

# Variability of summer humidity during the past 800 years on the eastern Tibetan Plateau inferred from $\delta^{18}\text{O}$ of tree-ring cellulose

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## Abstract.

We present an 800 years long  $\delta^{18}\text{O}$  chronology from the eastern part of the Tibetan Plateau (TP). The chronology dates back to 1193 AD and was sampled in 1996 AD from living *Juniperus tibetica* trees. This first long-term tree-ring based  $\delta^{18}\text{O}$  chronology for eastern Tibet provides a reliable archive for hydroclimatic reconstructions. Highly significant correlations were obtained with hydroclimatic variables (relative humidity, vapour pressure and precipitation) during the summer season. We applied a linear transfer model to reconstruct summer season relative humidity variations over the past 800 years. More moist conditions prevailed during the termination of the Medieval Warm Period while, a systematic shift during the Little Ice Age is not detectable. A distinct trend towards more dry conditions is apparent since the 1870s. The moisture decline wakens around the 1950s but still shows a weak negative trend. The mid-19th century humidity decrease is in good accordance with several multiproxy hydroclimate reconstructions for south Tibet. However, the pronounced summer relative humidity decline is stronger on the central and eastern TP. Furthermore, the relative humidity at our study site is significantly linked to the relative humidity at large parts of the TP. Therewith we deduce that the reconstructed relative humidity is mostly controlled by local and mesoscale climatic drivers, although significant connections to the higher troposphere of west-central Asia were observed.

short and scattered. Nevertheless, a recent weakening trend of the ASM precipitation amount was reported in several studies (Bollasina et al. (2011); Sano et al. (2011); Zhou et al. (2008b)). The decline in air humidity was explained by a reduction in the thermal gradient between the surface temperatures of the Indian Ocean and the TP due to Global Warming (Sun et al., 2010). Contemporaneously, different locations and climate archives reveal a strengthened monsoonal precipitation (Anderson et al. (2002); Kumar et al. (1999); Zhang et al. (2008)). This discrepancy may be explained by the high variability of the monsoon circulation itself, but also due to a limited number of available palaeoclimate studies and resulting climate modeling uncertainties. Thus, for a better understanding of the circulation system as a whole, but also for the verification of climate change scenarios, a keen demand for reliable climate reconstructions exists for the TP. With increasing numbers of palaeoclimatic records, forecast and climate projection precision increases and can be helpful to facilitate targeted decision making regarding water and resource management.

The northward movement of the Intertropical Convergence Zone (ITCZ) on the Northern Hemisphere in boreal summer is amplified over the Asian continent by the thermal contrast between the Indian Ocean and the TP (Webster et al., 1998). Convective rainfalls during the summer monsoon season between June and September are strongly altered by the complex topography of the Himalayas and western Chinese mountain systems (e.g. Böhner (2006); Mausson et al. (2014); Thomas and Herzfeld (2004)). Extreme climatic events that may have devastating effects, but also long-term trends of ASM intensity are therefore in the focus of numerous climate reconstruction efforts (e.g. Cook et al. (2010); Xu et al. (2006b); Yang et al. (2003)). Most of these studies use tree-ring width as a proxy for palaeoclimate reconstructions. Nonetheless, several studies demonstrated that  $\delta^{18}\text{O}$  of wood cellulose is a strong indicator of hydrocli-

## 1 Introduction

The variation in strength, timing and duration of the Asian summer monsoon (ASM) system affects life and economy of many millions of people living in south and east Asia (Immerzeel et al. (2010); Zhang et al. (2008)). In remote areas, such as the Tibetan Plateau (TP), reliable climate records are

70 matic conditions (McCarroll and Loader (2004); Roden et al. (2000); Saurer et al. (1997); Sternberg (2009)). Even if tree stands might have been influenced by external disturbances (e.g. competition, insect attacks or geomorphological processes) they still reflect variations of the local hydroclimate accurately (Sano et al., 2013). Recently published tree-ring  $\delta^{18}\text{O}$  chronologies from the TP show a common strong response to regional moisture changes. Griebinger et al. (2011) successfully reconstructed August precipitation over the past 800 years. They demonstrated reduced precipitation during the Medieval Warm Period (MWP), stronger rainfalls during the Little Ice Age (LIA), decreasing precipitation rates since the 1810s, and slightly wetter conditions after 1990s. In addition, shorter  $\delta^{18}\text{O}$  chronologies from the central Himalayas showed consistent negative correlations to summer precipitation (Sano et al. (2010); Sano et al. (2011); Sano et al. (2013)). The detected recent reduction of monsoonal precipitation has been interpreted as a reaction to increased sea surface temperatures over the tropical Pacific and Indian Ocean (Zhou et al., 2008a). Strong responses to regional cloud cover changes were found for tree-ring  $\delta^{18}\text{O}$  chronologies from the south-eastern TP (Liu et al. (2013); Liu et al. (2014); Shi et al. (2012)). The local moisture reduction since the middle of the 19th century is less pronounced than for south-west Tibet and was associated with complex El Niño–Southern oscillation teleconnections (Liu et al., 2012). Existing tree-ring  $\delta^{18}\text{O}$  chronologies on the north-eastern part of the TP respond to local precipitation and relative humidity (Wang et al. (2013); Liu et al. (2008)). Except for a relatively short summer moisture sensitive time series (An et al., 2014), no long-term  $\delta^{18}\text{O}$  chronologies and reliable reconstruction have been conducted for the eastern TP so far. It still remains unclear to what extent the MWP, LIA, and the modern humidity decrease are reflected in tree-ring  $\delta^{18}\text{O}$  on the eastern TP, where the influence of the ASM, the Indian Summer monsoon and the westerlies overlap.

105 We present a new, well replicated 800 years long  $\delta^{18}\text{O}$  chronology, representing a unique archive for studying the past hydroclimate in eastern Tibet. We applied response and transfer functions and obtained a reliable reconstruction of summer relative humidity (July+August). We compared the long-term trend of our chronology to other moisture sensitive proxy archives from several sites over the TP and discuss climatic control mechanisms on the relative humidity.

## 2 Material and methods

### 2.1 Study site - Lhamcoka

115 Lhamcoka is located on the eastern TP (see Figure 1 green pentagon). During a field campaign in 1996, 16 living *Juniperus tibetica* trees were cored twice in order to enhance the chance of detecting missing rings. The samples were collected from a steep, south-east exposed slope at an eleva-

tion of 4350m asl ( $31^{\circ}49'N/99^{\circ}06'E$ ). The oldest tree is 801 years old, resulting in an overall chronology time span of 1193–1996 AD. The average single core length is 633 years with single segment lengths of 801a, 697a, 668a, 528a, and 469a, respectively. The chronology is not biased by an age trend as it was supposed for different high altitude mountain ecosystems (Esper et al. (2010); Treydte et al. (2006)). We applied a spline based trend analysis and revealed non systematic trends during the first 100 years after germination (graph not shown here). Therefore a "juvenile" effect is not likely to affect our chronology, justifying the retention of the oldest parts of each single core. Juniper forms the upper timberline in the region due to its cold temperature tolerance (Bräuning, 2001). The species' annual tree-ring growth is limited by temperature and spring precipitation (February–April) (see Lhamcoka E site description in Bräuning (2006)). Therefore the early wood formation is negatively affected by the spring conditions, leading to growth reduction of the annual growth rings. Due to the steep slope angle of more than  $30^{\circ}$  and well drained substrate properties at the study site, ground water influence can be excluded. Therefore we assume the trees  $\delta^{18}\text{O}$  source water properties are mainly controlled by the oxygen isotope configuration of summer precipitation, although it is known that snow derived melt water input affects the source water properties of trees (Treydte et al., 2006). According to dry and cold winter monsoon conditions, a well developed snow cover at our study site is not likely. Hence, 13% of potential solid precipitation during October and April might not affect the source water properties at our study site remarkable.

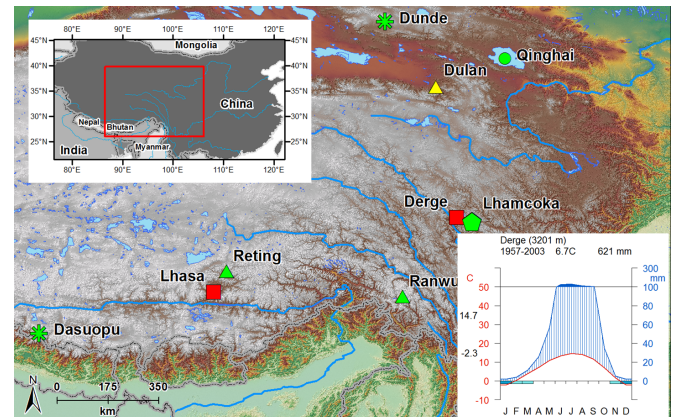


Fig. 1. Location of the study site Lhamcoka (green pentagon) and other proxy archives mentioned in the text. Green triangles: tree-ring  $\delta^{18}\text{O}$  chronologies; Yellow triangle: tree-ring width chronology; Green flake: ice cores; Green circle: Lake sediments. Red rectangles indicate climate stations.

Lhamcoka is influenced by the Indian Summer Monsoon system with typical maxima of temperature and precipitation during the summer months (see climate diagram in Figure

1) The nearby climate station Derge (3201m absl, 50km dis-  
tance to sampling site) records 78% (541mm) of its annual  
precipitation between June and September which is in ac-  
cordance to common monsoonal climate properties (Böhner,  
2006). The Derge climate record (data provided by China  
Meteorological Administration) revealed increasing temper-  
atures of about 0.6°C during the period 1956-1996, whereas  
the amount and interannual variability of precipitation re-  
mains constant within these 41 years.

Five trees were chosen for isotope analysis, to adequately  
capture inter-tree variability of  $\delta^{18}\text{O}$  (Leavitt, 2010). The  
trees were selected according to (i) old age of the cores to  
maximize the length of the derived reconstruction, (ii) avoid-  
ance of growth asymmetries due to slope processes, (iii) suf-  
ficient amounts of material (samples with wider rings were  
favoured), and (iv) a high inter-correlation among the tree-  
ring width series of the respective cores.

## 2.2 Sample preparation

We used the tree-ring width master chronology of Bräuning  
(2006) in order to date each annual ring precisely. The dated  
tree-rings were cut with a razor blade under a microscope.  
 $\delta^{18}\text{O}$  values were measured from each tree individually in  
annual resolution. During periods of the chronology with ex-  
tremely narrow rings, we used shifted block pooling to ob-  
tain sufficient material (Böttger and Friedrich, 2009). Pool-  
ing was applied between the years 1864-1707 (see chronol-  
ogy parts with missing EPS in Figure 2). To obtain pure  
 $\alpha$ -cellulose, we followed the chemical treatment presented  
in Wieloch et al. (2011). The  $\alpha$ -cellulose was homogenised  
with an ultrasonic unit and the freeze dried material was  
loaded into silver capsules (Laumer et al., 2009). The ratio  
of  $^{18}\text{O}/^{16}\text{O}$  was determined in a continuous flow mass spec-  
trometer (Delta V Advantage; Thermo Fisher Scientific Inc.).  
The standard deviation for the repeated measurement of an  
internal standard was better than 0.25‰.

## 2.3 Statistical analyses

We used standard dendrochronology techniques of chronol-  
ogy building, model building and verification for the  
purpose of a reliable climate reconstruction (Cook and  
Kairiukstis, 1990). All analysis were conducted with the  
open source statistical software R (<http://cran.r-project.org/>).  
The stable isotope chronology was calculated within the  
"dplR" package developed by Bunn (2008) and the den-  
droclimatological correlation and response analyses were  
conducted by the "bootRes" package (Zang and Biondi,  
2012). The pooling method we executed required a running  
mean calculation. Thus, the presented chronology has a  
quasi annual resolution, smoothed with a five years running  
mean filter. To evaluate the isotope chronology reliability  
the Expressed Population Signal (EPS, introduced by  
Wigley et al. (1984)) and the Gleichläufigkeit (GLK) were

computed. The EPS expresses the variance fraction of a  
chronology in comparison with a theoretically infinite tree  
population, whereas the GLK specifies the proportion of  
agreements/disagreements of interannual growth tendencies  
among the trees of the study site. The EPS is interrupted  
within our  $\delta^{18}\text{O}$  chronology at parts where we applied shifted  
block pooling.

## 3 Results

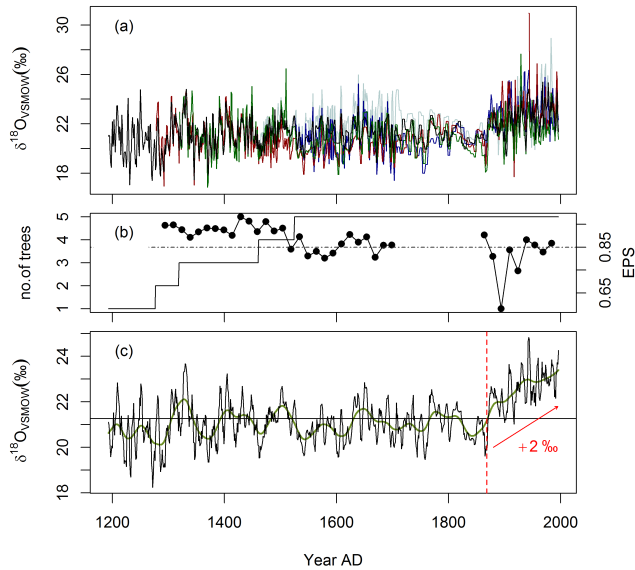
### 3.1 Chronology characteristics

The Lhamcoka  $\delta^{18}\text{O}$  chronology is defined by a mean of  
21.27‰ and global minima/maxima of 18.24‰/ 24.83‰,  
respectively. The values are similar to results from nearby  
studies (An et al. (2014); Liu et al. (2012); Liu et al. (2013)).  
Moreover, the trees within the chronology are characterized  
by a common signal that is expressed in an EPS of 0.88  
and a highly significant GLK of 0.57 ( $p < 0.01$ ). Thus, we  
consider a common forcing among all trees and therefore  
a reliable mean  $\delta^{18}\text{O}$  chronology. The chronology can be  
sub-divided into two parts (see Figure 2). The younger sec-  
tion (1868-1996) shows a pronounced trend of about 2‰ to-  
wards heavy isotope ratios. Within this segment the year with  
the most heavy ratio was detected in 1943 (24.8‰). Before  
the late 1870s the isotope  $\delta^{18}\text{O}$  values oscillate around the  
chronology mean. A phase of considerable low  $\delta^{18}\text{O}$  values  
is obvious from 1200 to 1300. Within this section the light-  
est isotope ratio was detected in 1272 (18.2‰). The signal  
strength (EPS) occasionally drops below the commonly ac-  
cepted threshold of 0.85 during several periods. One reason  
might be the imprecise cutting of very narrow rings (ring  
width  $< 0.2$  mm). A mix of several rings produces a sig-  
nal that cannot be related with certainty to a specific year,  
a problem well known when using very old trees (Berkel-  
hammer and Stott (2012); Xu et al. (2013)). Nevertheless we  
have confidence in the Lhamcoka chronology due to an EPS  
above the threshold during the period 1300-1700 AD.

### 3.2 Climatic response of tree-ring stable oxygen iso- topes

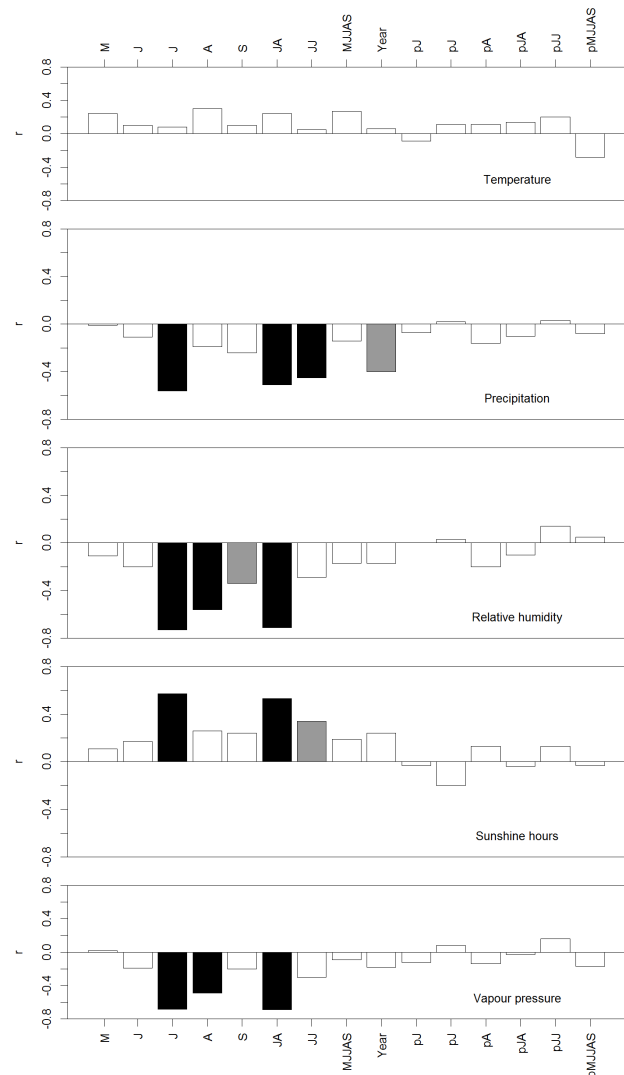
We conducted linear correlation analyses between the  $\delta^{18}\text{O}$   
values and monthly climate data as well as calculated sea-  
sonal means of climate elements. The available climate  
record of station Derge covers 41 years (1956-1996 AD) and  
correlations were calculated for temperature (mean), precip-  
itation, relative humidity, sunshine hours (duration of global  
radiation  $> 120\text{W}/\text{m}^2$ ), and vapour pressure (see Figure 3).

Summer moisture conditions explain most of the variance  
of the  $\delta^{18}\text{O}$  chronology during the calibration period (1956-  
1996 AD). The stable oxygen isotopes are highly signif-  
icantly ( $p < 0.01$ ) correlated with precipitation, relative hu-  
midity, sunshine hours and vapour pressure during July and



**Fig. 2.** Lhamcoka tree-ring  $\delta^{18}\text{O}$  isotope chronology. (a) Individual  $\delta^{18}\text{O}$  time series of five individuals. The coarse resolution between 1867 and 1707 results from shifted block pooling. (b) Running EPS (calculated for 25 year intervals, lagged by 10 years) and number of trees used for the reconstruction (solid line). Dashed line represents the theoretical EPS threshold of 0.85. (c) Tree-ring  $\delta^{18}\text{O}$  chronology spanning the period 1193-1996 (AD). Green solid line represents a 50-year smoothing spline. Red dashed line marks the turning point towards heavier isotope ratios after  $\sim 1870$ .

255 August. Highest (negative) correlations were obtained with  
 relative humidity during July ( $r = -0.73$ ) and July/August ( $r =$   
 $-0.71$ ). Thus, if relative humidity is high, **transpiration** is low-  
 260 ered and the depletion of light  $\delta^{16}\text{O}$  due to leaf water frac-  
 tionation is reduced. **Additionally, weak and non-significant**  
 relationships were found with the mean temperature in all  
 months/seasons. Thus, concepts of integrated temperature-  
 moisture indexes, e.g. the vapour pressure difference (VPD:  
 Kahmen et al. (2011)), are unlikely to explain more of the  
 variance in our data. However, we calculated the VPD as  
 265 the difference between water vapour saturation pressure (E)  
 and vapour pressure (e) and correlated the VPD time series  
 against the  $\delta^{18}\text{O}$  during the calibration period. There-  
 with we obtained significant but slightly weaker relationships  
 with VPD ( $r = 0.68$ ,  $p < 0.01$ ), since relative humidity and  
 270 VPD are both influenced by temperature. Moreover, sunshine  
 hours are positively related to the  $\delta^{18}\text{O}$  variation. This as-  
 sociation of high sunshine hours, less cloudiness, decreased  
 relative humidity and thus increased  $\delta^{18}\text{O}$  values was corrob-  
 275 orated by findings for southeast Tibet (Shi et al., 2012). Very  
 weak correlations were found with climate conditions during  
 the previous year. Therefore, plant physiological carry over  
 effects as well as stagnating soil water can be regarded as



**Fig. 3.** Response of tree-ring  $\delta^{18}\text{O}$  to monthly/seasonal temperature, precipitation, relative humidity, sunshine hours and vapour pressure over the period 1956-1996 AD. Gray and black bars indicate correlations significant at  $p < 0.05$  and  $p < 0.01$ , respectively; p indicates months/seasons of the previous year.

inferior factors for tree-ring  $\delta^{18}\text{O}$  variations. The explained variance of linear regressions between stable oxygen isotopes and relative humidity accounts for 53%. Hence, the  $\delta^{18}\text{O}$  value mainly depends on relative humidity, which is in accordance to findings of Roden and Ehleringer (2000). Although highest correlations were obtained with single months (July:  $r = -0.73$  ( $p < 0.01$ )), the reconstruction was established for the summer season (mean relative humidity of July and August). In terms of using wood cellulose of a single year, the humidity reconstruction of the major growing season is **more** robust than **for** single months.

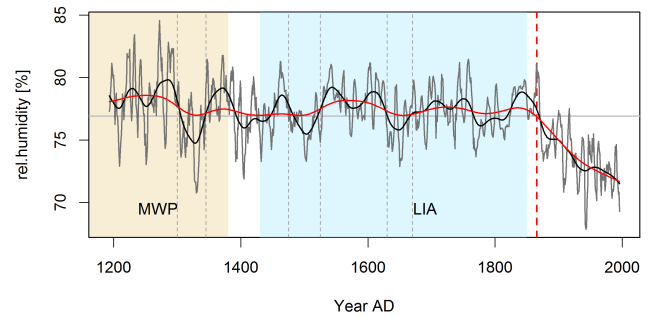
### 3.3 Reconstruction of relative humidity

290 We employed a linear model for the reconstruction of relative humidity over the past 800 years. The linear relationship was achieved for the  $\delta^{18}\text{O}$  values and instrumental records of relative humidity at climate station Derge between 1956-1996 AD. The model was validated according to standard methods presented in Cook and Kairiukstis (1990) and Cook et al. (1994). We applied the leave-one-out validation procedure due to the short time period of available climate data. The model statistics are summarized in Table 1.

**Table 1.** Verification statistics according to the linear transfer model of  $\delta^{18}\text{O}$  and relative humidity within the calibration period 1956-1996 AD.

Sign-test (ST)	0.73 ( $p < 0.1$ )
Product-moment correlation (PMC)	0.67 ( $p < 0.01$ )
Product means test (PMT)	3.3 ( $p < 0.01$ )
Reduction of Error (RE)	0.45
Coefficient of efficiency (CE)	0.45

The validation tests indicated that (1) the number of agreements between the reconstructed climate series and the meteorological record is according to the sign orientation significantly different from a pure chance driven binomial test (ST); (2) the cross-correlation between the reconstruction and the measurement is highly significant (PMC, PMT) and (3) the reconstruction is reliable due to a positive RE and CE, indicating the reconstruction is better than the calibration period mean (Cook et al., 1994). Thus, our linear model is suitable for climate reconstruction purposes. The model related to the reconstruction of summer relative humidity is described as:  $\text{rh}_{JA} = -2.3 * \delta^{18}\text{O} + 125.3$  ( $\text{rh}_{JA}$ , expressed in %). A negative relationship between tree-ring stable oxygen isotopes and relative humidity was documented properly in several studies around the globe and among different species (Anderson et al. (1998); Burk and Stuiver (1981); Ramesh et al. (1986); Tsuji et al. (2006)). However, due to varying environmental settings (e.g. climate, soil) and different biological leaf properties (Kahmen et al., 2009), the slopes of the regression function differ significantly among study sites and species. Hence,  $\delta^{18}\text{O}$  inferred model parameters from a neighboring summer relative humidity reconstruction (June-August) using *Abies* trees differ from our regression model (An et al., 2014). Our reconstruction reveals several phases of high and low summer humidity (see Figure 4). Negative deviations from the mean value (72.4%;  $\text{sd} = 4.9\%$ ) occurred during 1300-1345, 1475-1525, 1630-1670 and 1866-1996 (periods are emphasized with dashed vertical lines in Figure 4). The most pronounced relative humidity depression started in the late 1870s (dashed red line in Figure 4) and lasts until the ~1950s. The period is characterized by the driest summer in 1943 ( $\text{rh} = 68.4\%$ ). The remarkable moisture reduction since the end of the LIA has been vali-



**Fig. 4.** Summer (July+August) relative humidity reconstruction 1193-1996 AD for the eastern TP. Solid black and red lines represent 50-year and 150-year smoothing splines, respectively. Red dashed line emphasises the turning point towards drier conditions (~1870s). The horizontal gray line illustrates mean relative summer humidity ( $\text{rh} = 72.4\%$ ). Vertical dashed lines are marking relatively dry periods. The Medieval Warm Period (MWP) and Little Ice Age (LIA) are emphasized in yellow and blue.

dated for the southern and south-eastern part of the TP (Liu et al. (2014); Xu et al. (2012); Zhao and Moore (2006)). After the ~1950s a clear trend towards even drier conditions is attenuated (trend slope = 0.01,  $p = 0.63$ ). This finding is in accordance with results from the central and southeastern TP (Grießinger et al. (2011); Liu et al. (2013); Shi et al. (2012)) and might be caused by uneven warming trends of the northern and equatorial Indian Ocean sea surface temperatures (Chung and Ramanathan, 2006). More humid periods were detected during 1193-1300, 1345-1390, 1455-1475 and 1740-1750, with the highest relative humidity in 1272 ( $\text{rh} = 83.5\%$ ), respectively. Thus, the MWP is characterized by the highest humidity values within the past 800 years. Similar conditions were observed for Inner Asia and the northern TP (Pederson et al. (2014); Yang et al. (2013)) but were not corroborated for the central TP (Grießinger et al., 2011). The moderate oscillation of our humidity reconstruction during the LIA contrasts results of increasing and decreasing moisture trends at different parts of the TP (Grießinger et al. (2011); Shao et al. (2005); Yao et al. (2008)). We identified extreme inter-annual humidity variations by calculating the third standard deviation of the first differences. Years with humidity variations above 10% were detected in 1960/1961, 1946/1947, 1941/1942, 1706/1707, 1253/1254, 1238/1239, 1233/1234, 1230/1231 and 1225/1226.

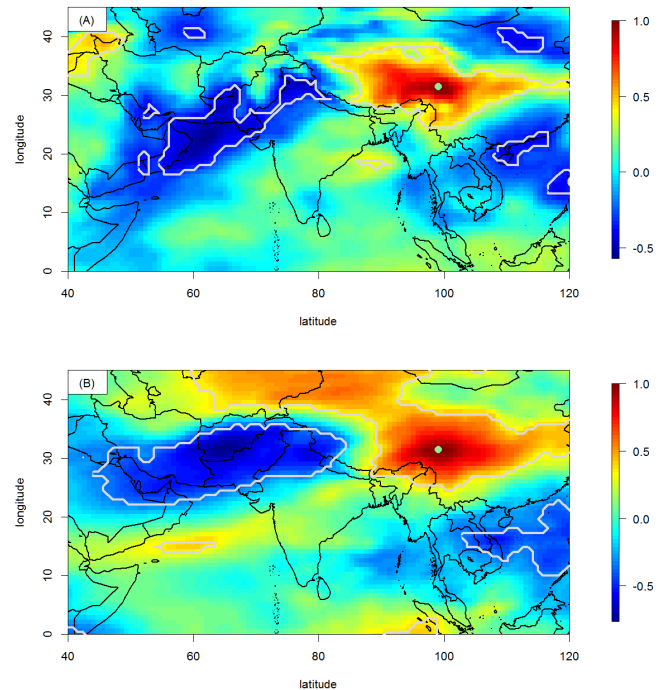
## 4 Discussion

Lhamcoka is located at the assumed boundary zone of air masses from the Indian Ocean, South, the North Pacific and Central Asia (Araguás-Araguás et al., 1998). Thus, our study site is likely influenced by the monsoon circulation (Indian and Southeast Asian monsoon) as well as by the wester-

lies (Morrill et al., 2003). Especially the long term spatio-temporal modulation of the monsoon circulation systems has been intensively studied (e.g. Kumar et al. (1999); Wang et al. (2012); Webster et al. (1998)) and may significantly control the moisture availability at our study site. The precondition for the formation of the monsoon is the land-sea surface temperature gradient between the Asian land mass and the surrounding oceans (Kumar et al., 1999). However, the monsoon circulation system shows variations at interannual and intraseasonal timescales (Webster et al., 1998). In particular, the ENSO impact on the monsoon circulation has been studied extensively (e.g. Cherchi and Navarra (2013); Kumar et al. (2006); Park and Chiang (2010)). We tested the influence of ENSO on our humidity reconstruction and achieved no significant relationships, implying an ENSO decoupled climate variability at our proxy site (see interactive discussion of this paper Wernicke et al. (2014)). On an intraseasonal timescale the Madden-Julian-Oscillation (MJO) modulates the monsoonal precipitation (Madden and Julian, 1994), where the 30-90 days zonal propagation of cloud clusters causes breaks and strengthening of the monsoonal precipitation (Zhang, 2005). More recently, the monsoon circulation system has been affected by greenhouse gas and aerosol emissions (Hu et al. (2000); Lau et al. (2006)). Both induce a positive anomaly of monsoonal precipitation due to the strengthening of the thermal gradient in the upper troposphere.

However, in this study we primarily focus on the controls of relative humidity at our study site, rather than targeting large-scale atmospheric circulation influences immediately. Therefore we conducted correlation analysis of the July-August relative humidity at the grid cell of our study site with the July-August relative humidity in the area of  $0^{\circ}$ - $45^{\circ}$ N/ $40^{\circ}$ - $120^{\circ}$ E (ERA Interim data: <http://apps.ecmwf.int/datasets/data>). Beforehand, we examined the accordance of our summer relative reconstruction and the ERA interim data (mean relative humidity July-August). The significant relationship ( $r = 0.77$ ,  $p < 0.01$ ) suggests that the ERA interim data are likely to represent our relative humidity reconstruction. As shown in figure 5 (A), significant correlations at the 500hPa pressure level are found with almost the entire TP. This suggests a regional signal, reflecting the strong connection of moisture variability at our study site with moisture variability over the whole TP. However, significant negative relationships were found with the southwest and southeast Asian regions. These correlations are even more evident on the 300hPa level (Figure 5 (B)) and show a remarkable spatial pattern. Interestingly, the negative correlation in southwest Asia contains the region where Ding and Wang (2005) defined an index for the westerly wave activity (west central Asia:  $60^{\circ}$ - $70^{\circ}$ E/ $35^{\circ}$ - $40^{\circ}$ N). The significance of this finding is corroborated by strong correlations of the mean summer relative humidity in 200hPa of the west central Asian region and our proxy record ( $r = -0.58$ ,  $p < 0.05$ ). Several studies highlight the general influence of the ASM as the ma-

major driver for Tibetan moisture variability (Araguás-Araguás et al. (1998); Hren et al. (2009); Tian et al. (2007)). However, the results of Ding and Wang (2005), Saeed et al. (2011) or Mölg et al. (2014) and our findings indicate that the mid-latitude westerlies influence should be taken into consideration in future studies.



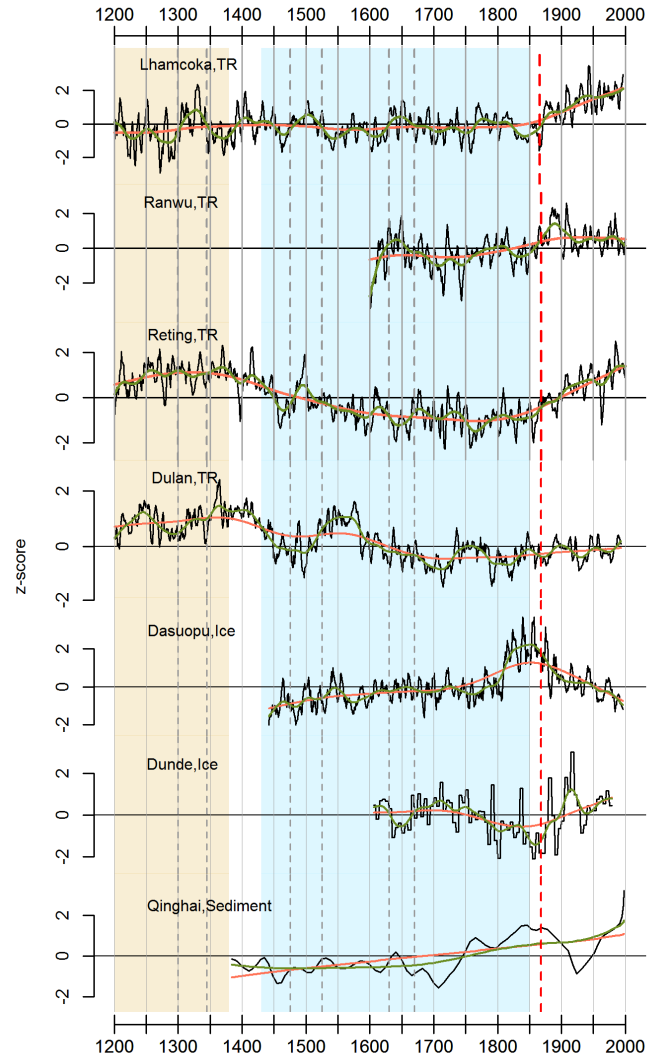
**Fig. 5.** Spatial correlation of July-August relative humidity (ERA interim data, 1979-2013) at the (A) 500hPa and (B) 300 hPa pressure level. Color code represents the Pearson correlation coefficient. White lines delineate the 95% significance level. Proxy location is shown by the light green dot.

For an analysis of the regional representativeness of our data set, we compared the Lhamcoka  $\delta^{18}\text{O}$  chronology with six moisture sensitive proxies from the TP (see Figure 7 and locations in Figure 1), including normalized tree-ring (TR)  $\delta^{18}\text{O}$  records (Ranwu TR: Liu et al. (2013); Reting TR: Griesinger et al. (2011)), tree-ring width data (Dulan TR: Sheppard et al. (2004)), accumulation records (Dasuopu and Dunde ice cores: Thompson et al. (2000) and lake sediments (Qinghai Sediment: Xu et al. (2006a)). We found significant positive correlations between our time series and the Ranwu ( $r = 0.55$ ,  $p < 0.01$ ), Reting ( $r = 0.23$ ,  $p < 0.01$ ), Dunde ( $r = 0.16$ ,  $p < 0.01$ ) and Qinghai ( $r = 0.22$ ,  $p < 0.1$ ) data sets. Only the tree-ring width series of Dulan is negatively correlated to the  $\delta^{18}\text{O}$  values of Lhamcoka ( $r = -0.16$ ,  $p < 0.01$ ). The snow accumulation rate of Dasuopu ice core has no relationship to our  $\delta^{18}\text{O}$  chronology ( $r = -0.04$ ,  $p = 0.3$ ). In case of weak correlations ( $|r| < 0.2$ ) and due to the degrees

of freedom (DF >100), significance levels alone might be misleading and indicate only a statistical and not a causal relationship. However, strong relationships between the tree-ring  $\delta^{18}\text{O}$  chronologies of Lhamcoka and Ranwu, and partly Reting, are reasonable, since moisture reconstructions from these sites rely on the same proxy ( $\delta^{18}\text{O}$  of tree-ring cellulose) and the trees grew under similar climate conditions. Relationships to the more northern located sites (Dunde, Dulan, Qinghai) are difficult to verify, according to a clearly detectable westerly influence at these sites. We adapted the color scheme of figure 4 and highlighted the MWP (yellow polygon), LIA (blue polygon), and the remarkable humidity decline since the late 1870s (dashed red line) in figure 7. The MWP is characterized by more humid conditions on the eastern TP (Lhamcoka), a drier phase on the central plateau (Reting) and moderate humidity conditions on the northern plateau (Dulan). During the LIA a remarkable moisture increase occurred at the central and southern plateau (Reting, Dasuopu). Although humidity was high according to these archives, the ASM was weak during that time (Anderson et al. (2002); Gupta et al. (2003)).

Thus, the findings for Reting and Dasuopu revealed moisture conditions during cold phases and even drier circumstances during warm periods which might be contrary to findings of Meehl (1994) and Zhang and Qiu (2007)). The sudden moisture decrease since the late 1870s affects the eastern (Lhamcoka), southern (Dasuopu), and central (Reting) parts of the TP. Reasons for the sudden moisture decline were discussed in detail by Xu et al. (2012). They address the moisture decrease to the reduction in the thermal gradient induced by uneven land-ocean temperature rise, caused by aerosol and greenhouse gas loads. In fact, under rising north hemispheric air temperatures (Shi et al., 2013) the air moisture load over sea is increased but due to solar dimming effects of black aerosols, the northeastward moisture transport is hampered (Sun et al., 2010). In addition, Zhao and Moore (2006) attributed the moisture decline to the “weakening of the easterly trade wind system along the equatorial Pacific since the middle of 19th century”. Moreover, decreasing varve thicknesses imply a weakening Asian summer monsoon in the past 160 years (Chu et al., 2011). The latter analysis revealed a link to warm phases of ENSO and an anomalous regional Hadley circulation. However, their explanation approach remains incomplete due to dynamic issues associated with rising temperatures and a weakening South Asian summer monsoon. Therewith a terminal explanation is not given yet and should be discussed in future studies.

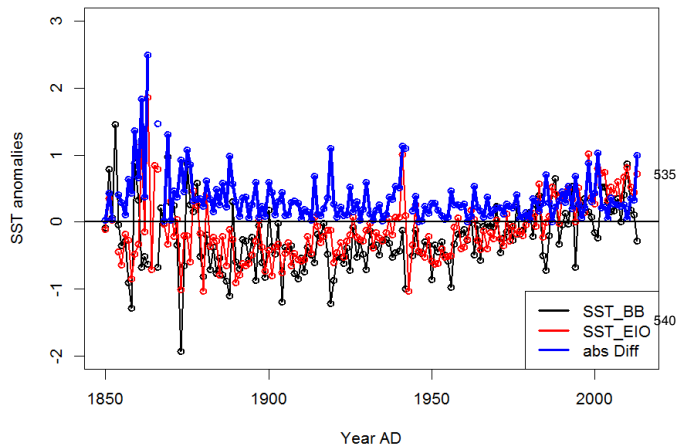
In comparison to tree-ring sites located further south (e.g. Liu et al. (2013); Sano et al. (2013); Shi et al. (2012)), the distinct humidity decline is more pronounced on the central and eastern TP. Sano et al. (2013) concluded from that observation a weakening of the monsoon since the last 100-200 years due to uneven SST variation (equatorial vs. northern Indian Ocean regions). To test this hypothesis, we calculated the averaged SST anomalies of the equatorial and northern Indian



**Fig. 6.** Multiproxy comparison of tree-ring data (TR), ice core and lake sediment data. TR: Lhamcoka: this study; Ranwu: Liu et al. (2013) ; Reting: Griebinger et al. (2011) ; Dulan: Sheppard et al. (2004). Ice: Dasuopu and Dunde: Thompson et al. (2000). Sediment: Qinghai: Xu et al. (2006a). Locations of the several proxies are shown in Fig. 1. Z-scores were derived from raw proxy data and not from reconstructions. High positive z-scores indicating dry conditions for TR and sediment records, whereas high z-scores of ice accumulations represent humid conditions, respectively.

Ocean (52.5°-112.5°E /2.5°N-2.5°S; 52.5°-112.5°E /22.5°-27.5°N). As shown in figure 7, a slight SST increase in both regions since ~1950s is obvious. Besides, the gradient constantly decreases, but restrengthens since ~1970s. This finding contrasts with a generally weakening monsoon circulation since the past 100-200 years deduced from a thermal gradient reduction. Therefore, the various moisture variations of the southern and central/eastern TP during the last 100-200

years might be evoked by varying local air mass characteristics.



**Fig. 7.** Sea surface temperature anomalies in different regions of the Indian Ocean: Bay of Bengal–North Indian ocean (SST BB: 52.5°–112.5°E/22.5°–27.5°N) and equatorial Indian Ocean (SST EIO: 52.5°–112.5°E/2.5°N–2.5°S) (Rayner et al., 2006). Difference between the two time series is marked with a blue line.

## 5 Conclusions

We demonstrated that our 800 years long  $\delta^{18}\text{O}$  chronology is suitable for a reliable reconstruction of summer relative humidity. Long-term air humidity variations revealed more humid conditions during the termination of the MWP, relatively stable humidity during the LIA and a sudden decrease in summer humidity since the 1870s. After the ~1950s the trend towards more heavy oxygen isotope ratios is mitigated due to the restrengthening of the ISM. These findings are in accordance with other reconstructions of moisture conditions for the central and eastern TP. Spatial correlations indicate a significant relationship of summer relative humidity at our study site and major parts of the TP. Additionally, a negative correlation within the higher atmosphere over the west central Asia region imply a westerly influence. Furthermore, the thermal contrast between the equatorial and northern Indian Ocean, which is assumed to control moisture supply during the ISM, is slightly stable over time. Thus, to comprehensively indicate reasons for the distinct ~1870s moisture decline more detailed climate dynamic studies and highly-resolved spatio-temporal hydroclimate reconstructions are needed.

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