

## Response to the comments

### Responses to Reviewer 1:

This paper describes pollen analyses for a high resolution and precisely dated sediment core from Wuxu Lake, southwestern China, with the goal of reconstructing vegetation changes in this area and depicting the variations of the East Asian winter monsoon (EAWM) and the Indian summer monsoon (ISM) over the last 12.3 ka. It is an interesting paper concerning a topic of quite wide interest in paleoclimate circles. The data are highly valuable, and the figures are clear and relevant. I would recommend a minor revision.

**Response:** Thank you very much.

1. *“Line 4, p4755, add the altitude of Wuxu lake”*

**Response:** Thanks. The altitude of Wuxu Lake is in L75.

2. *“5.3.2 Structure of the Holocene climatic optimum It would be better if the authors could shorten the first paragraph (from line 25, p4766 to line 11, p4768). As the authors argued that Wuxu Lake experienced a prolonged Holocene optimum from 10.4 to 4.9 ka, with a relatively cold pulse between 8.2 and 6.6 ka, this paragraph should start with this structure of the Holocene optimum so that readers can follow easily.”*

**Response:** Thanks. We have amended the paragraph, starting with the following sentence:

“The onset of warm and humid conditions around Wuxu Lake occurred after 10.4 cal ka BP and was maintained until 4.9 cal ka BP (Fig. 6a), resulting in a prolonged Holocene Optimum except for a relative cold pulse between 8.2 and 6.6 cal ka BP.”(L328).

### Responses to Reviewer 2:

“The manuscript titled “Holocene Asian monsoon evolution revealed by a pollen record from an alpine lake on the southeastern margin of the Qinghai-Tibetan Plateau, China” is an interesting and valuable piece of work and adds new data to the existing base of studies and knowledge concerning the late glacial–Holocene evolution of the Asian monsoon system. Especially the very high resolution of pollen-analyzed samples is impressive and reflects the great efforts invested. Nevertheless, I raise some concerns regarding the content of the manuscript text and the compilation of figures. All my comments and suggestions are listed below. In addition, the authors claim that the language has been checked by Jan Bloemendal. However, there are lots of mistakes of different kind remaining in the text. I have tried to correct these errors and improve the wording for a better understanding, but final proof-reading by a native speaker is an absolute “must”.”

**Response:** Thanks. We considered all of the constructive suggestions and implemented them in the revised manuscript. We rewrote the manuscript more clearly and improved the discussion section, especially, as recommended. Furthermore, we carefully checked our use of English and invited native speakers to correct the mistakes. We think the revisions improved our manuscript significantly, and we hope that our manuscript in its present form would be better suited for publication.

**General comments:**

1. "Please use age units in text and figures consequently: either "cal ka BP" or "cal yr BP"

**Response:** Thanks. The unit is unified as "cal ka BP".

2. "I suggest revision of the description of the pollen analysis (description of the pollen assemblage zones in chapter 4.2). See also comments in the table below."

**Response:** Thanks. The chapter has been revised.(L156-194)

3. "I suggest to incorporate chapters 5.1.1-5.1.7 in chapter 5.1 (Two-sentence chapters are generally inappropriate) and to add some more discussion to the now rather interpretative style of this chapter. This chapter could examine the long-term Holocene evolution of the recognized changes in the pollen record in relation to the results of other studies. A suitable title could be "5.1 Holocene vegetation and climate evolution"."

**Response:** Thanks. The chapter has been revised that we combined these sub-chapters 5.1.1-5.1.7 together.(L230-271)

**Specific comments**

1. "**P4753L14-16:** This is a repetition to what you've previously said in lines 7-8"

**Response:** Thanks. The sentence is removed.(L42-43)

2. "**P4753L16:** Change "sits" to "sites""

**Response:** Done. (L43)

3. "**P4753L16:** Please check the use of "synchronous". Is this what you really mean? Maybe just replace it with "uniform""

**Response:** Thanks, we underscore the results from stalagmite and "synchronous" is OK, but "uniform" would be better.(L44)

4. "**P4753L22:** Change "sediments" to "sediment" and "differs" to "differ""

**Response:** Done.(L48)

5. “**P4753L23:** Please make clear that it is the proxy which reacts sensitive and not the reconstructed “data””

**Response:** Thanks, “data” is deleted.(L49)

6. “**P4753L24-25:** Change “real differences in local precipitation responses to the ISM are also possible” to “there is also the potential of local differences in ISM precipitation response””

**Response:** Thanks, it is changed.(50-51)

7. “**P4754L1:** Delete “that originates””

**Response:** Deleted.(L53)

8. “**P4754L3:** Change to “the Asian summer monsoon in China””

**Response:** Thanks, added.(L54)

9. “**P4754L19:** “in China” might be deleted here”

**Response:** Deleted.(L67)

10. “**P4754L21:** What do the 2 parameters dominate? Please clarify.”

**Response:** Revised, these two parameters dominate the variations of modern pollen/vegetation distribution according to Li et al., 2015.(L69)

11. “**P4754L21:** Write “South China””

**Response:** Amended.(L69)

12. “**P4754L21-22:** Delete “including southwestern China”, It is clear that “south China” already includes southwestern China.”

**Response:** Deleted.(L70)

13. “**P4754L26:** Start new paragraph at “Wuxu Lake...””

**Response:** Thanks, rephrased.(L74-78)

14. “**P4754L28**: Please provide a reference for the mentioned altitude”

**Response:** The altitude is changed to 3706 m, accordance with Xiao et al. (2011).(L75)

Xiao, X., Shen, J., and Wang, S.: Spatial variation of modern pollen from surface lake sediments in Yunnan and southwestern Sichuan Province, China, Rev. Palaeobot. Palyno., 165, 224–234, 2011.

15. “**P4754L27-29**: The altitude of the lake does not affect the sensitivity of the vegetation to climate change. Please rewrite/clarify.”

**Response:** Thanks, the vegetation around tree-line changes significantly with the altitude, thus the vegetation would change relative rapidly in response to climate change due to the short geographic distance.

16. “**P4755L6**: Change “separated” to “characterized””

**Response:** Amended.(L83)

17. “**P4755L9**: Write “steep elevation gradients””

**Response:** Thanks, it should be climatic gradients.(L85)

18. “**P4755L9**: Please define “summer””

**Response:** Thanks, it is from June to August.(L85)

19. “**P4755L10**: Write “The regional vegetation””

**Response:** Thanks, amended.(L86)

20. “**P4755L12**: Write “shrubs and meadows””

**Response:** Thanks, amended.(L88)

21. “**P4755L17**: According to the figure it flows into Jiulong River.”

**Response:** Yes, it first flows into Jiulong River and then into Yalong River.(L92-93)

23. “**P4755L19-20**: Replace “*Quercus pamosa*; and *Betula utilis*, *Betula platyphylla*, *Salix* and *Rhododendron* occur in the secondary canopy” with “*Quercus pamosa* with *Betula utilis*, *Betula platyphylla*, *Salix* and *Rhododendron* occurring in the secondary canopy””

**Response:** Done.(L96-98)

24. **“P4755L21:** Write “shrubs””

**Response:** Amended.(L99)

25. **“P4755L22-23:** Replace “activity, with occasional Tibetan yak herdsman using it for summer grazing.” with “activity. Occasionally, Tibetan yak herdsman use the area as grazing grounds during summer.””

**Response:** Rephrased.(L100-101)

26. **“P4755L23:** Write “station””

**Response:** Thanks, amended.(L93)

27. **“P4755L23-26:** Add this information to the climate information given earlier in this subchapter.”

**Response:** Thanks, it is move to L93-95, before the introduction of vegetation.

28. **“P4756L5:** Replace “refrigerated” with “stored””

**Response:** Done.(L110)

29. **“P4756L9:** Delete “18””

**Response:** Deleted.(L110)

30. **“P4756L11:** Delete 2nd “the”

**Response:** Deleted.(L114)

31. **“P4756L14:** Delete “addition of””

**Response:** Deleted.(L117)

32. **“P4756L15:** Write “cloths””

**Response:** Amended.(L118)

33. **“P4756L16:** Delete “finally””

**Response:** Deleted.(L119)

34. **“P4756L19:** Write “terrestrial pollen grains”

**Response:** Amended. (L121)

35. **“P4756L19:** Replace “species” with “pollen type”

**Response:** Amended.(L121)

36. **“P4757L7:** Delete “phase”

**Response:** Deleted.(L132)

37. **“P4757L17:** Replace “sediments” with “plant remains” if this is what you’ve dated.”

**Response:** Thanks, amended. (L141)

38. **“P4757L21:** Delete “final””(L144)

**Response:** Deleted.

39. **“P4758L2-3:** Please specify the 214 pollen types correctly and completely. Note that ferns produce spores.”

**Response:** In total, 214 pollen types were identified. However, only types showing statistically significant were used for the interpretations.(L150)

40. **“P4758L4:** Write “contributions of”

**Response:** Done.(L152)

41. **“P4758-4760:** Integrate chapters 4.2.1-4.2.8 as paragraphs into chapter 4.2”

**Response:** Revised.(L156-194)

42. **“P4758L16:** Delete “their”

**Response:** Done.(L160)

43. **“P4758L16:** Replace “for” with “throughout”

**Response:** Done.(L160)

44. “**P4758L16**: Delete “Finally,””

**Response:** Deleted.(L160)

45. “**P4758L17**: Replace “a high abundance” with “at high abundances””

**Response:** Amended.(L161)

46. “**P4758L20**: Delete “the representation of””

**Response:** Deleted.(L164)

47. “**P4758L21**: Replace “and their replacement by” with “to the benefit of””

**Response:** Amended.(L164)

48. “**P4758L21**: Delete “from””

**Response:** Deleted.(L165)

49. “**P4758L22**: Delete 2x “about” or use words like “about” or “circa” consequently.”

**Response:** Amended.(L165)

50. “**P4758L22**: Replace “... 2%.” with “... 2%, respectively.””

**Response:** Done.(L166)

51. “**P4758L23**: Can’t see the “generally over 30%” *Betula* pollen in this zone”

**Response:** Sorry, over 20% is more available.(L166)

52. “**P4758L24**: Replace “to” with “as in””

**Response:** Done.(L167)

53. “**P4758L23-24**: To me it seems that there is a rise in *Pinus* after 11.3 cal ka BP”

**Response:** Thanks, because *Pinus* pollen may be transported from the lowest altitude vegetation zone in the region, or from long distance sources, we do not discuss the implication of *Pinus* pollen.

54. “**P4759L2-3**: Strictly speaking, this statement rather applies to zone 2”

**Response:** Thanks, “highest” is changed to “relative high”.(L169)

55. “**P4759L5-6:** Regarding *Tsuga* representation, there is no difference between zone 2 and 3a. The authors should try to focus on the significant and visible trends.

**Response:** Thanks, although *Tsuga* pollen increases slightly, considering the low representation and significant climatic implication of this pollen type (Xiao et al., 2011; Shen et al., 2006), we could not ignore this change.

Shen C, Liu K-b, Tang L, Overpeck JT (2006a) Quantitative relationships between modern pollen rain and climate in the Tibetan Plateau. *Review of Palaeobotany and Palynology* 140:61-77.

Xiao X, Shen J, Wang S (2011) Spatial variation of modern pollen from surface lake sediments in Yunnan and southwestern Sichuan Province, China. *Review of Palaeobotany and Palynology* 165:224-234.

56. “**P4759L8-9:** Again, there is clearly no gradual decrease in *Carpinus* in this zone!”

**Response:** Thanks, we agree that *Carpinus* in this zone does not decrease gradually, but the abundance actually decreases relative to prior ones. We delete “*Carpinus*” in L173.

57. “**P4759L11-12:** How about *Thalictrum*?”

**Response:** Thanks, it is.(L175)

58. “**P4759L13:** Delete “however” and start a new sentence.”

**Response:** Amended.(L176)

59. “**P4759L13-14:** Actually, *Pinus* is the dominant arboreal taxon in the record.”

**Response:** As mentioned above, *Pinus* pollen may be transported from the lowest altitude vegetation zone in the region, or from long distance sources.

60. “**P4759L15:** Delete comma after “slightly””

**Response:** Deleted.(L177)

61. “**P4759L18-19:** But the most obvious decrease is seen in *Carpinus* pollen percentages.”

**Response:** Thanks, we think the “obvious decrease of *Carpinus*” generally caused by



anomaly high abundance at the end of sub-zone 3a, the average does not have any change.

62. “**P4759L19**: Change “relative” to “relatively””

**Response:** Amended.(L180)

63. “**P4759L20**: Change “percentage” to “percentages””

**Response:** Amended.(L181)

64. “**P4760L2-4**: But *Ericaceae* and *Hippophae* are (correctly) included in the arboreal group”

**Response:** Thanks, the sentence is rephrased, moving to L186.

65. “**P4760L4-5**: This sentence sounds odd. Please formulate a new sentence after “... around 70%””

**Response:** Thanks, the following sentence is rephrased as follows: Arboreal taxa decrease to around 70%, mainly due to the reduced *Betula* and deciduous *Quercus*. (L184)

66. “**P4760L6**: Replace “the slightly increased representation” with “a slight increase in the representation””

**Response:** Done.(L187)

67. “**P4760L9-10**: Looking at the herbaceous taxa curve, I can’t see any decrease compared to the previous zone. Overall, herbs percentages seem to be slightly increased.”

**Response:** Totally, herbaceous taxa increased in the late Holocene with some fluctuations. However, from the arboreal taxa curve, the opposite one of the herbaceous, generally show high values than the Zone 4. Sorry for the indistinct figure and slightly change, the score of PCA 2 is more conspicuous.

68. “**P4760L11**: Replace “by” with “to””

**Response:** Done. (L191)

69. “**P4760L12**: Delete “The herbaceous taxa exhibit a stable composition,””

**Response:** Deleted.(L192)

70. **“P4760L19-20:** Replace “alpine shrub and meadow” with “alpine shrubs and meadows””

**Response:** Done.(L198)

71. **“P4761L2:** Add “taxa” after “broadleaved””

**Response:** Added.(L204)

72. **“P4761L2:** Replace “;” with “,””

**Response:** Revised.(L204)

73. **“P4761L9:** Replace “previously-defined zonation” with “defined pollen zones””

**Response:** Revised.(L209)

74. **“P4761L8-9:** Put “(Fig. 4b)” after “five groups””

**Response:** Added.(L208)

75. **“P4761L7-9:** If they correspond, why don't you explain which PCA groups correspond to which pollen zone?”

**Response:** the correlation of the PCA groups and pollen zones are illustrated in Fig. 4b as well as the text P4761L9-12:

“Samples from zones I, II and III have moderate to high positive scores on the first axis, while samples from of zone IV and V have negative scores. Samples from zones I, II and V have high scores on the second axis, while samples from zone III and V have low scores.”

76. **“P4761L9-12:** Replace “from zones” with “of zones””

**Response:** Amended.(L210-212)

77. **“P4761L13:** Add the reference for the software you used.”

**Response:** The reference is “Schulz M and Mudelsee M (2002) REDFIT: Estimating red-noise spectra directly from unevenly spaced paleoclimatic time series. Computers & Geosciences 28: 421–426.”

78. **“P4761L18:** Add “modern” before “tree-line””

**Response:** Added.(L218)

79. **“P4761L19:** Replace “be sensitive” with “react sensitively””

**Response:** Thanks, revised.(L219)

80. **“P4761L19-20:** Replace “lake sediment surface pollen” with “lake surface pollen” in this place and throughout the text”

**Response:** Thanks, we have checked and replaced them all.(L219, 224)

81. **“P4762L3:** Delete “the””

**Response:** Deleted.(L226)

82. **“P4762L4:** Add comma after “Thus””

**Response:** Added.(L227)

83. **“P4763L16:** Delete both commas”

**Response:** Deleted.(L255)

84. **“P4763L17:** Replace “replaced” with “replacing””

**Response:** Revised.(L256)

85. **“P4763L22:** Replace “indicate” with “indicates””

**Response:** Amended.(L259)

86. **“P4763L23:** Delete “somewhat””

**Response:** Deleted.(L260)

88. **“P4764L4:** Delete “the”

**Response:** Deleted.(L264)

89. **“P4764L5:** Replace “,” with “.””

**Response:** Amended.(L265)

90. **“P4764L6:** Replace “decreases” with “decrease””

**Response:** Amended.(L265)

91. “**P4764L7:** Replace “indicate” with “indicates””

**Response:** Amended.(L266)

92. “**P4764L8:** Replace “whiles increases” with “while increase””

**Response:** Done.(L267)

93. “**P4764L9:** Replace “suggest” with “suggests””

**Response:** Done.(L267)

94. “**P4764L9-10:** Replace “The climate was ameliorated compared to the preceding interval, with humid summers and warm winters.” with “With humid summers and warm winters the climate was more favorable compared to the preceding interval.””

**Response:** Revised.(L268-269)

95. “**P4764L11:** The minor but distinct” is contradictory. Please change.”

**Response:** Thanks, “but distinct” is deleted.(L270)

96. “**P4764L15:** Delete the second “first””

**Response:** Deleted.(L377)

97. “**P4764L15:** Delete the comma and “and, put a full stop and Start a new sentence “Since the winter...””

**Response:** Amended.(L377)

98. “**P4764L18:** Replace “proxy of” with “proxy for””

**Response:** Thanks, amended.(L379)

99. “**P4765L9-11:** Were, according to your opinion, the discrepancies only or mainly controlled by the advance or retreat of desert? Please rephrase/clarify.”

**Response:** Thanks, the sentence is rephrased as follows: The discrepancies may be due to the fact that the grain-size of loess and dune mobility were also influenced by the advance or retreat of deserts in northern China.(L392-393)

100. “**P4765L20**: Add “be” after “may””

**Response:** Done.(L400)

101. “**P4765L24**: Replace “The model” with “A model””

**Response:** Done.(L403)

102. “**P4765L29**: Here I think you actually mean the Holocene period and not exactly the last 12 ka. If so, please write “during the Holocene period”.”

**Response:** Thanks, actually, we want to express that during the period of both YD and the Holocene, we replace “12” with “12.3”.(L407)

103. “**P4766L1**: The 5.3 heading would be not quite consequent since you also compare your results to other studies and reconstructions in the previous chapter. I suggest deleting this heading and changing the following chapter numbers accordingly. E.g. chapter 5.3.1 becomes 5.3 and 5.3.2 becomes 5.4 etc.”

**Response:** Thanks, we rearranged this chapter and 5.2 as follows:

5.2 Timing of the Holocene onset (L306)

5.3 Structure of the Holocene climatic optimum (L327)

5.4 Relationship between the Wuxu Lake paleovegetation record and the EAWM (L376)

104. “**P4766L2**: Talking about the context of the YD/Holocene transition, the community commonly refers to the onset of the Holocene “initial warming” which “initiated” the end of the YD. Thus, I would suggest naming the heading “Timing of the Holocene onset”.”

**Response:** Thanks, it would be amended. (L306)

105. “**P4766L3-21**: I agree that, regarding the state of the art research in monsoon Asia and the North Atlantic region, the Holocene onset appears to be contemporaneous. However, I’m not aware that this onset is accepted to have happened around 11.5 ka BP. There are other records which suggest an earlier initial Holocene ISM strengthening. Leipe et al. (2014) mention a set of ISM records in their discussion (see figure and text), which suggest such earlier Holocene onset. This should be also taken into account in your discussion. At the moment it sounds like that the ISM onset at a large spatial scale ca. 11.5 ka BP is widely accepted.”

**Response:** Thanks, we only select the records with reliable chronology model, now some other records with large age uncertainty are added in the text.(L314-316)

106. **“P4766L13:** Start a new paragraph after “(Stuiver et al., 1995).””

**Response:** Revised.(L318)

107. **“P4766L14-16:** Please revise this sentence. It is not easy to read and to understand.”

**Response:** Thanks, it is revised as follows: Firstly, the stage for vegetation succession: e.g., the *Abies/Picea* form the climax forest in the subalpine ecotone after glacier retreat in northwestern Sichuan took about 100 years. (L318-320)

108. **“P4766L17:** Replace “to lag climate by” with “may lag climate change by””

**Response:** Revised.(L322)

109. **“P4766L18-20:** I personally don’t understand what you mean by this sentence. Please rephrase.”

**Response:** Revised, we have reorganized the sentence as “Secondly, the influence of centennial scale event may have hindered our pollen record to distinguish the short event as the YD”. (L323-324)

110. **“P4766L20:** Have you checked if this time lag can be explained by a dating error range? How about the 1-sigma range, too? Maybe the lag is within this error range. If so you should mention this in the text.”

**Response:** Thanks, the 95% confidence limit of the point ranges from 11.0 to 11.6 cal ka BP.(L326)

111. **“P4766L24:** Write “strengthened””

**Response:** Revised.(L328-330)

112. **“P4766L26:** Delete “the””

**Response:** Removed.(L331)

113. **“P4767L9:** Add comma after “Thus””

**Response:** Added.(L338)

114. **“P4767L12:** Replace “, coincident” with “coinciding””

**Response:** Amended.(L340)

115. “**P4767L13:** Change to “insolation””

**Response:** Amended.(L341)

116. “**P4767L21:** It would be advantageous for the reader if you added the location of the sedimentary records.”

**Response:** Thanks, it is Paru Co from the southern QTP.(L348)

117. “**P4767L27:** Delete “which””

**Response:** Removed.(L352)

118. “**P4768L17:** I don’t understand what you mean with “dynamic blocking effect”. What is dynamic about this effect?”

**Response:** Thanks, we think “topography effect” is more available in the text. (L368)

119. “**P4768L19-20:** As the name suggests, the QTP is a plateau and thus mainly not characterized by steep terrain.”

**Response:** Sorry, we mean that the steep terrain in the margin of the QTP. (L368, 370)

120. “**P4768L22:** I think not “confine”, but “block” is the proper word here.”

**Response:** Thanks, amended. (L372)

121. “**P4768L22:** If you talk about moist summer monsoon winds you should mention this. E.g. “...summer monsoon windward side...””

**Response:** Thanks, we think that the differences in not controlled by the ISM, just influenced by local water recycle in the mountain areas, due to the records from both the interior of the QTP and the Indian subcontinent suggest that ISM gradually weakened during this period.

122. “**P4768L19-26:** But such rain-shadow effect is also a very influential feature in the marginal zones of the QTP. You might want to say here, that sites on the QTP are often too far away from the moisture source and that these sites receive less moisture during times of reduced ISM activity. If it’s this what you want to say, please clarify this in this section.”

**Response:** What we would like to express is close to this comment from the reviewer that lakes in this study area may receive additionally precipitation from such rain-shadow effect, resulting in such long climate optimum.

123. **“P4769L12:** Add “differences” after “solar insolation””

**Response:** Amended.(L417)

124. **“P4769L14:** Replace “and in winter warmth” with “(i.e. winter temperature)”

**Response:** Done. (L418)

125. **“P4769L18:** Replace “relative” with “relatively””

**Response:** Amended. (L421)

126. **“P4770L4-7:** Please try to make the sentence shorter. I.e. split it into several sentences. The colon can be omitted.”

**Response:** Thanks, it would be amended as follows: Our findings are generally consistent with previous studies: the EAWM was strong in the early Holocene and weakened in the late Holocene. However, in contrast to other studies, our results suggest that the EAWM was slightly weaker during the YD event than in the early Holocene. (L430-433)

127. **“P4770L10:** Replace “was reached and maintained” with “persisted”

**Response:** Amended. (L435)

128. **“P4770L12:** I think by “timing” you mean “onset”. If so, please change..”

**Response:** Done. (L437)

129. **“P4770L9-14:** From the discussion I understood that you explain the longer duration of high moisture levels by the marginal location of your site on the QTP, i.e. the relatively close location to the moisture source compared to other site situated on the QTP. Only referring to rain-shadow effect doesn't appear to be a sufficient explanation here. A bit poor and simplistic is also the interpretation of the recognized inconsistencies by “discrepancies in local rainfall response”. On the one hand you see a late onset of the optimum phase compared to other ISM reconstructions. On the other hand this optimum phase last longer than in other regions. In this case, rain-shadow effects would promote local rainfall (during the middle Holocene) around your site but could also hinder the penetration of rainfall (during the early Holocene) into the region. It would be beneficial for the quality of your article, if you could rethink



your interpretations regarding this issue.”

**Response:** Thanks. Since we compare both records from the India and the southwestern China at the low altitude and the interior of the QTP, the “rain-shadow effect” is not available in the text, instead, the effect of orographic lifting and blocking limited in the margin of the QTP is what we want to express.

130. **“P4770L13:** The word “genuine” is not needed in this context.”

**Response:** Removed. (L438)

**Comments to figures:**

1. “Try to avoid mentioning information twice in the figure captions. E.g. in the caption for Fig. 1a “Location of Wuxu Lake” and “location of Wuxu Lake”. Please also check the other figures.”

**Response:** Thanks, the repetition is removed. (L661-664)

2. “Fig. 1a

- Looking at the arrows which are supposed to schematically illustrate the pathways of the summer monsoon systems, it seems like the region around Huguang Maar Lake and Dongge Cave is mainly influenced by the EASM. In fact, it is mainly influenced by the ISM. See Dykoski et al. (2005) citing Yihui et al. (2004). Although it is a schematic illustration, it is necessary to put a bit more effort into the outline of the arrows marking the monsoon systems. Maybe also choose another blue color for the EAWM.”

**Response:** Thanks. Generally, between 100 and 105°E is considered as the transition region of the EASM and the ISM (Wang et al., 2003), but the accurate boundary could not be defined, thus the eastern part (Huguangyan Maar Lake) is thought to be mainly dominated by EASM. Although suggested by Chen et al. (2014), the record from Dongge Cave is an ISM proxy, the climatic implication in China is controversial, and in this paper, we do not use the stalagmite record from the eastern China for comparison. For the EAWM, we would add another arrow in the South China.(Fig.1a)

Chen, F., Chen, X., Chen, J., Zhou, A., Wu, D., Tang, L., Zhang, X., Huang, X., and Yu, J.: Holocene vegetation history, precipitation changes and Indian Summer Monsoon evolution documented from sediments of Xingyun Lake, south-west China, *J. Quaternary Sci.*, 29, 661–674, 2014.

Wang, B., Clemens, S., Liu, P., 2003. Contrasting the Indian and East Asian monsoons: implications on geologic timescales. *Marine Geology* 201, 5–21.

3. “Fig. 1b

A bit more precision is also recommended for this figure: It seems that the arrow is not associated with “Wuxu Lake”. Why the Yalong River ends somewhere above the

map scale. Please adjust the position of the scale bar and the label. In addition, see my comment in the above table.”

**Response:** Thanks, the figure has been modified.(Fig.1b)

4. “Fig. 3

- Make sure the figure is plotted in landscape. Try to increase the font size especially of the pollen types and the other parameters. Reduce the amount of minor tick marks on the Age-axis.
- use either “Herbs” or “Herbaceous”
- Please check the spelling of all taxa names. At least Sanguisorba is spelled incorrectly.
- Delete the line which crosses the labels of the x-axes.
- Properly label the x-axes”

**Response:** Thanks, the figure has been redrawn.(Fig.3)

5. “Fig. 4

- Correct spelling of Sanguisorba.
- use either “Actinidia” or “Actinidiaceae” consequently throughout the text and in the figures. The Actinidiaceae family contains more than one genus!
- Write “(b) Sample scores...””

**Response:** Thanks, corrected.(Fig.4 and L686)

6. “Fig. 5

- In the text you mention 12.3 ka, here it is 12.2 ka.”

**Response:** Sorry, it is a mistake.(L692)

7. “Fig. 6

- For a more direct and better understanding of the illustrated curves, I recommend to add information about what different trends show in terms of climate. E.g. by means of arrows which indicate increase/decrease in EAWM circulation (this also applies to Fig. 7 and 8). Briefly say what the PCA axis represents. E.g. “PCA axis 1 interpreted as a proxy for...””

**Response:** Thanks, modified.(Fig.7 and L725-726)

8. “Fig. 7

- “ISM proxy from Wuxu Lake” and “Sample scores on PCA axis 2” is a repetition and of little informational value for the busy reader.
- Specify the meaning of PCA axis 2 in the caption”

**Response:** Thanks, modified.(Fig. 6 and L697-698)

9. "The axis for the summer and winter insolation intensity cannot be the same."

**Response:** The solar insolation lines are 30°N in June (solid line) and 30°S in December (dashed line) after Berger and Loutre (1991), we do not think there is any problem in the figure.

**References:**

Dykoski CA, Edwards RL, Cheng H, et al. (2005) A high-resolution, absolute-dated Holocene and deglacial Asian monsoon record from Dongge Cave, China. *Earth and Planetary Science Letters* 233(1–2): 71-86.

Leipe C, Demske D and Tarasov PE (2014) A Holocene pollen record from the northwestern Himalayan lake Tso Moriri: Implications for palaeoclimatic and archaeological research. *Quaternary International* 348: 93-112.

Yihui D, Chongyin L and Yanju L (2004) Overview of the South China sea monsoon experiment. *Advances in Atmospheric Sciences* 21(3): 343-360.

**Response:** Thanks, we think these inferences are very helpful for improving the manuscript.

1 **Holocene Asian monsoon evolution revealed by a pollen record from**  
2 **an alpine lake on the southeastern margin of the Qinghai-Tibetan**  
3 **Plateau, China**

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10 **Abstract**

11 We present the results of pollen analyses from a 1105-cm-long sediment core from Wuxu Lake in  
12 southwestern China, which depict the variations of the East Asian winter monsoon (EAWM) and the Indian  
13 summer monsoon (ISM) during the last 12.3 ka. During the period of 12.3 to 11.3 cal ka BP, the dominance of  
14 *Betula* forest and open alpine shrub and meadow around Wuxu Lake indicates a climate with relatively cold  
15 winters and dry summers, corresponding to the Younger Dryas event. Between 11.3 and 10.4 cal ka BP, further  
16 expansion of *Betula* forest and the retreat of alpine shrubs and meadows reflect a greater seasonality with cold  
17 winters and gradually increasing summer precipitation. From 10.4 to 4.9 cal ka BP, the dense forest understory,  
18 together with the gradual decrease in *Betula* forest and increase in *Tsuga* forest, suggest that the winters became  
19 warmer and summer precipitation was at a maximum, corresponding to the Holocene climatic optimum. Between  
20 4.9 and 2.6 cal ka BP, *Tsuga* forest and alpine shrubs and meadows expanded significantly, reflecting relatively  
21 warm winters and decreased summer precipitation. Since 2.6 cal ka BP, reforestation around Wuxu Lake indicates  
22 a renewed humid period in the late Holocene; however, the vegetation in the catchment may also have been  
23 affected by grazing activity during this period. The results of our study are generally consistent with previous  
24 findings; however, the timing and duration of the Holocene climatic optimum from different records are  
25 inconsistent, reflecting real contrast in local rainfall response to the ISM. Overall, the EAWM is broadly in-phase  
26 with the ISM on the orbital timescale, and both monsoons exhibit a trend of decreasing strength from the early to

27 late Holocene, reflecting the interplay of solar insolation receipt between the winter and summer seasons and El  
28 Niño Southern Oscillation strength in the tropical Pacific.

29 **Keywords:** Holocene; Asian monsoon; pollen assemblages; Wuxu Lake; southwestern China

30

## 31 1. Introduction

32 As an important component of the global climate system, the Asian summer monsoon, including Indian and  
33 East Asian summer monsoon systems, significantly affects sustainable development and ecosystem dynamics  
34 within a large, densely populated region (An et al., 2000). During the last two decades, the variability of the Indian  
35 summer monsoon (ISM) in the Holocene has been reconstructed from various types of paleoclimatic archive and  
36 proxies, such as stalagmite oxygen isotope ( $\delta^{18}\text{O}$ ) records (Cai et al., 2012; Fleitmann et al., 2007; Fleitmann et al.,  
37 2003), marine sediments (Contreras-Rosales et al., 2014; Gupta et al., 2003; Rashid et al., 2007), and lake and  
38 peatland sediments (Bird et al., 2014; Chen et al., 2014; Cook et al., 2013; Demske et al., 2009; Fuchs and  
39 Buerkert, 2008; Jarvis, 1993; Kramer et al., 2010; Prasad et al., 2014; Sarkar et al., 2015; Shen et al., 2006a; Shen  
40 et al., 2006b; Shen et al., 2005; Song et al., 2012; Sun et al., ~~accepted2015~~; Xiao et al., 2014a). Among the  
41 numerous records, stalagmites can be accurately and precisely dated using U-series methods (Cheng et al., 2000);  
42 ~~and stalagmite oxygen isotope ( $\delta^{18}\text{O}$ ) records have been used for reconstructing the ISM intensity (Cai et al., 2012;~~  
43 ~~Fleitmann et al., 2007; Fleitmann et al., 2003).~~ The ~~stalagmite  $\delta^{18}\text{O}$  results from various sites~~ indicate a  
44 ~~synchronous-uniform~~ evolution history with the optimum climate occurring in the early Holocene. However,  
45 stalagmite  $\delta^{18}\text{O}$  values are also influenced by seasonality of precipitation, moisture source and transport pathway,  
46 especially in eastern China (Breitenbach et al., 2010; Maher, 2008; Maher and Thompson, 2012; Pausata et al.,  
47 2011; Tan, 2014; Wang et al., 2001). In contrast, the timing and duration of the Holocene climatic optimum  
48 inferred from marine and lake sediments records differs from the speleothem record, possibly because of  
49 differences in temporal resolution, in the sensitivity of the proxy data, and the lack of reliable chronologies (Hou et  
50 al., 2012; Sun et al., ~~accepted2015~~; Zhang et al., 2011). In addition, ~~there is also the potential of local differences~~  
51 ~~in ISM precipitation response real differences in local precipitation responses to the ISM are also possible~~ (Bird et  
52 al., 2014), and therefore there is a need for additional detailed paleoclimatic studies in the region.

53 The East Asian winter monsoon (EAWM), which originates ~~that originates~~ in the Siberian high centered in  
54 Mongolia and northeastern Siberia, is the winter counterpart of the Asian summer monsoon in China and is

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55 characterized by cold and dry northwesterly or northeasterly winds (Chen et al., 2000). However, high-resolution  
56 records of the EAWM for the Holocene are sparse and their interpretation is controversial. Records of Ti  
57 concentration, total organic carbon content and magnetic susceptibility from Huguangyan Lake in southern China  
58 suggest a strengthening of the EAWM from the early to the late Holocene (Yancheva et al., 2007); however,  
59 geochemical and magnetic analyses indicate that the local pyroclastic bedrock is the dominant source of the  
60 Huguangyan Lake sediments (Shen et al., 2013; Zhou et al., 2009). In addition, recent studies, based on diatom  
61 assemblages and stable nitrogen isotope ( $\delta^{15}\text{N}$ ) analyses of sediments from the same lake, indicate a stronger  
62 EAWM in the early Holocene (Jia et al., 2015; Wang et al., 2012). Other proxies for reconstructing Holocene  
63 EAWM variability include the grain size distribution of loess deposits and thermocline gradients from the South  
64 China Sea, although are of low temporal resolution (Huang et al., 2011; Steinke et al., 2011; Steinke et al., 2010;  
65 Stevens et al., 2007; Sun et al., 2012; Tian et al., 2010).

66 Southwestern China, which mainly includes the Yunnan-Guizhou Plateau, the Sichuan Basin and the  
67 southeastern Qinghai-Tibetan Plateau (QTP), is a typical region ~~in China~~ which is strongly influenced by the ISM  
68 and EAWM (An et al., 2000). Modern pollen data indicate that the mean temperature of the coldest month and  
69 annual precipitation are the dominant climatic variables ~~of modern pollen/vegetation distributions in south-South~~  
70 ~~China, including southwestern China~~ (Li et al., 2015). Pollen analysis has been widely used to reconstruct  
71 Holocene paleovegetation and paleoclimate in the region (Chen et al., 2014; Cook et al., 2013; Jarvis, 1993;  
72 Kramer et al., 2010; Shen et al., 2006a; Shen et al., 2006b; Song et al., 2012; Xiao et al., 2014a). However, in most  
73 of these records the chronology is based on radiocarbon dating of bulk organic matter and/or is of low resolution.

74 Wuxu Lake is an alpine lake in the mountainous region of the southeastern QTP. The altitude is about ~~3705~~  
75 ~~3706 m above sea level (asl)~~ a.s.l. (Xiao et al., 2012), and close to the elevation of the present tree-line in the region,  
76 which increases the sensitivity of vegetation to climate change. Here we present a Holocene pollen record from the  
77 lake sediments, and use it to reconstruct the history of regional vegetation and climate changes, and thus the  
78 evolution of the ISM and EAWM.

79

## 80 2. Study Site

81 Wuxu Lake (~~N~~29°9'11.48"N, ~~E~~101°24'21.6"E) is located in an eastern branch of the Hengduan Mountains  
82 on the southeastern margin of the QTP (Fig. 1a). The southeastern margin of the QTP is characterized by steep

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83 valley-ridge relief, ~~separated~~characterized by parallel, deep and narrowly incised river valleys such as Dadu River,  
84 Yalong River and Jinsha River. The elevation ranges from 1500 m asl to above 5000 m asl, resulting in steep  
85 climatic gradients in the region. Mean summer (from June to August) temperature ranges from 5 to 21 °C, and  
86 mean annual precipitation varies between 500 and 1200 mm (Yu et al., 2001). The regional vegetation includes  
87 warm temperate evergreen broad-leaved forests in the foothills, cool evergreen coniferous forest extending up to  
88 4400m a.s.l., and alpine shrubs and meadows in the cold, high-elevation regions below the permanent snowline  
89 (Wu et al., 1980).

90 Wuxu Lake has an area of 0.5 km<sup>2</sup> with a catchment area of 6.5 km<sup>2</sup> (Wischnewski et al., 2011). The  
91 maximum water depth is 30.8 m (Wischnewski et al., 2011). The lake is fed mainly by a single stream which enters  
92 on the northwest side of the lake and has a single outflow in the southeast, which flows into the Jiulong River and  
93 then into the Yalong River (Fig. 1b). The closest weather station is Litang Station at 3948 m asl, which records a  
94 mean July temperature of 10.5 °C, mean January temperature of -6 °C, and mean annual precipitation of 720 mm  
95 which mainly occurs in the rainy season from May to September ( Wischnewski et al., 2011). The vegetation  
96 around the lake is dominated by *Picea likiangensis*, *Abies squamata*, *Quercus aquifoliodes* and *Quercus pamosa*  
97 with *Betula utilis*, *Betula platyphylla*, *Salix* and *Rhododendron* occurring in the secondary canopy. ~~*Quercus*~~  
98 ~~*pamosa*; and *Betula utilis*, *Betula platyphylla*, *Salix* and *Rhododendron* occur in the secondary canopy.~~ The forest  
99 is gradually replaced by subalpine *Rhododendron* shrubs and alpine meadows with increasing altitude. At present  
100 the catchment is little disturbed by human activity. Occasionally, Tibetan yak herdsman use the area as grazing  
101 grounds during summer activity, with occasional Tibetan yak herdsman using it for summer grazing. The closest  
102 weather station is Litang Station at 3948 m asl, which records a mean July temperature of 10.5 °C, mean January  
103 temperature of -6 °C, and mean annual precipitation of 720 mm which mainly occurs in the rainy season from May  
104 to September (Wischnewski et al., 2011). ▲

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### 106 3. Materials and methods

#### 107 3.1 Sediment sampling and dating

108 In summer 2010, we obtained a 1105-cm-long sediment core from the deepest part of Wuxu Lake (30-m  
109 depth) using a UWITEC piston corer. The core was sub-sampled at 1-cm contiguous intervals and refrigerated  
110 stored at 4 °C prior to analysis. The chronology is based on ~~18~~-accelerator mass spectrometry (AMS) <sup>14</sup>C dates

111 from terrestrial plant macrofossils extracted from the sediment samples. The analyses were made by Beta Analytic  
112 Inc. in Miami, USA and the Rafter Radiocarbon Laboratory in the Institute of Geological and Nuclear Sciences,  
113 New Zealand. All of the 18 AMS <sup>14</sup>C dates obtained were calibrated to calendar years before present (0 BP=1950  
114 AD) using the program Calib 7.1 and the ~~the~~ IntCal13 calibration data set (Reimer et al., 2013).

### 115 3.2 Pollen analysis

116 Samples for pollen analysis were ~~determined at 4-cm intervals and-~~ treated using standard laboratory  
117 methods (Fægri et al., 1989), including ~~addition of~~ treatment with HCl and HF to remove carbonate and silicate,  
118 boiling in KOH to remove humic acid, sieving with 10µm and 120 µm mesh ~~clothes~~ to remove the fine and coarse  
119 fractions, respectively; and ~~finally~~-mounting in silicone oil. Prior to these treatments, tablets containing a known  
120 quantity of *Lycopodium* spores were added to each sample in order to determine the pollen concentration. At least  
121 500 terrestrial ~~pollen~~ grains per sample were counted. The percentage for each ~~species-pollen type~~ was calculated  
122 based on the sum of total terrestrial pollen; pollen and spores from aquatic plants and ferns were excluded from the  
123 calculation.

### 124 3.3 Data treatment and statistical analyses

125 The pollen diagram was divided into biostratigraphic zones based on constrained incremental sum of squares  
126 (CONISS) using the Tilia program (Grimm, 1987). CONISS uses an algorithm based on  
127 stratigraphically-constrained chord-distance clustering and square-root transformation of the pollen percentage  
128 data. Only pollen taxa with a representation >1% in at least two samples were included in the zonation.

129 In order to identify and visualize the main directions of vegetation change, 31 terrestrial pollen types with a  
130 representation >1% in at least two samples were included in an ordination analysis. *Pinus* pollen is considered to  
131 be transported from the lowest altitude vegetation zone in the region, or from long distance sources. Its percentage  
132 values are the highest of all of the taxa recorded and they do not exhibit any obvious ~~phase~~ change; therefore, its  
133 weighting was set to 0.1 in the numerical analysis (Xiao et al., 2014a). Detrended Correspondence Analysis (DCA)  
134 yielded gradients of 1.03 standard deviations for the pollen dataset, indicating that linear-based methods such as  
135 Principal Component Analysis (PCA) are appropriate for the dataset. The PCA analysis was applied to the  
136 square-root-transformed pollen data for inter-species correlations. The DCA and PCA analyses were performed  
137 using the CANOCO program 4.5 (ter Braak and Šmilauer, 2002).

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## 139 4. Results and interpretation

### 140 4.1 Chronology

141 The results of AMS <sup>14</sup>C radiocarbon dating of the Wuxu Lake ~~sediments-plant remains~~ are shown in Table 1.  
142 The results indicate a roughly linear age-versus-depth relationship and therefore that the sediment accumulation  
143 rate was relatively constant. A Bayesian model, taking the sediment accumulation rates into account (Blaauw and  
144 Andres Christen, 2011), was used to construct the ~~final~~ age-depth model (Fig. 2) The model was determined using  
145 the default settings for lake sediments at 10-cm intervals implemented using the statistical software package R (R  
146 Development Core Team, 2013). The basal age is about 12.3 cal ka BP, yielding an average sediment  
147 accumulation rate of 89.5 cm ka<sup>-1</sup>, and thus the average temporal sampling resolution is about 45 years for the  
148 pollen record.

### 149 4.2 Pollen assemblages

150 A total of 214 pollen ~~and spore~~ types were identified, including 118 arboreal taxa, 40 herbaceous taxa and 20  
151 fern taxa. The entire pollen record is dominated by arboreal taxa, including *Pinus*, sclerophyllous *Quercus*,  
152 *Picea/Abies* and *Betula*, with contributions ~~from of~~ *Alnus*, *Tsuga*, *Lithocarpus/Castanea*, Cupressaceae, deciduous  
153 *Quercus* and Ericaceae. The average percentage of the main herbaceous taxa, including *Artemisia*, Gramineae,  
154 Rosaceae, Ranunculaceae, *Thalictrum*, Labiatae, Gesneriaceae and Cyperaceae, is 18.4%. The pollen spectra can  
155 be divided into five assemblage zones according to the changes in terrestrial pollen percentages (Fig. 3).

156 ~~In Zone I (12.3- 11.3 cal ka BP),~~ ~~Arboreal-arboreal~~ taxa account for more than 70% of total terrestrial  
157 pollen, among which *Pinus*, sclerophyllous *Quercus* and *Betula* predominate. Other common taxa include  
158 deciduous *Quercus*, *Picea/Abies*, *Carpinus*, Gramineae, *Artemisia*, Ranunculaceae, Cyperaceae and *Thalictrum*.  
159 The zone is also characterized by the high abundance of herbaceous taxa, including *Artemisia*, Cyperaceae,  
160 Gramineae and *Thalictrum*, which all exhibit ~~their~~ highest percentages ~~for throughout~~ the entire record. ~~Finally,~~  
161 *Carpinus* and *Picea/Abies* maintain ~~a~~ ~~at~~ high abundances within the zone, while *Betula* exhibits a generally  
162 increasing trend.

163 ~~Zone II (11.3-10.4 cal ka BP).~~ A notable feature of ~~Zone II (11.3-10.4 cal ka BP)~~ ~~this zone~~ is the abrupt  
164 decrease in ~~the representation of~~ herbaceous taxa ~~and their replacement by to the benefit of~~ arboreal taxa. *Artemisia*  
165 and Cyperaceae ~~from~~ fall from 10% to 5%, and Gramineae and *Thalictrum* from ~~about~~ 5% to ~~about~~ 2% ~~,~~  
166 ~~respectively~~. *Betula* reaches its maximum (generally over ~~30~~20%) for the entire record. *Pinus*, *Picea/Abies* and

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167 *Carpinus* exhibit similar percentages ~~to as in~~ zone I.

168 ~~The third zone (Zone III, 10.4-4.9 cal ka BP) Zone III (10.4-4.9 cal ka BP). This zone~~ is characterized by  
169 ~~highest relative high~~ arboreal pollen percentages of the entire record and is divided into three sub-zones:

170 ~~Sub-zone III-1 (10.4-8.2 cal ka BP)-):~~ The percentages of total arboreal and herbaceous pollen are relatively  
171 constant; however, *Tsuga* begins to be continuously represented in the pollen spectra. Shrub taxa such as  
172 Actinidiaceae and *Rubus* increase significantly, while Rosaceae, *Potentilla*, Gesneriaceae, Labiatae and *Hypericum*  
173 increase slightly. *Betula*, ~~*Carpinus*~~, *Thalictrum* and Cyperaceae decrease gradually.

174 ~~Sub-zone III-2 (8.2-6.6 cal ka BP)-):~~ Herbaceous taxa increase compared to the previous sub-zone, generally  
175 resulting from increases in *Artemisia*, *Thalictrum*, Ranunculaceae and Cyperaceae. The representation of *Carpinus*  
176 and deciduous *Quercus* are similar to the previous sub-zone; ~~however,~~ *Betula* is gradually replaced by  
177 sclerophyllous *Quercus*, which is the dominant arboreal taxon. *Picea/Abies* decreases slightly, ~~from 5%~~ to 2%,  
178 while *Tsuga* and Taxodiaceae/Cyperaceae exhibit a minor increase.

179 ~~Sub-zone III-3 (6.6-4.9 cal ka BP)-):~~ Sclerophyllous *Quercus* increases slightly at the expense of *Betula*,  
180 Taxodiaceae/Cyperaceae and *Picea/Abies*. Actinidiaceae and *Rubus* return to relatively high values. The  
181 percentages of total arboreal pollen increases slightly compared to the previous sub-zone.

182 ~~Zone IV (4.9-2.6 cal ka BP)-):~~ The contribution of herbaceous taxa ~~in Zone IV (4.9-2.6 cal ka BP)~~ increases up  
183 to 30%, as the result of higher percentages of *Artemisia*, Cyperaceae, Gramineae, ~~as well as Ericaceae and~~

184 ~~*Hippophae*. Arboreal taxa decrease to around 70%, mainly due to the reduced *Betula* and deciduous~~  
185 ~~*Quercus*. Arboreal taxa still dominate the pollen assemblages, but with reduced percentages of around 70%,~~  
186 ~~especially *Betula* and deciduous *Quercus*. *Tsuga* percentages are the highest in the entire record, and Ericaceae and~~

187 ~~*Hippophae* increase significantly. There is a slight increase in the representation the slightly increased~~  
188 ~~representation~~ of *Picea/Abies*, *Alnus* and *Carpinus*.

189 ~~Zone V (2.6 cal ka BP-present)-):~~ Overall, the pollen spectra ~~in Zone V (after 2.6 cal ka BP)~~ are similar to  
190 those of Zone IV, but with a slightly increased representation of arboreal taxa. *Betula* continues to decrease,  
191 *Carpinus* and *Tsuga* decrease slightly, and sclerophyllous and deciduous *Quercus* increase slightly, ~~by to~~ up to  
192 20% and 5%, respectively. ~~The herbaceous taxa exhibit a stable composition, but~~ ~~But~~ Rosaceae, *Potentilla*,  
193 Gesneriaceae, Labiatae and *Hypericum* increase slightly, while *Artemisia*, Cyperaceae, Gramineae and  
194 Ranunculaceae decrease slightly. It is noteworthy that *Sanguisorba* increases significantly in this zone.

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### 195 4.3 Ordination analysis

196 The PCA analysis, based on 31 terrestrial pollen taxa from 276 samples, indicates that the first two axes  
197 capture 45.8% of the total variance, with the first PCA component capturing over 33.7% (Fig. 4a). Three  
198 assemblages can be distinguished: alpine shrubs and meadows characterized by Cyperaceae, *Artemisia*,  
199 *Polygonum*, *Thalictrum*, Ranunculaceae, *Ericaceae*, *Hippophae* and *Salix* (in the top left quadrant); cool-cold mixed  
200 forest characterized by *Abies/Picea*, *Betula*, *Carpinus* and deciduous *Quercus* (in the top right quadrant); and  
201 temperate mixed forest characterized by sclerophyllous *Quercus*, *Tsuga*, *Alnus*, *Lithocarpus/Castanopsis*, *Rubus*  
202 and Actinidiaceae (in the bottom left quadrant). The ordination of pollen taxa along the first PCA axis apparently  
203 reflects a transition from warm to cold winter temperature, since cold-tolerant taxa such as *Abies/Picea*, *Betula* and  
204 other deciduous broadleaved taxa are located on the positive side, while *Tsuga*, which is sensitive to winter  
205 temperature and annual temperature range, is on the negative side (An et al., 2011; Li et al., 2015). The  
206 arrangement of the pollen taxa along the second axis separates the major alpine shrub and meadow taxa from the  
207 forest taxa, reflecting the degree of openness of the vegetation communities, and can be interpreted as representing  
208 a change from dry to more humid conditions. The PCA separates the samples into approximately five groups (Fig.  
209 4b), which generally correspond to the defined pollen zones previously defined zonation of the sequence (Fig. 4b).  
210 Samples from zones I, II and III have moderate to high positive scores on the first axis, while samples from  
211 zone IV and V have negative scores. Samples from zones I, II and V have high scores on the second axis, while  
212 samples from zone III and V have low scores. Spectral analysis was conducted on the PCA axis 2 sample scores  
213 using the program REDFIT38 (Schulz M and Mudelsee M, 2002), and revealed periodicities of 110-, 106- and  
214 93-years (significant at the >90% confidence level) (Fig. 5).

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## 215 216 5. Discussion

### 217 5.1 Holocene vegetation and climate evolution Inferred vegetation and climate histories

218 Given the close proximity of Wuxu Lake to the modern tree-line, the vegetation around the catchment should  
219 be sensitive react sensitively to climate change. However, lake sediment surface pollen assemblages from the  
220 region indicate that large amounts of arboreal pollen, including *Pinus*, *Picea/Abies*, *Betula*, deciduous *Quercus*,  
221 *Tsuga* and evergreen *Quercus* from the lower vegetation zones, are introduced into subalpine and alpine lakes by  
222 anabatic winds (Kramer et al., 2010; Xiao et al., 2011). This makes it difficult to use the pollen data to trace past

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223 fluctuations in the tree-line and the vegetation composition of the catchment. Fortunately, these studies also  
224 indicate that the lake ~~sediment~~-surface pollen spectra from different vegetation types still closely correlate with the  
225 environmental gradients (Kramer et al., 2010; Xiao et al., 2011). In addition, theoretical models of pollen transport  
226 show that the proportion of the non-local pollen component deposited in ~~the~~-lake sediments increases with  
227 increasing lake size (Jackson and Lyford, 1999; Sugita, 1994). Thus, the pollen assemblages from Wuxu Lake,  
228 which is relatively small, should reliably reflect the response of the regional vegetation composition to changes in  
229 climate. The inferred changes in vegetation and climate are summarized below.

230 ~~From 12.3 to 11.3 cal ka BP.~~ The pollen spectra between 12.3 and 11.3 cal ka BP are characterized by high  
231 percentages of Gramineae, Cyperaceae, *Artemisia*, *Polygonum*, *Thalictrum* and Ranunculaceae, with relatively  
232 high percentages of *Salix*, *Hippophae* and Ericaceae. The high shrub and herbaceous pollen percentages indicate  
233 the expansion of alpine shrubs and meadows and open vegetation cover around Wuxu Lake, reflecting weak  
234 summer rainfall during the late Younger Dryas (YD). The gradually decreasing herbaceous representation also  
235 indicates that the ISM had begun to strengthen. During this period, the surrounding arboreal vegetation was  
236 dominated by broadleaved deciduous forest, together with *Picea/Abies* forest and sclerophyllous *Quercus*. The  
237 dominance of cold-tolerant species in the forest vegetation suggests lower winter temperatures and gradually  
238 increasing precipitation in summer.

239 ~~From 11.3 to 10.4 cal ka BP.~~ ~~The~~ ~~the~~ decreases in herbaceous pollen, *Salix* and Ericaceae, and significant  
240 increases in *Betula*, reflect the replacement of shrubland and meadow by *Betula* woodland. *Pinus*, *Picea/Abies*,  
241 *Carpinus*, deciduous and sclerophyllous *Quercus* were common. These changes indicate that the vegetation around  
242 Wuxu Lake gradually became closed and that the climate became more seasonal, with warmer and wetter summers  
243 and cold winters.

244 ~~From 10.4 to 8.2 cal ka BP.~~ The gradual decrease of *Betula* and *Carpinus*, and the slight increase of *Tsuga*,  
245 Actinidiaceae, *Rubus*, Rosaceae, *Potentilla*, Gesneriaceae, Labiatae and *Hypericum* until 8.2 cal ka BP, indicate  
246 that the vegetation cover was closed. The deciduous broadleaved forest began to retreat and conifer and  
247 broadleaved mixed forest with *Tsuga* appeared within the vertical vegetation belts. Actinidiaceae and *Rubus*  
248 replaced *Salix* and Ericaceae, forming the understory. These vegetation changes indicate that the climate was very  
249 humid in summer and gradually became warmer in winter.

250 *From 8.2 to 6.6 cal ka BP.* The continuous increase of *Tsuga* and sclerophyllous *Quercus*, and the gradual

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251 decrease of *Betula* and *Picea/Abies* between 8.2 and 6.6 cal ka BP, suggest that mixed forest continued to expand  
252 towards Wuxu Lake. These vegetation changes indicate that the summers were rather dry and that there was  
253 reduced seasonality of temperature.

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254 From 6.6 to 4.9 cal ka BP, ~~The~~ the relatively high representation of sclerophyllous *Quercus*, increased  
255 Actinidiaceae and *Rubus*; and steadily decreasing *Betula* and *Picea/Abies*; suggest the presence of sclerophyllous  
256 *Quercus* forest with a dense understory gradually ~~replaced~~ replacing deciduous broadleaved forest and *Picea/Abies*  
257 forest. The summers were humid and the winters were warm.

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258 Since 4.9 cal ka BP, ~~From 4.9 to 2.6 cal ka BP~~, ~~The~~ the significantly high representation of herbaceous pollen  
259 taxa (including *Artemisia*, Gramineae and Cyperaceae), *Hippophae* and Ericaceae indicate s that the regional  
260 vegetation cover became ~~some~~ what more open compared to the early Holocene. Increased sclerophyllous *Quercus*,  
261 *Tsuga* and decreased *Betula* suggest an expansion of *Tsuga* forest, accompanied by the retreat of *Betula* forest and  
262 a slight expansion of *Carpinus* forest. The summers were relatively dry and the winters warmer, compared to the  
263 preceding interval. ▲

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264 ~~From 2.6 cal ka BP to the present~~, After 2.6 cal ka BP, *Betula* forest was further replaced by sclerophyllous  
265 *Quercus*; ~~Tsuga~~ and *Alnus* remained at a similar level as during the preceding stage. The slight decreases  
266 *Artemisia*, Cyperaceae, Gramineae and Ranunculaceae indicate s that the alpine meadows retreated, while  
267 increases in Rosaceae, *Potentilla*, Gesneriaceae, Labiatae and *Hypericum* suggest s that the forest was relatively  
268 closed. With humid summers and warm winters the climate was more favorable compared to the preceding  
269 interval. ~~The climate was ameliorated compared to the preceding interval, with humid summers and warm winters.~~  
270 The minor ~~but distinct~~ increase in *Sanguisorba*, a grazing indicator (Kramer et al., 2010), suggests the influence of  
271 human activity in the region.

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## 272 **5.2 Relationship between the Wuxu Lake paleovegetation record and the EAWM**

273 ~~It was suggested above that the first PCA first axis may reflect winter temperature, and since the winter~~  
274 ~~temperature in China is negatively correlated with the intensity of the EAWM (Guo, 1994; Ren, 1990), it can be~~  
275 ~~assumed that the sample scores on PCA axis 1 are a proxy of the EAWM intensity. The record from Wuxu Lake~~  
276 ~~suggests that the EAWM was strong from the late Younger Dryas (YD) to the early Holocene, and that it gradually~~  
277 ~~weakened in the late Holocene (Fig. 6a). The overall trend of the EAWM during the past 12.3 ka probably~~  
278 ~~followed gradual changes in Northern Hemisphere winter insolation (Fig. 6b) (Berger and Loutre, 1991). A strong~~

279 EAWM in the early Holocene is consistent with other records from the Chinese monsoonal region. For example,  
280 the diatom record from Huguangyan Lake in southern China indicates that the water column was well-mixed in the  
281 early Holocene, mainly as the result of cold, windy conditions during winter (Fig. 6c) (Wang et al., 2012). This  
282 hypothesis is further supported by the records of total organic carbon content and  $\delta^{15}\text{N}$  from the same lake (Jia et  
283 al., 2015). The larger sea surface temperature (SST) gradients over the South China Sea reveal a strengthened  
284 EAWM during the early Holocene (Fig. 6d to 6f) (Huang et al., 2011; Steinke et al., 2011; Steinke et al., 2010).  
285 However, the grain size record of Chinese loess deposits also indicates that the EAWM winds gradually weakened  
286 from the early Holocene to the mid Holocene, and then gradually strengthened in the late Holocene (Fig. 6g) (Sun  
287 et al., 2012), a similar pattern to that recorded by geochemical parameters from Gonghe Basin in the northeastern  
288 QTP (Liu et al., 2013). The discrepancies may be due to the fact that the grain size of loess and dune mobility  
289 were controlled by the advance or retreat of deserts in northern China, while the effect of changes in transport  
290 capacity was limited (Mason et al., 2008; Yang and Ding, 2008).

291 Interestingly, the pollen record from Wuxu Lake suggests that the EAWM was weaker in the late YD than in  
292 the early Holocene. However, this finding is in conflict with the diatom record from Huguangyan Lake, which  
293 indicates that the EAWM intensified significantly in response to abrupt climate change in the North Atlantic  
294 Ocean (Fig. 6c) (Wang et al., 2012). The records from the South China Sea also indicate an intensified EAWM  
295 during this interval, in response to the slowdown of the Atlantic meridional overturning circulation (Fig. 6d to 6f)  
296 (Huang et al., 2011; Steinke et al., 2011; Steinke et al., 2010). However, it should be noted that the marine records  
297 are poorly dated and are of low temporal resolution. The anomaly may explained by the climate in the tropical  
298 eastern Pacific. Observation data show that a strong EAWM usually occurs when there is a negative SST anomaly  
299 in the tropical eastern Pacific (La Niña), while a positive anomaly (El Niño) is usually accompanied by a weak  
300 EAWM (Chen et al., 2000; Wang et al., 2000). The model study indicates a significant enhancement of the El  
301 Niño Southern Oscillation (ENSO) amplitude during the YD (Liu et al., 2014), which accords with the weak  
302 EAWM revealed by the Wuxu Lake record (Fig. 6h). Furthermore, a gradual intensification of ENSO during the  
303 Holocene also accords with a weakened EAWM, suggesting that low latitude climate processes also played an  
304 important role in the EAWM evolution during the past 12 ka.

### 305 **5.3 Comparison with other ISM records**

#### 306 **5.3.12 Timing of the YD event termination Holocene**

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307 —The YD is the last millennial-scale cooling event before the beginning of the Holocene in the Northern  
308 Hemisphere (Stuiver et al., 1995). In the ISM region, a roughly contemporaneous cold and dry event has been  
309 observed in numerous records but in general they are of low resolution. At about 11.3 cal ka BP, the abrupt  
310 decrease of PCA 2 axis sample scores may reflect the termination of the YD cold event in the region. A high  
311 resolution stalagmite  $\delta^{18}\text{O}$  record from Moomi Cave in Yemen exhibits a sharp fall at about 11.4 ka BP, marking  
312 the onset of the Holocene (Shakun et al., 2007). A pollen and stoma record from Tiancai Lake in southwestern  
313 China also suggests that the age of the termination of the YD was about 11.5 cal ka BP (Xiao et al., 2014a).

314 ~~However, other records, such as pollen records from Erhai Lake and Naleng Lake (Kramer et al., 2010; Shen et al.,~~  
315 ~~2006), and stable carbon isotope record from Muge Co (Sun et al., 2015) show relative large uncertainties due to~~  
316 ~~the bulk sediment dated.~~ Thus the timings in the ISM region are generally consistent with the age of the YD  
317 termination in the Greenland ice core record (Stuiver et al., 1995).

318 Several factors may be responsible for the 200-year time lag in the Wuxu Lake record. ~~Firstly, the stage for~~  
319 ~~vegetation succession: e.g., the *Abies/Picea* form the climax forest in the subalpine ecotone after glacier retreat in~~  
320 ~~northwestern Sichuan took about 100 years.~~ ~~Firstly, the role of vegetation succession: e.g., the development of~~  
321 ~~*Abies/Picea* forest in Gongga Mountain, in southwestern China, took about 100 years~~ (Cheng and Luo, 2004).

322 Pollen records from North America and Europe also show that vegetation ~~may lag climate change tends to lag~~  
323 ~~climate~~ by 100-200 years (Williams et al., 2002). Secondly, the influence of centennial scale event ~~may have~~  
324 ~~hindered~~ centered at 11.3 ka BP, and our pollen record ~~fails~~ to distinguish the short event ~~with~~ as the YD  
325 (Rasmussen, 2006; Shakun et al., 2007). Thirdly, errors in the AMS  $^{14}\text{C}$  dates could also be responsible for the  
326 200-year time lag ~~(the 95% confidence limit of the point ranges from 11.0 to 11.6 cal ka BP).~~

### 327 **5.3.2 Structure of the Holocene climatic optimum**

328 The onset of warm and humid conditions around Wuxu Lake ~~in response to the strengthened ISM~~ occurred  
329 after 10.4 cal ka BP and was maintained until 4.9 cal ka BP, ~~resulting in a prolonged Holocene Optimum except~~  
330 ~~for a relative cold pulse between 8.2 and 6.6 cal ka BP.~~ (Fig. 7a6a). The  $\delta^{18}\text{O}$  and  $\delta\text{D}$  values of rainfall reflect  
331 changes in isotopic composition in ~~the~~ moisture source areas and by transport distance, and are not correlated with  
332 seasonal rainfall amount. However, in the ISM region these isotope ratios are suggested to reflect monsoon  
333 intensity over time spans longer than the annual scale (Breitenbach et al., 2010; Contreras-Rosales et al., 2014).  
334 High resolution stalagmite  $\delta^{18}\text{O}$  records from Qunf Cave in southern Oman (Fig. 7b6b) and Tianmen Cave in  
335 southern QTP (Fig. 7a6c) indicate an interval of strong ISM in the early Holocene, followed by a progressive

336 weakening trend at about 6-7 ka BP (Cai et al., 2012; Fleitmann et al., 2003). Records of carbonate  $\delta^{18}\text{O}$  and plant  
337 wax  $\delta\text{D}$  from lake and marine sediments, which reflect the isotopic composition of the precipitation, reveal a  
338 similar trend (Fig. ~~7e6d~~) (Bird et al., 2014; Contreras-Rosales et al., 2014; Sarkar et al., 2015). Thus, the  
339 traditional view suggests that a warm and humid climate with a strong summer monsoon occurred during the first  
340 half of the Holocene in the ISM region (Fig. ~~7e6f~~) (Wang et al., 2010; Zhang et al., 2011), ~~coincident~~ coinciding  
341 with gradual changes in northern Hemisphere summer insolation (Fig. ~~7e6c~~) (Berger and Loutre, 1991). The  
342 abrupt monsoonal intensification and the early- to mid-Holocene climatic optimum around Wuxu Lake are in  
343 accord with this view. In detail, the climatic optimum exhibits two peaks, at 10.3-8.2 cal ka BP and 6.6-4.9 cal ka  
344 BP, with a slight reduction between 8.2 and 6.6 cal ka BP. However, in the ISM region only the early stage of the  
345 Holocene monsoonal maximum is well documented in paleoclimatic records with reliable age control. In the Hajar  
346 Mountain range in northern Oman, sediment accumulation rates based on optically stimulated luminescence dating  
347 show that the early Holocene humid period began at 10.5 ka BP, and reached a maximum at 9.0-8.0 ka BP (Fuchs  
348 and Buerkert, 2008). Sedimentation data from Paru Co from the southern QTP suggest that the ISM precipitation  
349 maximum occurred during the early Holocene, between 10.1 and 7.1 cal ka BP (Fig. ~~7e6h~~) (Bird et al., 2014). In  
350 addition, reconstructed monsoon precipitation based on pollen assemblages from Xingyun Lake in southwest  
351 China reached a maximum during the interval 7.8-7.5 cal ka BP (Fig. ~~7e6g~~) (Chen et al., 2014). This general  
352 pattern of the Holocene climatic optimum is also observed in several other records from the QTP, but ~~which~~ are  
353 affected by the carbon reservoir effect. A pollen record from Tso Kar in northwestern India indicates a rapid  
354 increase in summer monsoon precipitation from 10.8 to 9.2 cal ka BP, a moderate reduction in precipitation  
355 between 9.2 and 6.8 cal ka BP, and a second precipitation pulse from 6.9 and 4.8 cal ka BP (Fig. ~~7e6i~~) (Demske et  
356 al., 2009). Similarly, the record from Lake Naleng in the southeastern QTP indicates relatively stable, warm and  
357 humid conditions from 10.7 to 4.4 cal ka BP, except for the interval between 8.1 and 7.2 cal ka BP (Fig. ~~7e6j~~)  
358 Kramer et al., 2010). In addition, reconstructed total solar irradiance based on cosmogenic radionuclides indicates  
359 significantly weakened solar activity between 8 and 7 ka BP (Steinhilber et al., 2012). Furthermore, a ~90-year  
360 periodicity in the pollen record from Wuxu Lake has also been documented in the stalagmite  $\delta^{18}\text{O}$  record from  
361 Qunf Cave in southern Oman (Fleitmann et al., 2003), and is close to the significant 87-year periodicity of the  
362  $\Delta^{14}\text{C}$  record (Stuiver and Braziunas, 1993). This correspondence suggests a link between solar irradiance and ISM  
363 variability during the Holocene.

364 Most of the records from the QTP indicate that the climate became cold and dry in the late Holocene,

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365 suggesting that the environment of the QTP and the adjacent region was predominantly influenced by the ISM  
366 (Sun et al., ~~accepted~~2015). However, the inconsistency in the timing and duration of the Holocene climatic  
367 optimum indicates the occurrence of local variations in rainfall amount in response to the ISM (Bird et al., 2014),  
368 which is compatible with the complex terrain of the margin of the QTP. The topographydynamic blocking effect of  
369 the Tibetan Plateau affects the moisture transfer path and establishes unstable potential energy stratification (Chen  
370 et al., 2007; Houze, 2012). The steep terrain of the margin of the QTP strengthens ascending air motions,  
371 promoting the release of latent heat and the rapid development of strong convection. Because of their high  
372 elevations, the mountains ~~confine-block~~ low level airflows to the windward sides and significantly reduce moisture  
373 transport to the interior. Until now, the long duration of the Holocene climatic optimum has only been observed in  
374 records from the margin of the QTP, suggesting that local topography and rain-shadow effects may also have  
375 played an important role in the Holocene moisture evolution of the QTP.

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#### 376 **5.4 Relationship between the Wuxu Lake paleovegetation record and the EAWM**

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377 It was suggested above that the first PCA axis may reflect winter temperature. Since the winter temperature  
378 in China is negatively correlated with the intensity of the EAWM (Guo, 1994; Ren, 1990), it can be assumed that  
379 the sample scores on PCA axis 1 are a proxy for the EAWM intensity. The record from Wuxu Lake suggests that  
380 the EAWM was strong from the late YD to the early Holocene, and that it gradually weakened in the late Holocene  
381 (Fig. 7a). The overall trend of the EAWM during the past 12.3 ka probably followed gradual changes in Northern  
382 Hemisphere winter insolation (Fig. 7b, Berger and Loutre, 1991). A strong EAWM in the early Holocene is  
383 consistent with other records from the Chinese monsoonal region. For example, the diatom record from  
384 Huguangyan Lake in southern China indicates that the water column was well mixed in the early Holocene, mainly  
385 as the result of cold, windy conditions during winter (Fig. 7c, Wang et al., 2012). This hypothesis is further  
386 supported by the records of total organic carbon content and  $\delta^{15}\text{N}$  from the same lake (Jia et al., 2015). The larger  
387 sea surface temperature (SST) gradients over the South China Sea reveal a strengthened EAWM during the early  
388 Holocene (Fig. 7d to 7f, Huang et al., 2011; Steinke et al., 2011; Steinke et al., 2010). However, the grain-size  
389 record of Chinese loess deposits also indicates that the EAWM winds gradually weakened from the early Holocene  
390 to the mid Holocene, and then gradually strengthened in the late Holocene (Fig. 7g, Sun et al., 2012), a similar  
391 pattern to that recorded by geochemical parameters from Gonghe Basin in the northeastern QTP (Liu et al., 2013).  
392 The discrepancies may be due to the fact that the grain-size of loess and dune mobility were also influenced by the  
393 advance or retreat of deserts in northern China (Mason et al., 2008; Yang and Ding, 2008).

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394 Interestingly, the pollen record from Wuxu Lake suggests that the EAWM was weaker in the late YD than in  
395 the early Holocene. However, this finding is in conflict with the diatom record from Huguangyan Lake, which  
396 indicates that the EAWM intensified significantly in response to abrupt climate change in the North Atlantic Ocean  
397 (Fig. 7c, Wang et al., 2012). The records from the South China Sea also indicate an intensified EAWM during this  
398 interval, in response to the slowdown of the Atlantic meridional overturning circulation (Fig. 7d to 7f, Huang et al.,  
399 2011; Steinke et al., 2011; Steinke et al., 2010). However, it should be noted that the marine records are poorly  
400 dated and are of low temporal resolution. The anomaly may be explained by the climate in the tropical eastern  
401 Pacific. Observation data show that a strong EAWM usually occurs when there is a negative SST anomaly in the  
402 tropical eastern Pacific (La Niña), while a positive anomaly (El Niño) is usually accompanied by a weak EAWM  
403 (Chen et al., 2000; Wang et al., 2000). A model study indicates a significant enhancement of the El Niño Southern  
404 Oscillation (ENSO) amplitude during the YD (Liu et al., 2014), which accords with the weak EAWM revealed by  
405 the Wuxu Lake record (Fig. 7h). Furthermore, a gradual intensification of ENSO during the Holocene also accords  
406 with a weakened EAWM, suggesting that low latitude climate processes also played an important role in the  
407 EAWM evolution during the past 12.3 ka.<sup>▲</sup>

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#### 408 **5.4.5 Relationship between the EAWM and ISM**

409 Previous studies of the dust deposits of the Chinese Loess Plateau indicate that the winter monsoon is  
410 negatively correlated with the summer monsoon on orbital and millennial time scales (Porter, 2001; Sun et al.,  
411 2012). As mentioned above, the grain-size of loess is controlled by both the winter wind intensity and the summer  
412 precipitation. Comparison of the EAWM proxy record (Fig. 8a) with the stalagmite  $\delta^{18}\text{O}$  record from Qunf Cave in  
413 southern Oman (Fig. 8c) ~~(Fleitmann et al., 2003)~~ and with the plant wax  $\delta\text{D}$  record from the northern Bay of  
414 Bengal (Fig. 8d) ~~(Contreras-Rosales et al., 2014)~~, which are ISM intensity records, reveals a broadly in-phase  
415 relationship between the EAWM and ISM in the past 12.3 ka and suggests a stronger seasonal contrast during the  
416 early Holocene than during the late Holocene. This stronger seasonal contrast during the early Holocene clearly  
417 tracks solar insolation differences between the winter and summer seasons (Fig. 8b and e) ~~(Berger and Loutre,~~  
418 1991). During the Holocene, increases in winter insolation and in winter ~~warmth-temperature~~ at high latitudes of  
419 the Northern Hemisphere reduced the intensity of the Siberian High and resulted in a weak EAWM; however,  
420 decreased summer insolation caused the southward migration of the intertropical convergence zone and resulted in  
421 a weak ISM (Wang et al., 2012). In addition, solar insolation in the Southern Hemisphere was relatively low and  
422 El Niño strength was relatively weak during the early Holocene (Fig. 8e and f) ~~(Berger and Loutre, 1991; Liu et~~

423 al., 2014), which would probably have promoted both a strong EAWM and ISM (Chen et al., 2000; Kumar et al.,  
424 1999; Wang et al., 2000). Based on historical documents from eastern China, a relationship between the frequency  
425 of cold winters and summer rainfall during AD 700-900 further supports the notion that the strength of the winter  
426 monsoon is in-phase with the summer monsoon (Zhang and Lu, 2007).

427

## 428 6. Conclusions

429 We have reconstructed variations in the EAWM and ISM during the late deglaciation and the Holocene based  
430 on a well-dated pollen record from Wuxu Lake in southwestern China. Our findings are generally consistent with  
431 previous studies: The EAWM was strong in the early Holocene and weakened in the late Holocene;  
432 ~~however~~ However, in contrast to other studies, our results suggest that the EAWM was slightly weaker during the  
433 YD event than in the early Holocene. Our record indicates that the ISM began to strengthen at about 11.3 cal ka BP,  
434 corresponding to the termination of the YD in the Northern Hemisphere. The Holocene climatic optimum, in terms  
435 of maximum ~~ISM~~ precipitation, ~~persisted~~ was reached and maintained from 10.4 to 4.9 cal ka BP, and we attribute  
436 this long duration on the margin of the QTP to the complex topography of the area and related  
437 ~~orographic~~ rain shadow effects. This inconsistency in the ~~timing~~ onset and duration of the strengthened ISM may  
438 reflect a ~~genuine~~ discrepancy in local rainfall response to the ISM. Overall, the EAWM is broadly in-phase with  
439 the ISM, both of which decrease in strength from the early to the late Holocene, which is caused by the interplay of  
440 solar insolation between the winter and summer seasons and ENSO strength in the tropical Pacific.

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## 442 Acknowledgements

443 We thank two anonymous reviewers who gave us important advice which improved the quality of the  
444 manuscript. We also thank Jan Bloemendal for correcting the English language, and Q. Jiang, H. Tang for field  
445 assistance. This project was supported by the Strategic Priority Research Program-Climatic Change: Carbon Budget  
446 and Relevant Issues of the Chinese Academy of Sciences (Grant no. XDA05120102) and NIGLAS (2012135004),  
447 and the National Natural Science Foundation of China (no. 41272380).

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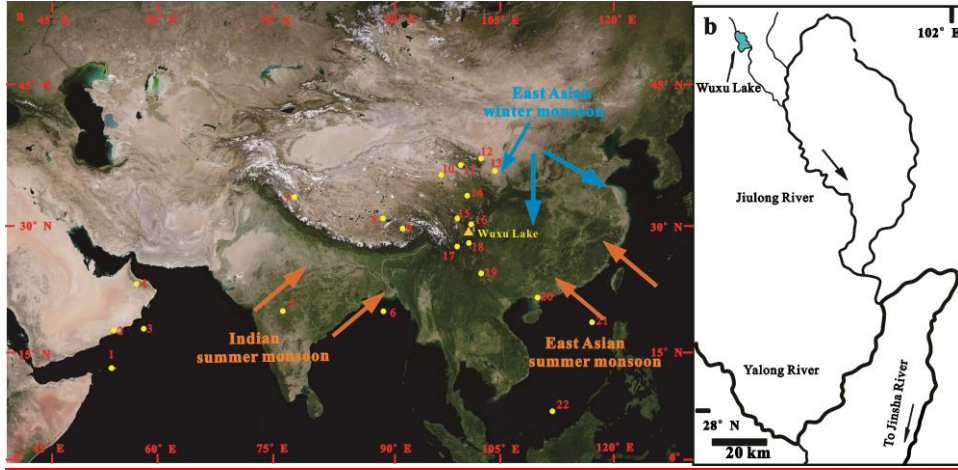
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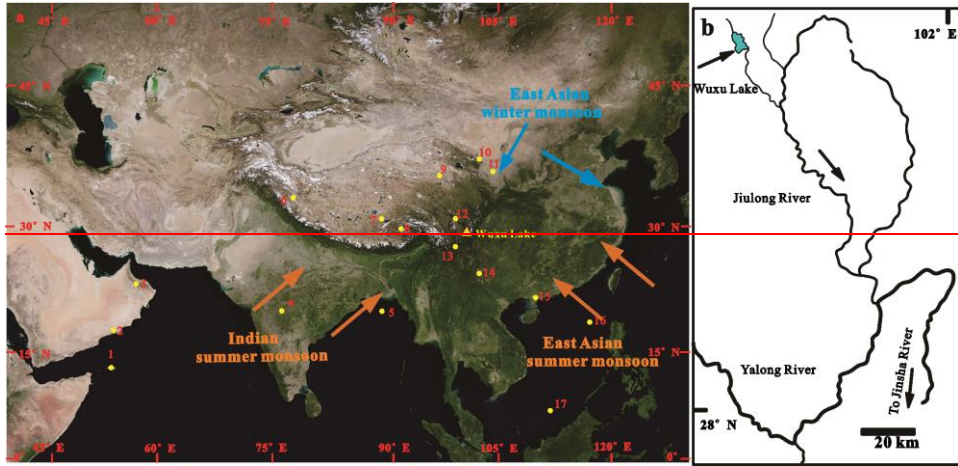


656 **Table 1.** AMS radiocarbon dates of terrestrial plant from Wuxu Lake. All of the AMS  $^{14}\text{C}$  dates are  
 657 calibrated to calendar years before present using the IntCal13 calibration dataset (Reimer et al., 2013).

Lab number	sample depth (cm)	Material dated	$^{14}\text{C}$ ages (yr BP)	cal year BP ( $2\sigma$ )	Median age (cal yr BP)
NZA35824	76	Plant remains	306 $\pm$ 20	303-452	393
NZA35825	114	Plant remains	785 $\pm$ 20	679-730	704
NZA 35827	212	Plant remains	1979 $\pm$ 20	1883-1987	1926
Beta 306665	296	Plant remains	2230 $\pm$ 30	2153-2333	2228
Beta 306666	410	Plant remains	3510 $\pm$ 30	3698-3865	3777
Beta 306667	478	Plant remains	4150 $\pm$ 30	4577-4825	4695
NZA 35832	557	Plant remains	4500 $\pm$ 25	5047-5293	5167
Beta 306668	616	Plant remains	4790 $\pm$ 30	5470-5593	5517
Beta 306669	672	Plant remains	5420 $\pm$ 40	6031-6300	6235
Beta 306670	732	Plant remains	5980 $\pm$ 40	6721-6936	6819
Beta 306671	819	Plant remains	7240 $\pm$ 40	7978-8162	8059
Beta 306672	862	Plant remains	7870 $\pm$ 50	8547-8975	8680
Beta 306673	904	Plant remains	8110 $\pm$ 40	8983-9242	9052
Beta 306674	920	Plant remains	8790 $\pm$ 50	9601-10145	9816
Beta 306675	980	Plant remains	9020 $\pm$ 40	9967-10248	10207
Beta 327103	1005	Plant remains	9580 $\pm$ 40	10741-11121	10934
Beta 327104	1065	Plant remains	10210 $\pm$ 50	11718-12118	11914
Beta 327105	1080	Plant remains	10350 $\pm$ 50	12004-12402	12211



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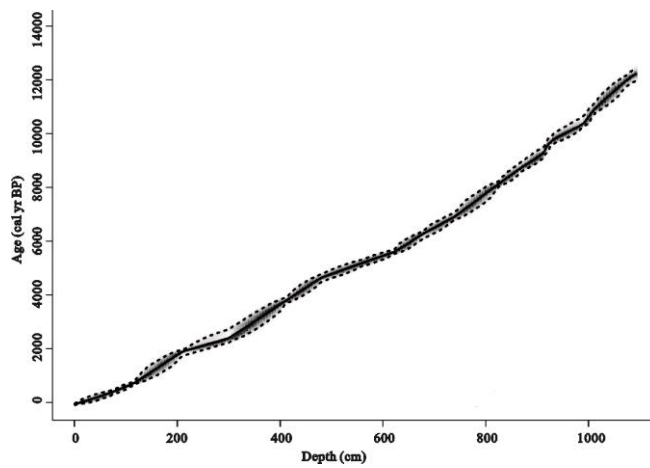
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661 **Fig. 1.** a. Location of Wuxu Lake in monsoonal Asia (yellow triangle) and of the paleoclimate sites  
 662 mentioned in the text (yellow circles); and the dominant circulation systems of the Indian summer  
 663 monsoon, East Asian summer monsoon and the East Asian winter monsoon. Yellow triangle indicates  
 664 the location of Wuxu Lake, and the yellow circles indicate the location of other sites: 1, Moomi Cave  
 665 (Shakun et al., 2007); 2, Qunf Cave (Fleitmann et al., 2003); 3, Hoti Cave (Fleitmann et al., 2007); 4,  
 666 Lonar Lake (Prasad et al., 2014; Sarkar et al., 2015); 5, Core SO188-342KL (Contreras-Rosales et al.,  
 667 2014); 6, Tso Kar (Demske et al., 2009); 7, Tianmen Cave (Cai et al., 2012); 8, Paru Co (Bird et al.,  
 668 2014); 9, Gonghe Basin (Liu et al., 2013); 10, Gulang profile (Sun et al., 2012); 11, Jingyuan profile  
 669 (Sun et al., 2012); 12, Naleng Lake (Kramer et al., 2010); 13, Tiancai Lake (Xiao et al., 2014b); 14,  
 670 Xingyun Lake (Chen et al., 2014); 15, Huguangyan Lake (Jia et al., 2015; Wang et al., 2012); 16, Core

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671 MD05-2904 (Steinke et al., 2011); 17, Core MD01-2390 (Steinke et al., 2010). b. Expanded view of the  
672 study area ~~showing the location of Wuxu Lake and the local fluvial system.~~

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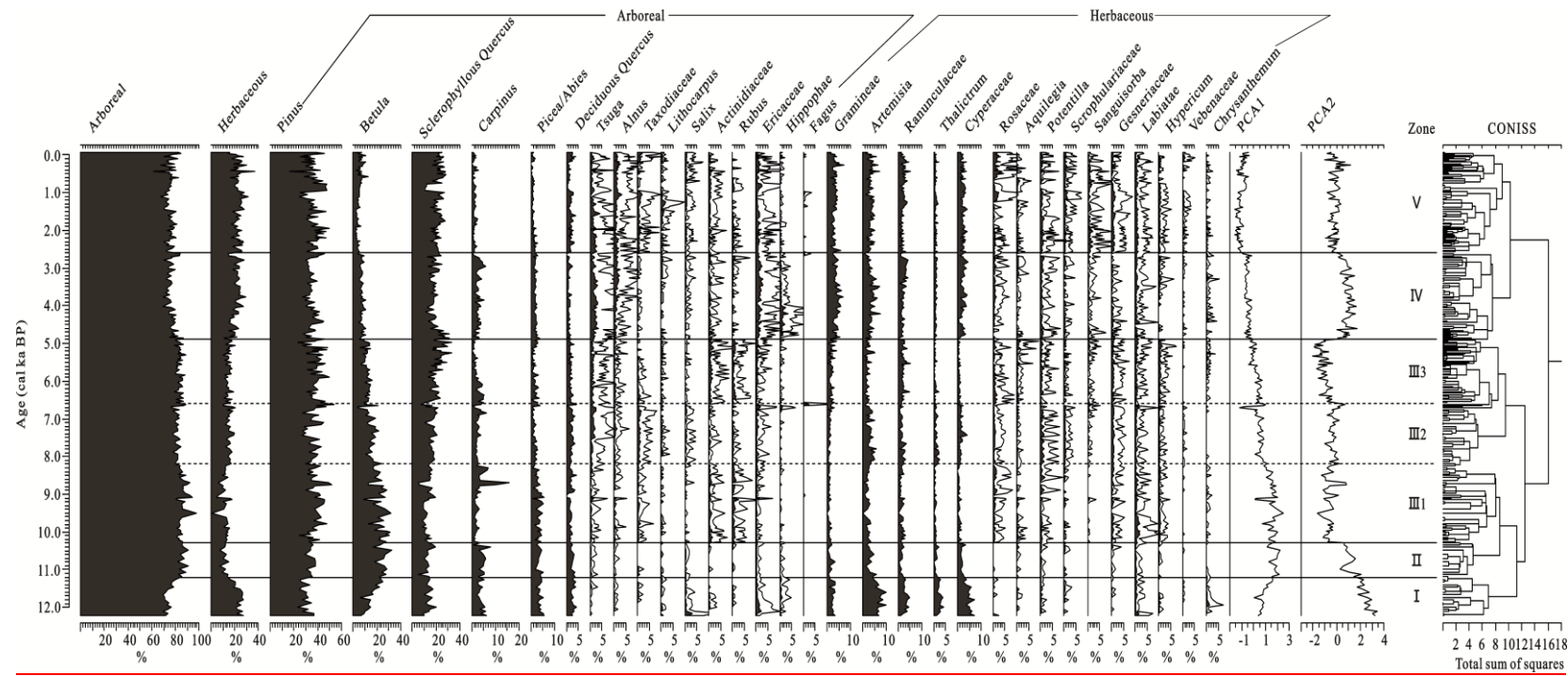


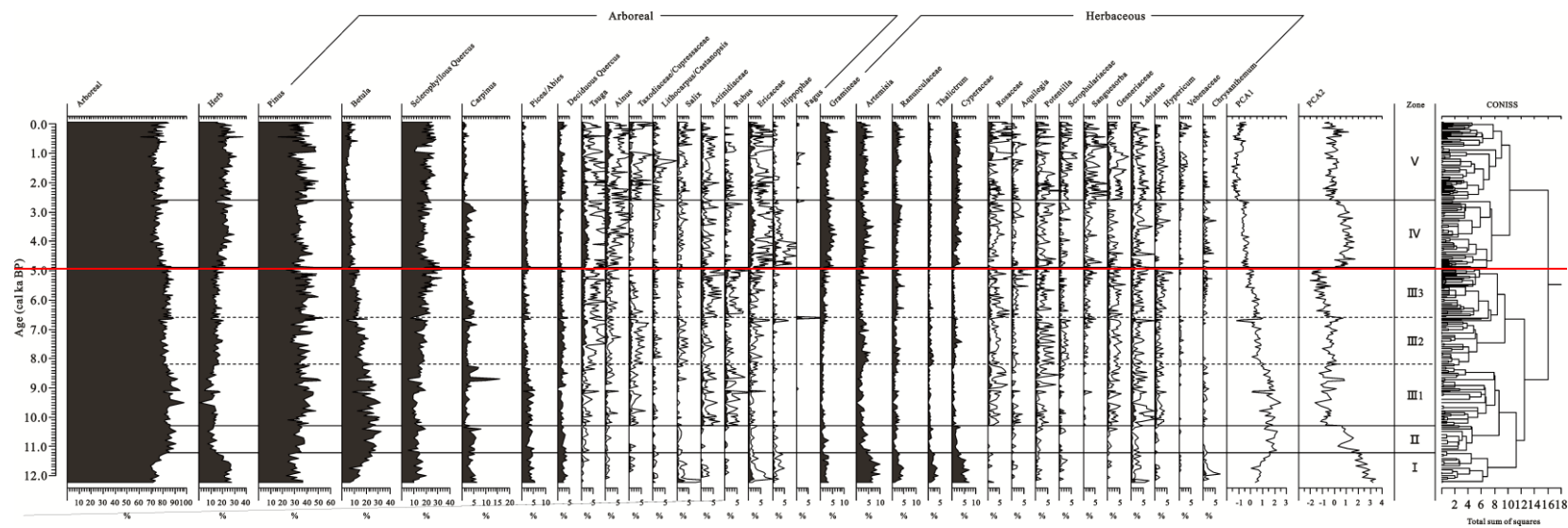
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675 **Fig. 2.** Age-depth model for the Wuxu Lake sediment core produced by Bacon software. The dotted  
676 lines indicate the 95% confidence limits and the solid line shows the weighted mean ages for each  
677 depth (Blaauw and Andres Christen, 2011; R Development Core Team, 2013).

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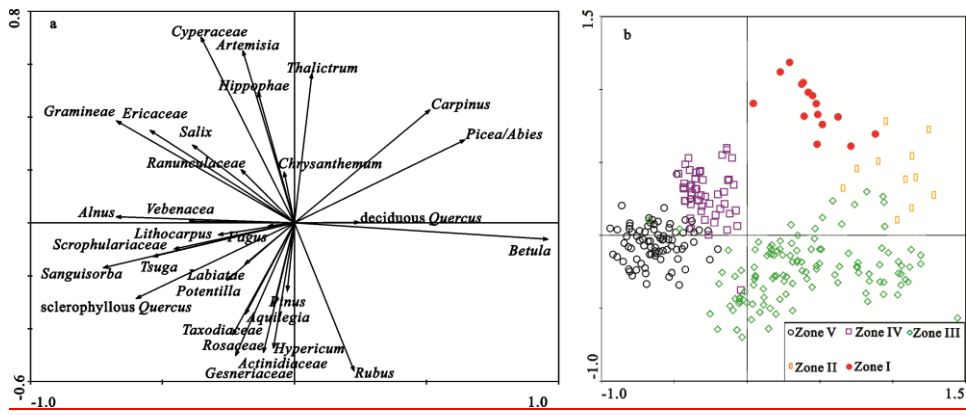
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681 **Fig. 3.** Pollen percentage diagram of selected taxa from the sediment core from Wuxu Lake. Pollen types with relatively low percentages are  $\times 5$ .

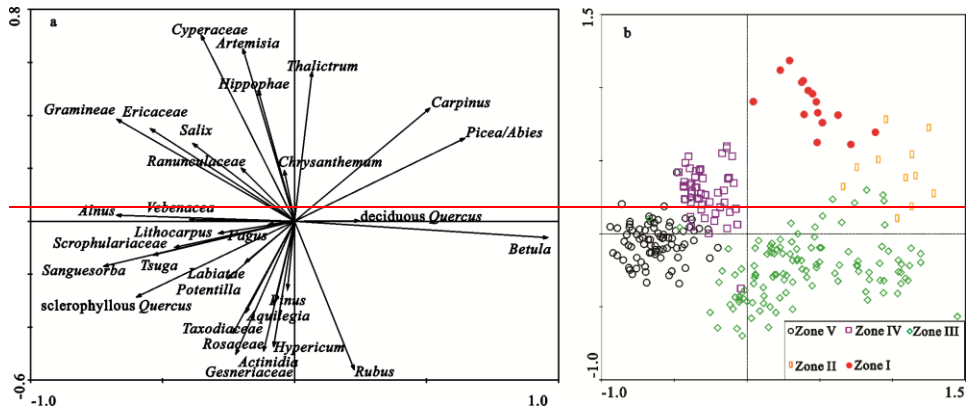
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Fig. 4. Results of PCA of the pollen percentage data from Wuxu Lake. (a) Variable loadings on the first two

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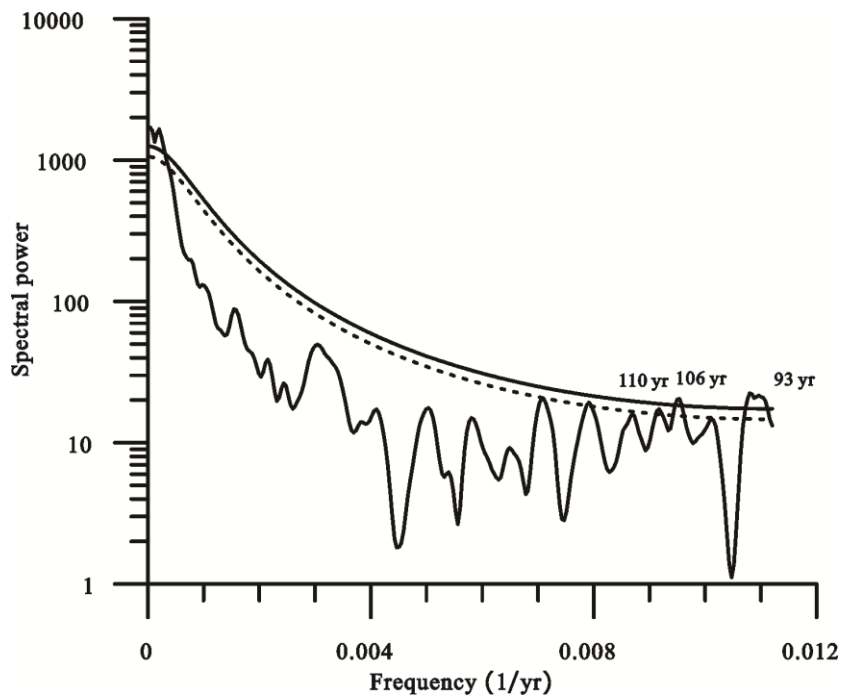
principal components. (b) Samples scores on the first two principal components.

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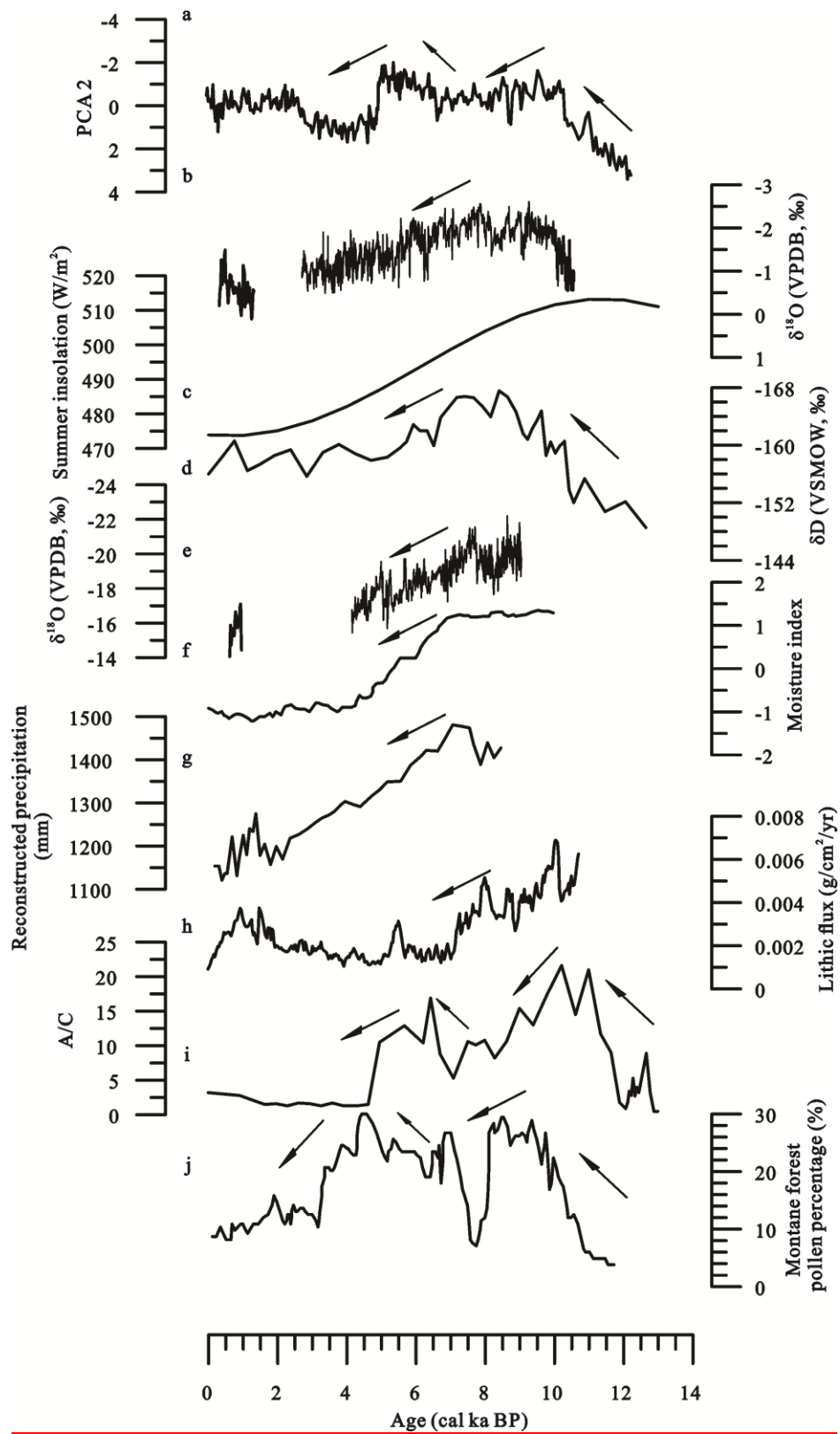


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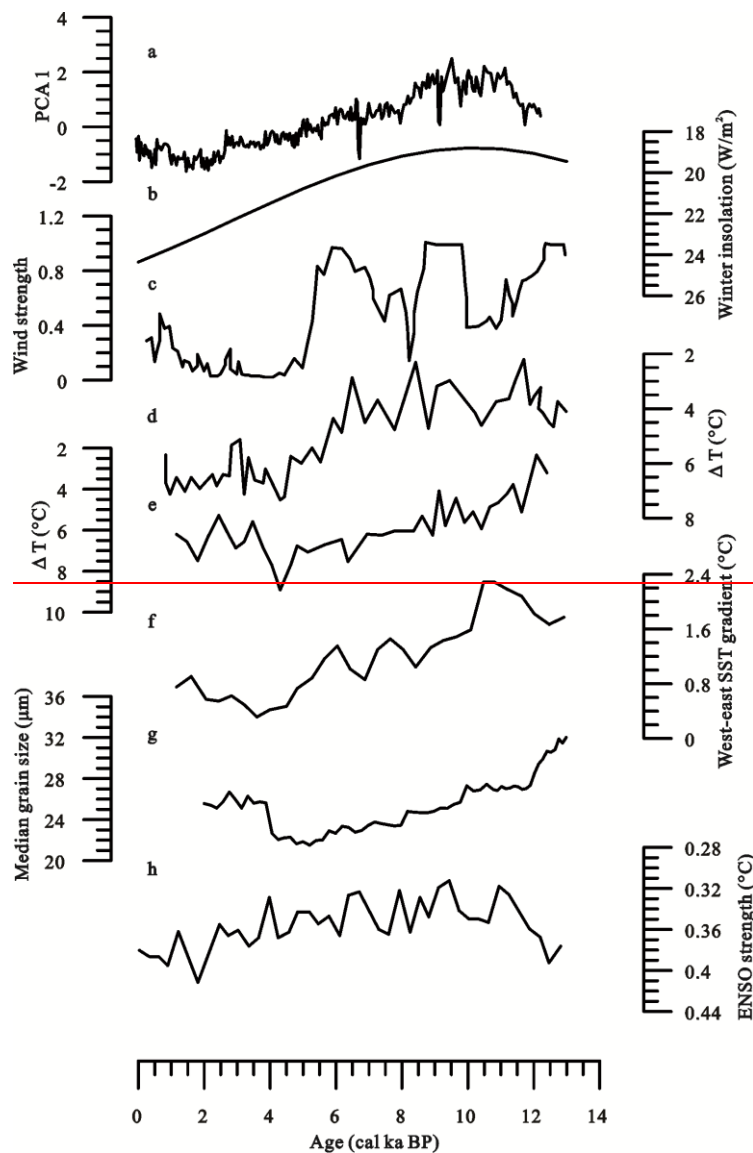
691 **Fig. 5.** Results of spectral analysis of the PCA 2 axis sample scores of the pollen record from Wuxu Lake over the  
692 past 12.2-3 ka. Periodicities which exceed the 90% confidence level (dashed line) are labelled. Solid line shows the  
693 95% confidence level.

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**Fig. 6.** Sample scores on PCA axis 2 of pollen data from Wuxu Lake, interpreted as a proxy for precipitation (a) and compared with other paleoclimate records. (b) Speleothen  $\delta^{18}\text{O}$  record from Qunf Cave in southern Oman (Fleitmann et al., 2003); (c) June insolation at  $30^\circ\text{N}$  (Berger and Loutre, 1991); (d) hydrogen isotopic record from the northern Bay of Bengal (Contreras-Rosales et al., 2014); (e) speleothen  $\delta^{18}\text{O}$  record from Tianmen Cave in the southern QTP (Cai et al., 2012); (f) synthesized Holocene effective moisture index from the ISM region (Wang et al., 2010); (g) annual precipitation reconstructed from pollen assemblages from Xingyun Lake in southwestern China (Chen et al., 2014); (h) record of lithic flux at Paru Co in the southern QTP (Bird et al., 2014); (i) *Artemisia* to *Chenopodiaceae* (A/C) ratio from Tso Kar in the western QTP (Demske et al., 2009); (j) montane forest pollen

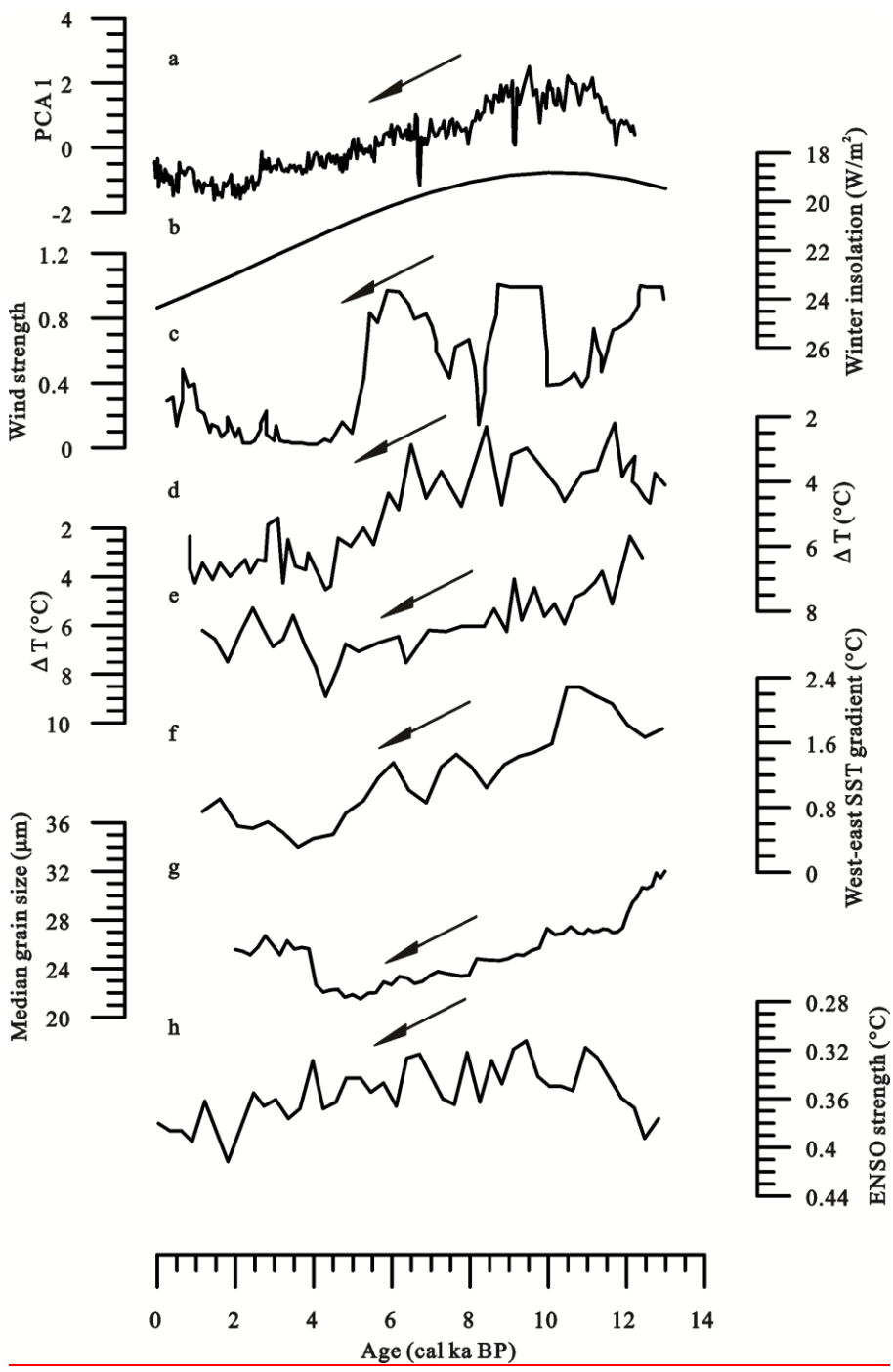
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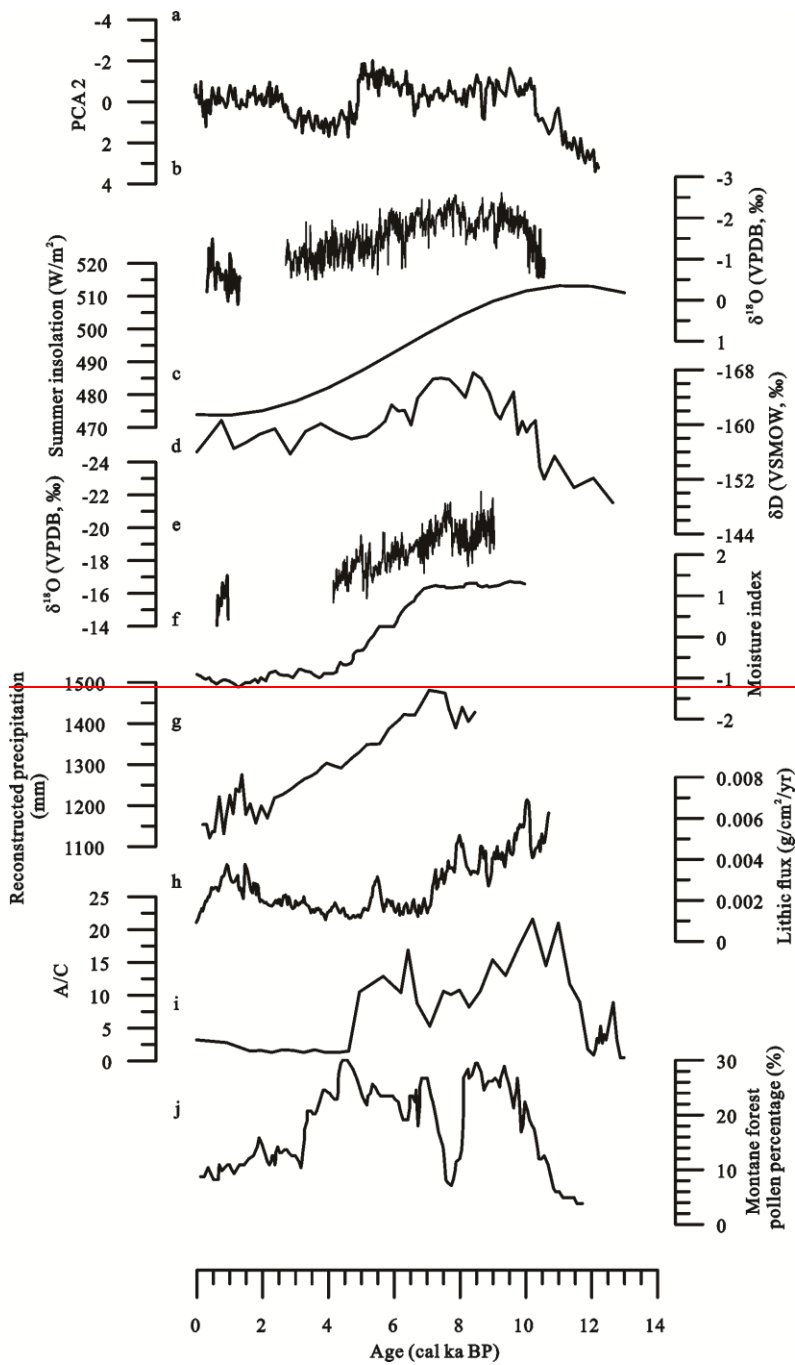
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705 [percentage record from Naleng Lake in the southeastern QTP \(Kramer et al., 2010\).](#)

706 [Fig. 6. Comparison of the EAWM proxy record from Wuxu Lake with other paleoclimatic records. \(a\) PCA axis 1](#)  
707 [sample scores of pollen data from Wuxu Lake; \(b\) December solar insolation at 60° N \(Berger and Loutre, 1991\);](#)  
708 [\(c\) winter wind strength record from Huguangyan Lake \(Wang et al., 2012\); \(d\) record of the Pacific Ocean](#)  
709 [thermal gradient between the surface and the thermocline from core MD05-2904 \(Steinke et al., 2011\); \(e\) record](#)  
710 [of the Pacific Ocean thermal gradient between the surface and the thermocline from core MD01-2390 \(Steinke et](#)  
711 [al., 2010\); \(f\) west-east SST gradient of the South China Sea \(Huang et al., 2011\); \(g\) grain size record from the](#)  
712 [Jingyuan loess section \(Sun et al., 2012\); \(h\) ENSO amplitude based on a transient Coupled General Circulation](#)  
713 [Model simulation in 300-year windows \(Liu et al., 2014\).](#)





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Fig.7. Comparison of an ISM proxy from Wuxu Lake with other paleoclimatic records. (a) Sample scores on PCA axis-2 of pollen data from Wuxu Lake; (b) Speleothem  $\delta^{18}\text{O}$  record from Qunf Cave in southern Oman (Fleitmann et al., 2003); (c) June insolation at 30°N (Berger and Loutre, 1991); (d) hydrogen isotopic record from the northern Bay of Bengal (Contreras-Rosales et al., 2014); (e) speleothem  $\delta^{18}\text{O}$  record from Tianmen Cave in the southern

720 QTP (Cai et al., 2012); (f) synthesized Holocene effective moisture index from the ISM region (Wang et al., 2010);  
721 (g) annual precipitation reconstructed from pollen assemblages from Xingyun Lake in southwestern China (Chen  
722 et al., 2014); (h) record of lithic flux at Paru Co in the southern QTP (Bird et al., 2014); (i) *Artemisia* to  
723 *Chenopodiaceae* (A/C) ratio from Tso Kar in the western QTP (Demske et al., 2009); (j) montane forest pollen  
724 percentage record from Naleng Lake in the southeastern QTP (Kramer et al., 2010).

725 Fig. 7. Sample scores on PCA axis 1 of pollen data from Wuxu Lake interpreted as a proxy for EAWM (a) and  
726 compared with other paleoclimate records. (b) December solar insolation at 60° N (Berger and Loutre, 1991); (c)  
727 winter wind strength record from Huguangyan Lake (Wang et al., 2012); (d) record of the Pacific Ocean thermal  
728 gradient between the surface and the thermocline from core MD05-2904 (Steinke et al., 2011); (e) record of the  
729 Pacific Ocean thermal gradient between the surface and the thermocline from core MD01-2390 (Steinke et al.,  
730 2010); (f) west-east SST gradient of the South China Sea (Huang et al., 2011); (g) grain-size record from the  
731 Jingyuan loess section (Sun et al., 2012); (h) ENSO amplitude based on a transient Coupled General Circulation  
732 Model simulation in 300-year windows (Liu et al., 2014).

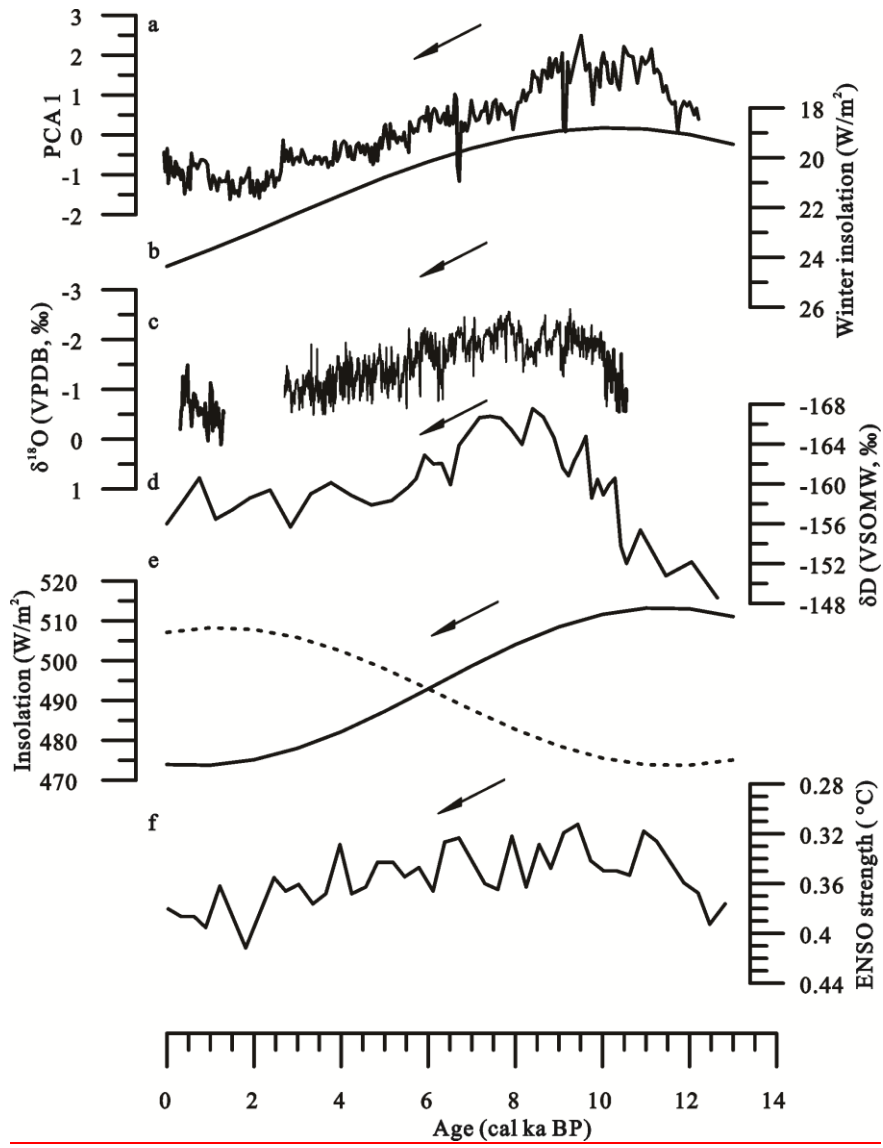
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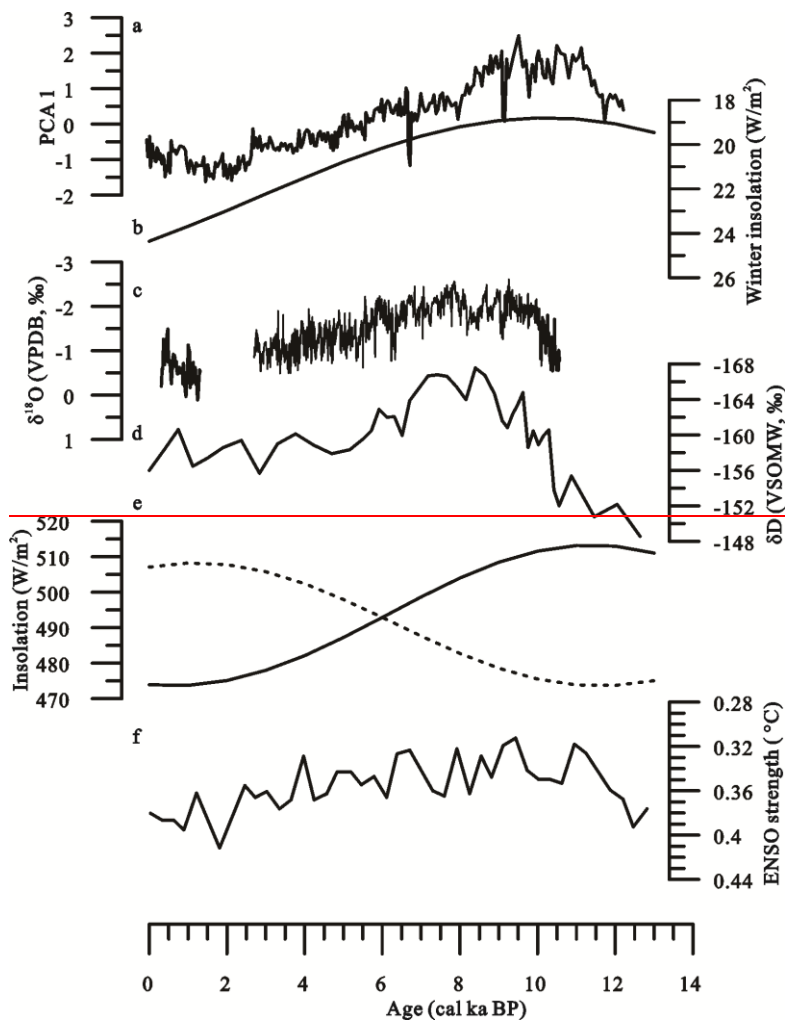
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739 Fig. 8. Comparison of the EAWM and the ISM based on proxy records. (a) Sample scores on PCA axis 1 of  
 740 pollen data from Wuxu Lake; (b) December solar insolation at 60° N (Berger and Loutre, 1991); (c) speleothem  
 741  $\delta^{18}\text{O}$  record from Qunf Cave in southern Oman (Fleitmann et al., 2003); (d) hydrogen isotope record from the  
 742 northern Bay of Bengal (Contreras-Rosales et al., 2014); (e) contrast of solar insolation between 30° N in June  
 743 (solid line) and 30° S in December (dashed line) (Berger and Loutre, 1991); (f) record of ENSO amplitude based  
 744 on a transient Coupled General Circulation Model simulation in 300-year windows (Liu et al., 2014).

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