

Multiscale monsoon variability during the last two climatic cycles revealed by spectral signals in Chinese loess and speleothem records

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1 **Abstract**

2 The East Asian Monsoon exhibits a significant variability on timescales ranging from
3 tectonic to centennial as inferred from loess, speleothem and marine records. However,
4 the relative contributions and plausible driving forces of the monsoon variability at
5 different timescales remain controversial. Here, we spectrally explore time series of
6 loess grain size and speleothem $\delta^{18}\text{O}$ records and decompose the two proxies into
7 intrinsic components using the Empirical Mode Decomposition method. Spectral
8 results of these two proxies display clear glacial-and-orbital periodicities
9 corresponding to ice-volume and solar cycles, and evident millennial signals which
10 are in pace with Heinrich rhythm and Dansgaard-Oeschger (DO) cycles. Five intrinsic
11 components are parsed out from loess grain size and six intrinsic components from
12 speleothem $\delta^{18}\text{O}$ records. Combined signals are correlated further with possible
13 driving factors including the ice volume, insolation and North Atlantic cooling from a
14 linear point of view. The relative contributions of components differ significantly
15 between loess grain size and speleothem $\delta^{18}\text{O}$ records. Coexistence of glacial and
16 orbital components in the loess grain size implies that both ice volume and insolation
17 have distinctive impacts on the winter monsoon variability, in contrast to the
18 predominant precessional impact on the speleothem $\delta^{18}\text{O}$ variability. Moreover, the
19 millennial components are evident in loess grain size and speleothem $\delta^{18}\text{O}$ records
20 with variances of 13 % and 17 %, respectively. A comparison of the millennial-scale
21 signals of these two proxies reveals that abrupt changes in the winter and summer
22 monsoons over the last 260 kyr share common features and similar driving forces
23 linked to high-latitude Northern Hemisphere climate.

24

25 **1 Introduction**

26 The East Asian Monsoon (EAM), as a significant part of Asian monsoon circulation,
27 plays an important role in driving the palaeoenvironmental changes in East Asia ([An,
28 2000](#)). The EAM fluctuations can be quantified at different time intervals ranging
29 from thousands of years to intraseasonal periodicities, and the primary driving force

1 of the monsoon variability on each time scale is not unique (An et al., 2015).
2 Multiscale monsoon variability has been inferred from numerous proxies generated
3 from deep-sea sediments (e.g., Wang et al., 1999; Wang et al., 2005), eolian deposits
4 (e.g., An, 2000, Sun et al., 2012), and speleothem records (e.g., Wang et al., 2001,
5 2008), which provide valuable insights into the changing processes and potential
6 driving forces of the EAM variability. In particular, Chinese loess has been
7 investigated intensively as a direct and complete preserver of the EAM changes, with
8 great effort spent on deciphering the EAM variability at both orbital and millennial
9 scales (e.g., An et al., 1990; Ding et al., 1994, 2002; Porter and An, 1995; Guo et al.,
10 1996; Chen et al., 1997; Liu and Ding, 1998; Liu et al., 1999; An, 2000; Chen et al.,
11 2006).

12 On the orbital time scale, the EAM variation recorded by Chinese loess-paleosol
13 sequences was characterized by an alternation between the dry-cold winter monsoon
14 and the wet-warm summer monsoon (Liu and Ding, 1998; An, 2000). A strong 100
15 kyr periodicity was detected in the Chinese loess particle size record, implying an
16 important impact of glacial boundary conditions on the EAM evolution (Ding et al.,
17 1995). Obliquity and precession signals were also clear in loess-based proxies (Liu et
18 al., 1999; Ding et al., 2002; Sun et al., 2006). In addition to these dominant
19 periodicities, some harmonic periodicities related to orbital parameters were also
20 found in the EAM records, such as the ~75, ~55, and ~30 kyr spectral peaks (Lu et al.,
21 2003; Sun et al., 2006; Yang et al., 2011). In contrast, absolute-dated speleothem $\delta^{18}\text{O}$
22 records revealed an evident 23 kyr cycle, implying a dominant role of summer
23 insolation in driving the summer monsoon variability (Wang et al., 2008; Cheng et al.,
24 2009). Different variances of obliquity and precession signals in monsoonal proxies
25 suggest that the responses of the winter and summer monsoons to the orbital forcing
26 were dissimilar (Shi et al., 2011). The various patterns of orbital-scale monsoon
27 fluctuations between the loess proxies and speleothem $\delta^{18}\text{O}$ records most likely
28 reflected the sensitivity of various archives and proxies to the EAM variability
29 (Clemens et al., 2010; Cheng et al., 2012; Sun et al., 2015; Cai et al., 2015).

1 At the millennial timescale, the rapid monsoon oscillations inferred from Chinese
2 loess were not only persistent during the last two glacial cycles (Porter and An, 1995;
3 Guo et al., 1996; An and Porter, 1997; Chen et al., 1997; Ding et al., 1999; Sun et al.,
4 2010; Yang and Ding, 2014), they were also evident during early glacial extreme
5 climatic conditions (Lu et al., 1999). The millennial-scale monsoon variability during
6 the last glacial period was strongly coupled to climate changes recorded in the
7 Greenland ice-core and North Atlantic sediments, indicating a dynamic connection
8 between the EAM variability and the high-latitude Northern Hemisphere climate
9 (Porter and An, 1995; Guo et al., 1996; Chen et al., 1997; Fang et al., 1999). Recently,
10 a combination of proxies from Chinese loess, speleothem, and Greenland ice-core
11 with modelling results indicated that the Atlantic meridional overturning circulation
12 might have played an important role in driving the rapid monsoon changes in East
13 Asia during the last glaciation (Sun et al., 2012).

14

15 Although previous studies have revealed that past EAM variability principally
16 comprise a mixture of forcing signals from ice volume, solar radiation, and North
17 Atlantic climate, the relative contributions of glacial, orbital and millennial forcing to
18 the EAM variability remain unclear. In this study, we conducted a comprehensive
19 investigation of multiscale EAM variability over the last 260 kyr by analyzing the
20 mean grain size (MGS) record from a Gulang loess sequence (a proxy indicator of the
21 East Asian winter monsoon intensity) and speleothem $\delta^{18}\text{O}$ record of Hulu and
22 Sanbao caves (a debatable indicator of the summer monsoon intensity). Our
23 objectives are to evaluate the relative contributions of glacial–interglacial to
24 millennial scale signals registered in these two widely used monsoon proxies, and to
25 emphasize the glacial-interglacial discrepancy and millennial similarity between loess
26 and speleothem records during the last two glacial cycles.

27

28 **2 Data and methods**

29 The data for the loess sequence was collected at a section in Gulang, Gansu Province,

1 China (37.49 N, 102.88 E, 2400 m.s.l.), which is situated in the northwestern part of
2 the Chinese Loess Plateau. It is about 10 km to the southwest margin of the Tengger
3 desert (Fig. 1). In this region, the average annual precipitation and temperature over
4 the last 20 years are 350 mm and 5.7 °C, respectively. About 70 m of loess was
5 accumulated at Gulang during the last two climate cycles. A high sedimentation rate
6 and weak pedogenesis in this region made the Gulang loess sequence very sensitive to
7 orbital and millennial monsoon changes (Sun et al., 2012, 2015).

8 The samples used in this study were collected at 2-cm intervals, corresponding to
9 50–100 yr resolution for the loess-paleosol sequence. The grain size data of the upper
10 20 m were from a 20-m pit near Gulang (Sun et al., 2012), and the lower part
11 spanning the last two glacial cycles were from another 50-m section. The mean grain
12 size data of the composite 70-m section have been employed for a chronological
13 reconstruction (for a detailed description, see Sun et al., 2015). The Gulang
14 chronology was evaluated by comparison with a 249-kyr grain size stack
15 (CHILOMOS) record in the northern Loess Plateau (Yang and Ding, 2014) (Fig.2);
16 the close matches between these two records indicate a high reliability of our Gulang
17 age construction. Unlike previous studies (Sun et al., 2012, 2015), here we performed
18 spectral and decomposing analysis on the mean grain size time series in order to
19 decipher multiscale variability and dynamics of the winter monsoon.

20 The absolute-dated speleothem $\delta^{18}\text{O}$ records from Sanbao/Hulu caves (0-224 kyr,
21 Wang et al., 2008) and the Sanbao cave (224-260 kyr, Cheng et al., 2009) (Fig. 1)
22 were selected to infer the summer monsoon variability spanning the last two
23 glacial–interglacial cycles. Compatible with the analysis by Wang et al (2008), we
24 plotted the Hulu $\delta^{18}\text{O}$ data 1.6‰ more negative than that from the Sanbao cave (Fig.
25 2). Interpretation of the Chinese speleothem $\delta^{18}\text{O}$ records remains debatable as a
26 direct indicator of the summer monsoon intensity since various factors like seasonal
27 changes in precipitation amount, moisture sources, and circulation patterns would
28 influence the speleothem $\delta^{18}\text{O}$ composition (e.g., Yuan et al., 2004; Wang et al., 2001,
29 2008; Cheng et al., 2009; Clemens et al., 2010; Dayem et al., 2010; Pausata et al.,

1 2011; Maher and Thompson, 2012; Caley et al., 2014). Nevertheless, the high
2 similarity between millennial events in Chinese speleothem and Greenland ice core
3 revealed that speleothem $\delta^{18}\text{O}$ is a reliable indicator of seasonal monsoon change
4 (Wang et al., 2001; Clemens et al., 2010). More recently, a model-data comparison
5 suggested that Chinese speleothem $\delta^{18}\text{O}$ can be regarded as a monsoon proxy to
6 reflect the southerly wind intensity rather than the precipitation change (Liu et al.,
7 2014). Thus, spectral and decomposed results of the composite speleothem $\delta^{18}\text{O}$
8 record time series were used in this study to address multiscale variability and
9 dynamics of the summer monsoon.

10 To detect the presence of glacial-to-millennial periodicities, we performed spectral
11 analysis on the 260 kyr records of Gulang MGS and speleothem $\delta^{18}\text{O}$ using both the
12 Multitaper (MTM, implemented in the SSA toolkit, Vautard et al., 1992)
13 (<http://www.atmos.ucla.edu/tcd/ssa/>) and REDFIT (Schulz and Mudelsee, 2002)
14 methods, which are related to the Empirical Orthogonal Function and Lomb–Scargle
15 Fourier transform, respectively. The MTM method has the advantages of quantified
16 and optimized trade-off between the spectral leakage reduction and variance reduction
17 and being suitable for time series affected by high-noise levels (Lu et al., 1999), but
18 MTM requires equally-spaced data and therefore an interpolation is needed. The
19 REDFIT program estimates the first-order autoregressive (AR1) parameter from
20 unevenly sampled time series without interpolation, which avoids a too “red”
21 spectrum (Schulz and Stattgeger, 1997), but uses the Weighted Overlapped Segment
22 Averaging (WOSA) method for the spectral leakage reduction and variance reduction,
23 which makes the trade-off not quantifiable. The similar spectral periodicities derived
24 from both REDFIT and MTM methods were regarded as dominant frequencies at
25 glacial-to-millennial bands.

26 The decomposed components of loess MGS and speleothem $\delta^{18}\text{O}$ records were parsed
27 out using the technique of Empirical Mode Decomposition (EMD) (Huang et al.,
28 1998). EMD directly extracts energy which is associated with intrinsic time scales in
29 nonlinear fluctuations, and iteratively decomposes the raw complex signal with

1 several characteristic time scales coexisting into a series of elementary intrinsic model
2 function (IMF) components, avoiding any arbitrariness in the choices of frequency
3 bands in this multiscale study. The EMD method has been widely applied to various
4 palaeoclimate databases such as ice-cover (Gloersen and Huang, 2003), North
5 Atlantic oscillation (Hu and Wu, 2004), solar insolation (Lin and Wang, 2006), and
6 temperature under global warming (Molla et al., 2006). This approach has also been
7 used to decipher the multiscale variations of Indian monsoon (Cai et al., 2015).
8 However, the application of the EMD method on the loess record remains poorly
9 investigated with limited understanding of decomposed components at
10 glacial-and-orbital time scales due to the low-resolution proxy variations (Yang et al.,
11 2001, 2008). In this study, we applied EMD on linearly interpolated loess and
12 speleothem data with a 100 yr interval to quantify the relative contributions of both
13 orbital and millennial components.

14

15 **3 Multiscale monsoon variability**

16 The highly comparable spectral results between REDFIT and MTM methods showed
17 that apparent periods identified in the MGS spectrum are at ~100, ~41, ~23, ~15, ~7,
18 ~5, ~4, and ~3-1 kyr, for REDFIT and MTM methods, over the 80 % and 90 %
19 confidence levels, respectively (Fig. 3). It is shown that the potential forcing of the
20 glacial–interglacial and orbital EAM variability is part of the external (e.g., the
21 orbital-induced summer insolation, An, 1991; Wang et al., 2008) and the internal
22 factors (e.g., the changes in the ice volume and CO₂ concentrations, Ding et al., 1995;
23 Lu et al., 2013; Sun et al., 2015). The coexistence of the ~100, ~41, and ~23 kyr
24 periods in the Gulang MGS record confirms the dynamic linkage of the winter
25 monsoon variability to glacial and orbital forcing. Based on the spectral results, many
26 millennial frequencies are detected, which can be mainly divided into two groups,
27 namely, ~7-4 and ~3-1 kyr, which possibly correspond to the Heinrich (~6 kyr)
28 rhythm and the DO (~1.5 kyr) cycles recorded in the North Atlantic sediments and
29 Greenland ice core (Bond et al., 1993; Dansgaard et al., 1993; Heinrich, 1988).

1 Taking into account the sampling resolution and surface mixing effect at Gulang, the
2 residual component (< 1 kyr) might contain both centennial and noisy signals, which
3 was excluded for further discussion in this study.

4 Compared to the MGS spectral results, the speleothem $\delta^{18}\text{O}$ spectrum shares similar
5 peaks at the precession (~ 23 kyr) and millennial bands (~ 5 , ~ 3 , ~ 2.4 , ~ 2 , ~ 1.5 , ~ 1.3 ,
6 and ~ 1 kyr), but is lack of distinct peaks at ~ 100 kyr and ~ 41 kyr (Fig. 3). Notably,
7 precession peaks at ~ 23 and ~ 19 kyr are more dominant in the speleothem $\delta^{18}\text{O}$ than
8 in the loess MGS record. Moreover, the speleothem spectrum shows a peak over the
9 80 % and 90 % confidence levels in REDFIT and MTM spectra, respectively,
10 centered at ~ 10 kyr frequency, which is approximately related to the semi-precession
11 frequency.

12 The different oscillation patterns composing loess MGS and speleothem $\delta^{18}\text{O}$ time
13 series are separated out using the EMD method as presented in Fig. 4 and Fig. 5.
14 Redfit spectral analysis is further carried out on each IMF with dominant periods as
15 shown. Five IMFs are generated for the Gulang MGS data on the glacial-to-millennial
16 timescale. The variability of Gulang MGS is dominated by the lowest frequency
17 signal with a variance of 32 % (IMF5). Two periodicities (41 kyr and 23 kyr) in the
18 orbital component (IMF4) are linked to the obliquity and precession, contributing
19 altogether 40 % to the total variance. The IMF3 component dominated by a 15-kyr
20 periodicity likely either links with other unknown driver or corresponds to the second
21 precessional cycle (19 kyr) caused by the chronology uncertainty. The variances of
22 two millennial components (IMF2 and IMF1) are very close with variances of 8 %
23 and 5 %, respectively, in the Gulang MGS record. Similarly, six IMFs are
24 decomposed for the speleothem $\delta^{18}\text{O}$ record on frequencies lower than 1 kyr, and all
25 the glacial-to-orbital periodicities correspond to parameters in Milankovitch cycles.
26 Compared with decomposed results of the Gulang MGS record, the glacial (IMF6)
27 and obliquity (IMF5) components are unclear in the speleothem $\delta^{18}\text{O}$ record; both of
28 the variances are 12 %. The precession component (IMF4), however, is the most
29 dominant signal among the six components, accounting for 59 % of the variance.

1 Notable millennial components (IMF3, IMF2, and IMF1) are evident with variances
2 of 8 %, 6 % and 3 %, respectively.

3 **4 Dynamics of multiscale EAM variability**

4 **4.1 Glacial and orbital forcing of the EAM variability**

5 We combine IMF3, IMF4 and IMF5 of Gulang MGS and IMF4, IMF5 and IMF6 of
6 speleothem $\delta^{18}\text{O}$ records as the low-frequency signals (period > 10 kyr) to reveal the
7 glacial-and-orbital scale variations of the winter and summer monsoon. The
8 glacial-and-orbital variations of the loess and speleothem records represent the total
9 variances of ~87 % and ~83 %, respectively. The low-frequency signals of the loess
10 MGS and speleothem $\delta^{18}\text{O}$ records are compared with the changes in the ice volume
11 and solar insolation at 65°N (Berger, 1978) to ascertain plausible impacts of glacial
12 and orbital factors on the EAM variability (Fig. 6).

13 The low-frequency component of the Gulang MGS record is well correlated to the
14 global ice volume change inferred from the benthic $\delta^{18}\text{O}$ record (Lisiecki and Raymo,
15 2005) with a correlation coefficient (R^2) of 0.56, reinforcing the strong coupling
16 between the winter monsoon variation and ice-volume changes, particularly in terms
17 of glacial-interglacial contrast (Ding et al., 1995). However, fine MGS signals at the
18 precessional scale seem more distinctive than those in the benthic $\delta^{18}\text{O}$ stack. For
19 example, the remarkable peaks in the MGS around 85, 110, and 170 kyr have no
20 counterpoints in the benthic $\delta^{18}\text{O}$ record. By comparing MGS data with the summer
21 insolation record, the overall ~20 kyr periodicity is damped but still visible during
22 both glacial and interglacial periods except for the insolation maxima around 150 and
23 220 kyr (Fig. 6). The coexistence of the glacial and orbital cycles in loess MGS
24 indicates that both the ice volume and solar insolation have affected the winter
25 monsoon variability, and their relative contributions are 32 % and 55 %, respectively,
26 as estimated from variances of the glacial (IMF5) and orbital (IMF4 and IMF3)
27 components.

28 The speleothem $\delta^{18}\text{O}$ record varies quite synchronously with the July insolation,

1 characterized by a dominant precession frequency (Fig. 6). This in-phase change is
2 thought to support a dominant role of summer insolation in the Northern Hemisphere
3 in driving the summer monsoon variability at the precession period (Wang et al.,
4 2008), given that the palaeoclimatic interpretation of the speleothem $\delta^{18}\text{O}$ is quite
5 controversial (Wang et al., 2001, 2008; Yuan et al., 2004; Hu et al., 2008; Cheng et al.,
6 2009; Peterse et al., 2011).

7 The different contributions of glacial and orbital variability in the loess MGS and
8 speleothem $\delta^{18}\text{O}$ records indicate that the driving forces associated with these two
9 proxies are different. The loess grain size is directly related to the northwesterly wind
10 intensity, reflecting that atmospheric process is linked to the Siberian-Mongolian High
11 (Porter and An, 1995). The speleothem $\delta^{18}\text{O}$ might be influenced by multiple factors
12 such as the isotopic depletion along the vapor transport path (Pausata et al., 2011),
13 changes in $\delta^{18}\text{O}$ values of meteoric precipitation or the amount of summer monsoon
14 precipitation (Wang et al., 2001, 2008; Cheng et al., 2009), and seasonality in the
15 amount and isotopic composition of rainfall (Clemens et al., 2010; Dayem et al., 2010;
16 Maher and Thompson, 2012). Even at the orbital time scale, proxy-model comparison
17 suggests that the response of the winter and summer monsoon to obliquity and
18 precession forcing are dissimilar (Shi et al., 2011)

19 It is quite clear that the EAM is formed by the thermal gradient between the Asian
20 continent and the Pacific Ocean to the east and southeast (Halley, 1986; Xiao et al.,
21 1995; Lestari and Iwasaki, 2006). In winter, due to a much larger heat capacity of
22 water in the ocean than that on the land surface, a higher barometric pressure forms
23 over the colder Asian continent with a lower pressure over the warmer ocean. This
24 gradient is the driving force for the flow of cold and dry air out of Asia, forming the
25 winter monsoon (Gao, 1962). On the glacial–interglacial time scale, the buildup of the
26 northern high-latitude ice sheets during the glacial periods strengthens the barometric
27 gradient which results in intense winter monsoons (Ding et al., 1995; Clark et al.,
28 1999). The contemporaneous falling sea level and land-ocean pressure gradient
29 further enhances winter monsoon circulation during glacial times (Xiao et al., 1995).

1 The other factor that influences the land-ocean differential thermal motion is the
2 orbitally-induced changes in solar radiation. The precession-induced insolation
3 changes can lead to regional land-ocean thermal gradients whilst obliquity-related
4 insolation changes can result in meridional thermal gradients, both of which can
5 substantially alter the evolution of the Siberian and Subtropical Highs and the EAM
6 variations (Shi et al., 2011).

7 **4.2 Impacts of high-latitude cooling on millennial EAM oscillations**

8 The EAM variations are persistently punctuated by apparent millennial-scale
9 monsoon events (Garidel-Thoron et al., 2001; Wang et al., 2001; Kelly et al., 2006).
10 The millennial-scale events of the last glacial cycle were firstly identified in
11 Greenland ice cores (Dansgaard et al., 1993; Meese et al., 1997). Subsequently,
12 well-dated loess grain size and speleothem $\delta^{18}\text{O}$ records in China have been found to
13 apparently correspond with rapid climate oscillations in the North Atlantic (Porter and
14 An, 1995; Guo et al., 1996; Chen et al., 1997; Ding et al., 1998; Wang et al., 2001).
15 The most striking evidence is the strong correlation between the loess grain size,
16 speleothem $\delta^{18}\text{O}$ and Greenland ice core $\delta^{18}\text{O}$ records during the last glaciation (Ding
17 et al., 1998; Wang et al., 2001; Sun et al., 2012). The findings of these abrupt changes
18 have been extended to investigate glacial–interglacial cycles using loess and
19 speleothem records (Ding et al., 1999; Cheng et al., 2006, 2009; Wang et al., 2008;
20 Yang and Ding, 2014) and North Atlantic sediments (McManus et al., 1999; Channell
21 et al., 2012).

22 Unlike previous comparisons based on original proxy variability, here we combine the
23 IMF1 and IMF2 components of the loess MGS and IMF1, IMF2, and IMF3
24 components of speleothem $\delta^{18}\text{O}$ records as robust reflections of millennial-scale
25 signals of the winter and summer monsoons, with variances of 13 % and 17 %,
26 respectively. The combination of the two millennial signals of the loess MGS and
27 speleothem $\delta^{18}\text{O}$ records are compared further with the North Atlantic cooling events
28 over the last two glacial cycles to reveal the dynamic links of abrupt climate changes

1 in East Asia and the North Atlantic (Fig. 7). The Younger Dryas (YD) and Heinrich
2 Events (H₁-H₆) are well detected in loess and speleothem records around 12, 16, 24,
3 31, 39, 48, 55, and 60 kyr. Most of the millennial-scale events in the loess MGS and
4 speleothem $\delta^{18}\text{O}$ records are well aligned with comparable timing and duration during
5 the last two glacial cycles. However, some MGS valleys such as A17, A23, B17, B18,
6 and B22 are not well matched with the speleothem $\delta^{18}\text{O}$ minima, possibly due to
7 uncertainties in the loess chronology. The comparable millennial scale events between
8 grain size of Gulang and the CHILOMOS stack (Yang and Ding, 2014) show the
9 nature of replication of Gulang MGS record within the dating uncertainty, confirming
10 the persistent millennial-scale winter monsoon variability spanning the last two
11 glacial cycles (Fig. 7).

12 The millennial-scale monsoon signals over the last two glacial cycles have been well
13 compared with the cooling events recorded in the North Atlantic sediments,
14 demonstrating a dynamic link between abrupt climate changes in East Asia and the
15 North Atlantic. As identified in Chinese speleothem records, the magnitudes of abrupt
16 climate events are identical between the last and the penultimate glacial cycles (Wang
17 et al., 2008). However, the duration and amplitude of these millennial events are quite
18 different between the glacials and interglacials. The duration of the millennial
19 monsoon events is relatively shorter and the amplitude larger during glacial periods,
20 suggesting a plausible glacial modulation on rapid climate changes (McManus et al.,
21 1999; Wang et al., 2008). The potential driving mechanism for rapid EAM changes
22 has been attributed to changing climate in the high-latitude Northern Hemisphere, e.g.,
23 the reduction of the North Atlantic deep water circulation triggered by fresh water
24 inputs from melting icebergs (Broecker, 1994). The North Atlantic cooling can affect
25 the zonal high pressure systems, including the Azores-Ural-Siberian-Mongolian high
26 (Palmer and Sun, 1985; Rodwell et al., 1999; Yuan et al., 2004), which can further
27 transmit the abrupt cooling effect into East Asia and result in significant EAM
28 changes (Porter and An, 1995; Wang et al., 2001). Apart from the geological evidence,
29 numerical modeling also suggests that the Atlantic meridional overturning circulation

1 might affect abrupt oscillations of the EAM, while the westerly jet is the important
2 conveyor introducing the North Atlantic signal into the EAM region (Miao et al.,
3 2004; Zhang and Delworth, 2005; Jin et al., 2007; Sun et al., 2012).

4

5 **5 Conclusions**

6 Multiscale signals were spectrally detected and naturally decomposed from Chinese
7 loess and speleothem records over the last two climatic cycles, permitting an
8 evaluation of the relative contributions of glacial, orbital and millennial components
9 in the EAM record from a linear point of view. The Spectra of Gulang MGS and
10 speleothem $\delta^{18}\text{O}$ data show similar periodicities at glacial-to-orbital and millennial
11 time scales, corresponding to the rhythms of changing ice-volume, orbitally induced
12 insolation, and North Atlantic cooling (i.e., Heinrich rhythm and Dansgaard–Oeschger
13 cycles). Amplitude variances of the decomposed components reveal significant glacial
14 and orbital impacts on the variation in loess grain size and the dominant precession
15 forcing in the speleothem $\delta^{18}\text{O}$ variability. The millennial components are evident in
16 the loess and speleothem proxies with variances of 13 % and 17 %, respectively.
17 Millennial IMFs were combined to decode the synchronous nature of rapid changes of
18 these two proxies. High similarity of millennial-scale monsoon events both in terms
19 of the rhythms and duration between the loess and speleothem proxies implies that the
20 winter and summer monsoons share common millennial features and similar driving
21 forces.

22

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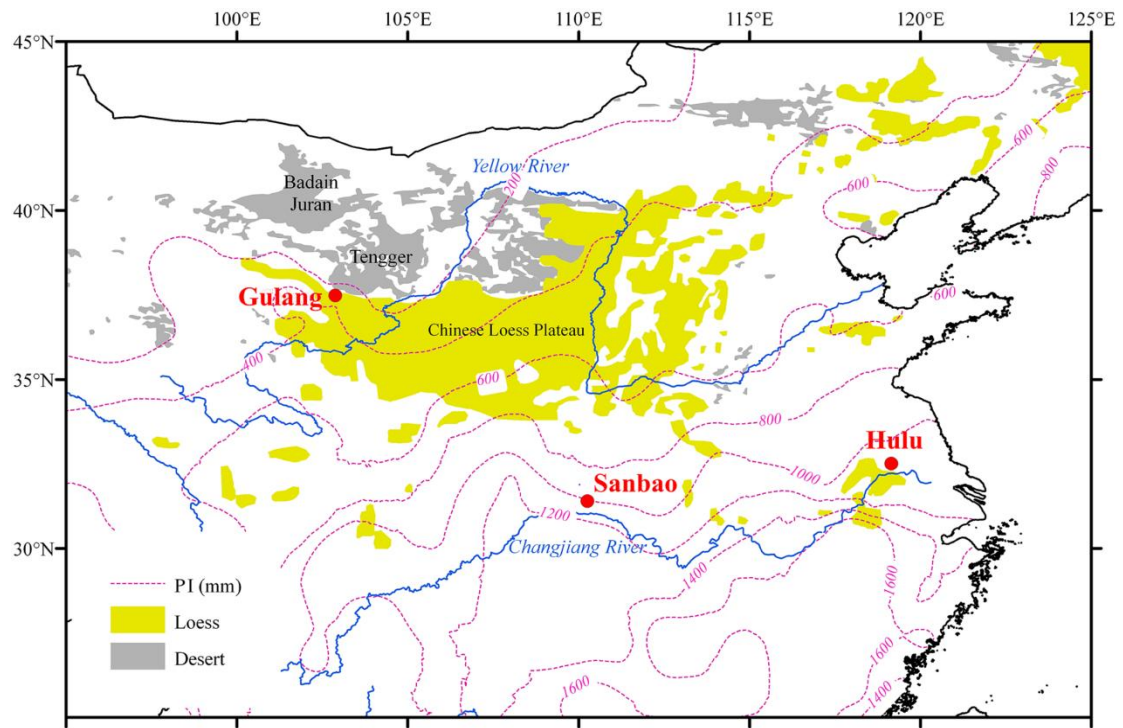
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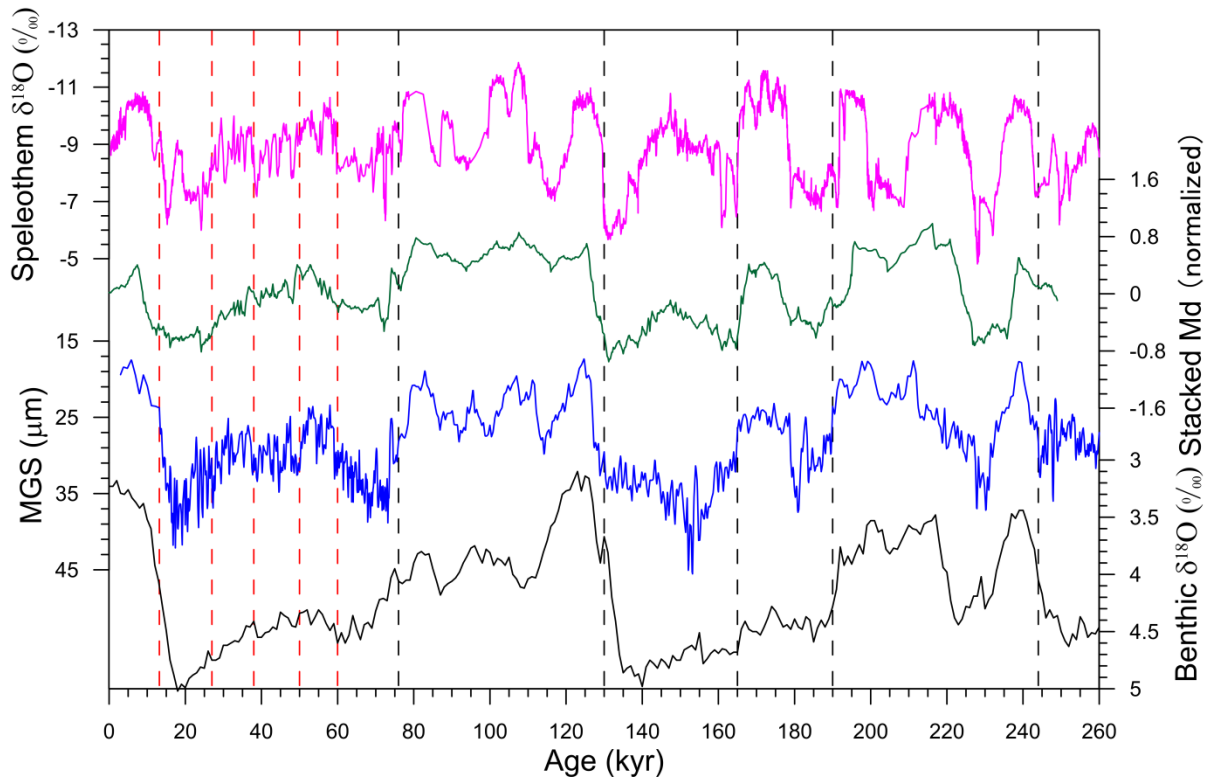


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2 Figure 1. Map showing the loess distribution and locations of the Gulang loess section,
 3 Sanbao, and Hulu caves. Dotted lines indicate the precipitation isohyets (PI).

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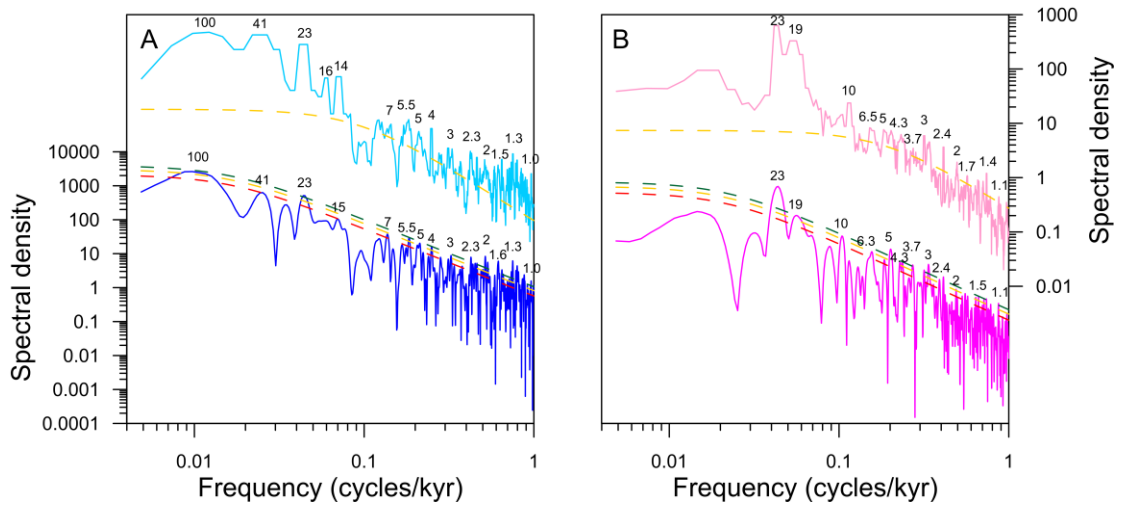


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3 Figure 2. Comparison of Gulang MGS (blue, [Sun et al., 2015](#)) and CHILOMOS stack
4 Median grain size (Md, green, [Yang and Ding, 2014](#)) with the benthic $\delta^{18}\text{O}$ (black,
5 [Lisiecki and Raymo, 2005](#)) and Sanbao/Hulu speleothem $\delta^{18}\text{O}$ (magenta, [Wang et al.,](#)
6 [2008; Cheng et al., 2009](#)) records. The red and black dashed lines denote tie points
7 derived from optically stimulated luminescence (OSL) dating and benthic $\delta^{18}\text{O}$
8 correlation, respectively.

9

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3 Figure 3. Spectra of Gulang MGS (A) and Sanbao/Hulu speleothem $\delta^{18}\text{O}$ (B) (Wang

4 et al., 2008; Cheng et al., 2009) records using REDFIT (lower) and MTM (higher)

5 methods. The red, yellow, and green dotted lines represent the 80%, 90% and 95%

6 confidence levels. Periodicities are shown above the spectral curves. (For REDFIT:

7 $n_{\text{sim}} = 1000$, $m_{\text{ctest}} = \text{T}$, $o_{\text{fac}} = 4.0$, $h_{\text{ifac}} = 1$, $r_{\text{hopre}} = -99.0$, $n_{50} = 1$, $i_{\text{win}} = 2$; for

8 MTM: $\text{sampling interval} = 0.1$, MTM parameters = Default value, computation of

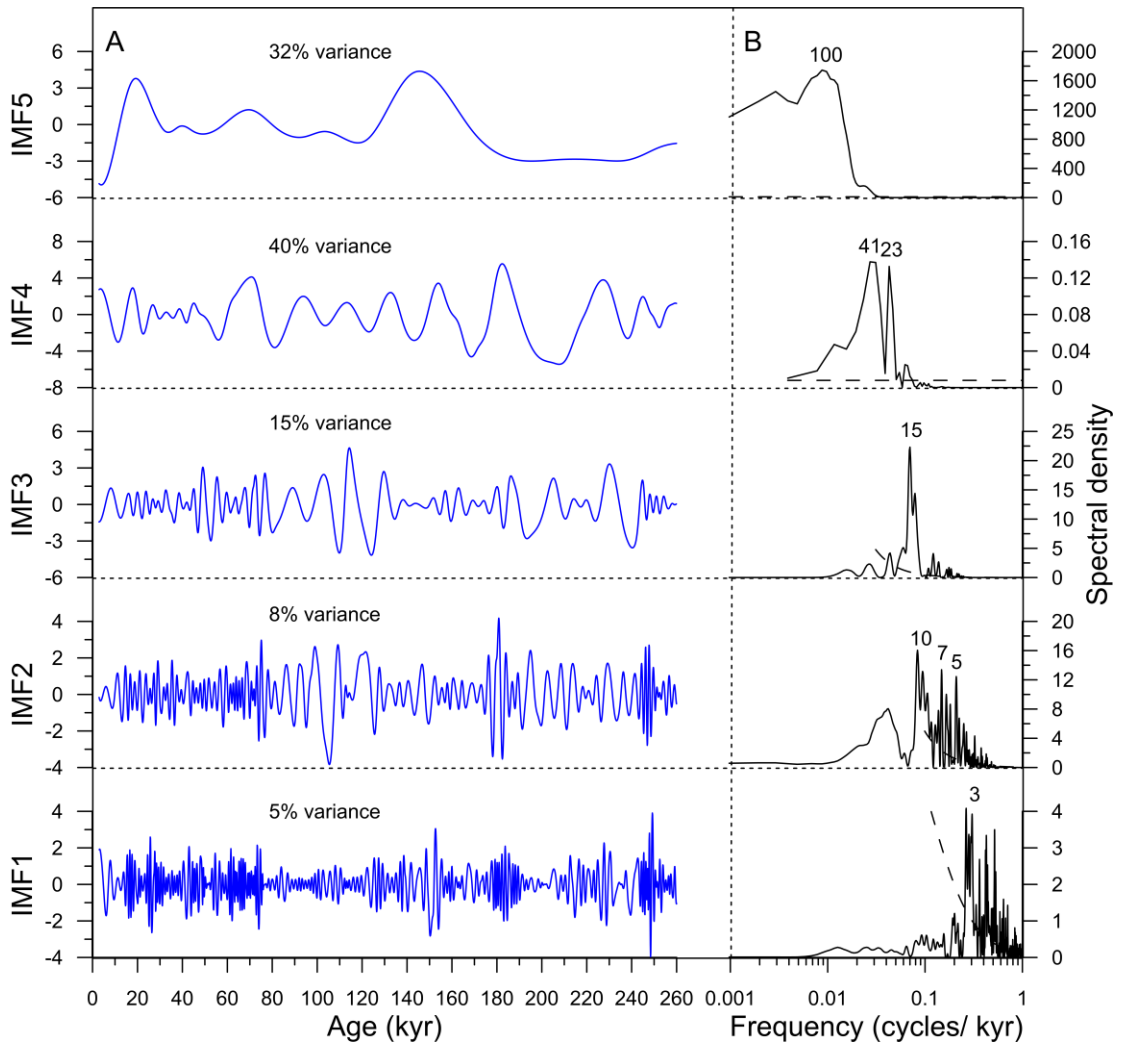
9 tapers window = Default value, Null hypothesis = Red, Signal Assumption = Either,

10 Spectrum = Adaptive, Normalization = N, Reshape Threshold = 90%, Noise

11 Estimation = Robust, Misfit Criterion = Log Fit, Median Smoothing window width =

12 0.1).

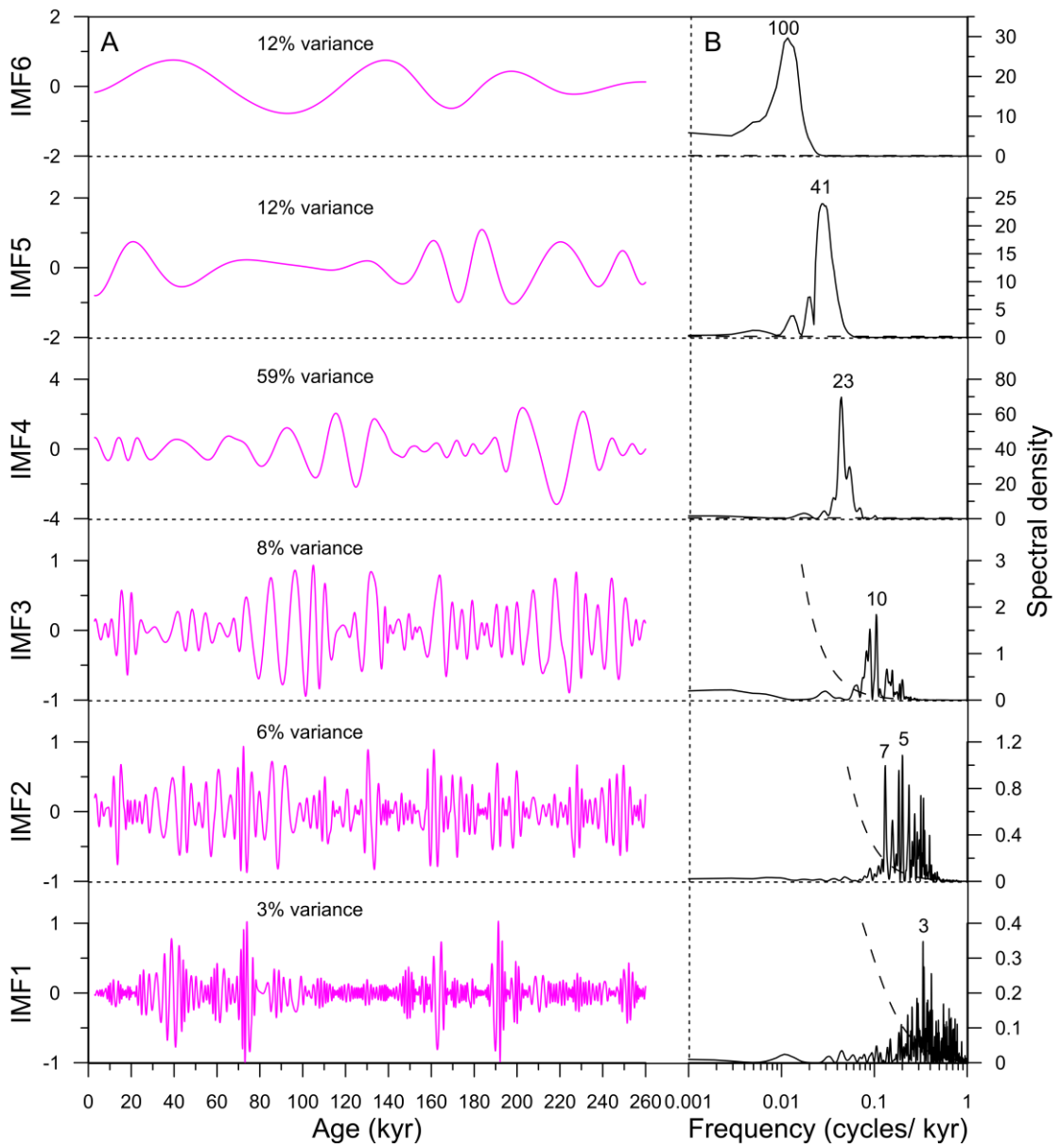
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Figure 4. IMFs of Gulang MGS series (A) and corresponding spectra (B). Numbers in black are dominant periods and dotted lines represent the 90% confidence level.

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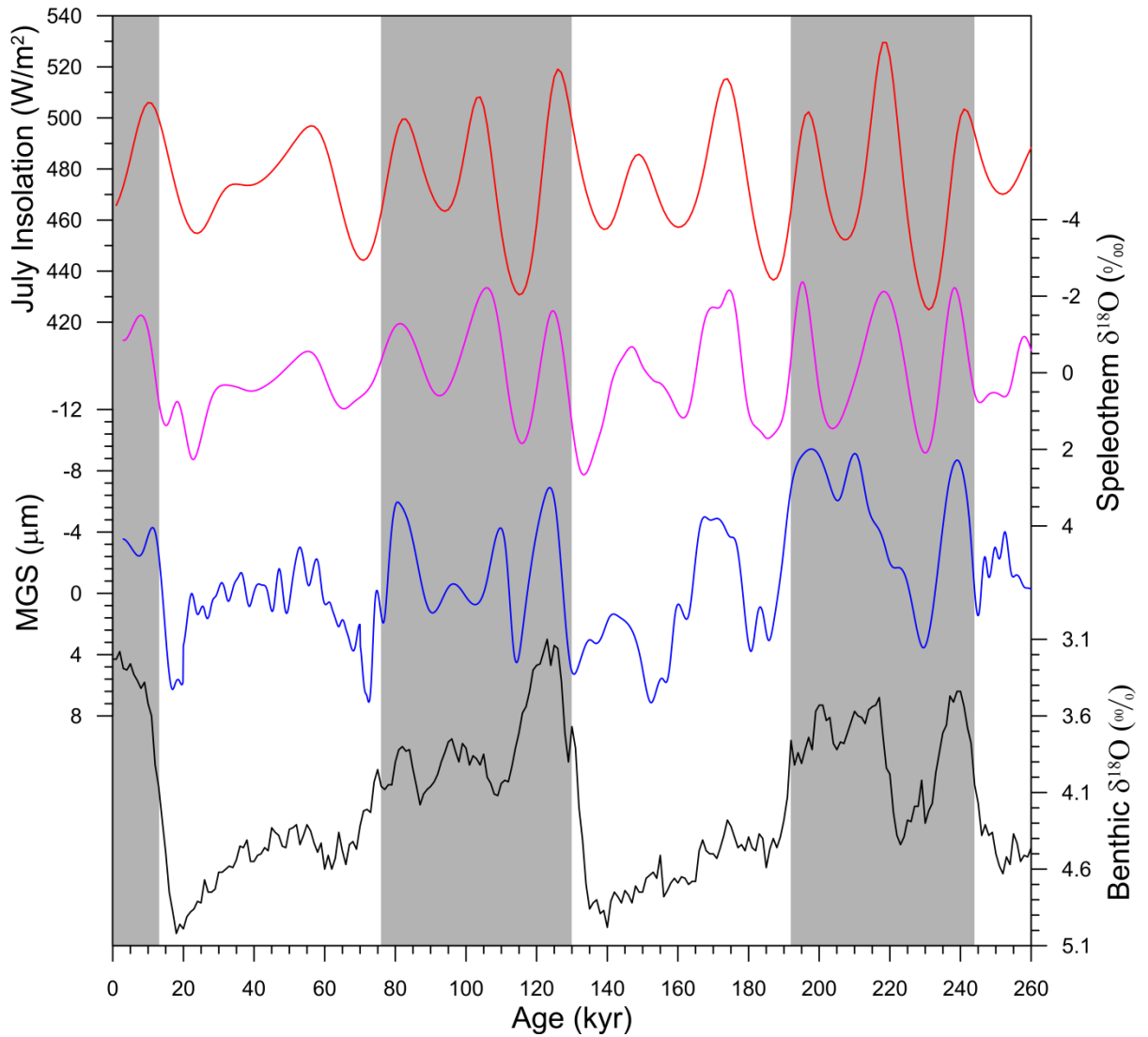


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3 Figure 5. IMFs of speleothem $\delta^{18}\text{O}$ series (A) and corresponding spectra (B).

4 Numbers in black are dominant periods and dotted lines represent the 90% confidence

5 level.

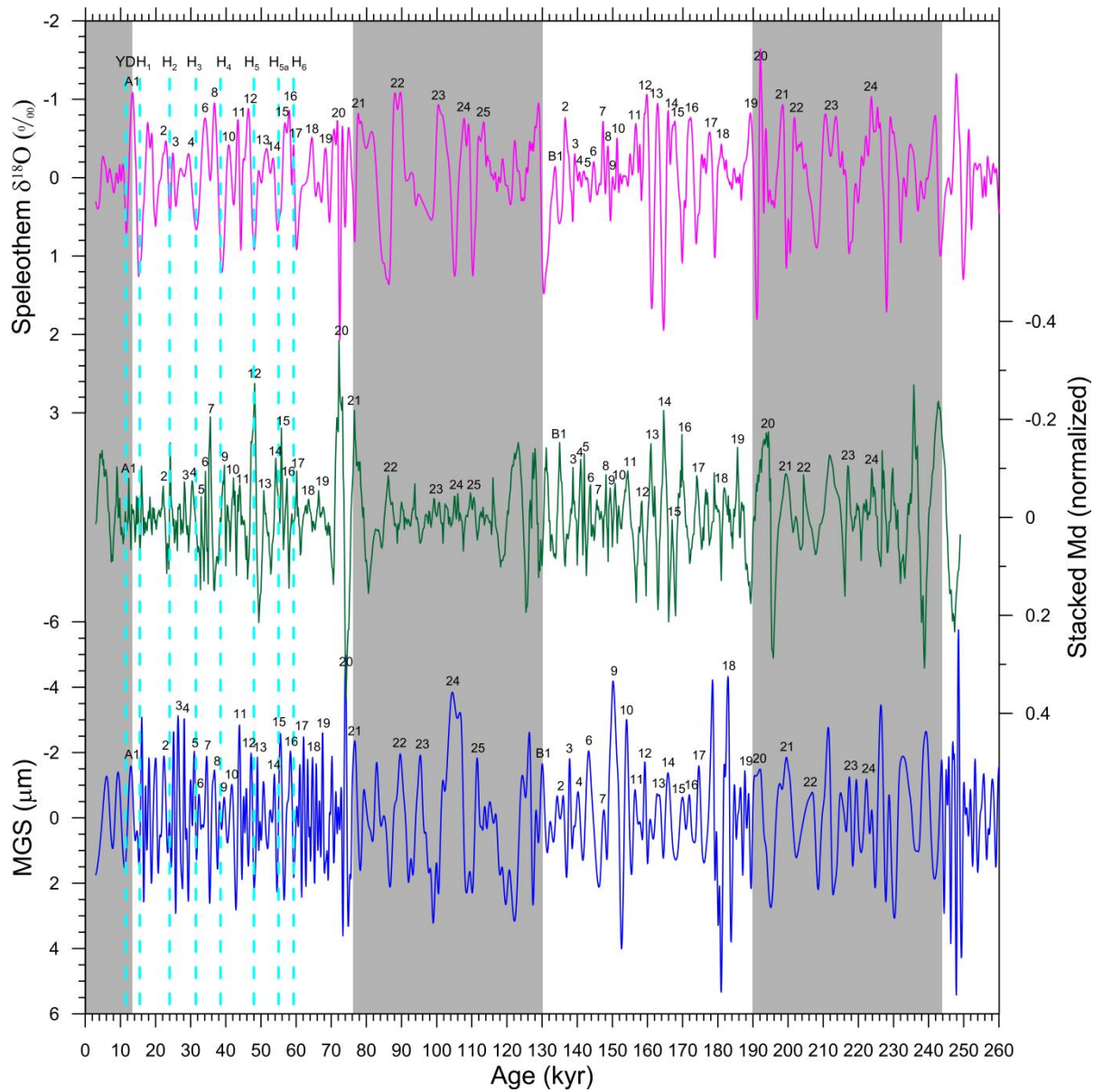


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2 Figure 6. Comparison of the glacial-and-orbital scale components of Gulang MGS
 3 (blue) and Sanbao/Hulu speleothem $\delta^{18}\text{O}$ (magenta, Wang et al., 2008; Cheng et al.,
 4 2009) records with summer insolation at 65°N (red, Berger, 1978) and benthic $\delta^{18}\text{O}$
 5 record (black, Lisiecki and Raymo, 2005). The vertical gray bars represent the
 6 interglacial periods.

7

1



2

3 Figure 7. Comparison of millennial-scale variations among Gulang MGS (blue),
4 CHILOMOS stack Md (green, [Yang and Ding, 2014](#)) and Sanbao/Hulu speleothem
5 $\delta^{18}\text{O}$ (magenta, [Wang et al., 2008](#); [Cheng et al., 2009](#)) records over the last two
6 glacial-interglacial cycles. Cyan dotted lines are the YD and the Heinrich events
7 identified among the three records and gray bars indicate interglacial periods. The
8 numbers represent well-correlated Chinese interstadials identified among the three
9 records.