



## Supplement of

## **Contrasts in the marine inorganic carbon chemistry of the Benguela Upwelling System since the Last Glacial Maximum**

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**Figure S1**. Light reflectance (L\*) measured in sediment cores 64PE450-BC6 (black line) and 64PE450-PC8 (red and green lines) plotted over the last 29 kyr. Panel a) shows the record including the overlap of 64PE450-BC6 with the top 4.24 cm of 64PE450-PC8, which has been excluded from this study due to sediment disturbance likely caused by the coring technique used (green line). Panel b) shows the alignment of 64PE450-BC6 and 64PE450-PC8 that produces a near continues record from 27 to 4.8 ka.



**Figure S2**. Log(Ca/Al), Log(Ti/Al), and Log(Si/Al) ratios (XRF-scanning element intensities) of 64PE450-BC6 plotted over the last 10 kyr. The geochemical composition of the sediment was acquired through X-Ray Fluorescence (XRF)-core-scanning using an Avaatech scanner at the Royal Netherlands Institute of Sea Research (NIOZ). The data was obtained at 1-cm resolution using a 10kV energy setting with a current of 0.6 mA and a measurement time of 10 seconds. We show the data as log-ratios of intensities, as they provide the easiest interpretable signals of relative chemical composition change (Weltje and Tjallingii, 2008).



Figure S3. Ketone unsaturation index ( $U^{K'_{37}} = C_{37:2} / (C_{37:3} + C_{37:2})$ ; Prahl and Wakeham, 1987) plotted over the past 27.8 kyr.



**Figure S4**. Depth transect in the northern Benguela Upwelling System showing temperature distribution. Temperature values are obtained from GLODAPv2023 (Lauvset et al., 2024; Olsen et al., 2016; Key et al., 2015).



**Figure S5**. Measured  $\delta^{13}$ C values of *G. bulloides* (dark blue diamonds), and *C. wuellerstorfi* (red diamonds), and  $\delta^{13}$ C values of *G. bulloides* corrected for temperature (purple triangles; Bemis et al., 2000), [CO<sub>3</sub><sup>2-</sup>] (green triangles; Bijma et al., 1999), and for a constant offset of 2.4 ‰ (grey diamonds, corresponding to the modern offset to  $\delta^{13}$ C of DIC) plotted over the past 27.8 kyr. Green diamonds display  $\delta^{13}$ C values corrected for both temperature (derived from Mg/Ca; Bemis et al., 2000) and [CO<sub>3</sub><sup>2-</sup>] (derived from pH and TA; Bijma et al., 1999).



**Figure S6.** Estimated concentrations of  $PO_4^{3-}$  based on foraminiferal Ba/Ca ratios (e.g., Hönisch et al., 2011; Lea and Spero, 1994) over the last 27.8 kyr.



**Figure S7.** Comparison of  $pCO_2$  reconstructions using  $\delta^{13}C$  of alkenones combined with constant [PO<sub>4</sub><sup>3-</sup>] (yellow circles) and with Ba/Ca-based [PO<sub>4</sub><sup>3-</sup>] reconstruction (red diamonds). Blue diamonds show  $pCO_2$  reconstruction based on  $\delta^{11}B$  of *G. bulloides* and constant total alkalinity, and blue dashed line indicates atmospheric  $pCO_2$  from the Vostok ice core record (Petit et al., 1999).