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Enhanced 20th century heat transfer to the Arctic simulated in the context of climate variations over the last millennium

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Abstract

Oceanic heat transport variations, carried by the northward flowing Atlantic Water, strongly influence Arctic sea-ice distribution, ocean-atmosphere exchanges, and pan-Arctic temperatures. Paleoceanographic reconstructions from marine sediments near

- Fram Strait have documented a dramatic increase in Atlantic Water temperatures over the 20th century, unprecedented in the last millennium. Here we present results from Earth system model simulations over the last millennium that reproduce and explain reconstructed integrated quantities such as pan-Arctic temperature evolution during the pre-industrial millennium as well as the exceptional Atlantic Water warming in Fram
- Strait in the 20th century. The associated increase in ocean heat transfer to the Arctic can be traced back to changes in the ocean circulation in the sub-polar North Atlantic. An interplay between a weakening overturning circulation and a strengthening sub-polar gyre as a consequence of 20th century global warming is identified as driving mechanism for the pronounced warming along the Atlantic Water path toward the Arc-
- tic. Simulations covering the late Holocene provide a reference frame that allows us to conclude that the changes during the last century are unprecedented in the last 1150 years and that they cannot be explained by internal variability or natural forcing alone.

1 Introduction

The Arctic is one of the regions where climate change has been diagnosed most drasti cally in terms of warming and sea-ice decline over the last decades. Direct temperature measurements are, however, scarce and only available for the last century. Reliable observations of sea-ice evolution are even more limited, covering only the satellite era. On decadal timescales, internal variations can substantially contribute to Arctic climate variability (Bengtsson et al., 2004; Beitsch et al., 2013) and the relative role of external drivers is still under debate (Booth et al., 2012; Zhang et al., 2013). High-resolution reconstructions of paleoclimatic variables over the late Holocene provide a reference



frame and put recent changes in context with long-term natural variations. Ongoing efforts, such as the Past Global Changes 2K network (PAGES2K, Ahmed et al., 2013) initiative, provide regional syntheses of reconstructions that can be compared with model simulations. While most of the PAGES2K reconstructions rely on terrestrial proxies, high-quality marine paleodata become increasingly available at annual to decadal resolution. Novel provide have been developed to reconstruct for example, dynamical

- olution. Novel proxies have been developed to reconstruct, for example, dynamical quantities such as near-bottom flow strength in the Nordic Seas overflow regions (e.g., Mjell et al., 2014). Of particular value are reconstructions from key locations, such as major conduits of the large-scale ocean circulation. Spielhagen et al. (2011) and
- ¹⁰ Dylmer et al. (2013) have published records from marine sediments off Svalbard that reflect temperature changes in the Atlantic Water (AW) in Fram Strait over the last 2000–3000 years. The time series show centennial-scale modulations of the AW temperatures and, as a pronounced common feature, a dramatic, unprecedented warming over the 20th century. The authors speculate that the observed warming reflect con-¹⁵ siderable changes in the lateral heat transfer to the Arctic that might have contributed
- to the rapid warming and sea-ice decrease during the 20th century.

Earth system model simulations over the last millennium provide a tool to test such hypotheses, and to investigate the relative role of internal variability on the one hand, and natural and anthropogenic forcing on the other hand. Provided that the model

- adequately simulates regional-scale features, simulations also allow for attributing locally observed variations to changes in large-scale dynamics. In general, the model results have to be confronted with observations and reconstructions to assess in how far they reproduce the real climate evolution, both in direct comparison (e.g., Fernandez-Donado et al., 2012) and in a statistical sense (Bothe et al., 2013). In this paper, we use
- the results of Max Planck Institute Earth System Model (MPI-ESM) simulations for the last millennium and the industrial period to address the following research questions:
 - 1. Can the simulations reproduce important features of reconstructed climate indicators in high northern latitudes during the last millennium and in the 20th century, both on a continental and local scale?



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- 2. How exceptional is the observed 20th century AW warming in Fram Strait in the context of the climate evolution during the last millennium, and what implications does it have for the heat transfer to the Arctic?
- 3. What are the mechanisms behind the observed and reconstructed changes?
- Regarding the latter, we concentrate in this paper on the 20th century changes in high northern latitudes and the North Atlantic and devote a subsequent study to pre-industrial variations and their relation to external forcing. The paper is organized as follows. In Sect. 2, we describe the MPI-ESM model set-up and the boundary conditions applied for the simulations covering the last millennium. Results for integrated high-northern latitude changes and the evolution of the Atlantic Water transfer from the North Atlantic to the Arctic are given in Sect. 3. In Sect. 4, we formulate a dynamical interpretation of the results and discuss implications for 20th century climate change in the North Atlantic realm in Sect. 5. Main conclusions are given in Sect. 6.

2 The Model system and the experimental design of the last millennium simulations

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The model employed in this study is the Max Planck Institute Earth System Model (MPI-ESM). MPI-ESM and its various configurations contributing to the Coupled Model Intercomparison Project, phase 5 (CMIP5), have been documented in a special issue of the Journal for Advances in Modeling Earth Systems (JAMES). The configuration for
 ²⁰ Paleo applications (MPI-ESM-P) used here is identical with the MPI-ESM-LR configuration described in the JAMES publications by Giorgetta et al. (2013) and Jungclaus et al. (2013) with two exceptions: first, the dynamic vegetation module is switched off in

- order to allow for the implementation of land-cover change maps (Pongratz et al., 2008) as in the earlier, lower-resolution model version described by Jungclaus et al. (2010).
- ²⁵ Second, the orbital forcing is prescribed by a table providing annual values for eccentricity, obliquity and perihelion, whereas the LR version uses a calendar-based orbit.



The atmosphere model ECHAM6 (Stevens et al., 2013) is run at a horizontal resolution of spectral truncation T63 (1.875°) and 47 vertical levels, resolving the stratosphere up to 0.01 hPa. The ocean/sea-ice model MPIOM (Marsland et al., 2003; Jungclaus et al., 2013) features a conformal mapping grid with nominal 1.5° resolution and 40
vertical levels (GR1.5L40). It is noteworthy for our study that the GR1.5L40 grid possesses one grid pole over Antarctica and one grid pole over Greenland, which leads to considerably higher resolution in the regions of interest for this study, i.e. the northern North Atlantic (Jungclaus et al., 2008). In Fram Strait, for example, the grid size in cross-channel direction is about 30–40 km. The simulations over the last millennium (past1000) follow the protocol of the Paleo Modeling Intercomparision Project, phase 3 (PMIP3). As part of this protocol, Schmidt et al. (2011) summarize different choices for external forcing and boundary conditions and provide tables for well mixed-greenhouse gases (CO₂, CH₄, N₂O), and orbital parameters. In contrast to the millennium simulations described in Jungclaus et al. (2010), which featured an interactive carbon-cycle

- ¹⁵ and prognostic CO₂, we use prescribed CO₂ in the past1000 runs described here. We employed the Crowley and Unterman (2013) reconstruction for volcanic aerosol optical depth and effective radius and the Pongratz et al. (2008) reconstruction of global land-cover and agricultural areas. For solar radiation we have followed the approach described in Schmidt et al. (2011) combining the Vieira et al. (2011) total solar irradi-
- ance (TSI) reconstruction over the Holocene with the Wang et al. (2005) data set that provides the recommended solar forcing for the CMIP5 20th century (1850–2005) simulations. An artificial 11 yr cycle of varying amplitude is imposed over the pre-industrial period (see Schmidt et al., 2011 for details). Linear interpolation was used to calculate monthly TSI averages from the reconstructed annual TSI values for the period 850–
- ²⁵ 1849 scaled to Total Irradiance Monitor (TIM) data, except for the flux at 180.5 nm. Spectral Solar Irradiance (SSI) for the 14 short-wave spectral bands of the ECHAM6's radiation scheme was calculated so that the sum of SSI yields TSI. Energy in the part of the spectrum below the shortest wavelength of the radiation scheme (200 nm) and above the longest (12 195.1 nm) was added to the first and last band, respectively.



Monthly average ozone concentrations for the period 850–1849 are calculated using the 1850–1860 monthly climatology of ozone concentrations from the AC&C/SPARC Ozone Database as a basis and representing the ozone dependency on solar irradiance through regression coefficients between historical ozone concentrations and the

- annual 180.5 nm solar flux. An 1155 year-long pre-industrial control integration (PiCtrl) under fixed 1850 boundary conditions serves as a reference simulation for forced experiments. To conduct the past1000 simulations we first ran a 400 year-long adaptation simulation starting from the end of piCtrl to adjust to 850 boundary conditions and thereafter started the three realizations past1000-r1, past1000-r2, and past1000-
- ¹⁰ r3. The past1000-r1 and past1000-r2 experiments were initialized with the same ocean state, but differ in the standard deviation of the assumed lognormal distribution of the volcanic aerosol size (1.2 μ m in r1, 1.8 μ m in r2 and r3). The simulations past1000-r2 and past1000-r3 used the same parameter setting but were started from different initial conditions. Furthermore, ozone concentration data used in past1000-r1 are affected
- ¹⁵ by use of a 1 month-shifted annual cycle in the AC&C/SPARC ozone climatology, an issue solved in past1000-r2 and -r3. While the three simulations are therefore not an ensemble of three runs carried out with an identical model and forcing/boundary conditions, we consider the effect of the different setting small enough to regard the runs as three realizations of possible last millennium climate evolution under parameter and
- forcing uncertainties. The PMIP3 protocol defines the past1000 integration period as 850–1849. To relate the recent climate evolution to the late-Holocene variability we continued the respective past1000 simulations over the historical period (1850–2005), following the CMIP5 protocol. In the following, we refer to the combined past1000 and historical simulations covering the period 850–2005 as pr1, pr2, and pr3, respectively.
- ²⁵ Since the emphasis of our present study is on the 20th century changes, we also include in some analyses in Sects. 4 and 5 one additional "historical" (hr1) simulation (1850–2005), which was initialized from the PiCtrl experiment.



3 Last millennium evolution of high northern latitude climate

3.1 Pan-Arctic temperature and sea-ice extent

We start the analyses with quantities that reflect the general climate evolution in high northern latitudes. Reconstructing regional-scale temperature and other climate vari-

- ⁵ ables such as sea-ice extent in sparsely-sampled areas is still challenging. Only recently pan-Arctic reconstructions for temperature have been published (Kaufman et al., 2009; Shi et al., 2012), mostly based on terrestrial proxies (tree-rings) and ice cores. The PAGES2K consortium reviewed reconstruction data and methods and constructed seven continental-scale temperature records, including the Arctic (Ahmed et al., 2013).
- ¹⁰ The reconstructed temperature records (black lines in Fig. 1a) have in common that they show a gradual cooling during the last millennium, possibly reflecting the overall evolution from a warmer Medieval Warm Period (MWP) to an anomalously cold Little Ice Age (LIA), but the Shi et al. (2012) and Kaufman et al. (2009) reconstructions disagree on the magnitude of the pre-industrial cooling. The reconstructions (and
- the instrumental data that they are matched to) show a strongly reversed trend during the 20th century. Note that the PAGES2K record reflects annual mean temperatures whereas the other two represent the summer season. The simulated summer temperatures are compatible with the reconstructions and match closely the Kaufman et al. (2009) data. Individual simulations (colored lines in Fig. 1a) show relatively
- strong fluctuations and ensemble realizations differ often quite strongly (about 0.5 °C) for a given period. In contrast to global and hemispheric averages (not shown here, but see Jungclaus et al., 2010: their Fig. 5), individual volcanic eruptions or clusters of volcanic events are not clearly discernible, with the exception of the 1809 and 1815 (Tambora) eruptions, where all simulations show a similar cold excursion, in accor-
- ²⁵ dance with the Kaufman and Past2K reconstructions. The resilience to volcanic forcing reflects the relatively small signal-to-noise ratio of Arctic summer temperatures, due to both strong internal variability of the Arctic regional climate (e.g. Beitsch et al., 2013) and seasonal character of local response mechanisms, which are most prominent in



boreal winter (e.g., Zanchettin et al., 2012, 2013). The Arctic warming throughout the 20th century is also well reflected in the model simulations and the pronounced variations such as the warm phase in the first half of the last century are well within the ensemble range of the historical experiments.

- The summer sea-ice reconstruction by Kinnard et al. (2011) comes with a relatively large range of uncertainty but the main characteristic is that of a mirror-image of the pan-Arctic surface temperature evolution: a gradual increase in sea-ice extent during the pre-industrial millennium is replaced by a drastic decline in the 20th century (Fig. 1b). The decline of sea-ice extent sets in, however, more abruptly in the mid-20th evolution: a gradual warming. The past1000 simulations repre-
- ¹⁰ century in contrast to the relatively gradual warming. The past1000 simulations reproduce a similar long-term trend over the pre-industrial millennium and the 20th century simulations terminate at an extent that is equally low as the observations. In the simulations, the sea-ice decline begins, however, earlier featuring a temporal evolution more similar to the pan-Arctic temperature (Fig. 1a). In fact, all four historical simulations show ice extent anomalies below the reconstruction's mean estimate between 1870
- and 1950. None of the three past1000 simulations reproduces the sea-ice minimum in the late 16th century. Notwithstanding questions regarding uncertainties in the reconstructions, the anomaly exceeds the 2-sigma range of control experiment variability not by too far, so that it is compatible with a rare event of internal fluctuations.

20 3.2 Fram Strait Atlantic Water temperatures

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The reconstructions of AW temperatures stem from a marine core at site MSM5/5-712 at 78°54.94' N, 6°46.04' E (see Spielhagen et al. (2011) and Werner et al. (2011) for details). The authors provide two temperature records, one based on a modern analogue technique (SIMMAX), and one based on the Magnesium–Calcium (Mg/Ca) ratio of *Neogloboquadrina pachyderma*. Habitat and plankton bloom estimates indicate that both proxies reflect mid-summer conditions in the upper part of the AW layer. During

pre-industrial times, the Mg/Ca-derived record exhibits much stronger variability, which might reflect inaccuracies in recording the cold-water range (Spielhagen et al., 2011).



Both reconstructions, however, fluctuate around very similar pre-industrial mean values (3.4 and 3.6 °C) and indicate a warming of roughly 2 °C during the 20th century (Fig. 1c). A similar temperature increase is also found in continued measurements from Svalbard fjords from 1912 to 2005 (Pavlov et al., 2011) and agrees with previ-

- ous estimates of 20th century evolution of AW properties in the northern North Atlantic (Polyakov et al., 2004). Another late-Holocene sedimentary record from Malangen Fjord in northern Norway (Hald et al., 2011) reflects local variations in the influx of AW and shows a similar temperature evolution over the last 1200 years including an unprecedented warming in modern times.
- ¹⁰ We compare the Spielhagen et al. (2011) reconstructions with simulated fluctuations of temperatures in the AW core at 50 m depth in Fram Strait at about 78° N (Fig. 1c). The relatively low temporal resolution and the strong fluctuations in the Mg/Ca record prohibit a very detailed comparison in the pre-industrial millennium. The simulations and the SIMMAX data agree in a change from slightly warmer-than-average temperatures
- ¹⁵ in the first centuries and colder conditions in the 16th to 18th centuries, reflecting the general change from MWP to LIA conditions. Interestingly, all time-series show a cold spell in the early 19th century, likely recording the 1809 and 1815 eruptions. During the 20th century, simulations and the SIMMAX record agree in a 2°C warming. The simulations also exhibit considerable decadal to multidecadal variations that are not
- ²⁰ covered or sub-sampled by the reconstructions' resolution. The ensemble spread and the relatively large variability range obtained from the unforced control run (Fig. 1c), points to a large fraction of internal variability.

Clearly, the warming in the industrial period exceeds the 2σ-range of the undisturbed simulation. Spielhagen et al. (2011) speculate that the diagnosed warming infers a con siderable increase in heat transfer to the Arctic. In the model simulations, we can quantify the heat flux changes and display in Fig. 2a the combined total ocean heat transport (TOHTR) through Fram Strait and through the Barents Sea Opening (BSO), which both show the unprecedented increase in the 20th century. Firstly, we confirm that the AW temperature record reflects indeed changes in heat transfer through the most important



conduits towards the Arctic. The correlation coefficients between AW temperatures and TOHTR (smoothed by a 31 yr running mean) exceed 0.9 at zero time-lag in all three past1000 simulations. Simulated TOHTR anomalies are shown with respect to (w.r.t.) the pre-industrial (850–1849) mean of about 80 TW ($1 \text{ TW} = 10^{12} \text{ Watt}$). The simulated transporte are seen to be a simulated to the pre-industrial (850–1849) mean of about 80 TW ($1 \text{ TW} = 10^{12} \text{ Watt}$). The simulated

- ⁵ transports are compatible with observations indicating a heat transport of 30–40 TW in Fram Strait (Schauer et al., 2008) and 30–76 TW in BSO (Årthun et al., 2012). Observations of heat transports are, however, only available for the most recent decades and may be influenced by decadal-scale variability as well. During the pre-industrial period, there are TOHTR fluctuations of the order of 10–20 TW and the ensemble in-
- dicates somewhat higher-than-normal TOHTR in the early part of the simulation and less TOHTR in the 16th and 17th century. Large volcanic eruptions (1258, 1453, and 1815) leave an imprint on the heat transports leading to reduction of heat transfer to the Arctic (Zanchettin et al., 2012). The most pronounced feature of our smoothed time series from the simulations is, however, a consistent increase of up to 30 TW during
 the 20th century, reflecting a 40% increase over the pre-industrial mean.
 - The modulation of the AW temperature could either be driven by local changes in the wind system (Bengtsson et al., 2004) or be part of variations in the warm water path associated with the North Atlantic Current or the Atlantic Meridional Overturning Circulation (AMOC), as has been suggested, for example by Polyakov et al. (2004). However,
- recently Lozier (2010) and Lozier et al. (2010) have demonstrated that overturning and gyre circulation in the North Atlantic are strongly linked and that the image of a continuous conveyor belt associated with the AMOC may be misleading. Building on earlier results analyzing Arctic warming events in an unperturbed control integration (Beitsch et al., 2013) we therefore decompose the (TOHTR) in the Atlantic basin into its over-
- ²⁵ turning and gyre components (MOHTR, and GOHTR, respectively). The first reflects the zonal average heat transport, the second the deviations of the zonal average (e.g. Eden and Jung, 2001; Drijfhout and Hazeleger, 2006). First, we calculate the correlations between the TOHTR at the entrance to the Arctic (Fig. 2a) and the components of the basin-scale OHTRs for all latitudes. High correlations are found in particular in the



sub-polar North Atlantic between GOHTR and heat transfer to the Arctic (not shown). At the entrance to the Nordic Seas at 60–65° N (Fig. 2b) we can see that most of the modulation in the heat transfer to the Artic during the millennium can be traced back to downstream fluctuations in GOHTR. The gyre heat transport features multi-centennial

- changes from stronger-than-normal conditions in the early centuries of the simulation to weaker conditions during the Little Ice Age. The 20th century stands out again with its unprecedented increase in the TOHTR. Most of the increase at 60–65° N is carried by an increase in the gyre component, but, interestingly, also the overturning component shows a clear positive trend over the 20th century and apparently contributes to high-latitude warming despite the fact that AMOC is decreasing at 30° N over the 20th
- century (see below).

4 Origin of the 20th century heat transfer increase

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In the following, we focus on the changes in the 20th century and elucidate the relation between heat transfer changes in Fram Strait and the sub-polar North Atlantic. We consider simulated linear 100 yr trends (1905–2005) and compare them with the expected range of internal variability as expressed in the 5–95%-ile range of the respective variables taken from the 1000 yr-long PiCtrl simulation.

The change in TOHTR in the Atlantic basin reflects the trends in its components: in particular in sub-polar latitudes, a weaker overturning component is mostly compensated by a stronger gyre component (Fig. 3a), but the resulting TOHTR does not exceed the range of internal variability. North of 55° N changes in both components are much smaller, but are constructively adding up to positive TOHTR trends. The trends are robust in the four simulations, and the 20th century TOHTR trends clearly exceed the 5–95% range deduced from the PiCtrl run. In subtropical latitudes, overturning transports are also smaller, but not compensated by the gyre transports. Thus

turning transports are also smaller, but not compensated by the gyre transports. Thus the TOHTR here are considerably weaker and exceed the 5–95 %-ile range of trends in the control simulation. Meridional divergence or convergence of TOHTR then causes



regional cooling or warming, if not compensated by surface heat fluxes. Therefore, positive slopes of the TOHTR curves in Fig. 3a indicate cooling while negative slope indicate warming, as indicated by the red and blue horizontal lines at the bottom of Fig. 3b. There are positive atmosphere–ocean heat flux trends in regions where the divergence of advective lateral heat transport cools the ocean (Fig. 3b) indicating that the colder ocean is cooling the atmosphere. Hence the atmosphere is damping the ocean-induced changes rather than enforcing them. Trends in the upper-ocean temperatures are negative roughly between 45° and 60° N and, since they are only partly

- compensated by freshening (not shown), there are considerable changes in the density structure as is shown for the pr2 experiment in Fig. 3c (results are similar for all simulations). Doming of the subpolar isopycnals is typical for a strengthening gyre. The increasing horizontal density gradients, on the other hand, indicate higher baroclinic pressure gradients and further accelerate the gyre (Greatbatch et al., 1991; Levermann and Born, 2007).
- ¹⁵ A possible reason for the acceleration of the gyre circulation could be changes in the wind system. Modulations of large-scale atmospheric pressure patterns like the North Atlantic Oscillation or the East Atlantic Pattern leave their specific imprint on the winddriven ocean circulation (Häkkinen and Rhines, 2009) and may be important also on centennial time scales (e.g., Sedlacek and Mysak, 2009). In particular, the gyre would
- ²⁰ respond to changes in the wind-stress curl caused, for example, by a poleward shift of the westerlies due to global warming (e.g. Saenko et al., 2005). The centennial trends in the zonal wind stress component are indeed relatively coherent in the past1000 experiments and resemble those obtained by Saenko et al. (2005) in idealized CO₂doubling experiments: stronger positive wind stress north of 40° N and slightly negative
- values in the sub-tropical region (Fig. 4a). While consistent in three of the four experiments considered here, the changes are well within the 5–95%-ile range obtained from the unperturbed control experiment. Moreover, trends in wind-stress curl (Fig. 4b) show coherent changes only in the Southern Hemisphere, which is, again, consistent with the findings by Saenko et al. (2005), who applied somewhat stronger CO₂ forcing.



The OHTR trends discussed here reflect changes in the large-scale ocean circulation. The AMOC decreases particularly in the sub-tropical and most of the sub-polar North Atlantic, while its branch reaching into the Nordic Seas increases in strength (Fig. 5a). The sub-polar gyre (SPG) increases in strength mainly in the eastern part of the basin, while it slightly decreases in the central Labrador Sea (Fig. 5b, shown here for experiment pr2, but similar for the other simulations). The weakening of the overturning circulation is associated with a decrease of Labrador Sea Water formation. At the eastern exit of the Labrador Sea, temperature and density changes imply that mid-depth reaching convection in the Labrador Sea decreases (Fig. 6). At the same time, the deepest layers get colder and denser owing to somewhat colder overflows. Changes in the vertical density structure are important for the east-west density gradient driving the AMOC (Lozier et al., 2010), but also affect the baroclinic structure of the

5 Discussion

gyre directly (Drijfhout and Hazeleger, 2006).

- ¹⁵ Our analysis has demonstrated that the increasing heat transports to higher latitudes are mainly caused by changes in SPG circulation. We propose that the SPG change is a response to a weakening of the AMOC and the associated reduced heat supply (MO-HTR, blue lines in Fig. 3a) from the south. The colder and denser SPG then spins up baroclinically, which further increases the GOHTR (red lines in Fig. 3a), which, in turn,
- extracts even more heat from the SPG center and further increases the horizontal density gradient. Thus a positive feedback mechanism is initiated. The mechanism can be compared to the one described by Levermann and Born (2007) and Born et al. (2013a). These authors describe a positive feedback, where an (somehow) accelerated gyre leads to increasing east-west temperature and salt transports along its northern rim.
- Increasing salinity then leads to denser surface waters in the Labrador Sea and to enhanced convective activity, which further spins up the gyre. In our simulations, we see also a redistribution of salinity during the 20th century change in gyre circulation



resulting in higher salinities in the western part of the basin. However, in contrast to the mechanism described by Levermann and Born (2007), the positive temperature anomalies dominate the near-surface density evolution and Labrador Sea convection rather decreases. Levermann and Born (2007) demonstrated that a bistability regime

- exists, where the transition between the two regimes can be triggered by small fluctuations in surface freshwater flux. Born et al. (2013a) extended the study and found multiple circulation modes in PiCtrl experiments in six out of 19 models (among them MPI-ESM-LR). Even though we find some differences to their mechanism, it is possible that the relatively strong response of the SPG is an expression of such a transition, here
- triggered by changes in the AMOC. Possibly also the wind-stress changes (Fig. 4) play a role in initiating the change in the gyre circulation by modified Ekman and/or Sverdrup transports. It is difficult, however, to exactly detect which component is more important. For this, additional sensitivity experiments (e.g., partial-coupling experiments) would be necessary, which is beyond the scope of this study. In any case, an important ingre-
- dient is the weakening of the AMOC in subtropical and subpolar latitudes, caused by a decrease in Labrador Sea Water formation as a response to global warming, while the deep water production in the Nordic Seas is even slightly enhanced. The exact mechanisms of how gyre and overturning circulations interact are also difficult to disentangle. In the historical simulations, changes in AMOC and SPG circulation appear
- to happen more or less instantaneous, whereas analyses of the unperturbed control simulation suggest that AMOC variations are leading by a few years. Furthermore, gyre circulation changes can also directly be driven by changes in the baroclinic structure at the western boundary as has been shown in the global warming simulations by Drijfhout and Hazeleger (2006). At the western boundary near the exit of the Labrador
- Sea (Fig. 6), the density changes are consistent with a weakening of Labrador Sea Water production and an increase in overflow-derived density, similar to what has been found by Drijfhout and Hazeleger (2006).

Many CMIP5 models feature a reduction of the AMOC strength already in the 20th century (Drijfhout et al., 2012). A characteristic feature of these simulations is the



"warming hole" above the sub-polar North Atlantic that can also be identified in observations (e.g. in the HadSST data set; Rayner et al., 2006). A cool surface temperature spot within the intensified SPG is also characteristic for our 20th century simulations (Fig. 3c) and clearly related to the mechanism described above. Drijfhout et al. (2012) decompose the temperature pattern in a radiatively forced and an AMOC fingerprint

- and conclude that the cold sub-polar North Atlantic is indeed related to an AMOC decline. Kim and An (2012) come to a similar conclusion analyzing CO_2 -doubling experiments from the Coupled Model Intercomparison Project Phase 3 data base. Another indication that the mechanism described here is at work in reality comes from paleo-
- ¹⁰ ceanographic reconstructions for the late Holocene. Mietinnen et al. (2012) compare the temporal evolution of ocean temperatures at two locations, the Voering Plateu in the Norwegian Sea and the SPG region south of the Rejkjanes Ridge. They find that low-frequency fluctuations occur out-of-phase: the Voering Plateau record features, for example, a cold anomaly during the Little Ice Age (LIA), whereas the SPG is warmer
- than normal during this period. Such a behavior is compatible with the findings described here: a weaker SPG in the LIA (Fig. 2) would feature a less dense and warmer center (opposite to what is seen for the strong-gyre anomaly in Fig. 3c) and would transport less heat to the Nordic Seas. Such out-of-phase anomalies of the barotropic stream function in the SPG region and the Nordic Seas can also be seen in Fig. 5b.
- ²⁰ A detailed investigation of the variations and processes during the pre-industrial millennium and their relation to natural forcing will be subject of a subsequent study.

While the dynamical mechanisms proposed here to explain the enhanced heat transfer to the Arctic are compatible with observed features in the North Atlantic, they may depend on the particular model system. Moreover, as many other CMIP5 models, MPI-

ESM features large SST and circulation biases in the North Atlantic. In particular, the path of the Gulf Stream/North Atlantic Current is too zonal (Jungclaus et al., 2013), which has direct consequences for the shape of the gyres. This may affect the warm water path from the Subtropics to the Nordic Seas. Using observations and model simulations for the second half of the 20th century, Hatún et al. (2005) concluded that



a weaker (and less zonally-extended) SPG would allow more warm and saline water to enter the Nordic Seas. Our simulations, but also other CMIP5 ESMs (Born et al., 2013a; Koenigk and Brodeau, 2014) and stand-alone ocean model simulations with the same ocean model as used here, but forced by reanalysis data (Müller et al., 2014)

⁵ suggest that a stronger SPG carries more subtropical AW into the Nordic Seas and the Arctic. This discrepancy may be related to the specific situation of the late 20th century described by Hatún et al. (2005), where SPG changes were mainly related to the atmospheric forcing (Häkinnen and Rhines, 2009; see also Born et al., 2013b).

A 30 TW increase in heat transfer to the Arctic over 100 years as suggested by our simulations for the 20th century is an important contribution to the Arctic heat budget (Serreze et al., 2007). Dividing by the area of the Arctic, it corresponds to a substantial forcing of about 2 W m⁻². Jungclaus and Koenigk (2010) and Beitsch et al. (2013) have shown that multidecadal variations in TOHTR to the Arctic impact the Arctic climate. For positive TOHTR anomalies, the sea-ice cover decreases most pronounced in the

- ¹⁵ Barents Sea and causes considerable variations in ocean–atmosphere heat fluxes. Although only a small fraction of the Arctic is affected, the associated warming leads to positive pan-Arctic temperature anomalies. Moreover, the heat-flux changes affect the atmospheric circulation. An associated feedback mechanism is the Bjerknes Compensation (Bjerknes, 1964; Shaffrey and Sutton, 2006; Jungclaus and Koenigk, 2010): on
- ²⁰ multidecadal time-scales, TOHTR and atmospheric heat transports (AHTR, here derived from the components of moist and dry static energy advection following Keith, 1995) are strongly coupled and may compensate each other. Thus, both TOHTR and AHTR need to be considered for an assessment of the lateral heat transfer changes as part of the Arctic heat budget. Comparing TOHTR and AHTR at 70° N (Fig. 7) indicates
- ²⁵ considerable multidecadal variability where the respective TOHTR and AHTR tend to evolve out-of-phase. However, there is no compensation of the strong positive trend in TOHTR during the last decades of the simulation. Therefore we conclude that there is a net positive contribution from the lateral heat fluxes to the Arctic heat budget and to the warming in recent decades. An assessment of all terms of the Arctic heat bud-



get and the feedback mechanisms leading to Arctic Amplification is, however, beyond the scope of our paper. The magnitude of TOHTR changes appears to play a decisive role in the amplitude of pan-Arctic warming, and sea-ice evolution in climate-change simulations (Mahlstein and Knutti, 2011). These authors concluded that the TOHTR changes contribute significantly to Arctic amplification, but they also identified considerable differences in the TOHTR magnitude in the CMIP3-model suite as a cause for model uncertainty in projected Arctic warming.

6 Conclusions

The MPI-ESM last-millennium simulations consistently reproduce enhanced 20th century warming of AW at the boundary between the Nordic Seas and the Arctic compared with pre-industrial variability. The warming of AW in Fram Strait is an indicator for a prominent (~ 40 %) increase in oceanic heat transfer to the Arctic during the 20th century. In the simulations, we are able to trace back the heat transport changes to a reorganization of the large-scale ocean circulation in the sub-polar North Atlantic.

- The SPG and the associated northward heat transport are intensified by the globalwarming-induced weakening of the AMOC and changes in the density structure associated with modified deep water formation. The latter also lead to a slight intensification of the overturning in high northern latitudes. Together, the gyre and overturning-related heat transport changes lead to an increase in the heat transfer to the Nordic Seas and
- the Arctic. Changes in wind-stress curl do not appear to be significantly different from the unperturbed variability, but wind-stress changes may nonetheless play a role in triggering the mechanism. Transient simulations over the late Holocene provide a valuable reference frame to discriminate unprecedented changes such as those observed in the 20th century from natural or internal fluctuations.



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Figure 1. Simulated time series (colored lines for experiments pr1, pr2, pr3) of high northern latitude climate variables in comparison with reconstructions (black lines): **(a)** 10 year averages of Arctic summer (JJA) surface air temperatures as anomalies w.r.t. the 1960–1990 mean. Summer temperature reconstructions are from: (solid black) Kaufman et al. (2009), and (dotted black) Shi et al. (2012). The PAGES2K reconstruction representing annual temperatures is also shown (dashed black). **(b)** late-summer (August) sea-ice extent (in 10⁶ km²) as anomalies w.r.t. the pre-industrial mean in comparison with the reconstruction by Kinnard et al. (2011): the thick black line denotes the 40 year smoothed reconstruction, the thin black lines the 95 % confidence interval; for the simulations, a 41 yr running mean was applied for pre-industrial millennium and a 5 yr running mean for 1850–2005 to better display 20th century variability. **(c)** Atlantic Water temperature anomalies w.r.t. the pre-industrial mean in Fram Strait (78° N, 50 m depth) in comparison with the reconstruction by Spielhagen et al. (2011) obtained by the (solid black) SIMMAX, and (dashed black) Mg/Ca methods, respectively. In all plots, thin horizontal lines bracketing the zero line indicate the respective 2σ -ranges derived from the 1000 yr-long PiCtrl experiment.





Figure 2. (a) Simulated ocean heat transport (OHTR) to the Arctic (combined OHTR through Fram Strait and Barents Sea Opening) as anomalies w.r.t. the pre-industrial mean; colored lines indicate individual simulations pr1, pr2 and pr3, and the solid black line is the ensemble mean. **(b)** Total OHTR (TOHTR, black lines) averaged over $60-65^{\circ}$ N, subdivided into gyre-related OHTR (red, GOHTR), and overturning-circulation-related OHTR (blue, MOHTR). The thick lines represent the ensemble mean and the thin lines the ensemble spread for each quantity. All time-series were smoothed by a 31 yr running mean. Units are TW ($1 \text{ TW} = 10^{12}$ Watt).





Figure 3. Simulated (experiments pr1, pr2, pr3, and hr1) 20th century linear trends (1905–2005) as zonal averages over the Atlantic basin: **(a)** (black dashed lines) TOHTR, (red dashed lines) GOHTR, and (blue dashed lines) MOHTR. Solid lines of respective color bracketing the zero line indicate the 5–95%-ile ranges of centennial trends in the unperturbed PiCtrl experiment. **(b)** Atmosphere–ocean heat fluxes (positive values indicate increased heat transfer from the atmosphere to the ocean or cooling of the atmosphere by the ocean). Colored lines are individual simulations, blue and red horizontal lines at the bottom of the plot indicate regions, where the ensemble-mean TOHTR divergence is positive (cooling by lateral advection) or negative (warming by lateral advection). **(c)** Temperature (color shading) and density (contours, contour interval 0.05 kg m⁻³) trends from the pr2 experiment.





Figure 4. Simulated (experiments pr1, pr2, pr3, and hr1) 20th century linear trends (1905–2005) as zonal averages over the Atlantic basin of **(a)** wind stress (units 10^{-2} Pa (100 yr)⁻¹) and **(b)** wind stress curl (in 10^{-9} Pa m⁻¹ (100 yr)⁻¹). Colored lines denote the experiments pr1, pr2, pr3, and hr1 and black lines bracketing the zero line show the 5–95%-ile range of centennial trends in the unperturbed PiCtrl experiment.





Figure 5. Simulated 20th century linear trends (1905–2005) in the pr2 simulation (color shading) of **(a)** meridional overturning circulation, and **(b)** barotropic stream function in the North Atlantic. Units are Sverdrups per 100 yr ($1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$). Contour lines (contour intervals 2 Sv for overturning and 10 Sv for barotropic stream function) describe the pre-industrial mean state. In both panels, only anomalies are shown that exceed the 5–95%-ile range of centennial trends derived from the PiCtrl simulations.





Figure 6. Evolution of potential density (color shading) and potential temperature (contours, contour intervals 0.05 K) during the 20th century as anomalies w.r.t. pre-industrial mean at the eastern edge of the Labrador Sea (averaged over $52-48^{\circ}$ W, $52-57^{\circ}$ N) in the pr2 simulation. A 5 yr running mean was applied to the data.







