

# 1 **Early warnings and missed alarms for abrupt monsoon transitions**

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## 13 14 **Abstract**

15 Palaeo-records from China demonstrate that the East Asian Summer Monsoon (EASM) is  
16 dominated by abrupt and large magnitude monsoon shifts on millennial timescales,  
17 switching between periods of high and weak monsoon rains. It has been hypothesised that  
18 over these timescales, the EASM exhibits two stable states with bifurcation-type tipping  
19 points between them. Here we test this hypothesis by looking for early warning signals of  
20 past bifurcations in speleothem  $\delta^{18}\text{O}$  records from Sanbao Cave and Hulu Cave, China,  
21 spanning the penultimate glacial cycle. We find that although there are increases in both  
22 autocorrelation and variance preceding some of the monsoon transitions during this period,  
23 it is only immediately prior to the abrupt monsoon shift at the penultimate deglaciation  
24 (Termination II) that statistically significant increases are detected. To supplement our data  
25 analysis, we produce and analyse multiple model simulations that we derive from these

26 data. We find hysteresis behaviour in our model simulations with transitions directly forced  
27 by solar insolation. However, signals of critical slowing down, which occur on the approach  
28 to a bifurcation, are only detectable in the model simulations when the change in system  
29 stability is sufficiently slow to be detected by the sampling resolution of the dataset. This  
30 raises the possibility that the early warning ‘alarms’ were missed in the speleothem data  
31 over the period 224-150 kyr and it was only at the monsoon termination that the change in  
32 the system stability was sufficiently slow to detect early warning signals.

33

34 **Keywords: Speleothem, monsoon, bifurcation, early warning signals, tipping point**

35

## 36 **1.1 Introduction**

37 The Asian Summer Monsoon directly influences over 60% of the world’s population (Wu et  
38 al., 2012) and yet the drivers of past and future variability remain highly uncertain  
39 (Levermann et al., 2009; Zickfeld et al., 2005). Evidence from radiometrically-dated East  
40 Asian speleothem records of past monsoon behaviour (Yuan et al., 2004) suggests that on  
41 millennial timescales, the EASM is driven by a 23 kyr precession cycle (Kutzbach, 1981;  
42 Wang et al., 2008), but also influenced by feedbacks in sea surface temperatures and  
43 changing boundary conditions including Northern Hemisphere ice volume (An, 2000; Sun  
44 et al., 2015). The abrupt nature of the monsoon behaviour (interpreted as a precipitation  
45 proxy from  $\delta^{18}\text{O}$  values from Chinese speleothem records; see Section 1.4) in comparison  
46 to the sinusoidal insolation forcing strongly implies that this response is non-linear (Figure  
47 1); whilst Northern Hemisphere Summer Insolation (NHSI) follows a quasi-sinusoidal  
48 cycle, the  $\delta^{18}\text{O}$  profile in speleothems exhibits a step function, suggesting the presence of  
49 threshold behaviour in the monsoon system (Schewe et al., 2012). Though the vulnerability  
50 of society has clearly changed, future abrupt monsoon shifts, whether caused by orbital or

51 anthropogenic forcing, are likely to have major devastating societal impacts (Donges et al.,  
52 2015).

53

54

55 **Figure 1:** (a) Northern Hemisphere Summer Insolation (NHSI) at June 30°N (Berger &  
56 Loutre, 1991) (grey),  $\delta^{18}\text{O}$  speleothem data from Sanbao Cave (Wang et al., 2008) (dark  
57 blue), (b)  $\delta^{18}\text{O}$  speleothem data from Hulu Cave (Wang et al., 2001); speleothem MSH  
58 (red), MSP (blue) and MSX (yellow), (c)  $\delta^{18}\text{O}$  per mille benthic carbonate (Lisiecki &  
59 Raymo, 2005) (proxy for global ice volume) (purple).

60

61

62 A minimum conceptual model of the East Asian Summer Monsoon developed by Zickfeld  
63 et al. (2005), stripped down by Levermann et al. (2009) and updated by Schewe et al.  
64 (2012), shows a non-linear solution structure with thresholds for switching a monsoon  
65 system between ‘on’ or ‘off’ states that can be defined in terms of atmospheric humidity –  
66 in particular, atmospheric specific humidity over the adjacent ocean (Schewe et al., 2012).  
67 Critically, if specific humidity levels pass below a certain threshold, for instance, as a result  
68 of reduced sea surface temperatures, insufficient latent heat is produced in the atmospheric  
69 column and the monsoon fails. This moisture-advection feedback allows for the existence of  
70 two stable states, separated by a saddle-node bifurcation (Zickfeld et al., 2005) (although  
71 interestingly, the conceptual models of Levermann et al. (2009) and Schewe et al. (2012)  
72 are characterised by a single bifurcation point for switching ‘off’ the monsoon and an  
73 arbitrary threshold to switch it back ‘on’). Crucially, the presence of a critical threshold at  
74 the transition between the strong and weak regimes of the EASM means that early warning

75 signals related to ‘critical slowing down’ (Dakos et al., 2008; Lenton et al., 2012) could be  
76 detectable in suitable proxy records.

77

78 The aim of this study was twofold: (1) to test whether shifts in the EASM during the  
79 penultimate glacial cycle (Marine Isotope Stage 6) are consistent with bifurcational tipping  
80 points, and (2) if so, is it possible to detect associated early warning signals. To achieve  
81 this, we analyse two  $\delta^{18}\text{O}$  speleothem records from China, and construct a simple model  
82 that we derive directly from this data to test whether we can detect early warning signals of  
83 these transitions.

84

## 85 **1.2 Detecting early warning signals**

86 We perform ‘tipping point analysis’ on both the  $\delta^{18}\text{O}$  speleothem records and on multiple  
87 simulations derived from our model. This analysis aims to find early warning signs of  
88 impending tipping points that are characterised by a bifurcation (rather than a noise-induced  
89 tipping, induced by stochastic fluctuations with no change in forcing control, or rate-  
90 dependent tipping, where a system fails to track a continuously changing quasi-static  
91 attractor e.g. (Ashwin et al., 2012)). These tipping points can be mathematically detected by  
92 looking at the pattern of fluctuations in the short-term trends of a time-series before the  
93 transition takes place. A phenomenon called ‘critical slowing down’ occurs on the approach  
94 to a tipping point, whereby the system takes longer to recover from small perturbations  
95 (Kleinen et al., 2003; Held & Kleinen, 2004; Dakos et al., 2008). This longer recovery rate  
96 causes the intrinsic rates of change in the system to decrease, which is detected as a short-  
97 term increase in the autocorrelation or ‘memory’ of the time-series (Ives, 1995), often  
98 accompanied by an increasing trend in variance (Lenton et al., 2012). It has been  
99 theoretically established that autocorrelation and variance should both increase together

100 (Ditlevsen & Johnsen, 2010; Thompson & Sieber, 2011). Importantly, it is the increasing  
101 trend, rather than the absolute values of the autocorrelation and variance that indicate  
102 critical slowing down. Detecting the phenomenon of critical slowing down relies on a  
103 timescale separation, whereby the timescale forcing the system is much slower than the  
104 timescale of the system's internal dynamics, which is in turn much longer than the  
105 frequency of data sampling the system (Held & Kleinen, 2004). Importantly, the monsoon  
106 transitions span hundreds of years (corresponding to several data points), meeting the  
107 criterion that the frequency of sampling is higher than the timescale of the transition of the  
108 system.

109

### 110 **1.3 Missed alarms**

111 Although efforts have been taken to reduce the chances of type I (incorrect rejection of a  
112 true null hypothesis, otherwise known as a 'false positive') and type II (failure to reject a  
113 false null hypothesis, or 'false negative') errors by correct pre-processing of data e.g.  
114 (Lenton, 2011), totally eradicating the chances of false positive and false negative results  
115 remains a challenge (Scheffer, 2010; Lenton et al., 2012; Dakos et al., 2014). Type II errors  
116 or 'missed alarms', as discussed in Lenton (2011), may occur when internal noise levels are  
117 such that the system is 'tipped' into a different state prior to reaching the bifurcation point,  
118 precluding the detection of early warning signals. Type I errors are potentially easier to  
119 guard against by employing strict protocols by which to reject a null hypothesis.

120

### 121 **1.4 Using speleothem $\delta^{18}\text{O}$ data as a proxy of past monsoon strength**

122 Highly-resolved ( $\sim 10^2$  years) and precisely dated speleothem records of past monsoonal  
123 variability are well placed to test for early warning signals. The use of speleothem-based  
124 proxies to reconstruct patterns of palaeo-monsoon changes has increased rapidly over recent

125 decades with the development of efficient sampling and dating techniques. However, there  
126 is currently some debate surrounding the climatic interpretation of Chinese speleothem  $\delta^{18}\text{O}$   
127 records (An et al., 2015), which can be influenced by competing factors that affect isotope  
128 fractionation. The oxygen isotopic composition of speleothem calcite is widely used to  
129 reconstruct palaeohydrological variations due to the premise that speleothem calcite  $\delta^{18}\text{O}$   
130 records the stable isotopic content of precipitation, which has been shown to be inversely  
131 correlated with precipitation amount (Dansgaard, 1964; Lee & Swann, 2010), a relationship  
132 known as the ‘amount effect’. Although the  $\delta^{18}\text{O}$  of speleothem calcite in China has  
133 traditionally been used as a proxy for the ‘amount effect’ (Cheng et al., 2006; Wang et al.,  
134 2008; Cheng et al., 2009; Wang et al., 2009), this has been challenged by other palaeo-  
135 wetness proxies, notably Maher (2008), who argues that speleothems may be influenced by  
136 changes in rainfall source rather than amount. The influence of the Indian Monsoon has also  
137 been proposed as an alternative cause for abrupt monsoon variations in China (Liu et al.,  
138 2006; Pausata et al., 2011), though this has since been disputed (Wang & Chen, 2012; Liu  
139 et al., 2014). Importantly, however, robust replications of the same  $\delta^{18}\text{O}$  trends in  
140 speleothem records across the wider region suggest they principally represent changes in  
141 the delivery of precipitation  $\delta^{18}\text{O}$  associated with the EASM (Cheng et al., 2009; Cheng et  
142 al., 2012; Li et al., 2013; Duan et al., 2014; Liu et al., 2014; Baker et al., 2015).

143

144 Specific data requirements are necessary to search for early warning signs of tipping points  
145 in climate systems; not only does the data have to represent a measure of climate, it also  
146 must be of a sufficient length and resolution to enable the detection of critical slowing  
147 down. In addition, since time series analysis methods require interpolation to equidistant  
148 data points, a relative constant density of data points is important, so that the interpolation  
149 does not skew the data. The speleothem  $\delta^{18}\text{O}$  records that we have selected fulfil these

150 criteria, as described in more detail in section 2.1.

151

152

## 153 **2. Methods**

### 154 **2.1 Data selection**

155 We used the Chinese speleothem sequences from Sanbao Cave (31°40'N, 110°26'E) (Wang  
156 et al., 2008), and Hulu Cave (32°30'N, 119°10'E) (Wang et al., 2001) to search for early  
157 warning signals. Sanbao Cave (speleothem SB11) and Hulu Cave (speleothem MSP) have  
158 two of the highest resolution chronologies in the time period of interest, with a relatively  
159 constant density of data points, providing some of the best records of Quaternary-scale  
160 monsoonal variation. Speleothem  $\delta^{18}\text{O}$  records offer considerable advantages for  
161 investigating past changes in the EASM: their long duration ( $10^3$ - $10^4$  years), high-resolution  
162 ( $\sim 100$  years) and precise and absolute-dated chronologies (typically 1 kyr at  $1\sigma$ ), make  
163 them ideal for time series analysis. Speleothem SB11 has one of the longest, continuous  
164  $\delta^{18}\text{O}$  records in China, and is the only series spanning an entire glacial cycle without using a  
165 spliced record (Wang et al. 2008). Speleothem MSP has a comparable resolution and  
166 density to SB11, though is significantly shorter. Crucially, the cave systems lie within two  
167 regionally distinct areas (Figure 2), indicating that parallel changes in  $\delta^{18}\text{O}$  cannot be  
168 explained by local effects.

169

170

171 **Figure 2** Map showing the location of Sanbao and Hulu caves.

172

173

### 174 **2.2 Searching for bimodality**

175 A visual inspection of a histogram of the speleothem  $\delta^{18}\text{O}$  data was initially undertaken to  
176 determine whether the data are likely to be bimodal. We then applied a Dip-test of  
177 unimodality (Hartigan & Hartigan, 1985) to test whether our data is bimodal. To investigate  
178 further the dynamical origin of the modality of our data we applied non-stationary potential  
179 analysis (Kwasniok, 2013; Kwasniok, 2015). A non-stationary potential model (discussed  
180 in more detail in section 2.4) was fitted, modulated by the solar forcing (NHSI June  
181  $30^\circ\text{N}$ ), covering the possibility of directly forced transitions as well as noise-induced  
182 transitions with or without stochastic resonance.

183

184

### 185 **2.3 Tipping point analysis**

186 A search for early warning signals of a bifurcation at each monsoon transition was carried  
187 out between 224-128 kyr of the Sanbao Cave and Hulu Cave speleothem records. Stable  
188 periods of the Sanbao Cave  $\delta^{18}\text{O}$  record (e.g. excluding the abrupt transitions) were initially  
189 identified visually and confirmed by subsequent analysis using a climate regime shift  
190 detection method described by Rodionov (2004). Data pre-processing involved removal of  
191 long term trends using a Gaussian kernel smoothing filter and interpolation to ensure that  
192 the data is equidistant (a necessary assumption for time-series analysis), before the trends in  
193 autocorrelation and variance (using the R functions *acf()* and *var()* respectively) are  
194 measured over a sliding window of half the data length (Lenton et al., 2012). The density of  
195 data points over time do not change significantly in either record and thus the observed  
196 trends in autocorrelation are not an artefact of the data interpolation. The smoothing  
197 bandwidth was chosen such that long-term trends were removed without overfitting the  
198 data. A sensitivity analysis was undertaken by varying the size of the smoothing bandwidth  
199 and sliding window to ensure the results were robust over a range of parameter choices. The



200 nonparametric Kendall's tau rank correlation coefficient was applied (Kendall, 1948; Dakos  
201 et al., 2008) to test for statistical dependence for a sequence of measurements against time,  
202 varying between +1 and -1, describing the sign and strength of any trends in autocorrelation  
203 and variance.

204

### 205 **2.3.1 Assessing significance**

206 The results were tested against surrogate time series to ascertain the significance level of the  
207 results found, based on the null hypothesis that the data are generated by a stationary  
208 Gaussian linear stochastic process. This method for assessing significance of the results is  
209 based on Dakos et al. (2012a). The surrogate time series were generated by randomising the  
210 original data over 1000 permutations, which is sufficient to adequately estimate the  
211 probability distribution of the null model, and destroys the memory while retaining the  
212 amplitude distribution of the original time series. The autocorrelation and variance for the  
213 original and each of the surrogate time series was computed, and the statistical significance  
214 obtained for the original data by comparing against the frequency distribution of the trend  
215 statistic (Kendall tau values of autocorrelation and variance) from the surrogate data.

216 Importantly, the Kendall tau values are calculated relatively, thus when the autocorrelation  
217 is destroyed by randomisation, the null model distribution does not change. Higher Kendall  
218 tau values indicate a stronger increasing trend. The 90<sup>th</sup> and 95<sup>th</sup> percentiles provided the  
219 90% and 95% rejection thresholds (or p-values of 0.1 and 0.05) respectively. According to  
220 the fluctuation-dissipation theorem (Ditlevsen & Johnsen, 2010), both autocorrelation and  
221 variance should increase together on the approach to a bifurcation. Previous tipping point  
222 literature has often used a visual increasing trend of autocorrelation and variance as  
223 indicators of critical slowing down. Although using surrogate data allows a quantitative  
224 assessment of the significance of the results, there is no consensus on what significance

225 level is necessary to declare the presence of precursors of critical slowing down. To  
226 guard against type I errors, we determine for this study that ‘statistically significant’ early  
227 warning indicators occur with increases in both autocorrelation and variance with p-values  
228  $< 0.1$ . We have chosen this benchmark in line with previous studies using a similar null  
229 model that have described results with  $p < 0.1$  as ‘robust’ (Dakos et al., 2008; Boulton &  
230 Lenton, 2015).

231

## 232 **2.4 Non-stationary potential analysis**

233 To supplement the analysis of the speleothem records and help interpret the results, a simple  
234 stochastic model derived directly from the Sanabo cave  $\delta^{18}\text{O}$  data was constructed. Non-  
235 stationary potential analysis (Kwasniok, 2013; Kwasniok, 2015) is a method for deriving  
236 from time series data a simple dynamical model which is modulated by external factors,  
237 here solar insolation. The technique allows extraction of basic dynamical mechanisms and  
238 to distinguish between competing dynamical explanations.

239

240 The dynamics of the monsoon system are conceptually described as motion in a time-  
241 dependent one-dimensional potential landscape; the influence of unresolved spatial and  
242 temporal scales is accounted for by stochastic noise. The governing equation is a one-  
243 dimensional non-stationary effective Langevin equation:

$$244 \quad \dot{x} = -V'(x; t) + \sigma\eta \quad (1)$$

245  $\eta$  is a white Gaussian noise process with zero mean and unit variance, and  $\sigma$  is the  
246 amplitude of the stochastic forcing. The potential landscape is time-dependent, modulated  
247 by the solar insolation:

$$248 \quad V(x; t) = U(x) + \gamma I(t)x \quad (2)$$

249 The time-independent part of the potential is modelled by a fourth-order polynomial,  
250 allowing for possible bi-stability (Kwasniok & Lohmann, 2009):

$$U(x) = \sum_{i=1}^4 a_i x^i \quad (3)$$

251

252  $I(t)$  is the insolation forcing and  $\gamma$  is a coupling parameter. The modulation of the potential  
253 is only in the linear term, that is, the time-independent potential system is subject to the  
254 scaled insolation forcing  $\gamma I(t)$ . The model variable  $x$  is identified with the speleothem  
255 record. The insolation is represented as a superposition of three main frequencies as

$$I(t) = \alpha_0 + \sum_{i=1}^3 [\alpha_i \cos(2\pi t/T_i) + \beta_i \sin(2\pi t/T_i)] \quad (4)$$

256

257 with time  $t$  measured in kyr. The expansion coefficients  $\alpha_i$  and  $\beta_i$  are determined by least-  
258 squares regression on the insolation time series over the time interval of the speleothem  
259 record. The periods  $T_i$  are found by a search over a grid with mesh size 0.5kyr. They are, in  
260 order of decreasing contribution  $\alpha_i^2 + \beta_i^2$ ,  $T_1 = 23$ kyr,  $T_2 = 19.5$ kyr and  $T_3 = 42$ kyr. This  
261 yields an excellent approximation of the insolation time series over the time interval under  
262 consideration here.

263

264 The potential model covers and allows to us distinguish between two possible scenarios: (i)  
265 In the bifurcation scenario, the monsoon transitions are directly forced by the insolation,  
266 where two states are stable in turn, one at a time. This corresponds to a fairly large value of  
267  $\gamma$ . (ii) Alternatively, two stable states could be available at all times with noise-induced  
268 switching between them. This is realised with  $\gamma = 0$ , giving a stationary potential. The  
269 height of the potential barrier separating the two states could be modulated by the  
270 insolation, possibly giving rise to a stochastic resonance which would explain the high  
271 degree of coherence between the solar forcing and the monsoon transitions. The latter  
272 variant would correspond to a small but non-zero value of  $\gamma$ .

273

274 The shape of the potential, as well as the noise level, are estimated directly from the  
275 speleothem data according to the maximum likelihood principle. We take a two-step  
276 approach, combining non-stationary probability density modelling (Kwasniok, 2013) and  
277 dynamical modeling (Kwasniok, 2015). The shape of the potential is estimated from the  
278 probability density of the data. The quasi-stationary probability density of the potential  
279 model is

$$p(x; t) = Z^{-1}(t) \exp[-2V(x; t)/\sigma^2] \quad (5)$$

280

281 with a time-dependent normalisation constant  $Z(t)$ . The coefficients  $a_i$  and the coupling  
282 constant  $\gamma$  are estimated by maximising the likelihood function

$$L(x_1, \dots, x_N) = \prod_{i=1}^N p(x_n; t_n) \quad (6)$$

283

284 as described in Kwasniok (2013). The size of the data set is  $N=1288$ . This leaves the noise  
285 level undetermined as a scaling of the potential with a constant  $c$  and a simultaneous scaling  
286 of the noise variance with  $c$  keeps the quasi-stationary probability density unchanged. We  
287 set  $\sigma = 1$  for the (preliminary) estimation of  $a_i$  and  $\gamma$ . The noise level is now determined  
288 from the dynamical likelihood function based on the time evolution of the system  
289 (Kwasniok, 2015). The Langevin equation is discretised according to the Euler-Maruyama  
290 scheme:

$$x_{n+1} = x_n - \delta t_n V'(x_n; t_n) + \sqrt{\delta t_n} \sigma \eta_n \quad (7)$$

291

292 The sampling interval of the data is  $\delta t_n = t_{n+1} - t_n$ . The log-likelihood function of the  
293 data is

$$l(x_1, \dots, x_N | x_0) = -\frac{N}{2} \log 2\pi - N \log \sigma - \frac{1}{2} \sum_{n=0}^{N-1} \left( \log \delta t_n + \frac{[x_{n+1} - x_n + \delta t_n V'(x_n; t_n)]^2}{\delta t_n \sigma^2} \right) \quad (8)$$

294

295 The scaling constant  $c$  is searched on a grid with mesh size 0.01 and the log-likelihood  
296 maximised, giving the final estimates of all parameters. Both estimation procedures are  
297 applied directly to the unevenly sampled data without any prior interpolation. We remark  
298 that the more natural and simpler approach of estimating all parameters simultaneously  
299 from the dynamical likelihood (Kwasniok, 2015) here yields a negative leading-order  
300 coefficient  $a_4$  and thus the model cannot be integrated over a longer time period without the  
301 trajectory escaping to infinity. This possibly points at limitations in the degree of validity of  
302 the one-dimensional potential model. Palaeoclimatic records reflect a multitude of complex  
303 processes and any model as simple as equation (1) cannot be expected to be more than a  
304 skeleton model used to pinpoint and contrast basic dynamical mechanisms. The described  
305 estimation method guarantees a positive leading-order coefficient  $a_4$  and therefore a  
306 globally stable model.

307

308 It has been suggested that the EASM system responds specifically to 21<sup>st</sup> July insolation at  
309 65°N with a “near-zero phase lag” (Ruddiman, 2006). However, given that EASM  
310 development is affected by both remote and local insolation forcing (Liu et al., 2006), we  
311 use an insolation latitude local to the Sanbao Cave record, consistent with earlier studies  
312 from this and other speleothem sequences (Wang et al., 2001). Since the monthly maximum  
313 insolation shifts in time with respect to the precession parameter, the 30°N June insolation  
314 was used, though we acknowledge that the insolation changes of 65°N 21 July as used by  
315 Wang et al. (2008) are similar with regard to the timing of maxima and minima. Crucially,  
316 immediately prior to Termination II, the Chinese speleothem data (including Sanbao Cave)  
317 record a ‘Weak Monsoon Interval’ between 135.5 and 129 kyr (Cheng et al., 2009),  
318 suggesting a lag of approximately 6.5 kyrs following Northern Hemisphere summer  
319 insolation (Figure 1).

320

321 Having derived a model from the data, 100 realisations were analysed to test whether early  
322 warning signals could be detected in the model output, using the methods set out in section  
323 2.3. We initially chose the sampling resolution of the model outputs to be comparable to the  
324 speleothem data ( $10^2$  years). Subsequently, the model was manipulated by changing both  
325 the noise level and the sampling resolution in order to explore the effect of these on the  
326 early warning signals in a hypothetical scenario. To enable a straightforward comparison of  
327 the rate of forcing and the sampling resolution we linearized the solar insolation using the  
328 minimum and maximum values of the solar insolation over the time span of the model (224-  
329 128 kyr). This approach was preferred rather than using a sinusoidal forcing since early  
330 warning signals are known to work most effectively when there is a constant increase in the  
331 forcing. To detrend the time series data, we ran the model without any external noise  
332 forcing to obtain the equilibrium solution to the system, which we then subtracted from the  
333 time series, which did include noise. In addition, we manipulated the noise level of the  
334 model by altering the amplitude of the stochastic forcing ( $\sigma$  in Equation 1). The time step in  
335 the series was reduced so that 6000 time points were available prior to the bifurcation and to  
336 ensure no data from beyond the tipping point was included in the analysis. Sampling the  
337 same time series at different resolutions allowed us to explore the effect of this on the early  
338 warning signals. When comparing early warning signals for differing sample steps and  
339 noise levels, the same iteration of the model was used to enable a direct comparison.

340

### 341 **3. Results**

#### 342 **3.1 Bimodality and non-stationary potential modelling**

343 A histogram of  $\delta^{18}\text{O}$  values suggests there are two modes in the EASM between 224-128  
344 kyr, as displayed by the double peak structure in Figure 3a, supporting a number of studies

345 that observe bimodality in tropical monsoon systems (Zickfeld et al., 2005; Schewe et al.,  
346 2012). We also apply a Dip-test of unimodality (Hartigan & Hartigan, 1985) and find that  
347 our null hypothesis of unimodality is rejected ( $D=0.018$ ,  $p=0.0063$ ) and thus our data is at  
348 least bimodal. To investigate further the dynamical origin of this bimodality we  
349 applied non-stationary potential analysis (Kwasniok, 2013; Kwasniok, 2015). This showed  
350 a bi-stable structure to the EASM with hysteresis (Figure 3b, c), suggesting that abrupt  
351 monsoon transitions may involve underlying bifurcations. The monsoon transitions appear  
352 to be predominantly directly forced by the insolation. There is a phase in the middle of the  
353 transition cycle between the extrema of the insolation where two stable states are available  
354 at the same time but this phase is too short for noise-induced switches to play a significant  
355 role.

356

357 We are able to clearly refute from the speleothem data the scenario of noise-induced  
358 switching between two simultaneously available states in favour of the bifurcation scenario.  
359 When fitting a model without solar insolation forcing (that is,  $\gamma = 0$ ) we obtain a stationary  
360 potential with two deep wells and noise-driven switching between them. However, the pdf-  
361 based log-likelihood of equation (6) is  $l = -2149.1$  versus  $l = -1943.2$  for the model with  
362 insolation forcing and the dynamical log-likelihood of equation (8) is  $l = -353.6$  versus  $l = -$   
363  $346.6$ . This provides very strong evidence for the bifurcation scenario; based on both  
364 likelihood functions, both the Akaike and the Bayesian information criterion clearly prefer  
365 the model with solar insolation forcing. The value of  $\gamma$  is fairly large and the stationary part  
366 of the potential is not strongly bistable, as evidence by the shape of the potential given in  
367 Figure 3, ruling out the stochastic resonance scenario. The uncertainty in all parameters,  
368 including the noise level, is very small, making our model estimation robust. We tried more  
369 complicated models where also the higher-order terms in the potential are modulated by the

370 insolation rather than just the linear term or where the solar insolation enters nonlinearly  
371 into the model; the gain in likelihood is found to be rather minor compared to the gain  
372 achieved when adding the modulation in the linear term of the potential.

373

374

375 **Figure 3** (a) Histogram showing the probability density of the speleothem data aggregated  
376 over 224-128 kyr, (b) Bifurcation diagram obtained from potential model analysis, showing  
377 bi-stability and hysteresis. Solid black lines indicate stable states, dotted line unstable states,  
378 and dashed vertical lines the jumps between the two stable branches. Coloured vertical lines  
379 correspond to the insolation values for which the potential curve is shown in panel c; (c)  
380 Shows how the shape of the potential well changes over one transition cycle (198-175 kyr)  
381 (green long dash = 535 W/m<sup>2</sup>, purple short dash = 531 W/m<sup>2</sup>, blue solid = 490 W/m<sup>2</sup>, red  
382 dotted = 449 W/m<sup>2</sup>) (for more details see Figure 10).

383

384

### 385 **3.2 Tipping point analysis**

386 We applied tipping point analysis on the Sanbao Cave  $\delta^{18}\text{O}$  record on each section of data  
387 prior to a monsoon transition. Although autocorrelation and variance do increase prior to  
388 some of the abrupt monsoon transitions (Figure 4), these increases are not consistent  
389 through the entire record. Surrogate datasets used to test for significance of our results  
390 showed that p-values associated with these increases are only  $<0.1$  for both autocorrelation  
391 and variance (Figure 5) in one instance. Although a visual increasing trend has been used in  
392 previous literature as an indicator of critical slowing down, we choose more selective  
393 criteria to guard against the possibility of false positives.

394



395

396 **Figure 4** a)  $\delta^{18}\text{O}$  speleothem data from Sanbao Cave (SB11) (blue line) and NHSI at July  
397  $65^\circ\text{N}$  (grey line). Grey hatched areas show the sections of data selected for tipping point  
398 analysis. b) Autocorrelation and variance for each period prior to a transition.

399

400

401 **Figure 5** Histogram showing frequency distribution of Kendall tau values from 1000  
402 realisations of a surrogate time series model (described in Section 2.3.1), for Sanbao Cave  
403 (a, b) and Hulu Cave (c, d)  $\delta^{18}\text{O}$  data. The grey dashed lines indicate the 90% ( $p < 0.1$ ) and  
404 95% ( $p < 0.05$ ) significance level. Each coloured line denotes the Kendall tau values for  
405 autocorrelation and variance, for each section of speleothem data analysed (red = 131-156  
406 kyr; yellow = 166-177 kyr; purple = 180-189 kyr; green = 191-198 kyr; orange = 200-208  
407 kyr; blue = 214-225 kyr).

408

409

410 The only section of data prior to a monsoon transition that sees p-values of  $< 0.1$  for the  
411 increases in both autocorrelation and variance is for the data spanning the period 150 to 129  
412 kyr in the Sanbao Cave record, before Monsoon Termination II (Figure 6). We find that the  
413 Kendall tau value for autocorrelation has a significance level of  $p < 0.05$  and for variance a  
414 significance level of  $p < 0.1$  (Figure 5a and 5b). These proportional positive trends in both  
415 autocorrelation and variance are consistent with critical slowing down on the approach to a  
416 bifurcation (Ditlevsen & Johnsen, 2010).

417

418

419 **Figure 6** Tipping Point analysis on data from Sanbao Cave (Speleothem SB11) ( $31^\circ 40'\text{N}$ ,

420 110°26'E). (a) Data was smoothed over an appropriate bandwidth (purple line) to produce  
421 data residuals (b), and analysed over a sliding window (of size between the two grey  
422 vertical lines). The grey vertical line at 131 ka BP indicates the tipping point, and the point  
423 up to which the data is analysed. (d) AR(1) values and associated Kendall tau value, and (e)  
424 displays the variance and associated Kendall tau value.

425

426 To test whether the signal is present in other EASM records, we undertook the same  
427 analysis on a second speleothem sequence of comparable age (Figure 7). We find that  
428 speleothem MSP from Hulu Cave (32°30'N, 119°10'E) (Wang et al., 2001) displays a  
429 comparable increase in autocorrelation and variance to speleothem SB11 from Sanbao  
430 Cave, though these do display slightly lower p-values (Figure 5c and 5d).

431

432

433 **Figure 7** Tipping Point analysis on data from Hulu Cave (Speleothem MSP) (32°30' N,  
434 119°10' E) (a) Data was smoothed over an appropriate bandwidth (purple line) to produce  
435 data residuals (b), and analysed over a sliding window (of size between the two grey  
436 vertical lines). The grey vertical line at 131 ka BP indicates the tipping point, and the point  
437 up to which the data is analysed. (d) Autocorrelation values and associated Kendall tau  
438 value, and (e) the variance and associated Kendall tau value.

439

440

441 Furthermore, a sensitivity analysis was performed (results shown for data preceding the  
442 monsoon termination in both speleothem SB11 and MSP, Figure 8) to ensure that the  
443 results are robust over a range of parameters by running repeats of the analysis with a range  
444 of smoothing bandwidths used to detrend the original data (5-15% of the time series length)

445 and sliding window sizes in which indicators are estimated (25-75% of the time series  
446 length). The colour contours show how the Kendall tau values change when using different  
447 parameter choices; for the autocorrelation at Sanbao Cave the Kendall tau values are over  
448 0.8 for the vast majority of smoothing bandwidth and sliding window sizes (Figure 8a),  
449 indicating a robust analysis.

450

451

452 **Figure 8** Contour plots showing a range of window and bandwidth sizes for the analysis;  
453 (a) Sanbao SB11 autocorrelation, (b) Sanbao SB11 variance, (c) Hulu MSP autocorrelation,  
454 (d) Hulu MSP variance. Black stars indicate the parameters used for the analysis in Figures  
455 6 and 7.

456

457

### 458 **3.3 Potential model simulations**

459 To help interpret these results we applied our potential model. In the model we find  
460 transitions occur under direct solar insolation forcing when reaching the end of the stable  
461 branches, explaining the high degree of synchronicity between the transitions and solar  
462 forcing. The initial 100 realisations produced from our potential model appear broadly to  
463 follow the path of June insolation at 30°N with a small phase lag (Figure 9). The model  
464 simulations also follow the speleothem palaeodata for all but the monsoon transition at 129  
465 ka BP near Termination II, where the model simulations show no extended lag with respect  
466 to the insolation. Again it has to be kept in mind that the potential model as a skeleton  
467 model can only be expected to qualitatively reproduce the main features of the data.  
468 Actually observing the speleothem record as a realisation of the model will always be  
469 highly unlikely with any model as simple as the present one.

470

471

472 **Figure 9** Probability range of 100 model simulations, with the June 30°N NHSI (in red),  
473 and the palaeodata from SB11 (in green).

474

475

476 No consistent early warning signals were found in the initial 100 model simulations during  
477 the period 224-128 kyr. In order to detect critical slowing down on the approach to a  
478 bifurcation, the data must capture the gradual flattening of the potential well. We suggest  
479 that early warning signals were not detected due to a relatively fast rate of forcing compared  
480 to the sampling of the system; this comparatively poor sampling prevents the gradual  
481 flattening of the potential well from being recorded in the data; a feature common to many  
482 palaeoclimate datasets. Figure 10 illustrates the different flattening of the potential well  
483 over a transition cycle during the glacial period and over the transition cycle at the  
484 termination. There is more visible flattening in the potential at the termination, as seen in  
485 panel (c), which is thought to be due to the reduced amplitude of the solar forcing at the  
486 termination. The distinction between these two transitions cycles helps to explain why early  
487 warning signals in the form of increasing autocorrelation and variance are found  
488 immediately preceding the termination, but not for the other monsoon transitions.

489

490

491 **Figure 10** Potential analysis from the Sanabo  $\delta^{18}\text{O}$  data showing the changing shape of the  
492 potential well over (b) a transition cycle during the glacial period (198-175 kyr); and (c) the  
493 transition cycle at the termination (150-128.5 kyr). Dotted lines show stages of the  
494 transition over high, medium, and low insolation values, as depicted in panel (a).

495

496

497 To test the effect on the early warning signals of the sampling resolution of the model, we  
498 compared a range of different sampling time steps in the model (see section 2.4) measuring  
499 the Kendall tau values of autocorrelation and variance over each realisation of the model  
500 (one realisation displayed in Figure 11), which demonstrates the effects of increasing the  
501 sampling time step in the model. We found that whereas an increasing sampling time step  
502 produces a steady decrease in the Kendall tau values for autocorrelation (Figure 11b),  
503 Kendall tau values remain fairly constant for variance (Figure 11c), suggesting that the  
504 latter is not affected by time step changes. This supports the contention by Dakos et al.  
505 (2012b) that ‘high resolution sampling has no effect on the estimate of variance’. In  
506 addition, we manipulated the noise level and found that decreasing the noise level by a  
507 factor of 2 was necessary to identify consistent early warning signals. This is illustrated in  
508 Figure 11a, where the grey line represents the noise level as determined by the model,  
509 which does not follow a step transition, and cannot be adequately detrended by the equation  
510 derived from the model. However, once the noise level is sufficiently reduced, early  
511 warning signals (displayed here as high Kendall tau values for autocorrelation and variance)  
512 can be detected.

513

514

515 **Figure 11** a) Example of single realisation of the approach to a bifurcation from our  
516 potential model, which has been generated using 4 different noise levels (original noise =  
517 grey, 0.5 noise = black, 0.2 noise = blue, 0.1 noise = green). Tipping point analysis was  
518 applied on each realisation, where the red line depicts the detrending line and the grey  
519 dashed vertical line is the cut-off point where data is analysed up to; distribution of Kendall

520 tau values for (a) autocorrelation and (b) variance over increasing sample step and differing  
521 noise levels.

522

523

#### 524 **4. Discussion**

525 It is important to note here that although the detection of early warning signals in time  
526 series data has been widely used for the detection of bifurcations in a range of systems  
527 (Dakos et al., 2008), there are instances when critical slowing down cannot be  
528 detected/recorded prior to a bifurcation. First is the assumption that the abrupt monsoon  
529 shifts are characterised by a bifurcation, rather than noise-induced tipping or stochastic  
530 resonance. The bifurcation hypothesis is supported by previous studies (Zickfeld et al.,  
531 2005; Levermann et al., 2009; Schewe et al., 2012) as well as our potential model, which  
532 selects a bifurcation as the most likely scenario (whilst considering noise-induced tipping  
533 and stochastic resonance). In a noise-induced tipping or stochastic resonance scenario, no  
534 early warning signals would be expected since there would be no gradual change in the  
535 stability of the system (Lenton, 2011). Even within the bifurcation scenario, it is possible  
536 that early warning signals may not be detected due to external dynamics of the system, such  
537 as a high level of stochastic noise, or when there is an insufficient sampling resolution. The  
538 results illustrated in Figure 11 confirm that early warning signals may not be detected for  
539 bifurcations if the rate of forcing is too fast compared to the sampling rate, such that the  
540 flattening of the potential is poorly recorded in time series; Figure 11c clearly illustrates the  
541 detrimental effect of a lower resolution on Kendall tau values, particularly for  
542 autocorrelation. ‘Missed alarms’ may therefore be common in palaeodata where there is an  
543 insufficient sampling resolution to detect the flattening of the potential; a high sampling  
544 resolution is thus recommended to help avoid this issue. There is more flattening visible in

545 the potential for the monsoon transition at 129 ka BP (Termination II), which is due to the  
546 reduced amplitude of the orbital forcing at the termination, but it is unclear whether this is  
547 sufficient to explain the early warning signal detected in the palaeodata. We suggest that  
548 additional forcing mechanisms may be driving the termination e.g. (Caley et al., 2011)  
549 which cannot be captured by the potential model (as evidenced by the trajectory of the data  
550 falling outside the probability range of the potential model (Figure 9)).

551

552 One possible reason for the detection of a critical slowing down immediately prior to the  
553 termination (129 ka BP) is a change in the background state of the climate system.

554 Termination II is preceded by a Weak Monsoon Interval (WMI) in the EASM at 135.5-129  
555 kyr (Cheng et al., 2009), characterised by the presence of a longer lag between the change  
556 in insolation and the monsoon transition. The WMI is thought to be linked to migrations in  
557 the Inter-tropical Convergence Zone (ITCZ) (Yancheva et al., 2007). Changes in the  
558 latitudinal temperature gradient (Rind, 1998) or planetary wave patterns (Wunsch, 2006)  
559 driven by continental ice volume (Cheng et al., 2009) and/or sea ice extent (Broccoli et al.,  
560 2006) have been suggested to play a role in causing this shift in the ITCZ. For instance, the  
561 cold anomaly associated with Heinrich event 11 (at 135 ka BP) has been invoked as a  
562 possible cause of the WMI, cooling the North Atlantic and shifting the Polar Front and  
563 Siberian High southwards, forcing an equatorward migration of westerly airflow across  
564 Asia (Broecker et al., 1985; Cheng et al., 2009; Cai et al., 2015). Such a scenario would  
565 have maintained a low thermal gradient between the land and sea, causing the Weak  
566 Monsoon Interval and potentially suppressing a simple insolation response. The implication  
567 is that during the earlier monsoon transitions in Stage 6, continental ice volume and/or sea-  
568 ice extent was less extensive than during the WMI, allowing the solar insolation response to  
569 dominate.

570

571

## 572 **5. Conclusions**

573 We analysed two speleothem  $\delta^{18}\text{O}$  records from China over the penultimate glacial cycle as  
574 proxies for the past strength of the EASM to test whether we could detect early warning  
575 signals of the transitions between the strong and weak regimes. After determining that the  
576 data was bimodal, we derived a non-stationary potential model directly from this data  
577 featuring a fold bifurcation structure. We found evidence of critical slowing down before  
578 the abrupt monsoon shift at Termination II (129 ka BP) in the speleothem  $\delta^{18}\text{O}$  data.

579 However, we do not find consistent early warning signals of a bifurcation for the abrupt  
580 monsoon shifts in the period between 224-150 kyr, which we term ‘missed alarms’.

581 Exploration of sampling resolution from our model suggests that the absence of robust  
582 critical slowing down signals in the palaeodata is due to a combination of rapid forcing and  
583 the insufficient sampling resolution, preventing the detection of the steady flattening of the  
584 potential that occurs before a bifurcation. We also find that there is a noise threshold at  
585 which early warning signals can no longer be detected. We suggest that the early warning  
586 signal detected at Termination II in the palaeodata is likely due to the longer lag during the  
587 Weak Monsoon Interval, linked to cooling in the North Atlantic. This allows a steadier  
588 flattening of the potential associated with the stability of the EASM and thus enables the  
589 detection of critical slowing down. Our results have important implications for identifying  
590 early warning signals in other natural archives, including the importance of sampling  
591 resolution and the background state of the climate system (full glacial versus termination).

592 In addition, it is advantageous to use archives which record multiple transitions, rather than  
593 a single shift, such as the speleothem records reported here; the detection of an early  
594 warning signal during one transition compared to previous events in the same record



595 provides an insight into changing/additional forcing mechanisms.

596

597

598

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723

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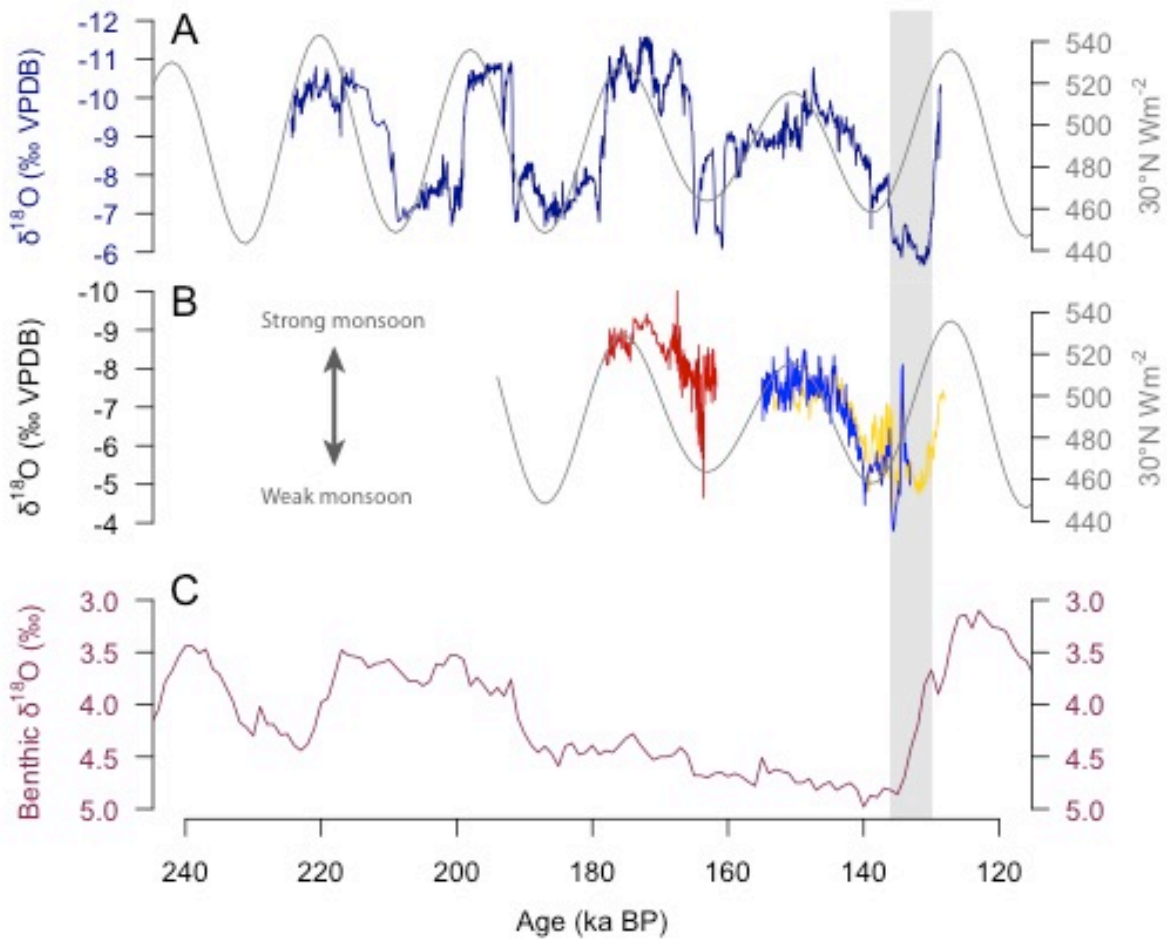
727 The data for this paper are available from the National Climate Data Centre, NOAA (SB11:  
728 [http://hurricane.ncdc.noaa.gov/pls/paleox/f?p=519:1:::P1\\_STUDY\\_ID:8641](http://hurricane.ncdc.noaa.gov/pls/paleox/f?p=519:1:::P1_STUDY_ID:8641) and Hulu:  
729 [http://hurricane.ncdc.noaa.gov/pls/paleox/f?p=519:1:::P1\\_STUDY\\_ID:5426](http://hurricane.ncdc.noaa.gov/pls/paleox/f?p=519:1:::P1_STUDY_ID:5426))

730

731 **Competing financial interests**

732 The authors declare no competing financial interests.

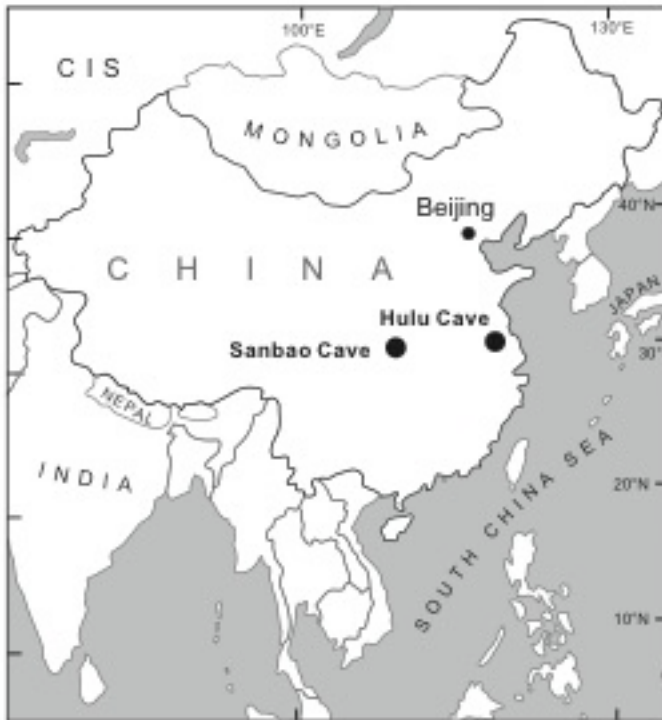
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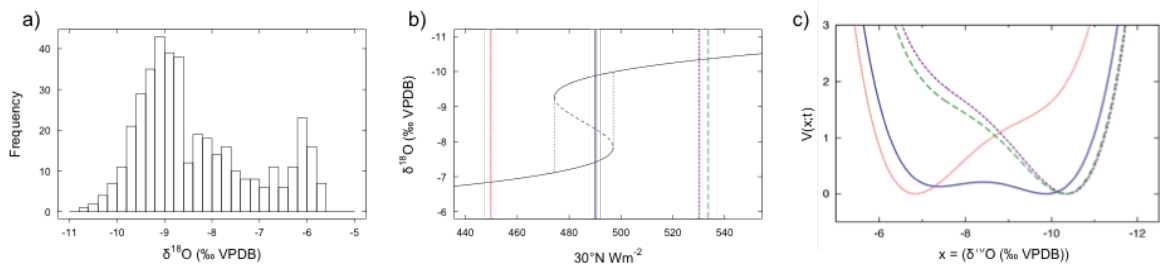
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736 Figure 1



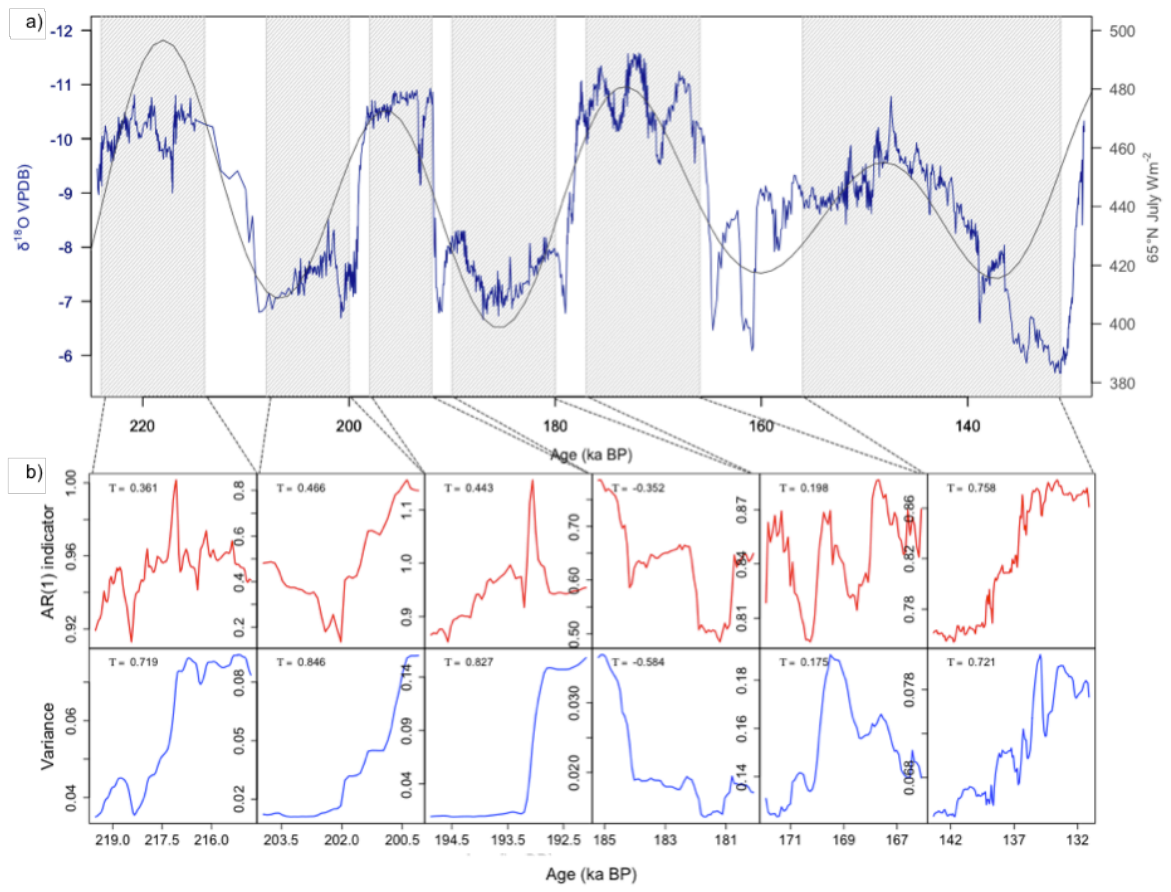
737

738 Figure 2



739

740 Figure 3



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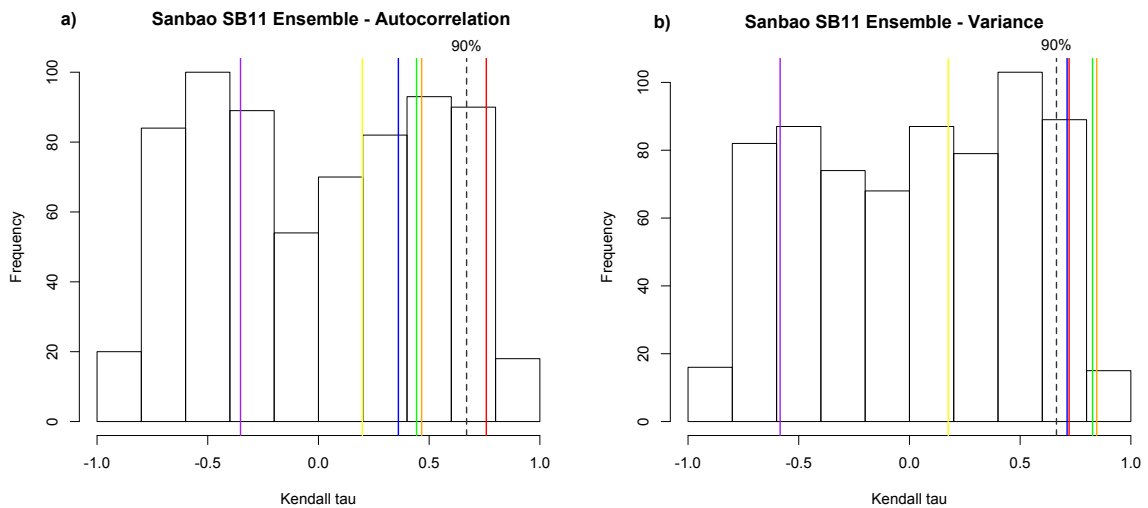
742 Figure 4

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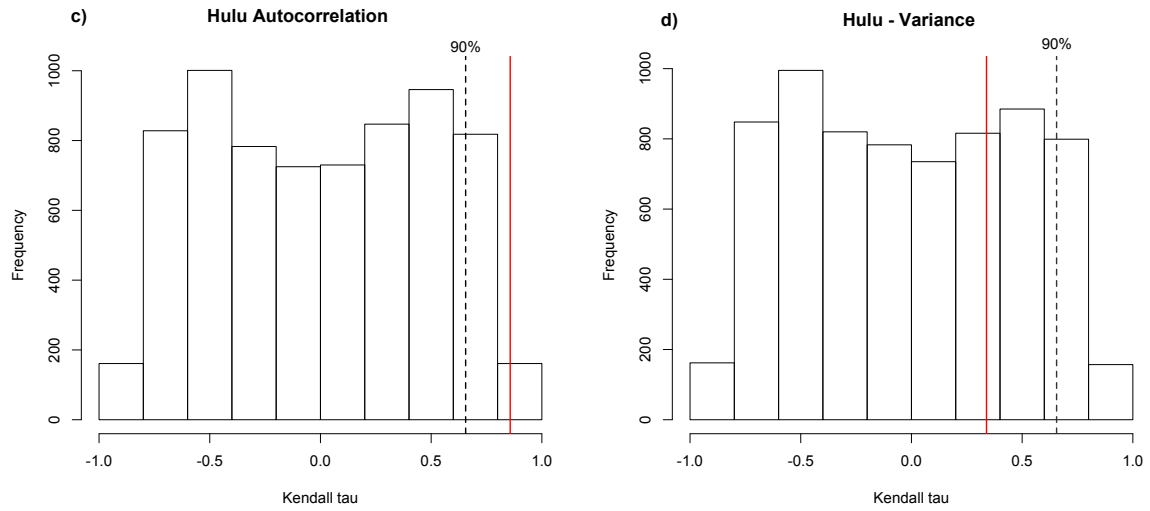
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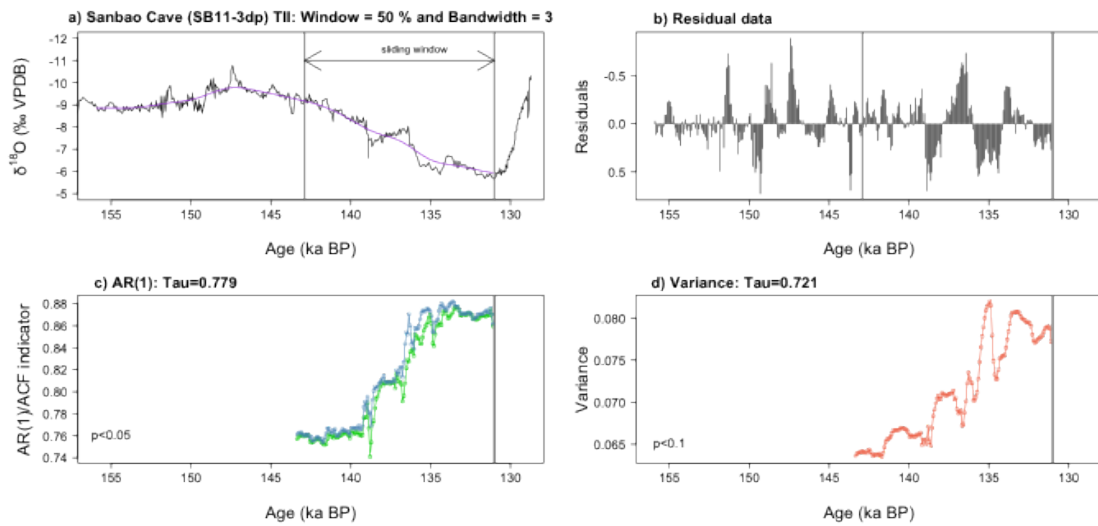
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749 Figure 5

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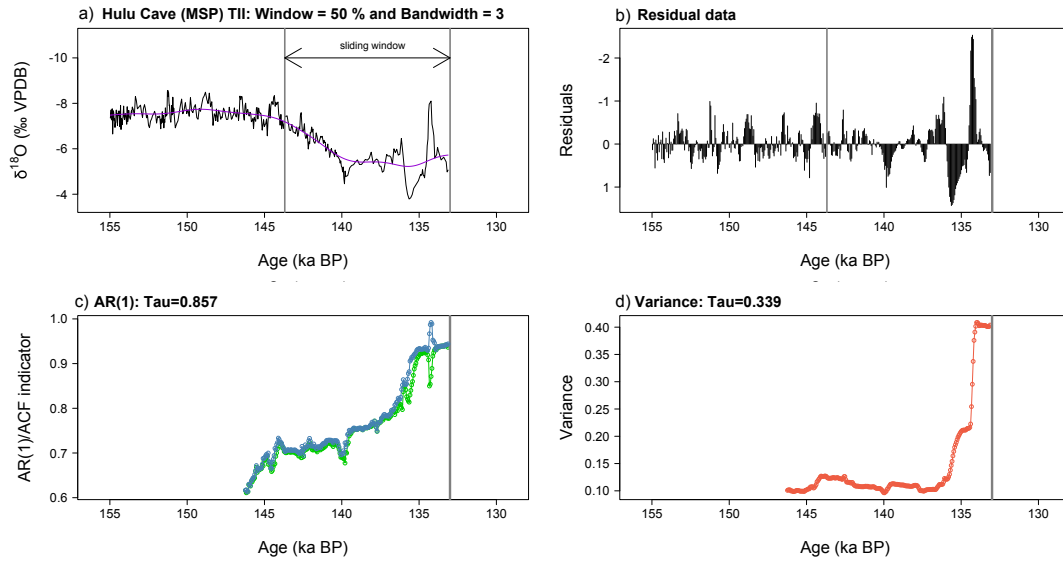


751

752 Figure 6

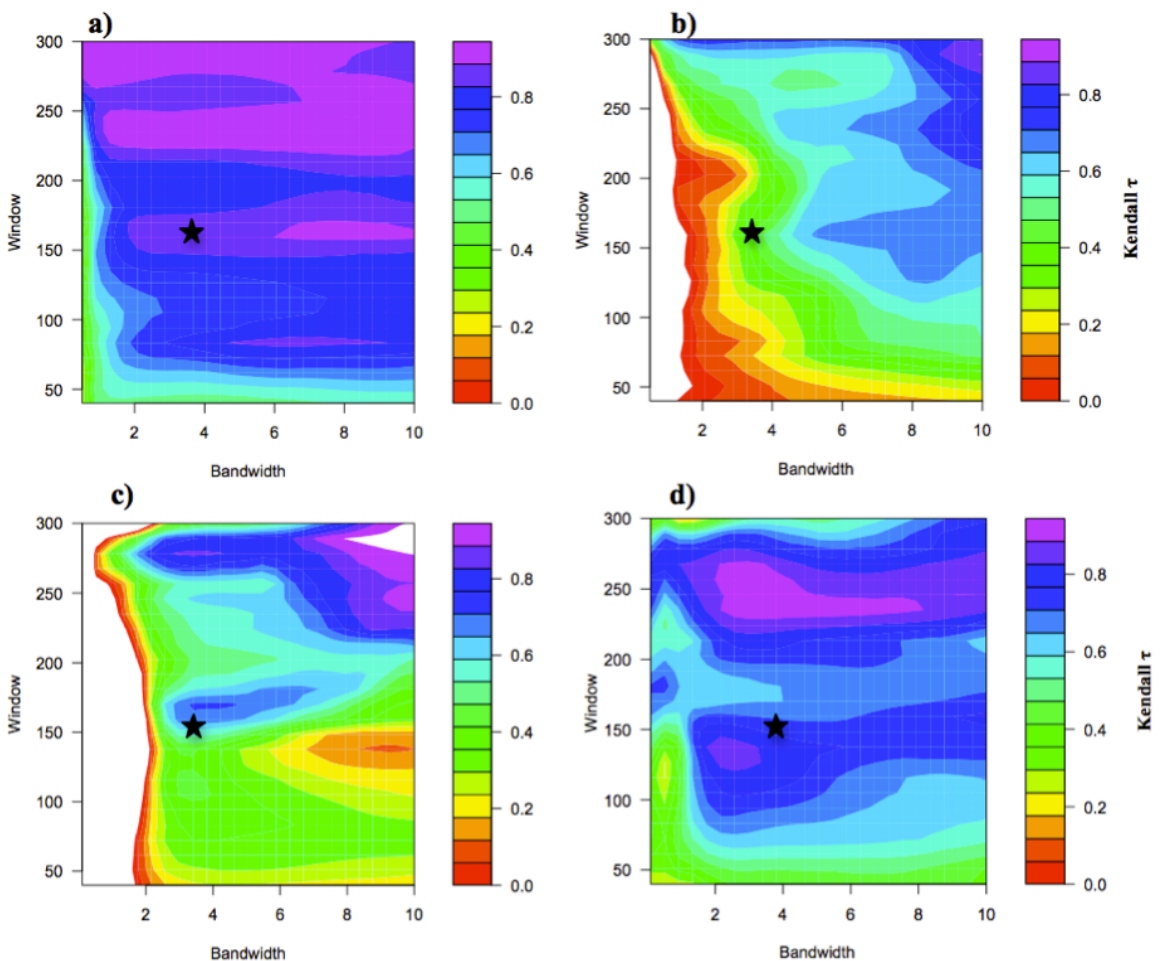
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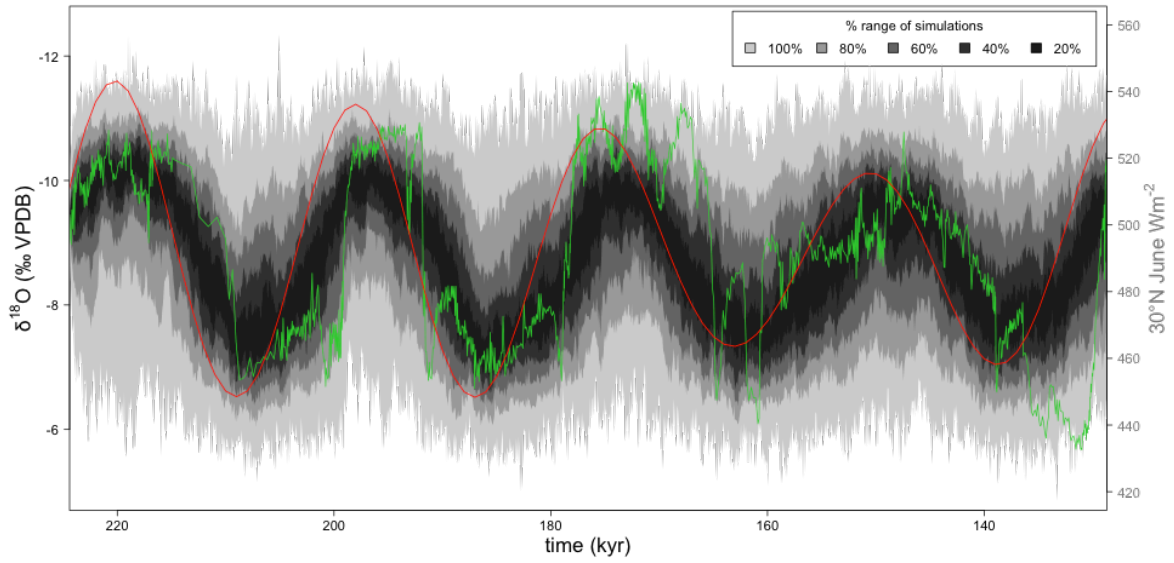
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755 Figure 7



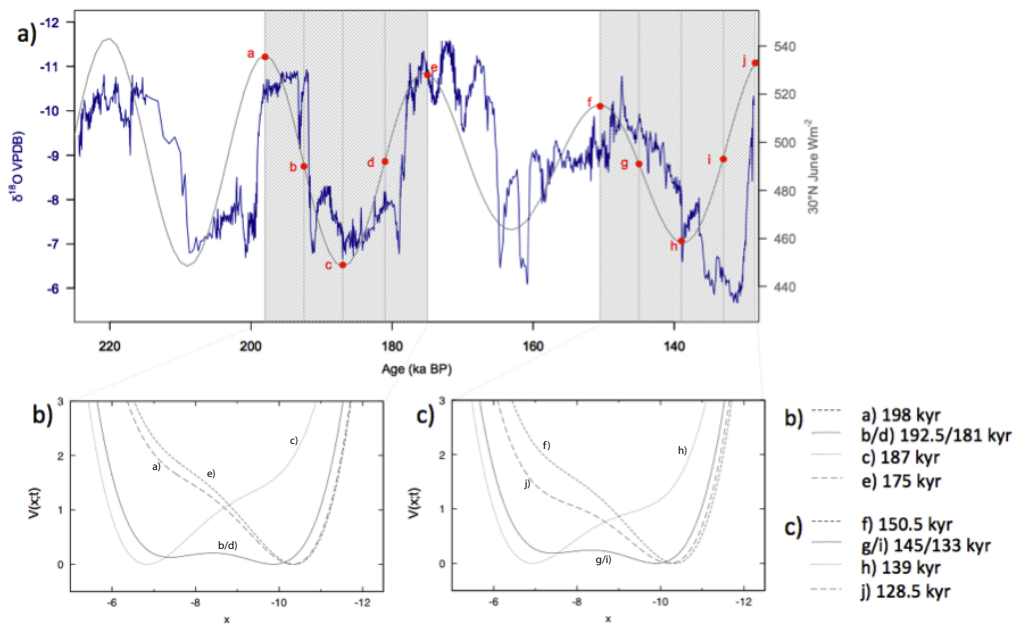
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757 Figure 8



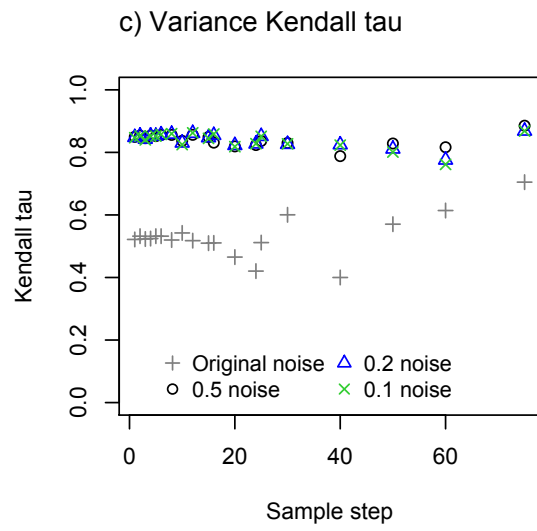
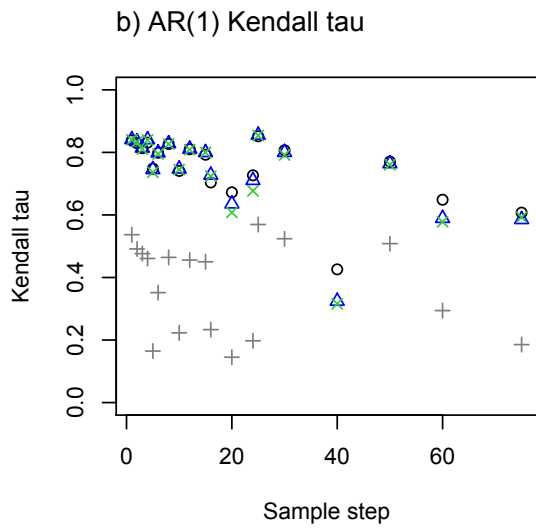
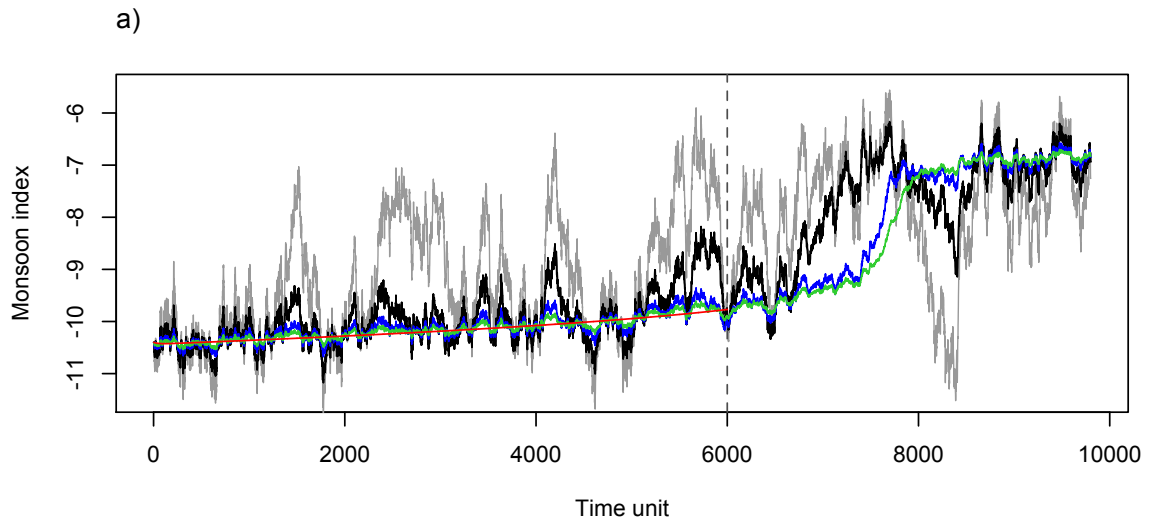
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759 Figure 9



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761 Figure 10



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763 Figure 11

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