

Holocene climate variability in the North-Western Mediterranean Sea (Gulf of Lions)

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Abstract

Sea surface temperatures (SSTs) and land-derived input time series were generated from the Gulf of Lions inner-shelf sediments (NW Mediterranean Sea) using alkenones and high-molecular-weight odd-carbon numbered *n*-alkanes (TERR-alkanes), respectively. The SST record depicts three main phases: a warm Early Holocene ($\sim 18 \pm 0.4^\circ\text{C}$) followed by a cooling of $\sim 3^\circ\text{C}$ between 7000 and 1000 BP, and rapid warming from ~ 1850 AD onwards. Several superimposed multi-decadal to centennial scale cold events of $\sim 1^\circ\text{C}$ amplitude were also identified. TERR-alkanes were quantified in the same sedimentary horizons to identify periods of high Rhone River discharge and compare them with regional flood reconstructions. Concentrations show a broad increase from the Early Holocene towards present with a pronounced minimum around 2500 BP and large fluctuations during the Late Holocene. Comparison with Holocene flood activity reconstructions across the Alps region suggests that sediments of the inner shelf originate mainly from the Upper Rhone River catchment basin and that they are primarily delivered during positive North Atlantic Oscillation (NAO).

1 Introduction

Several proxy records have documented surface water variability of the Mediterranean Sea during the Holocene (Kallel et al., 1997a,b, 2004; Cacho et al., 2001; Guinta et al., 2001; Rohling et al., 2002; Emeis et al., 2003; Essalami et al., 2007; Frigola et al., 2007; Castañeda et al., 2010; Boussetta et al., 2012; Martrat et al., 2014). Most of them reveal that Mediterranean Sea surface temperatures (SSTs) have undergone a long-term cooling punctuated by several cold relapses (CRs) (Cacho et al., 2001; Frigola et al., 2007). While orbital forcing likely explain this long-term tendency, solar activity and volcanism contribute to

36 forced variability (Mayewski et al., 2004; Wanner et al., 2011) together with internal variability
37 (i.e. Atlantic Multi-decadal variability (AMV), North Atlantic Oscillation (NAO)...) all together
38 embedded in the observed multi-decadal scale variability seen in paleorecords. Josey et al.
39 (2011) have shown that the East Atlantic pattern (EA) and the NAO are the most important
40 modes of atmospheric variability influencing heat loss and convection in the Mediterranean
41 basin. For example, cold intense winds closely related to negative EA and NAO would have
42 triggered the severe coldness and deep convection in winter 2004/05 and 2005/06 in the Gulf
43 of Lions (Schroeder et al., 2011). Owing to this tight link with the large-scale atmospheric
44 circulation (Josey et al., 2011) annual SSTs in the Gulf of Lions are colder than the annual
45 mean for the whole Mediterranean basin due to surface water heat loss caused by Mistral
46 and Tramontane winds (Fig. 1). The Tramontane originates from the northwest blowing
47 through the Naurouze passage, while Mistral winds are northerly winds channeled by the
48 Rhone river valley that causes convection in the Gulf of Lions (Auclair et al., 2000). Indeed,
49 dense waters form over the continental shelf upon winter cooling by strong Mistral and then
50 spread downslope to the abyssal plain. This cascading of dense waters contributes to open
51 ocean deep convection but the main mechanism leading to the formation of Western
52 Mediterranean Deep Water (WMDW) is open sea convection (Béthoux et al., 2002). In that
53 case, Mistral initiates vertical mixing till the surface mixed layer reaches the underlying saltier
54 Levantine Intermediate Water (LIW), and upon buoyancy loss triggers deep convection
55 (Schroeder et al., 2010). The heat and salt contents of the LIW together with wind strength
56 are thus the main factors controlling deep convection in the Gulf of Lions (Schroeder et al.,
57 2011).

58 Atmospheric circulation is also important to the hydrological budget of the Mediterranean
59 Sea. Rainfall in the NW Mediterranean Sea mainly occurs in winter (October to March) and is
60 very much reliant on the position of the storm tracks and strength of NAO (Hurrell et al.,
61 2003). Indeed, during negative NAO, their southerly position results in enhanced winter
62 rainfall over the Southern Europe and the NW Mediterranean Sea while at high NAO storm
63 trajectories are shifted to the North and precipitations are more intense in Northern Europe.
64 Changes in the mid-latitude atmospheric circulation in the North Atlantic are thus expected to
65 impact on the Rhone River flow during the Holocene. Most of the precipitation occurs in
66 autumn and contribute through different tributaries to the water discharge of the Rhone River.
67 The upper Rhone River catchment basin receives precipitations originating from the North
68 Atlantic along the year while from the Southern Lower Rhone tributaries are affected by
69 extreme rainfalls in September and October due to inland penetration of maritime southerly
70 winds. These heavy rain episodes in southern France result in intense floods causing
71 important damages. The water and solid discharges of the Rhone River are thus highly

72 seasonal. About 80% of the sediments of the Gulf of Lions continental shelf is supplied by
73 the Rhone River giving rise to high sedimentation rates in this area (Aloïsi et al., 1977),
74 especially near the river mouth. Indeed, the surface circulation in the Gulf of Lions is
75 characterized by the geostrophic North Current flowing along the continental slope from the
76 Ligurian to the Catalan basins (Millot, 1999). Along its path, the North Current receives
77 suspended matter mostly from the Rhone River. In the inner shelf, the westward coastal flow
78 advects the Rhone river plume suspended particles, settling as a wedge-shaped body and
79 defining as mud belt (Cattaneo et al., 2003; Bassetti et al., 2015).

80 In this study, we produced a high-resolution SST record of the past 10 000 years from the
81 high accumulation rate of the Gulf of Lions shelf sediments based on alkenone
82 paleothermometry to document past changes of surface water heat content and their link
83 with atmospheric circulation. TERR-alkanes were determined in the same sediment horizons
84 to assess land-derived inputs from the Rhone River and identify flood periods and their
85 relationship with the long-term and multi-decadal variability of SSTs.

86

87 **2. Material and methods**

88 Both a gravity core (KSGC-31) and multi-core (GolHo-1B) were retrieved from virtually the
89 same site in the Rhone mud belt deposited onto the Gulf of Lions inner-shelf (43°0'23"N;
90 3°17'56"E, water depth 60 m) (Fig. 1). The 7.2 meter long gravity core KSGC-31 was
91 recovered during the GM02-Carnac cruise in 2002 on the R/V *Le Suroît*, while the 20 cm
92 long multi-core GolHo-1B was collected during the GolHo cruise in 2013, on the R/V *Nerys*.
93 Both sediment cores were sliced continuously at a sampling step of 1 cm for biomarker
94 analyses.

95 **2.1. Core chronology**

96 The age model of the gravity core KSGC-31 is based on 21 radiocarbon dates obtained by
97 Accelerator Mass Spectrometry (AMS) performed by the Laboratoire de Mesure du Carbone
98 14 (Saclay, France) and in the Beta Analytic Radiocarbon Dating Laboratory (Florida, USA)
99 (Table 1). The two uppermost dates indicate post-bomb values. The ¹⁴C dates were
100 converted into 1 calendar years using Calib7.1 (Stuiver and Reimer, 1993) and the
101 MARINE 13 calibration dataset with a reservoir effect of 400 yrs (Reimer et al., 2013) (Table
102 1). We used a local marine reservoir age of $R = 23 \pm 71$ years as an additional correction
103 (<http://calib.qub.ac.uk/marine/regioncalc.php>). The age model was obtained by linear
104 interpolation between ¹⁴C dates excluding the minor reversal at 18.5 cm (350 ± 78 yr). The
105 age control for the upper portion of the core is based on ²¹⁰Pb profile measured in the upper
106 10 cm of KSGC-31 spliced with the ²¹⁰Pb profile of the GolHo-1B multi-core. Based on the
107 ²¹⁰Pb chronology, the age of the gravity KSGC-31 core-top was estimated to be approx. 1971

108 ± 1.4 yr AD. The GolHo-1B multi-core, spanning a range from 1960 ± 5.6 to 2013 yr AD, thus
109 extends the SST record to present day. The two upper post-bomb radiocarbon ages
110 converted using OxCal 4.2 (Ramsey and Lee, 2013) are in good agreement with the ^{210}Pb
111 chronology (Table 1). Details on the age model description for the past 2000 yr as well as on
112 splicing GolHo-1B and upper part of KSGC-31 records can be found in Sicre et al. (in
113 revision). The obtained spliced KSGC-31_GolHo-1B SST signal presented here covers the
114 past 10000 years, including the 20th century. The mean sedimentation rate is ~ 80 cm (1000
115 yr)⁻¹.

116 **2.2. Biomarker analyses**

117 Lipids were extracted from 2 to 3 grams of freeze-dried sediments using a mixture of (3:1 v/v)
118 dichloromethane/methanol. We performed continuous sampling of the cores at a sampling
119 step of 1 cm (i.e. over 700 samples) which based on our age model translate to a mean
120 temporal resolution of ca. 15 yrs. Alkenones and *n*-alkanes were isolated for the total lipid
121 extract by silica gel chromatography and quantified by gas chromatography as described by
122 Ternois et al. (1996). The global calibration published by Conte et al. (2006) was used to
123 convert the unsaturation ratio of C₃₇ alkenones ($U_{37}^k = C_{37:2}/(C_{37:2} + C_{37:3})$) to SSTs (T (°C) = -
124 $0.957 + 54.293(U_{37}^k) - 52.894(U_{37}^k)^2 + 28.321(U_{37}^k)^3$) into production temperatures. External
125 precision using this calibration has been estimated to be ± 1.2 °C while analytical precision
126 after triplicate injections is less than 0.01 U_{37}^k unit ratio, which, in the temperature range of
127 our data, translates into ± 0.3 °C.

128 N-alkane concentrations were calculated using 5 α -cholestane as an external standard. Only
129 the high-molecular-weight n-alkanes with an odd carbon number, i.e. C27+C29+C31+C33
130 homologs (hereafter TERR-alkanes), were quantified to track land-derived inputs. These
131 compounds are primarily synthesized by higher plants and are constituents of epicuticular
132 waxes of leaves. Their accumulation in the sediments of Gulf of Lions is primarily associated
133 with the discharge and deposition of the Rhone River suspended particles in relation with
134 precipitations (Ludwig et al., 2010).

135

136 **3. Results**

137 Figure 2a shows the temporal evolution of SSTs at the KSGC-31_GolHo-1B site over the
138 past 10000 years, including the post-industrial period. The data indicate warm values of
139 about 18 ± 0.4 °C between ca. 10000 to 7000 yr BP followed by a long-term cooling starting \sim
140 7000 yr BP culminating during the Dark Ages (DA) and a post-industrial warming that does
141 not reach values as high as those of the Early Holocene (11700 - 8200 yr BP, Walker et al.,

142 2012). Several multi-decadal to multi-centennial scale CRs on average cooler by ~ 1°C (grey
143 bars in Fig. 2) are superimposed on these trends (Table 2).

144 TERR-alkanes are used to assess terrestrial inputs from the Rhone River and their possible
145 link to flood events and large-scale precipitation patterns (Fig. 2b). Concentrations range
146 from 300 to 1800 ng g⁻¹ with lowest values during the Early Holocene increasing from ~7000
147 yr BP to present, except for a pronounced drop centered at ~ 2500 BP. They also show large
148 multi-centennial fluctuations mostly from 6000 yr BP with highest values during the Common
149 Era (past 2000 yr) maximizing during the Medieval Climate Anomaly (MCA; 900-1300 yr AD),
150 and a decrease over the last century. Seven multi-centennial scale time intervals of high
151 TERR-alkane (HTE) were identified during the past 6000 yr (Table 3). HTE were defined as
152 the time span where values exceeded one half of the standard deviation of the Holocene
153 mean value after applying a 60 yr Fast-Fourier Transform (FFT) analysis.

154 In the following section we compare our SST record to earlier published time series from the
155 Western and Eastern Mediterranean basins. We also discuss the Gulf of Lions TERR-alkane
156 record in relation with flood reconstructions from the Northern and Southern Alps (Wirth et
157 al., 2013) and Bourget Lake sediments located in the Upper Rhone River catchment basin
158 (Arnaud et al., 2012) to infer additional information on atmospheric circulation regime.

159

160 4. Discussion

161 4.1. General trends

162 The temporal evolution of SSTs in the Gulf of Lions depicts three main phases. A warm Early
163 Holocene (11700 - 8200 yr BP, Walker et al., 2012) at the time of high summer insolation in
164 the northern Hemisphere, ending by a cold event, CR1 (6600-5750 BP). Thereafter, SSTs
165 show a general decline till about 1000 BP with notable cold intervals (CR2 to CR6) and a
166 post-industrial warming. Our record shows strong similarities with the recent world-wide
167 compilation of 73 marine records of Marcott et al. (2013) exhibiting a warm plateau between
168 10000 and 5000 yr BP and a 0.7°C cooling from 5500 to 100 yr BP in the extratropical
169 Northern Hemisphere (30° to 90°N). The 2.5 °C cooling calculated from our record between
170 7000 and 100 yr BP is comparable to the 2°C decrease calculated by Marcott et al. (2013) in
171 the high-latitude North Atlantic, outlying the influence of the Atlantic climate on the
172 Mediterranean SSTs. Note that cooling in the Gulf of Lions is steeper (~3 °C) when
173 calculated from 7000 to 1000 BP.

174 Figure 3 compares our results with Mediterranean SST published reconstructions (Table 4).
175 Except for the MD99-2343 ($\delta^{18}\text{O}$ of *G. bulloides*) and GeoB7702-3 cores (TEX86)
176 (Castañeda et al., 2010), these reconstructions are all based on alkenone paleothermometry.

177 Owing to their age uncertainties and low temporal resolution, only trends and centennial to
178 millennial-scale variability of the climate signals are retained and will be discussed here.
179 Comparison of these regional time-series reveals rising and generally warmer SSTs in all
180 records between ca. 10 000 and 7000 yrs BP. Thereafter, differences are notable between
181 the Western and Eastern Mediterranean basins. In particular, the Alboran, the Balearic
182 Islands, and the Gulf of Lions records all show a marked cooling through the Middle to Late
183 Holocene. This is also the case in the central Mediterranean (Adriatic, Southern Tyrrhenian
184 and Ionian seas), while SSTs in the Levantine basin indicate no or slight warming. This W-E
185 evolution of Holocene SSTs highlights common features of the mid-latitude North Atlantic
186 and NW Mediterranean that are distinct from the SE Mediterranean. The long-term SST
187 decrease in the North Atlantic and Western Mediterranean and concomitant increase in the
188 Eastern Mediterranean Sea is in agreement with the findings of Rimbu et al. (2003) and their
189 hypothesis of a long-term weakening of NAO over the Holocene due to tropical warming in
190 winter as a result of increase low latitude insolation.

191 **4.2. North-western Mediterranean CRs**

192 Six CRs of different duration and amplitude were identified in Gulf of Lions SST record (Table
193 2). The occurrence of CRs has been previously described in global compilations (Mayewski
194 et al., 2004; Wanner et al., 2011) and seems to be associated with glacier advances in
195 Europe (Denton and Karlén, 1973). They reflect either polar cooling or tropical aridity and
196 likely express atmospheric circulation changes (Mayewski et al., 2004). The influence of the
197 AMV has also been suggested (Kushnir and Stein, 2010). There are, however, discrepancies
198 on the spatio-temporal distribution and amplitude of these events (Wanner et al., 2011,
199 2014). Each CR does not necessarily impact everywhere with the same intensity due to local
200 responses to climate changes. The sensitivity of proxies or particular sediment settings (e.g.
201 coastal areas), their seasonal character, may also be another reason for not detecting CRs in
202 all records. For example, it is interesting to note that the 8200 yr BP, well expressed in
203 Greenland ice cores (Johnsen et al., 2001) is not found in the core KSGC-31_GolHo-1B
204 despite the high temporal resolution of this record (Fig. 2). When present in the extratropics,
205 these short-term coolings have been attributed to strong cold and dry winds blowing from the
206 North possibly triggered by a slowdown of the thermohaline circulation in the North Atlantic
207 (Mayewski et al., 2004).

208 According to Kushnir and Stein (2010), cold SSTs in the tropical Atlantic would cause the
209 formation of a high-pressure over the Eastern Atlantic extending towards Western Europe
210 and the W-Mediterranean Sea similar to EA. This large-scale atmospheric pattern would
211 impact on temperature and precipitations in the Mediterranean region as far as in the Levant
212 region. Intensified northerly winds during the CR thus likely reinforced convection in the Gulf

213 of Lions by surface cooling (Schroeder et al., 2008; Josey et al., 2011). The study of the
214 Minorca drift sediment (MD99-2343 core, Frigola et al., 2007) suggest that grain size in this
215 area provides a record of bottom current vigor presumably induced by deep-water convection
216 in the Gulf of Lions. To address this issue, we compared the % of non-carbonate fraction >10
217 μm (UP10) of the Minorca core to our SST reconstruction. As can be seen from Fig. 2a and c
218 most of the CRs of the Gulf of Lions seem to correspond to higher values of UP10. This is
219 less obvious prior 7000 yr BP and for shorter events when age model uncertainties become
220 limiting for definite conclusions. Synchronicity between episodes of intensified upwelling in
221 the Alboran Sea and high UP10 values at Minorca has also been discussed by Ausin et al.
222 (2015) and explained by NAO. Based on the good match between UP10 values and the NAO
223 index reconstruction of Olsen et al. (2012), these authors put forwards the hypothesis that
224 persistent negative NAO would have triggered both stronger upwelling in the Alboran Sea
225 and northerly wind induced convection over the Gulf of Lions, yet alkenone SSTs in their
226 record do not show surface water cold events. The absence of cooling in KSGC-31_GolHo-
227 1B at the time of M8 and M7 events is also notable and suggests that Mistral was either
228 weaker or did not affect the Gulf of Lions inner shelf area, while offshore deep convection
229 would have been taken place. However, Frigola et al. (2007) also pointed out the equivocal
230 relationship between M events and geochemical tracers in the Balearic records as for
231 example with the $\delta^{18}\text{O}$ of *G. bulloides*, even though not a pure temperature proxy. All
232 together, these mismatches between SSTs and M events suggest that a better
233 understanding of the deep-water proxies and their link to SSTs is needed before any
234 conclusion can be drawn on climatic causes of M events.

235 **4.3. Holocene flood activity**

236 We compared our record of TERR-alkanes to two regional reconstructions of flood intensity
237 of the Northern and Southern Alps obtained from 15 lacustrine sediment cores (Wirth et al.
238 2013) and the reconstruction of the Lake Bourget paleohydrology (Arnaud et al., 2012). As
239 can be seen from Fig. 4, the generally lower TERR-alkane values between 10000 and 7000
240 yr BP broadly coincide with lower hydrological activity in Lake Bourget (Arnaud et al., 2012),
241 between 10000 - 6000 yr BP (Fig. 4c). Thereafter, as SSTs indicate colder climate conditions
242 (CRs) TERR-alkane exhibit high fluctuations (Fig. 2). During this period broadly coincident
243 with the Neoglaciation, advances and retreats of the Alpine glaciers would have been
244 responsible for these centennial scale variations (Schimmelpfennig et al., 2012). High TERR-
245 alkanes in our record coincide with sediment flux increase in the Rhone delta plain
246 (Provansal et al., 2003; Fanget et al., 2014) therefore indicating that TERR-alkane changes
247 are not primarily linked to vegetation changes. Our results also indicate that TERR-alkane
248 mainly reflect inputs from the Northern tributaries of the Rhone River except between 4200

249 and 2800 yr BP time interval when high TERR-alkanes bear more resemblance with the low
250 N-Alps flood record.

251 Lowest TERR-alkanes occurred during CR4, lying from 2500 and 2000 yr BP when flood
252 activity in S-Alps was among the highest and NAO strongly negative (Fig. 4d). This finding
253 has been explained by the more southerly position of the North Atlantic storm tracks leading
254 to increase cyclogenesis and precipitations in the Mediterranean Sea (Schimmelpfennig et
255 al., 2012) as expected from negative NAO (Trigo et al., 2000) affecting primarily the S-Alps,
256 as hypothesized by Wirth et al. (2013). Low TERR-alkanes consistently reflect lower
257 precipitation in the Rhone catchment due to weak influence of Westerly winds in the N-Alps
258 Rhone tributaries. During the Common Era flood activity and changes in Rhone River
259 discharge both increase but as discussed by Fanget et al. (2014), human activity, i.e. erosion
260 due to land use, likely played a role in the overall increasing delivery of land derived material.

261

262 **5. Conclusions**

263 Alkenone-derived SSTs from core KSGC-31_GolHo-1B provide a regional reconstruction of
264 Holocene climate variability of the N-W Mediterranean. After a warm plateau between 10 000
265 and 7000 yr BP, SSTs depict a cooling trend of 2.5°C from 7000 to 100 yr, comparable to the
266 North Atlantic, primarily as a result of orbital forcing. The post-industrial warming reversed
267 this long-term cooling trend. Six CRs of different duration and amplitude were identified, with
268 the notable exception for the 8200 yr event. Northerly and northwesterly winds blowing over
269 the Gulf of Lions during negative NAO, and/or EA, are the most likely cause of these cold
270 events.

271 TERR-alkanes accumulated in the inner shelf of the Gulf of Lions indicate low input during
272 the Early Holocene increasing a SSTs started to decline around ca. 6000 yr BP. Comparison
273 with records of flood intensity from the Alps indicates that HTE primarily originate from the
274 Upper Rhone River catchment basin, with possible contribution of the S-Alp tributaries
275 between 4200 and 2800 yr BP. Lowest TERR-alkanes centered ~ 2500 years coincide with
276 strongly negative NAO and cold SSTs when storms tracks had a most southerly position.
277 This is when S-Alps floods were among the strongest. Our results highlight the complex and
278 variable influence of the mid-latitude atmospheric circulation on the NW Mediterranean SSTs
279 and precipitations on decadal to multi-decadal time scales over the Holocene.

280

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443

444 Table 1. AMS radiocarbon dated levels and their calibrated ages with a 1 σ uncertainty for the
 445 KSGC-31 gravity core. The analyses were performed at the Laboratoire de Mesure du
 446 Carbone 14, Saclay (France) and at the Beta Analytic Radiocarbon Dating Laboratory
 447 (Florida; USA). Raw radiocarbon ^{14}C ages were corrected and calibrated to calendar ages
 448 using the Calib7.1 software (Stuiver and Reimer, 1993) and the MARINE13 calibration
 449 dataset (Reimer et al., 2013).

450

Depth (cm)	Material	Radiocarbon age ± 1 error (yr BP)	Calibrate Age (cal BP)	± 1 error
5.5	Bittium sp.	420 \pm 30	24 ^a	60
11.5	Tellina sp.	430 \pm 30	34 ^a	60
18.5	Pecten sp.	720 \pm 40	350 ^b	78
25.5	Venus sp.	640 \pm 30	234	99
41	Pecten sp.	700 \pm 30	339	79
52	Indet. bivalve	960 \pm 30	551	59
71	Arca tetragona	1340 \pm 30	851	80
110.5	Venus sp.	1465 \pm 30	992	85
186.5	Nucula sp.	2235 \pm 40	1805	99
251	Juvenile bivalve shells (ind.)	2940 \pm 30	2674	100
330.5	Venus cosina	3870 \pm 30	3796	106
370.5	Nuculana sp.	4170 \pm 30	4223	113
390.5	Turritella sp.	4500 \pm 30	4676	106
460	Venus sp.	5530 \pm 45	5873	106
481	Ostrea sp	5955 \pm 35	6348	78
501.5	Turritella sp.	6380 \pm 50	6826	107
552	coquilles	7215 \pm 30	7653	75
583	Turritella sp.	7860 \pm 60	8288	92
652	Turritella sp.	8310 \pm 35	8843	121
700.5	Turritella sp.	9215 \pm 30	10006	123
701	Turritella sp.	9190 \pm 50	9968	145

451

452 ^a post-bomb radiocarbon ages, obtained using OxCal 4.2 (Ramsey and Lee, 2013), not used
 453 for the interpolation.

454 ^b Reversal date, not used for the interpolation.

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464 Table 2: Timing of Holocene cold relapses (CRs). Age uncertainty was estimated using a
 465 Bayesian approach of OxCal 4.2. The cooling amplitudes were determined by the difference
 466 between temperature at the beginning of CR and the lowest value after applying a 60 yr Fast-
 467 Fourier Transform (FFT) analysis.

468

Cold relapses	Central Age year BP \pm 1 uncertainty	Age interval year BP	Duration year	Amplitude $^{\circ}$ C
CR1	6175 \pm 133	6600 - 5750	850	1.3 \pm 0.3
CR2	5195 \pm 196	5350 - 5040	310	1.3 \pm 0.3
CR3	4130 \pm 126	4340 - 3920	420	2.4 \pm 0.3
CR4	2355 \pm 142	2530 - 2180	350	1.4 \pm 0.3
CR5	1365 \pm 119	1770 - 960	810	2 \pm 0.3
CR6	320 \pm 75	490 - 150	340	1.1 \pm 0.3

469

470

471 Table 3: Timing of High TERR-alkane episodes (HTE). Age uncertainty was estimated using
 472 a Bayesian approach of OxCal 4.2. HTE were defined as the time span where values exceed
 473 one half of the standard deviation of the Holocene mean value after applying a 60 yr Fast-
 474 Fourier Transform (FFT) analysis. Amplitudes were determined by the difference between
 475 highest TERR-alkanes and the value at the beginning of HTE.

476

High TERR-alkanes episodes	Central Age year BP \pm 1 uncertainty	Age interval year BP	Duration year	Amplitude ng/g
HTE1	5995 \pm 135	5235 - 4755	480	388
HTE2	4045 \pm 126	4330 - 3760	570	440
HTE3	3425 \pm 172	3520 - 3330	190	348
HTE4	3020 \pm 181	3195 - 2845	350	466
HTE5	1390 \pm 115	1565 - 1215	350	335
HTE6	832 \pm 64	1090 - 575	515	875
HTE7	221 \pm 100	416 - 26	390	400

477 Table 4. List of data sets used in Figure 3.

478

Location / Core	Proxy	Temperature Calibration/ Reference	Latitude (°)	Longitude (°)	Elevation (m)	Resolution (yr)	Reference
ODP Site 161-976	UK'37	Müller et al., 1998	36.20	-4.31	-1108	34	Martrat et al., 2014
MD95-2043	UK'37	Müller et al., 1998	36.10	-2.60	-1000	110	Cacho et al., 2001
KSGC-31_GolHo-1B	UK'37	Conte et al., 2006	43.00	3.29	-60	14	This study
MD99-2343	$\delta^{18}\text{O}$ (G. bulloides)	-	40.49	4.02	-2391	110	Frigola et al., 2007
BS79-38	UK'37	Müller et al., 1998	38.41	13.57	-1489	59	Cacho et al., 2001
AD91-17	UK'37	Müller et al., 1998	40.90	18.60	-844	190	Giunta et al., 2001
M25/4-KL11	UK'37	Müller et al., 1998	36.70	17.70	-3376	260	Emeis et al., 2003
M40/4-SL78	UK'37	Müller et al., 1998	37.03	13.18	-467	160	Emeis et al., 2003
MD 99-917	UK'37	Conte et al., 2006	41.28	17.61	-1010	40	Essallami et al., 2007
GeoB 7702-3	TEX86 UK'37	Kim et al., 2008 Müller et al., 1998	31.7	34.1	-562	210	Castañeda et al., 2010
ODP Site 160-967D	UK'37	Müller et al., 1998	34.07	32.72	-2552	94	Emeis et al., 2000

479

480 **Figure captions**

481

482 Figure 1. Map of the Mediterranean annual mean SSTs (°C) (1955 and 2012) from Word Ocean Atlas
483 2013 (http://odv.awi.de/de/data/ocean/world_ocean_atlas_2013/) plotted using Ocean Data View
484 (Brown, 1998). The location of the KSGC-31_GolHo-1B core and other sites discussed in the text are
485 also reported (from West to East): ODP Site 161-976, Alboran Sea (Martrat et al., 2014); MD95-2043,
486 Alboran Sea (Cacho et al., 2001); MD 99-2343, Balearic basin (Frigola et al., 2007); M40/4-SL78,
487 Ionian Sea (Emeis et al., 2003); BS79-38, Southern Tyrrhenian Sea (Cacho et al., 2001); MD90-917,
488 Southern Adriatic Sea (Essallami et al., 2007); M25/4-KL11, the Ionian Sea (Emeis et al., 2003);
489 AD91-17, Southern Adriatic Sea (Giunta et al., 2001); ODP Site 160-967D, Levantine basin (Emeis et
490 al., 2000); GeoB 7702-3, Levantine basin (Castañeda et al., 2010). The location of Lake Bourget in
491 France (LDB01-1 and LDB04-1 cores) is also shown (Arnaud et al., 2012). The main winds blowing
492 in the Mediterranean Sea are shown by red arrows.

493

494 Figure 2. Alkenone SSTs and TERR-alkane concentrations at the KSGC-31_GolHo-1B core site over
495 the past 10000 years. (a) The AMS ¹⁴C radiocarbon dates for gravity core KSGC-31 are indicated by
496 the blue diamonds; vertical dashed lines highlight the major periods of the Common Era. (b) TERR-
497 alkane concentrations. (c) The UP10 fraction from core MD99-2343 (Frigola et al., 2007), (reversed
498 vertical axis). Age control points for core MD99-2343 are represented by the purple diamonds. The
499 vertical gray bars represent the six NW Mediterranean CRs no. 1-6. Vertical light brown bars indicate
500 the periods of high flood intensity based on the high TERR-alkane peaks.

501

502 Figure 3. SST records in the Mediterranean Sea over the Holocene. (a) Core MD95-2043 from the
503 Alboran Sea (Cacho et al., 2001). (b) ODP Site 161-976 from the Alboran Sea (Martrat et al., 2014).
504 (c) Core KSGC-31_GolHo-1B from the Gulf of Lions (this study). (d) *G. bulloides* oxygen isotopic
505 record for core MD99-2343 from the Balearic Sea (Frigola et al., 2007). (e) Core BS79-38 from the
506 Southern Tyrrhenian Sea (Cacho et al., 2001). (f) Core AD91-17 from the Adriatic Sea (Giunta et al.,
507 2001). (g) Core M25/4-KL11 from the Ionian Sea (Emeis et al., 2003). (h) Core M40/4-SL78 from the
508 Ionian Sea (Emeis et al., 2003). (i) Core MD90-917 from the Southern Adriatic Sea (Essallami et al.,
509 2007). (j) Core GeoB 7702-3 from the Levantine basin (Castañeda et al., 2010). (k) ODP Site 160-
510 967D from the Levantine basin (Emeis et al., 2000). Vertical grey bars represent the time interval of
511 the CRs, no. 1-6. The grey vertical dashed lines indicate the time interval used to calculate SST trends
512 (7000 to 1000 yrs BP). SST trends between 7000 and 1000 yrs are marked by arrows and the
513 amplitudes (°C/6 kyr) are indicated in the right of each curve.

514

515 Figure 4. Holocene flood changes in the NW Mediterranean Sea and Alps region. (a) TERR-alkane
516 abundances as a proxy of flood intensity. (b) Flood activity in the North and South Alps (from Wirth
517 et al., 2013). (c) Total terrigenous fraction (%) indicates the Rhone river discharge into lake Bourget
518 (Arnaud et al., 2012) (green curve). (d) The UP10 fraction from core MD99-2343 (Frigola et al., 2007)
519 (purple curve) and the winter-NAO index from Trouet et al. (2009) (in red) and Olsen et al. (2012) (in
520 blue). Vertical light brown bars indicate the periods of high flood intensity based on the high TERR-
521 alkane peaks.

World Ocean Atlas 2013 (1955-2012 SST)

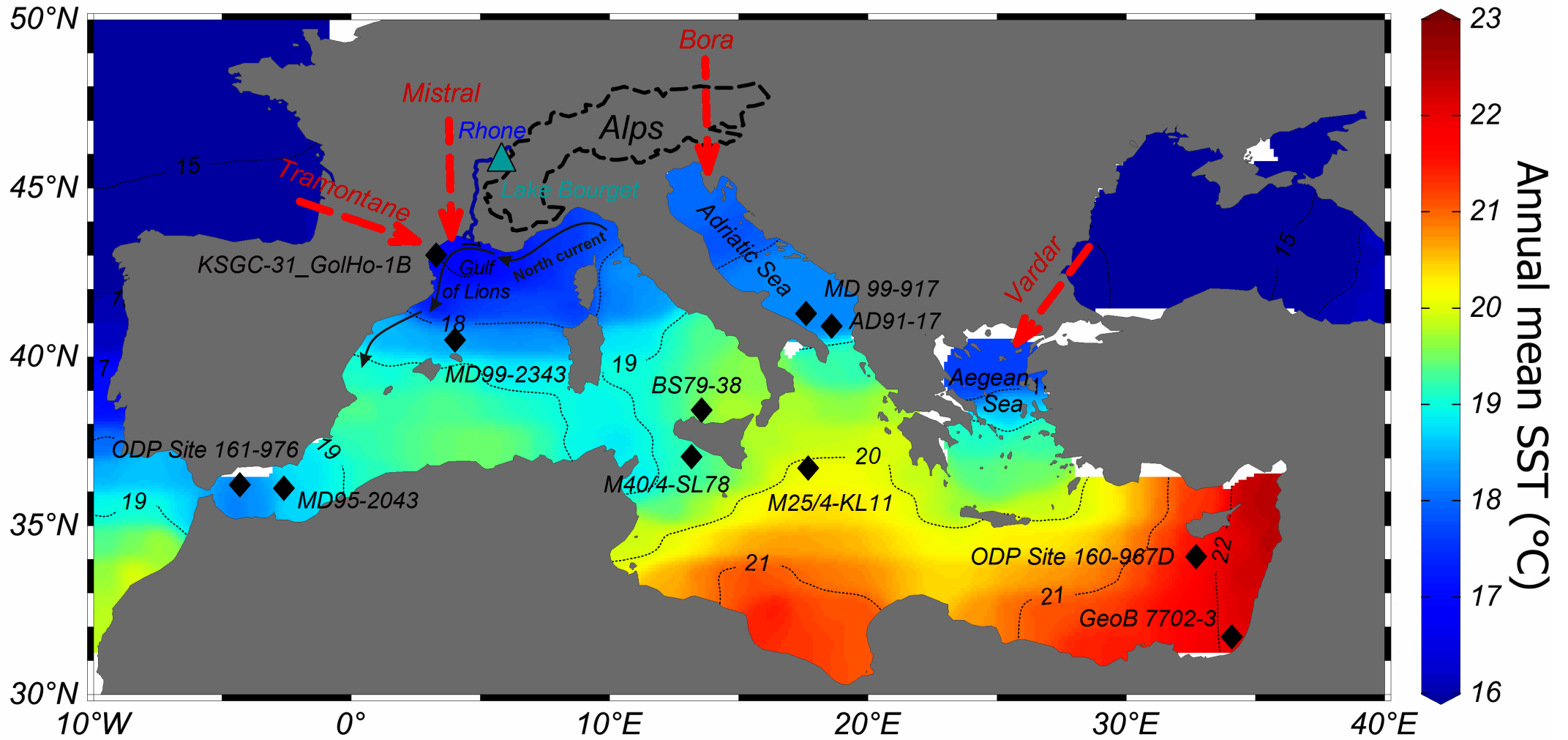


Figure 1

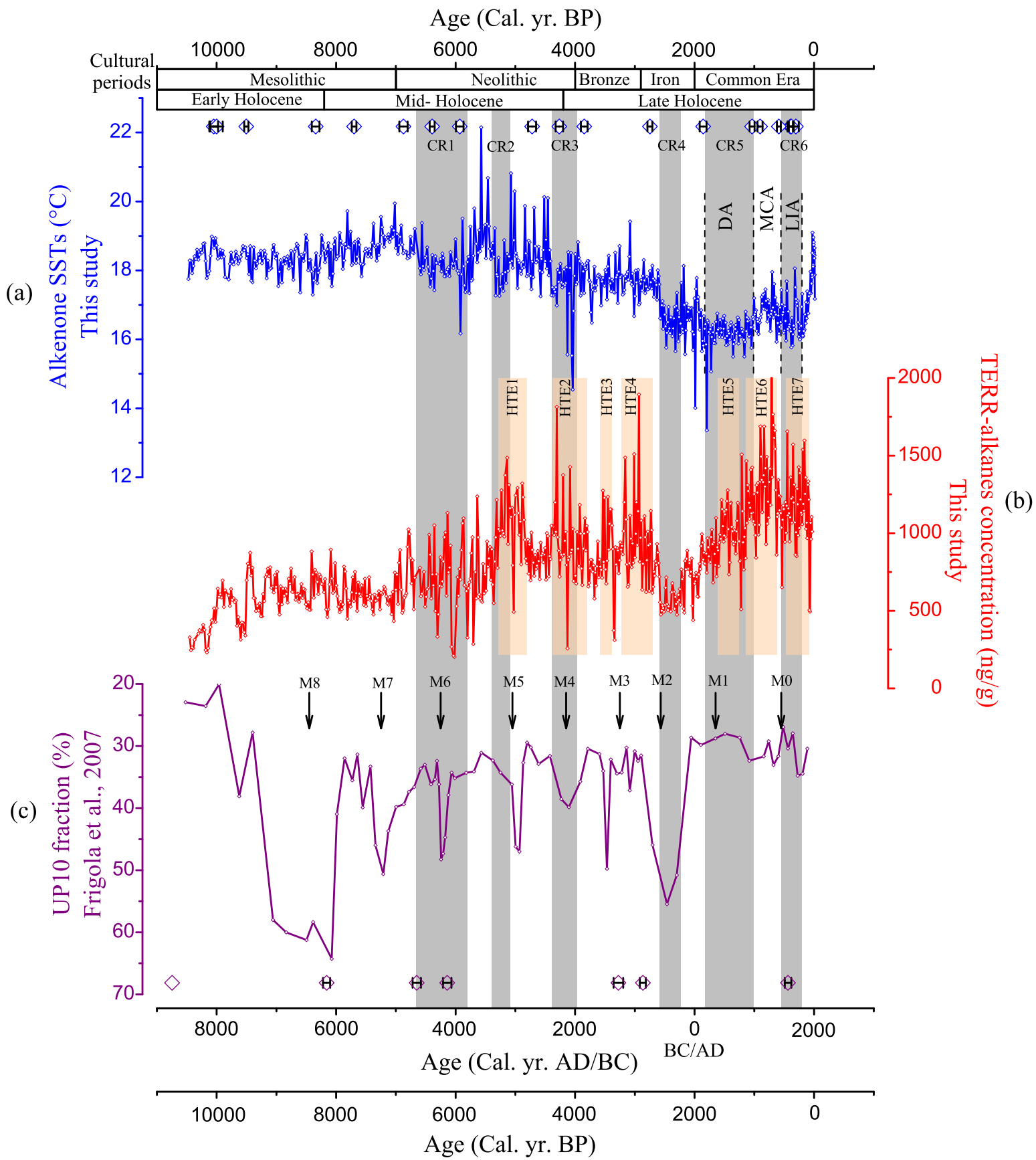


Figure 2

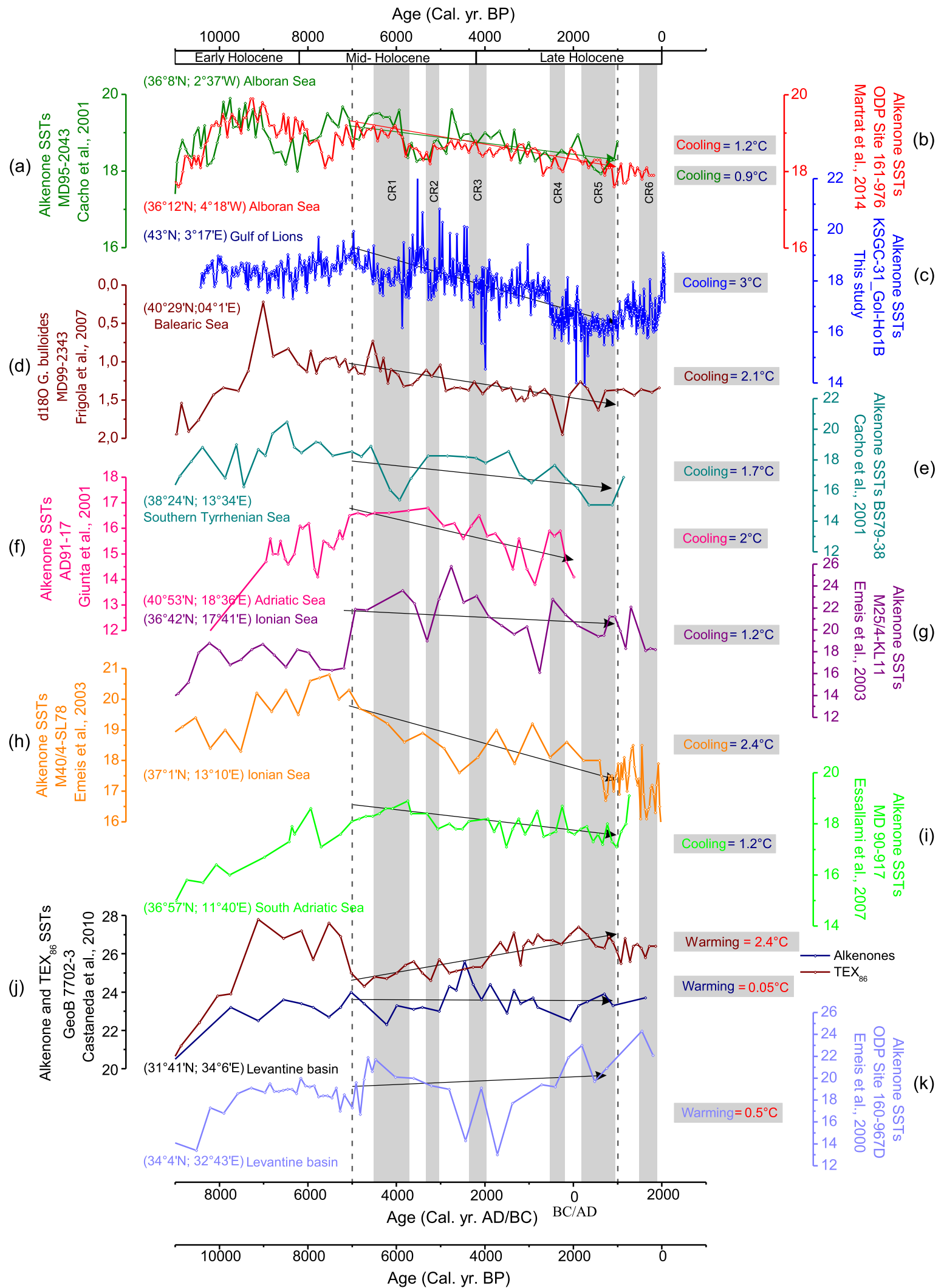


Figure 3

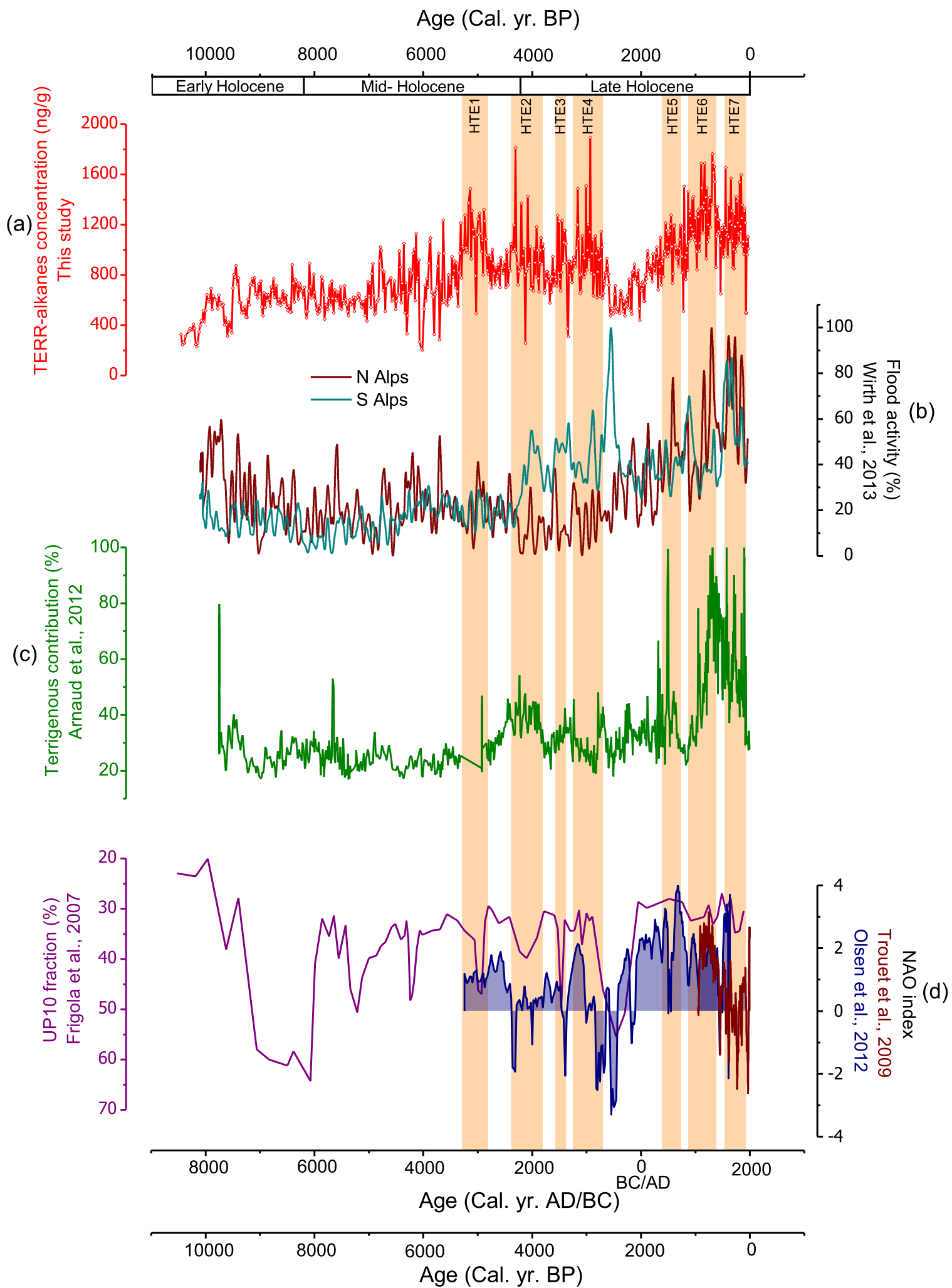


Figure 4