Figure 1: 

(a) Benthic δ¹⁸O record from CENGRID showing different climate periods: Hothouse, Warmhouse, Coolhouse, and Icehouse.

(b) Benthic δ¹⁸O record from U1308 highlighting 100 kyr world, Mid Pleistocene Transition, and 40 kyr world.

(c) Benthic δ¹⁸O record from NGRIP with detailed age range.