, 2004, see also http://t1p.de/mwp). The majority of these mostly lake-based records do not possess sufficient age control to assess the regional coherence of (multi-) decadal and century-scale hydroclimate variations. Since our goal here is not to extensively review the strengths and weaknesses of those individual reconstructions, we follow Tierney et al. (2013) to consider only the handful of records that do meet minimum criteria of continuity and hydroclimate signal strength. However, a critical review of all available records might nevertheless refine the spatial structure of documented hydroclimate changes, and
- 25 allow further assessment of the robustness of broad-ranging climate-dynamic inferences.

The 1000-year time series representing hydroclimate variation in the Lake Challa region developed by Tierney et al. (2013) is the first principal component of the composite variation in three moisture-balance proxies, namely the branched and isoprenoidal tetraether index BIT (a presumed indicator of total annual rainfall: Verschuren et al., 2009; Buckles et al., 2016); δD in the leaf waxes of terrestrial plants (an isotopic proxy for rainfall source and intensity: Tierney et al., 2011); and varve thick-

30 ness (a proxy for variation in dry-season length and windiness: Wolff et al., 2011). This first principal component accounts for 40% of the variance in the data (supplementary material of Tierney et al., 2013). The time series from Lake Naivasha is a lake-level reconstruction based on sediment lithostratigraphy (Verschuren, 2001), supported by salinity reconstructions based on fossil diatom and midge assemblages (Verschuren et al., 2000). The hydroclimate record from Lake Masoko is inferred from the low-field magnetic susceptibility of the sediment, which is a proxy for lake-level changes and/or wind stress. Two such

records are available for this lake, one that goes back to -43,300 AD (Garcin et al., 2006) and one that starts around 1500 AD (Garcin et al., 2007). The Masoko time series in this paper is obtained from Tierney et al. (2013), who used the last millennium of the longer record but with age-depth tie-points translated from the shorter record (Anchukaitis and Tierney, 2012). Finally, the hydroclimate record from Lake Malawi is deduced from the mass accumulation rate of the terrigenous sediment fraction,

5 presumed to be a runoff proxy (Brown and Johnson, 2005; Johnson and McCave, 2008). Table S1 provides more information about each of these four proxy records. Although these records are derived from different proxies, their time series can all be qualitatively viewed as smoothed versions of the local moisture-balance history of the corresponding sites.

3 Evaluation of model performance over the period 1979-2005

3.1 Mean seasonal cycle of precipitation

10 This section assesses the ability of various GCMs to reproduce the observed mean state and seasonal cycle of East African rainfall. Although similar analyses have been performed previously (e.g. Conway et al., 2007; Anyah and Qiu, 2012; Otieno and Anyah, 2012; Yang et al., 2014), it is important to repeat it here focusing specifically on the areas where our four study sites are located (Fig. 1).

The number of rain-gauge stations in East Africa is small, and the observations suffer both from an uneven spatial distribution and from gaps in time due to maintenance issues (Dinku et al., 2007; Sylla et al., 2013). We have therefore used global gridded datasets that merge the information from rain-gauge stations, remote sensing, and/or reanalysis results. However, these gridded datasets have their own uncertainties, related for instance to the number and the treatment of rain-gauge measurements or of radar precipitation estimates (Otieno and Anyah, 2013). In order to estimate the effect of these uncertainties on our conclusions, we used four global monthly gridded datasets of precipitation. Version 6 of the Global Precipitation Climatology Centre data

- set (GPCC-v6; Schneider et al., 2014) is a reanalysis using rain-gauge data only. It spans the period from 1901 to the present with a spatial resolution of 0.5°×0.5°. Version 2.2 of the Global Precipitation Climatology Project (GPCP-v2.2; Huffman et al., 2009) combines rain-gauge and satellite-based precipitation data on a 2.5°×2.5° grid from 1979 to the present. The Climate Prediction Center (CPC) Merged Analysis of Precipitation data set (CMAP; Xie and Arkin, 1997) covers the same period at identical spatial resolution but combines rain-gauge data and different satellite estimates with NCEP/NCAR reanalysis results
- in gaps. Finally, NOAA's Precipitation Reconstruction over Land data set (PREC/L Chen et al., 2002) is based only on raingauge data and covers the period from 1948 to the present with a spatial resolution of $0.5^{\circ} \times 0.5^{\circ}$.

Due to the seasonal north-south migration of the ITCZ across the equator, East African rainfall is characterized by a strong annual cycle that differs from one location to another (Nicholson, 1996; Otieno and Anyah, 2013; Yang et al., 2015). The seasonality of rainfall is bimodal over equatorial sites such as Lake Challa and Lake Naivasha, with two rainy seasons occurring

30 in March to May (long rains) and in October-December (short rains), while it is unimodal in the southeastern lakes Masoko and Malawi, with a maximum between November and April during the austral summer (bar charts in Fig. 2). The observed mean monthly rainfall in each of the four study areas over the period 1979-2005 serves as our reference frame to compare the



Figure 1. Location of lakes Challa, Naivasha, Masoko and Malawi in East Africa, along with the individual grid cells containing each of these four sites in six different CMIP5 models (dashed (plain) boxes for the grid cells that contain the lakes Naivasha and Masoko (Challa and Malawi)), and the two larger regional domains over equatorial East Africa (Challa/Naivasha region) and southeastern inter-tropical Africa (Masoko/Malawi region). Topography from Amante and Eakins (2009).

success of individual GCMs in simulating the present-day seasonal cycle, using model results from the individual grid cells which include the lakes (Fig. 1).

For Lake Naivasha (Fig. 2a), simulated monthly mean precipitation is characterized by a large spread among models. Observed short rains over this lake are relatively well simulated by most models, except by GISS-E2-R and IPSL-CM5A-LR which respectively strongly overestimate and underestimate them. During the other seasons, simulated precipitation over Lake Naivasha is underestimated by all models except GISS-E2-R, including during the main rainy season in boreal spring. Regarding the average of monthly mean precipitation throughout the year at Lake Challa (Fig. 2b), three models are within the range of the observations: CCSM4, CESM1 and BCC-CSM1-1. Most models underestimate the long rains except CESM1 and GISS-

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E2-R, although in these two models this rainy season is delayed by one month compared to observations. In contrast with the

10 observations, all models show highest rainfall in October or November rather than April, but the spread is again large. These differences between models during the short rains are consistent with biases at larger spatial scales noted in previous studies of the East African region. Anyah and Qiu (2012) and Yang et al. (2014) indeed showed that, despite a large spread among CMIP3 and CMIP5 models, most of them tend to underestimate and to shift by one month the long rains, and to overestimate the short rains. Agreement among models and between models and observations is much higher in Lake Masoko and Malawi



Figure 2. Mean monthly rainfall over lakes Challa, Naivasha, Masoko and Malawi (a-d) in observations (bar plots) and in six CMIP5 models (curves) over the period 1979-2005. The number of datasets (for the observations) or ensemble members (for the models) used in each case is shown in brackets. Error bars and shaded areas represent the range of those observations or ensemble member values.

(Fig. 2c-d). Both the rainy and dry seasons are well simulated, although the amount of rain is overestimated by CCSM4 and IPSL-CM5A-LR during the rainy season. Overall, climate models used in this study are thus able to represent the unimodal rainfall seasonality characterizing the region encompassing lakes Masoko and Malawi, while the timing and the magnitude of the two rainy seasons characterizing the region encompassing lakes Challa and Naivasha are in general less well captured.

- 5 Comparing model results and data at individual grid cells can be questionable since model skill at this scale is often very limited. For instance, a small shift in the spatial structure of the simulations compared to the observations can lead to large difference in precipitation. Local topographic features not well represented at the grid scale may also have a significant impact. Besides, the surface areas of the grid cells which include the lake sites strongly differ from one model to another (Fig. 1). To get rid of the problems linked to differences in spatial resolution and to remove local noise in favour of more regional patterns,
- 10 it seems better to analyze, instead of individual grid cells, larger regions presenting common characteristics as discussed in the next section.

3.2 Link between individual grid cells and the larger spatial domains selected for analysis

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Lake Challa and Lake Naivasha on the one hand and Lake Masoko and Lake Malawi on the other have a very similar climatology and seasonal cycle in the recent period, both in models and observations (Fig. 2). We thus consider a spatial domain which includes the first two lakes $(0.2^{\circ} \text{ N to } 4.8^{\circ} \text{ S and } 34.2^{\circ} \text{ E to } 40.2^{\circ}\text{E}$, referred to as the Challa/Naivasha region) and a second one which includes the last two (7.2° S to 12.2° S and 31° E to 37° E, referred to as the Masoko/Malawi region; Fig. 1). Note that shifting or changing the size of these two regions to some extent does not produce substantial changes in the results.

However, using larger grid boxes raises the issue of whether the proxy-based reconstructions that are compared to model results over the last millennium are representative of these larger spatial domains. Fig. 3 shows the correlation between modeled

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mean annual rainfall in the individual grid cells containing the four lake sites and the two larger domains defined for our analysis, for both the recent period and the last millennium. Changes in precipitation within the grid cell containing Lake Malawi and within the larger box representing the Masoko/Malawi region are highly and significantly correlated for all models and observations, and for both periods. Rainfall over Lake Challa, Lake Naivasha and the Challa/Naivasha region is also positively correlated in both periods for each source of information.



Figure 3. Pearson correlation coefficients between mean annual rainfall values at six different locations: the single GCM grid cells that contain lakes Challa, Naivasha, Masoko and Malawi, and the two larger grid boxes which delineate the Challa/Naivasha and Masoko/Malawi regions. The lower left half of the figure shows these correlations for the period 1979-2005 in the six GCMs considered in this study (CCSM4, CESM1, GISS-E2-R, IPSL-CM5A-LR, MPI-ESM-P, BCC-CSM1-1; only the first ensemble member r1i1p1 is considered) plus the model mean, and in the average of four gridded observation datasets (GPCC-v6, GPCP-v2.2, CMAP and PREC/L, see references in Section 3.1), in the order shown below the main panel. The upper right half of the figure shows the same results for the period 850-1850 AD (*past 1000*). Squares with a central white circle represent combinations for which the null hypothesis of no correlation can be rejected at the 5% level.

10 Observed recent rainfall over Lake Challa, Lake Naivasha, and the Challa/Naivasha region shows no or only a weakly positive relationship with rainfall over Lake Masoko, Lake Malawi and the Masoko/Malawi region, underscoring the climatic dichotomy characterizing East Africa. Note that no negative correlation is found except very weak ones in GISS-E2-R between rainfall over Lake Challa and rainfall over Lake Masoko, Lake Malawi and the Masoko/Malawi region. The dipole between the eastern coastal 'Horn of Africa' region and the interior rift-valley region highlighted in Tierney et al. (2013) is thus not observed at the annual time scale considered here. Although the correlations are quite similar for the recent period and the last millennium, they are somewhat higher in the former. This may be caused by the present-day anthropogenic forcing that induces a coherent response between the selected locations within each model.

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Overall, both observations and model results show that the two selected regions are on the one hand characterized by different patterns of temporal variability and, on the other hand, representative of the individual grid cells containing the lake sites, not only regarding annual precipitation changes over the recent period and the last millennium, but also regarding seasonal cycles and annual mean absolute values (not shown).

3.3 Large-scale tele-connections 10

In addition to the evaluation of the mean state, it is important to assess the ability of climate models to represent the observed patterns associated with the inter-annual variability of East African rainfall. Although it is not our goal here to study the mechanisms responsible for the simulated variability, this is illustrated by analyzing the corrrelations between East African precipitation and tropical SSTs. The latter is indeed considered as a direct driver of precipitation over East Africa (e.g. Goddard

- and Graham, 1999; Ummenhofer et al., 2009). Two different SST datasets are used: version 3 of the Hadley Centre dataset 15 (HadSST3; Kennedy et al., 2011a, b), based on in-situ measurements covering the period from 1850 to 2015 on a $5^{\circ} \times 5^{\circ}$ grid. and version 3b of the Extended Reconstructed Sea Surface Temperature dataset (ERSST-v3b; Smith et al., 2008), also based only on in-situ data, which covers the period 1854 to 2015 on a $2^{\circ} \times 2^{\circ}$ grid. Since the proxy-based reconstructions used in this study are considered to represent mean annual conditions, interest is here mainly on mean annual results. However, mean
- annual results for East Africa's hydroclimate represent a combined picture, as the relative amplitudes and the strength and 20 character of tele-connections between East African rainfall and tropical SSTs at the inter-annual time scale are different from one season to another.

For both regions, the largest correlations between observed rainfall and SSTs are found during the boreal autumn (OND), with the well-known pattern of positive (negative) correlation between East African rainfall and western (eastern) Indian Ocean

- SSTs, as well as SSTs in the central/eastern (western) equatorial Pacific (Fig. S1 and S2 OND), which resembles the SST 25 pattern during an El Niño phase of ENSO and a positive phase of the IOD. This period corresponds to the short rains season in Challa/Naivasha and to the start of the single rainy season in Masoko/Malawi farther south (Fig. 2). For the other seasons, the spatial pattern of correlations differs between the two study areas, with the greatest difference occurring during boreal winter (JFM). In Challa/Naivasha, where rainfall is relatively low during this transition period between the short rains and the long
- 30 rains, it appears to be positively correlated with SSTs over the central/north Indian Ocean (Fig. S1 JFM). In contrast, just a few isolated significant correlations are found between rainfall in boreal winter over Masoko/Malawi and tropical SSTs (Fig. S2 JFM), although this period marks the annual maximum in precipitation (Fig. 2). Tele-connections to tropical SSTs are weak in both regions during the boreal spring (AMJ; Fig. S1 and S2 AMJ), which corresponds to the long rains in Challa/Naivasha and

to the end of the rainy season in Masoko/Malawi; and are also weak also during the boreal summer (JAS; Fig. S1 and S2 JAS), which is the principal dry season in both regions (Fig. 2).

When considering mean annual results, the correlations between observed precipitation over the Challa/Naivasha region and SSTs show a pattern similar to that during the short rains, although damped, with positive correlations in the western

5 Indian Ocean and central/eastern tropical Pacific and negative ones centered on Indonesia (Fig. 4a left). In contrast, the correlations between Masoko/Malawi rainfall and SSTs after computing annual averages are mostly weak and non-significant in the Indian Ocean and negative over the Indonesian region while some zones in the Pacific show positive correlations (Fig. 4b left), even though the correlations pattern for boreal autumn (OND) rainfall is similar to that found using precipitation over Challa/Naivasha. In both cases, the spatial pattern of correlations derived from the different combinations of datasets show

10 very similar results, with spatial correlations of the obtained patterns always exceeding 0.80.

Out of the six GCMs, only CESM1 and MPI-ESM-P seem to simulate relatively well the spatial pattern of correlations between Challa/Naivasha rainfall and SSTs (Fig. 4a). However, the match with observations is far from perfect as shown by the relatively low correlation coefficients between simulated and observed rainfall-SST correlation maps, with values equal to 0.27 and 0.16, respectively (Table S2). GISS-E2-R, IPSL-CM5A-LR and BCC-CSM1-1 display totally different patterns com-

15 pared to observations, and CCSM4 even simulates an opposite pattern, with positive (negative) correlations between simulated precipitation over the Challa/Naivashaarea and the eastern Indian Ocean (central/eastern Pacific).

Model results show a wide range of tele-connections between Masoko/Malawi rainfall and SSTs (Fig. 4b.). None of them shows the observed pattern of correlations, which is weak but seems robust given that it is similar regardless of the combinations of datasets used. GISS-E2-R, IPSL-CM5A-LR and MPI-ESM-P correlations patterns are positively, although poorly,

- 20 correlated with the data (Table S2). However, the correlation coefficients obtained by GISS-E2-R and IPSL-CM5-LR are the result of a compensative effect between wrong seasonal tele-connection patterns (Fig. S2). CCSM4 simulates a strong relationship between Masoko/Malawi and Indian and Pacific Ocean SSTs, but in an opposite sign than expected, with negative correlations in the western Indian Ocean and central/eastern equatorial Pacific, and positive correlations in the eastern Indian Ocean. Although CESM1 can simulate the pattern observed in boreal winter, no correlation is found when considering annual
- 25 mean results.

Overall, most climate models fail to simulate observed tele-connections of Challa/Naivasha and of Masoko/Malawi rainfall to large-scale SST patterns at the inter-annual scale. Annual smoothing makes these tele-connections complex and of relatively limited magnitude, especially for Masoko/Malawi rainfall. However, this cannot by itself explain the low model performance since their skill is not greatly improved when only considering the OND rainfall, shown to be strongly and robustly corre-

- 30 lated to Indian and Pacific SSTs in observations. Only CESM1, MPI-ESM-P and, to a lesser extent, BCC-CSM1-1 simulate the observed patterns for both regions during this season (Table S2). Inconsistent with the observations, IPSL-CM5A-LR and GISS-E2-R simulate a relatively homogeneous tele-connection pattern throughout the year, while the strong seasonality depicted by CCSM4 has almost everywhere incorrect signs. MPI-ESM-P and CESM1 thus tend to stand out by their positive correlation with annual observations in both regions and only in Challa/Naivasha, respectively, for the right reasons. These
- 35 mitigated results are, to some extent, consistent with the study of Rowell (2013). Indeed, although using different method-



Figure 4. Pearson correlation coefficients between mean annual rainfall over the Challa/Naivasha region (a, upper three rows) or Masoko/Malawi region (b, lower three rows) and global SSTs in observations and climate models (here, only the first member r1i1p1 is used) for the period 1950-2000. In areas overprinted with white circles, a null hypothesis of no correlation can be rejected at the 5% level. No data are available from grey areas.

ologies and selected areas, this author has shown that the tele-connections between rainfall over central East Africa (roughly corresponding to the Masoko/Malawi region) and both equatorial Pacific and Indian Ocean SSTs are particularly hard for

CMIP5 models to reproduce. Furthermore, Rowell (2013) reached a similar conclusion about the tele-connections between rainfall over the greater Horn of Africa region, which includes the Challa/Naivasha region, and equatorial Pacific SSTs.

4 Reconstructed and simulated hydroclimate over the last millennium

4.1 Hydroclimate changes deduced from proxy-based reconstructions

5 Notwithstanding chronological uncertainty, the Challa and Naivasha proxy records display clear differences during the first four centuries of the last millennium. In particular, the former shows a general drying trend while the opposite is recorded in the latter (Fig. 5). However, from around 1400 AD the conditions inferred from these two records are similar: both show relatively dry conditions followed by a wetting trend peaking between about 1700 and 1750 AD. After this peak, both hydroclimate reconstructions depict an abrupt transition towards a dry period in the early 19th century, followed by smaller-scale hydroclimate fluctuations at Naivasha and a clear wetting trend at Challa.



Figure 5. Lake-based moisture-balance reconstructions used in this study; references with details on the proxies are provided in Section 2.2. Ordinate axes for each proxy are oriented such that wetter (drier) hydroclimate conditions point upward (downward).

Contrasting with Challa and Naivasha, lakes Masoko and Malawi both show a general drying trend culminating around 1700 AD, before an increase in humidity towards the present. However, (multi-) decadal hydroclimate changes overlying these long-term trends often strongly differ between the two records.

The differences between the Challa and Naivasha reconstructions on the one hand and between the Masoko and Malawi reconstructions on the other can be viewed as a measure of how representative these records are of hydroclimatic variability within each region. Certainly, the differences partly reflect real local features due to different exposure to the principal seasonal moisture sources related to distance to the sea, topography etc. However, a significant fraction of the difference observed within each pair of records is likely due to uncertainty in the reconstructions themselves, due to the compound effects of i) dating uncertainty in these lake-based proxy records, ii) differences in hydrology and local catchment processes influencing a lake's

20 (or in the case of δD , its surrounding vegetation) sensitivity to climate, and/or iii) the fact that the used hydroclimate proxies

have a specific and different relationship with temporal variation in our target of reconstruction, i.e. the climatic moisture balance. Importantly, the point here is that the differences between the two pairs of records are larger than those within each pair. Each pair can thus be considered as representative of a distinct hydroclimatic region (cf. Tierney et al., 2013).

4.2 Interpretation of proxy-based reconstructions from a model perspective

- 5 Lakes are complex hydrological systems. To understand their dynamics, it is necessary to account for the inflow and outflow from rivers and surface runoff, rainfall on the lake surface, evaporation from the lake surface, groundwater inflow and/or outflow, as well as interactions with the aquifer surrounding the lake (e.g. Becht and Harper, 2002). These processes are not represented directly in relatively coarse-resolution GCMs. These models simulate the large-scale moisture balance, i.e. precipitation minus actual evaporation (P-E), the latter depending on potential evaporation and soil moisture content. Each of
- 10 the sedimentary proxies used in the lake-based climate reconstructions can be qualitatively interpreted as smoothed versions of the local-to-regional climatic moisture balance, at least when considered on multi-decadal to centennial time scales. P-E is thus the model variable that has been chosen here for comparison with the reconstructed histories of lake-level fluctuation, catchment runoff or drought-season severity, depending on the lake (see Section 2.2). This section describes the relative contributions of rainfall and of evaporation in P-E, which allows knowing whether the respective regions containing each record are more influenced by precipitation or evaporation.
- 15 influenced by precipitation or evaporation.

It was shown in Section 3.1 and in Section 3.2 that, despite their relative proximity, the two spatial domains used in this study, Challa/Naivasha and Masoko/Malawi, are quite different in terms of precipitation amount and seasonality as well as in precipitation trends through time. The study of P-E balance confirms that. Indeed, climate models simulate mean P-E values over Challa/Naivasha which are close to zero throughout the last millennium (Fig. 6a). In contrast, all models show positive

20 P-E values for the Masoko/Malawi region during the last millennium (Fig. 6b). The higher P-E for Masoko/Malawi compared to Challa/Naivasha is as expected due to higher precipitation, which more than compensates for higher evaporation and thus leads to larger river runoff.

If we consider the standard deviation of variation in P and E through the last millennium, there is a consensus among models that P is more variable from year to year than E, for both regions (vertical bars in Fig. 6, which all plot upwards). This

25 implies that most changes of P-E over time are due to changes in precipitation. Differences between the standard deviation of P and of E are also generally greater in Masoko/Malawi. This can be explained in all models except GISS-E2-R by a weaker relationship between P and E in this region than in Challa/Naivasha, as evidenced by weaker correlation coefficients (Table 2). Higher correlations indeed mean that a change in P is more often accompanied by a similar change in E, which tends to bring variances closer.



Figure 6. Mean annual precipitation minus mean annual evaporation (horizontal bars), and standard deviation of annual precipitation minus the standard deviation of annual evaporation (vertical bars) using the entire last-millennium results (850–2005) for each GCM. Red (blue) color means that evaporation (precipitation) dominates.

Table 2. Pearson correlation coefficients between simulated rainfall and simulated evaporation in the Challa/Naivasha and Masoko/Malawi regions over the pre-industrial portion of the last millennium (850-1850 AD).

	Challa/Naivasha	Masoko/Malawi
CCSM4	0.66*	0.09*
CESM1	0.57*	0.35*
GISS-E2-R	0.71*	0.95*
IPSL-CM5A-LR	0.91*	0.69*
MPI-ESM-P	0.68*	0.62*
BCC-CSM1-1	0.88*	0.70*

^{*} significant at the 5% level

These results are robust throughout the last millennium where they remain relatively stable over time, even during the recent past where one could expect evaporation to increase relative to precipitation due to anthropogenic warming (not shown). Moreover, rainfall still has a dominant role in explaining changes in P-E when considering timescales longer than annual, since approximately the same picture is observed when filtering model results using a loess method with a window of 100 years (not shown).

4.3 Comparison between reconstructions and model results

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As briefly discussed in Section 4.2, the link between simulated and reconstructed variables is only indirect, which means that the magnitude of simulated P-E that should best fit the reconstructions is unknown. Consequently, the focus in this comparison is on common relative changes, rather than on their magnitude in absolute values. For better readability of the figures, each time

10 series has been linearly standardized so that the maximum of the absolute values equals 1. A 100-year smoothing is applied to

the model results in order to resemble temporal variability in the reconstructions. Our choice of a 100-year smoothing window is partly subjective, since the resolution of the proxy-based reconstructions varies through time due to a non-linear relationship between sediment depth and age. However, using other window widths for this smoothing does not lead to major changes in the results.

- 5 Despite this smoothing, most model curves do not show any distinct long-term trend in the past millennium as observed in the proxy-based reconstructions, and have weaker fluctuations at the centennial scale than the reconstructions (Fig. 7). The correlation coefficients between model results and reconstructions, computed annually using interpolations for the reconstructed time series, are presented in Table S3. Most coefficients are low and non-significant at the 0.05% level, and can be for a same site either positive or negative depending on the models, which implies that there is no common signal between models and
- 10 data but neither among models.



Figure 7. Comparison between last-millennium time series of the reconstructions (in grey) and of P-E simulated by six GCMs (in black) averaged over the Challa/Naivasha region (a), with the Naivasha record shown as dashed line and the Challa record as solid line; and over the Masoko/Malawi region (b), with the Malawi record shown as dashed line and the Masoko record as solid line. In both regions, the area between the between the two records is shaded in light grey. Both proxy-based and simulated time series are presented as anomalies with respect to the whole period, and are linearly standardized so that the absolute maximum equals 1. Ordinate axes are oriented such that wetter (drier) conditions point upwards (downwards). Model time series are annual mean values filtered using a loess method with a window of 100 years. For the CESM1 model, the black curve is the median of the ten ensemble members previously standardized and smoothed.

No individual site is characterized by an overall better agreement between model and data since the averages of correlation coefficients for each lake are close to zero. Furthermore, taking the four sites into account, no model appears to match substantially better the reconstructions than another. Nevertheless, some isolated positive correlations should be mentioned: CESM1 shows one positively and statistically significant correlation of 0.43 with the average of the reconstructions from Masoko and Malawi, and GISS-E2-R correlates with the average Challa/Naivasha time series with a coefficient of 0.38.

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This general model-data mismatch could arise from several reasons. First, as discussed in Section 3.2, the results from climate models are selected from the two regions Challa/Naivasha and Masoko/Malawi, that do not necessarily match the spatial representativity of proxy data, or may have trouble in representing the regional atmospheric dynamics responsible for changes in lake hydrology. Note that if we consider only the individual grid cells which contain the proxy data sites, the correlation

- 10 coefficients are not substantially affected (not shown). This is consistent with the high correlations found for each model simulation between the individual grid cells and the larger spatial domain which contains them (Fig. 3). Second, the variables compared are different. Here, simulated regional P-E is indeed compared to reconstructed lake level, catchment runoff, or seasonal drought severity depending on the site (see Section 2.2). P-E, which mostly depends on variation in precipitation (see Section 4.2), is certainly related to these reconstructed variables, but sometimes in an indirect way that is difficult to assess
- 15 precisely. Third, our model results only consider the immediate effect of P-E and do not account for long-term effects of a change in P-E. However, lake level during a particular year strongly depends on lake level during previous years. To address this issue, we applied a first-order autoregressive model (AR-1) to each simulated time series. The AR-1 process is a simple persistence model where a realization of the system depends on the value at one time step earlier. This thus allows emulating a system with a chosen amount of memory. However, although this produces time series with low-frequency changes that are
- 20 similar to the reconstructions, general model-data agreement is not substantially improved (Section A3). Simulations with different GCMs are driven by similar climate forcings (see Section 2.1), which are thus expected to put a similar imprint on all time series. However, all model results seem different, which raises the question whether external forcing has any impact on the simulated hydroclimate. The lack of common timing among models in the simulated events actually suggests that the hydroclimate fluctuations are mostly or exclusively driven by internal variability.

25 5 The contribution of forced and internal variability in simulated hydroclimate changes

5.1 Hydroclimate changes over the past millennium

Whether the simulated East African hydroclimate results from internal variability or from changes in forcing is assessed in two steps: first by investigating potentially common signals among models, and second by comparing variability of the lastmillennium hydroclimate changes against control simulations. In the previous section we suggested that little or no link can be

30 established between last-millennium hydroclimate changes simulated by the different models. Indeed, if we first consider the Challa/Naivasha region, most correlations between P-E time series simulated by different models are not statistically significant and close to zero (Fig. 8). Actually, the fact that there is no positive correlation between hydroclimate curves from different models does not necessarily mean that there is no impact of forcing in each model. Indeed, the effect of changes in forcing may be different from one GCM to another, especially at the still relatively small spatial scale considered in this study.

In this regard, it is of interest to note that for the one model for which multiple ensemble members were available (CESM1), there is also no correlation between the different ensemble members that differ only in slightly different air temperature at the

start of the experiments (Otto-Bliesner et al., 2015). This means that the forced response has a much smaller magnitude than

internal variability for P-E in that region, even at the multi-decadal time scale.

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Figure 8. Pearson correlation coefficients between annual mean P-E over the last millennium (850-2005) as simulated by the different GCMs. The results were filtered using a loess method with a window of 100 years. The lower left half of the figure shows the results for the Challa/Naivasha region, the upper right half the results for Masoko/Malawi. Squares with a central white circle represent combinations for which the null hypothesis of no correlation can be rejected at the 5% level.

For the Masoko/Malawi region, the link between the hydroclimate time series produced by different models is also low. However, most ensemble members of CESM1 show significantly positive correlations with each other, mainly due to a common increase in P-E around 1800. This suggests an impact, although limited, of external forcing on Masoko/Malawi hydroclimate during the last two centuries, as simulated by CESM1. For the other models, if a significant response to forcing is present, it is too different between them to be revealed by the correlation, except for IPSL-CM5A-LR which correlates positively with the ensemble members of CESM1.

To complement this diagnostic, Fig. 9 shows P-E time series for the two regions from forced simulations, along with the variability in these time series and in the *pre-industrial control* runs, represented by the ± 2 standard-deviation envelope. It

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shows that the P-E variance simulated over the last millennium is in most cases very similar to that of the control simulations. This indicates that the radiative changes from GHGs, solar variability and relatively short-lived volcanic effects have little influence on the selected variables compared to internal variability. The only noticeable difference in these variances is found for Masoko/Malawi in two of the models, CEMS1 and IPSL-CM5A-LR, which both show a P-E increase in recent time. The

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similarity of the variances of P-E in fixed and time-varying forcing experiments, along with the lack of common P-E changes in the last-millennium simulations among models, obviates the possibility of general agreement with the proxy results, and suggests that any apparent proxy-model agreement for this time period and these regions is coincidental. To obtain more information on the processes driving the simulated hydroclimate changes over the last millennium, the next section deals with the stability of tele-connections at different frequencies, and with the impact of changes in forcing on those tele-connections.



Figure 9. Simulated time series of P-E (black lines) over the Challa/Naivasha and Masoko/Malawi regions throughout the last millennium (850-2005). Results are mean annual values smoothed using a loess filter with a window of 100 years, and are presented as anomalies with respect to the entire period. The horizontal red lines are displayed on both sides of the zero line at two times standard deviation of the smoothed time series. The horizontal blue lines also represent 2 standard deviations on both sides of zero but based on the time series from pre-industrial control simulations. The horizontal lines are dashed if the variance of the simulation with time-varying forcing is significantly different (F-test, considering a 5% level) from the variance of the simulation with fixed forcing; if not, it is solid. For the CESM1 model, the black line is the median of the ten ensemble members, while their range is shown in grey shading.

5.2 The stability of large-scale tele-connections

Since East African hydroclimate fluctuations in models are mostly driven by rainfall (see Section 4.2), only rainfall is considered here. The modern-day large-scale tele-connections have already been studied in Section 3.3. Hence, the period considered in this section is 850-1850 AD, which allows us to focus on the last millennium without the influence of anthropogenic forcing.

Annual mean large-scale tele-connections between simulated East African rainfall and tropical SSTs over the (pre-industrial portion of the) last millennium differ substantially among models. However, for rainfall over the Challa/Naivasha region, all GCMs except CCSM4 agree in simulating a dipole pattern over the Indian Ocean, with positive (negative) correlations in the western (eastern) half of the basin (Fig. 10a), i.e. consistent with the IOD pattern and its effect on East African precipitation. Interestingly, while CCSM4, CESM1 and MPI-ESM-P do not show much difference between last-millennium and recent
 tele-connections, this dipole is not simulated by GISS-E2-R, IPSL-CM5A-LR and BCC-CSM1-1 with recent rainfall data (1950-2000; Fig. 4a). The role of equatorial Pacific SSTs during the last millennium is less clear among models, with both



Figure 10. Pearson correlation coefficients between global SSTs and mean annual rainfall over the Challa/Naivasha (a) and Masoko/Malawi (b) regions, in climate models for the period 850-1850 AD. In areas overprinted by white circles the null hypothesis of no correlation can be rejected at the 5% level.

Patterns of correlations between simulated Masoko/Malawi rainfall and SSTs are more heterogeneous (Fig 10b). CCSM4 and MPI-ESM-P show a comparable picture as with Challa/Naivasha rainfall, which is also the case for CESM1 but only for the Indian Ocean. GISS-E2-R and, to a lesser extent, IPSL-CM5A-LR show an opposite pattern, and BCC-CSM1-1 suggests almost no link between Masoko/Malawi rainfall and SSTs. For this region, the pre-industrial last-millennium tele-connections differ

- 5 strongly from the recent ones in all models except CCSM4 and GISS-E2-R (Fig. 4b). For this pre-industrial last-millennium period, the effect of changes in forcing on inter-annual rainfall tele-connections appears to be weak, given the very similar results of the last millennium runs (Fig. 10) and of the *pre-industrial control* runs for both regions (Fig. S3). It is thus likely that the difference in tele-connection patterns between the pre-industrial period and recent decades, observed in the models GISS-E2-R, IPSL-CM5A-LR and BCC-CSM1-1, is due to anthropogenic forcing. Based on the control runs of two
- 10 global climate models, Tierney et al. (2013) showed that at longer than decadal time scales, rainfall over the Horn of Africa region (including our Challa/Naivasha domain) is mostly influenced by Indian Ocean SSTs. This is investigated here using smoothed GCM-simulation results with a window of 100 years. Such a smoothing decreases drastically the number of degrees of freedom resulting in only a few statistically significant patterns of correlation in control simulations (Fig. 11). As regards simulated Challa/Naivasha rainfall, the correlation with SSTs displays the characteristic Indian Ocean dipole in all models
- 15 except CCSM4. The dipole is especially clear and robust in CESM1, the model that best matches observations regarding recent large-scale tele-connections (Section 3.3). By contrast, at this centennial time scale, the link between Masoko/Malawi rainfall and the Indian Ocean is neither consistent among models nor robust in these control simulations. Additionally, for neither Challa/Naivasha nor Masoko/Malawi a significant link is obtained with Pacific SSTs.
- The patterns of correlations become completely different when considering the smoothed last millennium simulations with changes in forcing (Fig. 12). Most correlations are not significant and relatively weak. Interestingly, in the forced runs no Indian Ocean dipole is observed in most model results at this centennial time scale and, more generally, there is substantial difference in modeled large-scale tele-connections between simulations with time-varying forcing (Fig. 12) or fixed forcing (Fig. 11). This suggests that, at the centennial time scale, the forcing is able to mask the weak correlations associated with natural variability throughout the pre-industrial portion of the last millennium (850-1850 AD). Nevertheless, the response of
- 25 the different models to the same forcing strongly varies. Some models are characterized by a very homogeneous pattern of correlation that can be both negative or positive, while some models show a more patchy pattern.

6 General discussion and conclusions

Our analysis of East Africa's hydroclimate over the last millennium is based on recent observational data, lake-based proxy reconstructions and the results of six GCMs. When compared to recent observations (1979-2005), simulations of all models

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represent the unimodal seasonality of precipitation characterizing the Masoko/Malawi spatial domain rather well. The bimodal seasonality characterizing the Challa/Naivasha domain is generally less well captured by the GCMs, with a systematic underestimation of the long rains and overestimation of the short rains. Model skill in simulating modern-day (i.e., observed)



Figure 11. Pearson correlation coefficients between global SSTs and mean annual rainfall over the Challa/Naivasha (a) and Masoko/Malawi (b) regions, using the *pre-industrial control runs* of the climate models. Rainfall and SSTs are mean annual values smoothed using a loess filter with a window of 100 years. In areas overprinted by white circles the null hypothesis of no correlation can be rejected at the 5% level.

large-scale tele-connections between East African precipitation and tropical SSTs strongly varies among the GCMs, with MPI-ESM-P and CESM1 generally displaying the most consistent patterns.

Both model results and observations show that lakes Challa and Naivasha on the one hand, and Masoko and Malawi on the other are located in hydroclimatically relatively homogeneous regions. However, these two regions display a different rainfall

- 5 seasonality and different large-scale tele-connections with ocean SSTs. Furthermore the lake-based proxy reconstructions from these two regions even show opposite moisture-balance changes during the second half of the last millennium, highlighting the strong spatial heterogeneity characterizing East African hydroclimate dynamics. Comparing the simulated variable P-E with the available reconstructions, we found the contribution of rainfall to be dominant relative to actual evaporation in both regions. Model results and reconstructions show a very different timing of hydroclimate fluctuations over the past millennium.
- 10 Furthermore, there is no common signal among the time series modeled by different GCMs. This suggests that simulated P-E in East Africa is largely driven by internal variability rather than by common forcing, at least until 1850 AD. After that, half of the GCMs used simulate a relatively clear, but model-specific, response to forcing. These results are in line with those



Figure 12. Pearson correlation coefficients between global SSTs and mean annual rainfall over the Challa/Naivasha (a) and Masoko/Malawi (b) regions in climate models for the pre-industrial period 850-1850 AD. Rainfall and SSTs are mean annual values smoothed using a loess filter with a window of 100 years. In areas overprinted by white circles the null hypothesis of no correlation can be rejected at the 5% level.

of Coats et al. (2015) who showed, using approximately the same set of GCMs, that multi-decadal droughts in the North American Southwest over the last millennium do not seem to be driven by external forcing. Similar conclusions were also reached by Kelley et al. (2012) who used GCMs to investigate the possibility that the late winter drying trend observed in the Mediterranean region could be explained by anthropogenic forcing. In contrast, Fallah and Cubasch (2015) suggested an impact of forcing on multi-decadal droughts in Asia over the last millennium, namely through alteration of atmosphere-ocean

interactions. These contrasting results could mean that some regions are more sensitive to forcing than others.

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At the inter-annual time scale, models show robust tele-connections between mean annual Indian Ocean SSTs and rainfall over the Challa/Naivasha region during the pre-industrial portion of the last millennium, with positive (negative) correlation in the western (eastern) half of the basin. The link between rainfall over the Masoko/Malawi region and SSTs is less clear among

10 models. At this time scale, the effect of external forcing on large-scale tele-connections appears negligible. Although most of times not significant, the Indian Ocean dipole is still present using time series smoothed to highlight centennial variations, but only in fixed-forcing simulations. When taking into account the last millennium forcing, the result is completely different, with relatively homogeneous patterns of correlation between precipitation in both regions and tropical SSTs. This means that, although the correlation pattern between Challa/Naivasha rainfall and Indian Ocean SSTs remains relatively similar for both inter-annual and centennial time scales when only natural variability is present, it is overwhelmed by the effect of forcing at the centennial time scale. An interesting question is whether the forcing actually alters the dynamical link between East

- 5 African rainfall and SSTs, or if it only masks it because of a different impact on continental rainfall and SSTs. Answering this question is out of the scope of this study, but it is of interest for the interpretation of records used for reconstructing phenomena like the IOD. Indeed, if dynamical relationships are not stable when considering different time scales, a record calibrated in observations of the recent period may not be representative of the studied phenomena over longer time scales.
- Analyzing an ensemble of models was particularly useful here to test the robustness of the results. Additionally, using 10 individual models that contain several ensemble members allows attributing the simulated change to internal variability or to forcing, which is crucial in the present context of climate change in the vulnerable East African region. On the other hand, using multi-model mean results to study variation in local hydroclimate during the last millennium should be avoided. It does not make sense to average hydroclimate time series which are mostly driven by internal variability, since this would only result in concealing already weak responses.
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