## **Supplementary Material**

|            |                      |               |       | Radioc | arbon age | Calendar age <sup>1</sup> |           |
|------------|----------------------|---------------|-------|--------|-----------|---------------------------|-----------|
| Core       | Sample               | Species       | Depth | Mean   | 1 std dev | Mean                      | 1 std dev |
|            |                      |               | (cm)  | (a BP) | (a BP)    | (a BP)                    | (a BP)    |
| GeoB3938-1 | Beta Analytic 348091 | G. ruber      | 5     | 4250   | 30        | 4340                      | 55        |
|            | Beta Analytic 348092 | G. ruber      | 20    | 9750   | 50        | 10600                     | 60        |
|            | Beta Analytic 348093 | G. ruber      | 66    | 21630  | 90        | 25400                     | 200       |
|            | Beta Analytic 348094 | G. ruber      | 95    | 26250  | 140       | 30700                     | 175       |
| GeoB7010-2 | Poz-46048            | G. sacculifer | 42    | 6570   | 40        | 7100                      | 60        |
|            | Poz-46049            | G. sacculifer | 86    | 10850  | 60        | 12340                     | 110       |
|            | Poz-46050            | G. sacculifer | 126   | 15020  | 80        | 17790                     | 145       |
|            | Poz-46051            | G. sacculifer | 134   | 16230  | 100       | 18930                     | 100       |
|            | Poz-46052            | G. sacculifer | 190   | 24330  | 210       | 28780                     | 310       |
|            | Poz-46053            | G. sacculifer | 250   | 32320  | 520       | 26550                     | 400       |
|            | Poz-46054            | G. sacculifer | 345   | 43500  | 2000      | 46600                     | 1750      |

Table S1: <sup>14</sup>C-AMS dates in cores GeoB3938-1 and GeoB7010-2

<sup>1 14</sup>C ages were converted into calendar ages using the CALIB radiocarbon calibration
software (version 6.1.0, http://calib.qub.ac.uk/calib/) and the Marine09 calibration curve
(reservoir age of 400 a).

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| Rivers         | Al<br>(%) | Si<br>(%)   | K<br>(%)  | Ca<br>(%) | Ti<br>(%) | Fe<br>(%) | ln(Al/Si)  | ln(Fe/K)   | ln(Al/K)   |
|----------------|-----------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|
| Oringe Diag    | 21.3      | 63.1        | 3.0       | 0.9       | 1.5       | 10.2      | -1.09      | 1.25       | 1.99       |
| Orinoco River  | ± 2.5     | $\pm 2.8$   | $\pm 0.8$ | $\pm 0.2$ | $\pm 0.3$ | ± 1.5     | ± 0.16     | $\pm 0.39$ | $\pm 0.37$ |
| Amazon River   | 23.9      | 55.8        | 5.1       | 1.8       | 1.2       | 12.3      | -0.85      | 0.89       | 1.56       |
|                | $\pm 0.5$ | ± 1.3       | $\pm 0.7$ | $\pm 0.8$ | $\pm 0.2$ | ± 1.1     | $\pm 0.05$ | ± 0.12     | $\pm 0.05$ |
| Amazon Andean  | 21.8      | 59.3        | 5.2       | 1.2       | 1.2       | 11.3      | -1.00 ±    | $0.79 \pm$ | 1.45 ±     |
| tributaries    | ± 1.5     | ± 2.7       | $\pm 0.6$ | $\pm 0.7$ | $\pm 0.1$ | ± 1.1     | 0.12       | 0.17       | 0.15       |
| Amazon lowland | 34.4      | 45.0        | 2.0       | 1.1       | 1.3       | 16.2      | -0.27 ±    | 2.13 ±     | 2.92 ±     |
| tributaries    | ± 2.9     | $\pm 0.0^1$ | ± 1.8     | $\pm 0.7$ | $\pm 0.2$ | ± 2.4     | 0.08       | 0.74       | 0.75       |

Table S2: Characteristic elemental proportions and log-ratios of river suspended material. Mean and 1 standard deviation were calculated from values given in Table S3.

<sup>1</sup> See footnote 3 in Table S3.

|    | River                  | Lat                       | Long               | Al<br>(%) | Si<br>(%) | K<br>(%) | Ca<br>(%) | Ti<br>(%) | Fe<br>(%) | Reference                     |
|----|------------------------|---------------------------|--------------------|-----------|-----------|----------|-----------|-----------|-----------|-------------------------------|
| 1  | Orinoco                | 9.1 <sup>1</sup>          | -61.6 <sup>1</sup> | 23.3      | 60.2      | 2.2      | 0.7       | 1.7       | 12.0      | Martin & Meybeck (1979)       |
| 2  | Orinoco                | <b>9</b> .1 <sup>1</sup>  | -61.6 <sup>1</sup> | 18.6      | 65.8      | 3.7      | 1.2       | 1.2       | 9.6       | McLennan (1993); Hirst (1962) |
| 3  | Orinoco                | 9.1 <sup>1</sup>          | -61.6 <sup>1</sup> | 22.1      | 63.2      | 2.9      | 0.8       | 1.8       | 9.1       | Eisma et al. (1978)           |
| 4  | Amazon                 | -1.2 <sup>1</sup>         | -51.7 <sup>1</sup> | 24.1      | 55.9      | 3.8      | 3.3       | 1.5       | 11.5      | Martin & Meybeck (1979)       |
| 5  | Amazon                 | <b>-</b> 1.2 <sup>1</sup> | -51.7 <sup>1</sup> | 24.5      | 53.5      | 5.0      | 1.5       | 0.9       | 14.5      | Sholkovitz et al. (1978)      |
| 6  | Amazon<br>(AM-06-59)   | -1.9                      | -55.5              | 22.9      | 57.5      | 5.3      | 1.5       | 1.2       | 11.6      | Bouchez et al. (2011)         |
| 7  | Amazon<br>(AM-06-62)   | -1.9                      | -55.5              | 24.0      | 55.8      | 5.4      | 1.4       | 1.2       | 12.2      | Bouchez et al. (2011)         |
| 8  | Amazon<br>(AM-06-65)   | -1.9                      | -55.5              | 23.8      | 56.2      | 5.4      | 1.4       | 1.2       | 12.1      | Bouchez et al. (2011)         |
| 9  | Amazon<br>(AM-06-52)   | -2.6                      | -55.6              | 23.9      | 55.7      | 5.6      | 1.4       | 1.2       | 12.3      | Bouchez et al. (2011)         |
| 10 | Madeira<br>(AM-06-35)  | -3.4                      | -58.8              | 22.8      | 57.7      | 5.9      | 0.7       | 1.2       | 11.8      | Bouchez et al. (2011)         |
| 11 | Madeira<br>(AM-06-38)  | -3.4                      | -58.8              | 19.4      | 63.4      | 5.2      | 0.7       | 1.2       | 10.2      | Bouchez et al. (2011)         |
| 12 | Madeira<br>(AM-06-41)  | -3.4                      | -58.8              | 20.5      | 61.4      | 5.6      | 0.7       | 1.2       | 10.5      | Bouchez et al. (2011)         |
| 13 | Madeira<br>(AM-06-43)  | -3.4                      | -58.8              | 21.5      | 60.1      | 5.6      | 0.6       | 1.2       | 10.9      | Bouchez et al. (2011)         |
| 14 | Solimões<br>(AM-06-09) | -3.3                      | -60.5              | 22.0      | 59.2      | 4.6      | 1.9       | 1.1       | 11.1      | Bouchez et al. (2011)         |
| 15 | Solimões               | -3.3                      | -60.5              | 22.5      | 58.4      | 4.7      | 2.0       | 1.1       | 11.2      | Bouchez et al. (2011)         |

Table S3: Major element composition of river suspended material used in the endmember unmixing analysis. (Elemental proportions are given in weight percent and were calculated such as the sum of the six elements considered in this study is 100 %.)

| 16  | Solimões                                | 2.2        | (0.5               | 24.1  | 55.0            | 15  | 2.0 | 1 1 | 12.5    | Densher at al. $(2011)$  |  |
|-----|---|------------|--------------------|-------|-----------------|-----|-----|-----|---------|--------------------------|--|
| 16  | (AM-06-19)                              | -3.3       | -60.5              | 24.1  | 55.0            | 4.5 | 2.0 | 1.1 | 13.5    | Bouchez et al. (2011)    |  |
|     | Negro <sup>2</sup>                      |            | (0.2               |       | 2               |     |     |     |         |                          |  |
| 17  | (MAO 01)                                | -3.1       | -60.3              | 38.2  | 45              | 1.3 | 0.5 | 1.5 | 13.5    | this study               |  |
| 4.0 | Negro <sup>2</sup>                      |            | 60 <b>0</b>        | • • • | 3               |     |     |     |         |                          |  |
| 18  | (MAO 02f)                               | -3.1       | -60.3              | 30.6  | 45 <sup>3</sup> | 5.7 | 2.5 | 1.4 | 14.8    | this study               |  |
| 4.0 | Negro <sup>2</sup><br>19 -<br>(MAO 03c) |            | 60 <b>-</b>        |       | 3               |     |     |     |         |                          |  |
| 19  |   | -3.1       | -60.2              | 38.3  | 45              | 1.7 | 0.5 | 1.4 | 13.2    | this study               |  |
| • • | Negro <sup>2</sup>                      | • •        |                    |       | 2               |     |     |     |         |                          |  |
| 20  | (MAO 81)                                | -3.0       | -60.4              | 32.4  | 45 <sup>3</sup> | 2.5 | 1.3 | 1.5 | 17.3    | this study               |  |
|     | Negro <sup>2</sup>                      |            |                    |       | 2               |     |     |     |         |                          |  |
| 21  | (MAO 83)                                | -3.1       | -60.3              | 33.4  | 45 <sup>3</sup> | 0.7 | 1.0 | 1.4 | 18.4    | this study               |  |
| 22  | Negro <sup>2</sup>                      | -3.2       |                    |       |                 | 2   |     |     |         |                          |  |
|     | (MAO 93)                                |            | -60.0              | 33.5  | 45 <sup>°</sup> | 0.0 | 0.8 | 1.4 | .4 19.2 | this study               |  |
| 23  | Negro                                   | $-2.0^{1}$ | -61.2 <sup>1</sup> | 34.6  | 45.0            | 1.8 | 0.9 | 0.8 | 17.0    | Sholkovitz et al. (1978) |  |

(AM-06-14)

<sup>1</sup>Approximate latitude and longitude

<sup>2</sup> The sampling of suspended material was carried out during periods of low (November 2011) and high (May 2012) river flow. For each period, we collected water from three sites using a submersible pump at 60 % of the water depth in the deepest portion of the Negro river channel. At least 4 litres of water was filtered using cellulose filters ( $0.2 \mu m$ ), which were immediately dried and packed in plastic bags for transportation. Digestion of suspended material was carried out with a microwave system (MLS, 1200 MEGA). For this purpose, 7 ml HNO3 (65%), 0.5 ml HF (40%), 0.5 ml HCl (30%), and 0.5 ml MilliQ were added to about 21-89 mg sample material (filter + suspended material) previously placed into Teflon liners. All acids were of suprapure quality. Element concentrations were measured with ICP-OES (Agilent 720; precision: 2 %, standard deviation: 1-3 %).

<sup>3</sup> Because of Si loss during total digestion procedure, the Si proportion of new Negro samples is fixed to 45 %, based on available data from Sholkovitz et al. (1978). An error of  $\pm 2.5$  % on Si proportion is included in the endmember unmixing analysis. We run three sets of 1000 Monte-Carlo iterations with different Si proportions of Negro samples (45 %, 42.5 % and 47.5 %).

| Lat          | Core       | 1 <sup>st</sup> terrigenous EM | 2 <sup>nd</sup> terrigenous EM | Marine EM <sup>1</sup> |
|--------------|------------|--------------------------------|--------------------------------|------------------------|
| 1001         | C D2020 1  | Amazon                         | Orinoco                        | 98 (± 1) % Ca          |
| 12°N         | GeoB3938-1 | (4-9)                          | (1-3)                          | 2 (± 1) % Si           |
| 001          | GeoB7010-2 | Amazon lowland tributaries     | Amazon Andean tributaries      | 98 (± 1) % Ca          |
| 9°N          | GeoB7011-1 | (17-23)                        | (10-16)                        | 2 (± 1) % Si           |
| <b>CON</b> I | C          | Amazon lowland tributaries     | Amazon Andean tributaries      | 98 (± 1) % Ca          |
| 5°N          | GeoB4411-2 | (17-23)                        | (10-16)                        | 2 (± 1) % Si           |

Table S4: Summary of the terrigenous and marine biogenic endmembers (EM) used in the unmixing analysis (Methods section 3.4) for the three cores. Numbers in terrigenous EM columns refer to Supplementary Table 3.

<sup>1</sup> The marine biogenic endmember is composed of Ca and Si only. Its composition is derived from the carbonate and biogenic opal content of surface sediment in nearby sites (data from Lochte et al. (2000), available here: http://doi.pangaea.de/10.1594/PANGAEA.53229). Values in brackets are the errors on the composition that are included in the 95% confidence intervals of the endmember unmixing analysis.



Fig. S1: Quality of XRF calibration. Downcore ln(Fe/Ca) variations obtained from calibrated major element proportions (black line) and EDP-XRF measurements (grey diamonds) are presented versus depth for cores: A. GeoB4411-2 ( $r^2=0.96$ ), B. GeoB7010-2 ( $r^2=0.91$ ), C. GeoB7011-1 ( $r^2=0.94$ ) and D. GeoB3938-1 ( $r^2=0.85$ ). The given  $r^2$  value is the mean  $r^2$  of all element/Ca log-ratio regressions (Weltje and Tjallingii, 2008).



Fig. S2: Variations in major element calibrated proportions (Al: dots; Si, light grey area; K, black area; Ca: hatched area; Ti: white area; Fe, medium grey area) from sites at A. 5°N: GeoB4411-2, B. 9°N: GeoB7010-2 (0-104 ka) and GeoB7011-1 (105-150 ka) and C. 12°N: GeoB3938-1. Elemental proportions vary between 0 (0 %) and 1 (100 %). Ti proportions (white area) are very low (< 2 %) and hardly distinguishable between the Fe and Ca proportions. Marine Isotope Stages are indicated at the top of A.



Fig. S3: A. Accumulation rate (AR) of the total organic carbon (TOC) (Schlünz et al., 2000) and B. %-Amazon (this study) from core GeoB3938-1 (12°N) plotted against sea level (data from Waelbroeck et al., 2002). The grey rectangle (in A) highlights the phase of intermediate sea levels where the TOC might be enhanced according to Schlünz et al. (2000). We do not observe any relationship between sea level and %-Amazon in this core.



Fig. S4: Al/Si (left ordinate axis, black curve) and Al/K (right ordinate axis, grey curve) log-ratios from cores A. 5°N: GeoB4411-2, B. 9°N: GeoB7010-2 (0-104 ka) and GeoB7011-1 (102-150 ka), and C. 12°N: GeoB3938-1. Marine Isotope Stages are indicated at the top of A.

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